

P-210 - SURVEY OF FAMILY CAREGIVER NEEDS OF PATIENTS WITH BIPOLAR DISORDER

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Introduction: Today's, families of individuals with bipolar disorders are actively participating in the care of their relative. Successful management of bipolar disorder in the community relies significantly on family caregivers. The need and experiences of such caregivers have been little studies with respect to bipolar disorder.

Objective: The aim of the study was to identify of family caregivers needs of patients with bipolar disorder.

Methods: This study is a qualitative research of phenomenological methodology; the family member's caregivers of bipolar disorder in farshchian psychiatric hospital in Hamedan were selected by purposive sampling. By reaching data saturation the number of participant was 12. Data were gathered through in-semi unstructured interviews and analyzed by "Colaizzi" method.

Results: Five groups were identified in this study analysis: illness management, consoling, economical needs, persistent care and social attention & perception.

Conclusion: Identified the need of family member caregiver with bipolar disorder patient for mental health services to be helped and to identify the specific caring interventions that are effective in helping to sustain family caregiving.