

# Variation in growth and drug susceptibility among *Giardia duodenalis* assemblages A, B and E in axenic *in vitro* culture and in the gerbil model

E. BÉNÉRE, T. VAN ASSCHE, P. COS and L. MAES\*

Laboratory of Microbiology, Parasitology and Hygiene (LMPH), Faculty of Pharmaceutical, Biomedical and Veterinary Sciences, University of Antwerp, B-2020 Antwerp, Belgium

(Received 16 March 2011; revised 22 April, 23 May, 16 June and 20 June 2011; accepted 20 June 2011; first published online 8 August 2011)

## SUMMARY

This study investigated the molecular and biological variation among different *Giardia duodenalis* assemblages. *In vitro* growth and susceptibility to albendazole, fenbendazole, flubendazole, metronidazole, tinidazole and furazolidone was studied for laboratory (A<sub>I</sub>: WB, A<sub>II</sub>: G1 and B: GS/M-83-H7) and 6 field isolates of assemblage subtype A<sub>I</sub>, A<sub>II</sub>, B and E<sub>III</sub>. Additionally, isolates of the 3 assemblages were evaluated in the gerbil upon 3-day oral treatment with albendazole (6 mg/kg), flubendazole (5 mg/kg) and metronidazole (20 mg/kg). Assemblage A<sub>I</sub> grew significantly faster than all other assemblage subtypes, which showed comparable generation times. The assemblage A laboratory strains displayed altered *in vitro* drug susceptibilities compared to their matching A<sub>I</sub> or A<sub>II</sub> field isolate. No variation in drug susceptibility was observed between field isolates of assemblages A and E. However, assemblage A laboratory strains were more susceptible to the benzimidazoles and less susceptible to the nitro-imidazoles and furazolidone than the assemblage B laboratory strain. In the gerbil, no markedly different drug susceptibilities were observed. In conclusion, the *Giardia* assemblage subtype can be associated with differences in growth characteristics rather than in drug susceptibility.

Key words: trophozoites, field isolates, generation time, drug susceptibility, gerbil model.

## INTRODUCTION

The protozoan parasite *Giardia duodenalis* (syn. *G. intestinalis* and *G. lamblia*) infects man but is also one of the more common parasites of domestic and production animals worldwide (Bowman and Lucio-Forster, 2010; Geurden *et al.* 2010; Plutzer *et al.* 2010). Although most infections remain asymptomatic, intermittent diarrhoea is the most relevant clinical sign among the broad spectrum of symptoms. Host- and parasite-related factors are recognized to be associated with this clinical variability (Muller and von Allmen, 2005), although no specific virulence factors have been identified yet. Treatment of giardiasis relies on different drug classes with specific action mechanisms: nitro-imidazoles (metronidazole, tinidazole), nitrofurans (furazolidone) and benzimidazoles (albendazole) (Escobedo and Cimerman, 2007). These drugs are generally effective, although treatment failure and drug resistance have already been reported (Escobedo and Cimerman, 2007). Strain- or assemblage-dependent drug susceptibility may contribute to treatment failures; however, other reasons for drug failure

such as ‘cure followed by re-infection’ and poor patient compliance must also be taken into account (Boreham *et al.* 1987; Farbey *et al.* 1995).

Currently, isolates of *G. duodenalis* are grouped into 7 defined genotypes (assemblages), based on analysis of conserved genetic loci. All human isolates characterized to date belong to assemblages A and B, which have also been recovered from livestock, cats, dogs, beavers and guinea-pigs. The other assemblages are linked to a specific host: assemblages C and D to dogs, assemblage E to livestock, assemblage F to cats and assemblage G to rats. By sequence analysis of the glutamate dehydrogenase (gdh) locus, isolates have been further subdivided into the subgroups A<sub>I-III</sub>, B<sub>III-IV</sub> and E<sub>I-XI</sub> (Feng *et al.* 2008; Read *et al.* 2004). Although subtypes A<sub>I</sub> and A<sub>II</sub> are both identified in man and animals, subtype A<sub>I</sub> seems to predominate in animals whereas humans are mostly infected with subtype A<sub>II</sub>. Subtype A<sub>III</sub> is restricted to wild hoofed stock (Caccio *et al.* 2008).

Culture media improvements and development of *in vitro* and *in vivo* excystation techniques enabled the establishment of a large number of human and animal field isolates (Kasprzak and Majewska, 1985; Karanis and Ey, 1998), for which a large heterogeneity was demonstrated not only at the molecular level but also with regard to *in vitro* and *in vivo* growth (Binz *et al.* 1992), drug susceptibility (Arguello-Garcia *et al.* 2004), infectivity and virulence (Cevallos *et al.* 1995)

\* Corresponding author: Laboratory of Microbiology, Parasitology and Hygiene (LMPH), University of Antwerp, Groenenborgerlaan 171, 2020 Antwerp, Belgium. Tel: 0032 3 265 33 54. Fax: 0032 3 265 33 26. E-mail: louis.maes@ua.ac.be

and disease outcome (Sahagun *et al.* 2008). Unfortunately, most studies were conducted using non-clonal isolates or without characterization of the assemblage (Karanis and Ey, 1998; Mohamadnezhad *et al.* 2008) and included laboratory strains that had been maintained for more than 20 years and were well adapted to *in vitro* cultivation. *In vitro* studies generally use the human assemblage A strains P-1 (ATCC 30888) or WB (ATCC 30957) (Cruz *et al.* 2003; Arguello-Garcia *et al.* 2004). In addition, studied field isolates mostly belonged to assemblage A and to a lesser extent to assemblage B. Except for the host restriction, no comparable information is available for the assemblages C, D, E and F. As such, a large genetic and phenotypic diversity among *Giardia* isolates exists, but without a clear relationship between genetic markers, biological characteristics and clinical outcome (Cevallos *et al.* 1991). Isoenzyme analysis and genome sequencing have been used to identify genes that may be responsible for the observed biological variability, but only for WB (assemblage A<sub>I</sub>), GS/M-83-H7 (assemblage B) and P15 (assemblage E<sub>III</sub>) (Franzen *et al.* 2009; Jerlstrom-Hultqvist *et al.* 2010). The genetic differences between both were similar in magnitude to the differences between *G. duodenalis* and *G. muris* (Franzen *et al.* 2009). Furthermore, isoenzyme electrophoresis revealed different migration patterns of key metabolic enzymes in assemblage A and B (Meloni *et al.* 1988; Mayrhofer *et al.* 1995), strengthening the assumption that both should be considered as 2 different *Giardia* species.

In the present series of *in vitro* and *in vivo* experiments, we focused on 2 aspects (1) *in vitro* growth characteristics of 3 laboratory and 6 field strains from assemblages A, B and E and (2) assemblage-linked differences in drug susceptibility to the current anti-giardia reference drugs.

## MATERIALS AND METHODS

### *Axenic culture of trophozoites*

Nine strains of *G. duodenalis* were selected on the following criteria: genotype (assemblages A, B and E), host (human (h) or cattle (c)) and cultivation history (laboratory or field strains). The WB (ATCC 30957; assemblage A) and GS/M-83-H7 (ATCC 50581; assemblage B) strain and an assemblage A laboratory strain (G1) were obtained from Reto Brun (Swiss Tropical and Public Health Institute, Basel, Switzerland) and Norbert Mueller (Institute of Parasitology, Berne, Switzerland). Four field strains of assemblage A and 2 of assemblage E were recently established as *in vitro* trophozoite cultures (Bénére *et al.* 2010). All field isolates were cloned and characterized by sequence analysis of 3 genes: the *gdh* (Read *et al.* 2004), the  $\beta$ -giardin (Lalle *et al.*

2005) and the triosephosphate isomerase (*tpi*) gene (Geurden *et al.* 2008, 2009) (Table 1).

Trophozoites were routinely maintained in TYI-S-33 medium (Keister, 1983) at pH 6.8, supplemented with 10% heat-inactivated bovine serum (BSi) (Gibco, Merelbeke, Belgium), 10 g/L yeast (Becton Dickinson, Aalst, Belgium), 0.023 g/L ammonium ferrous citrate (Sigma, Bornem, Belgium) and 1  $\mu$ l/ml of fresh bovine bile obtained from a local slaughterhouse and stored in small aliquots at  $-20^{\circ}\text{C}$  until use. To grow assemblage B trophozoites, the TYI-S-33 medium was supplemented with 0.5 g/L powdered bovine bile (Sigma, Bornem, Belgium) and 10% heat-inactivated fresh human serum (Bénére *et al.* 2010). Cultivation was performed in 10 ml screw-cap culture vials (Nunc, Langenselbold, Germany) filled to 95% of total volume capacity and incubated at  $37^{\circ}\text{C}$ . Subcultures were made twice weekly. Detachment of trophozoites for preparation of inocula was achieved by chilling the cultures on ice for 20 min. The number of trophozoites was determined using 0.4% Trypan blue (w/v) (Sigma, Bornem, Belgium) and 0.04% formol in a KOVA Glasstic<sup>®</sup> counting slide (Bayer, Brussels, Belgium).

### *Determination of generation time*

Adherent trophozoites of monolayer cultures were used to initiate growth-rate experiments. Culture tubes were filled with fresh medium, inoculated at  $10^4$  trophozoites/ml and incubated at  $37^{\circ}\text{C}$ . Trophozoite growth was determined daily for 4 consecutive days. For enumerating trophozoite density, aliquots of 2 chilled trophozoite cultures were  $\frac{1}{2}$  diluted in 0.04% formol and counted in a Cell Lab Quanta<sup>TM</sup> SC flow cytometer (Analys, Ghent, Belgium). The generation time (*g*) is calculated in the exponential growth phase using a modified formula of Visvesvara (1980):

$$g = \frac{t_x - t_0}{\log_2 \frac{n_x}{n_0}}$$

with  $n_0$  = number of trophozoites at the beginning of the experiment ( $t_0$ );  $n_x$  = number of trophozoites at 24 h, 48 h, 72 h or 96 h ( $t_x$ ).

Since chilling on ice may influence subsequent growth, it would be inappropriate to follow trophozoite growth in the same culture tube, so separate culture tubes were used daily. Each test was repeated on 4 occasions and all culture tubes were monitored on a daily basis by microscopic examination.

### *In vitro drug susceptibility assay*

A protocol for growth in microtitre plates and *in vitro* drug susceptibility testing of *Giardia* trophozoites was previously established (Bénére *et al.* 2007). To obtain optimal growth, near-total well volume

Table 1. *In vitro* susceptibility (IC<sub>50</sub>) against a panel of laboratory and field strains of assemblages A, B and E to different anti-giardia reference drugs (Data from at least 4 independent replicates.)

Strain	Ass	Host	IC <sub>50</sub> value (μM) (mean ± S.E.M.)										
			Benzimidazoles			Nitro-imidazoles			Other				
			Albendazole	Fenbendazole	Flubendazole	Metronidazole	Tinidazole	Furazolidone					
<b>Lab. strains</b>													
<b>GS/M-83-H7</b>	B	Human	0.10 ± 0.01	0.11 ± 0.01	0.13 ± 0.00	2.04 ± 0.10	0.55 ± 0.05	0.23 ± 0.02					
<b>WB</b>	AI	Human	0.06 ± 0.01	0.04 ± 0.01	0.06 ± 0.01	2.35 ± 0.12	1.15 ± 0.15	1.56 ± 0.10					
<b>G1</b>	AII	Human	0.06 ± 0.00	0.04 ± 0.00	0.04 ± 0.00	1.39 ± 0.07	0.86 ± 0.10	1.18 ± 0.15					
<b>Field strains</b>													
<b>A h1</b>	AII	Human	0.08 ± 0.01	0.09 ± 0.00	0.08 ± 0.00	0.74 ± 0.10	0.40 ± 0.06	0.58 ± 0.07					
<b>A h2</b>	AI	Human	0.09 ± 0.01	0.10 ± 0.01	0.09 ± 0.01	0.98 ± 0.11	0.37 ± 0.02	0.55 ± 0.08					
<b>A c1</b>	AI	Cattle	0.07 ± 0.00	0.05 ± 0.00	0.08 ± 0.00	0.86 ± 0.13	0.36 ± 0.07	1.20 ± 0.06					
<b>A c2</b>	AI	Cattle	0.08 ± 0.01	0.05 ± 0.01	0.07 ± 0.00	1.01 ± 0.12	0.28 ± 0.07	1.25 ± 0.08					
<b>E c1</b>	EIII	Cattle	0.09 ± 0.01	0.08 ± 0.00	0.08 ± 0.00	0.76 ± 0.09	0.57 ± 0.05	0.69 ± 0.09					
<b>E c2</b>	EIII	Cattle	0.07 ± 0.01	0.09 ± 0.01	0.11 ± 0.01	0.50 ± 0.14	0.57 ± 0.07	0.29 ± 0.04					

(300 μl) and air-tight sealing of the plate was required to fulfil the low oxygen tension requirements of trophozoites. For assemblage A trophozoites, the amount of yeast (20 g/L), BSi (11.2%), bovine bile (0.56 g/L) and ammonium ferrous citrate (0.026 g/L) was increased compared to the standard TYI-S-33 culture medium. Assemblage B and E trophozoites do not require these supplementations, although human serum must substitute the bovine serum to obtain more acceptable growth. Dependent on the growth rate of the strain, an inoculum achieving confluence within 72 h of incubation was selected (5 × 10<sup>4</sup> to 10<sup>5</sup> trophozoites/well). Stock solutions (20 mM) of albendazole (ABZ), fenbendazole (FEN), flubendazole (FLU), metronidazole (MET), tinidazole (TIN) and furazolidone (FUR) were prepared in 100% dimethylsulphoxide (DMSO). All compounds were obtained from Sigma and/or Gibco. The highest in-test drug concentration was 64 μM containing only 0.4% DMSO. Four replicate wells with the pre-diluted test compound, the non-treated control (100% growth) and the culture medium control (0% growth) were included on each plate. Growth was assessed after 3 days upon removal of the medium and addition of resazurin (33 μM) on the adherent fraction. Fluorescence is measured (λ<sub>ex</sub> 550 nm, λ<sub>em</sub> 590 nm) after 20 h incubation at 37 °C. Each test was repeated on at least 3 separate occasions. Probit analysis was used to calculate the concentration of drug that inhibited trophozoite viability *in vitro* by 50% (StatView® statistical software, V.5.0.1).

*In vivo drug susceptibility evaluation*

Four-week-old male SPF gerbils (*Meriones unguiculatus*) (BW ~ 30 g) were purchased from Janvier (Le Genest, St Isle, France) and housed individually with food and water *ad libitum*. They were randomly allocated to the different experimental groups after an acclimatization period of 1 week during which prior exposure to *Giardia* was excluded by microscopic examination of feces collected over 3 consecutive days. The animals were fasted overnight before oral inoculation with 10<sup>6</sup> trophozoites in 500 μl of PBS. MET, ABZ and FLU were retained for further evaluation *in vivo* and formulated in PEG<sub>400</sub> (dosing volume of 200 μl/50 g BW). The drug formulations were administrated by gavage as a single daily oral dose for 3 consecutive days starting on day 7 post-infection (p.i.). A dose-titration against the WB strain was performed in groups of 6 animals at 5, 10, 20, 40 and 80 mg/kg for MET and at 2, 4, 6, 8 and 10 mg/kg for ABZ and FLU to determine the dose required to reduce the number of trophozoites by 50% and 90% (ED<sub>50</sub> and ED<sub>90</sub>) compared to vehicle-treated infected controls. Next, the isolates of the assemblages A, B and E were tested at the ED<sub>50-70</sub> to check variability in intrinsic drug susceptibility. Since only

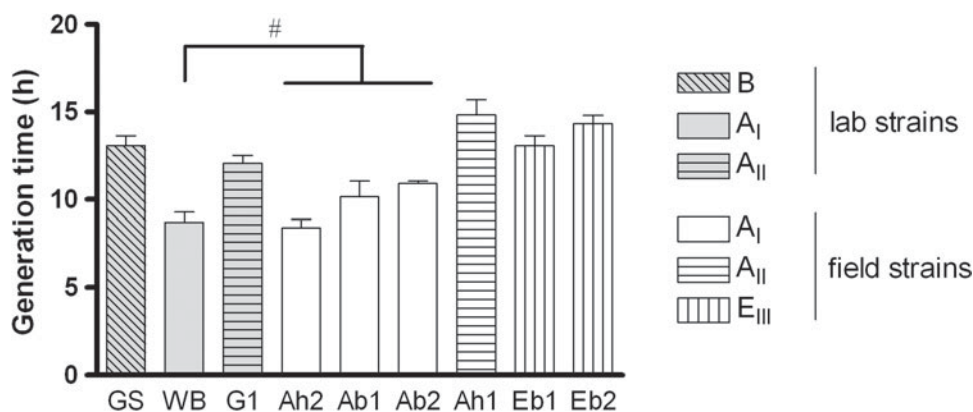


Fig. 1. *In vitro* generation times for the selected laboratory and field strains of assemblages A, B and E. (#: Not significantly different amongst each other, but significantly different compared to the other strains,  $P < 0.05$ .) Data from 4 independent replicates: means  $\pm$  S.E.M.)

limited information is available in the gerbil model, the assemblage A and B laboratory strains (WB, GS/M-83-H7) were included to allow comparison with available literature data. Gerbils were fasted for about 48 h and euthanized with CO<sub>2</sub> 36–48 h after the last dosing (= 11 days p.i.). The entire small intestine was collected, opened longitudinally and suspended in PBS. The test tube was kept on ice for 35 min to detach trophozoites and, after removal of the intestinal segment, centrifuged at 800 *g* for 10 min at 4 °C to determine the number of recovered intestinal trophozoites. Percentage reduction compared to vehicle-treated infected control animals is used as a measure for drug activity. All data represent a minimum of 3 animals for each data point with experiments carried out on at least 2 separate occasions. All animal experiments were approved by the ethical committee of the University of Antwerp.

### Statistics

In all protocols, in-test and inter-test replicates were included. Comparison of values of generation times, *in vitro* and *in vivo* drug susceptibility assays were carried out by one-way analysis of variance (ANOVA) with Bonferoni post-hoc. Results are expressed as mean  $\pm$  S.E.M.

## RESULTS

### Generation time

The *in vitro* growth of the 9 isolates of *G. duodenalis* showed a comparable pattern, although differences in maximum trophozoite numbers and generation times were observed. Trophozoites steadily increased in number until day 3 when, after pellet formation, clumping and signs predictive for decreasing trophozoite viability started to appear. Logarithmic growth was observed until day 3 for assemblage A<sub>I</sub> (laboratory and field strains) and assemblage E<sub>III</sub> (field

strains), and until day 4 for assemblage A<sub>II</sub> (laboratory and field strain) and assemblage B (data not shown). The generation times within the different assemblage subtypes (A<sub>I</sub>: Ah2, Ac1, Ac2 and E<sub>III</sub>: Ec1, Ec2) were not significantly different, irrespective of host origin (Fig. 1). Since the laboratory strains were already adapted to *in vitro* cultivation, their generation time may have been changed. Nevertheless, the A<sub>I</sub> laboratory (WB) ( $8.7 \pm 0.6$  h) versus A<sub>I</sub> field (Ah2, Ac1 and Ac2) ( $9.8 \pm 0.4$  h) isolates and the A<sub>II</sub> laboratory (G1) ( $12.1 \pm 0.4$  h) versus A<sub>II</sub> field (Ah1) ( $14.8 \pm 0.9$  h) isolates showed comparable growth (Fig. 1). The major observation was that all assemblages/subtypes displayed similar generation times (overall mean  $13.4 \pm 0.6$  h), with the exception of assemblage subtype A<sub>I</sub> that grew significantly faster (mean  $9.3 \pm 0.5$  h) (Fig. 1).

### In vitro drug susceptibility

The drug susceptibility of assemblage A field isolates originating from man diverged significantly from those obtained from bovines for FEN and FUR. For all other drugs, there were no differences within and between the different assemblage subtypes (A<sub>I</sub>: Ah2, Ac1, Ac2 and E<sub>III</sub>: Ec1, Ec2) (Table 1). The A<sub>I</sub> (WB) and A<sub>II</sub> (G1) laboratory strains displayed altered susceptibilities to all drugs compared to their assemblage-matching field strains. The benzimidazoles ABZ, FEN and FLU displayed a similar susceptibility pattern across the different laboratory and field isolates, with assemblage B isolate showing a decreased susceptibility ( $0.10$  to  $0.13$   $\mu$ M) (Table 1). For the nitro-imidazoles, TIN (IC<sub>50</sub>  $0.28$  to  $1.15$   $\mu$ M) was about 1.1 to 3.7 times more potent than MET (IC<sub>50</sub>  $0.50$  to  $2.35$   $\mu$ M) (Table 1). A comparable pattern of susceptibility was obtained across all isolates with assemblage A<sub>I</sub> and A<sub>II</sub> laboratory strains showing a decreased susceptibility to both nitro-imidazoles ( $P < 0.05$ ), whereas the assemblage B strain was less susceptible only to MET (Table 1).

For FUR, IC<sub>50</sub> values varied from 0.23 to 1.56 µM across all strains without significant differences between the field strains except for the subtypes A<sub>I</sub> and E<sub>III</sub>, but this difference is driven by the A<sub>I</sub> cattle isolates. In addition, the A<sub>I</sub> and A<sub>II</sub> laboratory strains showed a decreased susceptibility compared to the field strains and the assemblage B lab strain (Table 1).

#### In vivo drug susceptibility

The timing of drug administration and autopsy was based on the course of infection of *G. duodenalis* in the gerbil. Trophozoites steadily increased in number (day 7 and 11 p.i.) and remained high until day 14 p.i. Peak trophozoite numbers depend on the isolate and attain  $3 \times 10^6$ /gerbil to  $1.7 \times 10^7$ /gerbil. Trophozoite numbers start to decline from day 14 onwards, and most trophozoites are cleared from the gastrointestinal tract by day 21 p.i. (data not shown).

For the WB strain, total cure was obtained at 80 mg/kg MET, 10 mg/kg FLU and 10 mg/kg ABZ (data not shown). Treatment at the projected EC<sub>50-70</sub> dose levels (MET: 20 mg/kg, ABZ: 6 mg/kg, FLU: 5 mg/kg) reduced WB infection by  $67.9 \pm 5.6\%$ ,  $51.2 \pm 12.9\%$  and  $67.9 \pm 14.0\%$  respectively. Consistent to the *in vitro* results, MET was the least active compound *in vivo* since 20 mg/kg was required to obtain 68% reduction of a *G. duodenalis* assemblage A infection, while only 5–6 mg/kg of the benzimidazoles was required to obtain similar activities (51% to 68%). A comparable pattern of susceptibility was observed for ABZ and FLU against all isolates. In contrast to the *in vitro* activity results, assemblage B was the most sensitive ( $79.9 \pm 7.2\%$  (ABZ) to  $97.8 \pm 1.2\%$  (FLU)) and assemblage A the least sensitive ( $51.2 \pm 12.9\%$  (ABZ) to  $67.9 \pm 14.0\%$  (FLU)). With regard to drug-specific susceptibility, assemblage E (Ec1) ( $90.9 \pm 2.8\%$ ) was significantly more susceptible than assemblage A ( $51.2 \pm 12.9\%$ ) to ABZ, while both assemblages were equally susceptible to FLU ( $68.8 \pm 6.1\%$  (Ec1),  $67.9 \pm 14.0\%$  (WB)). For MET, no significant differences in activity between assemblages A, B and E trophozoites were observed, which is in contrast to the *in vitro* activity results. Treatment with 20 mg/kg MET reduced the WB, GS/M-83-H7 and Ec1 infection by  $67.9 \pm 5.6\%$ ,  $89.1 \pm 9.3\%$  and  $77.1 \pm 8.7\%$  respectively.

#### DISCUSSION

Detailed information on the biological characteristics of strains from different assemblage subtypes of *Giardia* is still rather scarce in the literature and quite fragmented. *In vitro* studies have shown variation in susceptibility to anti-giardia drugs but the importance of this finding in explaining treatment failures and the relation to genotype remains to be established. To our knowledge, this is the first study

in which the characteristics of growth and drug susceptibility among cloned trophozoite cultures of laboratory and field strains of assemblages A, B and E are directly compared both *in vitro* and *in vivo*.

Even though laboratory strains have been adapted to *in vitro* cultivation over a long period of time, a comparable growth rate was observed for the A<sub>I</sub> and A<sub>II</sub> laboratory strains versus the A<sub>I</sub> and A<sub>II</sub> field strains, suggesting that growth rate remains quite stable during cultivation and that available laboratory strains are representative for the *in vitro* growth characteristics of their matching genotype/subtype field isolates. This is in agreement with the generation times reported in the literature for laboratory and field strains of assemblage A<sub>I</sub> (Boreham *et al.* 1984). In our study, assemblage A<sub>II</sub>, B and E<sub>III</sub> trophozoites showed comparable generation times with only A<sub>I</sub> subtype isolates growing slightly faster. These observations are in accordance with previous reports in which no significant differences were observed in the generation time of 2 A<sub>I</sub> strains and their clones (Boreham *et al.* 1987), while 3 A<sub>I</sub> isolates showed a significantly faster growth compared to A<sub>II</sub> isolates (Boreham *et al.* 1984). The slower growth of assemblage B compared to assemblage A<sub>I</sub> is also consistent with the literature (Karanis and Ey, 1998), which was also the case for the E<sub>III</sub> isolates in the present study. It is clear that the A<sub>I</sub> subtype can be linked to enhanced *in vitro* growth rate.

Although the laboratory strains displayed similar growth characteristics compared to their matching field isolates, *in vitro* drug susceptibilities were less comparable. For the field assemblage subtypes A<sub>I</sub>, A<sub>II</sub> and E<sub>III</sub>, no significant differences were noted in susceptibility to any of the drugs. However, assemblage-linked differences in drug susceptibility were shown between the assemblage A and B laboratory strains, which is in accordance with previous reports on the genetic and biological differences of the genotypes infecting man (Farbey *et al.* 1995; Cruz *et al.* 2003; Franzen *et al.* 2009). Comparable *in vitro* drug susceptibilities were observed for the assemblage A field isolates of human origin (Ah1 and Ah2) and cattle origin (Ac1 and Ac2, Ec1 and Ec2), despite their different subtype. This suggests that drug susceptibility in recently established isolates does not depend on the host origin. Surprisingly, assemblage A field isolates of human origin differed from those of cattle origin in their response to FEN and FUR, which could be related to different previous drug exposure patterns as part of different treatment regimens in man and cattle (Geurden *et al.* 2006; Escobedo and Cimerman, 2007). The IC<sub>50</sub> values of the WB strain were within the same range as those found by other researchers using slightly different *in vitro* drug susceptibility assays (Katiyar *et al.* 1994; Cruz *et al.* 2003). Benzimidazoles clearly show the highest intrinsic *in vitro* potency (Morgan *et al.* 1993) and TIN proves to be more potent than

MET (Ellis *et al.* 1993), which has been linked to its hydrophilic/lipophilic properties (Jokipii and Jokipii, 1987; Raether and Hanel, 2003).

With respect to variability, furazolidone exhibited the largest variation in drug susceptibility and similar potencies between the isolates were obtained against the benzimidazoles. These results are in agreement with previous reports on *G. duodenalis* isolates of human origin (Upcroft and Upcroft, 2001; Mohamadnezhad *et al.* 2008). Benzimidazoles interfere with the polymerization of tubulin and also bind to giardins. Both cytoskeletal proteins are specific for *Giardia* (Cevallos *et al.* 1991) and interference with these proteins may explain the low variability amongst them. The nitro-imidazoles MET, TIN and the nitro-furan FUR are in fact pro-drugs that need reductive activation of the nitro-group (R-NO<sub>2</sub>) to form a highly toxic nitro-radical anion (R-NO<sub>2</sub><sup>•-</sup>) (Raether and Hanel, 2003), essential for activity. Specific enzymes of the anaerobic metabolic pathway of *Giardia* are involved in the reduction of the nitro-group and include pyruvate:ferredoxin oxidoreductase (PFOR) and ferredoxin in the case of metronidazole and NADH oxidase as well as PFOR in the case of FUR (Moreno *et al.* 1984; Brown *et al.* 1995). In addition, a nitroreductase (GINR1) has recently been identified in *G. duodenalis*, which carries unknown but essential functional activities in the metabolism of *Giardia*, and is suggested to participate in the activation of nitro-drugs (Nillius *et al.* 2011). For the nitro-imidazoles and FUR, the assemblage A laboratory strains were less susceptible than their matching field isolates, suggesting a correlation between the long history of *in vitro* cultivation and decreased susceptibility to the toxic nitro-radicals or a decreased activation of the nitro-group (e.g. reduced GINR1 expression (Nillius *et al.* 2011) or diminished PFOR/ferredoxin activity (Townson *et al.* 1996; Upcroft and Upcroft, 2001; Muller *et al.* 2007)).

Since very few studies aim to define a relationship between *in vitro* drug susceptibility and drug activity *in vivo*, the different genotypes were evaluated in gerbils treated at the ED<sub>50-70</sub> of ABZ, FBZ and MET for 3 days. No significant assemblage-linked differences in susceptibility against the benzimidazoles or metronidazole could be observed in the gerbil model, which may be related to differences in drug uptake and/or the effect of drug metabolism (Boreham *et al.* 1986). The levels of efficacy of MET and ABZ against the WB strain in our study are comparable to ED<sub>50</sub> values obtained for non-resistant human clinical isolates (Boreham *et al.* 1986; Lemee *et al.* 2000). Several studies in dog, cattle and man support the efficacy of ABZ and FEN in giardiasis (O'Handley *et al.* 1997; Zajac *et al.* 1998; Solaymani-Mohammadi *et al.* 2010); however, no information is yet available on the clinical potential of FBZ for the treatment of giardiasis, although potent activity can be expected

based on its common mode of action and pharmacokinetic properties (Gottschall *et al.* 1990; Sweetman, 2007). Combined with its high potency *in vitro* (Katiyar *et al.* 1994), a strong proof of concept is provided for the potential use of FBZ against giardiasis in the dog and cattle, particularly since it is available on the market for treatment of gastrointestinal helminths (Vanparijs *et al.* 1985).

To conclude, there is little variation in the *in vitro* growth characteristics of *G. duodenalis*, except for A<sub>1</sub> subtypes. *In vitro* growth may be related to the assemblage subtype although a role of the cultivation conditions (e.g. particular deficiencies in culture medium, pH) cannot be ruled out (Binz *et al.* 1992; Karanis and Ey, 1998). Slightly different *in vitro* drug susceptibility patterns were demonstrated, at least among assemblage A and B laboratory strains, while resistance to any of the drugs was not detected. These findings are relevant for anyone working in the field of anti-giardia chemotherapy and suggest that the variation in drug responsiveness and the emergence of drug-resistance problems in clinical giardiasis infections may not be associated with the genetic diversity of the parasite. However, to consolidate these findings, a larger number of assemblages A, B and E isolates will need to be evaluated, including advanced genetic studies and genome sequencing.

#### ACKNOWLEDGEMENTS

We gratefully thank Desmet Margot for her excellent technical laboratory support.

#### FINANCIAL SUPPORT

The post-doctoral researcher Paul Cos and the Ph.D. student Ely Bénére are both supported by the Fund for Scientific Research (FWO-Flanders, Belgium). This project was also supported by a grant of the Research Council of the University of Antwerp (KP BOF UA to T.V.A.).

#### REFERENCES

- Arguello-Garcia, R., Cruz-Soto, M., Romero-Montoya, L. and Ortega-Pierres, G. (2004). Variability and variation in drug susceptibility among *Giardia duodenalis* isolates and clones exposed to 5-nitroimidazoles and benzimidazoles *in vitro*. *Journal of Antimicrobial Chemotherapy* **54**, 711–721. doi: dkh388 [pii].
- Benere, E., da Luz, R. A., Vermeersch, M., Cos, P. and Maes, L. (2007). A new quantitative *in vitro* microculture method for *Giardia duodenalis* trophozoites. *Journal of Microbiological Methods* **71**, 101–106. doi: 10.1016/j.mimet.2007.07.014.
- Benere, E., Geurden, T., Robertson, L., Van Assche, T., Cos, P. and Maes, L. (2010). Infectivity of *Giardia duodenalis* assemblages A and E for the gerbil and axenisation of duodenal trophozoites. *Parasitology International* **59**, 634–637. doi: 10.1016/j.parint.2010.08.001.
- Binz, N., Thompson, R. C., Lymbery, A. J. and Hobbs, R. P. (1992). Comparative studies on the growth dynamics of two genetically distinct isolates of *Giardia duodenalis* *in vitro*. *International Journal for Parasitology* **22**, 195–202. doi: 0020-7519(92)90101-P.
- Boreham, P. F., Phillips, R. E. and Shepherd, R. W. (1984). The sensitivity of *Giardia intestinalis* to drugs *in vitro*. *Journal of Antimicrobial Chemotherapy* **14**, 449–461.

- Boreham, P. F., Phillips, R. E. and Shepherd, R. W.** (1986). The activity of drugs against *Giardia intestinalis* in neonatal mice. *Journal of Antimicrobial Chemotherapy* **18**, 393–398.
- Boreham, P. F., Phillips, R. E. and Shepherd, R. W.** (1987). Heterogeneity in the responses of clones of *Giardia intestinalis* to anti-giardial drugs. *Transactions of the Royal Society of Tropical Medicine and Hygiene* **81**, 406–407.
- Bowman, D. D. and Lucio-Forster, A.** (2010). Cryptosporidiosis and giardiasis in dogs and cats: veterinary and public health importance. *Experimental Parasitology* **124**, 121–127. S0014-4894(09)00004-6 [pii];10.1016/j.exppara.2009.01.003 [doi].
- Brown, D. M., Upcroft, J. A. and Upcroft, P.** (1995). Free radical detoxification in *Giardia duodenalis*. *Molecular and Biochemical Parasitology* **72**, 47–56.
- Caccio, S. M., Beck, R., Lalle, M., Marinulic, A. and Pozio, E.** (2008). Multilocus genotyping of *Giardia duodenalis* reveals striking differences between assemblages A and B. *International Journal for Parasitology* **38**, 1523–1531. doi: 10.1016/j.ijpara.2008.04.008.
- Cevallos, A., Carnaby, S., James, M. and Farthing, J. G.** (1995). Small intestinal injury in a neonatal rat model of giardiasis is strain dependent. *Gastroenterology* **109**, 766–773. doi: S001650859500285X.
- Cevallos, A. M., McHugh, T. D., Carnaby, S. and Farthing, M. J. G.** (1991). Phenotypic and genotypic variation in giardia lamblia. *Saudi Medical Journal* **12**, 285–289.
- Cruz, A., Sousa, M. I., Azeredo, Z., Leite, E., Figueiredo de Sousa, J. C. and Cabral, M.** (2003). Isolation, excystation and axenization of *Giardia lamblia* isolates: *in vitro* susceptibility to metronidazole and albendazole. *Journal of Antimicrobial Chemotherapy* **51**, 1017–1020. doi: 10.1093/jac/dkg150.
- Ellis, J. E., Wingfield, J. M., Cole, D., Boreham, P. F. and Lloyd, D.** (1993). Oxygen affinities of metronidazole-resistant and -sensitive stocks of *Giardia intestinalis*. *International Journal for Parasitology* **23**, 35–39.
- Escobedo, A. A. and Cimerman, S.** (2007). Giardiasis: a pharmacotherapy review. *Expert Opinion on Pharmacotherapy* **8**, 1885–1902. doi: 10.1517/14656566.8.12.1885.
- Farbey, M. D., Reynoldson, J. A. and Thompson, R. C.** (1995). *In vitro* drug susceptibility of 29 isolates of *Giardia duodenalis* from humans as assessed by an adhesion assay. *International Journal for Parasitology* **25**, 593–599.
- Feng, Y., Ortega, Y., Cama, V., Terrel, J. and Xiao, L.** (2008). High intragenotypic diversity of *Giardia duodenalis* in dairy cattle on three farms. *Parasitology Research* **103**, 87–92. doi: 10.1007/s00436-008-0932-5.
- Franzen, O., Jerlstrom-Hultqvist, J., Castro, E., Sherwood, E., Ankarklev, J., Reiner, D. S., Palm, D., Andersson, J. O., Andersson, B. and Svard, S. G.** (2009). Draft genome sequencing of *Giardia intestinalis* assemblage B isolate GS: is human giardiasis caused by two different species? *PLoS Pathogens* **5**, e1000560-doi: 10.1371/journal.ppat.1000560.
- Geurden, T., Claerebout, E., Dursin, L., Deflandre, A., Bernay, F., Kaltsatos, V. and Vercruyse, J.** (2006). The efficacy of an oral treatment with paromomycin against an experimental infection with *Giardia* in calves. *Veterinary Parasitology* **135**, 241–247. doi: 10.1016/j.vetpar.2005.09.006.
- Geurden, T., Geldhof, P., Levecke, B., Martens, C., Berkvens, D., Casaert, S., Vercruyse, J. and Claerebout, E.** (2008). Mixed *Giardia duodenalis* assemblage A and E infections in calves. *International Journal for Parasitology* **38**, 259–264. doi: 10.1016/j.ijpara.2007.07.016.
- Geurden, T., Levecke, B., Caccio, S. M., Visser, A., De, G. G., Casaert, S., Vercruyse, J. and Claerebout, E.** (2009). Multilocus genotyping of *Cryptosporidium* and *Giardia* in non-outbreak related cases of diarrhoea in human patients in Belgium. *Parasitology* **136**, 1161–1168. doi: 10.1017/S0031182009990436.
- Geurden, T., Vercruyse, J. and Claerebout, E.** (2010). Is *Giardia* a significant pathogen in production animals? *Experimental Parasitology* **124**, 98–106. doi: 10.1016/j.exppara.2009.03.001.
- Gottschall, D. W., Theodorides, V. J. and Wang, R.** (1990). The metabolism of benzimidazole anthelmintics. *Parasitology Today* **6**, 115–124. doi: 0169-4758(90)90228-V.
- Jerlstrom-Hultqvist, J., Franzen, O., Ankarklev, J., Xu, F., Nohynkova, E., Andersson, J. O., Svard, S. G. and Andersson, B.** (2010). Genome analysis and comparative genomics of a *Giardia intestinalis* assemblage E isolate. *BMC Genomics* **11**, 543–557. doi: 1186/1471-2164-11-543.
- Jokipii, A. M. and Jokipii, L.** (1987). Comparative activity of metronidazole and tinidazole against *Clostridium difficile* and *Peptostreptococcus anaerobius*. *Antimicrobial Agents and Chemotherapy* **31**, 183–186.
- Karanis, P. and Ey, P. L.** (1998). Characterization of axenic isolates of *Giardia intestinalis* established from humans and animals in Germany. *Parasitology Research* **84**, 442–449.
- Kasprzak, W. and Majewska, A. C.** (1985). Improvement in isolation and axenic growth of *Giardia intestinalis* strains. *Transactions of the Royal Society of Tropical Medicine and Hygiene* **79**, 551–557.
- Katiyar, S. K., Gordon, V. R., McLaughlin, G. L. and Edlind, T. D.** (1994). Antiprotozoal activities of benzimidazoles and correlations with beta-tubulin sequence. *Antimicrobial Agents and Chemotherapy* **38**, 2086–2090.
- Keister, D. B.** (1983). Axenic culture of *Giardia lamblia* in TYI-S-33 medium supplemented with bile. *Transactions of the Royal Society of Tropical Medicine and Hygiene* **77**, 487–488.
- Lalle, M., Jimenez-Cardosa, E., Caccio, S. M. and Pozio, E.** (2005). Genotyping of *Giardia duodenalis* from humans and dogs from Mexico using a beta-giardin nested polymerase chain reaction assay. *Journal of Parasitology* **91**, 203–205.
- Lemee, V., Zaharia, I., Nevez, G., Rabodonirina, M., Brasseur, P., Ballet, J. J. and Favennec, L.** (2000). Metronidazole and albendazole susceptibility of 11 clinical isolates of *Giardia duodenalis* from France. *Journal of Antimicrobial Chemotherapy* **46**, 819–821.
- Mayrhofer, G., Andrews, R. H., Ey, P. L. and Chilton, N. B.** (1995). Division of *Giardia* isolates from humans into two genetically distinct assemblages by electrophoretic analysis of enzymes encoded at 27 loci and comparison with *Giardia muris*. *Parasitology* **111**, 11–17.
- Meloni, B. P., Lymbery, A. J. and Thompson, R. C.** (1988). Isoenzyme electrophoresis of 30 isolates of *Giardia* from humans and felines. *American Journal of Tropical Medicine and Hygiene* **38**, 65–73.
- Mohamadnezhad, F., Ghaffarifar, F. and Dalinmi, A.** (2008). *In vitro* effects of metronidazole and albendazole on *Giardia lamblia* isolated from iranian patients. *Iranian Journal of Parasitology* **3**, 38–42.
- Moreno, S. N., Mason, R. P. and Docampo, R.** (1984). Distinct reduction of nitrofurans and metronidazole to free radical metabolites by *Trichomonas foetus* hydrogenosomal and cytosolic enzymes. *Journal of Biological Chemistry* **259**, 8252–8259.
- Morgan, U. M., Reynoldson, J. A. and Thompson, R. C.** (1993). Activities of several benzimidazoles and tubulin inhibitors against *Giardia* spp. *in vitro*. *Antimicrobial Agents and Chemotherapy* **37**, 328–331.
- Muller, J., Sterk, M., Hemphill, A. and Muller, N.** (2007). Characterization of *Giardia lamblia* WB C6 clones resistant to nitazoxanide and to metronidazole. *Journal of Antimicrobial Chemotherapy* **60**, 280–287. doi: 10.1093/jac/dkm205.
- Muller, N. and von Allmen, N.** (2005). Recent insights into the mucosal reactions associated with *Giardia lamblia* infections. *International Journal for Parasitology* **35**, 1339–1347. doi: 10.1016/j.ijpara.2005.07.008.
- Nillius, D., Muller, J., and Muller, N.** (2011). Nitroreductase (GlnR1) increases susceptibility of *Giardia lamblia* and *Escherichia coli* to nitro drugs. *Journal of Antimicrobial Chemotherapy* **66**, 1029–1035. dkr029 [pii];10.1093/jac/dkr029 [doi].
- O'Handley, R. M., Olson, M. E., McAllister, T. A., Morck, D. W., Jelinski, M., Royan, G. and Cheng, K. J.** (1997). Efficacy of fenbendazole for treatment of giardiasis in calves. *American Journal of Veterinary Research* **58**, 384–388.
- Plutzer, J., Ongerth, J. and Karanis, P.** (2010). *Giardia* taxonomy, phylogeny and epidemiology: Facts and open questions. *International Journal of Hygiene and Environmental Health* **213**, 321–333. doi: 10.1016/j.ijheh.2010.06.005.
- Raether, W. and Hanel, H.** (2003). Nitroheterocyclic drugs with broad spectrum activity. *Parasitology Research* **90**, S19–S39. doi: 10.1007/s00436-002-0754-9.
- Read, C. M., Monis, P. T. and Thompson, R. C.** (2004). Discrimination of all genotypes of *Giardia duodenalis* at the glutamate dehydrogenase locus using PCR-RFLP. *Infection, Genetics and Evolution* **4**, 125–130. doi: 10.1016/j.meegid.2004.02.001.
- Sahagun, J., Clavel, A., Goni, P., Seral, C., Llorente, M. T., Castillo, F. J., Capilla, S., Arias, A. and Gomez-Lus, R.** (2008). Correlation between the presence of symptoms and the *Giardia duodenalis* genotype. *European Journal of Clinical Microbiology and Infectious Diseases* **27**, 81–83. doi: 10.1007/s10096-007-0404-3.
- Solaymani-Mohammadi, S., Genkinger, J. M., Loffredo, C. A. and Singer, S. M.** (2010). A meta-analysis of the effectiveness of albendazole compared with metronidazole as treatments for infections with *Giardia duodenalis*. *PLoS Neglected Tropical Diseases* **4**, e682-doi: 10.1371/journal.pntd.0000682.
- Sweetman, S. C.** (2007). *Martindale the Complete Drug Reference*. 35th Edn. Pharmaceutical Press, London.
- Townson, S. M., Upcroft, J. A. and Upcroft, P.** (1996). Characterisation and purification of pyruvate:ferredoxin oxidoreductase from *Giardia duodenalis*. *Molecular and Biochemical Parasitology* **79**, 183–193. 0166685196026618 [pii].

**Upcroft, P. and Upcroft, J. A.** (2001). Drug targets and mechanisms of resistance in the anaerobic protozoa. *Clinical Microbiology Review* **14**, 150–164. doi: 10.1128/CMR.14.1.150-164.2001.

**Vanparijs, O., Hermans, L. and Van der Flaes, L.** (1985). Anthelmintic efficacy of flubendazole paste against nematodes and cestodes in dogs and cats. *American Journal of Veterinary Research* **46**, 2539–2541.

**Visvesvara, G. S.** (1980). Axenic growth of *Giardia lamblia* in Diamond's TPS-1 medium. *Transactions of the Royal Society of Tropical Medicine and Hygiene* **74**, 213–215.

**Zajac, A. M., LaBranche, T. P., Donoghue, A. R. and Chu, T. C.** (1998). Efficacy of fenbendazole in the treatment of experimental *Giardia* infection in dogs. *American Journal of Veterinary Research* **59**, 61–63.