

BJPsych

The British Journal of Psychiatry

ISSN 0007-1250

<http://bjp.rcpsych.org>

Editor Peter Tyrer

Deputy Editor

Simon Wessely

Associate Editors

Dinesh Bhugra

Alistair Burns

Sarah Byford

Patricia Casey

Nick Craddock

(Editorials Editor)

Mike Crawford

(Editorials Editor)

Tom Fahy

Anne Farmer

Elena Garralda

Paul Grasby

Khalida Ismail

Julian Leff

Philip McGuire

Max Marshall

(Reviews Editor)

Femi Oyeboode

(Book Reviews Editor)

Rosalind Ramsay

(Book Reviews Editor)

Jan Scott

Sukhwinder Shergill

Editorial Advisors

Howard Croft

Louise Howard

Martin Knapp

Paul Lelliott

Herschel Prins

Henry Rollin

International

Editorial Board

Louis Appleby (UK)

Ricardo Araya (UK)

Allan Beveridge (UK)

(Book Reviews Editor)

Joe Bouch (UK)

Tom Burns (UK)

Mary Cannon (Ireland)

Andrew Cheng (Taiwan)

John Cookson (UK)

Tim Crow (UK)

Kimberlie Dean (UK)

John Eagles (UK)

Nicol Ferrier (UK)

Svein Friis (Norway)

Simon Gilbody (UK)

Sheila Hollins (UK)

Frank Holloway (UK)

Jeremy Holmes (UK)

Matthew Hotopf (UK)

Robert Howard (UK)

(Executive Contents Editor)

Assen Jablensky (Australia)

Rachel Jenkins (UK)

Eileen Joyce (UK)

Kenneth Kendler (USA)

Michael King (UK)

Stephen Lawrie (UK)

Glyn Lewis (UK)

Shôn Lewis (UK)

John Livesley (Canada)

Ian McKeith (UK)

Kwame McKenzie (Canada)

Roger Mulder (New Zealand)

Paul Mullen (Australia)

Frank Njenga (Kenya)

David Owens (UK)

Vikram Patel (India)

Michael Phillips (China)

Steven Reid (UK)

Ken Silk (USA)

Swaran Singh (UK)

Paul Soloff (USA)

Dan Stein (South Africa)

Nori Takei (Japan)

Michele Tansella (Italy)

Cornelia Thiels (Germany)

J. L. Vázquez-Barquero (Spain)

Waquas Waheed (UK)

(Reviews Editor)

Elizabeth Walsh (UK)

Kiriakos Xenitidis (UK)

(Correspondence Editor)

Trainee Editors

Colin Campbell

(Correspondence Editor)

(Debate Editor)

Santosh Mudholkar

Stastical Advisers

Graham Dunn

Stephen Roberts

Pak Sham

Staff

Head of Publications

Dave Jago

Deputy Head of Publications

Andrew Morris

Senior Staff Editor

Lynnette Maddock

Staff Editors

Katarzyna Krawczyk

Zofia O'Connor

Editorial Assistant

Moira Barry

Sales & Marketing Manager

Daniel Tomkins

Marketing Officer

Carrie Davis

Past Editors

Eliot Slater 1961–72

Edward H. Hare 1973–77

John L. Crammer 1978–83

Hugh L. Freeman 1984–93

Greg Wilkinson 1994–2003

Subscriptions

Non-members of the College should contact the Publications Subscription Department, Maney Publishing, Suite 1C, Joseph's Well, Hanover Walk, Leeds LS3 1AB, UK (tel. 0113 243 2800; fax. 0113 386 8178; email: subscriptions@maney.co.uk). For subscriptions in North America please contact: Maney Publishing North America, 875 Massachusetts Avenue, 7th Floor, Cambridge, MA 02139, USA (tel. 866 297 5154 (toll free); fax. 617 354 6875; email: maney@maneyusa.com). Annual subscription rates for 2009 (12 issues post free) are as follows:

| | INSTITUTIONS | INDIVIDUALS |
|---------------|--------------|-------------|
| Europe (& UK) | £304 | £250 |
| US & Canada | \$567 | \$399 |
| Elsewhere | £355 | £277 |

Full airmail is £38/US\$66 extra. Single copies of the Journal are £26, \$45 (post free).

Subscription to the printed Journal includes unlimited free access to the online Journal

Online-only subscription rates: individuals £163 (US\$260); institutions £250 (US\$400)

British Psychiatry Online (3-journal package)

full access to the *British Journal of Psychiatry*, *Psychiatric Bulletin* and *Advances in Psychiatric Treatment*, online-only subscription rates: individuals £285 (US\$512); institutions £341 (US\$614). View the journals at <http://www.rcpsych.org>

Queries from College members about missing or faulty copies should be addressed to the Membership Office, The Royal College of Psychiatrists, 17 Belgrave Square, London SW1X 8PG, UK.

Payment should be made out to the British Journal of Psychiatry.

Back issues

Back issues may be purchased from Maney Publishing, Customer Service, Suite 1C, Joseph's Well, Hanover Walk, Leeds LS3 1AB, UK. Tel. +44(0)113 386 8168; Fax +44 (0)113 386 8178; email: subscriptions@maney.co.uk.

Advertising

Correspondence and copy should be addressed to Stephen H. P. Mell, Advertising Manager, PTM Publishers Ltd, Westmead House, 123 Westmead Road, Sutton, Surrey SM1 4JH, UK (tel. 020 8642 0162; fax 020 8643 2275).

US Mailing Information

The *British Journal of Psychiatry* USPS 536-870 is published monthly by the Royal College of Psychiatrists, 17 Belgrave Square, London SW1X 8PG, UK. The 2009 US annual subscription price is 567USD. Airfreight and mailing in the USA by Agent named Air Business, c/o Worldnet Shipping USA Inc., 149-35 177th Street, Jamaica, New York, NY 11434. Periodicals postage paid at Jamaica, NY 11431.

US POSTMASTER: Send address changes to Royal College of Psychiatrists, c/o Worldnet Shipping USA Inc., 149-35 177th Street, Jamaica, New York, NY 11434. Subscription records are maintained at Royal College of Psychiatrists, 17 Belgrave Square, London SW1X 8PG, UK.

TMThe paper used in this publication meets the minimum requirements of the American National Standard for Information Sciences – Permanence of Paper for Printed Library Materials, ANSI Z39.48-1984.

Typeset by Tavistock Digital Data, Tavistock. Printed in Great Britain by Henry Ling Limited, The Dorset Press, 23 High East Street, Dorchester, Dorset DT1 1HD.

Founded by J. C. Bucknill in 1853 as the *Asylum Journal* and known as the *Journal of Mental Science* from 1858 to 1963.

©2009 The Royal College of Psychiatrists. Unless so stated, material in the *British Journal of Psychiatry* does not necessarily reflect the views of the Editor or the Royal College of Psychiatrists. The publishers are not responsible for any error of omission or fact.

Instructions to authors

Full instructions to authors are given at <http://bjp.rcpsych.org/misc/ifora.shtml>.

Information about the College's publications is available at <http://www.rcpsych.ac.uk>.

The *British Journal of Psychiatry* is published monthly by the Royal College of Psychiatrists (a charity registered in England and Wales (228636) and in Scotland (SC038369). The *BJP* publishes original work in all fields of psychiatry. Manuscripts for publication should be submitted online at <http://submit-bjp.rcpsych.org>.

All papers in this journal are peer-reviewed. No person is permitted to take any role in the peer-review of a paper in which they have an interest, defined as follows: fees or grants from, employment by, consultancy for, shared ownership in, or any close relationship with, an organisation whose interests, financial or otherwise, may be affected by the publication of the paper.