

P01-198 - FEATURES OF ANXIETY DISORDERS IN SAMPLE OF REFERED CASES TO MENTAL HEALTH UNIT FOR CHILDREN AND ADOLESCENTS PRIZREN

N. Fanaj¹, I. Poniku²

¹*Children Adolescent Mental Health Unit, Main Family Health Center,* ²*Department of Psychiatry, Regional Hospital, PRIZREN, Serbia*

Objectives: The main purposes of this work are: recognition of presence of anxiety disorders in children and adolescents referred to our unit; comparison with other disorders; their type and spread; age of symptoms beginning; age of referrals, eventual differences in gender; source of referral and the scale of drop-out.

Methods: Data are collected from 1110 our referred cases; evaluated and treated in our service 2001-2009 year. We use the retrospective method to review our work. Data processing is done with Excel program.

Results: From our 1110 referred cases assessed and treated in our unit we found 224 cases with one anxiety disorder. Anxiety disorders occupied the first place with 20, 18% of all cases; 51, 33% are males and 48, 61% females. In 85 from 224 cases accounted starting time of symptoms and find age 12, 25 year. In the sample of 224 cases with anxiety disorders the most prevalent is ASD with 33%, GAD 18 %, Panic disorder 11%, etc. In 39% of cases the source of referral are family doctors/GP. The percentage of drop-out is 63 %, where approximately 42, 25 % terminated assessment or treatment after the first session. In 31, 69 % of cases we use one medicament.

Conclusions: Anxiety disorders are among the most presented disorders in our unit. More diagnosed cases are males than females. Age group 0-6 year remains after age groups 7-12 and 13-18 years. Acute stress disorders dominated Generalized Anxiety Disorder and Panic Disorder.