

CNS SPECTRUMS™

THE INTERNATIONAL JOURNAL OF NEUROPSYCHIATRIC MEDICINE

Second of 2 Academic Supplements from the 1996 International OCD Conference

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S.A. Rasmussen*

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PHOTO ESSAY:

The infamous 15th century classic *The Garden of Earthly Delights* (H. Bosch) has cultivated analogies of mysticism, alchemy, and, in this case, the compulsive-impulsive spectrum of disorders.

ARTICLES INSIDE.



In March 1993, the First International Congress on Obsessive-Compulsive Disorder was held near the blue grottos of Capri, a rugged, rocky outcropping off Italy's Amalfi coast. One hundred international researchers in the field of obsessive-compulsive disorder (OCD) attended this conference, funded by an unrestricted educational grant from the Upjohn Company and Solvay Pharmaceuticals. A book, *Current Insight in Obsessive Compulsive Disorder* (Hollander E, Zohar J, Marazitti D, Olivier B, eds), resulted from this unique meeting.

Three years later, in February 1996, the Second International Obsessive Compulsive Disorder Conference (2nd IOCDC) was again held on a remote island in the French West Indies. Eighty-six intrepid travelers and international OCD scholars attended this closed meeting. Small workshops were designed to foster an interactive format and to address 13 unresolved yet critical issues in the field of OCD research.

This new journal, *CNS Spectrums: The International Journal of Neuropsychiatric Medicine*, is an outgrowth of discussions at the 2nd IOCDC, and as such a fitting tribute and legacy to the conference. The editors of this journal also served as the conference organizers, and Jack Redmond and Anne Manceaux, MD, took the lead on behalf of Solvay Pharmaceuticals and Pharmacia/Upjohn in sponsoring and helping to make this unique conference a success. We are most pleased that the first two academic supplements to our journal launch derive from the Second International OCD Conference.

We are greatly excited about the publication of this second issue of our new journal, which brings together an esteemed Editorial Advisory Board of noted psychiatrists and neurologists interested in developing the CNS spectrum concept in an international neuropsychiatric context.

ERIC HOLLANDER, MD
JOSEPH ZOHAR, MD

Four of the feature articles in this journal were presented at the Second International Obsessive-Compulsive Disorder Conference held in Guadeloupe, FWI, on February 16, 1996.

This academic supplement was supported by an educational grant from the Pharmacia/Upjohn Co. and Solvay Pharmaceuticals. Although every effort has been made to ensure that drug doses and other information are presented accurately in this publication, the ultimate responsibility rests with the prescribing physician. Neither the publishers, the sponsor, nor the authors can be held responsible for errors or for any consequences arising from the use of information contained herein. Readers are strongly urged to consult any relevant primary literature. No claims or endorsements are made for any drug or compound at present under clinical investigation.

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The Garden of Earthly Delights, by Hieronymus Bosch. Museo del Prado, Madrid, Spain. Photo by Erich Lessing/Art Resource.

PHOTO ESSAY:

The Garden of Earthly Delights, an infamous triptych from the 15th century Flemish master Hieronymus Bosch, illustrates graphically man's struggle with earthly temptations, and analogizes in moral and religious terms the struggle between impulses, arousal and pleasure—and resulting compulsive reactions—ending in anxiety, agitation and despair.

This issue of *CNS Spectrums* is devoted to obsessive-compulsive disorder (OCD) and related syndromes. Articles highlight the role of the dorsal raphe in the neuroanatomy and pharmacology of OCD; explore compulsive behaviors across various animal species; compare the relative efficacy of various serotonin reuptake blocking agents; and assess sleep disturbances in OCD. A series of articles also elucidates the OCD spectrum, exploring the relationship between hypochondriasis, body dysmorphic disorder and OCD; new developments in autism, pathological gambling and compulsive shopping.

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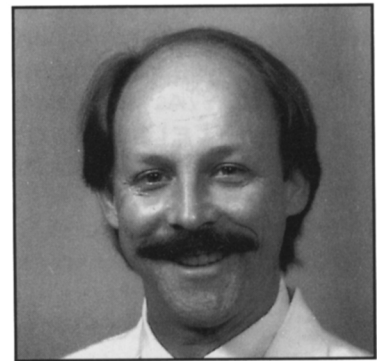
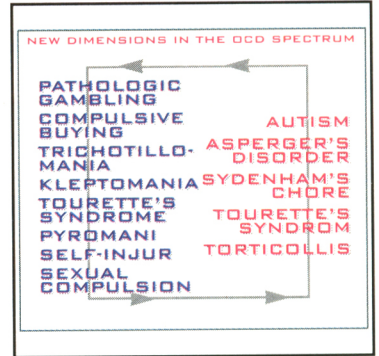
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