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Psychotherapy represents the oldest way to heal, based on the human feeling of solidarity and empathy that became progressively science by the development of neuroscience, neurocybernetics and communication science. The arguments such as learning circuits, behavior circuits and that of mirror neurons bring a new perspective, a scientific one, on the psychotherapy.

Till now, the scientific knowledge are parasitized and threatened by fanciful interpretations that involves the scientific terms which are put together with a congeries of principles assigned to a more exotic religion.

The psychotherapy has nothing to do with the cosmic forces nor the quantum of matter. It has to do with the mechanisms of empathy and understanding of other people, the mechanisms that underlying the verbalization filter of psychic model proposed by us. This level is produced by humanizing through the maternal language bath and by affectivity. Stem cells together with neuroglia cells represents the matrix for the future mirror neurons. The external circuits of language, gradually they internalize, and thus forms the verbalization filter. Its generating is very important for the relationship between center and periphery, between communication patterns and moods.

We are agree that the religion is very important for an equilibrated psychic making part from the cultural component of personality. The mixture of pseudo-principles in all kind of combinations has nothing to do nor with the cultural support of the European religions nor with the European human typology.