

Children AUSTRALIA

VOLUME 39 — Number 4
December 2014



**SPECIAL ISSUE: ATTACHMENT AND TRAUMA
INFORMED PRACTICE**

Editors:
DR JENNIFER LEHMANN
RACHAEL SANDERS

CAMBRIDGE
UNIVERSITY PRESS



Children Australia is a quarterly journal which aims to provide an opportunity for service providers, academics and others concerned with children, young people and families to report on their work, to raise issues and to share their views.

OzChild has had a long association with the production of the journal. OzChild is an incorporated agency working under the name of Children Australia Inc. www.ozchild.org.au

SUBSCRIPTIONS and ENQUIRIES

For subscription information and general enquiries, or to advise change of contact details, please contact: journals@cambridge.org

GUIDELINES FOR AUTHORS

Guidelines for authors wishing to submit material to be considered for publication in *Children Australia* can be found on the inside of the back cover.

Manuscripts, book reviews and editorial communications can be submitted to the Journal Submission Manager at: https://www.australianacademicpress.com/au/cup_jsm/

The views expressed in *Children Australia* are those of the authors, and are therefore not necessarily endorsed by the Editor or members of the editorial board.

SUBSCRIPTION RATES 2014

This journal is published 4 times per year. The institutional rates (excluding VAT) are:

	Print and online	Electronic Only
Australia	187 AUD	175 AUD
N America	204 USD	191 USD
UK and ROW	131 GBP	124 GBP

EU subscribers (outside the UK) who are not registered for VAT should add VAT at their country's rate. VAT registered subscribers should provide their VAT registration number. Prices include delivery by air when appropriate. Japanese prices for institutions are available from Kinokuniya Company Ltd, P.O. Box 55, Chitose, Tokyo 156, Japan.

Orders and subscription enquiries should be addressed to:

Cambridge University Press, The Edinburgh Building, Shaftesbury Road, Cambridge CB2 8RY, UK

Orders from N America should be addressed to:

Cambridge University Press, Journals Fulfillment Department, 100 Brook Hill Drive, West Nyack, NY 10994-2133, USA

Children Australia and all other Cambridge Journals can be found at <http://journals.cambridge.org/>

EDITORS

Dr Jennifer Lehmann
La Trobe University

Rachael Sanders
c/- Dr Jennifer Lehmann
La Trobe University

EDITORIAL CONSULTANTS

Frank Ainsworth
James Cook University, Australia

Muriel Bamblett
Victorian Aboriginal Child Care Association (VACCA),
Australia

Freda Briggs
University of South Australia, Australia

Helen Buckley
Trinity College Dublin, Ireland

Elizabeth Fernandez
University of New South Wales, Australia

Margarita Frederico
La Trobe University, Australia

Chris Goddard
Monash University, Australia

Anna Gupta
Royal Holloway University of London, UK

Ann Hanning
Freelance Consultant in Indigenous Affairs, Australia

Vicki O'Halloran
Somerville Community Services Inc., Australia

Wynne Sandra Korr
University of Illinois, USA

Jonathon Sargeant
Australian Catholic University, Australia

Tor Slettebø
Diakonia University College, Norway

Chris-Maree Sultmann
Encompass Family & Community, Australia

Nicola Taylor
University of Otago Auckland Centre, New Zealand

The support of La Trobe University
is gratefully acknowledged

The financial support of OzChild: Children Australia Inc
is gratefully acknowledged



© Published by Cambridge University Press. All rights reserved. No part of this publication may be reproduced, in any form or by any means, electronic, photocopying, or otherwise, without permission in writing from Cambridge University Press.

Permission to copy (for users in the USA) is available from Copyright Clearance Center, <http://www.copyright.com>, email: info@copyright.com



Contents

EDITORIAL

Jennifer Lehmann 197

ARTICLES

Young People in, and Transitioning from, Out-of-home Care and their Mental Health Issues:
A Call for Evidence 200

Susan Baidawi, Philip Mendes and Pamela C. Snow

Building an Aboriginal Cultural Model of Therapeutic Residential Care: The Experience of
the Victorian Aboriginal Child Care Agency 206

Muriel Bamblett, Maureen Long, Margarita Frederico and Connie Salamone

“The Way All Foster Care Should Be”: The Experience of Therapeutic Foster Carers in the
Victorian Circle Program 211

Margarita Frederico, Maureen Long, Patricia McNamara and Lynne McPherson

Strengthening Trauma-informed Therapeutic Practice Approaches in Out-of-home Care 216

Lynda Manley, Ruth Barr and Patricia McNamara

Therapeutic Kinship Care: A Carer’s Perspective 221

Lynne McPherson and Noel MacNamara

Udayan Ghars (Sunshine Homes): A Unique Model as a Developmental Support to
Children in Institutions 226

Kiran Modi, Ksera Dyette, Monisha C. Nayar-Akhtar and Antra

The Sanctuary Model, Creating Safety for an Out-of-home Care Community 232

Chantal Leigh-Smith and Kerryn Toth

Lighthouse Foundation Therapeutic Family Model of Care: Stages of Recovery and their
Application to Young People in Out-of-home Care 237

Tymur Hussein and Carly Cameron

Young People Transitioning from Out-of-home Care and Access to Higher Education: A
Critical Review of the Literature 243

Philip Mendes, Dee Mitchell and Jacqueline Z. Wilson

BOOK REVIEW 253

Published by Cambridge University Press
journals.cambridge.org

ISSN 1035 – 0772

Copyright in all articles rests with authors. However, a limited set of permanent copyright permission licences has been granted by authors to the publisher to allow publication in this journal. Rights in the reproduction and distribution of the published articles as visual facsimiles of this published edition by either mechanical or digital means is controlled by the publisher and any distributions by CAL for copying of an author’s work therefore are due to the publisher. All other rights in the words contained in this edition are controlled by the authors. Authors are therefore free to adapt and/or republish the words making up their own articles either online or in print, including academic repositories.

Children AUSTRALIA

VOLUME 39 – Number 4
2014



Children Australia is a refereed journal with the majority of papers being peer reviewed to assess their suitability for publication. Peer-reviewed papers are expected to meet contemporary academic standards. However, at the discretion of the editor, papers which have not been reviewed are published from time to time. Such papers may include short commentaries on practice issues that are essentially based on observation and experience; reports on program approaches, initiatives or projects that are both short and unreferenced; historical overviews; or short papers that respond to a peer-reviewed article published in an earlier edition which adds to informed debate or provides an alternative perspective. It is anticipated that no more than one such paper would be included in each issue.

In order to clarify which articles have been reviewed and which have not, we now include a symbol at the end of each article as follows: ■ = peer-reviewed article; □ = non-reviewed article