

## Original Article

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# *In vivo* and *in vitro* bisphenol A exposure effects on adiposity

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## Abstract

*In utero* exposure to the ubiquitous plasticizer, bisphenol A (BPA) is associated with offspring obesity. As adipogenesis is a critical factor contributing to obesity, we determined the effects of *in vivo* maternal BPA and *in vitro* BPA exposure on newborn adipose tissue at the stem-cell level. For *in vivo* studies, female rats received BPA before and during pregnancy and lactation via drinking water, and offspring were studied for measures of adiposity signals. For *in vitro* BPA exposure, primary pre-adipocyte cell cultures from healthy newborns were utilized. We studied pre-adipocyte proliferative and differentiation effects of BPA and explored putative signal factors which partly explain adipose responses and underlying epigenetic mechanisms mediated by BPA. Maternal BPA-induced offspring adiposity, hypertrophic adipocytes and increased adipose tissue protein expression of pro-adipogenic and lipogenic factors. Consistent with *in vivo* data, *in vitro* BPA exposure induced a dose-dependent increase in pre-adipocyte proliferation and increased adipocyte lipid content. *In vivo* and *in vitro* BPA exposure promotes the proliferation and differentiation of adipocytes, contributing to an enhanced capacity for lipid storage. These findings reinforce the marked effects of BPA on adipogenesis and highlight the susceptibility of stem-cell populations during early life with long-term consequence on metabolic homeostasis.

## Introduction

The dramatic worldwide increase in obesity and its associated metabolic diseases has been widely attributed to an obesogenic environment created by our increasingly sedentary lifestyles and easy access to highly palatable, energy-dense foods. Although there is little doubt that poor diet and lack of exercise contribute to the obesity epidemic, recent studies have identified an estrogen endocrine disrupter chemical bisphenol A (BPA) that may act as an environmental obesogen and either directly or indirectly influence fat accrual.<sup>1</sup> BPA, a monomer plasticizer, is used in the manufacture of common household goods including polycarbonate plastics (e.g. food and drink containers), paints and adhesives<sup>37</sup>. In rodents, maternal BPA exposure increases postnatal body weights (BW) and growth rates with differing sex-specific effects. Some studies show greater susceptibility to BPA-induced adiposity in females, some in males and other studies show effects on both sexes.<sup>2–6</sup> Critically, fetal exposures to BPA at levels equivalent to or below the established daily human safe dose (50  $\mu$ g BPA/kg BW/day) not only increase BW and postnatal growth rate but also alter body composition in later life.<sup>2,3,7–9</sup> Energy (calorie) intake, energy expenditure and energy storage are the three key determinants of energy balance.<sup>10</sup> Increased adipose mass in offspring exposed to BPA during pregnancy may result from increased numbers of adipocyte cells (hyperplasia) secondary to enhanced differentiation of pre-adipocytes into mature adipocyte cells, as well as increased adipocyte cell size (hypertrophy) secondary to triglyceride storage.<sup>11,12</sup> Adipogenesis involves pre-adipocyte proliferation, differentiation and lipogenesis.<sup>13,14</sup> This process requires the coordinated interaction of pre-adipocyte proliferative factors (PREF1, SOX9) and several adipogenic differentiation transcription factors, including members of the CCAAT/enhancer-binding family of proteins (C/EBP $\alpha$ , C/EBP $\beta$  and C/EBP $\delta$ ),<sup>15,16</sup> which activate the peroxisome proliferator-activated receptor (PPAR $\gamma$ ).<sup>17</sup> The BPA is associated with increased expression of pro-adipogenic genes *in vivo*<sup>4,18</sup> and with accelerated terminal differentiation of 3T3-L1 cells *in vitro*.<sup>19,20</sup> However, no study to date has determined the effect of prenatal BPA on offspring primary pre-adipocyte proliferation and differentiation and the underlying mechanism.

We sought to confirm the effects of maternal BPA exposure during pregnancy and lactation on offspring BW, while examining effects on measures of adiposity. To more fully explore the mechanisms of BPA-mediated effects, we further utilized established models of newborn rat primary pre-adipocyte stem cells, exploring both proliferative (i.e. trophic) and

differentiation effects of BPA.<sup>21</sup> We further explored putative signal factors which explain, in part, adipose responses and underlying epigenetic mechanisms mediated by BPA. The data reinforce the marked effects of BPA on adipogenesis and highlight the susceptibility of stem-cell populations during early life with long-term consequence on metabolic homeostasis.

## Methods

### BPA model

#### *In vivo maternal BPA exposure*

Studies were approved by the Animal Care Committee at the Los Angeles Biomedical Research Institute at Harbor-UCLA Medical Center and were in accordance with the American Accreditation Association of Laboratory Care. All animals were treated humanely and with regard for alleviation of suffering. Virgin Sprague–Dawley female rats (Charles River Laboratories, Hollister, CA, USA) were housed in an animal facility with controlled 12/12 h light/dark cycles, constant temperature and humidity conditions and *ad libitum* access to chow diet (Lab Diet 5001; Brentwood). The chow diet contains soy meal and as this was fed to both Controls and BPA-exposed animals, any comparative differences between the groups are likely due to the BPA exposure rather than the estrogenic activity of the phytoestrogens in the diet. To avoid potential BPA contamination, polypropylene cages and purified water in glass bottles were utilized. Female rats were randomly assigned to Control ( $n = 5$ ) or BPA ( $n = 5$ ) group. To reflect the most likely route of human exposure,<sup>22–25</sup> dams were exposed to BPA via their drinking water. Control rats had access to purified drinking water, whereas the BPA group received purified drinking water containing BPA (5 mg/l; BPA Sigma-Aldrich, purity  $\geq 99\%$ , CAS no. 80-05-7) for 2 weeks before mating and throughout pregnancy and lactation (Table 1). Studies that administered BPA to pregnant rodents via drinking water, a concentration of 10 mg/l water (consumption of  $\sim 1.2$  mg/kg BW/day)<sup>26</sup> yielded BPA tissue concentrations of 10–25 ng/g tissue<sup>27,28</sup> consistent with that of human samples.<sup>29</sup> A dose five-fold higher (6 mg/kg BW/day) administered via gavage achieved significantly higher maternal plasma BPA levels,<sup>30</sup> whereas a water concentration of only 1 mg/l resulted in low maternal plasma-free BPA levels (0.84 ng/ml).<sup>31</sup> Our dose was selected based upon our confirmation (pilot study) of maternal and newborn serum levels within the lower range of demonstrated human levels with normal BPA exposure.

Maternal BW and water intake were monitored daily, and dual-energy X-ray absorptiometry (DEXA) was undertaken at the end of lactation after which adipose tissue was collected for cell size analysis. Before mating, maternal blood was obtained via tail bleed and at the end of lactation via cardiac puncture in BPA-free tubes for BPA analysis. To avoid inducing maternal stress and fetal resorption,<sup>32</sup> blood samples were not collected during pregnancy, especially as maternal stress has been demonstrated to be an independent risk factor for offspring obesity.<sup>33,34</sup> Free (unconjugated) BPA levels were measured using GC/MS (NMS Labs, PA, USA) with an assay sensitivity of 0.25 ng/ml. Insufficient plasma volume from maternal tail bleeds (before BPA administration) and newborns necessitated pooling of samples and hence only mean values are reported. Following BPA administration at the end of lactation, samples were analyzed individually for BPA levels.

**Table 1.** *In vivo* maternal BPA exposure: drinking water

	Control ( $n = 5$ Litters)	BPA ( $n = 5$ Litters)	Parameters measured
Female non-pregnant Age: 9–12 weeks	BPA-free	BPA	Body weights, water intake
Mating age: 12 weeks	BPA-free	BPA	Body weights, water intake, tail bleed
Pregnancy GA: 0–21 days	BPA-free	BPA	Body weights, water intake
Newborns age: 1 day	BPA-free	BPA	Body weights, blood, adipose tissue
Lactation nursing: 0–21 days	BPA-free	BPA	Body weights, water intake, blood, DEXA
Offspring age: 3 weeks	BPA-free	BPA-free	Body weights, DEXA, adipose tissue
Offspring age: 6 weeks	BPA-free	BPA-free	Body weight, blood pressure
Offspring age: 24 weeks	BPA-free	BPA-free	Body weight, DEXA

BPA, bisphenol A; DEXA, dual-energy X-ray absorptiometry.

*In vivo* maternal BPA exposure: Non-pregnant female rats at 9 weeks of age were allowed drinking water that was BPA-free (Control group) or contained BPA (BPA group). At 12 weeks of age, tail blood was obtained for BPA analysis and all females were mated and continued on same drinking water regimen throughout pregnancy and lactation. Parameters measured at various time points are indicated. At each offspring ages,  $n = 5$  males were studied from five separate litters.

Dams gave birth spontaneously and five litters per group (Control and BPA) were utilized for offspring studies. Litter size was standardized to eight per litter (four males and four females) to normalize rearing and all offspring were nursed by their respective mothers till 3 weeks of age. Following weaning, all offspring were given purified water and housed in polypropylene cages.

### Offspring studies

#### DEXA scan

At 3 and 24 weeks of age, one male and one female offspring from one litter ( $n = 5$ ) underwent a non-invasive DEXA scanning using DXA system with a software program for small animal (QDR 4500A; Hologic, Bedford, MA, USA). An *in vivo* scan of whole body composition was obtained, including fat tissue mass, total mass and percent body fat.

#### Adipose tissue retrieval

Excess pups (beyond the four males and four females) were sacrificed at day 1 of life and subcutaneous (inguinal) adipose tissue from two pups of each gender from each litter was pooled according to sex (representing  $n = 1$ ) for analysis of tissue protein expression. A total of  $n = 5$  litters were studied. At 3 weeks of age, one male and one female from one litter ( $n = 5$ ) were euthanized and visceral (retroperitoneal) adipose tissue was collected for analysis of protein expression.

#### Blood pressure

At 6 weeks of age, measurements were undertaken in conscious animals using non-invasive tail-cuff sphygmomanometry (ML125 NIPB System; AD Instruments) method. Several cuff sizes are used depending on the weight of the animal. To circumvent the

potential problem of restraint-induced stress, the animals were acclimatized for at least 1 week with placement in the restraint. One male and one female offspring from one litter ( $n=5$ ) were studied.

#### *In vitro* BPA exposure

An additional four Control litters ( $n=4$ ) were studied for *in vitro* effects of exogenous BPA on adipocyte cultures. From each litter, inguinal adipose tissue was dissected from each of four, 1-day-old Control males (four pooled samples representing  $n=1$ ) for cell culture studies. Pre-adipocytes were cultured in Dulbecco's modified Eagle's medium (DMEM) medium in absence or presence of differentiation cocktail (see below) and treated with dimethyl sulfoxide (DMSO) (control) or BPA (1, 10, 20  $\mu\text{M}$ ) for 5 days. The total number studied was  $n=4$  from four litters for adipocyte cultures.

#### Primary cultures

Primary adipocyte cell cultures were established as previously described.<sup>21</sup> Briefly, pooled adipose tissue from 1-day-old newborn males was minced and digested with collagenase type II (5000 U/g) in Krebs-Ringer solution. The pre-adipocyte cultures were resuspended in high glucose (450 mg/dl) DMEM (Invitrogen) with 10% fetal bovine serum (FBS) and 1% antibiotic-antimycotics (Invitrogen) and incubated at 37°C with 5% CO<sub>2</sub>. Cells were either seeded in 24-well plate ( $\sim 1 \times 10^4$  cells/ml) for proliferation studies or flasks ( $\sim 1 \times 10^6$  cells/ml) for protein expression and differentiation studies. After 24 h, undifferentiated pre-adipocytes were either treated with DMSO or BPA for 5 days. For differentiation studies, 24-h cultured pre-adipocytes were treated with dexamethasone (1  $\mu\text{M}$ ), methylisobutylxanthine (0.1 mM), insulin (10  $\mu\text{g}/\text{ml}$ ) in presence of DMSO or BPA for 5 days. At the end of exposure, all cells were harvested and protein extracted for analysis as described under Western Blot.

#### Analysis

##### *Pre-adipocyte proliferation assay*

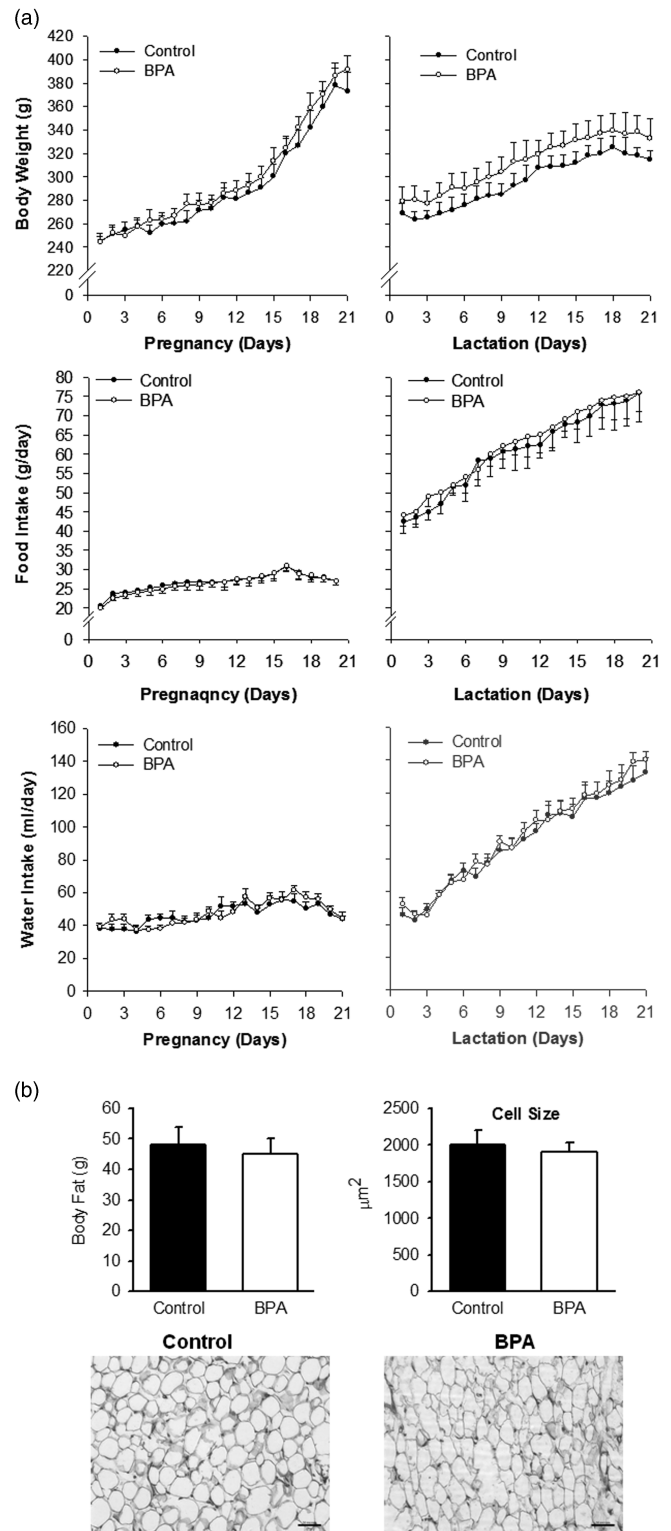
Pre-adipocyte (complete medium) proliferation was determined as previously reported<sup>21</sup> using [3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide] colorimetric assay.<sup>35</sup>

##### *Adipocyte cell size*

The cross-sectional area of adipocytes was determined as previously described.<sup>36</sup> Briefly, formalin-fixed and paraffin-embedded adipose tissues was sectioned (5  $\mu\text{m}$ ), stained with hematoxylin-eosin, photomicrographs captured at 20 $\times$  magnification and area of adipocytes (three images per section, and three sections per animal) determined using Image PRO software.

##### *Lipid staining*

Differentiated adipocytes were fixed with 4% paraformaldehyde, stained with 0.5% oil red O, mounted onto slides with Vectashield mounting medium with 4',6-diamidino-2 phenylindole (Vector) and images (40 $\times$  magnification) captured (Zeiss AxioScope 40 microscope with AxioCam HRc camera). For quantification, stained adipocytes were dried for 1 h at 37°C, incubated with a fixed volume of isopropanol for 20 min to elute the oil red O, and absorbance measured at 520 nm.



**Fig. 1.** (a) Effects of maternal bisphenol A (BPA) exposure on maternal body weights, food intake and water intake: Maternal daily body weights and water intake during pregnancy and lactation of BPA (O) and Control (●) dams. Values are means  $\pm$  SE of  $n=5$  litters. (b) Effects of maternal BPA exposure on maternal body fat: Maternal body fat and retroperitoneal adipocyte cell size and images (scale bar = 100  $\mu\text{m}$ ) at the end of lactation of BPA (□) and Control (■) dams. Values are means  $\pm$  SE of  $n=5$  litters.

#### Western blot

Cell and tissue protein was extracted and Western Blotting performed as described previously.<sup>36</sup> For adipose tissue, protein

expression analysis included pre-adipocyte marker (PREP1, 55 kDa; Millipore), suppressor of pre-adipocyte differentiation (SOX9; 67 kDa; Millipore), adipogenic markers (PPAR $\gamma$ , 57 kDa, Cayman; C/EBP $\alpha$ , 42 kDa; Santa Cruz), lipogenic factor (SREBP1, 125 kDa; Santa Cruz) and epigenetic regulators DNA methyltransferase 3a (DNMT3a, 120 kDa; Santa Cruz) and lysine (K)-specific demethylase 1A (LSD1, 110 kDa; Cell Signaling).

### Statistical analyses

*In vivo* responses between BPA and control offspring were compared by unpaired *t*-test. *In vitro* responses between BPA-exposed and untreated (DMSO) Control cells were compared by unpaired *t*-test or analysis of variance with Dunnett's *post-hoc* test, as appropriate. *P* values  $\leq 0.05$  were considered significant.

## Results

### Maternal BPA effects on maternal phenotype

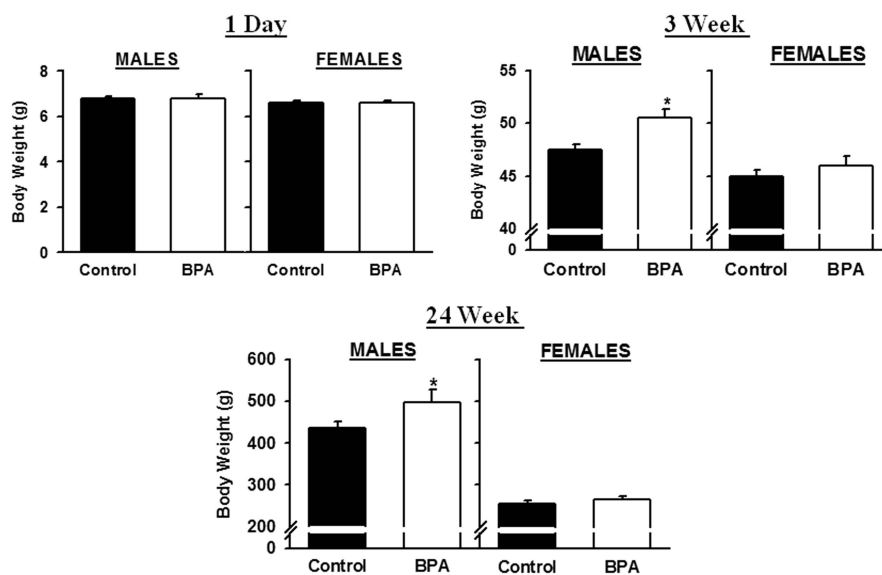
Of note, the higher BPA levels (shown below) did not impact maternal weight gain and body fat. The maternal BW and water intake during pregnancy and lactation were comparable between BPA and Control dams (Fig. 1a). Further at the end of lactation, body fat and adipocyte cell size were similar in both groups (Fig. 1b).

### Maternal BPA effects on plasma BPA levels

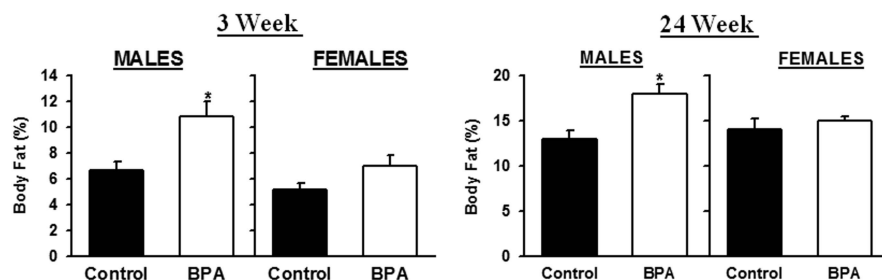
The pooled maternal plasma BPA level before BPA administration was 0.46 ng/ml. During the course of pregnancy, the amount of BPA consumed by dams via drinking water was 500–900  $\mu\text{g}/\text{kg}/\text{day}$  and during lactation, it was higher (approximately 1500  $\mu\text{g}/\text{kg}/\text{day}$ ) due to increased water intake. The maternal BPA plasma levels at the end of lactation were higher in BPA as compared with Control dams ( $8.2 \pm 3.8$  v.  $0.42 \pm 0.04$  ng/ml). Similarly, newborns of BPA dams had higher plasma BPA levels (0.62 ng/ml) as compared with undetectable levels in newborns of Control dams.

### Maternal BPA effects on offspring phenotype

Maternal BPA did not alter birth weights of either male or female newborns. However, by the end of the nursing period, 3-week-old BPA males exhibited significantly increased BW that persisted in 24-week-old adults (Fig. 2). Consistent with this, the percentage of body fat was increased in 3- and 24-week-old BPA males as compared with Controls (Fig. 3). Additionally, the systolic blood pressure was significantly higher in 6-week-old BPA than Control males (Fig. 4). In contrast to males, BWs, percentage body fat and systolic blood pressure of BPA females were comparable to Control females (Figs 2–4).



**Fig. 2.** Maternal bisphenol A (BPA) effects on offspring body weights: Body weights of 1-day-old newborns, and body weights of 3 and 24-week-old male and female offspring. Values are means  $\pm$  SE of  $n = 5$  from 5 litters per group; \* $P < 0.05$  BPA (□) vs. Control (■).



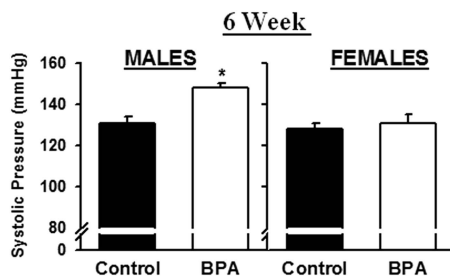
**Fig. 3.** Maternal bisphenol A (BPA) effects on offspring adiposity: Percentage body fat of 3- and 24-week-old male and female offspring. Values are means  $\pm$  SE of  $n = 5$  from five litters per group; \* $P < 0.05$  BPA (□) vs. Control (■).



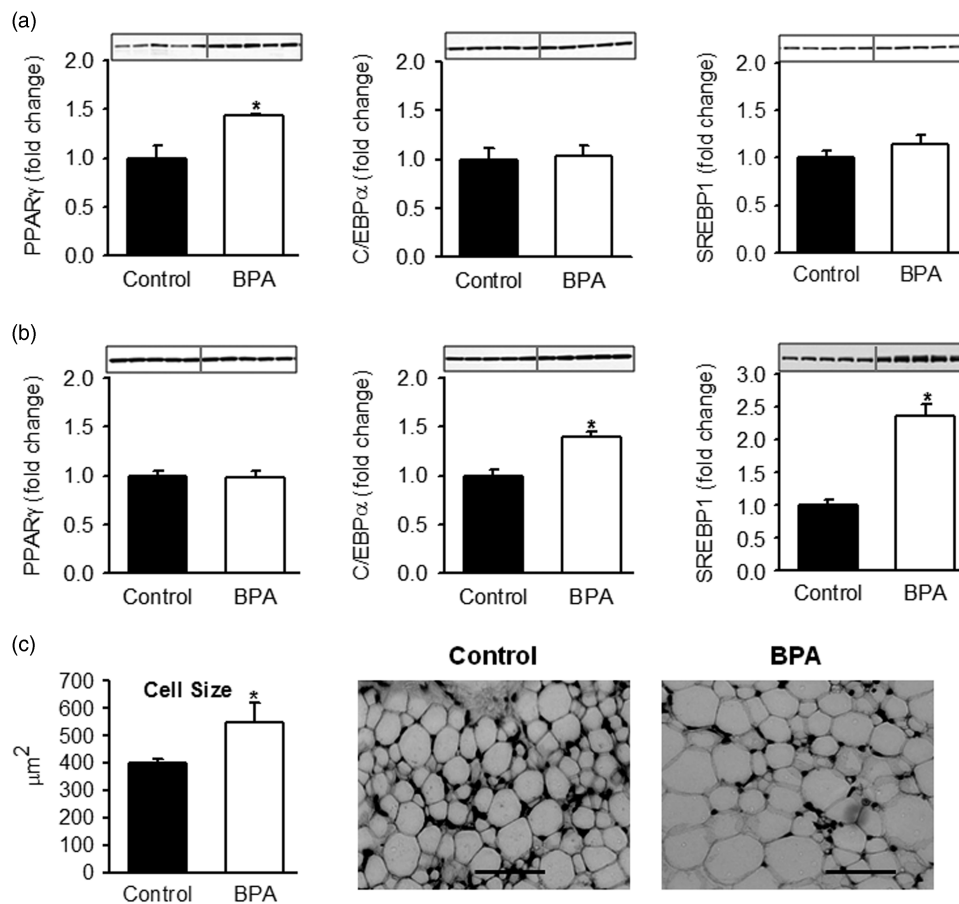
### Maternal BPA effects on adipose tissue

As adiposity was not altered in BPA female, we only studied male offspring. At 1 day of age, BPA males had significantly increased protein expression of the adipogenic transcription factor PPAR $\gamma$  though not C/EBP $\alpha$  or the lipogenic factor SREBP1 (Fig. 5a). At 3 weeks of age, BPA males showed increased protein expression of C/EBP $\alpha$  though not PPAR $\gamma$  while the lipogenic factor SREBP1 was increased (Fig. 5b) in conjunction with evidence of hypertrophic adipocytes (Fig. 5c).

Consistent with increased adipose tissue mass and hypertrophic adipocytes in BPA males, protein expression of CD68 (macrophage marker) and TNF $\alpha$  (pro-inflammatory cytokine) was significantly increased at 3 weeks of age (Fig. 6).



**Fig. 4.** Maternal bisphenol A (BPA) effects on offspring blood pressure: Systolic blood pressure of 6-week-old male and female offspring. Values are means  $\pm$  SE of  $n=5$  from 5 litters per group; \* $P < 0.05$  BPA ( $\square$ ) vs. Control ( $\blacksquare$ ).



**Fig. 5.** Maternal bisphenol A (BPA) effects on offspring adipogenic and lipogenic factors: (a) inguinal adipose tissue protein expression of peroxisome proliferator-activated receptor (PPAR $\gamma$ ) and C/EBP $\alpha$  in 1-day-old male newborns, (b) retroperitoneal adipose protein expression of PPAR $\gamma$ , C/EBP $\alpha$  and SREBP1 and (c) retroperitoneal adipocyte cell size and images (scale bar = 100  $\mu\text{m}$ ) in 3-week-old male offspring. Values are means  $\pm$  SE of  $n=5$  of pooled adipose from each of five litters per group; \* $P < 0.05$  BPA ( $\square$ ) vs. Control ( $\blacksquare$ ).

### In vitro BPA effects

Pre-adipocytes from Control offspring cultured in standard media with incremental doses of BPA showed a dose-dependent increase in proliferation (Fig. 7a and 7b), consistent with increased expression of the pre-adipocyte marker (PREP1), though expression of the anti-adipocyte differentiation transcription factor (SOX9) expression was decreased at 10  $\mu\text{M}$  BPA (Fig. 7c). In differentiated adipocytes (grown in DMEM medium), BPA increased the number of adipocytes (1.8-fold), consistent with the increased protein expression of adipogenic transcription factors (PPAR $\gamma$ , C/EBP $\alpha$ ), and expression of the pro-inflammatory cytokine TNF $\alpha$  (Fig. 8a). In addition, BPA-treated adipocytes showed increased lipid accumulation consistent with increased expression of SREBP1 (Fig. 8b).

### Epigenetic factors

BPA-treated adipocytes demonstrated a dose-dependent increase in DNMT3 though not LSD1 (Fig. 9).

### Discussion

The present study determined the effects of BPA exposure *in vivo* and *in vitro* on adipogenesis, and the protein expression of regulatory transcription factors in early life. The data suggest that enhanced pre-adipocyte proliferation and differentiation in early

life may contribute to the underlying mechanism of BPA-induced obesity.

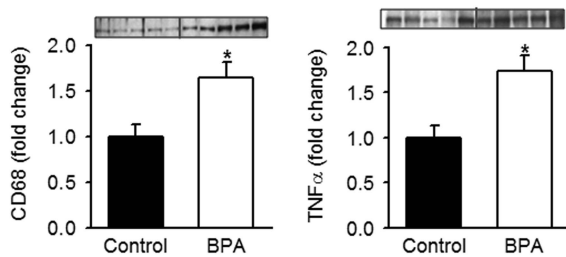
A wide range of detectable BPA levels are reported in adults and children serum (0.2–20 ng/ml),<sup>37</sup> including breast milk (1.1 ng/ml), and maternal (0.2 to >10 ng/ml) and fetal/newborn serum (0.2–9.2 ng/ml). More significantly, the higher levels of measurable BPA in amniotic fluid (8.3–8.7 ng/ml) and placental tissues (1.0–104.9 ng/ml)<sup>38,39</sup> imply a continued fetal exposure to BPA throughout development. Of note, higher BPA levels are seen in infants and children than in adults<sup>40</sup> and this has been associated with increased adiposity.<sup>41,42</sup> The findings from animal studies corroborate the association of BPA exposure with adiposity. Specifically, studies show that it is lower ( $\leq 500$   $\mu\text{g}/\text{kg}/\text{day}$ ) rather than higher dose ( $>5000$   $\mu\text{g}/\text{kg}/\text{day}$ ) of maternal BPA that is effective in promoting offspring weight gain.<sup>4,5</sup> Sex-specific effects are seen with some studies demonstrating increased postnatal growth in both males and females at maternal doses between 2.4 and 500  $\mu\text{g}/\text{kg}/\text{day}$ ,<sup>2,43–45</sup> only in males at maternal dose of 500  $\mu\text{g}/\text{kg}/\text{day}$ <sup>5</sup> and only in females at maternal dose of 100  $\mu\text{g}/\text{kg}/\text{day}$ .<sup>4</sup> The reported effective maternal BPA dose of

500  $\mu\text{g}/\text{kg}/\text{day}$  is compatible with our *in vivo* studies where effects are seen only in the male offspring and consistent with study by Bartolomei *et al.*<sup>6</sup> Further regardless of differing metabolism of BPA in rodents and humans,<sup>46</sup> pharmacokinetic studies indicate that BPA exposure of approximately 400–500  $\mu\text{g}/\text{kg}/\text{day}$  yield blood concentrations of the unconjugated, bioactive form of BPA that is similar to that reported in human blood.<sup>47</sup>

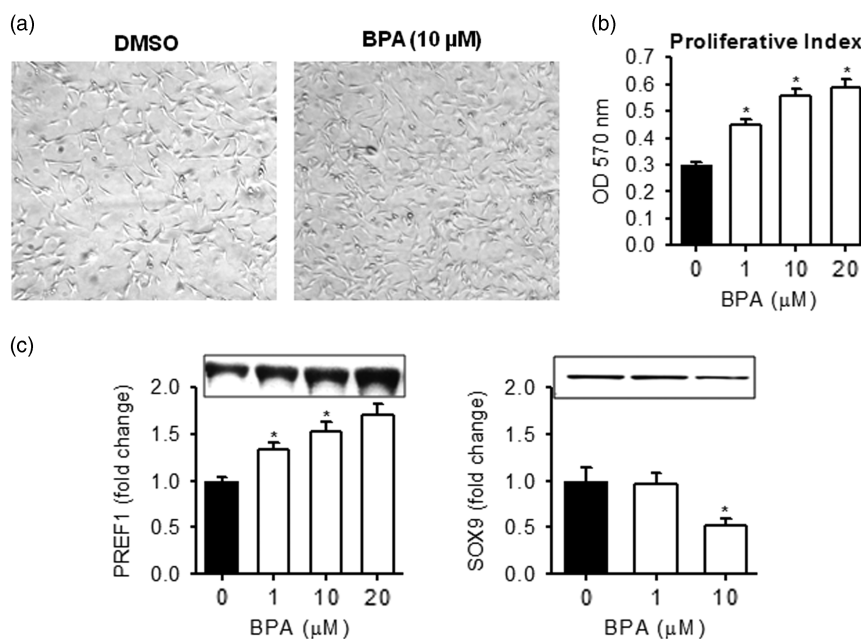
Previous studies on mice and rats indicate that endocrine disruptors<sup>48,49</sup> and estrogen<sup>49</sup> have species and strain-dependent as well as organ-specific effects.<sup>49</sup> However, the overall sensitivity of various biological endpoints did not have pronounced differences between strains of rats.<sup>49</sup> With regard to adipogenesis, studies show that the two commonly used strains, Sprague–Dawley and Wistar rats, demonstrate increased adiposity in response to BPA exposure.<sup>50–53</sup> Specifically, pregnant Sprague–Dawley exposed to BPA cause increased adipogenesis<sup>50</sup>, metabolic perturbations<sup>54</sup> and induced epigenetic transgenerational inheritance of obesity.<sup>55</sup>

Interestingly unlike in the offspring, increased plasma BPA levels did not adversely impact maternal BW and body fat. This may be a result of continued exposure of developing fetus to BPA as stated above. There is also an implication that  $\alpha$ -fetoprotein, which is secreted in high levels during development, may be involved. Normally,  $\alpha$ -fetoprotein binds to estrogen and protects the developing fetus from estrogen effects. However, binding properties of some endocrine disruptors to  $\alpha$ -fetoprotein may reduce this protection and expose the fetus to estrogen effects.<sup>56–59</sup>

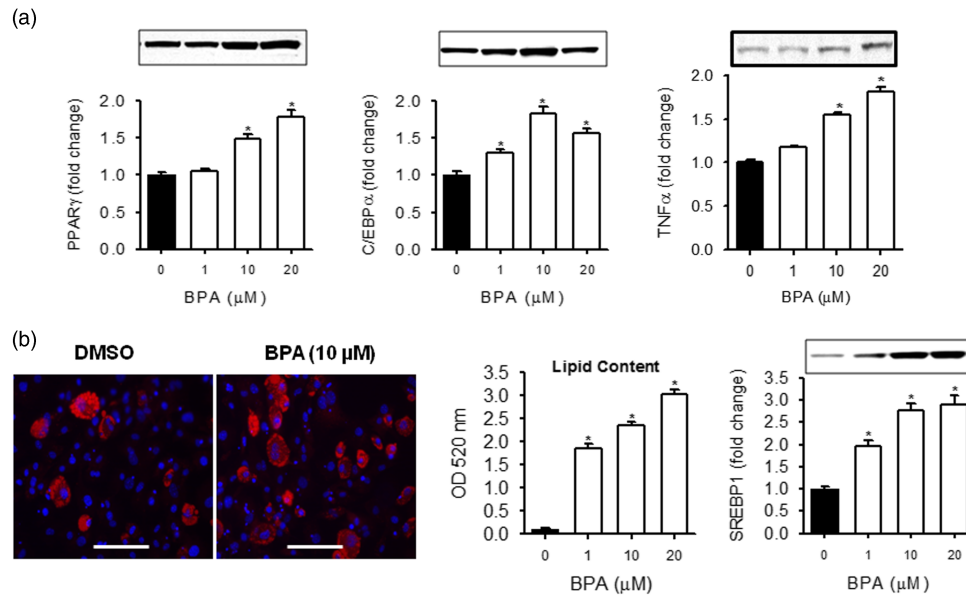
The present study demonstrates that despite the normal birth weight, male newborns exposed to maternal BPA have a markedly increased postnatal growth rate and fat mass accumulation and hypertension. This elevated adipogenic potential is consistent with increased adipogenic (PPAR $\gamma$ , C/EBP $\alpha$ ) and lipogenic (SREBP1) factors, which likely contribute to the hypertrophic



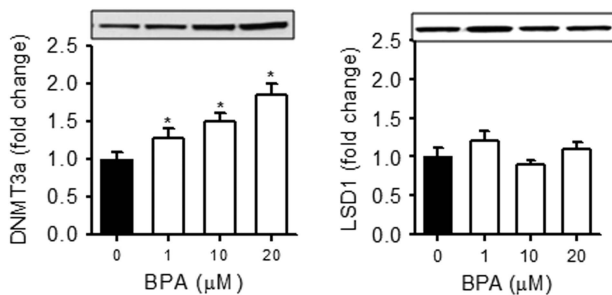
**Fig. 6.** Maternal bisphenol A (BPA) effects on adipose tissue inflammation in 3-week-old male offspring: Retroperitoneal adipose protein expression of CD68 and TNF $\alpha$  in 3-week-old male offspring. Values are means  $\pm$  se of  $n = 5$  of pooled adipose from each of five litters per group; \* $P < 0.05$  BPA (□) vs. Control (■).



**Fig. 7.** *In vitro* bisphenol A (BPA) effects on pre-adipocytes: Inguinal adipose tissue from 1-day-old Control newborns were cultured in Dulbecco's modified Eagle's medium (DMEM) (undifferentiated) media and treated with dimethyl sulfoxide (DMSO) (Control) or BPA (0, 1, 10, 20  $\mu\text{M}$ ) for 5 days. (a) Pre-adipocyte image, (b) proliferative index measured at 520 OD and (c) protein expression of PREF1 and Sox9 (results are shown for two doses due to loss of 20  $\mu\text{M}$  BPA protein extract) with representative blot shown. Values are fold change (mean  $\pm$  se) of  $n = 4$  of pooled adipose from each of 4 litters; \* $P < 0.05$  BPA (□) vs. Control (■).



**Fig. 8.** *In vitro* bisphenol A (BPA) effects on differentiated adipocytes: Inguinal adipose tissue from 1-day-old Control newborns were cultured in Dulbecco's modified Eagle's medium (DMEM) media and pre-adipocytes were allowed to differentiate in presence of BPA for 5 days. (a) Protein expression of peroxisome proliferator-activated receptor  $\gamma$  (PPAR $\gamma$ ) and C/EBP $\alpha$  with representative blot shown. (b) Adipocytes were fixed with 4% paraformaldehyde and stained for lipid (Oil Red O; red) and nucleus (4',6-diamidino-2 phenylindole (DAPI); blue). Scale bar = 100  $\mu\text{m}$ . Protein expression of SREBP1 with representative blot shown and lipid content. Values are fold change (mean  $\pm$  se) of  $n = 4$  of pooled adipose from each of four litters; \* $P < 0.05$  BPA (□) vs. Control (■).



**Fig. 9.** *In vitro* bisphenol A (BPA) effects on epigenetic factors: Inguinal pre-adipocytes from 1-day-old Control newborns were cultured in Dulbecco's modified Eagle's medium (DMEM) media with BPA (1, 10, 20  $\mu\text{M}$ ) for 5 days. Protein expression of DNA methyltransferase 3a (DNMT3a) and lysine (K)-specific demethylase 1A (LSD1) with representative blot shown. Values are fold change (mean  $\pm$  se) of pooled cells  $n = 4$  from each of 4 litters; \* $P < 0.05$  BPA (□) vs. Control (■).

adipocytes seen in BPA offspring. The underlying mechanism may be attributed to BPA-induced increased pre-adipocyte proliferation as demonstrated by *in vitro* BPA exposure studies. Specifically, pre-adipocytes exposed to *in vitro* BPA exhibit increased cell proliferation and increased PREF1, suggesting an increased pool of committed pre-adipocyte stem cells for potential adipocyte differentiation.<sup>60</sup> PREF1 is known to suppress adipocyte differentiation by induction of SOX9.<sup>60–62</sup> In our studies of *in vitro* BPA exposure, the failure of PREF1 to induce SOX9, as evident by the suppression of SOX9, indicates dysregulation of PREF1/SOX9 that may facilitate adipocyte differentiation under appropriate stimuli (e.g. increased insulin/glucocorticoid),<sup>63</sup> high carbohydrate or high fat diet.<sup>64–66</sup> Indeed, when pre-adipocytes are allowed to differentiate in presence of BPA, there is increased expression of adipogenic and lipogenic transcription factors together with more lipid-filled adipocytes. Collectively, this results in an inflammatory response as evident by increased expression of macrophage marker (CD68) and pro-

**Table 2.** Summary data of *in vivo* exposure to maternal BPA

Parameters	Ages			
	1 Day	3 Weeks	6 Weeks	24 Weeks
Body weight	↔	↑	↑	↑
Body fat	–	↑	–	↑
Blood pressure	–	–	↑	–
Adipose tissue				
Size	–	↑	–	–
PPAR $\gamma$	↑	↔	–	–
C/EBP $\alpha$	↔	↑	–	–
SREBP1	↔	↑	–	–
CD68	–	↑	–	–
TNF $\alpha$	–	↑	–	–

↑, increased; ↔, no change; –, not studied; PPAR $\gamma$ , peroxisome proliferator-activated receptor  $\gamma$ .

Changes at various ages are summarized for male offspring exposed to maternal bisphenol A.

inflammatory cytokine (TNF $\alpha$ ). These changes are similar to the effects seen with *in vivo* maternal BPA exposure and consistent with previously reported *ex vivo* studies of 3T3-L1 pre-adipocyte cell lines,<sup>19,20,67–69</sup> as well as murine and human<sup>70,71</sup> primary stem cells. Furthermore in the present study, the early increased PPAR $\gamma$  and later increased C/EBP $\alpha$  and SREBP1 suggest the specific influence of BPA during perinatal and postnatal exposures. It is known that although PPAR $\gamma$  and C/EBP $\alpha$  positively regulate each other's expression and cooperate to promote adipogenesis,<sup>72</sup> C/EBP $\alpha$  is required for lipogenesis.<sup>73</sup>

The mechanism underlying BPA-induced enhanced adipocyte proliferation and differentiation may involve epigenetic modifications via DNA and/or histone methylation,<sup>74,75</sup> particularly of genes such as PPAR $\gamma$ <sup>77</sup> and C/EBP $\alpha$ . Methylase and demethylase enzymes that have been implicated in determining stem-cell proliferation (self-renewal) and differentiation include DNMT (DNA methyltransferase) and LSD1 (lysine (K)-specific histone demethylase).<sup>76</sup> For example, treatment of 3T3-L1 pre-adipocytes with an inhibitor of DNA methylation (5'-aza-cytidine) or knockdown of LSD1 decreased proliferation and adipocyte differentiation, resulting in downregulation of PPAR $\gamma$ .<sup>77–79</sup> This is consistent with our findings on *in vitro* BPA exposure, that is, increased pre-adipocyte proliferation with increased protein expression of DNMT3a. The lack of dose–response seen in the case of C/EBP $\alpha$  is presently unknown. However, it may involve BPA- or direct transcription factor-mediated chromatin interaction and accessibility.<sup>74,80</sup> Although the current data suggest BPA alters transcriptional regulation of genes involved in proliferation, the role of DNA methylation in pre-adipocytes remains to be established and further studies of site-specific epigenetic modification of specific genes are required to fully elucidate BPA-induced changes in adipogenesis.

Although the sex-specific effects of BPA are well documented including the differential susceptibility of males and females to different doses of BPA<sup>47,81–85</sup>, the underlying mechanism remains unclear.<sup>82</sup> The plausible explanation may involve sex hormones, genomic and non-genomic pathway involving nuclear estrogen receptors, differing developmental pattern and/or epigenetic influence.<sup>47,83,86</sup>

## Conclusion

Our data (Table 2) confirm that primary adipose progenitor cells are vulnerable to endocrine disruption by BPA resulting in altered proliferation and differentiation in early life independent of systemic influences. Enhanced adipose proliferation and differentiation indicate the potential for maternal/fetal BPA exposure to program an increased risk of offspring obesity and consequent metabolic abnormalities.<sup>4,18,87,88</sup>

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**Conflicts of Interest.** None.

**Ethical Standards.** As stated in the Methods, all studies were approved by the Animal Research Committee of the Los Angeles Biomedical Research Institute at Harbor-UCLA Medical Center and were conducted in strict accordance with guidelines provided by the American Accreditation Association of Laboratory Care and the Public Health Service Policy on Humane Care and Use of Laboratory Animals and conform to the principles and regulations as described in the Editorial by Grundy.<sup>89</sup> All animals were treated humanely and with regard for alleviation of suffering. Virgin Sprague–Dawley female rats (Charles River Laboratories, Hollister, CA) were housed in an animal facility with controlled 12/12-hour light/dark cycles, constant temperature and humidity conditions and *ad libitum* access to chow diet (Lab Diet 5001; Brentwood, Missouri) and water.

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