

# BJP The British Journal of Psychiatry Psych

Editor-in-Chief: Professor Gin Malhi



**Not niche: eating disorders as an example in the dangers of overspecialisation**  
Haynos et al

**Positive thinking about negative studies**  
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**Features of immunometabolic depression as predictors of antidepressant treatment outcomes: pooled analysis of four clinical trials**  
Vreijling et al

# BJP Psych

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# BJPsych

## Contents

### A5 Editorial Board

### BJPsych Editorial

- 79 Positive thinking about negative studies**  
Eva Petkova, Adam Ciarleglio, Patricia Casey, Norman Poole, Kenneth Kaufman, Stephen M. Lawrie, Gin Malhi, Najma Siddiqi, Kamaldeep Bhui and William Lee

### Guest Editorials

- 82 Not niche: eating disorders as an example in the dangers of overspecialisation**  
Ann F. Haynos, Amy H. Egbert, Ellen E. Fitzsimmons-Craft, Cheri A. Levinson and Jessica L. Schleider
- 86 General psychiatry, still in no-man's land after all these years**  
Martin Deahl

- 88 Psychiatry in music – Psychopathology in *Shine On You Crazy Diamond***  
Alonso E. Garrido-Pinzás

### Original Articles

- 89 Features of immunometabolic depression as predictors of antidepressant treatment outcomes: pooled analysis of four clinical trials**  
Sarah R. Vreijling, Cherise R. Chin Fatt, Leanne M. Williams, Alan F. Schatzberg, Tim Usherwood, Charles B. Nemeroff, A. John Rush, Rudolf Uher, Katherine J. Aitchison, Ole Köhler-Forsberg, Marcella Rietschel, Madhukar H. Trivedi, Manish K. Jha, Brenda W. J. H. Penninx, Aartjan T. F. Beekman, Rick Jansen and Femke Lamers
- 98 Treatment with psychostimulants and atomoxetine in people with psychotic disorders: reassessing the risk of clinical deterioration in a real-world setting**  
Olivier Corbeil, Sébastien Brodeur, Josiane Courteau, Laurent Béchar, Maxime Huot-Lavoie, Elaine Angelopoulos, Samanta Di Stefano, Erica Marrone, Alain Vanasse, Marie-Josée Fleury, Emmanuel Stip, Alain Lesage, Ridha Joober, Marie-France Demers and Marc-André Roy
- 106 Efficacy of a short message service brief contact intervention (SMS-SOS) in reducing repetition of hospital-treated self-harm: randomised controlled trial**  
Garry John Stevens, Sandro Sperandei, Gregory Leigh Carter, Sithum Munasinghe, Trent Ernest Hammond, Naren Gunja, Anabel de la Riva, Vlasios Brakoulias and Andrew Page

### Columns

#### 114 Contents of *BJPsych Advances*

#### Cover picture

Artists work several days a week at the supported art studio above Outsider Art Gallery in the Hermitage Amsterdam. This studio and gallery were set up in 2016 for people with mental and learning disabilities by care organization Cordaan, Museum Hermitage Amsterdam and Museum of the Mind Haarlem.

Cordaan has various initiatives to involve its residents and clients in art and culture.

With the Art & Care programme, we use music, dance, theatre, poetry, literature, heritage and visual arts to improve the quality of life of residents and to connect participants to society.

The focus is not so much on the disabilities, limitations and possible disorders of a person but rather on the 'sane' and vital part that all people have: development and celebration of artistic talent, connection with society through art.

#### Lisanne Meijer (Amsterdam, 1997)

Lisanne Meijer is a young woman whose work is in full development. It is very decorative with an eye for details. Two days a week she works at the studio on refined, delicate drawings in her sketchbook but she is also a master in painting portraits, still lifes and murals. This painting is a portrait of her mother whom she is very close to and she lovingly depicted with flowers and animals. The work of Frida Kahlo served as an inspiration.

Lisanne: Like Frida Kahlo my mother loves animals and flowers. My mother has been very ill and it was a difficult period for us. I have been painting since childhood. When I was asked at school if I wanted to do more with painting I really liked that. At home I like to make doodles, then you just draw what comes to mind. You can come up with everything yourself and at a certain moment you feel it is enough. When I draw and paint I feel calm and happy.

My dream is to give people beautiful art, I don't really want to be famous.

We are always looking for interesting and visually appealing images for the cover of the Journal and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 21 Prescot Street, London, E1 8BB, UK or [bjp@rcpsych.ac.uk](mailto:bjp@rcpsych.ac.uk).

