

But wait a minute; not so fast. Any pared-down, parsimonious approach to culture leaves out too much reality. The fact is that people do talk. It is one of our most prototypically human attributes. Our proclivity for communication was surely adaptive for very specific reasons that have nothing to do with the creation and perpetuation of culture (e.g., Dunbar 1996). And yet, inevitably, our tendency to talk has unintended cultural consequences. Research on *dynamic social impact* reveals how seemingly trivial acts of interpersonal communication, repeated across time and social space, create the rudimentary outlines of culture within any human population (Harton & Bourgeois 2004; Latané 1996). Other research shows that the mere act of communication influences stereotypic beliefs about the populations with which we self-identify – thus creating and perpetuating socially shared perceptions of what “our” culture is like (Kashima & Kostopoulos, in press). These and other lines of work (e.g., Boster 1991; Sperber 1990) reveal the very real and relentless role that communication plays in the creation and perpetuation of truly cultural systems of belief or behavior.

Communication is not independent of cognition, of course. Just as a purely cognitive approach to culture is too parsimonious to be true, any communication-based approach to culture is incomplete without a close consideration of the evolved cognitive mechanisms that may influence acts of communication. I suspect that the evolutionary landscape of culture will be most completely mapped by theoretical perspectives that explicitly consider the causal links between evolution, cognition, and interpersonal communication – and that chart specific ways in which communication translates evolved psychological canals into cultural beliefs.

Thus far, this kind of mapping remains rudimentary. Within the recent literature on experimental psychology, though, there are a number of intriguing findings that bear on the complex chain of events that connects evolution, cognition, communication, and culture.

For example, Schaller and Conway (1999) found that individuals' desire to impress others (a goal linked to the fundamentally adaptive need for belongingness) influenced their decisions to talk about certain kinds of topics rather than others; and these communication decisions predictably influenced the contents of emerging socially shared beliefs. Thus, the specific nature of a socially shared belief emerged as an unintended artifact of a more mercenary human motive. This group-level outcome was largely dependent on actual interpersonal communication; it was not evoked in the absence of this opportunity for unintended mutual influence.

Another example pertains to the role of emotions in predicting the popularity of “urban legends” (Heath et al. 2001). There exist hundreds of these apocryphal stories. Most are consigned quickly to the dust-bin of unpopular obsolescence, but some become well-known and linger in popular cultural memory. What predicts popularity? Heath et al. found that an urban legend becomes more popular if it more strongly triggers evolutionarily fundamental self-protective emotions, such as disgust. This process depends on interpersonal transmission. Successful stories succeed (and so become cultural) not merely because their emotional resonance makes them memorable, but because it makes them communicable.

A third – and especially promising – example explicitly marries the logical tools of evolutionary psychology to the communication-based framework of dynamic social impact theory (Kenrick et al. 2003). Some cultural systems (such as those pertaining to courtship and mating systems) are the result of a sort of implicit interpersonal negotiation between individuals with different kinds of evolved priorities. The eventual impact of evolved cognitive canals on cultural structures emerges nonlinearly, and can take on forms that are surprising from the perspective of any purely individual-level analysis of cognitive predispositions. The message of this *dynamic evolutionary psychology* is clear: The causal influence of individuals' thoughts on collective outcomes is complex and highly dynamic – and cannot be accurately predicted without models

that identify specific ways in which individuals' evolved inclinations are communicated interpersonally.

These and other examples address many different kinds of social norms and cultural belief systems. It is likely that religious beliefs too are fundamentally influenced not only by the predictable ways in which we think, but also by the predictable ways in which we talk. An evolutionary analysis of religion – and an evolutionary analysis of culture more generally – will be most complete and compelling when canals of cognition are considered in conjunction with the unstoppable consequences of communication.

Is religion adaptive?

Richard Sosis and Candace Alcorta

Department of Anthropology, University of Connecticut, Storrs, CT 06269-2176. richard.sosis@uconn.edu candace.alcorta@uconn.edu
http://www.anth.uconn.edu/faculty/sosis/

Abstract: We argue that religious ritual's ability to facilitate communication and the pervasiveness of its basic characteristics across societies, as well as its precedence in other social species, suggests that religious behavior is more than a mere by-product. Religious constructs constitute associationally conditioned mnemonics that trigger neuroendocrine responses which motivate religious behaviors. The adaptive value of these constructs resides in their utility as memorable and emotionally evocative primes.

Integrating cognitive and behavioral approaches to the evolutionary study of religion is vital to our progress in understanding religious behaviors and supernatural beliefs. We applaud Atran & Norenzayan's (A&N's) efforts toward laying the groundwork for this endeavor. Although we appreciate their theoretical and experimental contributions, we are troubled by their assertion that religious behavior is not adaptive, despite failing to test any adaptive hypotheses.

Before turning to a discussion of the adaptive nature of religion, we wish to correct A&N's claim that commitment theories cannot distinguish between secular and religious ideologies. More than 30 years ago Rappaport (1971) offered an insightful analysis of why secular rituals and ideologies were less potent at generating trust and commitment than their religious counterparts. Briefly, he argued that religious rituals provide more stable referents than those of secular rituals because religious rituals sanctify unfalsifiable postulates that are beyond the vicissitudes of examination. The ability of religious rituals to evoke enduring emotional experiences differentiates them from both animal and secular rituals and lies at the heart of their efficacy in promoting and maintaining long-term group cooperation and commitment. More recently, Sosis and colleagues' evaluation of Irons' (2001) theory of religion as a hard-to-fake signal of commitment has explicitly made use of the distinction between religious and secular groups (Sosis 2000; 2003; Sosis & Bressler 2003), including research on Israeli kibbutzim (Sosis & Ruffle 2003) that specifically evaluated the differences between “Marxism and monotheism.”

A&N's claim that religion constitutes a “converging by-product of several cognitive and emotional mechanisms that evolved for mundane adaptive tasks” (sect. 1, para. 3), is consistent with accumulating neuroscience research that suggests that a number of nuclei and cortices of the brain interact to generate the affect, cognition, and somatic states of religious belief and practice. Predominant among these are the hypothalamus, amygdala and cingulate cortex, hippocampus, and prefrontal cortex. However, the assertion that the cognitive and emotional mechanisms that produce religious behaviors did not evolve for such purposes, a position we are in agreement with, does not exclude the possibility that religious behaviors are adaptive. As Atran (2002a) has previously noted, the co-opting of pre-existent structures for novel solutions to ecological challenges is a hallmark of evolutionary adaptation.

Religion's reliance on structures originally evolved for different tasks is evolutionarily parsimonious and parallels numerous other adaptations, such as the co-opting of insulating bird feathers for flight. Both the ubiquity and ritual commonality of religions across cultures indicate that religion is more than a mere by-product. Religious ritualized behavior has its roots in adaptive solutions to inherent problems of communication in all social species (Sosis & Alcorta 2003). Ritual behaviors, from mating displays to greeting rituals, constitute adaptations that facilitate coordination, cooperation, and conflict resolution among conspecifics. Religious ritual represents a uniquely human adaptation for conspecific communication intimately interconnected with the evolution of symbolic systems. Like nonhuman rituals, religious rituals arouse attention, heighten emotion, allow assessment, and trigger appropriate neuroendocrine responses in conspecifics (whether affiliative, submissive, or aggressive). We suspect that these components of ritual are adaptive, and the calculus of selection has operated on ritual behaviors no differently than other behavioral patterns. In the case of human religious ritual, however, the priming noted by A&N through adolescent rites of passage is critical for associating ritually evoked emotions with symbolic systems and establishing how the costs and benefits of ritual behavior are assessed. There is likely to be a positive relationship between environmental stress and ritual participation, which would increase adrenergic activation and belief in the tenets of the rituals performed, although we are unaware of studies that directly test this claim.

It is noteworthy that Cahill et al.'s (1994) experiments, which A&N discuss, explicitly tested impacts on memory of neuroendocrine function rather than mental constructs. It is likely that anything eliciting pronounced neuroendocrine responses in the individual will have memory-boosting effects. Thus, frightening and physically painful ordeals, such as those endured in rites of passage, will impact memory and belief. Therefore, anxieties may not have to be existential; indeed, existential anxieties may have their genesis in early social and/or physical experiences. It is the conditioning of the neuroendocrine response with the associated symbol or belief that gives the *religious* its emotional power. Why does this so frequently take the form of supernatural agents? Evolved mental domains no doubt pattern this, as A&N argue. Rappaport (1999) has noted that the polarization of such agents into gods and demons, and the attribution of impossible powers render them more memorable and emotionally evocative. However, it is important to note that the particular supernatural agents existent within religious systems are not arbitrary, but reflect the particular social landscape of the cultures in which they exist, as noted by Durkheim (1912/1995) and supported by Swanson (1960). Whether deities are animal totems, clan ancestors, or hierarchical moralizing gods is dependent upon the social environment inhabited. This suggests that religions, and the emotions they evoke as a result of ritual conditioning, serve to regulate social interactions among conspecifics in relation to resources (whether mates or territories), just as ritualized displays do in other species.

A&N clearly explain how cognitive adaptations channel the conceptual landscape of religions. Their tests provide valuable evidence that some constructs are more memorable than others and have greater cultural transmissibility. The main flaw, however, is in A&N's assumption that the conceptual landscape constitutes the core of religion. While they discuss the importance of emotional verification of religious concepts, and note the centrality of emotionally eruptive existential anxieties in the motivation of supernatural beliefs, they assume the primacy of religious *concepts* in directing behaviors. If one assumes, however, that such concepts constitute highly memorable, socially relevant, and developmentally primed *triggers* for conditionally associated neuroendocrine responses, then the adaptive value of religion as a mechanism for the regulation of both in- and out-group social interactions becomes much clearer. The constructs, themselves, constitute associationally conditioned mnemonics that trigger neuroendocrine responses which motivate behaviors. Thus, the

adaptive value of these constructs resides in their utility as memorable and emotionally evocative primes. As A&N demonstrate through their experiments, minimally counterintuitive beliefs and belief sets that are mostly intuitive, combined with a few minimally counterintuitive ones, "grab attention, activate intuition, and mobilize inference in ways that greatly facilitate their mnemonic retention, social transmission, cultural selection, and historical survival" (sect. 4, last para.).

This perspective explains how religion promotes in-group trust and commitment through common ritual participation regardless of the particular belief system, how it patterns in-group social interactions specific to particular forms of social organization, and how it directs out-group sentiments and beliefs. Far from being an evolutionary by-product, religion constitutes a uniquely human form of ritualized display that not only regulates social interactions, but also promulgates social cohesion and provides the foundation for social transmission of culture.

Agency, religion, and magic

Dan Sperber

Institut Jean Nicod, CNRS, EHESS, and ENS, 7500 Paris, France.
dan@sperber.com <http://www.dan.sperber.com>

Abstract: Atran & Norenzayan (A&N) ask: "Why do *agent* concepts predominate in religion?" This question presupposes that we have a notion of religion that is (1) well enough defined, and (2) characterized independently of that of supernatural agents. I question these two presuppositions. I argue that "religion" is a family resemblance notion built around the idea of supernatural agency.

It is very gratifying to see the kind of cognitive and epidemiological approach to culture and to religion in particular that I had long been advocating (Sperber 1985) developing in such fruitful ways in the work of Pascal Boyer (1994; 2001), of Scott Atran (2002a), and in the present article by Atran & Norenzayan (A&N). There are many cognitive issues worth discussing here, but in this commentary, I will focus on an anthropological issue.

A&N ask: "Why do *agent* concepts predominate in religion?" (sect. 1, their emphasis). This question presupposes that we have a notion of religion that is (1) well enough defined, and (2) characterized independently of that of supernatural agents. I want to question these two presuppositions.

Today, most anthropologists would agree that "religion" is a polythetic or "family resemblance" notion (Needham 1975) under which it may be convenient to lump together a wide variety of related phenomena, but it is not a natural kind category calling for a unified theory. Laymen and earlier anthropologists who have thought otherwise may have been unduly influenced by the case of centralized religious organization such as Christian churches, where, or so it seems, everything religious is codified and organized in an integrated way, and where individuals *belong* to a given Church and *have* a given religion to the exclusion of others. With its organization, integration, inclusiveness, and insistence on faith, Christianity (or, for that matter, Judaism or Islam) is far from being a good model or a paradigmatic case of religion as found across cultures. Let me illustrate the point with the case of the Dorze of Southern Ethiopia, among whom I did my fieldwork. If asked what their religion was, Dorze would answer that they were Christians, referring to the Ethiopian Orthodox Church, and indeed they had Christian churches and priests, and followed Christian rituals. However, since no Dorze word could, even approximately, translate "religion," you had, in order to ask the question "What is your religion?," to resort to Amharic, the dominant language of Ethiopia, and use the word *haymanot*, which denotes faith-based integrated religions such as Christianity and Islam. The Dorze answer, "We are Christian," was sincere, reasonably accurate, politically prudent, and profoundly misleading. At the same time as