

# *Psychiatric Bulletin*

Volume 14 Number 4  
April 1990



The Royal College of Psychiatrists

# Psychiatric Bulletin of the Royal College of Psychiatrists

Editors: ALAN KERR and GREG WILKINSON  
Manager: ELAINE MILLEN

Assistant Editor: ROSALIND RAMSAY

## *Notice to contributors*

The Editors welcome articles of general interest to psychiatrists. Two thousand words is a good length; however, longer articles will be considered. Tables, diagrams and extended references should generally not be included. Please submit three copies, typed double-spaced, and using the Harvard system of referencing, as in *The British Journal of Psychiatry*. Correspondence on subjects of topical interest is also welcome. Contributions are accepted for publication on the condition that their substance has not been published or submitted for publication elsewhere. The views expressed in articles published in the *Psychiatric Bulletin* (except official College material) are the author's own and do not necessarily represent College policy.

---

## Help is at hand

Tuesday 30 January saw the media launch of the College's first series of leaflets telling the public about common psychiatric disorders.

The first leaflet, '*Depression*', was introduced by the President, who spoke on the epidemiology of the disorder; Professor Gene Paykel who dealt with causation; Dr Ruth Seifert on symptoms; Professor John Horder (from the RCGP) on the recognition of depression in general practice and Professor Brice Pitt, Public Education Officer, on treatment and the overall purpose of the campaign. This is to raise awareness of psychiatric disorder, reduce its stigma, offer some guidance on self help and where to get further aid, encourage consultation with GPs and reduce resistance to psychiatric referral. The leaflet is attractively designed, illustrated with Mel Calman's delightful cartoons, and easy to read.

There was an uncomfortably full turn-out (in marked contrast to a superb workshop on schizophrenia last year which was attended by all of three reporters!) and excellent coverage in national, regional, local and professional newspapers, magazines and on national and local television and radio. The message that depression is common, distressing, often overlooked and highly treatable was well received and understood while the notion that psychiatry could be 'user friendly' was at least entertained.

So far 5000 requests for the leaflet have been received by the College. It is, however, intended to be distributed through general practitioners' surgeries. If you know of any GPs who have not yet received their supply, they can get them from: PO Box 19, Basingstoke, Hants.

Future leaflets, to be distributed at intervals over the next 18 months, concern '*Anxiety and Phobias*', '*Alcohol*' and '*Bereavement*'.

The low profile support of Eli Lilly in this enterprise is greatly appreciated.

BRICE PITT

---

The *Psychiatric Bulletin of the Royal College of Psychiatrists* is published monthly by the Royal College of Psychiatrists, 17 Belgrave Square, London SW1X 8PG. All contents © Royal College of Psychiatrists, 1989, unless otherwise stated.

ISSN 0 140-0789

Printed in Great Britain by Henry Ling Ltd, at the Dorset Press, Dorchester, Dorset

# Psychiatric Bulletin

## of the Royal College of Psychiatrists

April 1990

Volume 14 Number 4

### Contents

#### Articles

- The history of Japanese psychiatry and the rights of mental patients. *E. Totsuka* 193
- The use of adult psychiatric day care facilities in Worcester. *M. Du Feu* 200
- Day care and a hostel – a cost effective approach. *M. McLoughlin* 203
- Conflict: not caring for people. *T. Whitehead* 205
- Reprosecution of patients found unfit to plead: a report of anomalies in procedure in Scotland. *D. Chiswick, A. P. W. Shubsachs and S. Novosel* 208
- Trends in recruitment of new long-stay male schizophrenics. *N. A. Todd, E. H. Bennie, A. F. Cooper, J. P. McKane and L. J. Watt* 210
- What can psychotherapy contribute to community psychiatry, and vice versa? The North Devon experience. *J. Holmes* 213

#### Training matters

- Training and appointments of consultants in behavioural psychotherapy. *D. Veale* 217
- The Institute of Psychiatry cognitive behaviour therapy course. *S. Moorey, R. Williams and J. Cobb* 219

#### People and places

- The legacy of Dutch psychiatry. *J. Neeleman* 222

#### Sketches from the history of psychiatry

- Erotomania and Queen Victoria: Or love among the assassins? *T. Turner* 224

#### Psychiatry and the media

- 'The Blues' and psychiatry: Symptomatology and therapy in song lyrics. *M. Jelley* 227

#### Trainees' forum

- A pre-planned assessment sheet: a suggested aid for the MRCPsych examination. *G. E. P. Vincenti* 230

#### Conference reports

- Community care or community neglect? *R. Ramsay* 232
- Computers in Psychiatry Special Interest Group: 2nd Annual General Meeting. *S. Wood and M. Sinclair* 233

#### Mental Health Act 1983

- Correspondence between the President and the Director of the National Schizophrenia Fellowship 235

#### Correspondence

237

#### The College

- Winter Quarterly Meeting, 1990 244
- The future of mental hospital sites. *R. G. Priest and K. A. Day* 245
- The College Library 248
- Urgent Examinations notice: Discipline at written paper centres 249
- Election of Honorary Officers 249

#### Obituary

250

#### Style

- 16 Thoughts on getting that paper published! *G. Wilkinson* 252
- The nuts and bolts of writing papers. *R. Footring* 254

- Forthcoming events 255

Notice to contributors inside front cover