Contents

List of Figures [page xii]
List of Tables [xiii]
Notes on Contributors [xiv]

- 1 Introduction
 JAN-PETER HERBST [1]
- 2 Get Your Double Kicks on Route 666: The Sonic Evolution of Heavy Metal across Five Unholy Decades

 ANDREW L. COPE [12]

PART I METAL, TECHNOLOGY AND PRACTICE

Personal Take I – Russ Russell [26]

- Mapping the Origins of Heaviness between 1970 and 1995:
 A Historical Overview of Metal Music Production

 JAN-PETER HERBST AND MARK MYNETT [29]
- 4 Technical Ecstasy: Phenomenological Perspectives of Metal Music Production
 NIALL THOMAS [43]
- 5 Not from the Mind But the Heart: The Metanarrative of Being in a Metal Band
 HALE FULYA ÇELIKEL [57]
- Timbral Metrics for Analysis of Metal Production: Then, Now and What Next?

 DUNCAN WILLIAMS [70]

PART II METAL AND HISTORY

Personal Take II – Brian Tatler [84]

7 Mesopotamian Metal: Learning from the Past through Metal Music? PETER PICHLER [87]

ix

- 8 Sparta and Metal Music's Reception of Ancient History JEREMY SWIST [99]
- 9 Viking Metal: Obsessed with the Past?

 IMKE VON HELDEN [114]

PART III METAL AND IDENTITY

Personal Take III – Jasmine Shadrack [128]

- 10 Metal Identities and Self-Talk: Internal Conversations of Belonging, Empowerment, Well-being and Resilience PAULA ROWE [131]
- 11 Metal in Women: Music, Empowerment, Misogyny ROSEMARY LUCY HILL [144]
- 12 Refuse/Resist: What Does It Mean for Metal to Be Transgressive in the Twenty-First Century?

 CATHERINE HOAD [156]

PART IV METAL ACTIVITIES

Personal Take VI – Richard Taylor [172]

- 13 Metal as Leisure Space and Tourism Industry Destination KARL SPRACKLEN [175]
- 14 Dance Practices in Metal DANIEL SUER [187]
- 15 Battle Jackets: Wearing Metal Identity THOMAS CARDWELL [202]

PART V MODERN METAL GENRES

Personal Take V – Arne Jamelle [218]

- 16 On Horseback They Carried Thunder: The Second Lives of Norwegian Black Metal ROSS HAGEN [221]
- 17 Subgenre Qualifiers and Prescribed Creativity in Technical Death Metal

LEWIS F. KENNEDY [237]

- 18 From 'Stereotyped Postures' to 'Credible Avant-Garde Strategies':
 The Alchemical Transformation of Drone Metal
 OWEN COGGINS [251]
- 19 Djent and the Aesthetics of Post-Digital Metal MARK MARRINGTON [265]
- 20 Contempt-of-Core: A Reception History of Metalcore Subgenres as Abject Genres

 ERIC SMIALEK [281]

PART VI GLOBAL METAL

Personal Take IV – Malcolm Dome [300]

- 21 Metal in the Middle East PIERRE HECKER [303]
- 22 Asian Metal Rising: Metal Scene Formation in the World's Most Populous Region

 JEREMY WALLACH [319]
- 23 Distortions in the Last Frontier: Metal Music in Africa EDWARD BANCHS [330]
- 24 What Has Latin American Metal Music Ever Done for Us?: A Call for an Ethics of Affront in Metal Music NELSON VARAS-DÍAZ AND DANIEL NEVÁREZ ARAÚJO [344]
- 25 Pioneers and Provocateurs: Australian Metal Music, Distance and Disregard SAMUEL VALLEN [357]

Select Academic Bibliography [371] Select Journalistic Bibliography [380] Index [384]