

Age, growth and reproduction of European hake (*Merluccius merluccius* (Linn., 1758)) in the Central Aegean Sea, Turkey

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Specimens of European hake were collected by a traditional demersal trawl between July 2004 and June 2007 from İzmir Bay, Central Aegean Sea. A total of 2108 individuals were sampled during the study and the female: male sex ratio of the stock was 1:0.89. The length–weight relationship was $W = 0.00341L^{3.24}$ ($R^2 = 0.994$) for all individuals. A high gonadosomatic index was evident over most of the year but it was minimal from August to October. The estimated age composition was 1–5 years; the length and weight at infinity were calculated as $L_{\infty} = 54.53$ cm and $W_{\infty} = 1455.77$ g respectively. In addition, growth coefficient was found to be $k = 0.315$ y^{-1} and $t_0 = -0.223$ y ($R^2 = 0.99$). Total mortality ratio of the stock was calculated as $Z = 1.539$ y^{-1} , while natural and fishing based mortality ratio were estimated as $M = 0.579$ y^{-1} and $F = 0.959$ y^{-1} respectively, with the exploitation ratio (E) of the stock estimated to be 0.624.

Keywords: European hake, *Merluccius merluccius*, Aegean Sea

Submitted 20 June 2014; accepted 01 December 2014; first published online 5 January 2015

INTRODUCTION

European hake *Merluccius merluccius* (Linnaeus, 1758) (Merlucciidae) occurs in the north-east Atlantic from Norway and Iceland to Mauritania, including the Mediterranean Sea (Froese & Pauly, 2014). The species is distributed over a wide depth range from only several metres along the coastline to 1000 m depth (Philips, 2012) and is generally found on muddy bottoms (Froese & Pauly, 2014). European hake has historically been an important food for the population of western Europe (FAO, 2014) where it is mainly caught by demersal trawls, long lines and bottom-set gillnets. European hake has been reported as one of the most important target species for trawlers in the Ionian and Aegean Seas (Katsanevakis *et al.*, 2010). Global capture production of European hake was almost 100,000 t in 2010 (FAO, 2014), with 892 t reported by Turkey (TUIK, 2012). There is a minimum landing size (MLS) of 27 cm total length (TL) in the European Union (EU, 2011) in order to protect juveniles of the species, with a 25 cm MLS for Turkish seas (Anonymous, 2012). Casey & Pereiro (1995) reported that European hake is one of the most heavily exploited fish species in western European demersal fisheries and it is taken as part of mixed-species fisheries in the north-east Atlantic. European hake is also an important predator of deeper shelf-upper slope Mediterranean communities (Carpentieri *et al.*, 2005). Therefore, information on age, growth and reproduction of hake is of crucial importance for sustainable stock management. All these factors make the species valuable both ecologically and commercially.

There has been a large number of scientific studies on the biology and fisheries of European hake. Growth of European hake is included in many scientific papers (Alegria & Jukic, 1990; Erzini, 1991; Campillo, 1992; Abella *et al.*, 1995; Aldebert & Recasens, 1995; Alemany & Oliver, 1995; D'Onghia *et al.*, 1995; Stergiou *et al.*, 1997; Bouaziz *et al.*, 1998; Uçkun *et al.*, 2000; Zoubi, 2001; Garcia-Rodriguez & Esteban, 2002; Pineiro & Sainza, 2003; Randall, 2003; Mellon-Duval *et al.*, 2010). Reproduction of the species was a focus of many researchers (Cohen *et al.*, 1990; Muus & Nielsen, 1999; Akalın, 2004; Murua & Motos, 2006; Khoufi *et al.*, 2014). Feeding habits of European hake were reported by Carpentieri *et al.* (2005), Cartes *et al.* (2009) and Philips (2012).

The current study reports the first reproduction length and age, mortality and exploitation ratios for European hake for the first time from the central Aegean Sea. These data are lacking in the scientific literature for the central Aegean region, and this study is the first to address this deficiency.

MATERIALS AND METHODS

Fish samples ($n = 2108$) were collected between July 2004 and June 2007 by the RV 'Egesüf' which belongs to Ege University Faculty of Fisheries from İzmir Bay. The study area involved three sub-areas: Sub-area 1: opened for all commercial fishing activities; sub-area 2: opened only for small-scale fisheries (gillnets and long lines etc.) but closed for trawlers and purse seiners; sub-area 3: military zone, which is opened only for scientific studies but prohibited for all commercial fishing activities (Figure 1). Demersal trawl gear used was a traditional trawl net with a 5 m codend (600 meshes at the circumference of the codend), made of knotted polyethylene

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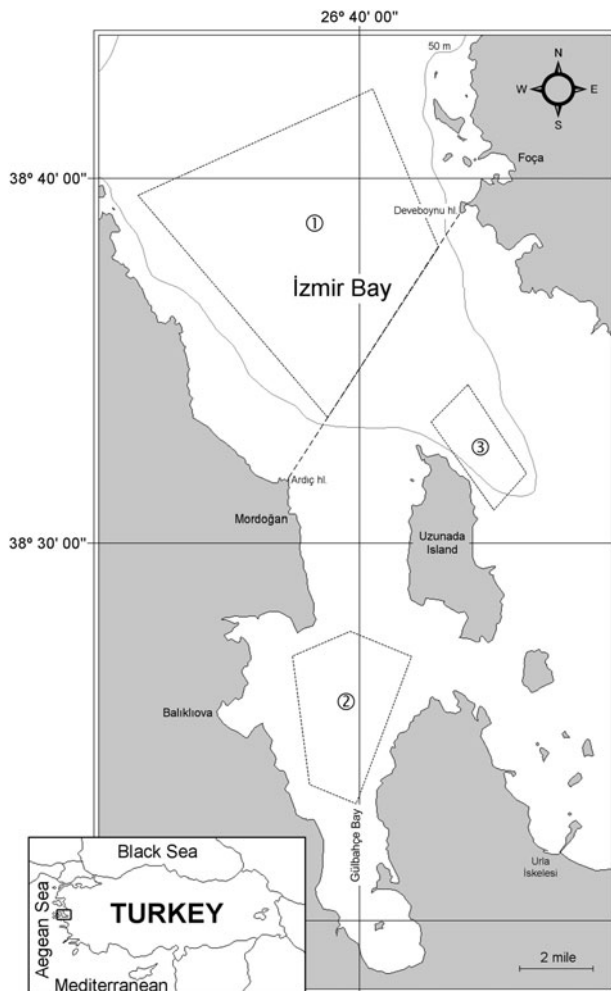


Fig. 1. The study area.

material with 40 mm mesh size netting, with a codend liner of 8 m length made of knotless polyamide material with 22 mm mesh size netting in order to capture smaller individuals (Tosunoğlu *et al.*, 1996). Hauling time was determined as the time between the end of steel rope release and the start of haul back. Each of the operations took 1 h and hauling speed was 2.2–2.4 nautical miles/h.

Total length (TL) was measured in the natural body position to the nearest millimetre. Total weight (W) and gonad weight (W_g) were measured to the nearest 0.01 g, and sex was recorded. Because hake is a relatively large species, lengths of the individuals were classified in 2 cm group intervals. Pooled data were used to draw annual length frequency diagrams. Sagittal otoliths were removed for each length group, cleaned, and stored dry in containers.

Studies regarding sex and maturity were carried out by macroscopic analysis of the gonads. Maturity stages were assigned in a 5-stage classification scheme: stage I immature, stage II resting, stage III developing, stage IV ripe and stage V spent (Gunderson, 1993). The female to male (F:M) ratio was calculated using only mature individuals, and a chi-square (χ^2) test was applied for determining the significance of the male to female ratio.

The length–weight relationship was calculated with the formula $W = aL^b$, where W refers to total body weight (g),

L is total length (cm) and a and b are coefficients (Ricker, 1973). The parameters (a and b) of the length–weight relationship were estimated according to linear regression analysis of log-transformed data. The degree of association between variables was calculated by the correlation coefficient (R^2).

Individuals ($N = 698$) only captured from the sub-area 1 were taken for age estimations. Because age data were used to calculate the fishing and total mortality and also exploitation ratios, data obtained from entirely or partially prohibited areas (sub-areas 2 and 3) were excluded to determine the actual circumstances of the stock. This dataset also included the minimum and the maximum individual including all size classes. Age estimations were made by two experienced independent readers who had not had prior access to information on size, sex or date of capture while they were counting growth increments. The dataset which was agreed by the independent readers was considered for the estimations. If the readings did not coincide, the otolith was rejected. Therefore otoliths of 409 individuals, covering all size classes, were used for determining the age. Some otoliths, which were hard to observe because of calcium accumulation on their surfaces, were prepared for age readings by sectioning, rubbing and polishing. They were embedded in polyester moulds, cut by an Isomet lowspeed saw, polished with sandpaper (types 400, 800 and 1200), finally polished with 3, 1 and $\frac{1}{4}$ μ particulate alumina (Metin & Kınacıgil, 2001) and determination was performed on these sections. This process was performed by using a stereoscopic zoom microscope under reflected light against a black background. Opaque and transparent rings were counted; 1 opaque zone together with 1 translucent zone was considered as the annual growth indicator.

Standard non-linear optimization methods (Sparre & Venema, 1998) were used for estimating the growth and von Bertalanffy growth function was applied to size-at-age data. The function $L_t = L_\infty[1 - e^{-k(t-t_0)}]$ was fitted to the data, where L_t is the fish length (cm) at time t (year), L_∞ is the asymptotic length (cm), k is the growth coefficient (year^{-1}), and t_0 (year) is the hypothetical time at which the length is equal to zero. In addition, accuracy of the growth parameters was examined using Munro's growth performance index ($\phi' = \log(k) + 2\log(L_\infty)$) and the t -test (Pauly & Munro, 1984).

The spawning period was established based on monthly variation in the gonadosomatic index (GSI, %) using the equation $GSI = [W_g/(W - W_g)] \times 100$, where W_g is the gonad weight (g) and W is the total weight (g) of the fish (Ricker, 1975). Length at first maturity (L_m) was defined as the length at which 50% of the population investigated was near spawning (King, 1996). The length at 50% maturity was determined with the L50 computer program logit function (İlkyaz *et al.*, 1998). The equations $r(l) = \exp(a + bl)/(1 + \exp(a + bl))$ and $L_m = -a/b$ were applied, where $r(l)$ is the proportion of matures in each length class (%), l is the fish length (cm), a is intercept and b is slope.

The instantaneous rate of total mortality ($Z = -\ln(S)$) was estimated by fitting the survivors ratio (S) between N_{t+1} and N_t (Ricker, 1975). Equation $M = \beta \times k$ was used to estimate the natural mortality rate (M), where β varied from 1.3 to 2.1, and k is the growth coefficient (Jensen, 1996). β was estimated from the equation $\beta = (3 - 3\omega)/\omega$, where ω is the mean critical length to asymptotic length ratio according to fish family (for all species $\omega = 0.620$) (Cubillos, 2003). The

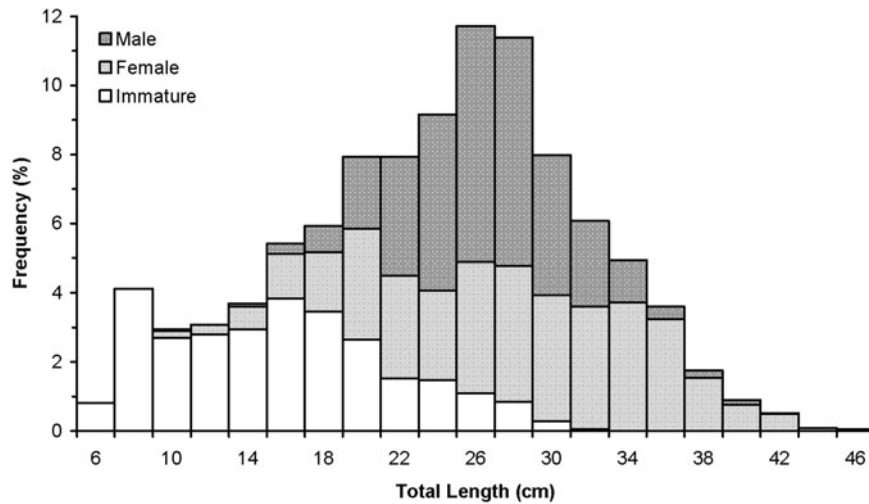


Fig. 2. Length–frequency graph of European hake.

fishing mortality rate (F) was calculated from $F = Z - M$, and the exploitation ratio (E) from $E = F/Z$.

RESULTS

A total of 2108 European hake individuals were sampled during the study, including 792 mature females, 707 mature males and 609 immature individuals that were excluded from the sex ratio determination. Female:male ratio was calculated as 1:0.89. Chi-square analysis indicated a significant difference between number of males and females (χ^2 , $P < 0.05$). The lengths of fish ranged from 5.2 cm (April) to 45.5 cm TL (Figure 2). Males ranged from 10.4 to 40.1 cm and females varied from 9.0 to 45.5 cm. The mean length of the whole sample was 23.8 ± 0.2 cm, while 26.3 ± 0.2 and 27.7 ± 0.2 cm were determined for males and females respectively.

It was also found that number of males decreased after a certain length (Figures 2 & 3). Furthermore the mean weight of all samples was found as 136.3 ± 2.6 g, while 150.1 ± 2.6 g was obtained for males and 195.6 ± 4.9 for females.

The length–weight relationship was $W = 0.00341L^{3.24}$ ($R^2 = 0.994$) for all individuals (Figure 3), with positive allometric growth observed for females, males and all individuals (t -test, $P < 0.05$; Table 1).

It was determined that age of the stock ranged from 1 to 5 years. Length of the individuals taken for age estimations ranged from 5.6 to 45.5 cm TL with a mean length of 23.8 ± 0.3 cm. The growth, length and weight at infinity were calculated as $L_\infty = 54.53$ cm and $W_\infty = 1455.77$ g respectively. In addition, growth coefficient was found to be $k = 0.315 \text{ y}^{-1}$ and $t_0 = -0.223 \text{ y}$ ($a = 14.735$, $b = 0.730$, $R^2 = 0.991$) (Figure 4) is the value calculated for the age

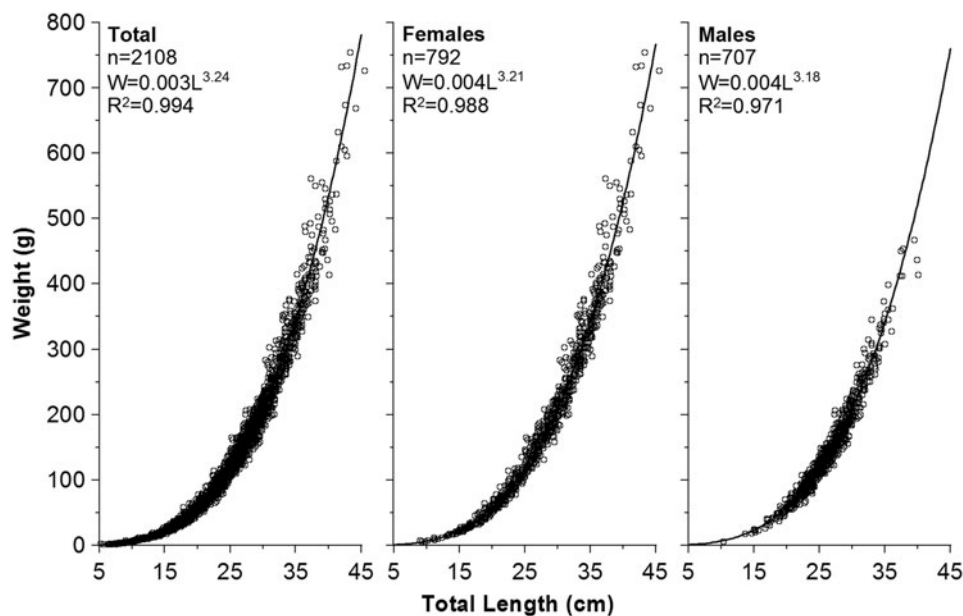


Fig. 3. Length–weight graph of European hake for total, female and male individuals studied.

Table 1. Length-weight relationship of European hake.

	N	a	b	SE _b	CL	R ²	GT
Total	2108	0.00341	3.24	0.01	3.23–3.25	0.994	A +
Female	792	0.00380	3.21	0.01	3.20–3.22	0.988	A +
Male	707	0.00417	3.18	0.02	3.16–3.20	0.971	A +

N, number of individuals; *a* and *b*, intercept and slope of the relationship; *R*², coefficient of determination; *SE*_{*b*}, standard error of slope; *CL*, 95% confidence limits; *GT*, growth type (A + : positive allometry).

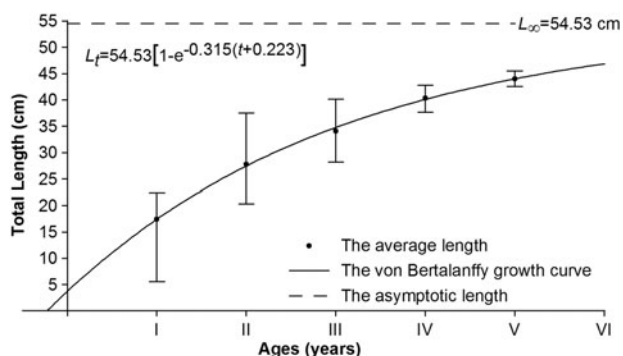


Fig. 4. The von Bertalanffy growth curve with maximum and minimum length of the European hake in the central Aegean Sea.

before birth. The last finding for the stock concerning growth was the growth performance index which was determined as $\phi' = 2.972$.

High GSI values were detected over most of the year, but were at a minimum from August to October, whilst individuals ready for spawning were observed mostly between December and May, peaking in April (Figure 5). Monthly

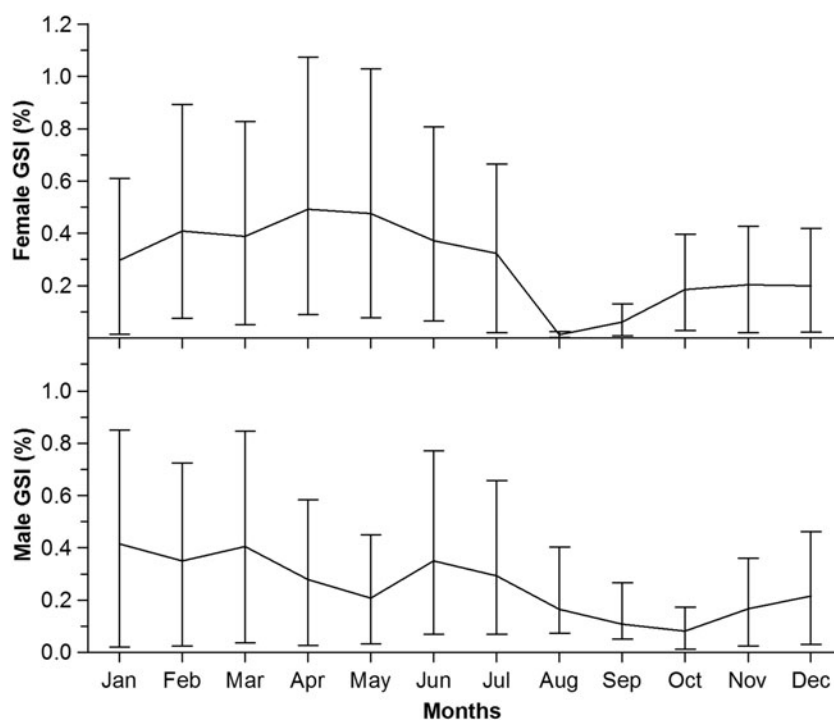


Fig. 5. Monthly average gonadosomatic index (GSI) values (%) with standard error for females and males of the European hake in the central Aegean Sea.

changes in confidence intervals, straightening during resting period and widening during spawning, support the determined spawning period of the species. While gonad formation occurred at 10.4 cm in males and 9.0 cm for females, mature gonads were detected at 15.0 and 9.0 cm for males and females respectively. Moreover, length and age at first reproduction were: $L_m = 21.49 \pm 0.58$ cm and 1 year ($a = -16.517$, $b = 0.769$, $R^2 = 0.907$) for females, $L_m = 25.65 \pm 0.80$ cm and 2 years ($a = -16.543$, $b = 0.645$, $R^2 = 0.833$) for males (Figure 6).

We estimated total mortality $Z = 1.539 \text{ y}^{-1}$ and natural mortality $M = 0.579 \text{ y}^{-1}$. This resulted in an estimated rate of fishing mortality $F = 0.959 \text{ y}^{-1}$. Finally, we estimated exploitation rate $E = 0.624$.

DISCUSSION

A total of 2108 individual European hake were examined during the study. Total number of captured specimens and the range of minimum and maximum lengths ($TL_{\min} = 5.2$, $TL_{\max} = 45.5$ cm) indicate an efficient and effective sampling. Our data indicated that females dominated the stock in terms of number. Similarly, Akalın (2004) reported the female to male ratio as 1:0.31 from Edremit Bay, North Aegean Sea. Length-weight relationship of the stock led us to conclude there was positive allometric growth for both sexes separately and combined. There have been many studies reporting the length-weight relation of the species (Table 2). Parameters from the numerous studies show minor variations related to study area, year, sampling period, physical and environmental conditions faced by the different stocks. While most parameters from the published studies are comparable, Özyayın *et al.*'s (2007) value for the intercept parameter is two orders

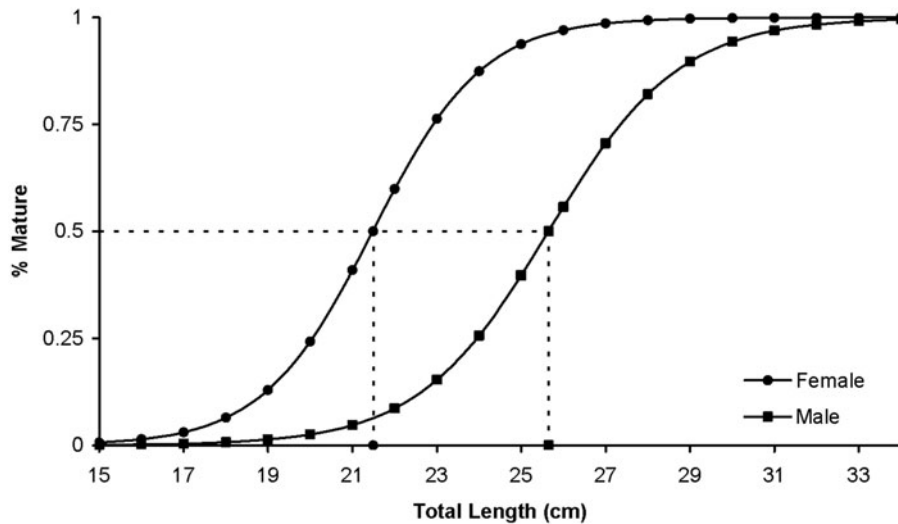


Fig. 6. First reproduction length of European hake according to sex.

of magnitude larger than all other studies. We feel this must be attributable to a typographical error.

Even though macroscopic analysis is not satisfactory for distinguishing between immature, maturing and resting females (Murua *et al.*, 2003; Vitale *et al.*, 2006; Domínguez-Petit, 2007; Recasens *et al.*, 2008; Ferreri *et al.*, 2009), Khoufi *et al.* (2014) stated a good correspondence of immature females between macroscopic and histological reproductive phase identification, confirming the skill of the operators. Although we did not perform histological reproductive analysis in our study, our results concerning GSI values are similar with those of Khoufi *et al.* (2014), both indicating a protracted spawning season throughout the year peaking in April. Moreover, previous histological investigation of ovaries showed that European hake exhibits indeterminate fecundity and spawns year-round with peak spawning occurring in January–March (Murua & Motos, 2006). Likewise, Akalın (2004) stated that reproductive activity of European hake occurred throughout the year with peak reproduction from December to March in Edremit Bay. Reproductive period of the species was given in January–June for Mediterranean and February–May for Bay of Biscay by Cohen *et al.* (1990). Muus *et al.* (1999) reported that reproduction of European hake occurred from January to June for Mediterranean, North Sea, Scotland and West of Iceland. April–June was determined as the reproductive period of European hake for Ireland, January–March for Morocco and May–August for Scotland by Svetovidov (1986). Pineiro & Sainza (2003) found the timing of European hake reproduction in Spain ranged from December to May. Variation in reproductive period of European hake from the above listed studies likely is attributable to regional discrepancies.

Hake ageing is often viewed as problematic and more studies are required for further information. In this study agreement of the independent age readers on the same data set was considered to confirm the age estimations. Moreover otoliths were also sectioned in order to make an accurate estimation when too much calcium accumulation was observed on the surface of the otolith. We determined the age range of the samples was 1–5 years old. This agrees with Akalın (2004), who reported individuals from

0–5 years old. Garcia-Rodriguez & Esteban (2002) mentioned a high correlation between the rings counted in the otoliths and the length of the individual in cm. They also reported that sex did not affect the relationship between the counted rings and the length unless the unsexed individuals were included. There have been a large number of scientific studies on the growth of the species (Table 2). L_{∞} and k were found to be 54.53 cm and 0.32 y^{-1} in the present study, values that are relatively different from many estimated from the eastern Mediterranean and other studied areas. L_{∞} were reported as varying between 44–108 cm for males and 53.5–108 cm for females. Similarly, other studies reported k values varying between 0.06 – 0.385 y^{-1} . We believe this variation is due to the different growing rates of female and male individuals, and environmental factors closely affecting growth as well as fishing activity selecting the larger individuals. In addition, depth of the sampling area also influences the growth as larger individuals migrate to deeper waters. Another point of this discrepancy may be attributed to variation in growth across years. However, our results on growth parameters are in accordance with the studies conducted in Edremit Bay and Sea of Marmara. Phi-prime index values of the published studies calculated using reported parameters ranged between 2.40 and 3.12. This compared with our study's phi-prime index value of 2.97. No statistically significant difference has been determined between the growth performance index values of our study and the published studies.

Mellon-Duval *et al.* (2010) reported from a tagging experiment that growth rate in hake varied with size and sex. The estimated growth parameter (von Bertalanffy k) was estimated as double previously published values based on size frequency distribution in the Gulf of Lions. They also mentioned that male and female growth rates clearly differ in the Gulf of Lions from the second year of life, when the fish first matures and growth rate by sex decreased to a similar level once fish had attained sexual maturity. Furthermore, growth rate of European hake was reported by Arneri & Morales-Nin (2000) from the central Adriatic. They reported that juveniles reached 15 cm TL in 1 year which corresponds to 1.6 cm growth per month. This result differs from Mellon-Duval *et al.* (2010) who determined the monthly

Table 2. Length-weight relationship and the growth parameters of previous studies for European hake.

Sex	L	LR (Mean ± SE)	a	b	n ₁	L _∞	k	t ₀	n ₂	φ'	Year(s)	Area	Author
♂	TL	-	-	-	-	60.0	0.10	-	-	2.56	-	Turkey (Marmara)	Beverton & Holt (1959)
		-	-	-	-	44.0	0.13	-	-	2.40	-		
♀	TL	-	-	-	-	62.0	0.34	-	-	3.12	-	Central Adriatic	Pauly (1978)
		-	0.005	3.074	-	-	-	-	-	-	-	France (Bay of Biscay)	Dorel (1986)
♂	TL	16.0–66.0	0.005	3.099	134	-	-	-	-	-	1977–1982	Scotland (North Sea)	Coull <i>et al.</i> (1989)
		-	-	-	-	80.2	0.11	-0.52	-	2.84	-	France (Bay of Lion)	Campillo (1992)
♀		-	-	-	-	55.8	0.18	-0.42	-	2.75	-		
		-	0.007	3.029	-	-	-	-	-	-	-		
♂		-	0.007	3.000	-	-	-	-	-	-	-	Algeria (Bou-İsmaïl)	Djabali <i>et al.</i> (1993)
		-	0.004	3.000	-	-	-	-	-	-	-	Algeria (Bou-İsmaïl)	
♀		-	0.006	3.000	-	-	-	-	-	-	-	France (Bay of Lion)	
		-	0.004	3.000	-	-	-	-	-	-	-	Spain (Balears)	
♂		-	0.006	3.000	-	-	-	-	-	-	-	Italy (Sicily)	
		-	0.004	3.000	-	-	-	-	-	-	-	Tunisia (Bay of Tunis)	
♀		-	0.004	3.000	-	-	-	-	-	-	-	Tunisia (Bay of Tunis)	
		-	0.010	3.000	-	-	-	-	-	-	-	Greece	
TL		-	0.006	3.078	-	-	-	-	-	-	-	Greece (Middle Aegean)	Papaconstantinou <i>et al.</i> (1993)
		-	0.004	3.125	-	-	-	-	-	-	-		
♂		5.2–92.0	0.005	3.111	1724	-	-	-	-	-	-		
	TL	5.9–21.4	0.005	3.070	-	-	-	-	-	-	1995–1996	Spain (Balearic Islands)	Merella <i>et al.</i> (1997)
TL		-	-	-	-	59.8	0.15	-1.60	-	2.71	-	Greece (Evvoikos)	Stergiou <i>et al.</i> (1997)
		-	-	-	-	60.0	0.30	-	-	3.03	-	Greece (Saronikos)	
♂		-	-	-	-	63.8	0.08	-	-	2.48	-	Greece (Patraikos)	
		-	-	-	-	65.2	0.10	-0.17	-	2.64	-	Greece (North Aegean)	
♀		-	-	-	-	65.9	0.07	-	-	2.47	-	Greece (Korinthiakos Bay)	
		-	-	-	-	71.7	0.08	-	-	2.62	-	Greece (İonian Sea)	
♂		-	-	-	-	104.0	0.08	-1.82	-	2.91	-	Greece (Middle Aegean)	
		-	-	-	-	117.0	0.06	-1.57	-	2.93	-	Greece (Tbermaikos Bay)	
♀		-	-	-	-	103.0	0.07	-1.53	-	2.89	-	Greece (Tbermaikos Bay)	
	TL	13.6–43.5	0.005	3.194	336	81.7	0.09	-1.16	336	2.75	1994–1995	Turkey (Middle Aegean)	Uçkun <i>et al.</i> (2000)
TL		18.0–50.2	0.004	3.200	152	-	-	-	-	-	1997–1998	Greece (Kyclades)	Moutopoulos & Stergiou (2002)
		-	-	-	-	108.0	0.21	0.115	-	3.42	1992–1998	Gulf of Alicante	Garcia-Rodriquez & Esteban (2002)
♂		-	-	-	-	93.0	0.20	-0.091	-	3.24	-		
		-	-	-	-	108	0.21	0.12	41,461	3.39	-		
TL		-	0.013	2.813	441	70	0.18	-0.97	315	2.94	1996–1997	Spain (Atlantic coasts of Iberia)	Pineiro & Sainza (2003)
		-	0.008	2.942	716	89	0.13	-1.15	469	3.01	-		
TL		9.9–46.2	0.003	3.293	-	53.5	0.385	-0.08	-	3.04	1999–2000	Edremit Bay (North Aegean)	Akalın (2004)
		10.0–32.4	0.003	3.285	-	47.4	0.349	-0.11	-	2.90	-		
♂		9.9–46.2	0.003	3.307	2375	53.9	0.377	-0.05	2375	3.04	-		
	TL	19.7–41.1	0.005	3.103	22	-	-	-	-	-	2004–2005	Turkey (North Aegean)	Karakulak <i>et al.</i> (2006)
TL		7.9–66	0.004	3.150	2041	-	-	-	-	-	2005–2006	Turkey (North Aegean)	İşmen <i>et al.</i> (2007)
	TL	2.7–48.8	0.981	3.189	2711	-	-	-	-	-	2005	Turkey (Middle Aegean)	Özaydın <i>et al.</i> (2007)
♂	TL	15–40	-	-	-	100.7	0.24	-	130	3.37	2006	Gulf of Lions	Mellon-Duval <i>et al.</i> (2010)
		-	-	-	-	72.8	0.23	-	112	3.09	-		

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