

# HELPING FAMILIES CHANGE

## A LIFESPAN PERSPECTIVE

*A professional development conference focusing on family intervention research and clinical practise*

### INVITED SPEAKERS

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**Professor Ian Falloon**  
Department of Psychiatry  
University of Auckland

**Professor Ted Glynn**  
Department of Education  
University of Otago

**Professor Howard Markman**  
Centre for Marital &  
Family Studies  
University of Denver

**Professor Robert McMahon**  
Department of Psychology  
University of Washington

**Professor Pat Noller**  
Department of Psychology  
University of Queensland

*presented by*

*The Behaviour Research and  
Therapy Centre*

*9-12 August 1994*

*Hilton International Hotel*

*Brisbane  
Queensland*

### REGISTRATION AND INFORMATION

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Family Intervention Conference  
BRTC  
University of Queensland,  
Clinical Sciences Building  
Royal Brisbane Hospital  
Herston QLD 4029

Telephone: (07) 365 5366  
Facsimile: (07) 365 5488

**AIMS:** The Inaugural Professional Development Conference of the Behaviour Research and Therapy Centre aims to provide an update on the latest developments in the fields of family and marital therapy.

The conference provides a blend of scientific research and professional training opportunities, including a scientific program, skills training institutes in core family and marital intervention strategies, and advanced skills training workshops in selected areas of application.

The conference emphasises a family lifespan perspective in assessing family needs. The program details intervention strategies for key transition points in the family life cycle.

The conference is for professionals and graduate students working in family and marital clinical service delivery.

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**PROGRAM DETAILS** The conference consists of a one-day *scientific program* providing updates on clinical family and marital research, two one-day *core skills training* institutes in family therapy and marital therapy, and 7 full-day and half-day *advanced skills training* institutes in specialised areas of application. Registrants for workshops will receive comprehensive packages of assessment, treatment and relevant research materials.

#### DAY ONE

*Invited Addresses:* Various.

*Symposia:* Prevention of disruptive behaviour disorders; Families & chronic mental illness; Prevention of marital distress; Applications of family interventions.

#### DAY TWO

*Core Skills:* Family interventions. *Skills Training:* Family psychoeducation with chronic mental illness.

#### DAY THREE

*Core Skills:* Cognitive behavioural couples therapy. *Skills Training:* Treatment of child anxiety disorders; Home-school liaison.

#### DAY FOUR

*Skills Training:* Treatment of multi-distressed families; Stepfamilies & child psychopathology; Prevention of marital distress; Treatment of marital & alcohol problems.

1974 PERTH — 1994 PERTH

## 17th NATIONAL CONFERENCE of the ABMA

FREMANTLE ESPLANADE HOTEL

2ND – 6TH JULY 1994

*20 years since the Establishment of Behaviour Modification  
Interest Groups — the Forerunners of the ABMA*

### KEYNOTE SPEAKERS

- **NATHAN AZRIN**  
Behavioural Approach to Job Search  
Developmental Disability
  
- **KIM HALFORD**  
Behavioural Marital Therapy
  
- **CYNTHIA LAST**  
Anxiety Disorders in Children & Adolescents
  
- **VICKI LEE**  
Behaviour Analysis
  
- **HAROLD LEITENBERG**  
Bulimia Nervosa

Symposia presented by eminent  
Australian Researchers and Practitioners

### CONFERENCE CONVENER

Dr Alan Ralph  
PO Box 188  
Nedlands WA 6008  
Telephone (09) 360 2611 Fax (09) 310 1899

# INSTRUCTIONS TO CONTRIBUTORS

**Behaviour Change** is a quarterly journal devoted to the publication of research involving the application of behavioural and cognitive-behavioural principles and techniques to the assessment and treatment of health, social, organisational, community and educational problems. It publishes original empirical studies using either single subject or group comparison methodologies, review articles, case studies, brief technical and clinical notes, invited book reviews, and special issues dealing with particular topics in depth.

## **MANUSCRIPTS SHOULD BE SUBMITTED TO:**

**Matthew R. Sanders, Ph. D.,  
Department of Psychiatry,  
The University of Queensland,  
Clinical Sciences Building,  
Royal Brisbane Hospital,  
Herston, Q 4029, Australia.**

### **Preparation of manuscripts**

Four copies of each manuscript, prepared according to the Publication Manual of the American Psychological Association, 3rd edition (1983) should be sent to the editor with a cover letter requesting review of the manuscript. Spelling should conform to the Macquarie Dictionary. The cover letter should contain a statement indicating that the manuscript has not been published elsewhere nor is it currently under editorial review.

#### **1. Cover page**

The manuscript must have a cover page with the title of the article, author(s) names and affiliation, a running head and at the bottom of the paper the name and postal address of the person to whom correspondence, proofs and reprint requests should be sent. To facilitate anonymous review the second page should include the title of the article without author identification.

#### **2. Abstract**

Articles should be accompanied by an abstract which should not exceed 200 words. The abstract should follow the title page on a separate page. It should provide a brief overview of the aims, method and major findings and should not refer to the body of the text in the abstract.

#### **3. Typing**

Manuscripts should be typed on A4, double spaced, with 4cm wide margins. If a manuscript is accepted for publication authors who have prepared the manuscript on an IBM-compatible PC or Macintosh computer should submit a copy of the paper on disk in addition to the final hard copy version. Acceptable word processing formats are: Word Perfect, Microsoft, Multimate, Wordstar, Office Writer, Microsoft Works, Microsoft Word, Macwrite, and ASCII. Disks may be supplied in either 3.5 inch or 5.25 inch formats. The word processing program used and version number, are to be specified in writing on the title page of the final accepted manuscript. Disks will be returned after use.

#### **4. Tables and Figures**

Tables require consecutive numbering and should be referenced by number in the text. Tables should be typed on separate sheets. Indicate in the text the approximate location of tables and figures.

#### **5. Proofs and Reprints**

Page proofs will be sent to the corresponding author for correction. Excessive alteration of the manuscript, as distinct from correction of errors in reproduction are not permitted and will be charged to the author(s). Authors will receive 25 copies of their paper free of charge. Additional reprints may be ordered when the proofs are returned.

# CONTENTS

Volume 11, Number 1, 1994

<b>Introduction to the Special Issue on Training Psychologists and Nonpsychologists in Cognitive and Behavioural Procedures</b>	<b>1</b>
<i>Brian G. Kearney</i>	
<b>Training Medical Students in Behavioural and Cognitive Strategies</b>	<b>6</b>
<i>Margot J. Schofield, Raoul A. Walsh and Robert W. Sanson-Fisher</i>	
<b>Foundation Education as a Means for Disseminating Behavioural Innovation to Nonpsychologists</b>	<b>19</b>
<i>Jack E. James</i>	
<b>Behavioural Intervention Strategies in Education: Implications for Training Educational Professionals</b>	<b>27</b>
<i>Ted Glynn</i>	
<b>Issues in Multidisciplinary Training of Cognitive-Behavioural Interventions</b>	<b>38</b>
<i>David J. Kavanagh</i>	
<b>The Education and Training of Clinical Psychologists</b>	<b>45</b>
<i>Syd H. Lovibond</i>	
<b>Cognitive Behaviour Therapy, Psychology, and the Universities</b>	<b>54</b>
<i>John A. Franklin</i>	
<b>Book Reviews</b>	<b>59</b>

