

## Behavioural Psychotherapy: Editorial Statement

*Behavioural Psychotherapy* is an international multidisciplinary journal for the publication of original research, of an experimental or clinical nature, that contributes to the theory, practice and evaluation of behaviour therapy. As such, the scope of the journal is very broad, and articles relevant to most areas of human behaviour and human experience, which would be of interest to members of the helping and teaching professions, will be considered for publication.

As an applied science, the concepts, methodology and techniques of behavioural psychotherapy continue to change. The journal seeks both to reflect and to influence those changes.

While the emphasis is placed on empirical research, articles concerned with important theoretical and methodological issues as well as evaluative reviews of the behavioural literature are also published. In addition, given the emphasis of behaviour therapy on the experimental investigation of the single case, the Clinical Section of the journal publishes case studies using single case experimental designs. For the majority of designs this should include a baseline period with repeated measures; in all instances the nature of the quantitative data and the intervention must be clearly specified. Exceptionally, the journal will consider case studies where, although the interventions have not been experimentally evaluated, the treatment approach and/or problem dealt with is considered to be of particular importance *and* clear indicators of change are provided.

The following types of articles are suitable for *Behavioural Psychotherapy*:

1. Reports of original research employing experimental or correlational methods and using within or between subject designs.
2. Review or discussion articles which are based on empirical data and which have important new theoretical, conceptual or applied implications.
3. Brief reports and systematic investigations in single cases employing innovative techniques and/or approaches.

Articles should concern original material which is neither published nor under consideration for publication elsewhere.

### Accelerated Publication Section

In order to respond to rapid developments in the field, the journal includes an accelerated publication section. Articles accepted in this section will appear in the first possible issue of the journal, usually 3–6 months from receipt by the editors.