

Large-scale vortices and zonal flows in spherical rotating convection

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Motivated by understanding the dynamics of stellar and planetary interiors, we have performed a set of direct numerical simulations of Boussinesq convection in a rotating full sphere. The domain is internally heated with fixed temperature and stress-free boundary conditions, but fixed heat flux and no-slip boundary conditions are also briefly considered. We particularly focus on the large-scale coherent structures and the mean zonal flows that can develop in the system. At Prandtl number of unity, as the thermal forcing (measured by the Rayleigh number) is increased above the value for the onset of convection, we find a relaxation oscillation regime, followed by a geostrophic turbulence regime. Beyond this we see for the first time the existence of large-scale coherent vortices that form on the rotation axis. All regime boundaries are well described by critical values of the convective Rossby number Ro_c , with transitions from oscillatory to geostrophic turbulence, and then to the large-scale vortex regime at values $Ro_c \approx 0.2$ and $Ro_c \approx 1.5$, respectively. The zonal flow is controlled by the convective Rossby number and changes its direction when the flow transitions from the geostrophic turbulence regime to the large-scale vortex regime. While the non-zonal flow speed and heat transfer can be described by the so-called inertial scaling in the geostrophic turbulence regime, the formation of large-scale vortices appears to reduce both the non-zonal flow speed and the efficiency of convective heat transfer.

Key words: geostrophic turbulence, rotating flows, convection in cavities

1. Introduction

Convection is commonplace in the interiors of stars and planets, in which rotation plays a dominant role (e.g. Zhang & Liao 2017). Despite a concerted study of this system, both numerically and theoretically, over many decades, our understanding of the process remains incomplete. It is of great interest to properly characterise both the morphology

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of fluid flow and the mechanism of heat transfer as a function of the dynamical regime as controlled by the relevant non-dimensional numbers. The highly supercritical regime, which is both the most challenging and the most relevant in planetary settings, remains poorly understood.

Three classes of problem have been tackled in order to make progress. By far the most studied is the problem of plane layer Rayleigh–Bénard convection, in both non-rotating and rotating settings (Plumley & Julien 2019). The second class is rotating spherical shell convection, naturally motivated by the geometry of planets that possess solid cores; such a geometry lends itself naturally to efficient numerical methods (Glatzmaier 2014; Marti, Calkins & Julien 2016). This problem has been studied using laboratory experiments (Aubert *et al.* 2001) and numerical simulations in both Boussinesq (Christensen 2002; Aurnou, Heimpel & Wicht 2007) and anelastic settings (Gastine, Wicht & Aurnou 2013), with a variety of gravity profiles (Gastine, Wicht & Aubert 2016) and boundary conditions (Mound & Davies 2017; Long *et al.* 2020). The results of the first two problems have been recently reviewed by Jones (2015), Aurnou *et al.* (2015) and Plumley & Julien (2019), and we refer the reader to these review articles.

The third class of study, which is the subject of the present research, is the canonical problem of rotating convection in a whole sphere in which an internal heat source is present; the strength of the heating is measured by the Rayleigh number Ra. Although early theoretical work concentrated on the whole-sphere geometry (Chandrasekhar 1961; Roberts 1968; Busse 1970; Kida 1994; Jones, Soward & Mussa 2000; Zhang & Liao 2004) and the determination of the critical Rayleigh number for convection (Ra_c) , there has been much less numerical work focusing on this area. Notwithstanding the studies that reduce the size of the inner core to negligible size without actually removing it, notable studies using a true full-sphere geometry are those of Jones et al. (2000), Sánchez, Garcia & Net (2016) and Kaplan et al. (2017), which mainly concerned themselves with the onset of convection or subcritical convection. More recently, Guervilly, Cardin & Schaeffer (2019) examined the convective length scales in a rotating sphere using both quasi-geostrophic and fully three-dimensional methods in the regime of very low Ekman number and small Prandtl number, albeit with a weak thermal forcing (around the onset of convection). Convection was studied experimentally in the full sphere by Chamberlain & Carrigan (1986) using centrifugal gravity, though practical considerations precluded the exploration of very supercritical Rayleigh numbers: in that study, $Ra \leq 2.5Ra_c$. The highly supercritical regime of convection in a whole sphere is of great relevance to the dynamics of the Earth's core prior to inner core nucleation and to some fully convective stars, yet the problem remains largely unexplored.

In the present work we concentrate on the problem in which the diffusivities of heat and momentum are equal, leading to a so-called Prandtl number (Pr) of unity. At fixed viscosity this leaves the rotation period (measured by the Ekman number E) and the strength of internal heating (characterised by Ra) as the only control parameters. We perform a set of direct numerical simulations with moderate Ekman numbers $(E \sim 10^{-5})$, but over a wide range of Rayleigh numbers (from near the onset up to $10^4 Ra_c$).

A primary focus of our work has been to delineate the regime boundaries that occur on increasing the Rayleigh number. We make use of the significant step forward made by Gilman (1977) who identified the relevance of the convective Rossby number Ro_c in supercritical convection. In terms of the aforementioned parameters, $Ro_c = \sqrt{RaE/Pr}$, and we find that Ro_c is indeed the control parameter that defines the regime boundaries. A relaxation oscillation regime occurs just beyond the onset of convection and the boundary with the geostrophic turbulence (GT) regime that follows subsequently is well described by

a critical value of Ro_c . Likewise, we find a second bifurcation to a regime with a large-scale vortex (LSV), which is perfectly described by a constant value of Ro_c . Thus our results support the significance of this parameter. Conversely, when looking quantitatively within these regimes, we find that this parameter alone is insufficient to fully describe the scaling of flow speed and heat transfer. In particular, we find that the formation of LSVs appears to reduce the efficiency of the heat transfer and the convective flow speed.

The identification of axisymmetric LSVs in spherical rotating convection is entirely new. We argue that the omission of an inner core removes the obstacle to such geostrophic structures that otherwise would be present. Large-scale coherent vortices have been previously observed in planar rotating convection in both the anelastic case (Chan 2007; Käpylä, Mantere & Hackman 2011; Chan & Mayr 2013) and Boussinesq case (Julien et al. 2012b; Favier, Silvers & Proctor 2014; Guervilly, Hughes & Jones 2014; Rubio et al. 2014; Stellmach et al. 2014). The formation of LSV is attributed to an inverse cascade, i.e. upscale energy transfer, in rotating turbulence. In spherical containers, large-scale coherent structures may be associated with mean zonal flows (Christensen 2002). We find a reversal of the mean zonal flow when the LSVs are formed. Such a reversal has been observed in thin spherical shells for both Boussinesq convection (Aurnou et al. 2007) and anelastic convection (Gastine et al. 2013) when the Rayleigh number is sufficiently large, but never before in a full sphere. Effects of boundary conditions on the formation of LSVs are also briefly discussed.

2. Numerical models

2.1. Governing equations

We consider Boussinesq convection in a full sphere with radius of r_o , which rotates at $\Omega = \Omega \hat{z}$. The sphere is filled with an incompressible fluid of density ρ , viscosity ν and thermal diffusivity κ . Convective motions are driven by a homogeneous internal heat source S, under a gravitational field $\mathbf{g} = -g_o \mathbf{r}/r_o$. In the absence of convection, the basic state temperature is determined by the conduction alone and is given as

$$\widetilde{T}_b = \frac{\beta}{2}(r_o^2 - r^2),$$
(2.1)

where $\beta = S/(3k)$ in which k is thermal conductivity.

Using the radius r_o as the length scale, the viscous diffusion time r_o^2/v as the time scale and βr_o^2 as the temperature scale, the system is governed by the following dimensionless equations in the rotating frame (Marti *et al.* 2014):

$$E\left(\frac{\partial \mathbf{u}}{\partial t} + \mathbf{u} \cdot \nabla \mathbf{u}\right) + \hat{\mathbf{z}} \times \mathbf{u} = -\nabla p + \frac{Ra}{Pr} Tr + E\nabla^2 \mathbf{u},\tag{2.2}$$

$$Pr\left(\frac{\partial T}{\partial t} + \boldsymbol{u} \cdot \nabla T\right) = \nabla^2 (T - T_b),$$
 (2.3)

$$\nabla \cdot \boldsymbol{u} = 0, \tag{2.4}$$

where u is the fluid velocity, p is the reduced pressure, T is the total temperature and T_b is the dimensionless basic temperature given as

$$T_b = \frac{1}{2}(1 - r^2). {(2.5)}$$

The dimensionless parameters are the Ekman number E, the rotationally modified Rayleigh number Ra and the Prandtl number Pr:

$$E = \frac{v}{2\Omega r_o^2}, \quad Ra = \frac{\alpha \beta g_o r_o^3}{2\Omega \kappa}, \quad Pr = \frac{v}{\kappa}, \tag{2.6a-c}$$

where α is the thermal expansion coefficient. The Prandtl number is fixed to be unity (Pr=1) in this study. Note that Ra in a full sphere is naturally flux-based as β is related to the total heat flux \tilde{Q} through the boundary by

$$\tilde{Q} = \frac{4\pi r_0^3}{3} S = 4\pi r_0^3 k \beta, \tag{2.7}$$

regardless of thermal boundary conditions, and the non-dimensional heat flux q through the boundary is $q = -\nabla T$. Here Ra is related to the convectional Rayleigh number $Ra_T = \alpha g_0 \Delta T r_o^3 / \nu \kappa$ based on the temperature difference by $Ra = 2NuERa_T$, where Nu is the Nusselt number (see the definition given in (2.16) below).

As pointed out by Gilman (1977), the convective Rossby number, which is a combination of E, Ra and Pr, is a key control parameter in supercritical rotating convection. Based on our definition, the convective Rossby number is given as

$$Ro_c = \sqrt{\frac{ERa}{Pr}} = \frac{\sqrt{\alpha\beta g_0 r_o}}{2\Omega},\tag{2.8}$$

which does not depend on the viscosity ν and the thermal diffusivity κ . The convective Rossby number is the ratio between the rotation time scale and the free-fall time scale, and characterises the global force balance between the buoyancy force with respect to the Coriolis force (Gilman 1977). Christensen (2002) introduced a similar diffusivity-free parameter $Ra^* = ERa/Pr$, which is the square of the convective Rossby number, i.e. $Ra^* = Ro_c^2$.

We adopt the stress-free boundary condition for the velocity u and a fixed temperature (T=0 for simplicity) at the boundary of the sphere in most of the numerical simulations. The no-slip boundary condition and a fixed heat flux, i.e. $\partial T/\partial r = -1.0$, boundary condition are also briefly considered.

2.2. Numerical method

The governing equations (2.2)–(2.4) subject to the boundary conditions are numerically solved using a spectral method in a whole sphere (Marti & Jackson 2016). As we consider an incompressible fluid, the velocity u is decomposed into toroidal and poloidal components:

$$u = \nabla \times (Tr) + \nabla \times \nabla \times (Pr). \tag{2.9}$$

The toroidal \mathcal{T} and poloidal \mathcal{P} scalar fields and the temperature field T are expanded in terms of spherical harmonic expansion on spherical surfaces and the so-called Jones-Worland polynomials in the radial direction. The spectral expansion is truncated up to spherical harmonics of degree L=255 and order M=255, and up to N=127 for the Jones-Worland polynomials. A critical element of the technique is its graceful handling of the origin at the centre of the sphere, such that the Courant-Friedrichs-Lewy condition is not unduly stringent in this region. Time-stepping has been performed using a second-order Runge-Kutta scheme, with adaptive time steps. The typical time step is about 10^{-7} (viscous time scale) for the most demanding calculations. We refer the reader to Marti

& Jackson (2016) for more details regarding the numerical scheme. The numerical code has been benchmarked for several hydrodynamic and magnetohydrodynamic problems in a full sphere, including the rotating thermal convection problem (Marti *et al.* 2014).

2.3. Diagnostics

In order to qualitatively describe numerical results, the following quantities derived from the velocity u and the temperature T will be used.

The total kinetic energy is given by

$$\mathcal{E} = \frac{1}{2} \int_{\mathcal{V}} \mathbf{u}^2 \, \mathrm{d}V. \tag{2.10}$$

The development of strong zonal flow is a distinct feature in the nonlinear regime; hence we can decompose the total energy into zonal and non-zonal parts:

$$\mathcal{E}_{zonal} = \frac{1}{2} \int_{\mathcal{V}} \left(u_{\phi}^{0} \right)^{2} dV, \quad \mathcal{E}_{non} = \mathcal{E} - \mathcal{E}_{zonal},$$
 (2.11*a,b*)

where u_{ϕ}^{0} is the axisymmetric (m=0) component of the azimuthal velocity u_{ϕ} , i.e. zonal flow. We define the Rossby number as

$$Ro = \frac{U_{rms}}{2\Omega r_0},\tag{2.12}$$

where U_{rms} is the dimensional root mean square velocity. Base on the non-dimensionalisation we used, the Rossby number is related to the non-dimensional energy as

$$Ro = E\sqrt{\frac{2\mathcal{E}}{V}},\tag{2.13}$$

where $V = 4\pi/3$ is the non-dimensional volume of the sphere. Accordingly, we have the zonal Rossby number

$$Ro_{zon} = E\sqrt{\frac{2\mathcal{E}_{zonal}}{V}}$$
 (2.14)

and the non-zonal Rossby number

$$Ro_{non} = E\sqrt{\frac{2\mathcal{E}_{non}}{V}}. (2.15)$$

Heat transport owing to convection can be measured by the Nusselt number. For the convection of internal heating in a full sphere, the Nusselt number can be estimated by the drop of the temperature with respect to the basic state at the centre (Guervilly & Cardin 2016; Kaplan *et al.* 2017):

$$Nu = \frac{T_b(r=0)}{T(r=0)}. (2.16)$$

Apart from these global quantities, we often use the axial vorticity and the zonal velocity to visualise flows. The axial vorticity is calculated by

$$\omega_{z} = 2E\hat{\mathbf{z}} \cdot (\nabla \times \mathbf{u}). \tag{2.17}$$

Note that the prefactor of 2E leads to the vorticity in units of the rotation frequency Ω given the non-dimensionalisation we have used. The zonal velocity is also rescaled, i.e. $U_{\phi}^{0}=2Eu_{\phi}^{0}$, such that U_{ϕ}^{0} is in the units of Ωr_{0} . The mean zonal flow $\overline{U_{\phi}^{0}}$ is time-averaged U_{ϕ}^{0} .

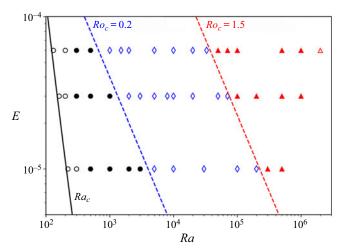


Figure 1. Regime diagram in the plane of (E, Ra). Different symbols represent different flow regimes. Open circles correspond to the steadily drifting regime near the onset; filled circles correspond to the relaxation oscillation regime; blue diamonds correspond to the GT regime; filled triangles correspond to the LSV regime; and the open triangle in the top right corresponds to the non-rotating regime.

3. Results

Numerical simulations in this study are listed in detail in table 1 in appendix A. We fix Pr = 1 in this study and vary the control parameters E and Ra, leading to a variety of dynamical regimes. Stress-free and fixed temperature boundary conditions are assumed unless stated otherwise. Figure 1 summarises simulations as a function of (E, Ra) with symbols indicating different flow regimes, which are discussed in § 3.1.

3.1. Flow regimes

Convection takes place only when Ra is larger than a critical value Ra_c . At Pr=1 with the stress-free and the fixed temperature boundary conditions, the critical value is given as $Ra_c \approx 4.1E^{-1/3} + 17.8$ (black solid line in figure 1) according to the asymptotic theory of the linear onset (Jones *et al.* 2000). Our fully nonlinear numerical simulations are consistent with the linear theory regarding the onset of convection. Figure 2 shows a snapshot of the axial vorticity and the zonal flow when Ra is marginally above the critical value ($Ra=220\approx 1.05Ra_c$) at $E=10^{-5}$. The flow near the onset is in the form of the so-called thermal Rossby waves, which are quasi-geostrophic, i.e. nearly invariant along the rotation axis (figure 2b). The kinetic energy becomes quasi-steady after the initial growing phase. The azimuthal wavenumber m=14 is also in agreement with the linear theory. We also see that a weak zonal flow develops (figure 2c) with differential rotation (prograde near the equator and retrograde in the inner region) due to the nonlinear interactions of the linear onset mode (Zhang 1992).

When Ra is a few times larger than the critical value, convective motions become quasi-periodic. Figure 3 shows an example of the relaxation oscillation regime at $E=10^{-5}$ and $Ra=1000\approx 4.8Ra_c$. We can see that the time evolution of the energy exhibits a quasi-periodic manner (figure 3a). The growth of the onset mode (figure 3b) leads to subsequent instabilities, resulting in more vigorous and complex convection (figure 3c). A movie of the axial vorticity for this case is provided (see supplementary movie 1). As the non-zonal energy approaches the maxima, there is a burst of the zonal energy, followed

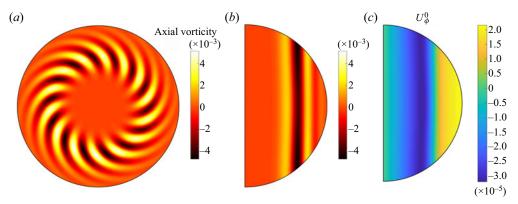
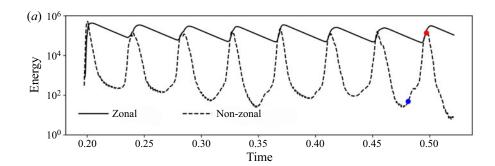


Figure 2. Flows near the onset at $E = 10^{-5}$, Pr = 1, $Ra = 220 \approx 1.05 Ra_c$. (a) Axial vorticity in the equatorial plane and (b) in the meridional plane; (c) zonal flow in the meridional plane.



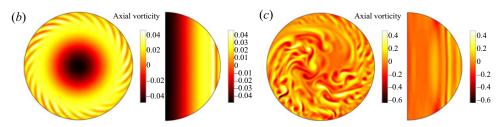


Figure 3. An example of the oscillatory flow regime at $E=10^{-5}$, $Ra=1000\approx 4.8Ra_c$. (a) Time evolution of the zonal and non-zonal kinetic energy. Time is in units of the viscous time scale. (b,c) Axial vorticity in the equatorial plane and in the meridional plane at the instants indicated by the blue dot and red dot in (a), respectively. (A movie of this time series is provided; see supplementary movie 1 available at https://doi.org/10.1017/jfm.2020.1151.)

by a relaminarisation process (decreasing of both the zonal and non-zonal energy). During these cycles, the non-zonal energy can vary over several orders of magnitude between peaks and troughs. Similar relaxation oscillations have been observed in numerical simulations of convection in spherical shells, and are also referred to as convective bursts (Grote & Busse 2001; Busse 2002; Christensen 2002; Heimpel & Aurnou 2012). The relaxation oscillations can be attributed to the competition between the nonlinear effect and the viscous effect (Christensen 2002). The oscillatory regime exists only at intermediate Rayleigh numbers (filled circles in figure 1).

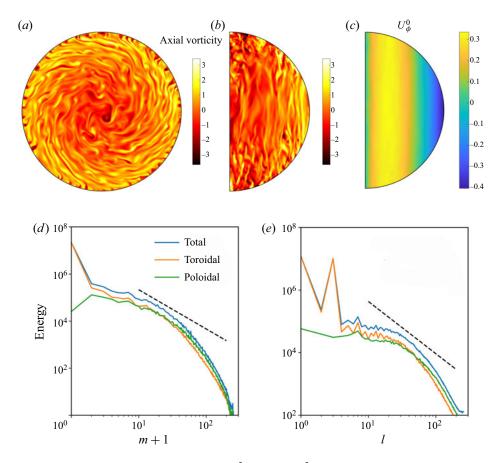


Figure 4. An example of the GT regime at $E = 10^{-5}$ and $Ra = 10^{5}$. (a) Axial vorticity in the equatorial plane. (b) Axial vorticity in the meridional plane. (c) Zonal flow in the meridional plane. (d,e) Energy spectra as a function of the azimuthal wavenumber m and spherical harmonic degree l. Black dashed lines represent the -5/3 power law purely for reference.

As we increase Ra, time evolution of the kinetic energy becomes less periodic and eventually becomes irregular fluctuations, but the flow structures are still elongated along the rotation axis due to the constraint of rotation. We refer to this regime as the GT regime. The transition from the relaxation oscillation to the GT regime seems to be controlled by the convective Rossby number, i.e. $Ro_c \approx 0.2$ (blue dashed line in figure 1). Figure 4 shows a typical case of the GT regime at $E=10^{-5}$ and $Ra=10^{5}$. In this regime, convective motions are charaterised by space-filling and sustained turbulence (figure 4a,b). The axial vorticity in the meridional plane (figure 4b) shows elongated structures along the rotation axis due to the constraint of rotation in this regime. This is a typical flow regime in rotating convection when Ra is supercritical, which has been observed in a wide range of numerical simulations and laboratory experiments (Aurnou et al. 2015).

Apart from small-scale turbulence, geostrophic zonal flows (figure 4c) are developed in this case, with a strong prograde jet near the equator and mainly retrograde flows in the bulk. The significance of the zonal flow is clearly evident in the energy spectra (figure 4d,e) as a function of the azimuthal wavenumber m and spherical harmonic degree l. The kinetic energy is dominated by the m=0 toroidal component, which is basically the zonal flow.

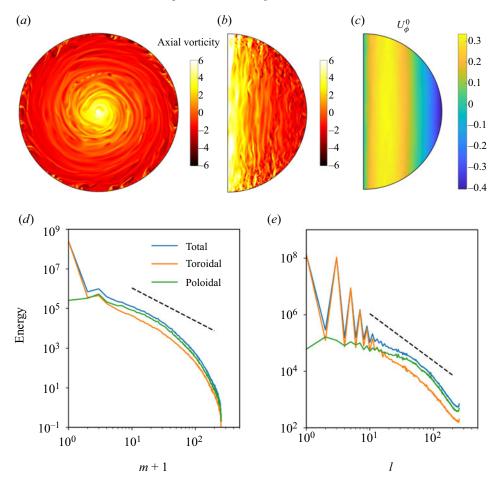


Figure 5. An example of the LSV regime at $E=10^{-5}$ and $Ra=3\times10^{5}$. (a) Axial vorticity in the equatorial plane. (b) Axial vorticity in the meridional plane. (c) Zonal flow in the meridional plane. (d,e) Energy spectra as a function of the azimuthal wavenumber m and spherical harmonic degree l. Black dashed lines represent the -5/3 power law purely for reference.

In the l spectra, l = 0 and l = 2 toroidal components contribute the most kinetic energy in the flow.

Further increasing Ra leads to a completely different flow regime (red triangles in figure 1), which is characterised by the formation of LSV. The transition from the GT regime to the LSV regime is also determined by the convective Rossby number, i.e. $Ro_c \approx 1.5$ (the red dashed line in figure 1). Figure 5 shows an example of the LSV at $E=10^{-5}$ and $Ra=3\times10^5$. We can see a notable cyclonic vortex located at the centre in the equatorial plane (figure 5a) and extended along the rotation axis (figure 5b). The formation process of the LSV is further discussed in § 3.2. The vortex is accompanied by a strong geostrophic zonal flow (figure 5c). However, the direction of the zonal flow is reversed compared to the previous regime. The zonal flow is retrograde near the equator and prograde in the inner region. The kinetic energy is dominated by the m=0 toroidal component, which corresponds to the columnar vortex and the zonal flow. The sawtooth-shaped curves in the l spectra at large l reflect the equatorially symmetric nature of the LSV and the zonal flow.

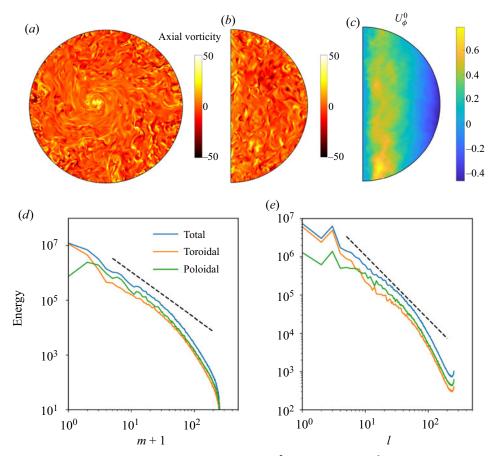


Figure 6. An example of LSV breakdown at $E = 6.0 \times 10^{-5}$ and $Ra = 2.0 \times 10^{6}$. (a) Axial vorticity in the equatorial plane. (b) Axial vorticity in the meridional plane. (c) Zonal flow in the meridional plane. (d,e) Energy spectra as a function of the azimuthal wavenumber m and spherical harmonic degree l. Black dashed lines represent the -5/3 power law.

At sufficiently large Ra, large-scale coherent structures break down and convection tends to behaviour similar to that in a non-rotating regime. Figure 6 shows an example in this regime at $E=6.0\times 10^{-5}$ and $Ra=2.0\times 10^6\approx 1.6\times 10^4 Ra_c$ (corresponding to the open triangle in figure 1). Unlike previous cases, axial vorticity in the equatorial and meridional planes does not exhibit obvious anisotropy (figure 6a,b). The zonal flow becomes much less geostrophic compared with previous cases (figure 6c). Energy spectra in both m and l are in agreement with the Kolmogorov scaling of $k^{-5/3}$ over a wide range of wavenumbers (figure 6d,e). This non-rotating regime exists at very large Ra and it is computationally demanding to simulate this regime at lower E. As our focus in this study is the LSV, we do not explore this regime further.

3.2. Formation of the LSV

We now turn to analyse the formation process of the LSV. Figure 7 shows the time evolution of the zonal energy and the non-zonal energy (figure 7a), as well as the kinetic energy carried by several different m during the growth phase of the LSV (figure 7b) at

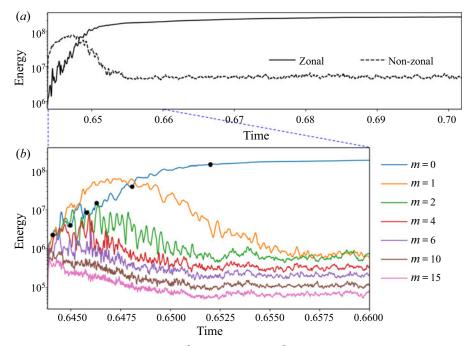


Figure 7. Time series of energy at $E = 10^{-5}$ and $Ra = 3.0 \times 10^{5}$. (a) Zonal and non-zonal energy. (b) Energy contained in several different azimuthal wavenumbers m during the formation stage of the LSV. Time is in units of the viscous time scale.

 $E=10^{-5}$ and $Ra=3.0\times10^{5}$ (corresponding to the case in figure 5). The simulation started from a saturated state at lower Ra in the GT regime. We can see that the zonal energy overtakes the non-zonal energy after the transient stage and then the non-zonal energy drops. The simulation saturates to a state of which the zonal energy is dominant over the non-zonal energy.

The energy transfer from a small-scale flow to a large-scale flow is probably best illustrated in figure 7(b). While the energy in the m=0 component keeps growing and becomes dominant, the energy in other components initially grows but subsequently drops. We note that the larger the azimuthal wavenumber m, the earlier the energy drop, suggesting a successive energy transfer from larger m to smaller m. Similar upscale energy transfer has been reported in rotating Rayleigh–Bénard convection, leading to box-sized vortices (Guervilly $et\ al.\ 2014$; Rubio $et\ al.\ 2014$). In the full sphere we consider here, the upscale energy transfer leads to a large cyclonic vortex located at the centre and strong zonal flow (figure 5).

Figure 8 shows a sequence of snapshots (corresponding to the black dots in figure 7b) of the axial vorticity and the zonal flow during the formation stage of the LSV at $E=10^{-5}$ and $Ra=3.0\times10^{5}$. We clearly see the process of vortex merging from small scales (figure 8a) to a few prominent vortices (figure 8b,c), which further merge into one dominant cyclonic vortex (figure 8d). The eye of the cyclone spirals inwards and eventually settles at the centre (figure 8e,f). The vortex is elongated along the rotation axis as we have shown in figure 5(b). As the vortices merge and migrate inwards, the prograde zonal flow also shifts inwards, suggesting an inwards transport of angular momentum. We further discuss the mean zonal flow in § 3.3.

Y. Lin and A. Jackson

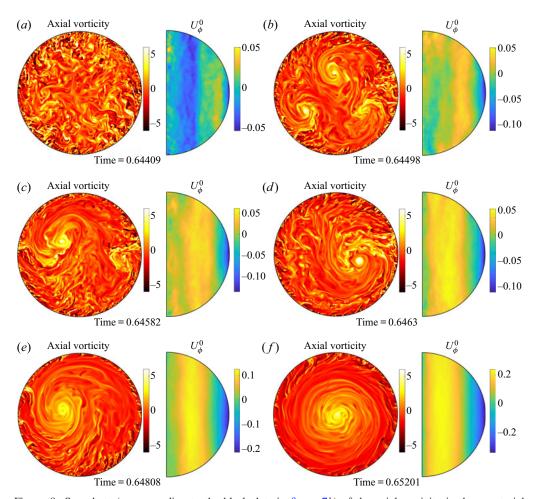


Figure 8. Snapshots (corresponding to the black dots in figure 7b) of the axial vorticity in the equatorial plane and zonal flow in the meridional plane at $E = 10^{-5}$ and $Ra = 3.0 \times 10^{5}$. (A movie of this time series is provided; see supplementary movie 2.)

Figure 9 shows the same snapshots as in figure 8 but for the temperature field. We also see the merging process from small-scale to larger-scale structures of the temperature field, culminating with a relatively hot columnar aggregation around the rotation axis as the LSV is formed. The instantaneous Nusselt number Nu is indicated at the bottom of each snapshot. We note that the formation of the LSV results in a significant drop of Nu, e.g. from Nu = 56.9 (in figure 9e) to Nu = 25.11 (in figure 9f). This is perhaps due to the fact that a hot column of fluid is trapped around the rotation axis by the LSV, which reduces the amount of heat transported by the convection. We further discuss effects of the LSV on the heat transport in § 3.4.

3.3. Mean zonal flows

As we have shown, zonal flows are always developed once the convective motions set in. In this section, we compare the zonal flow in different regimes and investigate how the zonal flow varies depending on the control parameters.

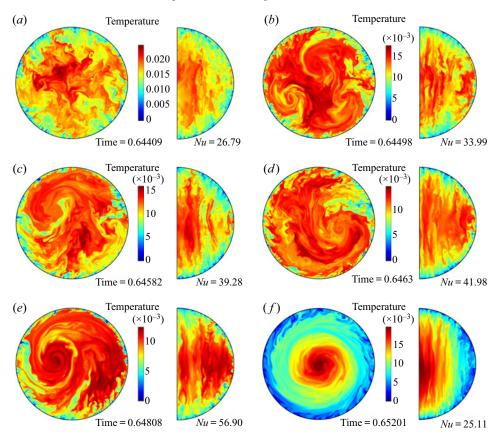


Figure 9. As for figure 8 but for the temperature in the equatorial plane and in the meridional plane. Instantaneous Nusselt number Nu is also indicated.

Figure 10 shows the mean zonal flow, i.e. time-averaged zonal flow $\overline{U_\phi^0}$, in the meridional plane at various Ra but fixed $E=10^{-5}$. In all cases, the mean zonal flows are almost invariant along the rotation axis. However, the direction of the mean zonal flow reverses when the convective Rossby number is sufficiently large such that the LSV forms, i.e. $Ro_c \gtrsim 1.5$. Similar reversal of the zonal flow has been observed in thin shells for both Boussinesq convection (Aurnou *et al.* 2007) and anelastic convection (Gastine *et al.* 2013). They also found that the reversal is controlled by the convective Rossby number Ro_c , or equivalently by Ra^* .

As the mean zonal flow is essentially geostrophic, we use the zonal velocity profile in the equatorial plane to represent the zonal flow. Figure 11(a) shows the zonal profiles at various E and Ra in the GT regime. These profiles collapse into an invariant profile when the zonal velocity is divided by $Ro_c^{3/5}$. Note that the exponent 3/5 is merely an empirical estimate and may be subject to small revisions. Nevertheless, it is clear that the zonal flow is controlled by the the convective Rossby number in the GT regime.

Figure 12(a) shows the zonal profiles in the LSV regime for various E and Ra, but the same $Ro_c = \sqrt{3}$. The zonal flow profile in the LSV regime (figure 12a) is almost, but not exactly, the reverse of the profile in the GT regime (figure 11b). Aurnou *et al.* (2007) proposed that the vigorous convection at large Ra homogenises the angular momentum in the inertial frame, leading to a retrograde equatorial jet and a prograde zonal flow

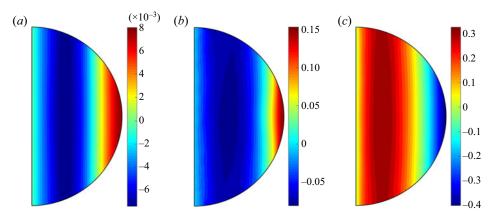


Figure 10. Mean zonal flows in the meridional plane at different Ra for fixed $E = 10^{-5}$: (a) $Ra = 1.0 \times 10^3$, $Ro_c = 0.1$, in the relaxation oscillation regime; (b) $Ra = 1.0 \times 10^5$, $Ro_c = 1.0$, in the GT regime; (c) $Ra = 3.0 \times 10^5$, $Ro_c = \sqrt{3}$, in the LSV regime.

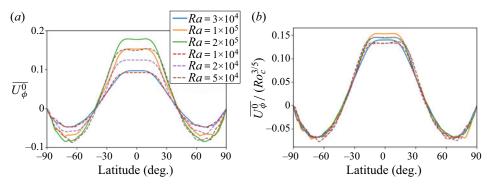


Figure 11. (a) Mean zonal flow on the surface as a function of the latitude at various E and Ra, but all cases in the GT regime. (b) As for (a), but the mean zonal flow is rescaled by $Ro_c^{3/5}$. Solid (dashed) lines correspond to cases at $E = 10^{-5}$ ($E = 3 \times 10^{-5}$).

inside in the rotating frame. Figure 12(b) shows the specific angular momentum in the inertial frame, i.e. $M_I = s^2 + s\overline{U_\phi^0}$ (non-dimensional). We see an inward transfer of the angular momentum compared to solid body rotation, but the angular momentum profiles are far from a homogeneous distribution, even in the outer region. One may expect a more homogeneous distribution of the angular momentum on further increasing Ra, but the zonal flow appears to saturate in the LSV regime as we can see from figure 13(a).

We have been unable to discover a principle that predicts this profile. Of interest is the fact that the angular momentum in the LSV regime is clearly prograde for $s \lesssim 0.72$ and retrograde for $s \gtrsim 0.72$, with the sum being zero, of course, in the rotating frame. But what determines this changeover point s^* ? We merely remark that a fluid in solid body rotation contains half its angular momentum in $s \leqslant 0.77$ and half exterior to this radius. Any connection between s^* and this value may be fortuitous.

The zonal Rossby number Ro_{zon} increases with increasing Ro_c with varying slopes depending on the flow regimes, and becomes saturated ($Ro_{zon} \sim 0.15$) in the LSV regime (figure 13a). The plot is truncated to $Ro_{zon} \geqslant 10^{-3}$ to highlight the supercritical cases as Ro_{zon} is very small near the onset. In the oscillatory regime $Ro_c < 0.2$, Ro_{zon} also depends

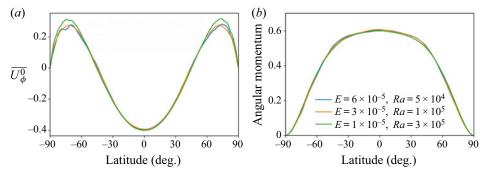


Figure 12. (a) Mean zonal flow on the surface as a function of the latitude at various E and Ra, but all cases in the LSV regime. (b) As for (a), but showing the specific angular momentum in the inertial frame.

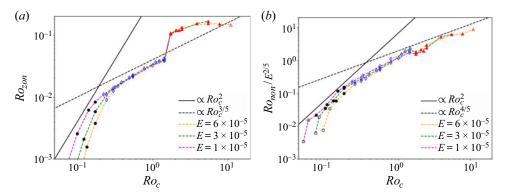


Figure 13. Zonal Rossby number Ro_{zon} (a) and rescaled non-zonal Rossby number $Ro_{non}/E^{2/5}$ (b) as a function of the convective Rossby number Ro_c . Different symbols represent different flow regimes as in figure 1. Ro_{zon} and Ro_{non} are time-averaged over several convective turnover time scales.

on the Ekman number, suggesting that the viscosity plays a part in the zonal flow. Based on a balance between the Reynolds stress and the internal viscous stress, Christensen (2002) proposed $Ro_{zon} \propto (Ro_{non})^2/E$. The non-zonal Rossby number as a function of Ro_c is shown in figure 13(b), but the above relation does not hold for our numerical results as both R_{zon} and Ro_{non} follow the solid black line and roughly scale as Ro_c^2 in the oscillatory regime $Ro_c < 0.2$.

In the GT regime $0.2 \le Ro_c \le 1.5$, Ro_{zon} becomes independent of the viscosity and the empirical scaling $Ro_{zon} \sim Ro_c^{3/5}$ (black dashed line in figure 13a) is evident, in agreement with figure 11(b). In this regime, the non-zonal Rossby number is expected to follow the so-called inertial scaling, which is based on a force balance between Coriolis, inertia and Archimedean force, if the viscous effect is negligible (Aubert *et al.* 2001). The inertial scaling can be expressed as the following based on our definition of the control parameters (see appendix B):

$$Ro_{non} \sim \left(\frac{E}{Pr}\right)^{2/5} (Ro_c)^{4/5}$$
. (3.1)

In figure 13(b), Ro_{non} is divided by $E^{2/5}$ (Pr=1) to compare with the inertial scaling (black dashed line). While the data points at different E are well collapsed, we note that numerical results exhibit a steeper trend (larger exponent) than the inertial scaling.

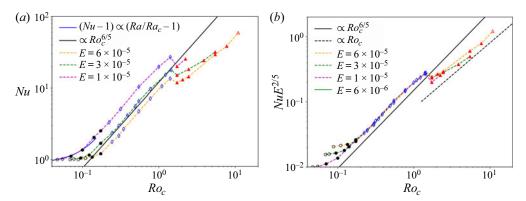


Figure 14. Nusselt number Nu(a) and $NuE^{2/5}(b)$ as a function of the convective Rossby number Ro_c . Different symbols represent different flow regimes as in figure 1. The blue line depicting supercriticality is plotted in the lower left-hand corner of (a), for $Ro_c \le 0.15$ and $E = 10^{-5}$. Here Nu is time-averaged over several convective turnover time scales.

Previous numerical simulations in spherical shells also found steeper exponents (e.g. Gastine *et al.* 2016; Long *et al.* 2020) and the deviation is usually attributed to the non-negligible effects of the viscosity in numerical simulations.

3.4. Heat transport

Figure 14 shows the Nusselt number as a function of the convective Rossby number Ro_c . Near the onset of the convection, the convective heat transfer is proportional to the supercriticality according to a weakly nonlinear theory (Gillet & Jones 2006), i.e.

$$Nu - 1 \propto \frac{Ra}{Ra_c} - 1. \tag{3.2}$$

We can see from the lower left-hand corner of figure 14(a) that our numerical results can be well fitted by the aforementioned scaling when $Ra < 6Ra_c$ for $E = 10^{-5}$ (the blue solid line).

In rotating turbulent convection, the inertial scaling has been promoted to describe heat transport (Stevenson 1979; Aubert *et al.* 2001; Julien *et al.* 2012*a*; Barker, Dempsey & Lithwick 2014; Jones 2015). Based on our definition of the non-dimensional parameters, this inertial scaling for the Nusselt number can be written as (appendix B)

$$Nu \sim \left(\frac{E}{Pr}\right)^{-2/5} (Ro_c)^{6/5}$$
 (3.3)

We can see that our numerical results in the GT regime (blue diamonds in figure 14) are in very good agreement with the inertial scaling. Note that we use the stress-free boundary condition in this study. Previous studies using the no-slip boundary found that the scaling exponent in Ra depends on the Ekman number (Cheng *et al.* 2015; Gastine *et al.* 2016; Long *et al.* 2020), i.e. $Nu \sim Ra^{\lambda(E)}$, though it may asymptotically approach the inertial scaling at low Ekman numbers (Gastine *et al.* 2016).

There is a sudden drop of Nu on increasing Ro_c when the flow transits from the GT regime to the LSV regime $Ro_c > 1.5$. As we have mentioned, the reduction of the heat transport by the LSV is mainly due to the fact that a relatively hot column is formed

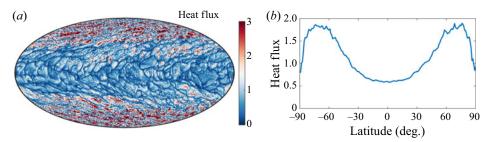


Figure 15. Heat flux q on the surface in the LSV regime at $E=10^{-5}$ and $Ra=3.0\times10^{5}$. (a) Instantaneous heat flux on the surface (Mollweide projection). (b) Time and azimuthal average of the heat flux q on the surface as a function of latitude.

around the rotation axis. Nusselt number Nu continues to increase on further increase of Ra in the LSV regime, but the slope seems to be less steep compared to the GT regime. It is difficult to deduce any definitive scaling tendency, as higher forcings would be required, and this is computationally prohibitive.

Figure 15(a) shows the heat flux q on the surface in the LSV regime at $E=10^{-5}$ and $Ra=3.0\times10^{5}$. The heat flux exhibits both small-scale perturbations and large-scale coherent variation in latitude, in line with the formation of LSV. The time and azimuthal average in figure 15(b) shows that the heat flux at high latitudes is about three times larger than that around the equator. The latitudal variations of the heat flux again suggest that the formation of LSV provides a barrier for the horizontal heat transport in the system.

3.5. Effects of boundary conditions

Thus far, we have made use of stress-free and fixed temperature boundary conditions. In this section, we briefly discuss effects of boundary conditions on the formation of LSV.

Previous studies (Guervilly et al. 2014; Stellmach et al. 2014), studying planar rotating convection, found that the LSV exists only when a stress-free boundary condition is imposed. In the present study, we briefly explore the possibility of formation of LSV with a no-slip boundary, but do not observe any LSV being formed, at least in the parameter range we could access. Figure 16 shows an example with a no-slip boundary condition at $E = 10^{-5}$ and $Ra = 5 \times 10^{5}$, at which the LSV would form with the stress-free boundary condition. With the no-slip boundary condition, we see that the flow is characterised by small-scale structures elongated along the rotation axis (figure 16a,b). We note that a zonal flow is also developed with a prograde jet near the equator and a retrograde flow in the inner region (figure 16c), but the amplitude is much smaller compared to the zonal flow with a stress-free boundary condition. In fact, the zonal Rossby number is smaller than the non-zonal Rossby number when no-slip boundary conditions are employed (table 1), in contrast to the case with the stress-free boundary condition.

Figure 17 compares different thermal boundary conditions, i.e. fixed temperature (figure 17a,b) and fixed flux (figure 17c,d) conditions at $E=1.0\times10^{-5}$ and $Ra=5.0\times10^{5}$. Both cases use the stress-free boundary condition. It can be seen that in this regime the thermal boundary conditions play a minor role. A major difference is the temperature field in the polar regions, where the hot columnar structure associated with the LSV needs to adapt different thermal boundary conditions. The hot columnar region can extend to the polar surface when the fixed-flux condition is imposed.

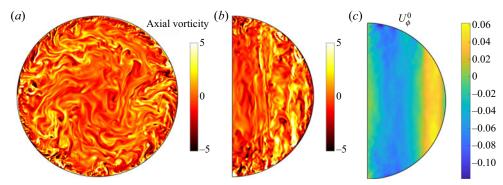


Figure 16. Axial vorticity and zonal flow with the no-slip boundary condition at $E = 1.0 \times 10^{-5}$ and $Ra = 5.0 \times 10^{5}$. (a,b) Axial vorticity in the equatorial plane and in the meridional plane. (c) Zonal flow in the meridional plane.

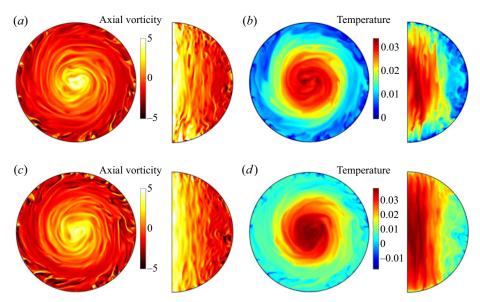


Figure 17. Comparison of the fixed temperature boundary condition (a,b) and the fixed flux boundary condition (c,d) for $E=3.0\times 10^{-5}$ and $Ra=10^{5}$. (a,c) Axial vorticity in the equatorial plane and in the meridional plane. (b,d) Temperature in the equatorial plane and in the meridional plane.

4. Conclusions

We have observed the previously unseen presence of LSVs in full-sphere rotating convection, thus complementing the previous discoveries in Boussinesq rotating boxes (Favier *et al.* 2014; Guervilly *et al.* 2014; Rubio *et al.* 2014; Stellmach *et al.* 2014). Relatively simple large-scale zonal flow profiles are developed in this regime, with a prograde axial vortex and a retrograde equatorial zonal flow. While the geostrophic character of these flows is pervasive, the ubiquitous radial structure of the zonal flow in the LSV regime remains a theoretical challenge to comprehend. We have been able to fully document the transition between regimes as the Rayleigh number is increased from that required to first initiate convection, finding that the convective Rossby number

is a completely prognostic control parameter: $Ro_c \approx 0.2$ and $Ro_c \approx 1.5$ delineate the boundaries between the oscillatory regime, the GT regime and the LSV regime.

In the GT regime, the zonal Rossby number Ro_{zon} solely depends on the convective Rossby number and follows an empirical scaling law $Ro_{zon} \sim Ro_c^{3/5}$, while the non-zonal Rossby number and the Nusselt number can be described by the well-known inertial scaling. The direction of the zonal flow is reversed when the flow transitions from the GT regime to the LSV regime, while the non-zonal Rossby number and the Nusselt number are reduced by the formation of LSV. In the LSV regime we witness a saturation of the zonal flow speed, while the non-zonal Rossby number and the Nusselt number show an abrupt drop followed by a gradual increase, whose slopes are reduced compared to their systematics in the GT regime.

The effects of both the mechanical and thermal boundary conditions on the formation of LSVs are briefly considered. While the thermal boundary condition plays a minor role, the no-slip boundary condition prohibits the formation of LSVs, at least for the parameter regimes we could access, in line with previous studies in planar rotating convection (Guervilly *et al.* 2014; Stellmach *et al.* 2014). It is possible that the dynamics with the stress-free and the no-slip conditions would converge at very low Ekman numbers, but it is computationally demanding to study the highly supercritical convection at very low Ekman numbers via direct numerical simulations. We note the prospect of better experimental delineation of zonal flows in the future using the ZoRo experiment (Su *et al.* 2020). This rapidly rotating spheroid has the capability of zonal flow determination using acoustic normal mode velocimetry, and will be subject to differential heating in the future.

Supplementary movies. Supplementary movies are available at https://doi.org/10.1017/jfm.2020.1151.

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Appendix A. List of numerical simulations

All of the numerical simulations are listed in table 1 including the control parameters, time-averaged diagnostic parameters, numerical resolutions (N, L, M) and flow regimes. Here SD represents the steadily drifting regime near the onset; RO represents the relaxation oscillation regime; GT represents the geostrophic turbulence regime; LSV represents the large-scale vortices; NR represents the non-rotating regime. The case marked with # used the stress-free and fixed flux boundary condition, while the one marked with * used the no-slip and fixed temperature boundary conditions. All other cases used the stress-free and fixed temperature boundary conditions.

Y. Lin and A. Jackson

E	Ra	Ro_{zon}	Ro_{non}	Nu	(N, L, M)	Regime
6.0×10^{-5}	$Ra_c = 126.04$					
6.0×10^{-5}	1.3×10^{2}	2.85×10^{-5}	1.55×10^{-4}	1.002	(63,63,63)	SD
6.0×10^{-5}	2.0×10^{2}	5.81×10^{-4}	6.94×10^{-4}	1.041	(63,63,63)	SD
6.0×10^{-5}	3.0×10^{2}	1.56×10^{-3}	1.20×10^{-3}	1.085	(63,63,63)	RO
6.0×10^{-5}	5.0×10^{2}	3.77×10^{-3}	2.02×10^{-3}	1.774	(63,63,63)	RO
6.0×10^{-5}	1.0×10^{3}	9.08×10^{-3}	3.93×10^{-3}	1.774	(63,63,63)	GT
6.0×10^{-5}	1.5×10^{3}	1.26×10^{-2}	4.90×10^{-3}	2.158	(63,63,63)	GT
6.0×10^{-5}	2.0×10^{3}	1.49×10^{-2}	5.80×10^{-3}	2.683	(63,63,63)	GT
6.0×10^{-5}	5.0×10^{3}	2.23×10^{-2}	1.07×10^{-2}	4.731	(63,127,127)	GT
6.0×10^{-5}	1.0×10^{4}	2.87×10^{-2}	2.27×10^{-2}	7.162	(63,127,127)	GT
6.0×10^{-5}	2.0×10^{4}	3.65×10^{-2}	3.15×10^{-2}	10.57	(63,127,127)	GT
6.0×10^{-5}	3.3×10^{4}	4.11×10^{-2}	3.99×10^{-2}	13.55	(63,127,127)	GT
6.0×10^{-5}	5.0×10^{4}	1.05×10^{-1}	3.80×10^{-2}	11.88	(63,127,127)	LSV
6.0×10^{-5}	7.0×10^{4}	1.20×10^{-1}	4.37×10^{-2}	13.01	(63,127,127)	LSV
6.0×10^{-5}	1.0×10^{5}	1.33×10^{-1}	6.06×10^{-2}	14.37	(63,127,127)	LSV
6.0×10^{-5}	5.0×10^{5}	1.54×10^{-1}	1.26×10^{-1}	29.43	(127,255,255)	LSV
6.0×10^{-5}	1.0×10^{6}	1.50×10^{-1}	1.32×10^{-1}	38.49	(127,255,255)	LSV
6.0×10^{-5}	2.0×10^{6}	1.46×10^{-1}	1.81×10^{-1}	59.41	(127,255,255)	NR
3.0×10^{-5}	$Ra_c = 152.95$					
3.0×10^{-5}	1.6×10^{2}	2.43×10^{-5}	9.62×10^{-5}	1.002	(63,63,63)	SD
3.0×10^{-5}	2.0×10^{2}	2.06×10^{-4}	2.93×10^{-4}	1.019	(63,63,63)	SD
3.0×10^{-5}	3.0×10^{2}	7.54×10^{-4}	5.36×10^{-4}	1.054	(63,63,63)	RO
3.0×10^{-5}	5.0×10^{2}	2.09×10^{-3}	9.18×10^{-4}	1.159	(63,127,127)	RO
3.0×10^{-5}	1.0×10^{3}	5.83×10^{-3}	2.22×10^{-3}	1.694	(63,127,127)	RO
3.0×10^{-5}	2.0×10^{3}	1.10×10^{-2}	3.38×10^{-3}	2.361	(63,127,127)	GT
3.0×10^{-5}	3.0×10^{3}	1.38×10^{-2}	4.23×10^{-3}	2.982	(63,127,127)	GT
3.0×10^{-5}	5.0×10^{3}	1.71×10^{-2}	5.84×10^{-3}	4.152	(63,127,127)	GT
3.0×10^{-5}	8.0×10^{3}	2.04×10^{-2}	7.75×10^{-3}	5.577	(63,127,127)	GT
3.0×10^{-5}	1.0×10^{4}	2.21×10^{-2}	8.79×10^{-3}	6.615	(63,127,127)	GT
3.0×10^{-5}	2.0×10^{4}	2.86×10^{-2}	1.33×10^{-2}	9.684	(63,127,127)	GT
3.0×10^{-5}	5.0×10^{4}	3.78×10^{-2}	2.93×10^{-2}	15.25	(63,127,127)	GT
3.0×10^{-5}	7.0×10^{4}	3.92×10^{-2}	3.56×10^{-2}	17.89	(63,127,127)	GT
3.0×10^{-5}	1.0×10^{5}	1.04×10^{-1}	2.46×10^{-2}	15.08	(127,255,255)	LSV
3.0×10^{-5}	1.0×10^{5}	1.05×10^{-1}	2.58×10^{-2}		(127,255,255)	LSV#
3.0×10^{-5}	2.0×10^{5}	1.23×10^{-1}	3.76×10^{-2}	18.25	(127,255,255)	LSV
3.0×10^{-5}	5.0×10^{5}	1.54×10^{-1}	8.13×10^{-2}	24.27	(127,255,255)	LSV
3.0×10^{-5}	1.0×10^{6}	1.67×10^{-1}	9.65×10^{-2}	31.92	(127,255,255)	LSV
1.0×10^{-5}	$Ra_c = 210.52$					
1.0×10^{-5}	2.2×10^{2}	1.01×10^{-5}	3.42×10^{-5}	1.001	(63,63,63)	SD
1.0×10^{-5}	3.0×10^{2}	1.75×10^{-4}	1.52×10^{-4}	1.020	(63,127,127)	SD
1.0×10^{-5}	5.0×10^{2}	7.25×10^{-4}	2.17×10^{-4}	1.116	(63,127,127)	RO
1.0×10^{-5}	1.0×10^{3}	2.56×10^{-3}	4.52×10^{-4}	1.366	(63,127,127)	RO
1.0×10^{-5}	2.0×10^{3}	6.19×10^{-3}	1.17×10^{-3}	2.046	(63,127,127)	RO
1.0×10^{-5}	5.0×10^{3}	1.11×10^{-2}	2.25×10^{-3}	3.326	(63,127,127)	RO
1.0×10^{-5}	1.0×10^{4}	1.44×10^{-2}	3.46×10^{-3}	5.120	(127,255,255)	GT
1.0×10^{-5}	3.0×10^4	2.12×10^{-2}	6.60×10^{-3}	10.37	(127,255,255)	GT
1.0×10^{-5}	3.0×10^4	2.12×10^{-2}	6.60×10^{-3}	10.37	(127,255,255)	GT
1.0×10^{-5}	1.0×10^{5}	3.23×10^{-2}	1.18×10^{-2}	19.76	(127,255,255)	GT
1.0×10^{-5}	2.0×10^{5}	3.84×10^{-2}	1.74×10^{-2}	27.03	(127,255,255)	GT
1.0×10^{-5}	3.0×10^{5}	1.08×10^{-1}	1.56×10^{-2}	20.03	(127,255,255)	LSV
1.0×10^{-5}	5.0×10^{5}	1.19×10^{-1}	1.92×10^{-2}	29.57	(127,255,255)	LSV
1.0×10^{-5}	5.0×10^{5}	2.14×10^{-2}	2.60×10^{-2}	43.17	(127,255,255)	GT*

Table 1. Summary of numerical simulations. Symbols # and * denote the cases using different boundary conditions (see text for details).

Appendix B. Inertial scaling expressed in our parameters

In rapidly rotating convection, the so-called inertial scaling is proposed to describe the convective flow speed, typical length scale and heat transport (Stevenson 1979; Aubert et al. 2001). The inertial scaling is based on a balance of Coriolis-inertial—Archimedean terms, incorporated with the mixing length theory, leading to a scaling independent of the viscosity. Here we follow the review article of Jones (2015) and express the scaling in terms of dimensionless parameters defined in this study. Note that the Rayleigh number Ra we defined is rotationally modified and based on heat flux, which is loosely related to Ra_Q in Jones (2015) by $Ra \approx ERa_Q$. According to (119) in Jones (2015), the inertial scaling predicts the non-zonal Rossby number (representing the convective flow velocity) as

$$Ro_{non} \sim \left(\frac{E}{Pr}\right) (EPr)^{1/5} Ra_Q^{2/5} \sim \left(\frac{E}{Pr}\right)^{4/5} Ra^{2/5}.$$
 (B1)

We can write the above scaling in the convective Rossby number $Ro_c = \sqrt{RaE/Pr}$ as

$$Ro_{non} \sim \left(\frac{E}{Pr}\right)^{2/5} Ro_c^{4/5}.$$
 (B2)

Note that the inertial scaling does not provide direct prediction of the zonal Rossby number.

The inertial scaling predicts the Nusselt number as ((119) in Jones (2015))

$$Nu \sim E^{4/5} Pr^{-1/5} Ra_Q^{3/5} \sim \left(\frac{E}{Pr}\right)^{1/5} Ra^{3/5}.$$
 (B3)

Note that we have assumed $Nu - 1 \sim Nu$ in the strongly supercritical regime. Using $Ra^* = RaE/Pr$, we obtain

$$Nu \sim \left(\frac{E}{Pr}\right)^{-2/5} \left(Ra^*\right)^{3/5}.$$
 (B4)

The above scaling is equivalent to

$$Nu \sim E^2 P r^{-1/2} R a_T^{3/2},$$
 (B5)

where Ra_T is the convectional Rayleigh number based on the temperature difference, i.e. $Ra_T = \alpha g_0 \Delta T r_o^3 / \nu \kappa$, and is related to Ra by

$$Ra = 2NuERa_T.$$
 (B6)

Equation (B4) can be also represented in terms of the convective Rossby number Ro_c using $Ra^* = Ro_c^2$:

$$Nu \sim \left(\frac{E}{Pr}\right)^{-2/5} (Ro_c)^{6/5} \,. \tag{B7}$$

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Y. Lin and A. Jackson

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