Investigating the Broken-Heart Effect: a Model for Short-Term Dependence between the Remaining Lifetimes of Joint Lives

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Abstract
We analyze the mortality of couples by fitting a multiple state model to a large insurance data set. We find evidence that mortality rates increase after the death of a partner and, in addition, that this phenomenon diminishes over time. This is popularly known as a "broken-heart" effect and we find that it affects widowers more than widows. Remaining lifetimes of joint lives therefore exhibit short-term dependence. We carry out numerical work involving the pricing and valuation of typical contingent assurance contracts and of a joint life and survivor annuity. If insurers ignore dependence, or mis-specify it as long-term dependence, then significant mis-pricing and inappropriate provisioning can result. Detailed numerical results are presented.

1 Introduction

The conventional premise in multiple life contingencies is that the remaining lifetimes of joint lives are mutually independent. Dependence between two lifetimes and its effect on insurance contracts have been investigated in several recent papers. Empirical investigations on coupled lives have shown that the assumption of independence is not realistic and can only be justified by computational convenience.

Frees *et al*. (1996) and Carriere (2000) present alternative ways of modelling dependence of times of death of coupled lives. They calibrate their models to a data set and observe a significant degree of positive correlation between lifetimes. One implication, among others, is that joint life annuities are underpriced while last survivor annuities are overpriced. Carriere & Chan (1986) also evaluate bounds on single premiums for last survivor annuities.

The above authors adopt a methodology based on copulas but Frees *et al*. (1996) also experiment with common shock models, originally introduced by Marshall & Olkin (1967, 1988), as another way of specifying dependence. They find that the common shock models do not give as good a fit to their data as their copula model.

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Norberg (1989) and Wolthuis (2003) design a basic, continuous-time Markov chain for the mortality status of a couple. This consists of four states representing both spouses being alive, the man being widowed, the woman being widowed, and both being dead. Norberg (1989) shows that dependence between remaining lifetimes follows if the force of mortality experienced by individuals, when their spouse is alive, differs from the force of mortality when they are widowed. Wolthuis (2003) assumes a simple parametric specification of the forces of mortality as a function of a baseline force of mortality, using one parameter for dependence only. Denuit & Cornet (1999) generalize Wolthuis' (2003) approach by allowing for four parameters, one parameter per type of transition intensity. (See also Denuit *et al.*, 2001). They fit the model to a Belgian data set and establish a significant reduction in the mortality of married men and women, and a significant increase in the mortality of widows and widowers, compared to average lives in the Belgian population.

All these papers study the impact of dependence between two remaining lifetimes on the pricing of life insurance products on the lives concerned. Dependence, however, also affects the valuation of such contracts over time. Prospective provisions are based on laws of mortality that apply on the policy valuation date. If the remaining lifetimes of a couple are dependent at the outset of a policy, then any of the two lives' survival probabilities may depend on the life status of the partner.

Furthermore, it is essential to characterize the type of dependence that applies between remaining lifetimes. Hougaard (2000) identifies three different types of dependence between lifetimes, related to the time frame: (a) instantaneous dependence, (b) long-term dependence, (c) short-term dependence.

Instantaneous dependence arises from common events that affect both lives at the same time. For example, a couple may be involved in the same accident. On the other hand, *long-term* dependence is generated by a common risk environment that goes on to affect surviving partners for their remaining lifetimes. For instance, two partners may come from the same part of a country or from the same socio-economic class, which determines their common risks. Dependence is said to be long-term if the force of mortality of the survivor is a constant or increasing function of time since the spouse's death.

Short-term dependence is characterized by an immediate shift in the mortality rate of one life upon the death of the other, with the excess mortality diminishing over time. The best-known example of short-term dependence is the "broken-heart syndrome", which is researched by Parkes *et al.* (1969) and Jagger & Sutton (1991). Dependence is said to be short-term if the force of mortality of the survivor is a decreasing function of time since the spouse's death.

The question as to which type of dependence prevails within the framework of multiple life contingencies is a crucial one. Hougaard (2000) suggests that in the case of a married couple, short-term dependence is more relevant than long-term dependence. This assertion is underpinned by one of the main results from the empirical work of Parkes *et al.* (1969) and Jagger & Sutton (1991). Both studies show that, within about 6 months after the death of their partner, the mortality of widowers is comparable with that of married men. More recently, Holden *et al.* (2010) find conclusive evidence that the onset of widow(er)hood triggers an immediate rise in the frequency of depressive symptoms, which then diminish over time, thereby providing more evidence for the short-term nature of dependence. (It is worth noting that they observe that this effect does not disappear completely with the passage of time.)

Much of the literature to date does not capture short-term dependence. This is true of the models based on copulas, such as those of Frees *et al*. (1996) and Carriere (2000). Spreeuw (2006) shows that most common Archimedean copulas exhibit long-term dependence. This includes all copulas with a frailty specification such as Frank (used by Frees *et al*., 1996), Clayton, and Gumbel-Hougaard. Youn & Shemyakin (1999, 2001) show that, when implementing a copula model, ignoring the difference between the physical ages of the two partners can lead to an underestimation of both the instantaneous dependence and the short-term dependence. Shemyakin & Youn (2006) adopt a Bayesian approach, allowing for incorporation of prior knowledge about individual mortality.

Jagger & Sutton (1991) do consider short-term dependence but apply the Cox proportional hazards model (for details, see Cox, 1972) to a small data set. Apart from age, they include other risk factors such as physical disability, physical impairment and cognitive impairment as covariates. The basic Markov model, as used by Denuit & Cornet (1999), is a special case of long-term dependence, since the mortality of a remaining life is independent of the time of death of the spouse. A significant and promising departure from the aforementioned literature is the semi-Markov model of Ji (2011) and Ji *et al*. (2011), that was developed simultaneously with the work in this paper. Their model captures instantaneous, long-term and short-term dependence in joint lifetimes, and is discussed in greater detail in a subsequent section.

In this paper, we use an extended Markov model that permits the mortality of a remaining life to depend on the time elapsed since a spouse's death. In section 2, we give formal definitions of long-term and short-term dependence, and we describe in detail our Markov model by contrast with the models of Norberg (1989), Wolthuis (2003) and Denuit & Cornet (1999). We employ the same data set as used by Frees *et al*. (1996), Carriere (2000), Youn & Shemyakin (1999, 2001), Shemyakin & Youn (2006), and Ji *et al*. (2011). Section 3 gives the main characteristics of the data set and makes the case for developing models for short-term dependence. Our estimation method follows Denuit *et al*. (2001) and estimation results are given in section 4. In section 5, we show the impact of short-term dependence of lifetimes on the pricing and valuation of policies over time.

2 An Augmented Markov Model

2.1 Types of Dependence

Before describing our model, we formalize the notion of short-term dependence, as in Spreeuw (2006).

We consider two lives (x) and (y), who are respectively aged x and y at duration 0. The complete remaining lifetimes of (x) and (y) are denoted by T_x and T_y, respectively. We assume that T_x and T_y are continuously distributed, with upper bounds $\omega_x - x$ and $\omega_y - y$, respectively. The variables ω_x and ω_y denote the limiting ages of (x) and (y). For $t \in [0, \omega_x - x)$ and $s \in [0, \omega_y - y)$, we define $\mu_1(x + t)$ and $\mu_2(y + s)$ as the forces of mortality relating to T_x and T_y.

Further, define $\mu_1(x + t | T_y = t_y)$ as the conditional force of mortality of (x) at duration t (age $x + t$) given that (y) has died at duration t_y (age $y + t_y$) with $t_y \in [0, t)$. Likewise, we define $\mu_2(y + s | T_x = t_x)$ as the conditional force of mortality of (y) at duration s (age $x + s$) given that (x) has died at duration t_x (age $x + t_x$) with $t_x \in [0, s)$.

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We can now specify the notions of long-term and short-term dependence, using the definition in Spreeuw (2006).

Definition 1 *The remaining lifetimes T_x and T_y exhibit <u>short-term dependence</u> if $\mu_1(x+t|T_y = t_y)$ is an increasing function of $t_y \in [0, t]$ (or equivalently, if $\mu_2(y+s|T_x = t_x)$ is an increasing function of $t_x \in [0, s]$). On the other hand, there is <u>long-term dependence</u> between T_x and T_y if $\mu_1(x+t|T_y = t_y)$ is constant or decreasing as a function of $t_y \in [0, t]$ (or equivalently, if $\mu_2(y+s|T_x = t_x)$ is constant or decreasing as a function of $t_x \in [0, s]$).*

2.2 Model *A*: Independence of Lifetimes

The first model that we consider is the standard model in multiple life contingencies where the remaining lifetimes of joint lives are independent. We refer to this subsequently as Model *A*. It is easiest to describe in terms of the four-state continuous-time Markov model of Norberg (1989) and Wolthuis (2003), for the mortality status of a couple consisting of a man aged x and a woman aged y. This is depicted in Figure 1. In this model, $\mu_{01}(\cdot)$ and $\mu_{23}(\cdot)$ are the force of mortality functions for a man whose spouse is still alive and for a man whose spouse has died, respectively. Likewise, $\mu_{02}(\cdot)$ and $\mu_{13}(\cdot)$ represent the respective force of mortality functions for a woman whose spouse is still alive and a woman whose spouse has died.

Independence of remaining lifetimes, in this model, implies that the force of mortality functions $\mu_{01}(\cdot)$ and $\mu_{23}(\cdot)$ for the male are identical and, likewise for the female, $\mu_{02}(\cdot)$ and $\mu_{13}(\cdot)$ are identical functions (Norberg, 1989).

2.3 Model *B*: Long-term Dependence of Lifetimes

The second model that we consider is that of Denuit & Cornet (1999), which is itself an adaptation of the model of Norberg (1989) and Wolthuis (2003) as illustrated in Figure 1. Denuit & Cornet (1999) specify the following conditional forces of mortality as functions of the marginal forces of mortality:

$$\mu_{01}^*(t) = \mu_1(x+t|T_y > t) = (1 - \alpha_{01}^*)\mu_1(x+t) \tag{1a}$$

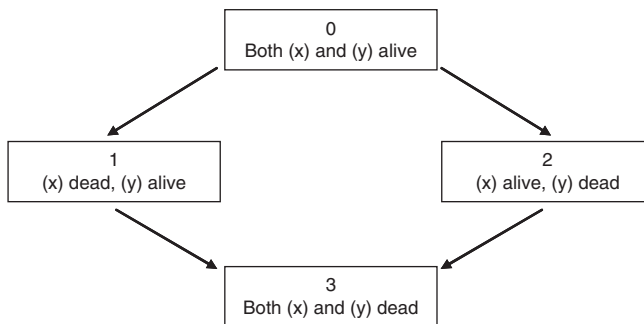$$\mu_{02}^*(t) = \mu_2(y+t|T_x > t) = (1 - \alpha_{02}^*)\mu_2(y+t) \tag{1b}$$

Figure 1. Markov model as in Norberg (1989) and Wolthuis (2003)

$$\mu_{13}^*(t) = \mu_2(y + t | T_x \le t) = \left(1 + \alpha_{13}^*\right)\mu_2(y + t) \qquad (1c)$$

$$\mu_{23}^*(t) = \mu_1\left(x + t | T_y \le t\right) = \left(1 + \alpha_{23}^*\right)\mu_1(x + t) \qquad (1d)$$

where $\alpha_{01}^*, \alpha_{02}^*, \alpha_{13}^*, \alpha_{23}^* \ge 0$. (We reserve the non-starred version of these symbols for our main model, which is Model C below.)

In this model, death of the man leads to a constant increase of the woman's mortality by $\frac{1+\alpha_{13}^*}{1-\alpha_{02}^*}$, whereas a man's mortality goes up by a factor of $\frac{1+\alpha_{23}^*}{1-\alpha_{01}^*}$ whenever his spouse dies. Note that this model is a special case of long-term dependence, since the mortality of one life only depends on whether the spouse has died or not, and not when (s)he died.

2.4 Model *C*: Short-term Dependence of Lifetimes

We may now introduce our model, which we label as Model C. We extend the Markov model of Denuit & Cornet (1999) by allowing the mortality of a remaining life to depend on the time elapsed since spouse's death. Upon the death of his spouse, every widower enters an initial bereaved state. He may leave this initial bereaved state either by transition to the death state at any time or by transition to an ultimate widowed state after a fixed period. Similar states of initial bereavement and ultimate widowhood exist for widows. The crucial point is that the survivor's mortality in the ultimate widowed state can differ from that in the initial bereaved state. This model therefore allows explicitly for short-term dependence as per Definition 1.

More precisely, we augment the state space of the four-state model in Figure 1 by splitting each of the widowed states into two further states. This leads to a six-state model as shown in Figure 2. A woman becoming widowed will enter state 1 ((y) alive, (x) died less than t_1 years ago) in which she will stay for at most t_1 years, after which, if still alive, she makes the transition to state 2 ((y) alive, (x) died more than t_1 years ago) from which only the transition to state 5 (both dead) is possible. Likewise, a man losing his spouse will first enter state 3 ((x) alive, (y) died less than t_2 years ago) where he will stay for at most t_2 years, after which he will automatically make the transition to state 4 and stay there while alive. Note that t_1 and t_2 are not necessarily equal. This allows for a different time-scale of broken-heart effect for males and females.
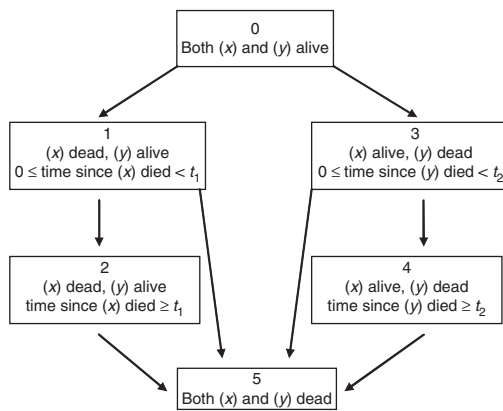

Figure 2. Six-state model

Using the extended model in a proportional hazards setting requires additional parameters than those in equations (1a)–(1d). The modified specification is as follows:

$$\mu_{01}(t) = \mu_1\left(x + t \mid T_y > t\right) = (1 - \alpha_{01})\mu_1(x + t) \tag{2a}$$

$$\mu_{03}(t) = \mu_2\left(y + t \mid T_x > t\right) = (1 - \alpha_{03})\mu_2(y + t) \tag{2b}$$

$$\mu_{15}(t) = \mu_2\left(y + t \mid 0 \leq t - T_x < t_1\right) = (1 + \alpha_{15})\mu_2(y + t) \tag{2c}$$

$$\mu_{25}(t) = \mu_2\left(y + t \mid t - T_x \geq t_1\right) = (1 + \alpha_{25})\mu_2(y + t) \tag{2d}$$

$$\mu_{35}(t) = \mu_1\left(x + t \mid 0 \leq t - T_y < t_2\right) = (1 + \alpha_{35})\mu_1(x + t) \tag{2e}$$

$$\mu_{45}(t) = \mu_1\left(x + t \mid t - T_y \geq t_2\right) = (1 + \alpha_{45})\mu_1(x + t) \tag{2f}$$

where $\alpha_{01}, \alpha_{03}, \alpha_{15}, \alpha_{25}, \alpha_{35}, \alpha_{45} \geq 0$.

Note that the earlier four-state Model *B* is a special case of our augmented six-state Model *C*, with $\alpha_{15} = \alpha_{25} = \alpha_{13}^*$ and $\alpha_{35} = \alpha_{45} = \alpha_{23}^*$.

Note also that it is conceivable for short-term dependence to be negative, in the sense that α_{15} or α_{35} could be negative. For example, the strain of caring for a sick partner could be relieved upon the partner's death. However, this effect is not reported in the literature and, overall, widow(er)hood appears to increase mortality initially. The data set that we describe in the next section also confirms this and gives no evidence of negative short-term dependence.

3 Data Set

We use the same data set as Frees *et al.* (1996), Carriere (2000) and Youn & Shemyakin (1999, 2001) and Shemyakin & Youn (2006). The original data set comprises 14,947 contracts in force with a large Canadian insurer. The period of observation runs from 29 December 1988 to 31 December 1993. Like the aforementioned papers, we eliminate same-sex contracts (58 in total). There are also 3,435 contracts that are held by couples with more than one policy and, following Youn & Shemyakin (1999, 2001), we eliminate all but one contract per couple.

There remain 11,454 couples or contracts, which can be broken down in four sets, according to the survival status at the end of the observation. There are 195 couples where both lives died during the observation period, 1,048 couples where the male died and the female survived during the period, 255 couples where the female died and the male survived, and 9,956 couples where both survived. The average age of males and females is about 68 and 65 respectively. There are few couples (88 in total) in the data set where at least one partner was 40 years old or younger, so they are excluded from our analysis.

To simplify terminology, we assume in the remainder of this paper that all couples are married and we use the term spouse and partner interchangeably. What matters is that the coupled lives have a permanent relationship. The question of whether a relationship is of a marital type is of secondary importance.

It is instructive to calculate some basic mortality rates from the data to attempt to discern any pattern that may exist. First, we combine males and females. In the last row of Table 1, we show the mortality rate for all lives whose partners are still alive. Table 1 also contains the mortality rates for all lives whose partners have died, grouped according to the value of $e \in \{0,\dots,4\}$, where e is the whole number of years since spouse's death. (That is, the partner died between e and $e + 1$ years ago.) For each of the groups, we calculate the Risk Exposure, in years, and count the observed number of deaths, and obtain mortality as the ratio of the two.

From Table 1, we can clearly see that:

1. The mortality for widows and widowers is higher than for lives whose partner is still alive.

2. The mortality is highest among lives who have lost their partner recently, i.e. less than one year ago.

In Tables 2 and 3, we distinguish between males and females and allow for the impact of age. Because of a lack of data, we cannot estimate mortality rates at integer ages, so we group widowers by age, and separately also group widows by age. We make the following observations based on Tables 2 and 3:

1. In the majority of cases, the mortality of widow(er)s is significantly higher than that of lives whose partner is still alive. This would imply a strong dependence between the lifetimes of coupled lives (as confirmed in previous studies and discussed in section 1).

2. In most cases, the mortality of widow(er)s whose partner died less than a year ago is higher than the mortality of other widow(er)s. The mortality of lives whose partner died more than a year ago exhibits an irregular pattern as a function of e.

Table 1. Mortality for all couples, with e denoting the number of years since partner's death

	Deaths	Exposure	Mortality
Partner dead			
$e = 0$	126	1,230.64	0.102389
$e = 1$	35	869.18	0.040277
$e = 2$	18	551.58	0.032633
$e = 3$	8	312.66	0.025590
$e = 4$	6	106.25	0.056470
Partner alive	1,410	83,738.58	0.016838

Table 2. Mortality rates for married women and widows, and ratios of mortality rates, with e denoting the number of years since partner's death

	Partner dead						Ratios	
	$e = 0$	$e = 1$	$e = 2$	$e = 3$	$e = 4$			
Age group	(a)	(b)	(c)			Partner alive	(a)/(b)	(a)/(c)
66–75	0.0295	0.0321	0.0223	0.0163	0.0226	0.0057	0.9194	1.3229
76–85	0.1221	0.0146	0.0653	0.0351	0.0000	0.0313	8.3678	1.8698
86–95	0.1954	0.1713	0.0688	0.0806	0.0000	0.0413	1.1407	2.8401

Table 3. Mortality rates for married men and widowers, and ratios of mortality rates, with *e* denoting the number of years since partner's death

| Age group | Partner dead | | | | | Partner alive | Ratios | |
	$e=0$ (a)	$e=1$ (b)	$e=2$ (c)	$e=3$	$e=4$		(a)/(b)	(a)/(c)
66–75	0.1835	0.0695	0.0254	0.0556	0.0000	0.0194	2.6423	7.2244
76–85	0.4699	0.0923	0.0461	0.0000	0.2322	0.0553	5.0891	10.1931
86–95	0.5097	0.1452	0.0888	0.2150	0.3785	0.0703	3.5088	5.7399

3. The ratios in Tables 2 and 3 indicate how much greater the mortality of recently widowed individuals is compared with the mortality of less recently widowed individuals. With one exception, these ratios are higher for widowers than for widows. This seems to suggest that the broken-heart syndrome has a stronger impact on men than on women.

The scarcity of data means that care must be taken before drawing firm conclusions. In both Tables 2 and 3, there are some cells where zero deaths have been observed, and hence the estimated rate of mortality is also equal to zero. Furthermore, in some columns, contrary to what one would expect, mortality is not always increasing as a function of age.

We emphasize that the above methodology is not used to estimate mortality rates at individual ages: it merely serves to underpin our case for extending the Markov model by allowing for a time dimension. We turn to the estimation of individual mortality in the next section.

4 Statistical Modelling

4.1 Model Identification

Our aim in this section is to estimate our augmented Markov model, as described in section 2.4, using the data set described in section 3. The first step is to give the precise specification of Model C, by identifying the cut-off point between states 1 and 2, and between states 3 and 4.

In particular, we choose t_1 by testing, for different values of t_1, whether there is a significant difference between the observed mortality rates of recently bereaved widows (where spouse's death occurs within t_1 years) and the observed mortality rates of the remaining widows. Our test hypotheses are:

$$H_0: \quad S_y^{15}(t) = S_y^{25}(t), \quad \text{for all } t > 0,$$

$$H_1: \quad S_y^{15}(t) \neq S_y^{25}(t), \quad \text{for at least one } t > 0,$$

where $S_y^{i5}(t)$ is the probability that a widow, aged y in state i where $i \in \{1, 2\}$, does not enter state 5 within t years. If H_0 is true, then the observed mortality rates in states 1 and 2 are two samples from the same survival function, otherwise they are governed by different survival functions.

To compare the mortality of recent widows with longer-term widows, we perform a two-sample Kolmogorov-Smirnov test. In the usual version of this test, the distributions of two samples are

Table 4. Outcomes of Kolmogorov-Smirnov test

t_1	0.5	1	1.5	2	2.5
test statistic	1.9755	1.4759	1.0631	0.9622	0.5739
p-value	0.0009	0.0259	0.2090	0.3134	0.8948

compared by computing the maximal absolute deviation $D_{m,n} = \sup_t \left| \hat{F}_m(t) - \hat{G}_n(t) \right|$, where m and n are the sizes of the two samples and $\hat{F}_m(t)$ and $\hat{G}_n(t)$ are their respective empirical distribution functions. The null hypothesis that $\hat{F}_m(t) = \hat{G}_n(t)$ for $t > 0$ is rejected if the test statistic $\left(\frac{mn}{m+n} \right)^{\frac{1}{2}} D_{m,n}$ is greater than the critical value of the Kolmogorov distribution for a certain significance level. We use the censored-data version of the Kolmogorov-Smirnov test which is based on empirical survival functions. More precisely, the test employs a statistic that is the largest absolute value of the weighted sum of the differences in the Nelson-Aalen estimates of cumulative hazard rates in the two samples. This test is readily implemented in various statistical software packages and is described by Fleming *et al.* (1980), with the asymptotic theory discussed by Andersen *et al.* (1993, p. 391).

An alternative to the Kolmogorov-Smirnov test is the logrank test (see e.g. Machin *et al.*, 2006, p. 51). However, this does not employ Smirnov-type maximal absolute deviation statistics. It may therefore fail to capture temporary differences in survival distributions when, for example, a large local deviation is offset by a small opposite overall bias (Fleming *et al.*, 1980; Klein & Moeschberger, 1997, p. 209). It is, of course, temporary differences in mortality between recently bereaved and longer-term widow(er)s that we seek to identify.

The results of the Kolmogorov-Smirnov test comparing the mortality of widows aged $y = 60$ in states 1 and 2, for different values of t_1, are shown in Table 4. We note that the higher t_1 is, the higher the p-value. For $t_1 = 0.5$ or $t_1 = 1$, the test is significant at 5% level, but not for higher values of t_1. We conclude that both $t_1 = 0.5$ and $t_1 = 1$ are suitable as cut-off points between the states 1 and 2. For computational convenience, we choose $t_1 = 1$ in the numerical applications that follow. A similar test can be undertaken for widower's mortality, of course. We obtain similar results and again $t_2 = 1$ is a convenient specification. This is also consistent with the results of Parkes *et al.* (1969) and Jagger & Sutton (1991) for widowers.

Before proceeding to parameterize the six-state model, we make two further remarks. First, the Kolmogorov-Smirnov test is a nonparametric test and the choice of $t_1 = 1$ and $t_2 = 1$ does not depend on any assumed underlying mortality law. Secondly, the test is used here to identify the six-state model and provide indicative values for t_1 and t_2. The model is parameterized and then validated using further tests later.

4.2 Estimation

In their copula models of joint mortality (briefly described in section 1), Frees *et al.* (1996) and Carriere (2000) use marginal distributions that are Gompertz. Carriere (2000) fits the marginal survival function prior to considering copulas and demonstrates that the Gompertz model performs significantly better than other mortality models. In the case of independent lifetimes, the copula models and the Markov models are exactly the same, of course. Ji *et al.* (2011) also cite the parsimony of the Gompertz mortality function, its smoothness, and the ease of extrapolation to extreme ages as justification for using Gompertz mortality in their semi-Markov model of joint

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mortality. For these reasons, we also specify the marginal force of mortality functions to be Gompertz, implying that

$$\mu_1(x) = \frac{1}{\sigma_m} \exp\left(\frac{x-m_m}{\sigma_m}\right), \quad \mu_2(y) = \frac{1}{\sigma_f} \exp\left(\frac{y-m_f}{\sigma_f}\right). \tag{3}$$

We follow the two-step estimation procedure of Denuit & Cornet (1999). First, the parameters of the base Gompertz distributions are estimated using all male and female mortality data. Based on this, the α family of parameters defined in equations (2a)–(2f) are then estimated. This is the same approach as in Denuit & Cornet (1999), except that they parameterize a Makeham distribution.

The log-likelihood in terms of the parameters of the male base Gompertz mortality function is:

$$\ell_1 = e^{-m_m/\sigma_m} \sum_{i:\text{all males}} \left(e^{u_i/\sigma_m} - e^{v_i/\sigma_m}\right) + \frac{1}{\sigma_m} \sum_{\substack{i:\text{male} \\ \text{deaths}}} v_i - \frac{m_m d_m}{\sigma_m} - d_m \log \sigma_m, \tag{4}$$

where d_m denotes the total number of male deaths, u_i is the entry age of (male) life i in the investigation, and v_i is his exit age on death or censoring. A similar function applies to the log-likelihood pertaining to the parameters of the female base Gompertz mortality function.

Our maximum likelihood estimates, with standard errors in brackets, of the parameters of the base Gompertz mortality functions in equation (3) are as follows: $m_m = 86.37$ (0.247), $\sigma_m = 9.76$ (0.343), $m_f = 92.07$ (0.336), and $\sigma_f = 8.06$ (0.217). There are slight discrepancies in our estimates of σ_m and σ_f as compared to Frees *et al.* (1996) and Carriere (2000), possibly because our data set is slightly different from the one used by these authors.

An alternative to this two-step estimation procedure would be to estimate all parameters, i.e. Gompertz parameters and α-parameters, in a single maximum-likelihood exercise. This could result in somewhat better estimates of the Gompertz parameters but it would also lead to more complicated likelihood functions. In any event, the estimates of m_m, σ_m, m_f and σ_f given above have small standard errors. The two-step procedure also has the advantage that formulas for the estimators of the α parameters are simple and easy to interpret.

Next, we estimate the α family of parameters in equations (2a)–(2f) by partial maximum likelihood. The partial log-likelihood function for α_{01} is given by

$$\ell_1^p(\alpha_{01}) = -(1-\alpha_{01}) \sum_{\substack{i:\text{all males} \\ \text{in state } 0}} \int_{u_{0,i}}^{v_{0,i}} \mu_{x_i} dx_i + d_{01} \log(1-\alpha_{01}) + \sum_{\substack{i:\text{male deaths} \\ \text{in state } 0}} \mu_{v_{0,i}} \tag{5}$$

with d_{01} denoting the observed number of male deaths in state 0, $u_{0,i}$ denoting the entry age of life i in state 0, and $v_{0,i}$ denoting his age at exit from state 0. A similar partial log-likelihood function $\ell_2^p(\alpha_{02})$ for α_{02} may be found. For lives in state 0, this leads to estimates

$$\hat{\alpha}_{01} = 1 - d_{01} \left(\sum_{\substack{i:\text{all males} \\ \text{in state } 0}} \int_{u_{0,i}}^{v_{0,i}} \mu_{x_i} dx_i \right)^{-1}, \tag{6a}$$

$$\hat{\alpha}_{02} = 1 - d_{02} \left(\sum_{\substack{i:\text{all females} \\ \text{in state } 0}} \int_{u_{0,i}}^{v_{0,i}} \mu_{y_i} dy_i \right)^{-1}, \tag{6b}$$

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where d_{01} is as above and d_{02} is the observed number of female deaths in state 0. We see from equations (6) above that, for each life under risk, we take the force of mortality with parameters estimated as above, integrated over the age range in which the life was under observation. The observation in state 0 ends on death of the life, death of the spouse, or at censoring.

Given the partial maximum likelihood, the parameters α_{01}, α_{02}, α_{15}, α_{25}, α_{35} and α_{45} are estimated independently of each other. For instance, if $\tilde{\alpha}_{01}$ represents the maximum likelihood estimator of α_{01} and D_{01} represents the random number of male deaths in state 0, then $\tilde{\alpha}_{01}$ is asymptotically normally distributed with mean α_{01} and variance given by the Cramér-Rao lower bound. This can be simplified to

$$-\left(\mathbb{E}\left[\frac{\partial^2 \ell_1^p}{\partial \alpha_{01}^2}\right]\right)^{-1} = -\left(\mathbb{E}\left[\frac{-D_{01}}{(1-\alpha_{01})^2}\right]\right)^{-1} = \frac{(1-\alpha_{01})^2}{\mathbb{E}D_{01}}. \tag{7}$$

The standard error of $\hat{\alpha}_{01}$ is therefore estimated as $(1-\hat{\alpha}_{01})/\sqrt{d_{01}}$, with a similar expression for the standard error of $\hat{\alpha}_{02}$.

The remaining parameters α_{j5}, for $j \in \{1, 2, 3, 4\}$, are also estimated as above. For example, the partial log-likelihood function for α_{15} is

$$\ell_3^p(\alpha_{15}) = -(1+\alpha_{15}) \sum_{\substack{i:\text{all females}\\ \text{in state 1}}} \int_{u_{1,i}}^{v_{1,i}} \mu_{y_i} dy_i + d_{15} \log(1+\alpha_{15}) + \sum_{\substack{i:\text{female deaths}\\ \text{in state 1}}} \mu_{v_{1,i}}. \tag{8}$$

The notation is self-explanatory, e.g. d_{j5} represents the observed number of female deaths in state j, $u_{j,i}$ is the entry age of life i in state j, and $v_{j,i}$ is the exit age of life i from state j. Thus, for lives in states 1, ..., 4, we get as estimates:

$$\hat{\alpha}_{j5} = d_{j5} \left(\sum_{\substack{i:\text{all females}\\ \text{in state } j}} \int_{u_{j,i}}^{v_{j,i}} \mu_{y_i} dy_i \right)^{-1} - 1, \quad \text{for } j \in \{1, 2\}, \tag{9a}$$

$$\hat{\alpha}_{k5} = d_{k5} \left(\sum_{\substack{i:\text{all males}\\ \text{in state } k}} \int_{u_{k,i}}^{v_{k,i}} \mu_{x_i} dx_i \right)^{-1} - 1, \quad \text{for } k \in \{3, 4\}. \tag{9b}$$

The standard errors of the estimates in equations (9) are given by

$$s.e.\left[\hat{\alpha}_{j5}\right] = \frac{1+\hat{\alpha}_{j5}}{\sqrt{d_{j5}}} \quad \text{for } j \in \{1, \ldots, 4\}. \tag{10}$$

The estimates turn out to be very sensitive to the choice of age range. When estimating coefficients $\hat{\alpha}_{j5}$, $j \in \{1, \ldots, 4\}$, we use as ages of entry the intervals $[65, 85]$ for males and $[60, 80]$ for females, as these intervals contain the largest proportion of widowed lives. Our findings also suggest that the dependence between the two lifetimes varies with the ages of individuals.

Tables 5 and 6 display the results of our parameter estimation procedure, assuming different values of t_1 and t_2. The last two rows of each table display the parameters pertaining to Model B, i.e. the standard four-state Markov model as in Figure 1. Note that $t_1 = \infty$ and $t_2 = \infty$ imply that $\alpha_{15} = \alpha_{13}^*$

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Table 5. Estimates of parameters of dependence for bereaved females. Numbers in brackets are relevant number of deaths in data and standard error respectively

t_1	α_{01}	α_{15}	α_{25}
0.5	0.062	5.058	1.236
	(840, 0.037)	(27, 1.17)	(39, 0.36)
1	0.062	3.398	1.151
	(840, 0.037)	(37, 0.72)	(29, 0.40)
1.5	0.062	2.843	1.061
	(840, 0.037)	(45, 0.57)	(21, 0.45)
∞ (four-state model)	0.062	2.014	n/a
	(840, 0.037)	(66, 0.371)	

Table 6. Estimates of parameters of dependence for bereaved males. Numbers in brackets are relevant number of deaths in data and standard error respectively

t_2	α_{03}	α_{35}	α_{45}
0.5	0.137	13.267	0.379
	(266, 0.07)	(51, 2.00)	(20, 0.31)
1	0.137	7.185	0.408
	(266, 0.07)	(55, 1.10)	(16, 0.35)
1.5	0.137	5.472	0.058
	(266, 0.07)	(62, 0.82)	(9, 0.35)
∞ (four-state model)	0.137	2.926	n/a
	(266, 0.07)	(71, 0.47)	

and $\alpha_{35} = \alpha_{23}^*$, and therefore the parameters α_{25} and α_{45} are irrelevant. The tables clearly show that α_{01} is smaller than both α_{15} and α_{25}, and similarly that α_{03} is smaller than both α_{35} and α_{45}. This implies that the lifetimes are dependent on each other. Tables 5 and 6 also show that $\alpha_{15} > \alpha_{25}$ and $\alpha_{35} > \alpha_{45}$. This suggests the presence of short-term dependence for both genders, with such dependence being stronger for widowers than for widows.

However, the estimates of the coefficients $\alpha_{15}, \ldots \alpha_{45}$ all have fairly large standard errors, so the differences between α_{15} and α_{25}, and also between α_{35} and α_{45}, could be due to chance. We therefore perform a formal test for short-term dependence in the next section.

4.3 Model Testing

We perform two validation tests on the model. First, we test whether widows' mortality depends significantly on the time elapsed since death of the spouse. We use the likelihood ratio test to test the null hypothesis

$$H_0: \; \alpha_{15} = \alpha_{25}$$

against the alternative hypothesis

$$H_1: \; \alpha_{15} \neq \alpha_{25}.$$

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Table 7. Results of likelihood ratio tests for dependence of widows' mortality on time since partner's death

t_1	0.5	1	1.5	2	2.5
$-2\log(\Lambda)$	19.633	15.128	14.260	13.103	0.820
p-value	9.382×10^{-6}	1.005×10^{-4}	1.592×10^{-4}	2.948×10^{-4}	0.3652

Let $L_3^p(\alpha_{15})$ be the partial likelihood function for α_{15}, corresponding to the log-likelihood $\ell_3^p(\alpha_{15})$ given in equation (8). That is, $\ell_3^p(\alpha_{15}) = \log\big(L_3^p(\alpha_{15})\big)$. The likelihood ratio is therefore

$$\Lambda = \frac{L_3^p(\hat{\alpha}_{25})}{\sup_{\alpha_{15}} L_3^p(\hat{\alpha}_{15})} = \frac{L_3^p(\hat{\alpha}_{25})}{L_3^p(\hat{\alpha}_{15})} = \exp\big(\ell_3^p(\hat{\alpha}_{25}) - \ell_3^p(\hat{\alpha}_{15})\big)$$

$$= \left(\frac{1 + \hat{\alpha}_{25}}{1 + \hat{\alpha}_{15}}\right)^{d_{15}} \exp\left((\hat{\alpha}_{15} - \hat{\alpha}_{25}) \sum_{\substack{i: \text{all females} \\ \text{in state 1}}} \int_{u_{1,i}}^{v_{1,i}} \mu_{y_i} dy\right),$$

where d_{15}, $u_{1,i}$ and $v_{1,i}$ are as defined earlier.

Table 7 exhibits the results of the tests for different values of t_1. The critical value of the χ^2-distribution with 1 d.f. at 5% significance level is 3.84, and we find that H_0 is rejected for $t_1 = 0.5, 1, 1.5$ and 2. This validates our choice of $t_1 = 1$ in section 4.1, although we note that $t_1 = 0.5$ yields an even smaller p-value than $t_1 = 1$. Similar tests for widowers' mortality confirm that $t_2 = 1$ is acceptable.

The second validation test that we consider is a test of goodness-of-fit to the mortality data of the base Gompertz mortality distributions in equations (3), with the parameter estimates given in section 4.2. We consider males and females separately and carry out a χ^2-test, losing 2 degrees of freedom because of the Gompertz parameters. For males aged [65,90] and females aged [47,98], the null hypothesis of Gompertz mortality is not rejected at 5% significance level (p-values of 0.062 and 0.065 for males and females respectively). When we include younger and extreme older ages for males, the paucity of data and consequent small risk exposure lead to a poor fit for the Gompertz. We discuss the use of Gompertz mortality further in the next section.

4.4 Data and Modelling Issues

Before concluding this section on estimation, a number of issues concerning the data and the model that we have used are highlighted.

First, even though we have a large data set, the data is sparse at extreme ages. There is a small number of widows (906) and an even smaller number of widowers (337), which exacerbates estimation errors. This can be seen in Tables 5 and 6. For example, the standard error for α_{15} is larger than for α_{03}, the former pertaining to the mortality of recently bereaved widows and the latter to females whose partners are still alive. The standard error for α_{15} is however smaller than for α_{35}, where α_{35} concerns the mortality of recently bereaved widowers.

Secondly, we recognise that the Gompertz mortality law is idealized and is chosen for its tractability and, although the test in section 4.3 shows adequate goodness-of-fit, it is unlikely to be the best-fitting mortality model. Indeed, Ji *et al.* (2011) make a similar argument and justify their use of

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Gompertz mortality on similar grounds. Nevertheless, it is worth noting that Carriere (2000) finds that alternative distributions, such as the Weibull, have a worse fit than the Gompertz to the same data set. This is also consistent with the findings of Ji *et al.* (2011) on a four-state model that corresponds to Model *B* in section 2.3 but also includes a constant-intensity transition for the simultaneous death of both partners, in the event of a common shock such as an accident. They calibrate the Gompertz distribution to each of the 4 states separately (whereas we followed Denuit & Cornet (1999) by fitting the Gompertz distribution to all male and all female mortality data) and they find that Gompertz' law gives an adequate fit to the same data set, although Makeham's law may provide an improved fit.

Thirdly, it is worth remarking on a specific drawback of our 6-state Markov model (Model *C*), which is the jump in mortality experienced upon transition from state 1 to 2, and from state 3 to 4. It is unrealistic that there would be such an abrupt end to the broken-heart effect, with a step change in mortality after an initial bereavement period. This very issue is addressed by Ji *et al.* (2011) in work that was done concurrently with ours and on the same data set. They use a semi-Markov model, which allows the mortality of the widow(er) to be a continuous function of time elapsed since death of the spouse.

This 4-state semi-Markov model is an attractive alternative to our 6-state Markov model, but it also suffers from a number of shortcomings. For example, Ji *et al.* (2011) use a transition intensity that is exponentially declining in time since the partner's death. It does not seem very realistic to assume that the broken-heart effect declines at its fastest rate at the very time when the partner dies. The broken-heart syndrome may arguably *intensify* for a period shortly after the death of a spouse as the effects of loneliness and other factors cumulate with adverse psychological consequences (Holden *et al.*, 2010). It may be more appropriate to consider a reverse sigmoidal function, representing stagnation or very slow initial decline followed by a faster amelioration in mortality rates as recovery from bereavement progresses.

An advantage of our model is that the jump in mortality is like a step function that may indeed approximate the reverse sigmoidal shape that a post-bereavement excess mortality function might take. The broken-heart effect is likely to taper off over a much shorter time-scale than the duration of long-term life insurance products. Indeed, the analysis of Ji *et al.* (2011, Fig. 5) seems to indicate that, after one year, the excess post-bereavement mortality has almost halved for widows and completely disappeared for widowers, which is consistent with our choice of $t_1 = 1$ year in the statistical test described in section 4.3. Consequently, the smoothness of such a rapid decline may have little bearing on the pricing of long-term annuities and assurances.

A major constraint of semi-Markov models is that parameterizing them often requires considerably more data than is available. For example, in the model of Ji *et al.* (2011), a parameter is required in the exponential decay function to govern the speed of reduction of the bereavement effect. As is acknowledged by Ji *et al.* (2011), the small number of deaths among widows and widowers leads to high parameter uncertainty. Ignoring catastrophic events such as accidents that lead to simultaneous deaths, there is an implicit assumption in their model that the longer-term mortality of a widowed individual is the same as it would be if the individual's partner were alive. (That is, the exponential decay function specified by Ji *et al.* (2011) tends to 1.) This is not necessarily the case in Model *C*, where it is possible for $\mu_{25} \neq \mu_{03}$, for example. One may make allowance for this in the semi-Markov model, but only at the expense of an additional parameter for each gender, thereby compounding parameter estimation error. Another advantage of our model is therefore that it has a

minimum number of parameters, allowing for both an immediate bereavement effect (α_{15}, α_{35}) and a possible long-term bereavement effect after the initial period (α_{25}, α_{45}).

Finally, the jump in transition intensities is in fact a common feature of all Markov models that involve splitting of states. It occurs for example in demographic models for disability insurance, which are useful for estimating rates of recovery from disability (Haberman & Pitacco, 1999; Gregorius, 1993), and in Markov chain models of select mortality (Norberg, 1988; Möller, 1990).

5 Impact on Pricing and Reserving

5.1 Model Implementation

In this section, we use the models and parameter estimates previously obtained to analyze the impact of the type of dependence on the pricing and valuation of contracts which may still be in force when one of the lives dies. We investigate the following whole-life contracts:

- *Contingent assurance contracts:* a benefit of 1 is payable immediately on the death of (y), provided this happens after the death of (x). We consider three distinct premium payment arrangements: (a) *Single Premium*, (b) *Level Premium I*, which refers to a level premium payment annually in advance while both alive, and (c) *Level Premium II*, which refers to a level premium payment annually in advance while (y) is alive. We assume that, at the issue of the contract, ages are $x = 55$ and $y = 50$.
- *Joint life and survivor annuity:* a benefit of 1 p.a. is payable in arrears until either (x) or (y) dies, reducing to 0.6 p.a. after the first death and continuing while the survivor is alive. We consider a single premium payment only. We assume that, at the issue of the contract, both lives are aged 65.

The data set, that we describe in section 3 and that we use to parameterize our model in section 4, is based on annuities. Annuitant mortality is typically lighter than assurance mortality. Whilst it is fine to investigate the joint life and survivor annuity above, it is not ideal to model a contingent assurance contract based ultimately on annuitant mortality data. Nevertheless, this is the only data set that is available at present. We believe that it is valuable to consider at the very least the qualitative effects of short-term dependence in joint mortality on assurances as well as on annuities.

For both types of contracts, we calculate:

1. the premium payable, under different premium payment arrangements,
2. the state-dependent net premium provisions at several durations.

The term *provision*, commonly used in UK actuarial practice, may be interpreted synonymously with the term *reserve*. Note that when calculating provisions in state 0, i.e. when both lives are alive, we calculate the value at 0, 1, 5, 10, 15, 20 years since the start of the contract. When calculating provisions in states 1, 2, 3 or 4, i.e. when one spouse has died and the other is still alive, the time of death of the first spouse can take the values 15, 19.25, 19.5, 19.75 and 20 years (all from the start of the contract) while the provision is calculated at duration 20.

We use all three models, as described in section 2, to perform the above calculations. The models and their associated parameter values are summarized below.

- *Model A* is the Markov model with independence of the remaining lifetimes T_x and T_y. We use the Gompertz mortality functions of equation (3) in section 4.2 with estimated parameters given therein.

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Table 8. Premiums for the contingent assurance contracts

	Model *A*	Model *B*	Model *C*
Single Premium	0.11435	0.15065	0.14220
Level Premium I	0.00801	0.01041	0.00983
Level Premium II	0.00662	0.00905	0.00845

- *Model B* is the four-state model of Denuit & Cornet (1999), as displayed in Figure 1. The mortality of widow(er)s does not depend on time elapsed since spouse's death. This implies that $\alpha_{13}^* = \alpha_{15} = \alpha_{25}$ and $\alpha_{23}^* = \alpha_{35} = \alpha_{45}$. Using the data set gives parameter estimates $\hat{\alpha}_{01}^* = 0.06$, $\hat{\alpha}_{02}^* = 0.14$, $\hat{\alpha}_{13}^* = 2.01$, $\hat{\alpha}_{23}^* = 2.93$ (from Table 5 with $t_1 = \infty$, and Table 6 with $t_2 = \infty$).
- *Model C* is our extended Markov model, displayed in Figure 2. It allows the mortality of widow(er)s to depend on time elapsed since death of the spouse. We use $t_1 = t_2 = 1$ and the parameter values $\hat{\alpha}_{01} = 0.06$, $\hat{\alpha}_{03} = 0.14$ (which are obviously the same as in Model B for lives with partner alive) as well as the parameter values $\hat{\alpha}_{15} = 3.40$, $\hat{\alpha}_{25} = 1.15$, $\hat{\alpha}_{35} = 7.19$ and $\hat{\alpha}_{45} = 0.41$ (from Table 5 with $t_1 = 1$, and Table 6 with $t_2 = 1$).

For both sets of policies, we assume interest at 5% per annum.

5.2 Contingent Assurance Contracts

5.2.1 Premiums

Table 8 shows the premiums calculated for the contingent assurance contract under the three different models and for the three different premium payment patterns. Model B results in the highest premiums, followed by Model C and Model A. Dependence causes premiums for contingent assurances to be higher which is why Model A yields the lowest premiums.

Thus, ignoring dependence results in *under*-pricing by around 20% (Model A relative to either Model B or Model C). But assuming dependence that is persistent rather than short-term results in *over*-pricing by around 6% (Model B relative to Model C).

The lower premium for Model C relative to Model B is due to the lower mortality experienced by widows after a year in Model C. This effect appears to outweigh the impact of higher mortality in the first year upon entering widowhood.

5.2.2 Provisions

Table 9 gives the provisions in state 0 for contingent assurances. Note again that Model B gives the highest values, and Model A the lowest values. Our modelling shows that an insurance company which assumes independence of joint lifetimes, when they are in fact dependent in the short term, will *under*-provision for a contingent assurance by about 20% (Model A compared to Model C). And if it assumes long-term dependence, when dependence is in fact short-term, it will *over*-provision by around 4–6%. This remains true irrespective of the premium payment pattern.

In Table 10, we can view the provisions to be held at duration 20 when (*x*) has died and (*y*) is still alive. Obviously, death of the male causes the payment of the sum assured to be made with certainty. This is why the provisions in Table 10 are significantly higher than the values in Table 9.

Table 9. Provisions in state 0 for the contingent assurance contracts

	Single Premium			Level Premium I			Level Premium II		
Time	A	B	C	A	B	C	A	B	C
0	0.114	0.151	0.142	0.008	0.010	0.010	0.007	0.009	0.008
1	0.120	0.158	0.149	0.016	0.020	0.019	0.013	0.018	0.017
5	0.144	0.189	0.179	0.049	0.063	0.060	0.043	0.058	0.054
10	0.181	0.236	0.224	0.098	0.126	0.120	0.087	0.116	0.110
15	0.225	0.291	0.277	0.156	0.198	0.189	0.140	0.185	0.176
20	0.277	0.352	0.338	0.221	0.277	0.267	0.202	0.262	0.251

Table 10. Provisions at duration 20 in state 1 (Models A and B) and in state 1 or 2 (Model C) for the contingent assurance contracts

	Single Premium or Level premium I			Level premium II		
Time of death	A	B	C	A	B	C
15	0.425	0.578	0.530	0.350	0.505	0.452
19	0.425	0.578	0.530	0.350	0.505	0.452
19.25	0.425	0.578	0.532	0.350	0.505	0.455
19.5	0.425	0.578	0.534	0.350	0.505	0.457
19.75	0.425	0.578	0.536	0.350	0.505	0.460
20	0.425	0.578	0.538	0.350	0.505	0.462

Again, the independence assumption and long-term dependence assumption lead to significant under-provisioning and over-provisioning respectively, compared to short-term dependence.

The provision at duration 20 has been tabulated according to different periods elapsed since death of the spouse, i.e. spouse died 1 year ago (duration 19), 9 months ago (duration 19.25), half a year ago (duration 19.5), 3 months ago (duration 19.75), or has just died (duration 20). Model B takes no account of the time elapsed since spouse's death and the provision under Model B is therefore fixed at 0.5784. On the other hand, Model C does allow for time since death of spouse and this leads to the highest provision at duration 20 (because of the short-term nature of the dependence).

5.3 Joint Life and Survivor Annuity Contract

5.3.1 Premiums

The premiums calculated for the joint life and survivor annuity contract under Models A, B and C appear in Table 11. Recall that we only consider a single premium payment for this type of policy. If independence of coupled lifetimes is assumed instead of short-term dependence, a typical joint life and survivor annuity contract is *over*-priced by about 2.3% (Model A in comparison to Model C). On the other hand, if coupled lifetimes are assumed to be dependent in a persistent rather than transient way, this contract is *under*-priced by about 1.8% (Model B in comparison to Model C).

Model C results in a premium that is intermediate between the premiums under Models A and B, which is consistent with the results for the contingent assurance product in section 5.2.1. However,

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Table 11. Premiums for the joint life and survivor annuity contract

	Model *A*	Model *B*	Model *C*
Single premium	12.0935	11.6107	11.8232

Table 12. Provisions in state 0 for the joint life and survivor annuity contract

Time	Model *A*	Model *B*	Model *C*
0	12.0935	11.6107	11.8232
1	11.7889	11.2897	11.5043
5	10.5040	9.9431	10.1579
10	8.7804	8.1624	8.3522
15	6.9992	6.3642	6.4956
20	5.2647	4.6668	4.7136

it is now Model *A* that yields the highest premium, followed by Model *C*, then Model *B*. This conforms with intuition. The higher the degree of dependence, the more likely the event that the deaths of the two are separated by a short spell only, and therefore the shorter the expected period during which annuity instalments are payable. The higher premium for Model *C* relative to Model *B* follows from the lower mortality experienced by widows after a year in Model *C*. It appears again that this outweighs the impact of higher mortality in the first year after becoming widowed.

Reassuringly, these results mirror the results reported by Ji *et al.* (2011) when they price joint life and survivor annuities using (a) their semi-Markov model of joint lifetimes (analogous to our Model *C* above), (b) a Markov model of long-term dependence only (Model *B*), and (c) a model of independent lifetimes (Model *A*). As in our model annuity contract described in section 5.1, they also assume that the partners to whom annuities are sold are of the same age. However, they do consider a range of different ages, whereas we price annuities only for partners aged 65 (a typical retirement age). Ji *et al.* (2011) find that the model that allows for short-term dependence generates higher annuity values for younger couples, and lower values for older couples, as compared with the model with long-term dependence only. This agrees with our intuition above: older couples do not enjoy a long enough period of lower mortality after the initial bereavement period of high mortality, as predicted by the model with short-term dependence. For them, the higher mortality soon after bereavement outweighs the lower mortality experienced thereafter and their annuities are therefore cheaper than for younger couples.

5.3.2 Provisions

Table 12 gives the provisions in state 0 for the joint life and survivor annuity. Note again that Model *A* gives the highest values, and Model *B* the lowest values. Assuming independence, when short-term dependence is in fact prevalent, leads to an excess of 2–12% in the provisions whereas assuming long-term dependence leads to a shortfall of 1–2.5% in the provisions (Models *A* and *B* respectively relative to Model *C*).

In Table 13, we can view the provisions to be held at duration 20 when (*x*) has died and (*y*) is still alive. Death of one partner triggers reduced annuity payments on the life of the survivor.

Table 13. Provisions at duration 20 in state 1 (Model *A* or *B*) and in state 1 or 2 (Model *C*) for the joint life and survivor annuity contract

Time of Death	Model *A*	Model *B*	Model *C*
15	3.5497	1.8410	2.3134
19	3.5497	1.8410	2.3134
19.25	3.5497	1.8410	2.2463
19.5	3.5497	1.8410	2.1791
19.75	3.5497	1.8410	2.1120
20	3.5497	1.8410	2.0448

Table 14. Provisions at duration 20 in state 2 (Model *A* or *B*) and in state 3 or 4 (Model *C*) for the joint life and survivor annuity contract

Time of Death	Model *A*	Model *B*	Model *C*
15	2.8014	0.9782	1.6517
19	2.8014	0.9782	1.6517
19.25	2.8014	0.9782	1.5701
19.5	2.8014	0.9782	1.4905
19.75	2.8014	0.9782	1.4131
20	2.8014	0.9782	1.3378

The provisions in Table 13 are therefore lower than the values in Table 12. As before for the contingent assurance, the provision at duration 20 has been tabulated according to various periods elapsed since death of the spouse. The independence assumption (in Model *A*) and long-term dependence assumption (in Model *B*) lead to significant over-provisioning (by 53–74%) and under-provisioning (by 10–21%) respectively, compared to short-term dependence (Model *C*).

Table 14 contains the provisions arising at duration 20 when the female dies before the male. As anticipated, the provisions under Model *C* are intermediate between those of Models *A* and *B*. Model *A* indicates over-provisioning by 69–110% and Model *B* indicates under-provisioning by 26–41%, compared to Model *C*. Since male survivor mortality is higher than female survivor mortality, provisions in Table 14 are lower than those in Table 13.

As for the contingent assurance contract, the provision after the first death varies with time since the first death in Model *C* (in both Tables 13 and 14). Ignoring dependence (in Model *A*) or assuming the wrong type of dependence (long-term, in Model *B*) means not only that an insurer commits the wrong amount of capital to reserves, but in addition precludes it from managing the provision dynamically.

6 Conclusion

The traditional assumption made in life insurance about the independence of the remaining lifetimes of a couple has come under greater scrutiny recently. In this paper, we postulated that dependence between coupled lifetimes is of a short-term type. That is, the chance of dying increases after the death of a partner but then returns over time to levels closer to normal. This is commonly described as a broken-heart effect.

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To investigate this effect, we used a North American life insurance data set of 11,454 policies to which we fitted an augmented six-state Markov model. This model splits the widowed state into a recently bereaved state and an ultimately widowed state (for males and females separately). In line with previous studies, we found evidence that remaining lifetimes are statistically dependent: mortality rates increase significantly after the death of a spouse. Furthermore, we found evidence for short-term dependence: mortality rates increase after the death of a spouse, but they decrease again after about a year. This effect is stronger among widowers than among widows.

We examined the consequences of the broken-heart syndrome for life insurers by setting up two model contracts: a contingent life assurance policy, and a joint life and survivor annuity. Our modelling showed that an insurance company that sells a typical contingent life assurance contract and assumes independence of joint lifetimes, when these lifetimes are in fact dependent in the short term, charges a premium that is about 20% too low and builds up a provision that is about 20% too low. If the insurance company assumes long-term dependence, on the other hand, it will over-price by about 6% and over-provision by around 4–6%. For a typical joint life and survivor annuity, assuming independence when short-term dependence is prevalent results in over-pricing by about 2.3% and over-provisioning by around 2–12%. Assuming dependence of the wrong type (that is, long-term rather than short-term) leads to a premium that is too low by about 1.8% and provisions that are too low by 1–2.5%.

Of course, the conclusions of any statistical modelling exercise are always limited by the modelling assumptions that are made, and further modelling work is always desirable. Our conclusions, for both the assurance and annuity policies that we model, do appear to be robust to the premium payment arrangements and to typical interest rates. One area of work for the future is to model more insurance products with realistic features. For example, the joint life and survivor annuity contract that we considered in this paper is very common in the UK as part of a retirement income strategy with an element of protection for widows and widowers. It is often sold with a five-year guarantee.

Our conclusions are also limited by the data set that we used. In particular, we only had an annuitant mortality data set available and we used this to parameterize our model. We reiterate that the results described above for the contingent assurance contract must be qualified with this fact. Indeed, modelling short-term dependence requires the availability of abundant data. The research in this paper may encourage life insurers and pension providers to pool, build up and maintain large data sets involving the mortality of coupled lives. With data sets that are more extensive than the one used in this paper, it will also be possible to allow for different degrees of excess mortality of widow(er)s, for different age ranges. One could then investigate whether the impact of death of the partner is stronger at older ages, as this would usually involve relationships that have lasted longer. One could also investigate whether younger widows and widowers are more able to recover from bereavement, perhaps because they have a more extensive social network.

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