

# Effect of milk composition and coagulation traits on Grana Padano cheese yield under field conditions

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The aim of this study was to assess the effect of chemical composition, coagulation properties, pH, and titratable acidity (TA, SH°/50 ml) of vat milk on Grana Padano cheese yield (CY) under field conditions. Twelve cheese-making sessions were carried out from February to December 2009 in a dairy cooperative of Grana Padano Consortium (Italy), for a total of 96 vats of milk processed. For each vat, samples of raw milk were collected and analysed for quality traits (fat, protein, and casein contents), pH, TA, and milk coagulation properties (MCP), measured as rennet coagulation time (RCT, min), curd-firming time ( $k_{20}$ , min), and curd firmness ( $a_{30}$ , mm). Cheese yield was expressed as kilograms of cheese per 100 kg milk transformed, and was measured after 2 d of drainage. Fat, protein, and casein contents were positively and strongly correlated with CY (coefficients of correlation,  $r=0.72$ ,  $0.88$ , and  $0.84$ , respectively;  $P<0.001$ ). Coagulation properties were moderately and significantly ( $P<0.001$ ) related to CY: milk that coagulated earlier and had stronger  $a_{30}$  was associated to greater CY. Cheese yield was analysed with a model that accounted for fixed effects of cheese-making day, fat and protein content, TA, and  $a_{30}$ . Significance was found for all the effects ( $P<0.05$ ). Milk characterised by high values of  $a_{30}$  resulted in higher CY than milk with low values of  $a_{30}$ , indicating that MCP could be used as indicators of cheese-making efficiency. Future research should investigate the relationships between MCP and quality of cheese, and explore the feasibility of including MCP in multiple component milk pricing system for Grana Padano cheese production.

**Keywords:** Cheese yield, Grana Padano, milk coagulation property.

Cheese yield (CY) is an important indicator of profit for the dairy industry, as it reflects the amount of cheese obtained from a given amount of milk (Marziali & Ng-Kwai-Hang, 1986; Lucey & Kelly, 1994; De Marchi et al. 2008). Improving CY is a main objective in countries where milk is predominantly processed into cheese. This is the case of Italy that uses 70% of available milk to manufacture typical cheeses, in particular Protected designation of origin (PDO) products (European Commission, 2006). The most popular PDO cheese in Italy, with 158 326 tons produced and 16% of total milk processed, is Grana Padano (Pieri, 2010). It is a hard-textured, cooked, and long ripened cheese (at least 9 and even beyond 20 months of ripening, depending on product category) obtained from partially skimmed raw milk, and produced in North Italy (Battistotti & Corradini, 1993; European Commission, 2009).

Besides the cheese-making conditions such as the type of coagulant, cheese vat, and milk treatments, CY is determined by the protein (or casein) and fat content of milk (Lucey & Kelly, 1994), and the importance of these constituents is demonstrated by their use to predict CY as reviewed by Emmons et al. (1990). Other milk quality parameters such as pH and titratable acidity (TA), somatic cell count, and milk coagulation properties (MCP) may have a quantitatively marginal but significant effect on CY (Verdier-Metz et al. 2001).

Milk coagulation properties have been widely studied in recent years and their potential role as technological traits to improve the efficiency of dairy industry has been discussed (Ikonen et al. 2004; Cassandro et al. 2008; Jõudu, 2008; De Marchi et al. 2009). Milk that coagulates rapidly and has high firmness of the curd is expected to result in more cheese with more desirable composition and to lose less milk components in the whey compared with milk that coagulates late and has low firmness of the curd (Aleandri et al. 1989; Ng-Kwai-Hang et al. 1989; Lucey & Kelly, 1994; Martin et al. 1997; Wedholm et al. 2006). The technological

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characteristics of milk play a determinant role in defining the quality of milk destined for hard cheese production such as Grana Padano and Parmigiano–Reggiano. In Parmigiano–Reggiano cheese production, which cheese-making technology is very similar to that of Grana Padano, MCP have been considered in milk quality payment system for several years ([www.parmigiano-reggiano.it](http://www.parmigiano-reggiano.it)).

To date, most trials have been conducted in laboratory or pilot-scale plants using milk from individual cows (Ng-Kwai-Hang et al. 1989; Wedholm et al. 2006) or little amount of bulk milk (Grandison & Ford, 1986; Martin et al. 1997; Verdier-Metz et al. 2001). Only few studies dealt with milk collected in several herds and processed in commercial dairy plants (Aleandri et al. 1989; Ikonen et al. 1999), and none was conducted on Grana Padano cheese. Carrying out a trial in field conditions may better reflect the true variation of MCP of bulk milk supplied to commercial dairy factories. Therefore, the aim of this study was to assess the influence of chemical and technological quality of vat milk on CY in a commercial Grana Padano dairy plant.

## Materials and Methods

### Cheese-making

Twelve cheese-making days (8 vats for each day) were carried out in 2009 in one dairy cooperative of North Italy producing Grana Padano cheese; 4 sessions took place in February, 4 in July, and 4 in December. The production of Grana Padano cheese followed the official protocol approved by the Consortium (European Commission, 2009; Grana Padano Consortium, 2011). The day before cheese-making the milk from morning and evening milkings was collected from farms and delivered to the dairy factory. Milk was stored at 8 °C in shallow settling tanks for 12 h so that the fat could naturally rise to the surface (natural creaming). Following fat separation, the partially skimmed raw milk was drained from the bottom of the settling tanks and transferred to the copper bell-shaped vats that contain 1000 kg milk.

Cheese-making started with the addition of the natural whey starter (32 litres per vat) obtained from the spontaneous acidification of cooked whey from previous day's cheese-making. Milk was heated to 33 °C and 56 g powder calf rennet (strength, defined as the number of volumes of milk clotted by 1 volume of rennet in 40 min at 35 °C, was 1:100 000; 95% chymosin and 5% pepsin) per vat were added. The coagulation process was manually checked and the curd was broken up into small granules after 10 min from the rennet addition. The curd was then cooked by increasing the temperature from 33 to 53.5 °C in 10 min and it was agitated continuously. The broken-up curds aggregated and blended together during the so-called resting period, and deposited at the bottom of the vat. During this step the temperature was maintained at 53.5 °C and the process lasted 45 min.

The cheese mass was cut in two wheels with a specific tool, removed from the vat and placed in Grana Padano cheese moulds. The wheels were weighted (precision:  $\pm 0.01$  kg) after 2 d of drainage and placed into brine. Cheese yield was expressed as kilograms of product per 100 kg milk processed. A total of 192 wheels were produced and 96 records for CY were available.

### Laboratory analyses

Before the beginning of cheese-making, a sample of raw milk was collected directly from each vat, stored in portable refrigerator (4 °C), transferred to the milk quality laboratory of Veneto Agricoltura (Thiene, Italy), and analysed within 6 h for fat, protein, and casein contents (Combi Foss 6000 FC, Foss Electric A/S, Hillerød, Denmark), pH, TA expressed in Soxhlet–Henkel degrees [ $^{\circ}\text{SH}$  50=ml NaOH (0.25 mol/1000 ml)/50 ml milk; Crison Compact D, Crison Instruments SA, Alella, Spain], and somatic cell count (Cell Fossomatic 250, Foss Electric A/S, Hillerød, Denmark). Casein number was calculated as the ratio of casein to protein content. Somatic cell count (mean value of 71 000 cells/ml) was not considered in subsequent statistical analyses because the entire milk destined to produce Grana Padano cheese undergoes the natural creaming process which dramatically reduces the somatic cell content of milk. In fact, most of the cells are entrapped in the rising fat and thus remain within the upper cream layer. The quantity of cells removed with the fat is not related to the content of cells present in the milk prior to creaming and it depends on many factors such as temperature, creaming device, and quality of milk. Thus, the somatic cell content of vat milk is not representative of the somatic cell content of the full cream milk.

Measures of MCP of vat milk samples were obtained from the same laboratory by using a computerised renneting meter (CRM, Polo Trade, Monselice, Italy) following Dal Zotto et al. (2008) and Penasa et al. (2010). The principle of the CRM is based on the swing of a pendulum immersed in the milk container and driven by an electromagnetic field. After the addition of the clotting enzyme, coagulation takes place and the swing of the pendulum becomes smaller because of the enhanced firmness of the curd. A survey system measures differences in the electromagnetic field caused by milk coagulation: the greater the extent of coagulation, the smaller the pendulum swing. This analysis provides measurements of rennet coagulation time (RCT), defined as the interval, in minutes, from the addition of the clotting enzyme to the beginning of coagulation; curd-firming time ( $k_{20}$ ), defined as the interval, in minutes, from the beginning of coagulation to the moment the width of the graph attains 20 mm; and curd firmness ( $a_{30}$ ), defined as the width, in millimeters, of the diagram 30 min after the addition of rennet.

### Statistical analysis

Sources of variation of CY were investigated using the GLM procedure of SAS (SAS Inst. Inc., Cary, NC). Several fixed

**Table 1.** Descriptive statistics of vat milk quality traits and cheese yield (CY), and Pearson's correlations between vat milk quality traits and CY

Trait†	N	Mean	CV, %	Minimum	Maximum	Correlation with CY
Fat, g/100 g	96	2.55	6.0	2.28	2.87	0.72***
Protein, g/100 g	96	3.49	4.0	3.13	3.72	0.88***
Casein, g/100 g	96	2.67	4.8	2.33	2.92	0.84***
Casein number	96	0.765	1.8	0.729	0.787	0.26*
RCT, min	96	19.27	9.8	15.17	23.67	-0.45***
$k_{20}$ , min	83	7.88	26.2	4.20	18.40	-0.49***
$a_{30}$ , mm	96	25.73	19.1	15.00	36.00	0.51***
TA, SH <sup>o</sup> /50 ml	96	3.31	6.9	2.35	3.71	0.58***
pH	96	6.57	1.0	6.45	6.73	-0.06
CY, kg/100 kg	96	8.59	5.1	7.70	9.40	

† RCT = rennet coagulation time;  $k_{20}$  = curd-firming time;  $a_{30}$  = curd firmness 30 min after coagulant addition; TA = titratable acidity; CY = cheese yield after 2 d of drainage

\* $P < 0.05$ ; \*\*\* $P < 0.001$

effects models were tested and the final model was chosen on the basis of the significance of the factors included and the amount of variability explained by each of them:

$$y_{ijklmn} = \mu + \text{CMD}_i + \text{FAT}_j + \text{PROT}_k + \text{TA}_l + \text{CF}_m + e_{ijklmn},$$

where  $y_{ijklmn}$  is CY;  $\mu$  is the overall intercept of the model;  $\text{CMD}_i$  is the fixed effect of the  $i$ th cheese-making day ( $i = 1-12$ );  $\text{FAT}_j$  is the fixed effect of the  $j$ th class of milk fat content ( $j = 1-3$ );  $\text{PROT}_k$  is the fixed effect of the  $k$ th class of milk protein content ( $k = 1-3$ );  $\text{TA}_l$  is the fixed effect of the  $l$ th class of milk titratable acidity ( $l = 1-3$ );  $\text{CF}_m$  is the fixed effect of the  $m$ th class of curd firmness at 30 min from coagulant addition ( $m = 1-3$ ); and  $e_{ijklmn}$  is the random residual  $N \sim (0, \sigma_e^2)$ . Except for cheese-making day, classes of explanatory variables were defined according to mean  $\pm$  0.5 SD so that class 1:  $\leq -0.5$  SD, class 2: from  $-0.5$  SD to  $0.5$  SD, and class 3:  $\geq 0.5$  SD.

A multiple comparison of means was performed for the class effects of fat and protein content, TA, and  $a_{30}$  using Bonferroni's test ( $P < 0.05$ ).

## Results and Discussion

Protein and casein contents of vat milk averaged 3.49 and 2.67 g/100 g, respectively (Table 1), in agreement with findings from De Marchi et al. (2008) on vat milk destined to Grana Trentino cheese production. Fat content (2.55 g/100 g) after the process of natural creaming was optimal to produce Grana Padano cheese, as the fat to casein ratio should be comprised between 0.80 and 1.05 (Battistotti & Corradini, 1993; European Commission, 2009). Rennet coagulation time and  $a_{30}$  averaged 19.27 min and 25.73 mm, respectively (Table 1); overall, these values are worse than those previously suggested as optimal for cheese-making (Zannoni & Annibaldi, 1981; De Marchi et al. 2007; Cassandro et al. 2008), and confirm the worsening of technological properties of milk in the last years (Formaggioni et al. 2005). The coefficient of variation of quality traits were much lower than those reported earlier

**Table 2.** Results from ANOVA for cheese yield ( $R^2 = 0.905$ , RMSE = 0.153)

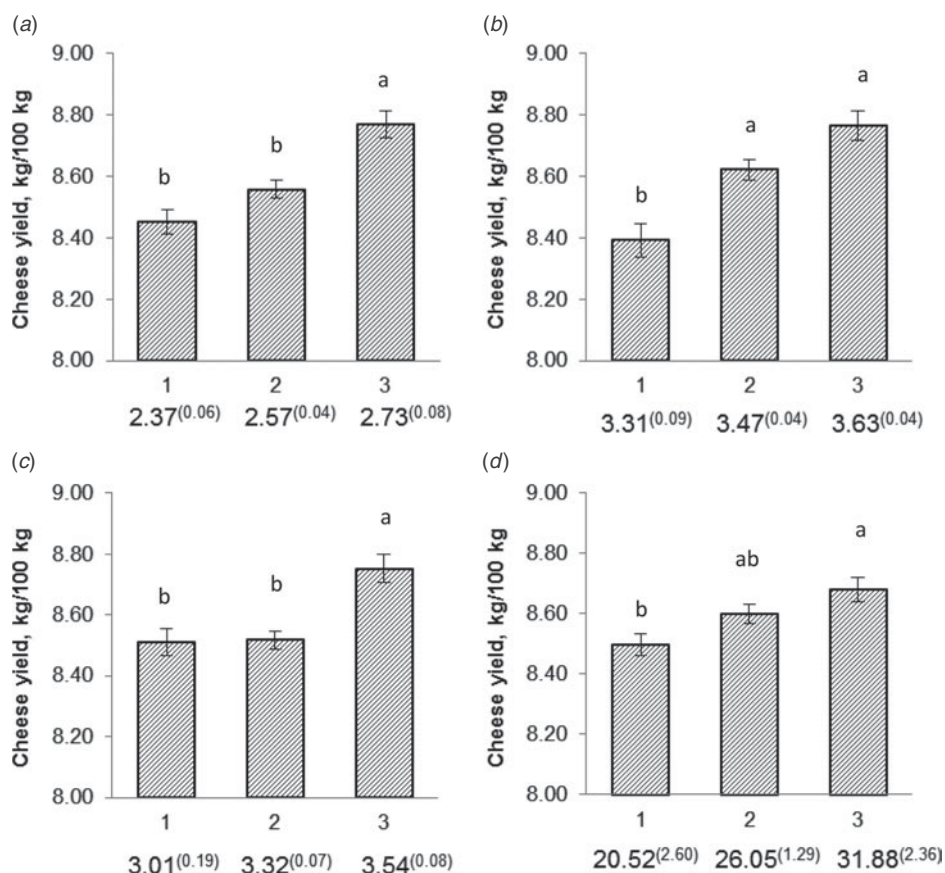
Effect†	df	Sum of squares	P-value
Cheese-making day	11	1.246	<0.0001
Fat, g/100 g	2	0.525	<0.0001
Protein, g/100 g	2	0.446	0.0002
TA, SH <sup>o</sup> /50 ml	2	0.383	0.0006
$a_{30}$ , mm	2	0.175	0.0277
Residual	76	1.770	

† TA = titratable acidity;  $a_{30}$  = curd firmness 30 min after coagulant addition

(Wedholm et al. 2006; Cassandro et al. 2008), mainly because we used vat samples whereas in the previous studies samples were from individual cows.

Cheese yield after 2 d drainage averaged 8.59 kg/100 kg and showed relatively low variation (CV = 5.1%; Table 1). The mean value from our work is consistent with those reported for Grana Padano, Grana Trentino, and Parmigiano-Reggiano cheeses (Malacarne et al. 2006; Mordenti et al. 2007; De Marchi et al. 2008), but the variability is wider.

As expected, fat, protein, and casein contents were positively and strongly correlated with CY ( $r = 0.72$ , 0.88, and 0.84, respectively;  $P < 0.001$ ; Table 1). Rennet coagulation time and  $k_{20}$  were negatively associated with CY ( $r = -0.45$  and  $-0.49$ , respectively;  $P < 0.001$ ), whereas  $a_{30}$  was positively correlated ( $r = 0.51$ ;  $P < 0.001$ ). These estimates are in agreement with previous studies; milk with shorter RCT, faster  $k_{20}$ , and higher  $a_{30}$  results in higher CY (Aleandri et al. 1989; Ng-Kwai-Hang et al. 1989; Martin et al. 1997). In the present work, all samples coagulated within 30 min and exhibited a value of  $a_{30}$ , but approximately 14% of samples did not have information on  $k_{20}$ . The positive and moderate relationship between  $a_{30}$  and CY should be carefully evaluated as high  $a_{30}$  may not be beneficial for cheese quality. As reported by Annibaldi et al. (1977) for Parmigiano-Reggiano cheese production, milk samples characterised by excessive values of  $a_{30}$  are classified as 'mediocre' as they are difficult to handle during



**Fig. 1.** Least squares means (with SE) of cheese yield after 2 d drainage across classes of (a) milk fat content, (b) milk protein content, (c) titratable acidity, and (d) curd firmness 30 min after coagulant addition. For each class the raw mean and sd are given. Levels with different letters are significantly different according to Bonferroni's test ( $P < 0.05$ )

cheese-making, and give rise to curd and cheese mass with a lower rate of syneresis (Lenoir & Schneid, 1984). Consequently, the higher CY associated with higher values of  $a_{30}$  may be the result of an excessive retention of whey in the cheese matrix. This could lead to defects in cheese throughout ripening due to anomalous fermentations or excessive demineralisation of the paste. In the current study, we did not investigate the relationship between  $a_{30}$  and cheese quality during ripening as this was not the aim, but it will be the matter of future research. Titratable acidity was positively correlated with CY ( $r = 0.58$ ;  $P < 0.001$ ), whereas no association was found between pH and CY, probably due to the low variability of pH ( $CV = 1.0\%$ ).

Most milk components and quality traits are related to each other; for example, high correlations are often reported between protein (or casein) and fat contents, or between MCP and pH (Ikonen et al. 2004; Cassandro et al. 2008) or TA (Cassandro et al. 2008). Hence, in some cases it is not possible to determine whether a correlation is causal or arises by association with other traits.

Results from ANOVA of CY are reported in Table 2. All effects included in the model were significant in explaining the variability of the trait ( $P < 0.05$ ). Cheese-making day accounted for the largest proportion of variation followed by

fat and protein contents; this was expected as seasonal variation of milk composition exists. Also, the Grana Padano production is not totally standardised and some steps of the process are still artisanal. Although MCP traits are highly correlated to each other (Ikonen et al. 2004; Cassandro et al. 2008; Pretto et al. 2011), only  $a_{30}$  resulted significant in explaining the variability of CY. Least squares means of CY across classes of fat and protein contents, TA, and  $a_{30}$  are depicted in Fig. 1. Class 1 was always significantly lower than class 3. This is true for fat and protein contents, and TA, and it is particularly interesting in the case of  $a_{30}$ : results showed that the class of  $a_{30}$  averaging 31.88 mm resulted in 20.12 kg/100 kg higher CY than the class averaging 20.52 mm.

## Conclusions

Findings from the present study demonstrated that  $a_{30}$  is associated to CY in the Grana Padano dairy industry. As expected, fat, and protein contents are the key drivers of CY, followed by TA. Milk coagulation properties have a positive impact on CY and could be used as indicators of cheese-making efficiency in the dairy industry. Future research is needed to investigate the relationships between MCP and

quality of cheese, as high values of  $a_{30}$  may lead to defects during ripening, and to evaluate the feasibility of including technological properties in multiple component milk pricing system for Grana Padano cheese production.

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