

P03-194

PROFILE OF SUBSTANCE ABUSE DISORDER PATIENTS DETAINED IN TWO RURAL DISTRICT DRUG DE-ADDICTION CENTRES IN INDIA

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Introduction: Substance use or alcohol use were not a much concerned category in a far away district town 126 k.m away from state capital, Kolkata.

But the 2 drug de-addiction centers those have a provision for a institutional therapy in such a rural Indian district remains almost full through out the year, here in Midnapore.

Objectives: Here is a representation of a present scenario in those 2 drug deaddiction center namely UTTARAN meaning upliftment, and JANANI meaning motherly care, during the period march2008- feb09.

Aims: There patterns and profile are analysed to make a comparism in some other situation in other parts of the world.

Methods: All patients admitted in those 2 Drug-deaddiction center were analysed trough their records & there were 2 visits to longitudinally analyse the persons there in 1.1.09. There were 134 patients in 1st center & 122 patient's turn over in the 2nd center. There were mainly male persons in the age range of 22-56 years with a median age of 39 years. Alcohol use detained patients were majority (>64%), followed by Marijuana smokers (5%), and heroine addicted patient (>10%), followed by medicinal coughsyrup, glue, & benzodiazepin like nitrazepam.

There were co-morbid other Psychiatric illness like BPMD, hypomaniac, or depressive disorders, and Personality disorders, like Borderline personality Disorder & Asocial personality disorder.

Results: There were divorce in 4% cases, jobless in >65% case. and their period of stay remains 3 weeks to 8 weeks usually.

Recovery, or refraining from drug/alcohol after 3 months is over 60%.

Conclusions: Treatment in Institutional-setting do the best & should present evrywhere.