

Description of Medication Administration by Emergency Medical Services during Mass-casualty Incidents in the United States

Mazen El Sayed, MD, MPH;^{1,2} Hani Tamim, PhD, MPH;³ N. Clay Mann, PhD, MS⁴

1. Department of Emergency Medicine, American University of Beirut Medical Center, Beirut, Lebanon
2. Emergency Medical Services and Prehospital Care Program, American University of Beirut Medical Center, Beirut, Lebanon
3. Department of Internal Medicine, American University of Beirut Medical Center, Beirut, Lebanon
4. Department of Pediatrics, University of Utah School of Medicine, Salt Lake City, Utah USA

Correspondence:

Mazen J. El Sayed, MD, MPH, FAAEM, FACEP
 Department of Emergency Medicine
 American University of Beirut Medical Center
 P.O. Box - 11-0236 Riad El Solh
 Beirut 1107 2020
 Email: melsayed@aub.edu.lb

Conflicts of interest/sources of support: This research was supported by Cooperative Agreement Number DTNH22-09-H-00262 from the US Department of Transportation, National Highway Traffic Safety Administration (NHTSA; Washington, DC USA). The findings and conclusions of this research do not necessarily represent the official views of NHTSA. The authors report no conflicts of interest. The authors alone are responsible for the content and writing of this paper.

Keywords: EMS; mass-casualty incident; MCI; medications; NEMSIS; prehospital

Abbreviations:

ALS: Advanced Life Support
 AMT: Air Medical Transport
 BLS: Basic Life Support
 CMS: Center for Medicare and Medicaid Services
 EMS: Emergency Medical Services
 IV: intravenous
 MCI: mass-casualty incident
 NEMSIS: National Emergency Medical Services Information System

Abstract

Background: Emergency Medical Services (EMS) preparedness and availability of essential medications are important to reduce morbidity and mortality from mass-casualty incidents (MCIs).

Objectives: This study describes prehospital medication administration during MCIs by different EMS service levels.

Methods: The US National EMS Public-Release Research Dataset maintained by the National Emergency Medical Services Information System (NEMSIS) was used to carry out the study. Emergency Medical Services activations coded as MCI at dispatch, or by EMS personnel, were included. The Center for Medicare and Medicaid Services (CMS) service level was used for the level of service provided. A descriptive analysis of medication administration by EMS service level was carried out.

Results: Among the 19,831,189 EMS activations, 53,334 activations had an MCI code, of which 26,110 activations were included. There were 8,179 (31.3%) Advanced Life Support (ALS), 5,811 (22.3%) Basic Life Support (BLS), 399 (1.5%) Air Medical Transport (AMT; fixed or rotary), and 38 (0.2%) Specialty Care Transport (SCT) activations. More than 80 different medications from 18 groups were reported. Seven thousand twenty-one activations (26.9%) had at least one medication administered. Oxygen was most common (16.3%), followed by crystalloids (6.9%), unknown (5.2%), analgesics (3.2%) mainly narcotics, antiemetics (1.5%), cardiac/vasopressors/inotropes (0.9%), bronchodilators (0.9%), sedatives (0.8%), and vasodilators/antihypertensives (0.7%). Overall, medication administration rates and frequencies of medications groups significantly varied between EMS service levels ($P < .01$) except for "Analgesia (other)" ($P = .40$) and "Pain medications (nonsteroidal anti-inflammatory drug; NSAID)" ($P = .07$).

Conclusion: Medications are administered frequently in MCIs, mainly Oxygen, crystalloids, and narcotic pain medications. Emergency Medical Services systems can use the findings of this study to better prepare their stockpiles for MCIs.

El Sayed M, Tamim H, Mann NC. Description of medication administration by Emergency Medical Services during mass-casualty incidents in the United States. *Prehosp Disaster Med.* 2016;31(2):141-149.

Introduction

Emergency preparedness for mass-casualty incidents (MCIs) entails planning for resources and preparing large stockpiles of pharmaceuticals and medical supplies to be deployed when needed. In the United States, such stockpiles are maintained at the state level and are supplemented by the Strategic National Stockpile (SNS) of the Centers for Disease Control and Prevention (CDC; Atlanta, Georgia USA). The SNS is a "national repository of antibiotics, chemical antidotes, antitoxins, life-support medications, [intravenous] IV administration, airway maintenance supplies, and medical/surgical items."¹ The assets in

NSAID: nonsteroidal anti-inflammatory drug
 SCT: Specialty Care Transport
 SNS: Strategic National Stockpile
 TAC: Technical Assistance Center

Received: June 9, 2015
 Revised: September 23, 2015
 Accepted: September 27, 2015

Online publication: February 3, 2016
 doi:10.1017/S1049023X1600008X

the SNS are determined based on many factors, such as “current biological and/or chemical threats, the availability of medical material, and the ease of dissemination of pharmaceuticals.”¹ Keeping these stockpiles current and potent can be very expensive with varying shelf lives of the different components in the inventory and the usually low likelihood of use. Successful planning is based on using best available evidence to estimate actual resources requirements in times of crisis.

Most of the literature examining MCIs consists of a specific event description or summaries of lessons learned after the event. Recommendations based on expert group opinion cite specialty medications, IV fluids, blood products, sedatives/analgesics, specific antibiotics, antivirals, and vaccines as required for mass-casualty events and disasters.² Emergency Medical Services (EMS) are at the forefront of the response to MCIs and large-scale events. In recent years, US EMS agencies suffered from recurrent shortages of essential medications.^{3,4} Planning for adequate supplies and for pharmaceutical surge capacity is therefore needed. Mutual linkage is one essential preparedness mechanism for EMS systems to ensure faster deployment and better coordination of resources during the actual response to an MCI. Another important preparedness component consists of data driven planning to ensure that EMS agencies have the needed resources in a timely manner, including local availability or stocking of essential medication supplies. Examining the actual EMS practice in MCIs can therefore help EMS agencies better prepare for MCIs and keep essential medications available at hand.

The National Emergency Medical Services Information System (NEMSIS; Salt Lake City, Utah USA) maintains a US national EMS database. The NEMSIS 2012 dataset includes EMS activations submitted by EMS agencies in 42 states and territories.⁵⁻⁷ This repository allows access to examine MCIs at a national level, to evaluate trends in the prehospital management of MCI patients, and to estimate resource requirements and, more specifically, medication use at a national or local level in the event of an MCI.

This study used the NEMSIS 2012 dataset to describe the types and frequencies of medications given during MCIs by different levels of EMS providers. The goal of this project was to provide EMS agencies at all service levels with information regarding prehospital medication administration for better planning and estimation of resource requirements for field management of MCI victims.

Methods

Study Design

This retrospective, cross-sectional study used the NEMSIS 2012 public research dataset released by the NEMSIS Technical Assistance Center (TAC). Institutional Review Board exemption for use of this de-identified dataset was obtained from the American University of Beirut (Beirut, Lebanon).

Study Setting

The NEMSIS TAC maintains a national EMS database that collects 83 variables using standardized definitions and formats from US states and territories.⁸ Data are collected locally by different EMS agencies, aggregated at the state level, then submitted to the NEMSIS national database. Submissions from different states vary in terms of inclusion criteria and proportion of EMS activations submitted.⁵ The National Emergency Medical Services Information System is considered a convenience sample,

on a national scale, for EMS activations in the US.⁷ A single patient activating the EMS system might be represented in the national database more than once, due to multiple EMS vehicles responding to the patient care event and reporting to the state database. Thus, the term EMS activation represents a patient encounter by a single responding vehicle. The unit of analysis in this study was “EMS activation” rather than individual patients since the national EMS database provides a de-identified database structure prohibiting analysis at a patient level. Each activation was therefore treated as an independent entry.

Study Population

The 2012 NEMSIS national dataset includes information on 19,831,189 EMS activations.⁷ Emergency Medical Services activations that were recorded as MCI either at dispatch (the complaint dispatch reported to the responding unit), or on scene by the EMS provider, were included.

Available Data

The primary objective of this study was to describe types and frequencies of medications given to patients during MCIs by different levels of EMS providers. Standardized definitions in the NEMSIS manual were used. An MCI is defined as:

An event which generates more patients at one time than locally available resources can manage using routine procedures or resulting in a number of victims large enough to disrupt the normal course of emergency and health care services and would require additional non-routine assistance.^{5,8}

A medication given is any medication administered to the patient and that is part of the “list of all medications the agency has implemented and available for use.” The US national drug index or coding scheme (RxNorm), which would allow for a single code to be assigned to a single drug, was not utilized initially by NEMSIS. Thus, NEMSIS TAC staff generated a clean standardized coded list of medications from a text field as part of the publically available dataset. For level of care of providers, the Center for Medicare and Medicaid Services (CMS) Service Level for the EMS encounter was used and divided the levels into five categories: Unknown, Basic Life Support (BLS; BLS and BLS emergency), Advanced Life Support (ALS; ALS Level 1, Level 1 emergency, and Level 2), Air Medical Transport (AMT) including both fixed wing (Airplane) and rotary wing (Helicopter), and Specialty Care Transport (SCT). Additional variables that were analyzed to better characterize the study population included: Urbanicity (population setting using United States Department of Agriculture (USDA; Washington, DC USA) and Office of Management and Budget (OMB; Washington, DC USA) definitions),⁵ primary role of the responding unit, primary symptom, possible injury, and providers’ primary impression.

Data Analysis

The Statistical Analysis Software (SAS) version 9.1 (SAS Institute, Inc; Cary, North Carolina USA) was used for the management and analyses of the data. Categorical variables were summarized using frequencies and percent. Nonparametric techniques (ie, Chi-square tests) were conducted to evaluate differences in medication administration by EMS service level. Fisher’s exact test was used when needed. Statistical significance level was set at $P < .05$.

An overall count of all medications given for all MCI-related activations and a calculation of frequencies by types and count were conducted initially. This was followed by a descriptive characterization of the study population and an analysis of the types of medications and corresponding frequencies by different EMS service levels. Two different denominators (total medications given $N = 11,268$ and total MCI activations $N = 26,110$) were used to report percentages. Medication frequency is the count of a specific medication divided by the total count of all reported medications given. For example, if the total count of all medications is 10 and the count of a specific medication is two, regardless of whether the same activation or different activations (ie, a medication could be given more than once), then that medication frequency is equal to 20%. The medication frequency “per activation” is the percentage of EMS MCI activations for which a specific medication reportedly was given divided by total number of MCI activations. For example, if 10 activations were available and Activation 1 had a medication given once (or twice) then the medication frequency per activation is 10%.

Results

A total of 53,334 EMS activations were recorded as an MCI. All MCI-related activations recorded as “call cancelled,” “no patient found,” or “patient refused treatment” were excluded. The 26,110 remaining MCI activations were included and analyzed. More than one-half of the activations (63.0%) were in an urban setting. The primary role of the EMS unit reporting the activation was transport (91.0%). The five categories of EMS level of care were identified with “Unknown” accounting for a large portion of the activations (44.7%; Table 1). Injury was reported in 14,481 (55.5%) activations. The most common reported primary symptom was pain in 10,146 (38.9%) activations. Provider’s primary impression was unknown in 10,825 (41.5%) activations followed by traumatic injury in 10,102 (38.7%) activations (Table 1).

Medication Given

Overall, more than 80 different medication types were administered in MCI activations. Eighteen large groups of medications were identified. Oxygen was the predominant group (16.2%), followed by crystalloids (6.9%; Normal Saline 0.9% and Lactated Ringer’s Solution), unknown (5.2%), analgesics (3.2%; mainly narcotics including Fentanyl and Morphine Sulfate), antiemetics (1.5%; Ondansetron Monohydrochloride), cardiac/vasopressors/inotropes (0.9%), bronchodilators (0.9%; Albuterol Sulfate), sedatives (0.8%), and vasodilators/antihypertensive (0.7%; mainly Nitroglycerin). Antidote administration was not reported frequently with only 0.2% of MCI activations receiving one type of antidote, including Naloxone Hydrochloride, Glucagon, Thiamine, Activate Charcoal, Amyl Nitrite, or Tetanus antitoxin.

Medication Frequencies (Table 2)

When assessing individual medication count, a total of 11,268 medication administrations were reported for all MCI activations. Oxygen was most predominant (38.8%) followed by, in descending order: Normal Saline 0.9% (16.6%), Unknown (13.0%), Fentanyl (6.7%), Morphine Sulfate (4.0%), Ondansetron Monohydrochloride (3.1%), Epinephrine 1:10,000 (2.0%), Albuterol Sulfate (1.7%), Aspirin (1.5%), and Nitroglycerin (1.5%).

Medication Frequencies per Activations (Table 2)

A total of 7,021 (26.9%) activations had at least one medication administered with Oxygen being the most common medication

given (16.2%) followed by, in descending order: Normal Saline 0.9% (6.5%), Unknown (5.2%), Fentanyl (1.8%), Ondansetron Monohydrochloride (1.3%), Morphine Sulfate (1.1%), Albuterol Sulfate (0.7%), Nitroglycerin (0.6%), Aspirin (0.6%), and Lactated Ringer’s solution (0.4%).

Medication Group by EMS Service Level

Reported rates of at least one medication administration during MCI activations varied by EMS service level (Figure 1). Air Medical Transport service level activations had the highest frequency of reported activations where at least one medication was given (58.9%; Table 3). This was followed by ALS service level activations (34.5%), Unknown service level activations (29.5%), SCT service level activations (28.9%), and BLS service level activations (8.7%). When examining types of medications given by EMS service level, Oxygen remained the most common medication administered across all levels of care. For BLS activations, Oxygen was most common (7.2%); however, medications given were not reported commonly. Higher medications administration frequencies were reported in ALS activations mainly for Oxygen (23.3%), hydration/crystalloids (9.7%), narcotic pain medications (3.7%), and antiemetics (2.2%). Air Medical Transport service level activations had the highest reported frequencies for medications given mainly for Oxygen (32.8%), pain medications (31.1%; mainly narcotics), antiemetics (15.3%), and sedatives (10.5%). The number of SCT service level activations was low ($N = 38$) with Oxygen being the most common medication reported (18.4%). The difference between the frequencies of medications given by level of care provided was statistically significantly for overall medication administration ($P < .01$) as well as across all medications groups ($P < .01$) with the exception of “Analgesia (other)” ($P = .40$) and “Pain medications (nonsteroidal anti-inflammatory drug; NSAID)” ($P = .07$; Table 3).

Discussion

This study is the first to use a national EMS dataset to quantify medication use and to examine current management trends in EMS activations coded as MCI. It highlights that events most commonly considered “MCIs” by providers (based upon the NEMSIS definition) involve mechanical trauma. Medication types used during MCIs and their corresponding administration frequencies are described. This study has important implications in helping EMS agencies, at any level of care, plan for medication stockpiles needed in the event of an MCI and assess their needs for improved preparedness using best evidence from a national dataset. By examining medication frequencies or how often medications are given, EMS administrators can plan for medication stockpiles for potential MCIs in an evidence-based manner. Similarly, EMS medical directors can use medication frequencies per activations, or how often medications are administered per activations, to devise EMS protocols specific to MCIs and incorporate relevant medications in a more systematic manner.

In the NEMSIS 2012 dataset, medication administration was reported in up to 26.9% of MCI activations. Oxygen was the predominant medication across all EMS service levels for MCI activations. Crystalloids, antiemetics, and pain medications (narcotics) administrations were reported less commonly. A large proportion of MCI activations in the study population had a diagnosis (provider primary impression) of unknown or traumatic injury. Emergency Medical Services protocols for trauma management in the US focus on reduced scene time, fast transport to

Characteristic	Sub-Category	Count, n (%)
MCI Coding (N = 26,110)		
	Complaint by Dispatch	5,513 (21.1%)
	Complaint by Provider	19,819 (75.9%)
	Complaint by Both	778 (3.0%)
Urbanicity (N = 25,849) ^a		
	Urban	16,297 (63.0%)
	Rural	5,065 (19.6%)
	Suburban	2,929 (11.3%)
	Wilderness	1,558 (6.0%)
Primary Role of the Unit (N = 26,110)		
	Transport	23,769 (91.0%)
	Non-transport	1,764 (6.8%)
	Rescue	472 (1.8%)
	Supervisor	105 (0.4%)
CMS Service Level (N = 26,110)		
	Unknown or Not Reported	11,683 (44.7%)
	ALS	8,159 (31.2%)
	BLS	5,811 (22.3%)
	Air Medical Transport	399 (1.5%)
	Specialty Care Transport	38 (0.2%)
Primary Symptom (N = 26,610)		
	Pain	10,146 (38.9%)
	Unknown	7,823 (30.0%)
	None	1,499 (5.7%)
	Change in Responsiveness	1,450 (5.6%)
	Bleeding	1,002 (3.8%)
	Breathing Problem	816 (3.1%)
	Weakness	716 (2.7%)
	Wound	677 (2.6%)
	Mental/Psych	410 (1.6%)
	Transport Only	379 (1.5%)
	Death	323 (1.2%)
	Nausea/Vomiting	320 (1.2%)
	Other	549 (2.1%)

EI Sayed © 2016 Prehospital and Disaster Medicine

Table 1. MCI Activations Study Population Characteristics (*continued*)

Characteristic	Sub-Category	Count, n (%)
Possible Injury (N = 26,110)	Yes	14,481 (55.5%)
	No	7,437 (28.5%)
	Not Reported	4,192 (16.0%)
Providers Primary Impression (N = 26,110)	Unknown	10,825 (41.5%)
	Traumatic Injury	10,102 (38.7%)
	Abdominal Pain/Problems	671 (2.6%)
	Altered Level of Consciousness	619 (2.4%)
	Chest Pain/Discomfort	611 (2.3%)
	Respiratory Distress	523 (2.0%)
	Poisoning/Drug Ingestion	426 (1.6%)
	Syncope/Fainting	394 (1.5%)
	Behavioral/Psychiatric Disorder	392 (1.5%)
	Obvious Death	246 (0.9%)
	Inhalation Injury (Toxic Gas)	212 (0.8%)
	Other	1,089 (4.2%)

El Sayed © 2016 Prehospital and Disaster Medicine

Table 1 (continued). MCI Activations Study Population Characteristics

Abbreviations: ALS, Advanced Life Support; BLS, Basic Life Support; CMS, Center for Medicare and Medicaid Services; MCI, mass-casualty incident.

^a Activations with missing "Urbanicity" (261) were included in the overall frequencies calculation but not in the Urbanicity one.

an appropriate trauma center, and limited interventions, mainly immobilization, Oxygen administration, and minimal fluid resuscitation in addition to pain management. The types of medications administered in MCI activations, using NEMSIS data, mirror this practice.

Reported medication administration rates were significantly different by EMS service level. Air Medical Transport and ALS activations had much higher reported frequencies of medication administration than BLS. This finding directly is related to the scope of practice of EMS providers in the US and is consistent with the fact that higher level of care is provided during ALS or AMT activations, including IV access insertion, medication administration, and monitoring. In addition to that, using CMS billing level for level of care provided might have resulted in higher reported rates of medication administration since billing is linked tightly to medication administration, especially at the ALS Level 1 and ALS Level 2 activations.⁹ A study by Sporer et al examining prehospital medication administration and emergency medical dispatch codes in an urban EMS, all ALS systems reported a rate of medication administration in 19% of calls examined compared to 27% in this study of MCIs. They, however, did not count Oxygen as a medication.¹⁰ Oxygen was the most common medication reported during MCI activations in this study, which has important implications for agencies in terms of preparedness. Previous published reviews highlight the importance of planning

for Oxygen needs and the challenges of securing enough Oxygen supply after MCIs or disasters.^{11,12} This study provides evidence that Oxygen is a critical consumable resource, not only for hospitals, but also for EMS during response to MCIs.

The higher frequencies of medication administration in the AMT activations reflect the higher acuity or complexity of cases that usually are transported by air (rotary or fixed wing) with most US-based EMS systems having in place guidelines for air medical dispatch, mainly for trauma patients, and that are based on anatomic, physiologic, or situational high-acuity criteria.¹³ The types of medications used also reflect airway management procedures with higher frequencies of sedatives and paralytics reported than in the other EMS level of care activations.

Limitations

This study utilized data from a national database that may be subject to information and selection bias since inconsistencies in the measurement and reporting of clinical variables, treatment options, and transport practices may differ systematically among reporting agencies. Also, missing data, mainly for EMS level of care, were not excluded from the study, but were reported as a separate category to allow for comparison. Although it is likely that not all medications given were documented in the national database, there is little reason to believe that specific types of medications are more or less likely to be documented. Thus, the

Medication Group	Common Medication by Group	Medication Frequencies (%)	Medication Frequencies per Activations (%)
		N = 11,268	N = 26,110
Oxygen	Oxygen	4,377 (38.8%)	4,243 (16.2%)
Hydration/Crystalloids		1,988 (17.6%)	1,811 (6.9%)
	Normal Saline 0.9%	1,868(16.6%)	1,695 (6.5%)
	Lactated Ringer's Solution	113 (1.0%)	110 (0.4%)
Unknown		1,469 (13.0%)	1,347 (5.2%)
Pain Meds Narcotic		1,253 (11.1%)	810 (3.1%)
	Fentanyl	755 (6.7%)	478 (1.8%)
	Morphine Sulfate	454 (4.0%)	296 (1.1%)
Antiemetic		399 (3.5%)	381 (1.5%)
	Ondansetron Monohydrochloride	351 (3.1%)	335 (1.3%)
Cardiac/Vasopressors		419 (3.7%)	247 (0.9%)
	Epinephrine 1:10,000	226 (2.0%)	88 (0.3%)
Bronchodilators		247 (2.4%)	242 (0.9%)
	Albuterol Sulfate	197 (1.7%)	172 (0.7%)
Sedatives		289 (2.6%)	214 (0.8%)
	Etomidate	61 (0.5%)	61 (0.2%)
	Ketamine	34 (0.3%)	21 (<0.1%)
	Lorazepam	23 (0.2%)	16 (<0.1%)
	Diazepam	19 (0.2%)	13 (<0.1%)
	Haloperidol	3 (<0.1%)	3 (<0.1%)
Vasodilator/Antihypertensive/Diuretics		181 (1.6%)	181 (0.7%)
	Nitroglycerin	171 (1.5%)	171 (0.6%)
Aspirin	Aspirin	173 (1.5%)	170 (0.6%)
Paralytics		148 (1.3%)	133 (0.5%)
	Succinylcholine	71 (0.6%)	68 (0.3%)
	Vecuronium	51 (0.5%)	40 (0.2%)
	Rocuronium	26 (0.2%)	25 (0.1%)
Glucose		80 (0.7%)	75 (0.3%)
	D50	55 (0.5%)	54 (0.2%)
Antidotes		65 (0.6%)	61 (0.2%)
	Naloxone Hydrochloride	46 (0.4%)	42 (0.2%)

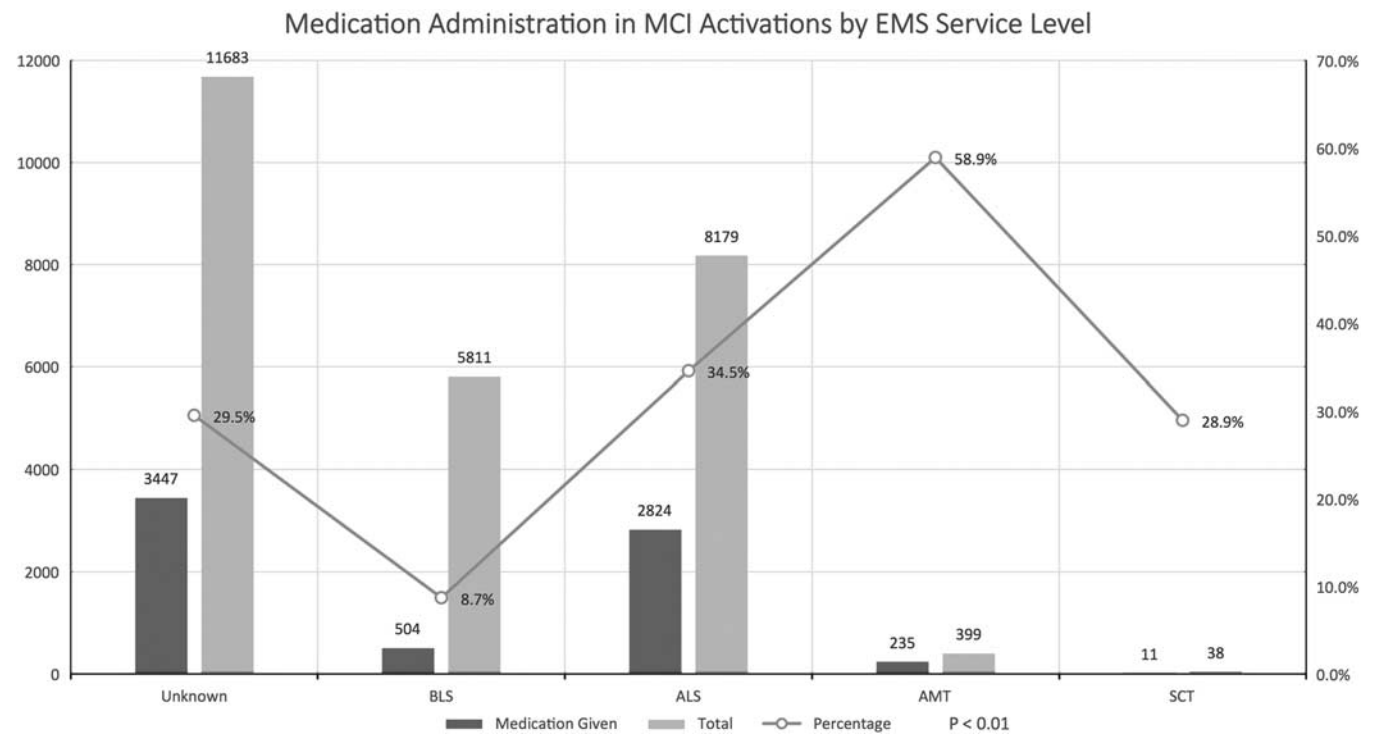
El Sayed © 2016 Prehospital and Disaster Medicine

Table 2. Most Common Medications by Count and by Activations (*continued*)

Medication Group	Common Medication by Group	Medication Frequencies (%)	Medication Frequencies per Activations (%)
		N = 11,268	N = 26,110
Other		29 (0.3%)	27 (<0.1%)
	Diphenhydramine Hydrochloride	17 (0.1%)	16 (<0.1%)
Glucocorticoids		22 (0.2%)	22 (<0.1%)
	Methylprednisolone	22 (0.2%)	22 (<0.1%)
Analgesia (other)		15 (0.1%)	14 (<0.1%)
	Acetaminophen	6 (<0.1%)	6 (<0.1%)
	Nitrous Oxide	5 (<0.1%)	5 (<0.1%)
Pain Meds NSAID		5 (<0.1%)	5 (<0.1%)
	Ketorolac	3 (<0.1%)	3 (<0.1%)
Antimicrobials		5 (<0.1%)	5 (<0.1%)

El Sayed © 2016 Prehospital and Disaster Medicine

Table 2 (continued). Most Common Medications by Count and by Activations
Abbreviation: NSAID, nonsteroidal anti-inflammatory drug.



El Sayed © 2016 Prehospital and Disaster Medicine

Figure 1. Medication Administration in MCI Activations by EMS Service Level.

Abbreviations: ALS, Advanced Life Support; AMT, Air Medical Transport; BLS, Basic Life Support; EMS, Emergency Medical Services; MCI, mass-casualty incident; SCT, Specialty Care Transport.

differences in ratios (or percentages) reported between the prevalence of the different medication groups are likely not overtly influenced by systematic bias. This study did not differentiate between MCI types. Studies examining specific types of MCIs

may reach different results, especially that some MCI types directly influence the types of medications administered (such as chemical exposure and antidote administration). Finally, NEMSIS data represent EMS resource activations and not the

number of treated patients. For the purposes of this study, this fact allowed focus on actual medication administration frequency, types, and utilization patterns across multiple providers who may have cared for the same MCI patient over the course of an actual incident.

Conclusion

Results from a national dataset suggest that several groups of medications are used by EMS during MCI activations. Oxygen, crystalloids, and narcotic pain medications are most common.

The frequencies and types of medications used varied by EMS level of care. Emergency Medical Services agencies at all service levels can use the findings of this study to plan for MCIs and prepare their medication stockpiles in an evidence-based manner.

Acknowledgement

The authors would like to acknowledge and thank all of the participating EMS providers, EMS agencies, and state EMS offices who support and provide data to the NEMSIS National Database.

References

- Centers for Disease Control and Prevention, Office of Public Health Preparedness and Response. Strategic National Stockpile (SNS). Centers for Disease Control and Prevention Web site. <http://www.cdc.gov/phpr/stockpile/stockpile.htm>. Published July 10, 2014. Accessed February 9, 2015.
- Koenig KL, Lim H, Tsai SH. Crisis standard of care: refocusing health care goals during catastrophic disasters and emergencies. *J Exp Clin Med*. 2011;3(4):159-165.
- Erich J. Drug shortages: your 20 step guide to survival. Medication shortages are the new normal—here's how to manage long-term. *EMS World*. 2012;41(6):26-32.
- EMS service providers struggle with shortages of key, life-saving drugs. *ED Manag*. 2011;23(12):136-137.
- Schenk E, Wijetunge G, Mann NC, Lerner EB, Longthorne A, Dawson D. Epidemiology of mass-casualty incidents in the United States. *Prehosp Emerg Care*. 2014;18(3):408-416.
- Dawson DE. National Emergency Medical Services Information System. *Prehosp Emerg Care*. 2006;10(3):314-316.
- Mann NC, Kane L, Dai M, Jacobson K. Description of the 2012 NEMSIS Public-Release Research Dataset. *Prehosp Emerg Care*. 2015;19(2):232-240.
- National Emergency Medical Services Information System. NEMSIS Data Dictionary V 2.2.1. www.nemsis.org/v2/downloads/documents/NEMSIS_Data_Dictionary_v2.2.1_04092012.pdf. Accessed September 8, 2014.
- Centers for Medicare & Medicaid Services (CMS) Manual. Definition of ambulance services. <http://www.cms.gov/Regulations-and-Guidance/Guidance/Transmittals/downloads/R130BP.pdf>. Accessed October 1, 2014.
- Sporer KA, Wilson KG. How well do emergency medical dispatch codes predict prehospital medication administration in a diverse urban community? *J Emerg Med*. 2013;44(2):413-422.
- Ritz RH, Previtiera JE. Oxygen supplies during a mass-casualty situation. *Respir Care*. 2008;53(2):215-224.
- Blakeman TC, Branson RD. Oxygen supplies in disaster management. *Respir Care*. 2013;58(1):173-183.
- Thomas SH, Brown KM, Oliver ZJ, et al. An Evidence-based guideline for the air medical transportation of prehospital trauma patients. *Prehosp Emerg Care*. 2014; 18(Suppl 1):35-44.

Medication Groups	Level of Service										P Value
	Unknown		BLS		ALS		AMT		SCT		
	n	%	n	%	n	%	n	%	n	%	
Oxygen	1,783	15.3	418	7.2	1,904	23.3	131	32.8	7	18.4	<.01
Aspirin	44	0.4	4	<0.1	119	1.4	2	0.5	0	0.0	<.01
Pain Meds NSAID	1	<0.1	1	<0.1	2	<0.1	1	0.2	0	0.0	.07 ^a
Pain Meds Narcotic	351	3.0	5	<0.1	303	3.7	124	31.1	2	5.3	<.01
Analgesia (other)	6	<0.1	1	<0.1	7	<0.1	0	0.0	0	0.0	.40 ^a
Antiemetic	124	1.1	6	0.1	183	2.2	61	15.3	0	0.0	<.01
Hydration/Crystalloids	918	7.9	38	0.7	796	9.7	18	4.5	2	5.3	<.01
Cardiac/Vasopressors	77	0.7	1	<0.1	93	1.1	16	4.0	2	5.3	<.01
Sedatives	66	0.6	2	<0.1	68	0.8	42	10.5	2	5.3	<.01
Paralytics	38	0.3	0	<0.1	37	0.5	27	6.8	1	2.6	<.01
Bronchodilators	72	0.6	11	0.2	103	1.3	3	0.7	0	0.0	<.01
Antimicrobials	1	<0.1	0	<0.1	2	<0.1	1	0.2	1	2.6	<.01 ^a
Antidotes	17	0.1	1	<0.1	40	0.5	0	0.0	0	0.0	<.01
Glucose	26	0.2	3	<0.1	41	0.5	3	0.8	0	0.0	<.01
Glucocorticoids	5	<0.1	0	<0.1	17	0.2	0	0.0	0	0.0	<.01 ^a
Vasodilator/Antihypertensive/Diuretics	37	0.3	1	<0.1	129	1.6	6	1.5	0	0.0	<.01
Other	8	<0.1	1	<0.1	17	0.2	1	0.2	0	0.0	<.01
Unknown	980	8.4	44	0.8	310	3.8	13	3.3	0	0.0	<.01

El Sayed © 2016 Prehospital and Disaster Medicine

Table 3. Medication Groups by EMS Service Levels Comparison

Abbreviations: ALS, Advanced Life Support; AMT, Air Medical Transport; BLS, Basic Life Support; EMS, Emergency Medical Services; NSAID, nonsteroidal anti-inflammatory drug; SCT, Specialty Care Transport.

^aP value for Fisher exact test. For all others, Chi square test was used.