

those who have left asylums would be humanely treated out of them as in them, and the sensitive convalescent would not be taunted and viewed with suspicion by those about him, and no stigma would attach to him, because it would be known that in many cases physical debility or disease has caused the appearance of mental symptoms instead of the more ordinary signs of corporeal disorder.

In conclusion, I wish to protect myself from those who may think I urge an extended system of boardership in asylums from interested motives; my objects are to alleviate suffering, diminish danger, and protect valuable lives, and my endeavour has been to show how boarders could be received into all classes of institutions for the insane in all parts of Great Britain, if not throughout the British empire; for I know no sufficient reason why the scheme I have sketched out could not be adopted in India, Canada, Australia, and all other of our possessions. That I am not unduly prejudiced in favour of asylum superintendents, but that the subject has been regarded from the public point of view also is, I venture to hope, proved by the precautions I have outlined against any abuse. Many, no doubt, will think that in all cases a medical certificate of the boarder's mental condition should be obtained, but it is not required in Scotland, nor do I deem it necessary or advisable, because the majority of those who seek asylum treatment only manifest their true state by their own perceptions, and are consequently in such a condition that nothing conclusive can be certified of them; besides which, the giving of any certificate would place the certificant in a very painful position with the boarder: further, I do not suppose any person would attempt to become a boarder in an asylum unless he felt he required treatment and rest in one.

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## APPENDIX.

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1. Definition of Patient (8 & 9 Vict., c. 100, s. cxiv.). "Every person received or detained as a lunatic or taken care or charge of as a lunatic." Definition of Lunatic. "Lunatic shall mean every insane person, and every person being an idiot or lunatic or of unsound mind." *Fry's Lunacy Acts*, 1864, p. 305.

2. *Op. cit.*, p. 509. "It shall be lawful for the proprietor or superintendent of any licensed house, with the previous assent in writing of two or

more of the Commissioners, or in the case of a house licensed by justices of two or more of the visitors, to entertain and keep in such house as a boarder for such time as may be specified in the assent any person who may have been within five years immediately preceding the giving of such assent a patient in any asylum, hospital or licensed house or under care as a single patient."

3. Definitions of "Licensed House," "Asylum," and "Registered Hospital," Vide 8 & 9 Vict., c. 100, s. cxiv. "'Licensed House' shall mean a house licensed under the provisions of this Act or of some Act hereby repealed for the reception of lunatics." (2 & 3 W. IV., c. 107; 3 & 4 W. IV., c. 64; 5 & 6 W. IV., c. 22; 1 & 2 Vict., c. 73; 5 Vict., c. 4; 5 & 6 Vict., c. 87). "'Asylum' shall mean any lunatic asylum . . . for the care and maintenance of pauper and criminal lunatics in England." "'Hospital,' shall mean any hospital or part of an hospital or other house or institution (not being an asylum) wherein lunatics are received, and supported wholly or partly by voluntary contributions, or by any charitable bequest or gift, or by applying the excess of payments of some patients for or towards the support provision or benefit of other patients."

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#### SCHEDULE A.

##### FORM OF WISH TO BECOME A BOARDER.

I, *A. B.*, of *occupation*, desire to reside in your establishment as a boarder, and hereby agree to abide by any regulations you may impose on me, provided that I can terminate such boardship by giving you not less than three clear days' notice written of my intention to leave.

Dated this                    day of                    18

*A. B.*

Witness, *C. D.*

To

Superintendent (or Proprietor) of

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#### SCHEDULE B.

##### FORM OF NOTICE OF INTENTION TO LEAVE.

I, *A. B.*, now a boarder under your supervision, hereby give you notice of my intention to leave your establishment, and to resume my perfect liberty on the day of 18 . And I hereby exonerate you from all responsibility and consequences respecting such cessation of your supervision over me.

Dated this                    day of                    18 .

*A. B.*

To

Superintendent (or Proprietor) of

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#### SCHEDULE C.

##### FORM OF NOTICE OF RECEPTION OF BOARDER.

I hereby give you notice that *A. B.* of *(occupation)* was received into this establishment as a boarder on the day of 18 , and I hereby transmit a copy of the request on which he was received.

Dated this                    day of                    18 .

*E. F.*

Superintendent (or Proprietor) of

To the Commissioners in Lunacy.