

*Outline of a Course of Lectures on Human Physiology.* By ERNEST ALBERT PARKYN, M.A., late Scholar of Christ's College, Cambridge. London: Allman and Son, Limited.

We notice this little book as an indication of the vastly increased interest on the part of the public in the physiology of man, especially of his nervous system. The brain possesses an attraction for all, and it is shown by experience that popular lectures delivered by scientific men on human physiology are thoroughly appreciated so long as the mode of delivery is not at fault. Mr. Parkyn has succeeded in securing the sustained attention of thousands of persons of the middle and even the working classes in the large towns of England. Those who wish to succeed in the same work will be greatly assisted by this little book, and of course it serves the object primarily intended, of being a help to those engaged in attending the lecturer's own addresses, or those who may be auditors of other lectures on the same theme. As an outline of a subject upon which it professes to treat it may be warmly commended. If many of those who attend these or similar lectures do little more than carry away with them the knowledge that the brain is the organ of mind, and that to be kept in health it requires to be wisely treated, they will not have listened in vain.

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*Handbook for Attendants on the Insane.* Published by the authority of the Medico-Psychological Association of Great Britain and Ireland. Second Edition, revised and enlarged. London: Baillière, Tindall, and Cox. 1893.

This is not a book to review, but we desire to call attention to it. It is a model of condensed practical wisdom. Opinions differ as to the advantage of giving anatomical or physiological knowledge to the class for whom this manual is intended, and we ourselves have had our doubts. There can be no doubt, however, as to the utility of practical directions conveyed in a simple and easily understood form.

We have no doubt that this handbook will meet with a wide circulation. The printing and general get up of the book are all that can be desired.

It reflects great credit on the Committee of the Association, upon whom the burden of its preparation was laid.