

Effects of maternal periconceptual undernutrition in sheep on offspring glucose–insulin axis function into adulthood

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Original Article

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Abstract

Maternal periconceptual undernutrition (PCUN) affected fetal pancreatic maturation in late gestation lambs and impaired glucose tolerance in 10-month-old sheep. To examine the importance of the timing of maternal undernutrition around conception, a further cohort was born to PCUN ewes [undernourished for 61 d before conception (PreC), 30 d after conception (PostC), or 61 d before until 30 d after conception (PrePostC)], or normally fed ewes (Control) ($n = 15\text{--}20/\text{group}$). We compared glucose tolerance, insulin secretion, and sensitivity at 36 months of age. We also examined protein expression of insulin signalling proteins in muscle from these animals and in muscle from a fetal cohort (132 d of gestation; $n = 7\text{--}10/\text{group}$). Adult PostC and PrePostC sheep had higher glucose area under the curve than Controls ($P = 0.07$ and $P = 0.02$, respectively), whereas PreC sheep were similar to Controls ($P = 0.97$). PostC and PrePostC had reduced first-phase insulin secretion compared with Control ($P = 0.03$ and $P = 0.02$, respectively). PreC was similar to Control ($P = 0.12$). Skeletal muscle SLC2A4 protein expression in PostC and PrePostC was increased 19%–58% in fetuses ($P = 0.004$), but decreased 39%–43% in adult sheep ($P = 0.003$) compared with Controls. Consistent with this, protein kinase C zeta (PKC ζ) protein expression tended to be increased in fetal ($P = 0.09$) and reduced in adult ($P = 0.07$) offspring of all PCUN ewes compared with Controls. Maternal PCUN alters several aspects of offspring glucose homeostasis into adulthood. These findings suggest that maternal periconceptual nutrition has a lasting impact on metabolic homeostasis of the offspring.

Introduction

From experimental and epidemiological studies, it is well established that maternal nutrition during pregnancy plays an important role in influencing offspring development and health^{1,2}. Offspring born to mothers undernourished during pregnancy have increased risk of developing metabolic disorders including diabetes, obesity, and coronary heart disease^{1,2}. Seminal data from the Dutch Hunger Winter studies highlight the importance of the timing of the nutritional insult in determining effects on offspring metabolic health outcomes in later life^{3,4}. Individuals exposed to famine during late gestation were born smaller and remained smaller throughout their lives, with lower rates of obesity as adults than those who were not exposed to famine during gestation^{3,4}. In contrast, those exposed to famine during the first trimester had, as adults, altered lipid profiles, higher body mass index, and increased prevalence of obesity and coronary heart disease compared with those not exposed to famine^{3,4}. Consistent with these epidemiological studies, experimental studies also provide evidence that maternal nutritional status in early pregnancy, including the period around the time of conception, is important, with perturbations in maternal periconceptual nutritional status adversely affecting offspring development and metabolic health^{5–9}.

We have shown that late gestation sheep fetuses whose mothers were subject to periconceptual undernutrition (PCUN) from 61 d prior until 30 d after mating had increased insulin secretion in response to glucose but not arginine, potentially indicating accelerated maturation of the fetal pancreas¹⁰. Furthermore, during maternal fasting, late gestation fetuses of periconceptually undernourished ewes had similar insulin concentration but maintained lower plasma glucose concentration than controls¹¹, suggesting that insulin action was enhanced. Consistent with these fetal findings, Smith *et al.* reported reduced plasma glucose concentrations and increased insulin response to an intravenous bolus glucose infusion, in 10-week-old offspring of ewes that were subjected to PCUN from 28 d prior until 7 d after mating¹². However, these fetal and neonatal changes were short-lived, and in fact reversed in later life, as 10-month-old postpubertal lambs of periconceptually undernourished ewes had reduced insulin:glucose ratio, reduced first-phase insulin response (FIR) to glucose, and impaired

glucose tolerance (IGT)¹³. It remains to be determined whether these effects of maternal PCUN on offspring glucose–insulin axis persist into adulthood.

The aim of this study was to determine the effects of PCUN on glucose–insulin axis function in offspring in mid-adulthood (36 months old) and also insulin signalling protein expression in skeletal muscle of fetal and adult offspring.

Methods

Experimental paradigm

All animal experimentation was approved by the University of Auckland Animal Ethics Committee (Approvals AEC/07/2004/R277, AEC/07/2005/R389, and AEC/02/2008/R628) and conducted in accordance with those approvals. Multiparous singleton-bearing 4 to 5-year-old Romney ewes between body condition score 3.5 and 4.5¹⁴ were acclimatized to a pelleted complete feed ration (designed in conjunction with Dunstan, Hamilton, NZ) comprising 60% lucerne, 30% barley, 5% meadow hay, and the balance limestone, molasses, and a mineral mix. The feed had a mean metabolizable energy of 9.5 MJ/kg, acid-detergent soluble fiber content of 31%, neutral-detergent fiber content of 32%, soluble starch content of 16%, and crude protein content of 17%, on a dry matter basis. Ewes were randomly allocated to one of four groups: controls (Control; maintenance feeding: pelleted feed at 3%–4% of body weight/day); undernourished (low plane feeding: fasted for 2 d then fed pelleted feed at 1–2% of body weight/day) from 61 d before until mating (PreC), from 2 d before until 30 d after mating (PostC), or from 61 d before until 30 d after mating (PrePostC) as described previously and no differences in maternal weight were seen at the start of nutritional management¹¹. Ewes underwent ultrasonography 55 d and 69 d after mating to confirm pregnancy rates, which were not affected by PCUN¹⁵. A subset of ewes and their singleton fetuses were randomly assigned for instrumented *in vivo* fetal–maternal study and euthanasia at 132 d gestation by intravenous pentobarbitone overdose (Provet, Auckland, NZ, 85 mg/kg)¹¹. *Vastus lateralis* samples were collected from fetuses (Control, 3M/5F; PreC, 2M/5F; PostC, 6M/1F; PrePostC, 3M/7F). The remaining ewes lambed and weaned at 3 months of age¹⁶. Standard animal husbandry practices (drenching, shearing, hoof trimming, and vaccination) were carried out periodically. Ewe offspring were not mated during the life course. At 4 and 10 months of age, singleton and twin animals from Control and PrePostC were tested for intravenous glucose tolerance tests (ivGTTs)¹³, following that age twins were not studied further. By 36 months of age, 16.5% of singleton animals born in the trial had died with no difference among groups. Adult, singleton offspring were again brought indoors for ivGTT and hyperglycemic clamps (HGCs; Control, 5M/10F; PreC, 10M/10F; PostC, 11M/5F; PrePostC, 9M/9F). Following testing, samples of *vastus lateralis* were collected after euthanasia by anesthetic overdose. Muscle samples were snap-frozen in liquid nitrogen and stored at –80°C until analysis.

ivGTT and HGC

At 36 months of age, catheters were placed in jugular veins under local anesthetic dose (Xylocaine, AstraZeneca, North Ryde, NSW, Australia)¹³ and animals underwent GTTs (Control, 5M/10F; PreC, 10M/10F; PostC, 11M/5F; PrePostC, 8M/9F) and a HGC (Control, 5M/10F; PreC, 10M/10F; PostC, 10M/5F; PrePostC, 9M/9F). Briefly, for ivGTT, two 3-ml baseline blood samples were collected after an overnight fast, followed by an intravenous infusion of 0.5 g kg⁻¹ of a

50% dextrose solution (Baxter, Auckland, New Zealand) over 30 s, and then collection of 3-ml blood samples at 2, 5, 10, 15, 20, 30, 40, 50, 60, 120, and 180 min¹³. Plasma was collected by spinning heparinized blood samples at 3000 rpm for 10 min at 4°C. Plasma glucose concentration was measured by enzymatic colorimetric assay with a coefficient of variation (CV) ≤10% (Roche Diagnostics, Mannheim, Germany) on a Roche/Hitachi 902 Automatic Analyser (Hitachi High-Technologies Corporation, Tokyo, Japan)¹³. HGCs were performed 3 to 4 d after the ivGTT as described previously¹⁷ which also included bolus of intravenous arginine at its completion¹⁸. Briefly, sheep were fasted overnight before a baseline glucose concentration was established using an YSI 2300 (Yellow Springs Instruments, Dayton, OH, USA). A 25% dextrose (Baxter, Auckland, NZ) infusion was then started to maintain steady state hyperglycemia for 135 min. Blood samples (0.5 ml) were taken every minute and the glucose infusion rate was adjusted. Blood samples (3 ml) for insulin measurement were collected 10 and 0 min before the start of the glucose infusion, every 15 min during the infusion and then 5, 10, 20, and 30 min after the arginine injection. The small differences in animal numbers relate to catheter failures for the ivGTT (one animal) and failure to attain steady-state insulin during HGC (one animal).

Hormone analysis

Plasma ovine insulin concentrations were measured by specific radioimmunoassay established and validated for sheep plasma as described previously¹⁹. The minimal detectable concentration was 0.03 ng ml⁻¹ and the inter- and intra-assay CVs were 11.1% and 11.0%, respectively.

Western blotting for insulin signalling protein expression

Briefly, muscle tissues were ground into powder and homogenized in lysis buffer containing 50 mM Tris, 150 mM NaCl, 1 mM EDTA, 1 mM EGTA, 1% Triton X-100, 0.5% sodium deoxycholate, 0.1% SDS, 1x Halt Protease Inhibitor Cocktail (ThermoFisher Scientific). Protein samples (40 µg for fetal samples and 15 µg for adult) were resolved on NuPAGE Tris-Acetate gels (Invitrogen NuPAGE system) and transferred onto LF PVDF membranes (Millipore). An identical control sample was loaded on each gel and used to correct for intermembrane variability.

For fetal samples, membranes were incubated overnight at 4°C with the following primary antibodies: rabbit insulin receptor beta (IRβ) subunit in 1:500 dilution (Santa Cruz, Cat#sc711); phosphoinositide 3-kinase (PI3K) p85 subunit in 1:1000 dilution (Millipore, Cat#ABS234); protein kinase C zeta (PKCζ) in 1:1000 (Santa Cruz, Cat#sc216); SLC2A4 in 1:1500 (Abcam, Cat#33780), and β-tubulin in 1:2000 (Cell Signaling, Cat#2128), followed by incubation of secondary antibody chicken anti-rabbit horseradish peroxidase conjugate 1:10,000 (Abcam, Cat#6829) for 1 h at room temperature. Protein signals were detected using SuperSignal West Dura Extended Duration Substrate (Pierce) according to the manufacturer's instructions and exposed to Curix Ortho HTG X-ray film (Koru Medical Ltd). Densitometric analysis was performed on a GS800 Calibrated Densitometer (Bio-Rad, Hercules, CA, USA) using the Quantity One Software (Bio-Rad). The optical density of the bands reflects protein expression levels. The expression of the target protein was normalized to β-tubulin expression in the same lane, and intermembrane variability was corrected for using the intermembrane control.

After transfer, for total protein detection, the membranes were stained using REVERT™ total protein stain kit (LI-COR Biosciences) according to the manufacturer's instructions, and signals were visualized using the 700-nm channel of the Odyssey® Fc imaging system

(LI-COR Biosciences). Membranes were then incubated overnight at 4°C with the same primary antibodies and dilutions as used for fetal samples, followed by incubation of secondary antibody IRDye® 800CW Donkey anti-Rabbit IgG antibody 1:15,000 (LI-COR Biosciences, Cat#32210) for 1 h at room temperature. Fluorescent intensity was then visualized using 800-nm channel of the Odyssey® Fc imaging system (LI-COR Biosciences). Fluorescent intensity levels correspond to protein expression levels and were quantified using the Image Studio™ Lite (LI-COR Biosciences). Target protein expression was normalized to total protein in the same lane, and intermembrane variability was corrected for using the intermembrane control. Where numbers for Western blots differ from physiological data, this is due to either poor quality samples (defined as outliers beyond 2 SD from the mean) or loss of (adult) samples due to freezer storage issues.

Statistical analysis

From the GTTs and HGC data, we calculated blood glucose concentration 5 min post-dextrose bolus (F_{BGC}), maximum glucose concentration (PeakG), maximum insulin concentration (PeakI), area under the curve (AUC), FIR (first 20 min of HGC), steady-state insulin secretion (SIR, last hour of HGC), arginine challenge (AC, insulin response to arginine), insulin sensitivity (S_I), and disposition index (DI) as described previously¹⁸. Briefly, SIR ($\text{ng}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$) was calculated from the plasma insulin concentration during the last hour of the HGC. S_I ($\mu\text{mol}\cdot\text{ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}\cdot\text{ng}^{-1}$) was calculated during the last hour of steady state by dividing the mean glucose intake ($\mu\text{mol}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$) by the mean plasma insulin concentration ($\text{ng}\cdot\text{ml}^{-1}$). DI ($\mu\text{mol}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$) was calculated as posthepatic insulin secretion rate ($\text{ng}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$) multiplied by S_I . Data are presented as mean (SEM), or median (interquartile range; IQR) as appropriate. We analyzed GTT, HGC, and Western blotting data using two-way analysis of variance (ANOVA) with group and sex as interaction terms, and multiple comparisons Tukey's *post hoc* test to determine statistical differences among groups. Nonparametric data were log-transformed to approximate a normal distribution if possible; else data were analyzed by the Wilcoxon test. A *P* value <0.05 was considered statistically significant.

Results

Body weight

Late gestation (132 d) fetal body weights tended to be lower in PreC, but the difference was not significant (Control, 4.3 ± 2 ; PreC, 3.9 ± 2 ; PostC, 4.5 ± 2 ; PrePostC, 4.3 ± 1 kg, $P < 0.1$); no sex differences were detected. Full fetal morphometry from these animals has been published previously¹¹. There were no differences in body weight between the groups at time of adult testing (36 months), but males were heavier than females (Control, 92 ± 5 vs. 85 ± 3 ; PreC, 95 ± 3 vs. 83 ± 2 ; PrePostC, 94 ± 3 vs. 84 ± 2 ; PostC, 97 ± 3 vs. 84 ± 2 kg, males vs. female, respectively, $P < 0.001$). See Jaquierey *et al.* 2012 for detailed postmortem data²⁰.

Glucose tolerance (ivGTT)

Glucose AUC was similar in PostC and PrePostC, which were greater than in PreC and Controls, although only statistically significant for the PrePostC versus Control *post hoc* comparison (Fig. 1, Table 1). Females had higher glucose AUC than males (females: 1050 ± 22 , males: 995 ± 23 $\text{mmol}\cdot\text{L}^{-1}\cdot\text{min}^{-1}$; $P < 0.05$). During the HGC, there was trend toward higher F_{BGC} in all three undernourished groups compared to Control ($P = 0.09$) (Table 2).

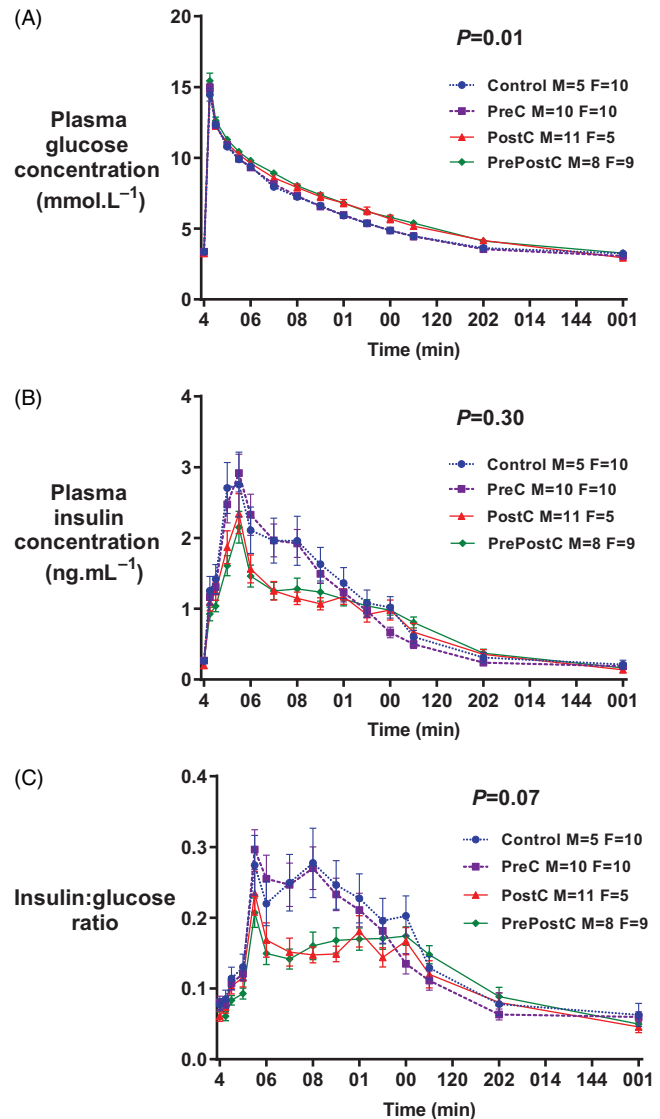


Fig. 1. Glucose tolerance test curves. (A) GTT plasma glucose concentration, (B) plasma insulin concentration, and (C) insulin:glucose ratio values at 36 months of age. *P* values refer to the group effect on one-way ANOVA on areas under the curve. Data are mean \pm SEM.

Insulin secretion and insulin sensitivity

During the ivGTT, insulin:glucose ratio tended to be lower in PostC and PrePostC compared to PreC and Controls ($P = 0.07$) (Fig. 1). This was associated with significantly lower FIR AUC in PostC and PrePostC compared to Controls during the HGC (Fig. 2, Table 2). PreC FIR AUC was intermediate between Controls and the two postconception UN groups (Fig. 2, Table 2). S_I was not different among groups (Table 2). Overall, males had lower insulin:glucose AUC (males: 0.17 ± 0.01 , females: 0.20 ± 0.01 , $P < 0.05$) and AC AUC (males: 49.14 ± 7.94 , females: 82.40 ± 7.84 $\text{ng}\cdot\text{ml}^{-1}\cdot\text{min}^{-1}$; $P < 0.05$) than females.

Insulin signalling protein expression in skeletal muscle

At 36 months of age, SLC2A4 protein expression in skeletal muscle was reduced by ~40% in both PostC and PrePostC compared with Control (Fig. 3, Supplemental Figures S1, S2, and S3), with PreC

Table 1. Glucose tolerance test data in 36-month-old offspring

	Groups				Group effect	Sex effect	Group* sex effect
	Control (n = 15)	PreC (n = 20)	PostC (n = 16)	PrePostC (n = 17)	P value	P value	P value
Baseline _G (mmol L ⁻¹)	3.4 (0.1)	3.4 (0.1)	3.2 (0.1)	3.3 (0.1)	0.48	0.46	0.88
Baseline _I (ng ml ⁻¹)	0.26 (0.03)	0.27 (0.03)	0.22 (0.03)	0.25 (0.03)	0.64	0.21	0.20
Peak _G (mmol L ⁻¹)	14.5 (0.5)	14.9 (0.4)	14.9 (0.5)	15.3 (0.4)	0.62	0.18	0.25
Peak _I (ng ml ⁻¹)	3.1 (0.3)	2.9 (0.3)	2.6 (0.3)	2.3 (0.3)	0.28	0.20	0.71
Peak _I : Peak _G	0.22 (0.02)	0.20 (0.02)	0.17 (0.02)	0.16 (0.02)	0.19	0.34	0.58
AUC _G (mmol L ⁻¹ min ⁻¹)	967.5 (36.0) ^a	974.5 (29.4) ^{ab}	1060.7 (35.5) ^{ab}	1081.5 (31.2) ^b	0.03	0.02	0.44
AUC _I (ng ml ⁻¹ min ⁻¹)	211.0 (20.7)	186.7 (15.9)	186.1 (20.0)	174.4 (16.5)	0.70	0.02	0.13
AUC _{I:G}	0.22 (0.02)	0.19 (0.02)	0.17 (0.02)	0.16 (0.02)	0.18	0.04	0.74

Mothers fed maintenance feed (Control, 5M/ 10F), undernourished from 61 d before until mating (PreC, 10M/10F), undernourished from 2 d before until 30 d after mating (PostC, 11M/5F), and undernourished from 61 d before until 30 d after mating (PrePostC, 8M/9F).

G, plasma glucose concentration; I, plasma insulin concentration; AUC, area under the curve.

Data were analyzed with two-way ANOVA, groups and sex as co-variables, followed by Tukey's *post hoc* test on normally distributed data after using appropriate transformation where necessary. Values are mean with SEM of raw data, and groups not represented by the same letter are significantly different on *post hoc* analysis ($P < 0.05$).

Table 2. Hyperglycemic clamp data in 36-month-old offspring

	Groups				Group effect	Sex effect	Group* sex effect
	Control (n = 15)	PreC (n = 20)	PostC (n = 15)	PrePostC (n = 18)	P value	P value	P value
Baseline _G (mmol L ⁻¹)	2.5 (0.1)	2.5 (0.1)	2.5 (0.1)	2.5 (0.1)	0.97	0.17	0.76
F _{BGC} (mmol L ⁻¹)	9.6 (0.3)	10.0 (0.3)	10.2 (0.3)	10.2 (0.3)	0.09	0.01	0.99
F _I (ng ml ⁻¹)	1.01 (0.14)	0.96 (0.13)	1.03 (0.14)	0.88 (0.13)	0.59	0.68	0.89
F _I : F _{BGC}	0.10 (0.01)	0.09 (0.01)	0.10 (0.01)	0.08 (0.01)	0.23	0.54	0.77
FIR AUC (ng ml ⁻¹ min ⁻¹)	24.1 (9.5) ^a	18.3 (13.5) ^{ab}	15.2 (8.8) ^b	15.7 (7.6) ^b	0.01	0.84	0.10
SIR AUC (ng ml ⁻¹ min ⁻¹)	178.5 (28.1)	112.2 (24.3)	112.8 (29.0)	120.6 (25.6)	0.34	0.33	0.85
AC AUC (ng ml ⁻¹ min ⁻¹)	90.9 (12.4)	65.0 (10.8)	67.5 (12.9)	59.0 (11.7)	0.30	0.01	0.74
S _I (μmol ml kg ⁻¹ min ⁻¹ ng ⁻¹)	11.2 (1.9)	13.8 (1.7)	14.2 (1.9)	11.3 (1.7)	0.49	0.19	0.80
DI μmol kg ⁻¹ min ⁻¹	16.05 (3.4)	23.8 (2.9)	16.1 (3.4)	13.7 (3.0)	0.22	0.88	0.60

Mothers fed maintenance feed (Control, 5M/ 10F), undernourished from 61 d before until mating (PreC, 10M/10F), undernourished from 2 d before until 30 d after mating (PostC, 10M/5F), and undernourished from 61 d before until 30 d after mating (PrePostC, 9M/9F).

G, blood glucose concentration; F_{BGC}, blood glucose concentration 5 min post-dextrose bolus; F_I, plasma insulin concentration 5 min post-dextrose bolus; AUC, area under the curve; FIR, first-phase insulin response during the 0–20 min of the HGC; SIR, steady-state insulin response during 75–135 min of the HGC; S_I, Insulin sensitivity; AC, arginine challenge; DI, disposition index. Data were analyzed by two-way ANOVA, group and sex as co-variables, followed by Tukey's *post hoc* test on normally distributed data after using appropriate transformation where necessary. Values are mean with SEM of raw data, and groups not represented by the same letter are significantly different on *post hoc* analysis ($P < 0.05$). Note: values for FIR AUC were not normally distributed even after transformation and therefore are presented as median (IQR) and were analyzed with the Wilcoxon test.

values intermediate between Controls and the two postconception UN groups (Fig. 3). Adult skeletal muscle PKCζ protein expression also tended to be reduced in all three PCUN groups compared to Controls (Fig. 3, $P = 0.07$). The protein expression of IRβ and p85 were similar among groups in both adults and fetuses (Supplemental Figure S3). In fetuses, the pattern of SLC2A4 protein expression in skeletal muscle was reversed with an increase by 19% in PostC and by 58% in PrePostC compared with Controls, whereas PreC was not different from Controls (Fig. 3). Fetal skeletal muscle PKCζ protein expression in PrePostC tended to be increased compared with other three groups (Fig. 3, $P = 0.09$).

Discussion

It is well established that maternal undernutrition during pregnancy is associated with increased risk of metabolic dysregulation and noncommunicable diseases such as diabetes in offspring. Accumulating evidence also suggests that maternal nutritional

status in early pregnancy, including the period around the time of conception, is particularly important. We and others have previously reported that in sheep maternal PCUN increases fetal^{10,11} and neonatal¹² insulin response to glucose, but these changes are reversed at older ages, with reduced insulin response to glucose and IGT as early as 4 months (postweaning)²¹ and 10 months of age (postpuberty)¹³. However, the long-term effects remain unknown. In the current study, we report that these effects of PCUN on glucose–insulin axis in sheep persist into mid-adulthood (36 months of age), with maternal undernutrition during the immediate post-conception period having the most marked effect. The 36 months old offspring of ewes undernourished after conception alone or undernourished both before and after conception had reduced insulin secretion and IGT compared to offspring of ewes undernourished before conception alone or fed normally around conception.

Consistent with these physiological observations, we found that skeletal muscle SLC2A4 protein expression levels also reversed from increased in fetal life to decreased in adulthood. Blood glucose

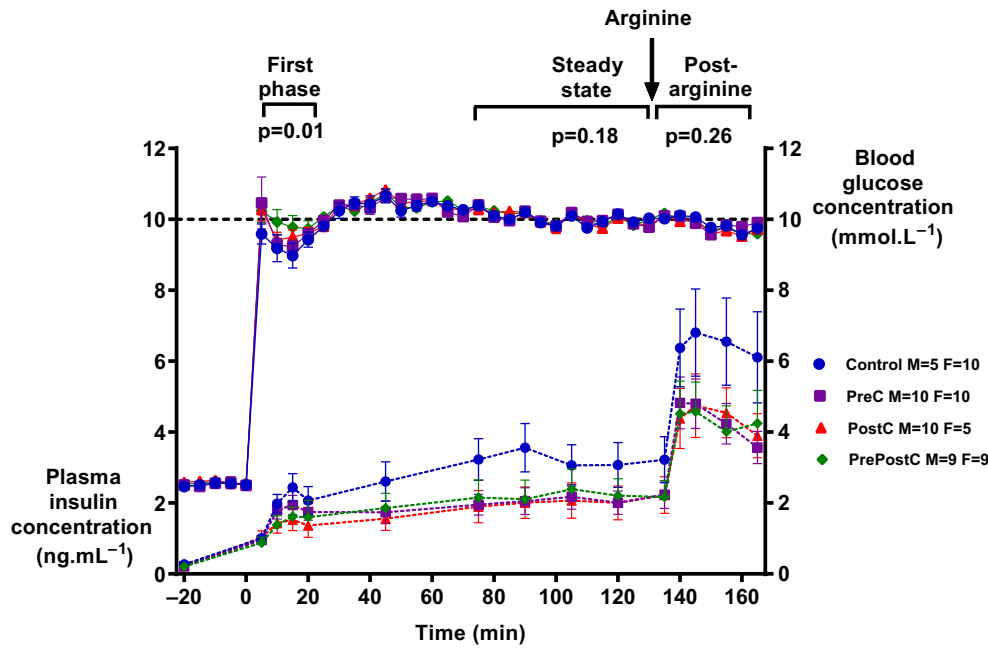


Fig. 2. Hyperglycemic clamp (HGC) blood glucose and plasma insulin concentrations. Blood glucose (open symbols) and plasma insulin concentrations (closed symbols) during a HGC and arginine challenge at 36 months of age. Dotted line shows BGC of 10 mmol L⁻¹. Arrow indicates time of arginine administration. *P* values are the group effect on one-way ANOVA on areas under the curve for first-phase insulin response during 0–20 min of the HGC, steady-state insulin response during 75–135 min of the HGC, and insulin response on an arginine challenge. Data are mean ± SEM.

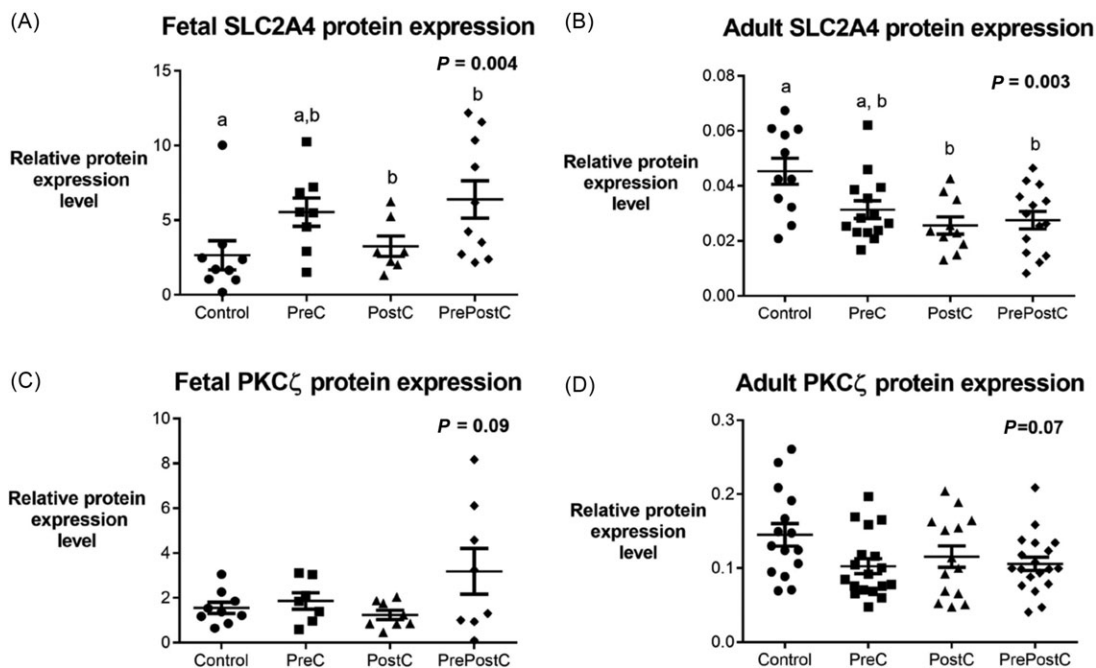


Fig. 3. Skeletal muscle SLC2A4 and PKC ζ protein expression in (A, C) fetal (132 d of gestation; Control ($n = 3$ M/5F), PreC ($n = 2$ M/5F), PostC ($n = 6$ M/1F), and PrePostC ($n = 3$ M/7F), and (B, D) adult (36 months of age; Control ($n = 4$ M/7F), PreC ($n = 6$ M/8F), PostC ($n = 7$ M/3F), and PrePostC ($n = 7$ M/7F) sheep. Overall, *P* values are from an ANOVA; nonmatching letters indicate a significant difference ($P < 0.05$) among groups on Tukey's *post hoc* analysis. Data are of individual animals with mean ± SEM superimposed.

homeostasis is influenced by the capacity for glucose uptake into insulin-sensitive peripheral tissues²², particularly skeletal muscle which is responsible for the majority (~80%) of postprandial glucose uptake from the circulation^{23,24} via the insulin-sensitive glucose transporter SLC2A4²⁵. Consistent with our previous findings of lower fetal BGCs in late gestation after maternal PCUN¹¹, we observed increased SLC2A4 protein expression levels in skeletal muscle of PostC and PrePostC fetuses compared to Controls in the current study. However, Nicholas *et al.* reported impaired glucose uptake and reduced protein expression of SLC2A4 in the

skeletal muscle of 4 months old female, but not male, lambs born to ewes undernourished (70% metabolizable energy requirements) from 1 month before until 1 week after conception compared with lambs born to well-nourished ewes²¹. Consistent with these findings, in the current study, we found increased glucose concentrations and decreased SLC2A4 protein expression levels in skeletal muscle of PostC and PrePostC offspring compared to Controls in adulthood (36 months of age).

Insulin signalling plays a critical role in regulation of SLC2A4^{25,26}, including via key insulin signalling proteins: IR β , p85,

and PKC ζ ^{25–27}. We observed no differences in skeletal muscle IR β and p85 protein expression levels among groups in fetal or adult life. However, protein expression of PKC ζ , which is involved in the translocation of SLC2A4 to the cell membrane prior to activation^{26,27}, tended to be increased in skeletal muscle of fetuses and reduced in adults in both PostC and PrePostC groups compared to Controls. These findings also suggest that maternal PCUN increases skeletal muscle SLC2A4 translocation and capacity for glucose uptake in fetal offspring; effects which are reversed by adulthood.

Others have reported increased insulin response to glucose in early life but a reduced response in later life. For example, increased S₁ was observed in intrauterine growth-restricted fetal sheep with placental insufficiency induced by exposing pregnant ewes to high ambient temperature²⁸, in early postnatal life in offspring from protein-malnourished rat dams²⁹, in 10 weeks old lambs of undernourished ewes¹², and in lambs that were growth restricted *in utero* by placental restriction (removal of endometrial caruncles)³⁰. In contrast, adult men with lower birth weight have reduced intracellular signalling of skeletal muscle protein kinases that regulate insulin action and lower glucose transporter concentrations³¹. Similar findings were reported in 4 months old lambs²¹ and adult rats²⁹ born to undernourished mothers. Previously, we have reported that there is precocious activation of both the fetal glucose–insulin¹⁰ and hypothalamo–adrenal axes³² after maternal PCUN, presumably resulting in improved likelihood of survival, especially if birth is preterm³³, and we suggested that this adaptation may lead to adverse consequences in later life. This was supported by findings of altered glucose–insulin axis function and impaired cortisol secretion in response to arginine vasopressin+corticotropin releasing hormone challenge in postpubertal 10 and 18 months old sheep born to PCUN ewes³⁴.

Consistent with but extending these previous findings, here we report here increased capacity of glucose uptake in fetal skeletal muscle that is then reduced by adulthood and is associated with IGT and reduced insulin response to glucose in 36-month-old adult offspring of PCUN ewes. Taken together, these findings support the growing body of evidence that early-life adaptive responses to maternal PCUN may increase the risk of impaired glucose–insulin axis function later in life. Furthermore, the insulin response to glucose was even further reduced at 36 months compared to our findings at 10 months of age¹³, suggesting that maternal PCUN results in continuing reduction in insulin response to glucose over time.

We also observed that timing of undernutrition around conception impacts upon offspring glucose–insulin axis in adulthood. The glucose response to ivGTT of adult offspring of ewes that were exposed to undernutrition from 61 d prior to mating but which were well nourished from mating (PreC) were comparable to Control, whereas ewes exposed to undernutrition across the mating period (PrePostC and PostC) were comparable to each other, although only PrePostC were statistically different from Controls. This may be partly because of higher variability observed in PostC than PrePostC. Nevertheless, these findings suggest that maternal undernutrition immediately after conception has a greater impact on long-term metabolic regulation of the offspring than maternal undernutrition before conception.

We found that adult male sheep have lower insulin response to glucose and reduced maximal insulin secretory capacity than females. However, this sex-specific effect did not interact with the effects of PCUN, and we did not observe any sex-specific differences among the groups. This may be because we did not have sufficient numbers of each sex in each group to detect small

differences. Nevertheless, our observation of altered glucose homeostasis in adult males is consistent with our previous report of increased fat mass²⁰ and reduced spontaneous locomotion³⁵ in 36 months offspring of PCUN ewes compared to Controls. Increased fat mass and impaired glucose homeostasis are common characteristics of metabolic syndrome, suggesting that male offspring of PCUN ewes may have greater risk of developing metabolic syndrome later in life than females.

Conclusions

Maternal PCUN, and particularly undernutrition immediately postconception, was associated with increased insulin response to glucose and increased protein expression of key skeletal muscle insulin signalling proteins in fetal life, potentially reflecting compensatory changes in response to early reduced nutrient supply. By adulthood, this effect was reversed, and offspring of undernourished mothers had reduced insulin secretion, reduced insulin signalling protein in skeletal muscle, and IGT. Thus, we provide novel evidence that maternal undernutrition immediately postconception has long-lasting consequences for the metabolic health of the offspring.

Supplementary material. To view supplementary material for this article, please visit <https://doi.org/10.1017/S2040174420001063>

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