

Leukogram and cortisol parameters in Swiss mice experimentally infected with *Angiostrongylus costaricensis*

Research Paper

Cite this article: Benvegnú E, Hermes CC, Guizzo JA, Soares SM, Costa MM, Rodríguez R, Frandoloso R, Vieira MIB (2021). Leukogram and cortisol parameters in Swiss mice experimentally infected with *Angiostrongylus costaricensis*. *Journal of Helminthology* **95**, e40, 1–8. <https://doi.org/10.1017/S0022149X21000341>

Received: 1 April 2021


Accepted: 9 July 2021

Keywords:

Abdominal angiostrongyliasis; anaemia; cortisol; cytokines; histopathology

Author for correspondence:

M.I.B. Vieira, E-mail: marisabel@upf.br

E. Benvegnú¹, C.C. Hermes¹, J.A. Guizzo², S.M. Soares³, M.M. Costa¹, R. Rodriguez⁴, R. Frandoloso¹ and M.I.B. Vieira¹ 

¹Postgraduate Program on Bioexperimentation, University of Passo Fundo (UPF), Campus I, BR 285, Bairro São José, Passo Fundo, Rio Grande do Sul 99052-900, Brazil; ²Postgraduate Program on Veterinary Medicine, Federal University of Santa Maria, Santa Maria 97105-900, Brazil; ³Postgraduate Program on Pharmacology, Federal University of Santa Maria, Santa Maria 97105-900, Brazil and ⁴Pathology Institute of Passo Fundo, Rua Teixeira Soares 885, Centro, 99010-08 Passo Fundo, Brazil

Abstract

This study describes changes in haematological parameters, cytokine profile, histopathology and cortisol levels in Swiss mice experimentally infected with *Angiostrongylus costaricensis*. Twenty-eight Swiss mice were divided into two groups (G1 and G2) of 14 animals each. In each group, eight animals were infected orally with ten third-stage larvae of *A. costaricensis* and six were used as a control group. The mice of groups G1 and G2 were sacrificed 14 and 24 days after infection, respectively. Samples were collected for histopathological and haematological analyses and determination of the cytokine profile and cortisol levels. Granulomatous reaction, eosinophilic infiltrate and vasculitis in the intestinal tract, pancreas, liver and spleen were observed with varying intensity in infected animals. Our results showed that the mice developed normocytic and hypochromic anaemia, and that the histopathological lesions caused by the experimental infection influenced increases in cortisol, neutrophil and monocyte levels. In addition to this, we detected increased interleukin-6 and tumour necrosis factor alpha levels in the infected animals.

Introduction

The nematode *Angiostrongylus costaricensis* causes abdominal angiostrongyliasis (AA), a zoonotic disease with reported occurrences extending from North America to subtropical regions of South America (Morera *et al.*, 1983; Rambo *et al.*, 1997; Kramer *et al.*, 1998; Incani *et al.*, 2007; Rodriguez *et al.*, 2008). Its intermediate hosts are terrestrial molluscs and its definitive hosts are rodents, while humans may be accidental hosts (Morera & Céspedes, 1971; Graeff-Teixeira *et al.*, 1991). The pre-patent period of this nematode lasts for about 24 days and the females of the parasite begin to perform oviposition around the 15th day after infection (Mota & Lenzi, 2005).

The definitive diagnosis of AA is based on identification of worms, eggs or larvae through histopathological evaluation (Graeff-Teixeira *et al.*, 1991). In addition, haematological tests serve as an aid in the diagnosis, through findings of leukocytosis, eosinophilia and anaemia (Rodriguez *et al.*, 2008; Romero-Alegria *et al.*, 2014). Characteristic histopathological findings of the disease include acute pancreatitis as an important alteration. This is a form of inflammation that affects the exocrine system of the pancreatic parenchyma, and it may range in severity from mild to severe (Singh *et al.*, 2016; Hermes *et al.*, 2020).

Parasitic infections generally give rise to increased eosinophil counts and modulate a T-helper 2 response in which immunoglobulin (mainly immunoglobulin E [IgE]) and pro-inflammatory cytokines are secreted (Moreau & Chauvin, 2010). These play an important role in infection control, because they orchestrate the innate immune response (Paim *et al.*, 2011). This consists especially of interleukins 6 and 12 (IL-6 and IL-12) (Fernando *et al.*, 2014), tumour necrosis factor alpha (TNF- α) (Körner *et al.*, 2010) and interferon gamma (IFN- γ) (Green *et al.*, 2013; Inoue *et al.*, 2013). Another characteristic of inflammatory processes is an increase in cortisol levels: this parameter is used to ascertain stress levels in response to stressful agents (María *et al.*, 2004). Higher cortisol levels facilitate proliferation of parasites in their hosts (Maswoswe *et al.*, 1985; Escobedo *et al.*, 2005).

Although macroscopic and microscopic lesions due to experimental infection by *A. costaricensis* in mice have already been described, there are no reports on the effects of these lesions on blood count, cortisol and cytokine parameters. Therefore, our objective was to evaluate the relationship between histopathological lesions and the cytokine, cortisol and blood count levels in infections caused by *A. costaricensis*.

Materials and methods

Animals

Twenty-eight male Swiss mice, from the Animal Laboratory of the Institute of Biological Sciences of the University of Passo Fundo (UPF), located in the city of Passo Fundo, in the state of Rio Grande do Sul (RS), Brazil, were used in this study. The animals were kept in special cages where they received water and commercial food (Nuvilab®, Canguiri, Colombo-PR, Brazil, www.quimtia.com), *ad libitum*, under ideal temperature ($23 \pm 2^\circ\text{C}$) and light conditions (light/dark cycles of 12 h each). This study followed the ethical standards of the relevant national and institutional guidelines for the care and use of laboratory animals and this research protocol was approved by the UPF Committee on Animal Research Ethics (034/2016).

Isolation of *A. costaricensis* larvae

Isolates of *A. costaricensis* were obtained from *Biomphalaria glabrata* snails from the Parasitology Laboratory of the Pontifical Catholic University of RS, Brazil. Soon after obtaining third-stage larvae (L3), the cycle was maintained at the Animal Laboratory of the Institute of Biological Sciences, UPF, using Swiss mice as definitive hosts and terrestrial molluscs (*Phyllocaulis* sp.) as intermediate hosts. The L3 were obtained using the methodology described by Bender *et al.* (2003), through euthanasia and digestion of molluscs in 0.03% pepsin solution and 0.07% hydrochloric acid.

Experimental design

The 28 animals were separated into two homogenous groups (G1 and G2; $n = 14$ each), in which each group had eight infected animals and six control animals (non-infected). The experimental infection was performed by means of oral gavage, and an infecting dose of ten L3 per animal was used. The animals were euthanized at 14 days post infection (dpi) (G1) and 24 dpi (G2), and samples were collected at the time of euthanasia.

Samples

Blood samples were collected in the mornings, at the same time (starting at 07:30), by means of intracardiac puncture, with the animals under sedation with isoflurane (Isoforine®, Itapira, São Paulo, Brazil, <https://cristalia.com.br/>). In order to perform haematological analyses, blood was collected in tubes containing ethylenediamine tetra-acetic acid. On the other hand, the cortisol and cytokine levels were analysed using serum obtained from total blood collected in 1.5 ml tubes that was centrifuged at 2500 rpm for five minutes. The samples were stored at -70°C until use.

Blood count

A blood aliquot was taken using a microcapillary tube in order to perform a microhematocrit test and make a blood smear for a leukocyte differential count. The microcapillary tubes were sealed by means of heat, centrifuged at 10,000 rpm for 5 min and read using a reader card. The erythrocyte, leukocyte and platelet counts, and the haemoglobin determination were done in an automated haematological analyser (pochH-100iV Diff®, Sysmex do Brasil Indústria e Comércio Ltda, São Paulo, Brazil, www.sysmex.com.br). The erythrocyte indices (mean corpuscular volume

(MCV); and mean corpuscular haemoglobin concentration (MCHC)) were calculated as described by Jain (1986).

Cortisol determination

Cortisol concentration was determined with a commercially available enzyme-linked immunosorbent assay (ELISA) kit (EIAgen™Cortisol Test, <https://www.arborassays.com/product/k003-h-cortisol-eia-kit/>; BioChem ImmunoSystems, LEAC Lab, LEAC Produtos para Pesquisa Científica LTDA, Brazil, www.leac-lab.com.br) following the manufacturer's instructions. Plates were read at 450 nm using a Synergy HI plate reader (Bio-Tek, USA, <https://www.biotek.com/>). The range and detection limits for the cortisol assay was 0 to 60 $\mu\text{g}/\text{dl}$.

Histopathology

A necropsy was performed. All organs (lungs, heart, kidneys, liver, spleen and digestive tract) were fixed in 10% buffered formalin for 24 h, to prevent decomposition, after which they were embedded in paraffin and sectioned in a microtome (at a thickness of 5 μm) for microscopic analysis. The slides were stained with haematoxylin and eosin, and analysed under an optical microscope (Junqueira & Carneiro, 1995). The following aspects were investigated: infarction; presence of parasites (larvae, adults and eggs); mild (focal), moderate (multifocal) or severe (diffuse) eosinophilic infiltrate; mild (focal), moderate (multifocal) or severe (diffuse) granuloma formation; mild (focal), moderate (multifocal) or severe (diffuse) vasculitis; thrombosis; pancreatitis; and bronchopneumonia. The lesions were subjectively evaluated by an observer who was blinded to their intensity. The eosinophilic infiltrate, granulomatous reaction and vasculitis were graded according to intensity, as follows (Fan *et al.*, 2003): absent (0); mild/focal (1+); moderate/multifocal (2+); or severe/diffuse (3+).

Cytokine detection

To understand whether the infection process was capable of modulating the release of proinflammatory cytokines, a flow cytometric assay for cytokine determination was performed. The proinflammatory cytokine profile (IL-6, IL-12p70, IFN- γ and TNF- α) was determined using the BD™ Cytometric Bead Array (CBA) kit for mouse inflammation (BD Biosciences, San Jose, CA, USA, <https://www.bdbiosciences.com/en-us>). The dilution of serum samples, as well as the cytometer setup and data evaluation, were performed following the manufacturer's instructions.

Statistical analysis

To compare the groups (non-infected vs. G1; non-infected vs. G2), the normality of distribution and homoscedasticity of the variables haematocrit, total erythrocytes, haemoglobin, MCV, MCHC and total plasma protein were confirmed through the Shapiro–Wilk and Levene tests, respectively. Thus, these variables were analysed through the *t*-test for independent samples. The other variables, which did not present normal distribution (TNF- α , IFN- γ and IL-6), were analysed using the Mann–Whitney U test. The qualitative variables were organized into contingency tables, and the relative and/or absolute frequencies were obtained from descriptive statistics. To explain the effects of lesions and cytokine levels on cortisol, neutrophil and monocyte values (14 and 24 dpi), generalized linear models (GLMs) were

used and the normality of the response variables was analysed. Thus, at 14 dpi, the influence of predictor variables on cortisol, neutrophil and monocyte levels was proposed from a GLM with gamma distribution for each response variable. At 24 dpi, the influence of predictor variables on cortisol and monocyte levels was proposed from a GLM with gamma distribution, while for neutrophils, a GLM with linear distribution was proposed.

Given the large number of explanatory variables in each model, they were selected through their *t*-values if these values presented significant differences and if the model with this variable was significantly better than the model without it. Thus, to select the best models, they were subjected to model simplification using the Akaike's Information Criterion corrected for small sample size (AICc) (Hurvich & Tsai, 1989; Burnham *et al.*, 2011; Symonds & Moussalli, 2011). The data were considered significantly different with a probability (*P*) of less than 5%. The *R* statistical package (R Core Team, 2014) was used for the statistical analyses and the GraphPad Prism software, version 7.01 (<https://www.graphpad.com/scientific-software/prism/>), was used to make the graphs.

Results

Macroscopic and microscopic findings

At necropsy, we found macroscopic changes in the liver and spleen. The infected group at 24 dpi presented spleen infarction (37.5%) and hepatic nodules were identified in both infected groups (28% at 14 dpi and 62.5% at 24 dpi). Changes in the pancreas such as pancreatitis were observed both times, through the kinetics of the infection (37.5% at 14 dpi and 75% at 24 dpi). At 24 dpi, 62.5% of the mice had eosinophilic infiltrate, in addition to granuloma, vasculitis, thrombi and necrosis. All animals

Table 1. Eggs and larvae in pancreas, liver and spleen in mice experimentally infected with *Angiostrongylus costaricensis* (14 dpi and 24 dpi).

| Variable | Eggs and larvae | G1 | | G2 | | <i>P</i> |
|----------|-----------------|----------|------|----------|------|----------|
| | | <i>n</i> | % | <i>n</i> | % | |
| Pancreas | Absent | 8 | 100 | 3 | 37.5 | <0.05 |
| | Mild | 0 | 0 | 4 | 50.0 | |
| | Moderate | 0 | 0 | 1 | 12.5 | |
| | Severe | 0 | 0 | 0 | 0 | |
| Liver | Absent | 7 | 87.5 | 0 | 0 | <0.01 |
| | Mild | 1 | 12.5 | 4 | 50.0 | |
| | Moderate | 0 | 0 | 3 | 37.5 | |
| | Severe | 0 | 0 | 1 | 12.5 | |
| Spleen | Absent | 8 | 100 | 4 | 50.0 | <0.01 |
| | Mild | 0 | 0 | 3 | 37.5 | |
| | Moderate | 0 | 0 | 0 | 0 | |
| | Severe | 0 | 0 | 1 | 12.5 | |

in G2 (24 dpi) had eggs and larvae in different organs (table 1) indicating the patent infection.

Cytokines

Significantly higher plasma IL-6 levels were observed in the animals infected with *A. costaricensis* than in the control animals (fig. 1a). The infected animals at 14 dpi presented an IL-6 level of 23.2 pg/ml; and at 24 dpi, 10.6 pg/ml. These levels were 20

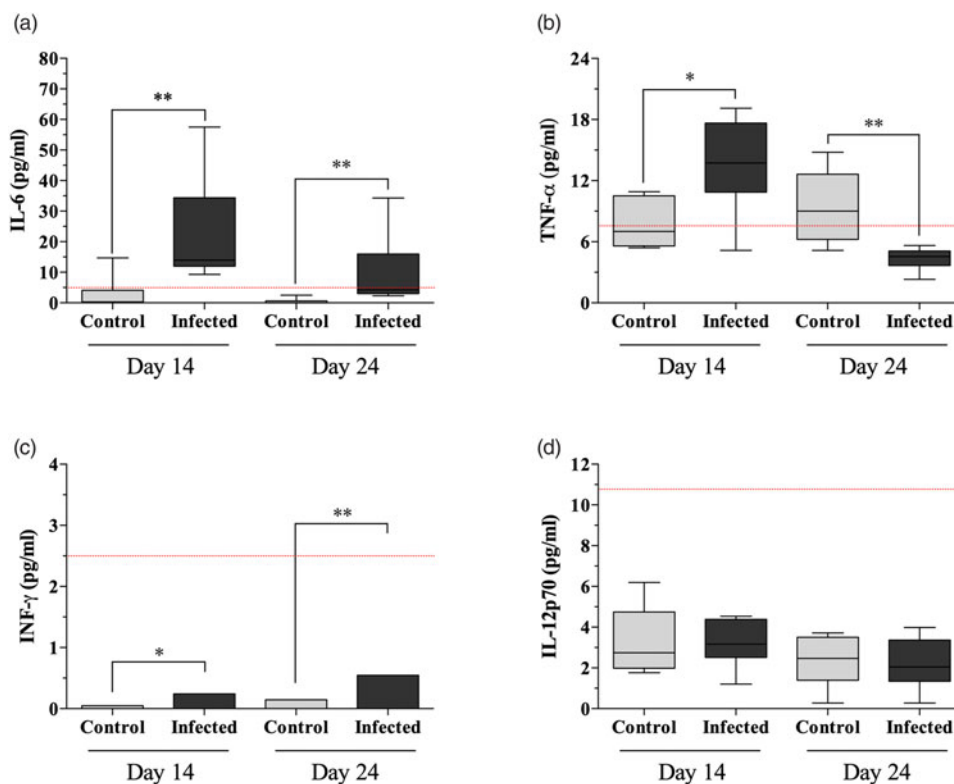


Fig. 1. Proinflammatory cytokine profile induced by *Angiostrongylus costaricensis* in mice. Serum concentrations of IL-6 (A), TNF- α (B), IFN- γ (C) and IL-12p70 (D) were assessed in mice experimentally infected with *A. costaricensis*. The data are expressed as mean \pm standard deviation. Asterisks indicate statistically significant differences (**P* < 0.05 and ***P* < 0.01). The red dotted line indicates the minimum quantifiable levels of IL-6 (5 pg/ml), IL-12p70 (10.7 pg/ml), IFN- γ (2.5 pg/ml) and TNF- α (7.3 pg/ml) based on standard curves of the BD CBA Mouse Inflammatory Kit.

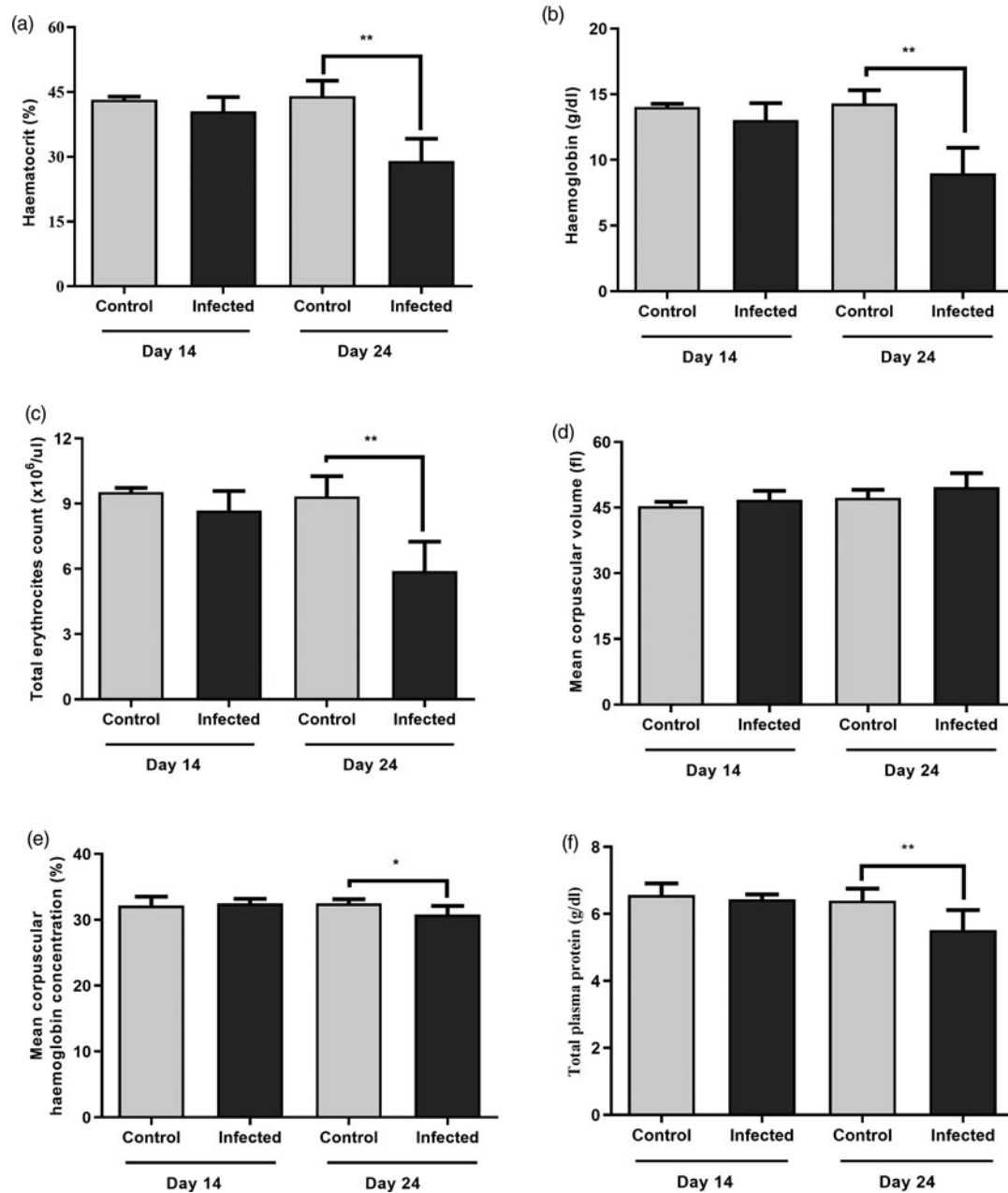


Fig. 2. Haematocrit analysis (A), haemoglobin (B), total erythrocyte count (C), mean corpuscular volume (D), mean corpuscular haemoglobin concentration (E) and total plasma protein (F) in mice experimentally infected with *Angiostrongylus costaricensis*, expressed as mean \pm standard deviation. Asterisks indicate statistically significant differences (* $P < 0.05$ and ** $P < 0.01$).

times higher than the IL-6 levels of the control group: at 14 dpi, 2.6 pg/ml; and at 24 dpi, 0.4 pg/ml. All the infected animals had higher TNF- α levels than those of the non-infected animals at 14 dpi (infected: 13.5 pg/ml; control: 7.3 pg/ml). On the contrary, and curiously, at 24 dpi the TNF- α levels found in the control animals were significantly higher than those in the infected animals (infected: 4.2 pg/ml; control: 9.4 pg/ml) (fig. 1b). The levels of IFN- γ (fig. 1c) detected in infected animals (G1: 0.2 pg/ml; G2: 0.5 pg/ml) were two to three times higher than the ones found in the control animals (G1: 0.1 pg/ml; G2: 0.1 pg/ml). Lastly, there was no differences in the levels of IL-12 between infected and non-infected animals (fig. 1d).

Haematological parameters

Considering the haematocrit, haemoglobin and total erythrocyte in the infected animals of G2 (24 dpi), we observed a decrease in the numbers when comparing to the control groups (fig. 2a-c). The same was observed for CHCM and total plasmatic protein (fig. 2e-f). There was no difference in the MVC of haemoglobin among groups (fig. 2d).

Cortisol parameters

The cortisol analysis was included in this study because this hormone can interfere in the normal activity of the immune system.

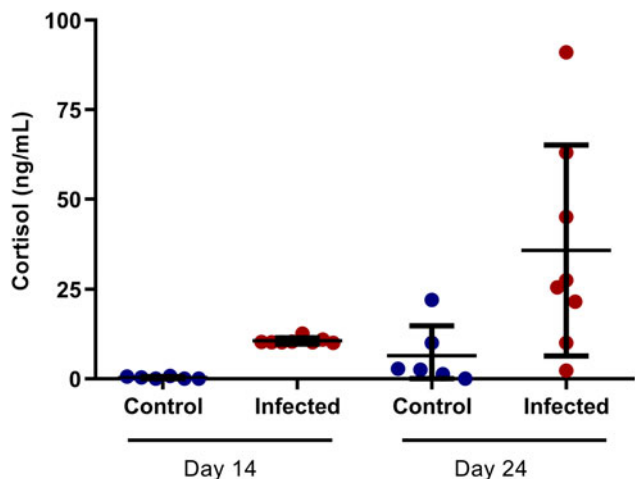


Fig. 3. Cortisol analysis in mice experimentally infected with *Angiostrongylus costaricensis* (14 dpi and 24 dpi).

The serological quantification of cortisol showed a significant increase of this molecule in G1 and G2 animals when compared to their control groups (fig. 3).

The specificity of the test was evaluated by examining the extent of the parallelism between the standard curve for human cortisol concentrations and the curve of a series of dilutions of the plasma samples in phosphate buffered saline (PBS) (pH 7.4). The results of linear-regression testing indicated the existence of a high positive correlation ($R^2 = 0.9818$) between the curves, with inter- and intra-assay coefficients of variation that ranged from 9% to 12% and 6% to 9%, respectively.

Predictive models for cortisol, neutrophil and monocyte levels

For day 14, the model that was proposed for explaining the changes in neutrophil values ($AIC_c = 189.2$; difference in AIC_c values of the best model ($dAIC_c$) = 0.00; model weight = 0.47) was able to explain 49% (Nagelkerke *R*-square). In this, the predictor variables of intestinal vasculitis and IL-6 positively corroborated the increase in neutrophil level (table 2). Intestinal vasculitis promoted an increase of 735.50 neutrophils/ μ l. Moreover, an increase in IL-6 of 1 pg/ml promoted an increase of 44.18 neutrophils/ μ l. Also, the model proposed for explaining

Table 3. Result of the generalized linear models (GLMs) with gamma (14 dpi) and linear (24 dpi) distribution in relation to the predictor variables that influenced the monocyte levels in mice infected with *Angiostrongylus costaricensis*.

| GLM gamma for monocytes level in 14 dpi | | | | |
|---|----------|------------|---------|---------|
| Coefficients | Estimate | Std. Error | t-value | P-value |
| Intercept | 81.90 | 28.41 | 3.235 | 0.008 |
| Pancreatitis | 538.10 | 436.35 | 1.233 | 0.246 |
| GLM gamma for monocytes level in 24 dpi | | | | |
| Intercept | 129.64 | 31.91 | 4.062 | <0.001 |
| Bronchopneumonia | 219.03 | 68.93 | 3.177 | 0.008 |

the changes in monocyte values ($AIC_c = 147.9$; $dAIC_c = 0.00$; model weight = 0.72) was able to explain 53% (Nagelkerke *R*-square). The predictor variable of pancreatitis had a positive influence on the model, since the presence of pancreatitis promoted an increase of 538.10 monocytes/ μ l (table 3). Lastly, changes in cortisol levels ($AIC_c = 110.2$; $dAIC_c = 0.00$; model weight = 0.58) were able to explain 62% (Nagelkerke *R*-square) in the proposed model. The presence of intestinal vasculitis was responsible for the addition of 15.97 ng/ml of cortisol, in the same way that the presence of eosinophilic infiltrates in the intestine provided an increase in cortisol of 14.08 ng/ml (table 4).

On day 24, the explanation model proposed for the changes in neutrophil values ($AIC_c = 209.6$; $dAIC_c = 0.00$; model weight = 0.86) was able to explain 92% (Nagelkerke *R*-square). The predictor variables of bronchopneumonia and pancreatitis positively influenced the increase in neutrophil levels. The presence of bronchopneumonia gave rise to an increase of 790.50 neutrophils/ μ l, while the presence of pancreatitis gave rise to an increase of 1638.10 neutrophils/ μ l (table 2). The model proposed for changes in monocyte values ($AIC_c = 176.5$; $dAIC_c = 0.00$; model weight = 0.39) was able to explain 45% (Nagelkerke *R*-square). The presence of bronchopneumonia gave rise to an increase of 219.03 monocytes/ μ l (table 3). Lastly, the model proposed for changes in cortisol levels ($AIC_c = 86.7$; $dAIC_c = 0.40$; model weight = 0.42) was able to explain 74% (Nagelkerke *R*-square). The presence of pancreatic necrosis gave rise to an increase in cortisol level of 12.75 ng/ml. Likewise, the presence of vasculitis provided an increase in cortisol level of 8.62 ng/ml (table 4).

Table 2. Result of generalized linear models (GLMs) with gamma (14 dpi) and linear (24 dpi) distribution in relation to the predictor variables that influenced the levels of neutrophils in mice infected by *Angiostrongylus costaricensis*.

| GLM gamma for neutrophils level in 14 dpi | | | | |
|--|----------|------------|---------|---------|
| Coefficients | Estimate | Std. error | t-value | P-value |
| Intercept | 279.07 | 108.95 | 2.562 | 0.031 |
| Intestine vasculitis | 735.50 | 1174.20 | 0.626 | 0.547 |
| IL-6 | 44.18 | 24.20 | 1.826 | 0.101 |
| GLM linear for neutrophils level in 24 dpi | | | | |
| Intercept | 696.10 | 113.60 | 6.129 | <0.001 |
| Bronchopneumonia | 790.50 | 210.30 | 3.759 | 0.003 |
| Pancreatitis | 1638.10 | 174.40 | 9.394 | <0.001 |

IL-6, interleukin-6.

Table 4. Result of generalized linear models (GLMs) with gamma distribution (14 dpi and 24 dpi) in relation to the predictor variables that influenced cortisol levels in mice infected with *Angiostrongylus costaricensis*.

| GLM gamma for cortisol level in 14 dpi | | | | |
|--|----------|------------|---------|---------|
| Coefficients | Estimate | Std. error | t-value | P-value |
| Intercept | 3.96 | 2.42 | 5.771 | <0.001 |
| Intestinal vasculitis | 15.97 | 13.31 | 1.201 | 0.255 |
| Intestinal eosinophilic infiltrate | 14.08 | 6.87 | 2.050 | 0.065 |
| GLM gamma for cortisol level in 24 dpi | | | | |
| Intercept | 1.27 | 1.03 | 10.947 | <0.001 |
| Pancreatic necrosis | 12.75 | 5.47 | 2.329 | 0.040 |
| Pancreatic vasculitis | 8.62 | 3.17 | 2.706 | 0.020 |

Discussion

Based on our experimental design, it was possible to evaluate the influence of cytokines and histopathological lesions on cortisol levels and leukogram parameters in animals with experimentally induced AA. We highlight the importance of this research, as it has provided the first description of these parameters at 24 dpi, the length of time taken by the parasite to complete its life cycle (Mota & Lenzi, 2005). These authors have described at 11 dpi larvae in lymphatic vessels of the stomach, intestines, mesentery and pancreas, with peripheral inflammatory reaction represented by the presence of macrophages, eosinophils and neutrophils. In our experiment, this was also observed in the intestines and liver at 14 dpi.

Among the main microscopic findings of the infection described by Graeff-Teixeira (1991), eosinophilic infiltration in the intestinal wall, granulomatous reaction and eosinophilic vasculitis stood out. These were also found in the present study, mainly in the intestine, liver and spleen, with increased severity of these lesions at 24 dpi. Pancreatitis is related to infections due to other microorganisms: approximately 10% of cases are caused by viruses, bacteria or parasites (Economou & Zissis, 2000), especially the nematode *Ascaris lumbricoides* (Khuroo *et al.*, 1992) and, more rarely, plathelminths of the genus *Taenia* (Liu *et al.*, 2005).

At 24 dpi, we found a considerable increase in eosinophilic infiltrate, along with presence of granuloma, vasculitis, thrombi and necrosis. Another feature of this experimental design that drew attention was pancreatitis, which affected 75% of the mice. This corroborated the results of Hermes *et al.* (2020), who found that 87.5% of the infected animals presented this infectious condition.

In relation to haematocrit in the infected animals, a condition of anaemia that had already been found in rodents (Ishih & Nishimura, 1997), dogs (Alfaro-Alarcón *et al.*, 2015) and humans (Romero-Alegría *et al.*, 2014) was detected. However, in our study, it was possible to characterize it as hypochromic normocytic anaemia (Chulilla *et al.*, 2009). This type of anaemia indicates iron deficiency, possibly associated with blood loss (Burkhard *et al.*, 2001). Our hypothesis is that the lesions caused by the parasite in the intestinal vessels can cause blood loss in the same way as in *Angiostrongylus vasorum* infection in dogs (Schnyder *et al.*, 2010; de Vasconcelos *et al.*, 2017). We believe that this finding at 24 dpi may have occurred because the parasite was already in

the organs, causing inflammatory reactions and continuing its reproductive cycle (Mota & Lenzi, 2005; Spratt, 2015). In a novel study, Mota & Lenzi (2005) made a new proposal for the cycle of *A. costaricensis* and, based on this information, we believe that our findings of anaemia at 24 dpi may have been related to inflammatory reactions and intestinal lesions during the migratory process.

In analysing the leukogram, we found neutrophilia and monocytosis, due to the infectious and inflammatory process that the individuals affected by *A. costaricensis* experienced. In this, not only neutrophils but also macrophages are activated and recruited to the target tissues that have been invaded by helminths (Anthony *et al.*, 2007). At 14 dpi, our model was able to explain 49% of the effect between the presence of intestinal vasculitis and increased IL-6 levels and increased neutrophil levels. Regarding monocytosis, the model was able to explain 53% of the relationship with the presence of pancreatitis.

At 14 dpi, our model was able to explain 62% of the effect between the presence of vasculitis and eosinophilic infiltrate in the intestine and increased cortisol levels. At 24 dpi, vasculitis and pancreatic necrosis were seen to positively influence serum cortisol changes, and our model was able to explain 74% of this change. Cortisol levels increase because of the stress caused by the infection. This occurs regardless of the period of the infection cycle, either through morbid actions of the host organism or through clinical signs of pain caused by pancreatitis and inflammation of other organs in infected mice (Rebello *et al.*, 2011; Alfaro-Alarcón *et al.*, 2015; Törnhaage & Alfvén, 2015; Gülen *et al.*, 2016). It is noteworthy that during the inflammatory reaction, the release of cytokines can also activate a stress response (Calcagni, 2006).

A long and intense inflammatory process, such as that observed in helminth infections, triggers several immunological responses in the hosts. These responses consist of orchestrated soluble cytokines that activate effector cells of the innate and adaptive immune systems (Geiger *et al.*, 2001; Anthony *et al.*, 2007). Mice with a major histocompatibility complex (MHC)-II deficiency were found to shed larger numbers of first-stage larvae (L1) in their stools than mice with a fully functional immune system, though L1 shedding levels did not correlate with length of survival in these mice (Geiger *et al.*, 2003). The pattern of inflammatory cytokines found in the infected animals of the present study made it possible to characterize the infection process at 14 dpi as an acute inflammatory condition, with elevated concentrations of TNF- α and IL-6 in comparison with control mice.

TNF- α triggers a series of events, such as vasodilation and oedema, cell recruitment to the site of infection and activation of coagulation factors (Zelová & Hošek, 2013). This explains our findings of presence of eosinophils at sites of inflammation, and of thrombus formation and necrosis in the liver, pancreas and intestines of the mice. The decreased serum TNF- α levels in the infected animals at 24 dpi may have been related to increased cortisol levels at this stage of infection, since high levels of this parameter can cause suppression of cytokines, relating to the inflammatory response (Castro *et al.*, 2011).

The increase in IFN- γ levels in the infected animals, in relation to those of the control group, was an expected change, considering the inflammatory response triggered by *A. costaricensis*. This cytokine plays an important role in macrophage activation and modulation of the adaptive T helper one (Th1) immune response (Hu & Ivashkiv, 2009). On the other hand, IFN- γ cannot stimulate a T helper two (Th2) response, which would be the most effective modulation towards elimination of the parasite (Cortes

et al., 2014). It is important to mention that the levels of INF detected were lower than the last point of the standard quantification curve for this cytokine (fig. 1c). As recommended by the manufacturer of the kit used (BD CBA Mouse Inflammatory Kit), it is up to the researcher to decide the best method for calculating values for unknown samples using this assay; consequently, we trust that the differences found are due to the infection, and not a limitation of detection of the assay. Interestingly, the levels of IL-12p70 were low and also below the standard curve of the kit (fig. 1d). IL-12 induces IFN- γ production by T cells (Vignali & Kuchroo, 2012), and the overall low levels of INF- γ observed can perhaps be associated to the low levels of IL-12p70 induced by *A. costaricensis* during the infection.

In conclusion, we demonstrated the relationship that histopathological lesions in mice experimentally infected by *A. costaricensis* have with increased levels of cortisol, neutrophil and monocytes, along with the relationships with IL-6 and TNF- α . We characterized the presence of normocytic and hypochromic anaemia in the infected groups.

Acknowledgements. The authors thank the University of Passo Fundo, Brazil, for supporting this study, which was carried out in its laboratory animal facility; and also the Institute of Pathology of Passo Fundo and the Parasitology Laboratory of the Pontifical Catholic University of Rio Grande do Sul, Brazil.

Financial support. This study was financed in part by the Coordenação de Aperfeiçoamento de Pessoal de Nível Superior – Brazil (CAPES; finance code 001).

Conflicts of interest. None.

References

- Alfaro-Alarcón A, Veneziano V, Galiero G, *et al.* (2015) First report of a naturally patent infection of *Angiostrongylus costaricensis* in a dog. *Veterinary Parasitology* **212**, 431–434.
- Anthony RM, Rutitzky LI, Urban JF, Stadecker MJ and Gause WC (2007) Protective immune mechanisms in helminth infection. *Nature Reviews Immunology* **7**, 975–987.
- Bender AL, Maurer RL, da Silva MCF, Bem R, Terraciano PB, da Silva ACA and Graeff-Teixeira C (2003) Ovos e órgãos reprodutores de fêmeas de *Angiostrongylus costaricensis* são reconhecidos mais intensamente por soros humanos de fase aguda na angiostrongilíase abdominal. *Revista da Sociedade Brasileira de Medicina Tropical* **36**, 449–454.
- Burkhard MJ, Brown DE, McGrath JP, *et al.* (2001) Evaluation of the erythroid regenerative response in two different models of experimentally induced iron deficiency anemia. *Veterinary Clinical Pathology* **30**, 76–85.
- Burnham KP, Anderson DR and Huyvaert KP (2011) AIC model selection and multimodel inference in behavioral ecology: some background, observations, and comparisons. *Behavioral Ecology and Sociobiology* **65**, 23–35.
- Calcagni E (2006) Stress system activity, innate and T helper cytokines, and susceptibility to immune-related diseases. *Annals of the New York Academy of Sciences* **1069**, 62–76. Doi: 10.1196/annals.1351.006.
- Castro R, Zou J, Secombes CJ and Martin SAM (2011) Cortisol modulates the induction of inflammatory gene expression in a rainbow trout macrophage cell line. *Fish Shellfish Immunology* **30**, 215–223.
- Chulilla JAM, Colás MSR and Martín MG (2009) Classification of anemia for gastroenterologists. *World Journal of Gastroenterology* **15**, 4627–4637.
- Cortes A, Sotillo J, Muñoz-Antoli C, Fried B, Esteban JG and Toledo R (2014) Intestinal IFN- γ production is associated with protection from clinical signs, but not with elimination of worms, in *Echinostoma caproni* infected-mice. *Parasitology Research* **113**, 2037–2045.
- de Vasconcelos DIB, Mota EM and Pelajo-Machado M (2017) Characterisation of the vascular pathology in *Sigmodon hispidus* (Rodentia: Cricetidae) following experimental infection with *Angiostrongylus costaricensis* (Nematoda: Metastrongylidae). *Memórias do Instituto Oswaldo Cruz* **112**, 328–338.
- Economou M and Zissis M (2000) Infectious cases of acute pancreatitis. *Annals of Gastroenterology* **13**, 98–101.
- Escobedo G, Roberts CW, Carrero JC and Morales-Montor J (2005) Parasite regulation by host hormones: an old mechanism of host exploitation? *Trends Parasitology* **21**, 588–593.
- Fan CK, Lin YH, Du WY and Su KE (2003) Infectivity and pathogenicity of 14-month-cultured embryonated eggs of *Toxocara canis* in mice. *Veterinary Parasitology* **113**(2), 145–155.
- Fernando MR, Reyes JL, Iannuzzi J, Leung G and McKay DM (2014) The pro-inflammatory cytokine, interleukin-6, enhances the polarization of alternatively activated macrophages. *PLoS One* **9**, 1–12.
- Geiger SM, Abrahams-Sandi E, Soboslay PT, Hoffmann WH, Pfaff AW, Graeff-Teixeira C and Schulz-Key H (2001) Cellular immune responses and cytokine production in BALB/c and C57BL/6 mice during the acute phase of *Angiostrongylus costaricensis* infection. *Acta Tropica* **80**, 59–68.
- Geiger SM, Hoffmann WH, Soboslay PT, Pfaff AW, Graeff-Teixeira C and Schulz-Key H (2003) *Angiostrongylus costaricensis* infection in C57BL/6 mice: MHC-II deficiency results in increased larval elimination but unaltered mortality. *Parasitology Research* **90**, 415–420.
- Graeff-Teixeira C, Camillo-Coura L and Lenzi HL (1991) Histopathological criteria for the diagnosis of abdominal angiostrongyliasis. *Parasitology Research* **77**, 606–611.
- Green AM, DiFazio R and Flynn JL (2013) IFN- γ from CD4 T cells is essential for host survival and enhances CD8 T cell function during *Mycobacterium tuberculosis* infection. *The Journal of Immunology* **190**, 270–277.
- Gülen B, Dur A, Serinken M, Karcioğlu Ö and Sönmez E (2016) Pain treatment in patients with acute pancreatitis: a randomized controlled trial. *Turkish Journal of Gastroenterology* **27**, 192–196.
- Hermes CC, Benvegnú E, Costa MM, Rodriguez R and Vieira MIB (2020) Abdominal angiostrongyliasis: pathologic findings in Swiss mice infected with different doses of *Angiostrongylus costaricensis*. *Journal of Helminthology* **94**, 169, 1–7.
- Hu X and Ivashkiv LB (2009) Cross-regulation of signaling pathways by interferon- γ : implications for immune responses and autoimmune diseases. *Immunity* **31**, 539–550.
- Hurvich CM and Tsai CL (1989) Regression and time series model selection in small samples. *Biometrika* **76**, 297–307.
- Incáni RN, Caleiras E, Martín M and González C (2007) Human infection by *Angiostrongylus costaricensis* in Venezuela: first report of a confirmed case. *Revista do Instituto de Medicina Tropical de São Paulo* **49**, 197–200.
- Inoue SI, Niikura M, Mineo S and Kobayashi F (2013) Roles of IFN- γ and $\gamma\delta$ T cells in protective immunity against blood-stage malaria. *Frontiers in Immunology* **4**, 1–9.
- Ishih A and Nishimura M (1997) Differential responses of SM/j and A/J mice to experimental *Angiostrongylus costaricensis* infection. *International Journal for Parasitology* **27**, 1411–1414.
- Jain NC (1986) Douglas J. Weiss, K. Jane Wardrop (Eds) *Schalm's veterinary hematology*, Wiley-Blackwell.
- Junqueira LC and Carneiro J (1995) *Histologia Básica*. 8th edn. Rio de Janeiro, Guanabara Koogan.
- Khuroo MS, Zargar SA, Yattoo GN, Koul P, Khan BA, Dar MY and Alai MS (1992) *Ascaris*-induced acute pancreatitis. *British Journal of Surgery* **79**(12), 1335–1338.
- Körner H, McMorrán B, Schlüter D and Fromm P (2010) The role of TNF in parasitic diseases: still more questions than answers. *International Journal for Parasitology* **40**, 879–888.
- Kramer MK, Greer GJ, Quinonez JF, *et al.* (1998) First reported outbreak of abdominal angiostrongyliasis. *Clinical Infectious Diseases* **26**, 365–372.
- Liu YM, Bair MJ, Chang WH, Lin SC and Chan YJ (2005) Acute pancreatitis caused by tapeworm in the biliary tract. *The American Journal of Tropical Medicine and Hygiene* **73**(2), 377–380.
- María GA, Villarreal M, Chacón G and Gebresenbet G (2004) Scoring system for evaluating the stress to cattle of commercial loading and unloading. *Veterinary Record* **154**, 818–821.
- Maswoswe SM, Peters W and Warhurst DC (1985) Corticosteroid stimulation of the growth of *Plasmodium falciparum* gametocytes in vitro. *Annals Tropical Medicine Parasitology* **79**, 607–616.
- Moreau E and Chauvin A (2010) Immunity against helminths: interactions with the host and the intercurrent infections. *Journal of Biomedicine and Biotechnology* **10**, 1–9.

- Morera P and Céspedes R** (1971) *Angiostrongylus costaricensis* n. sp. (Nematoda: Metastrongyloidea), a new lungworm occurring in man in Costa Rica. *Revista de Biología Tropical* **18**, 173–185.
- Morera P, Lazo R, Urquiza J and Llaguno M** (1983) First record of *Angiostrongylus costaricensis* Morera and Céspedes, 1971 in Ecuador. *The American Journal of Tropical Medicine and Hygiene* **32**, 460–461.
- Mota EM and Lenzi HL** (2005) *Angiostrongylus costaricensis*: complete redescription of the migratory pathways based on experimental *Sigmodon hispidus* infection. *Memórias do Instituto Oswaldo Cruz* **100**, 407–420.
- Paim FC, Duarte MMMF, Costa MM, et al.** (2011) Cytokines in rats experimentally infected with *Trypanosoma evansi*. *Experimental Parasitology* **128**, 365–370.
- Rambo PR, Agostini AA and Graeff-Teixeira C** (1997) Abdominal angiostrongylosis in Southern Brazil – prevalence and parasitic burden in mollusc intermediate hosts from eighteen endemic foci. *Memórias do Instituto Oswaldo Cruz* **92**, 9–14.
- R Core Team.** (2014). R: A language and environment for statistical computing. R Foundation for Statistical Computing, Vienna, Austria. <http://www.R-project.org/>.
- Rebello KM, Barros JSL, Mota EM, Carvalho PC, Perales J, Lenzi HL and Neves-Ferreira AGC** (2011) Comprehensive proteomic profiling of adult *Angiostrongylus costaricensis*, a human parasitic nematode. *Journal of Proteomics* **74**, 1545–1559.
- Rodríguez R, Dequi RM, Peruzzo L, Mesquita PM, García E and Fornari F** (2008) Abdominal angiostrongyliasis: report of two cases with different clinical presentations. *Revista do Instituto de Medicina Tropical de São Paulo* **50**, 339–341.
- Romero-Alegría A, Belhassen-García M, Velasco-Tirado V, García-Mingo A, Alvela-Suárez L, Pardo-Lledias J and Sánchez MC** (2014) *Angiostrongylus costaricensis*: systematic review of case reports. *Advances in Infectious Diseases* **04**, 36–41.
- Schnyder M, Fahrion A, Riond B, Ossent P, Webster P, Kranjc A, Glaus T and Deplazes P** (2010) Clinical, laboratory and pathological findings in dogs experimentally infected with *Angiostrongylus vasorum*. *Parasitology Research* **107**, 1471–1480.
- Singh H, Jain D and Kiran B** (2016) Acute pancreatitis complicating hepatitis A virus infection: a case report. *Eastern Journal of Medicine* **1**(2), 71–72.
- Spratt DM** (2015) Species of *Angiostrongylus* (Nematoda: Metastrongyloidea) in wildlife: a review. *International Journal for Parasitology Parasites and Wildlife* **4**, 178–189.
- Symonds MR and Moussalli A** (2011) A brief guide to model selection, multi-model inference and model averaging in behavioural ecology using Akaike's information criterion. *Behavioral Ecology and Sociobiology* **65**, 13–21.
- Törnåge CJ and Alfvén G** (2015) Children with recurrent psychosomatic abdominal pain display increased morning salivary cortisol and high serum cortisol concentrations. *Acta Paediatrica* **104**, 577–580.
- Vignali D and Kuchroo V** (2012) IL-12 family cytokines: immunological playmakers. *Nature Immunology* **13**(8), 722–728.
- Zelová H and Hošek J** (2013) TNF- α signalling and inflammation: interactions between old acquaintances. *Inflammation Research* **62**, 641–651.