

P01-247 - DEMOGRAPHIC SURVEY OF ADHD IN HEMEL HEMPSTEAD UK

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Introduction: Attention Deficit Hyperactivity Disorder (ADHD) is among the most commonly diagnosed behavioural disorders. There is a glaring paucity of published data on current practice in ADHD Clinics in UK. Following on from recommendations of the European Clinical Guidelines for Hyperkinetic Disorder, NICE guidelines, American Academy of Child and Adolescent Psychiatry, it is practice that an appropriately qualified healthcare professional only should make a formal diagnosis of ADHD, with the assessment process involving a multidisciplinary team approach. A specialist ADHD clinic was started in Hemel Hempstead in 2005 conducted on a monthly basis.

Objectives: The present work aims to collate the demographics of the referrals to the Specialist ADHD clinic, and compare it to the National figures. Theories and ideas relevant to improvement could be deduced from this data.

Methods: Literature review has been conducted to have national figures for comparison. Data will be collated from monthly appointments to ascertain the demographic facts. Further work will include looking at the outcome of the assessment. Data collection will involve review of notes, letters and recording of information and analysis will be done with use of excel and graphs.

Results: Will show the number and characteristics of referrals; and the outcome of assessments. These will then be compared to national figures.

Conclusions: Recommendations will be extracted from the data available. These preliminary findings would help in understanding the disorder better, and add to the evidence base which could then be applied to effective management of attention deficit hyperactivity disorder.