

## Review

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# The newborn sheep translational model for pulmonary arterial hypertension of the neonate at high altitude

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## Abstract

Chronic hypoxia during gestation induces greater occurrence of perinatal complications such as intrauterine growth restriction, fetal hypoxia, newborn asphyxia, and respiratory distress, among others. This condition may also cause a failure in the transition of the fetal to neonatal circulation, inducing pulmonary arterial hypertension of the neonate (PAHN), a syndrome that involves pulmonary vascular dysfunction, increased vasoconstrictor tone and pathological remodeling. As this syndrome has a relatively low prevalence in lowlands (~7 per 1000 live births) and very little is known about its prevalence and clinical evolution in highlands (above 2500 meters), our understanding is very limited. Therefore, studies on appropriate animal models have been crucial to comprehend the mechanisms underlying this pathology. Considering the strengths and weaknesses of any animal model of human disease is fundamental to achieve an effective and meaningful translation to clinical practice. The sheep model has been used to study the normal and abnormal cardiovascular development of the fetus and the neonate for almost a century. The aim of this review is to highlight the advances in our knowledge on the programming of cardiopulmonary function with the use of high-altitude newborn sheep as a translational model of PAHN.

## Introduction

Chronic hypoxia is a common etiological factor for pulmonary hypertension in fetuses, newborns, and adults.<sup>1–4</sup> The fetal and neonatal lung is more vulnerable to chronic hypoxia than the adult lung.<sup>5</sup> The pathophysiological changes that occur during exposure to chronic hypoxia result in failure of the pulmonary vasculature to dilate adequately and decrease the arterial wall thickness after birth, particularly the small-resistance pulmonary arteries (SPA), leading to persistent pulmonary hypertension and hypoxemia.<sup>1,4</sup> The prevalence of pulmonary arterial hypertension in neonates (PAHNs) is 1.9–7.0 per 1000 live births in lowlands,<sup>6</sup> with few data available at high altitude. For instance, a study conducted in La Paz, Bolivia (3600 m, 0.64 atm) showed that respiratory complications (respiratory distress syndrome) can increase by about 10% in comparison to lowlands.<sup>7</sup> A study performed at high altitude in China concluded that environmental hypoxia can aggravate the development of pulmonary hypertension, estimated at 8% of live births.<sup>8</sup> Therefore, this is a relevant health issue, considering that there are an estimated 170 million permanent residents at altitudes >2500 m, mainly on the Tibetan, Andean, and East African plateaus.<sup>9</sup>

The concept of “Developmental (or Fetal) Origins of Adult Health and Disease” has been receiving much attention for over two decades and has been supported by numerous studies.<sup>10</sup> Among other environmental factors that affect fetal development, hypoxia is an important cause of fetal stress, impacting developmental plasticity<sup>10–12</sup> with phenotypic changes that predispose offspring to various dysfunctions and diseases.<sup>13</sup> Antenatal hypoxia is an essential condition concerning maternal/fetal stresses and developmental programming of chronic diseases later in life.<sup>14</sup> The last decade has brought an explosion of interest in the epigenome, generally defined as changes to chromatin structure and function that do not involve altering the DNA sequence. Epigenetic control is critical to both normal homeostasis and disease.<sup>15</sup> The main epigenetic mechanisms that mediate modulation in gene expression are DNA methylation, histone modifications, and micro RNAs. These mechanisms regulate the expression and function of several genes, including ion channels, membrane receptors, key enzymes, and signaling proteins. These actions have been shown in maternal and fetal organs and tissues.<sup>16</sup> Most of the epigenetic responses and mechanisms involved have been determined in animal experimental models.

**Table 1.** Studies on lambs with neonatal pulmonary hypertension of the neonate

Reference	Model/insult	Main outcomes
Herrera et al. <sup>2</sup>	Fetal chronic hypoxia	Increased vascular adrenergic response, blunted blood flow redistribution, and diminished response to catecholamine
Llanos et al. <sup>19</sup>	Fetal chronic hypoxia	Increased $\alpha$ -adrenergic response, wall thickness, and decreased NO vasodilator capacity in systemic arteries
Herrera et al. <sup>21</sup>	Fetal/neonatal chronic hypoxia	Increased pulmonary response to ET-1 and SNP ex vivo. Augmented expression of eNOS, BKCa, PDE-5. Increased wall thickness of small pulmonary arteries
Llanos et al. <sup>30</sup>	Fetal/neonatal chronic hypoxia	Increased pulmonary 5HT and PDE-5. Increased NO vasodilator capacity and wall thickness in small pulmonary arteries
Parraguez et al. <sup>45</sup>	Fetal chronic hypoxia	Long- and short-term exposure to high-altitude causes disturbances in maternal ovarian steroidogenesis and negatively affects embryo-fetal growth
Moretta et al. <sup>47</sup>	Fetal chronic hypoxia	Gestational hypoxia modulates pulmonary vasoconstriction potentially through upregulation of $\alpha$ 1-AR.
Parraguez et al. <sup>54</sup>	Fetal chronic hypoxia	Gestational hypoxia modifies fetal growth and pregnancy outcome differentially depending on hypoxia onset and timing
McGillick et al. <sup>82</sup>	Fetal chronic hypoxia	Maternal chronic hypoxia increases expression of genes regulating lung liquid movement and surfactant maturation
McGillick et al. <sup>83</sup>	Fetal chronic hypoxia	Chronic hypoxemia reduced surfactant maturation and increased prolyl hydroxylase domain expression
Belik et al. <sup>84</sup>	DA ligation	Increased vascular medial thickness in small vessels without changes in ECM proteins
Grover et al. <sup>87</sup>	DA ligation	Increased pulmonary expression of 5HT, ET-1, RhoA-ROCK, and SMC proliferation
Afolayan et al. <sup>93</sup>	DA ligation	Decreased pulmonary eNOS levels, mitochondrial dysfunction, and decreased ATP levels
Herrera et al. <sup>104</sup>	Fetal chronic hypoxia	Postnatal pulmonary hypertension induced by 70% of pregnancy at high altitude promotes cardiopulmonary remodeling that persists at sea level
Herrera et al. <sup>106</sup>	Fetal/neonatal chronic hypoxia	Highland animals showed increased pulmonary RhoA expression, increased p65-NF $\kappa$ B fraction, and upregulated smooth muscle $\alpha$ -actin
Ke et al. <sup>136</sup>	DA ligation	Increased DNA methylation in eNOS proximal promoter region, decreasing Sp1 binding at the eNOS gene promoter in PPHN
Blood et al. <sup>112</sup>	Fetal chronic hypoxia	Chronic hypoxia in utero results in increased vasopressor response to 5-HT via Rho-kinase
Yang et al. <sup>135</sup>	Fetal chronic hypoxia	Reduction in global DNA methylation and Histone 4 acetylation of fetal pulmonary arteries
Orgein et al. <sup>146</sup>	Fetal chronic hypoxia	Chronic hypoxemia increased plasma cortisol and decreased lung surfactant protein expression
Xue et al. <sup>147</sup>	Fetal chronic hypoxia	Hypoxia significantly increased NE-induced contractions and decreased the maximal response of acetylcholine-induced relaxation in pulmonary vein

NO, nitric oxide; BKCa, large conductance calcium-activated potassium channels; PDE-5, phosphodiesterase-5;  $\alpha$ 1-AR,  $\alpha$ 1-adrenergic receptor; ATP, adenosine triphosphate; RhoA, Ras homolog family member A; PPHN, persistent pulmonary hypertension of the neonate.

Some of the most commonly used mammalian models of antenatal and perinatal hypoxia include sheep,<sup>4,17–23</sup> rats,<sup>24</sup> mice,<sup>25</sup> piglets,<sup>26</sup> guinea pigs,<sup>5,27,28</sup> and llamas.<sup>29–32</sup> Sheep have been used as a model for lung development and pulmonary function for several reasons. First, stages of lung development in sheep are like those in humans and occur with similar timing in relation to birth.<sup>5</sup> Second, several studies on the pulmonary fetal to neonatal transition support the lamb as a good paradigm for perinatal cardiorespiratory transition in newborn humans.<sup>33</sup> Third, the available data on fetal lung fluid volume, secretion, composition, and flow dynamics have been obtained from sheep and seem to represent the human characteristics.<sup>33</sup> The similarities between these species in the establishment of pulmonary function by the newborn over several hours after birth allow the study of particular neonatal pulmonary disorders.<sup>17,19</sup> Finally, the sheep has proven to be an excellent model for

chronic preparations for maternal, placental, fetal, and neonatal vascular function studies. This allows the implantation of vascular catheters and flow probes to determine blood pressure and flow in different vascular beds under diverse conditions such as hypoxia and oxidative stress (OS).<sup>19,34,35</sup> The little information obtained from humans and other species is generally consistent with data from sheep.<sup>5</sup>

Animal models offer a means of gaining better understanding of the fundamental basis of the disease. A number of experimental animal models are being used to generate pulmonary arterial hypertension in the fetus and newborn. The aim of this review is to highlight the advances in fetal and neonatal programming of pulmonary vascular function, using the sheep as a translational model of chronic hypoxia-induced pulmonary hypertension (Tables 1 and 2).

**Table 2.** Studies with pharmacological interventions on lambs with neonatal pulmonary hypertension of the neonate

Reference	Model/insult	Main outcomes
Parrau <i>et al.</i> <sup>18</sup>	Fetal/neonatal chronic hypoxia	2-APB reduced PAP and PVR. 2-APB improves vascular function <i>ex vivo</i> , by a greater relaxation and sensitivity to SOC blockers
Castillo-Galan <i>et al.</i> <sup>20</sup>	Fetal/neonatal chronic hypoxia	2-APB reduced vasoconstrictor response to TXA2 and ET-1. 2-APB increased maximal relaxation to 8-Br-cGMP and reduced the medial and adventitial layers thickness
Lopez <i>et al.</i> <sup>22</sup>	Fetal/neonatal chronic hypoxia	Fasudil decreased PAP and PVR. Fasudil decreased expression of pMYPT1 (T850) and pMYPT1T (696), with a potential increase of the myosin light-chain phosphatase activity in lung
Gonzalez-Candia <i>et al.</i> <sup>23</sup>	Fetal/neonatal chronic hypoxia	Melatonin decreased PAP and PVR. Melatonin improved the vasodilator function of pulmonary artery <i>ex vivo</i> and reduced the oxidative stress markers
Herrera <i>et al.</i> <sup>31</sup>	Fetal/neonatal chronic hypoxia	Sildenafil decreased PAP during basal conditions and completely prevented the HPV
Torres <i>et al.</i> <sup>35</sup>	Fetal/neonatal chronic hypoxia	Melatonin decreased PAP and PVR in the first days of treatment and improved pulmonary artery vasodilator function, enhancing the endothelial- and muscular-dependent pathways. Melatonin reduced oxidative stress markers
Gonzalez-Candia <i>et al.</i> <sup>58</sup>	Fetal/neonatal chronic hypoxia	Antenatal melatonin induces further intrauterine growth restriction but improves the maternal plasma antioxidant capacity
Grover <i>et al.</i> <sup>86</sup>	DA ligation	(Vascular endothelial growth factor) inhibition during late gestation causes pulmonary hypertension: elevated PAP and PVR and increased wall thickness of small pulmonary arteries
Farrow <i>et al.</i> <sup>91</sup>	DA ligation	iNO or recombinant human superoxide dismutase diminished ROS production and increased eNOS expression
Afolayan <i>et al.</i> <sup>92</sup>	DA ligation	Adenoviral vector (ad-MnSOD) decreased mitochondrial O2(-) levels and increased H2O2 levels and catalase expression. ad-MnSOD improved eNOS expression and function in pulmonary arteries.
Astorga <i>et al.</i> <sup>97</sup>	Fetal/neonatal chronic hypoxia	Melatonin decreased cellular density, $\alpha$ -actin of the media, and diminished the proliferation marker Ki67 in resistance vessels and pulmonary trunk
Polglase <i>et al.</i> <sup>98</sup>	Umbilical artery ligation	Melatonin administration reduced secondary septal crest density and altered elastin deposition
Gonzalez-Candia <i>et al.</i> <sup>102</sup>	Fetal/neonatal chronic hypoxia	Melatonin enhanced the plasma antioxidant capacity and decreased the pulmonary antioxidant activity, diminished oxidative stress during postnatal life
Lakshminrusimha <i>et al.</i> <sup>121</sup>	DA ligation	PGI2 and iloprost dilated pulmonary artery of persistent pulmonary hypertensive lambs. These effects were enhanced by milrinone.
Rashid <i>et al.</i> <sup>144</sup>	DA ligation	PGI2 and milrinone decreased PAPs, PVR and increased pulmonary blood flow. Improved the relaxation response of pulmonary arteries to ATP and NO.
Chandrasekar <i>et al.</i> <sup>145</sup>	DA ligation	Betamethasone increased eNOS and MnSOD protein levels augmented cGMP levels and restored Hsp90-eNOS interactions

SOC, store-operated channels; iNO, inhaled NO; ATP, adenosine triphosphate; MnSOD, manganese superoxide dismutase; Hsp90, heat shock protein 90.

### Fetal and neonatal cardiovascular response to chronic hypoxia

The fetal cardiovascular response to acute hypoxia has been well described in large animal models such as the sheep in the last 3–4 decades, using the fetal instrumentation preparation.<sup>36–38</sup> Fetal acute hypoxia induces an increase in pulmonary vascular resistance (PVR) and therefore reduces lung blood flow, as in other peripheral areas, prioritizing O<sub>2</sub> flow to “vital” organs such as the brain, heart, and adrenals.<sup>36</sup> In marked contrast, the fetal response under chronic hypoxia is less studied, but a few studies suggest that this O<sub>2</sub> distribution response is blunted.<sup>21,39–41</sup> One of the most appropriate conditions to obtain fetal chronic hypoxia is exposure to high altitude during pregnancy.<sup>2,17,21,31,34</sup> The sheep has been used as a model that represents an animal not adapted to high altitude, such as the human species.<sup>21,30,42–49</sup>

Pregnant women and their unborn babies from several regions of the world are chronically exposed to the low-oxygen milieu of high-altitude mountains or plateaus.<sup>21,50,51</sup> Pregnancy at high altitude is clearly a potential burden for both mother and fetus. The incidence of pregnancy complications and neonatal morbidity

such as intrauterine growth restriction, fetal hypoxia, and respiratory distress in neonates is significantly increased in high-altitude populations.<sup>7,52,53</sup> Pregnancy at high altitude induces impaired fetal sheep growth, leading to reduced fetal weight, brain, liver, and uteroplacental efficiency.<sup>2,21,30,54–58</sup> Pregnancy induces a significant decrease in mean systemic arterial pressure in low-altitude sheep, while this adaptation is absent in animals acclimatized to high-altitude hypoxia, leading to increased systemic arterial pressure in high-altitude pregnant sheep relative to low-altitude animals.<sup>10</sup>

Chronic materno-fetal hypoxia occurs in human populations that live in hypobaric hypoxia at altitudes above 2500 m.<sup>9,21,59,60</sup> Several researchers reported a decrease in birth weight related to an increase in altitude.<sup>7,61–65</sup> Chronic hypoxia, as observed in exposure to high altitude, is associated with pulmonary hypertension.<sup>66,67</sup>

Intrauterine chronic hypoxia favors fetal pulmonary vascular remodeling, excessive proliferation and impaired permeability, and metabolism of endothelial and smooth muscle tissue, as well as intimal fragmentation.<sup>4,68</sup> There is also proliferation and trans-differentiation of fibroblasts with collagen deposits in the interstitium.<sup>4,68,69</sup> This produces small pulmonary vessels with a

thickened middle layer and marked fibroproliferative changes in the adventitia.<sup>4,70</sup> In addition to the effects on the pulmonary vessels, pulmonary hypertension from chronic exposure to hypobaric hypoxia is accompanied by right ventricular hypertrophy, polycythemia, and in some cases right heart failure.<sup>8,66</sup>

In Chinese Han children, an ethnic group exposed to the Himalayan altitudes for less than 100 years (Lhasa, 3658 m), chronic pulmonary hypertension and decreased oxygen saturation due to environmental hypoxia play a central role in the pathogenesis of subacute high-altitude disease.<sup>64</sup> Surprisingly, congenital heart disease is 20 times higher relative to the lowland population.<sup>8</sup> In addition, the prevalence of PAHN rises to 8% in the Chinese population living above 2500 m.

In contrast, children of the Tibetan population, who have inhabited the same altitudes for 25,000 years, do not present this clinical picture. It is thus presumed that genetic adaptations have conferred resistance to pulmonary hypertension caused by hypobaric hypoxia.<sup>8,64</sup> Tibetan populations have elevated pulmonary nitric oxide (NO) production through endothelial NO synthase (eNOS) upregulation, a response that may be part of the acclimatization process.<sup>71</sup> Secondly, decreased NO levels are associated with high-altitude pulmonary edema susceptibility in humans, which further indicates the importance of NO signaling and acclimatization to high altitude.<sup>72,73</sup> However, in the Andean area, newborn children in Morococha, Peru (4540 meters above sea level) have marked pulmonary hypertension and persistent ductus arteriosus (DA), even at 72 h of postnatal life.<sup>74</sup> This pulmonary hypertension is also present in children aged 5–14 years.

### Fetal pulmonary vascular response to chronic hypoxia in sheep

Studies on the pulmonary vasoactive response in sheep fetuses gestated in chronic hypoxia were carried out in studies reviewed by Llanos *et al*, in which they compared the vasoactive response of llama fetuses (an animal acclimated to chronic hypoxia) and sheep fetuses.<sup>19</sup> The llama fetus has several physiological adaptations, among them a marked alpha-adrenergic function<sup>28,75</sup> responsible for the high peripheral vascular resistance<sup>19</sup> and higher plasma catecholamine concentrations compared to those found in the fetal sheep. The authors highlighted the crucial role that the sympathetic system plays in the regulation of the fetal llama systemic circulation.<sup>19,29</sup> Since the alpha-adrenergic mechanisms are upregulated in fetal llama systemic circulation, the contractile responses of SPA to norepinephrine (NE) are decreased in the llama fetus compared to the sheep fetus, with an increase in the maximal response at very high NE concentration. In addition, the sensitivity to the NO-dependent relaxation is also greater in fetal llama than in fetal sheep SPA.<sup>19</sup> Together, these data show that the fetal llama has higher sensitivity to a vasodilator (NO) and lower sensitivity to a vasoconstrictor (NE).

Low PO<sub>2</sub> is a main determinant of the increase in PVR through acute inhibition of potassium currents and downregulation of K<sup>+</sup> channel expression under long-term exposure.<sup>76</sup> In subacute or chronic hypoxia, the hypoxia inducible factor (HIF) induces transcription of vasoconstrictor factors such as endothelin<sup>77–80</sup> and  $\alpha$ 1B receptors,<sup>28,81</sup> favoring the vasoconstrictor effects. Although eNOS expression may be induced, its activity depends on oxygen availability and an adequate oxidative tone, decreasing NO synthesis and function. Chronic hypoxia also impairs lung maturation, affecting hypoxic signaling pathways, surfactant maturation, lung liquid movement, and oxidative tone determinants.<sup>82</sup> Each of the

effects on vasoconstrictor or vasodilator signaling, lung maturation and oxidative balance are dependent on the timing of the hypoxic onset and its extension.<sup>83</sup> The airway maturational processes will also affect the postnatal vascular response as these are modulated by oxygen. At high altitude, the above mechanisms that restrict pulmonary vasodilation at birth likely prevail, and the resultant elevated PVR causes the fetal circulation to persist, inducing a right to left shunt, slowing the DA closure and leading to hypoxemia and pulmonary hypertension of the newborn.<sup>21</sup>

### Pulmonary vascular remodeling during the antenatal period

The pulmonary remodeling induced by chronic hypoxia has been observed in sheep models by DA ligation in utero<sup>84</sup> and gestation under chronic hypoxia, both in sheep.<sup>21</sup> Fetal pulmonary vasculature apparently undergoes less remodeling following hypertension by DA ligation relative to chronic hypoxia by altitude. Fetal sheep pulmonary hypertension induced by DA ligation results in increased medial thickness only in small acinar vessels, while the elastin and collagen contents of larger vessels expressed either per tissue weight or per DNA were not different from their controls.<sup>84</sup> These researchers found no evidence of altered connective tissue deposition in smaller resistance arteries. Dodson *et al.*, in a model of fetal pulmonary hypertension by DA occlusion, found that the proximal main pulmonary artery (MPA) of fetal sheep has increased stiffness and altered extracellular matrix (ECM) remodeling compared to fetal normoxic controls.<sup>85</sup> MPA thickening occurs with decreased elastin in the media and increased collagen deposition in the adventitia, suggesting that the ECM in the MPA is more fibrotic in this experimental model of pulmonary hypertension. In summary, the MPA of fetal sheep with pulmonary hypertension has increased stiffness and extensive ECM remodeling. This is characterized by a thin media but thicker adventitia, depending on collagen content and fiber orientation relative to controls.<sup>85–87</sup> These findings suggest that in addition to changes in the distal pulmonary arteries, proximal remodeling and stiffness of the pulmonary circulation may further contribute to impaired hemodynamics of pulmonary hypertension in the newborn (Fig. 1).

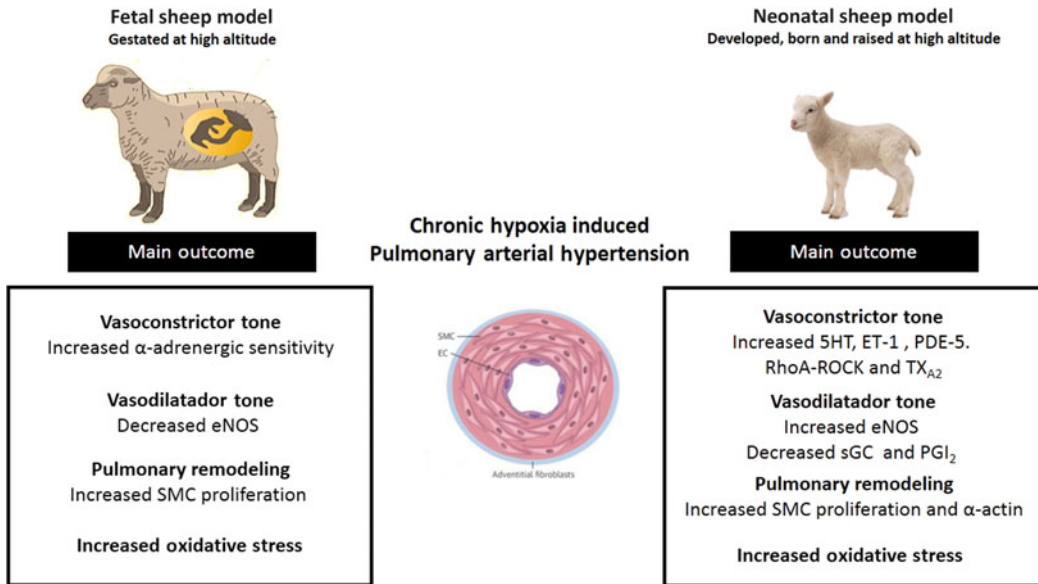
### Pulmonary hypoxia and OS during antenatal hypoxia

Another mechanism by which chronic hypoxia induces damage is as a result of the increased generation of reactive oxygen species (ROS) by incomplete reduction of oxygen. ROS are free radicals produced as byproducts of oxidation–reduction reactions. There are various intracellular enzymatic pathways that produce ROS in mammals, such as mitochondrial electron transport, NADPH (nicotinamide adenine dinucleotide phosphate) oxidase, the cytochrome P450 monooxygenase system, xanthine oxidase, NO synthases, cyclooxygenase, and lipooxygenase.<sup>88</sup>

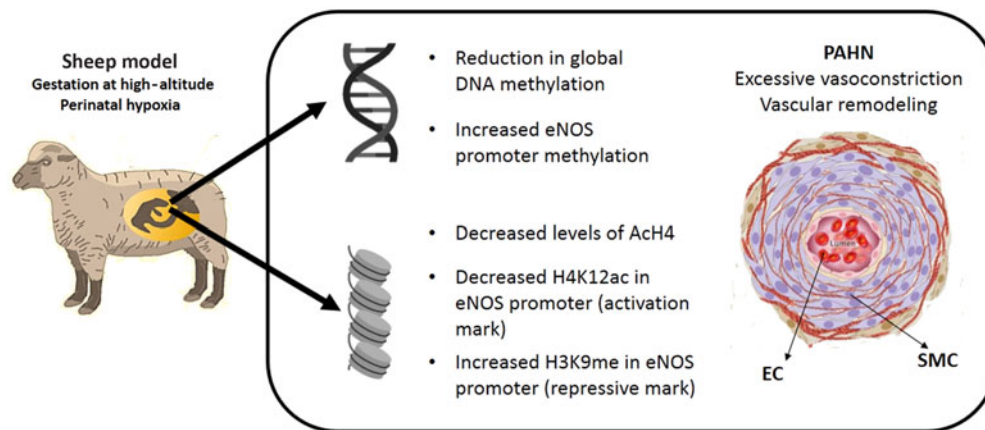
Fetal OS represents a strong candidate mechanism for insults associated with a persistent increase of ROS in the offspring in humans and animals.<sup>34,89</sup> ROS cause endothelial dysfunction and facilitate hypoxic pulmonary vasoconstriction in experimental animal models (Fig. 1).<sup>90</sup> In fact, several studies have linked increased ROS with neonatal pulmonary hypertension and have proposed antioxidant treatments.<sup>23,35,91–97</sup> For instance, melatonin treatment as an antioxidant, either antenatal<sup>98–102</sup> or postnatal,<sup>23,35,97</sup> has been successfully studied using sheep models (Table 2).

Exaggerated ROS during the fetal period may induce endothelial dysfunction in the offspring by causing epigenetically induced alterations of the expression of genes involved in the regulation of endothelial function (Fig. 2).<sup>73</sup>





**Fig. 1.** Schematic outlining factors in the molecular pathogenesis of neonatal pulmonary arterial hypertension. The scheme summarizes the main results obtained from chronic hypoxic fetal and neonatal sheep as models of neonatal pulmonary hypertension. The mechanisms shown are responsible for EC dysfunction, proliferation of SMCs, and oxidative stress, associated with sustained vasoconstriction of the pulmonary arteries. Abbreviations: PDE-5, phosphodiesterase-5.



**Fig. 2.** Potential epigenetic mechanisms in the pathogenesis of neonatal pulmonary arterial hypertension. These epigenetic changes may result in excessive vasoconstriction and pulmonary vascular remodeling, which are responsible for the initiation and progression of pulmonary hypertension. The three major epigenetic hallmarks are DNA methylation, histone modifications, and regulation by miRNAs, leading to altered gene expression in pulmonary EC and SMC. Abbreviations: AcH4, acetylated histone H4; H4K12ac, acetylation of lysine 12 on histone H4; H3K9me, methylation of histone H3K9.

### Neonatal pulmonary vascular response to chronic hypoxia in sheep

Pulmonary circulation normally undergoes important structural and functional changes during the perinatal period that allow the sudden transition from placental to pulmonary gas exchange. At birth, there is normally a significant increase in PaO<sub>2</sub> when the newborn starts breathing. The brisk increase in alveoli PO<sub>2</sub> increases NO synthesis, decreases endothelin type-A receptor (ETA) expression, and removes the hypoxic stimulus for hypoxic pulmonary vasoconstriction (HPV), which together reduce PVR.<sup>17</sup> Increases in arterial PO<sub>2</sub> also facilitate DA closure, increasing cardiac output and pulmonary blood flow.<sup>103</sup> Perinatal hypoxia impairs these processes, as illustrated in a hypoxic newborn sheep model where the PVR falling at birth is blunted, maintaining high pulmonary arterial pressure (PAP) and permeable DA.<sup>19,31,104</sup> This is associated with an enhanced HPV response in antenatal hypoxia-exposed sheep born at 3600 m in the INCAS Research Station (Putre, Chile).<sup>2,30</sup> In this model, the newborn lamb has stronger pulmonary vascular responses to acute hypoxia associated with higher arterial contractile status and an increased wall thickness in the small pulmonary arteries compared to low-altitude controls.<sup>31</sup>

### Mechanisms of perinatal pulmonary vasoconstriction

HPV is an intrinsic property of the pulmonary vasculature that allows adequate ventilation to perfusion matching in the lung. During the prenatal period, the HPV response helps to maintain high PVR in the lung that diverts blood to a low-resistance vascular territory through the fetal vascular intercommunications (*DA* and *foramen ovale*). However, chronic perinatal hypoxia can exacerbate the hypoxia-induced pulmonary vasoconstrictive response.<sup>2,17,104</sup>

Multiple mechanisms contribute to the enhanced vasoconstrictor tone of SPA of the chronic hypoxic lamb. For instance, SPA from lambs gestated and born at high altitude show an increased response to potassium (KCl).<sup>2,31</sup> This may be the result of the increased contractile capacity, due to either increased smooth muscle components, increased activity of voltage-dependent Ca<sup>2+</sup> channels and/or increased Ca<sup>2+</sup> sensitivity in smooth muscle cells (SMC). Pulmonary vascular remodeling has been observed in hypoxic newborn sheep and is discussed later in this review.

Regarding the Ca<sup>2+</sup> sensitivity of vascular smooth muscle contraction, this response is negatively regulated through NO-cyclic guanosine monophosphate-PKG (cGMP-dependent protein kinase) signaling, while it is positively regulated by RhoA-Rho kinase, among

other factors.<sup>105</sup> In high-altitude sheep with pulmonary hypertension, the enhancement of nitrergic vasodilator tone does not avoid pulmonary hypertension,<sup>31,104</sup> probably because there is also increased expression and activation of RhoA that allows the maintenance of a strong  $Ca^{2+}$  sensitivity.<sup>22,106</sup> This response contrasts with the response observed in newborn of species resistant to hypoxic pulmonary hypertension like the llama, where the increased nitrergic together with decreased  $Ca^{2+}$  sensitization allows effective vasodilation.<sup>32</sup> In addition to  $Ca^{2+}$  sensitivity, intracellular  $Ca^{2+}$  concentration is an important mediator of the pulmonary arterial response to hypoxia, and  $Ca^{2+}$  entry through voltage-dependent or voltage-independent plasma membrane  $Ca^{2+}$  channels are major regulators. Voltage-dependent  $Ca^{2+}$  channels are important mediators of pulmonary vascular contraction in healthy vessels of adult animals, while voltage-independent  $Ca^{2+}$  channels of the family of receptor- or store-operated  $Ca^{2+}$  channels are involved in the pathological response of pulmonary vessels to hypoxia in both adult and newborn animals and humans.<sup>107</sup> Store-operated  $Ca^{2+}$  channels are involved in the HPV response of both low- and high-altitude lambs; their function and expression are enhanced in high-altitude lambs.<sup>18</sup> The treatment of pulmonary hypertensive lambs with the non-specific store-operated channel blocker 2-aminoethoxydiphenyl borate (APB) also significantly decreases PAP and resistance, suggesting that these channels are important in the maladaptive response of the pulmonary circulation to chronic hypoxia.<sup>20</sup> The voltage-dependent potassium channels (Kv) are an important component of the membrane depolarization process.<sup>108</sup> This Kv channel activity tends to maintain a negative resting membrane potential and is important in the vasocontractile response to acute hypoxia.<sup>108,109</sup> Suppressing Kv channel activity depolarizes the membrane, which elicits  $Ca^{2+}$  signals that cause SMC contraction.<sup>109</sup>

Serotonin (5-HT) is another mediator involved in hypoxic vasoconstriction. Several studies have shown a role for 5-HT in the regulation of acute and chronic hypoxic responses, particularly as they relate to contraction and growth of SMC.<sup>110,111</sup> 5-HT is a vasoactive, and in some SMCs, a mitogenic molecule released from platelets, pulmonary neuroendocrine cells, and endothelial cells (ECs). Plasma 5-HT levels increase under hypoxic conditions in a sheep model of persistent pulmonary hypertension of the newborn (PPHN).<sup>17,112</sup> 5-HT synthesis in pulmonary ECs is increased in experimental PPHN, and both tryptophan hydroxylase 1 (Tph1) and the 5-HT<sub>2A</sub> receptor expressions are increased in this model.<sup>113</sup> These findings provide evidence that 5-HT contributes to an elevated pulmonary vascular tone (Fig. 1).

Thromboxane (TXA<sub>2</sub>) and endothelin-1 (ET-1) are other important pathways that contribute to the pulmonary vasoconstrictor phenotype associated with chronic hypoxia. These vasoactive agents act through the transduction of signals dependent on protein G (metabotropic receptors), increase the bioavailability of  $Ca^{2+}$ , and ultimately the signals come together and enhance the phosphorylation and activity of the myosin light chain.<sup>114</sup> Vasoconstriction is achieved via the phosphorylating effect of myosin light-chain kinase on myosin and its interaction with actin. In pulmonary arteries of newborn sheep, chronic hypoxia reduces the synthesis of prostacyclin (PGI<sub>2</sub>), a strong vasodilator prostanoid, but not that of TXA<sub>2</sub>, a vasocontractile prostanoid.<sup>114</sup> This leads to increased vasoconstriction due to a decreased ratio of PGI<sub>2</sub> to TXA<sub>2</sub>.<sup>115</sup> Chronic hypoxia has been found to increase

the sensitivity and reactivity of neonatal pulmonary arterial myocytes of neonatal pigs to the TXA<sub>2</sub> agonist.<sup>4</sup>

ET-1 causes pulmonary vasoconstriction primarily through activation of ETA; activation of endothelin receptor type B (ETB) can attenuate this effect because of its high expression in vascular endothelium.<sup>116</sup> ET-1 signaling has received significant attention in the setting of increasing levels in lung vasculature due to acute hypoxia and elevated PAP.<sup>17</sup> It is also thought to induce pulmonary artery SMC mitogenesis and is likely involved in hypoxia-induced pulmonary vascular remodeling. Using ovine pregnancy at high altitude as an experimental model and following return to sea level of the neonate, Herrera *et al.* showed that pregnancy in the highlands programs lung function of the neonates, increasing ET-1 sensitivity and vasoconstriction in SPA.<sup>104</sup>

The RhoA/Rho-kinase (ROCK) pathway also participates in pulmonary vasoconstriction in several species such as rat, mouse, and sheep, contributing to pulmonary vascular remodeling and vasoconstriction by  $Ca^{2+}$  sensitization.<sup>22</sup> Fasudil and Y-27632, ROCK-specific inhibitors, reduced adult and fetal hypoxic pulmonary contraction.<sup>117,118</sup> Treatment with Fasudil lessens the development of chronic hypoxic PAHN in newborn lambs.<sup>22</sup>

### Mechanisms of perinatal pulmonary vasodilatation

The pulmonary vasculature dilates when SMCs relax, which is primarily due to inhibition of vasoconstrictor pathways. The endothelium acts as a major vasodilator promoter.<sup>17</sup> For instance, agonist stimulation of ECs by acetylcholine or other factors causes increases in endothelial cytosolic  $Ca^{2+}$  that activates several pathways, leading to the generation of NO and PGI<sub>2</sub>.<sup>119</sup>

The pathways associated with NO-dependent vasorelaxation have been intensively studied in the perinatal vasculature. NO is generated predominantly by eNOS, an enzyme expressed in vascular endothelium and stimulated by increases in endothelial cytosolic  $Ca^{2+}$ . Diminished eNOS activity is thought to be an important determinant for development of persistent pulmonary hypertension in the newborn and pulmonary hypertension by chronic hypoxia.<sup>19</sup> In contrast, eNOS protein expression and activity are increased in sheep born and studied in highlands.<sup>120</sup> However, phosphodiesterase-5 expression is increased, generating a decreased NO-dependent vasodilation (Fig. 1).<sup>19</sup> *In vivo* studies with endogenous NO blockade have shown that NO function is enhanced at high altitude, but not enough to prevent pulmonary hypertension.<sup>106</sup> The latter was associated with reduced soluble guanylate cyclase (sGC) protein expression at high altitude in comparison to newborn lambs born in low altitude, suggesting a decrease in cGMP and therefore vasodilation.<sup>120</sup> Pulmonary vasodilator responses to exogenous NO from sodium nitroprusside (SNP) administration were diminished in SPA from neonatal lambs exposed to chronic hypoxia.<sup>31</sup> In contrast, lambs born at high altitude that returned to sea level had accentuated vasodilation with SNP,<sup>104</sup> showing that the NO response depends on the timing and extension of hypoxia exposure.

PGI<sub>2</sub> is the predominant PGI<sub>2</sub> released from the endothelium; along with some other products of arachidonic acid metabolism, it may provide protection from chronic hypoxic stress.<sup>4</sup> These endothelial-derived substances dilate vessels and attenuate proliferation in SMC. PGI<sub>2</sub> are released from the vascular endothelium and activate Gs-coupled GPCRs (G protein-coupled receptors) in SMCs.<sup>17</sup> Chronic hypoxia reduces the production of PGI<sub>2</sub> in neonatal

pulmonary vasculature. Lakshminrusimha *et al.* showed that lung tissue from ductal-ligation lambs has reduced PGI<sub>2</sub>-induced relaxation as a result of decreased PGI<sub>2</sub> receptor levels.<sup>121</sup>

### **Pulmonary Vascular Remodeling during the perinatal period**

Pulmonary arterial wall thickening and muscularization are important features of hypoxic pulmonary hypertension in the newborn, since these increase PVR.<sup>4,122</sup> Structural changes include the appearance of SM (smooth muscle)-like cells (as defined by the expression of  $\alpha$ -SM-actin) in previously non-muscularized vessels of the alveolar wall.<sup>114</sup> The remodeling involves the intimal, medial, and adventitial compartments of the pulmonary arterial and venous vessel wall and often the perivascular space.<sup>1</sup> The medial thickening is attributable to hypertrophy and increased accumulation of SMCs as well as increased deposition of ECM proteins, predominantly collagen and elastin. Herrera *et al.* demonstrated that exposure to chronic hypoxia results in a histological fetal pattern of thickened media and adventitia in newborn sheep (Fig. 1).<sup>31</sup> The adventitial thickening is caused by accumulation of fibroblasts and myofibroblasts, and there is an increase in ECM accumulation (collagens, elastin, fibronectin, and tenascin).<sup>114</sup> These activated fibroblasts and myofibroblasts contribute to the structural remodeling of the vessel through increased production of collagen and other ECM proteins, including fibronectin and elastin.<sup>123</sup> Myofibroblast accumulation can also contribute to the abnormalities of smooth muscle vascular tone observed in chronic hypoxic pulmonary hypertension. The contractile properties of myofibroblasts appear to be different from those of SMCs, with a slower onset of contraction in response to vasoactive stimuli and a failure to relax in response to vasodilating stimuli.<sup>124</sup> In newborn sheep with partial or total gestation at high altitude, blockade of the store-operated Ca<sup>2+</sup> channel with 2-APB or blockade of Rho-kinase with Fasudil decreases both PVR and remodeling. Fasudil decreases the medial layer area, while 2-APB decreases both medial and adventitial layers of pulmonary arteries of hypertensive animals, suggesting that this remodeling is in part regulated by Rho-kinases and store-operated Ca<sup>2+</sup> entry in the ovine model.<sup>20,22</sup> Collectively, these observations suggest that chronic hypoxia induces changes in the pulmonary parenchyma that contribute to the elevated maintenance of RVP (right ventricular pressure) in models of neonatal pulmonary hypertension.

### **Pulmonary OS during perinatal hypoxia**

ROS such as superoxide anions and hydrogen peroxide have been implicated in cell proliferation of various cell types.<sup>4,125</sup> Production of ROS in the lung and pulmonary vasculature is stimulated not only by hypoxia but also by various vasoconstrictive and mitogenic agents that are elevated during hypoxia such as ET-1, HIF-1 $\alpha$ , and TGF- $\beta$  (Transforming growth factor beta).<sup>126–128</sup> There are currently models that relate ROS generation and vasoconstriction in pulmonary hypoxia. In the first model, the so-called *redox hypothesis*, the mitochondrial electron transport chain (ETC) senses hypoxia and decreases ROS production (ROS being produced as an inevitable byproduct of oxidative phosphorylation), causing intracellular calcium influx secondary to redox-sensitive potassium channel inhibition.<sup>113,129</sup> In support of this, Michelakis *et al.* demonstrated that hypoxia and ETC inhibitors suppress the production of activated O<sub>2</sub> species and increase the vasoconstriction of *ex vivo* pulmonary arteries.<sup>130</sup> The second model is challenged by the *ROS hypothesis*, which proposes that

hypoxia increases mitochondrial ROS generation, mediating elevation of intracellular calcium concentration.<sup>109</sup> This theory is supported by studies showing that antioxidants such as melatonin attenuated the contractile response in lungs from sheep neonates with pulmonary hypertension,<sup>35,58</sup> and exogenous H<sub>2</sub>O<sub>2</sub> induces contraction in cultured pulmonary artery SMCs in isolated lungs.<sup>131</sup> Gonzalez-Candia *et al.* showed that melatonin treatment as an antioxidant decreased the vasoconstriction associated with TXA<sub>2</sub> in SPA in a model of pulmonary hypertension due to chronic hypoxia (Fig. 1).<sup>58</sup> These authors also demonstrated that melatonin decreased the vasoconstriction associated with ET-1 and increased pulmonary tissue expression of the endothelial ETB receptor, decreasing the vasoconstrictive action of ET-1 (Fig. 1).<sup>58</sup> Melatonin also decreased the mean PAP by an increased expression of the PGI<sub>2</sub>-dependent pathway, increasing the expression of PGI<sub>2</sub> synthase and PGI<sub>2</sub> receptor in neonatal pulmonary parenchyma.<sup>58,132</sup>

Astorga *et al.* demonstrated that melatonin treatment also decreases media cell density and SMC proliferation (reduced percentage of Ki-67 positive cells), showing a potential antiproliferative effect. However, it decreases  $\alpha$ -actin and smoothelin- $\beta$  pulmonary expression, which are SMC markers in sheep neonates with HPN (pulmonary hypertension of the newborn).<sup>97</sup> These studies demonstrate that OS plays important roles in the mechanisms determining arterial reactivity and pulmonary remodeling induced by chronic hypoxia.

### **Epigenetic mechanisms associated with pulmonary vascular programming**

Pulmonary arterial hypertension by chronic hypoxia is a progressive disease characterized by a hyperproliferative, antiapoptotic and inflammatory phenotype of pulmonary vascular cells, which leads to excessive vasoconstriction and abnormal vascular remodeling.<sup>133</sup> Adverse intrauterine conditions such as undernutrition and hypoxia can program cardiovascular cell and organ function by epigenetic mechanisms.<sup>134</sup> The three most relevant mechanisms known to regulate gene transcription epigenetically are DNA methylation, histone modifications, and regulation by noncoding RNA.

#### **DNA Methylation**

DNA methylation is the most studied epigenetic mechanism. It occurs principally in the promoter or enhancer region of genes, specifically in cytokines adjacent to guanosine, the so-called CpG island.<sup>16</sup> DNA hypomethylation is associated with overexpression of the gene, whereas hypermethylation is associated with reduced gene expression.<sup>16</sup> Yang *et al.* reported a reduction in global DNA methylation in pulmonary arteries from fetal lambs exposed to high altitude.<sup>135</sup> The authors described a gene inactivation by methylation in the promoter region of p21 protein, involved in cell arrest. Therefore, chronic hypoxia modulates the epigenome of pulmonary arteries, decreasing p53-p21 expression and increasing the proliferative phenotype of SMC in fetal lungs. Lambs with PPHN induced by prenatal DA constriction showed a decrease in mRNA expression of eNOS in pulmonary artery endothelial cells (PAECs). This was associated with an increased DNA methylation at 19 CpG sites in the eNOS proximal promoter region around estrogen receptor elements (EREs).<sup>136</sup> These contribute to a downregulation of eNOS expression, inhibition of eNOS activity, and hence reduced NO synthesis. All of the above tends to an



imbalance in the vasoconstriction–vasodilation status toward an increased vascular tone in the pulmonary vascular bed.

### Histone modifications

DNA is packed in nucleosomes, where approximately 146 base pairs wrap a core of histone proteins. Post-translational modifications in these proteins such as acetylation, methylation, phosphorylation and ubiquitination can change the accessibility to DNA, increasing or reducing gene expression.<sup>137</sup> Histone modifications are produced by histone acetyltransferases, histone deacetylases, histone methyltransferases, and histone demethylases, among others.<sup>138</sup>

Yang *et al.* showed that chronic hypoxia reduced histone acetylation and DNA methylation. Chronic hypoxia induced histone deacetylase (HDAC) activity that covalently modifies the interaction between histones and gene promoter regions, increasing compaction and decreasing gene expression.<sup>135</sup> In particular, this study demonstrated the inverse relationship between HDAC activity and p21 transcript expression, increasing cell proliferation and SMC remodeling in pulmonary arteries.<sup>135</sup>

Ke *et al.* reported a significant decrease in the activation of mark H4K12ac density in the proximal promoter of the eNOS gene in two distal EREs. They also found an increase in repressive mark H3K9me3 around the transcription factor Sp1 binding site in PAECs from PPHN lambs.<sup>136</sup> These changes, together with the increased DNA methylation in the eNOS promoter, contribute to a reduced eNOS mRNA expression (Fig. 2). It is important to mention that acetylation and methylation are not permanent changes and their pattern may change during the lifetime.<sup>137</sup>

### MicroRNAs

miRNAs are small, noncoding RNA molecules composed of 21–25 nucleotides, which are capable of inhibiting translation or decreasing RNA stability in a sequence-specific manner by pairing with RNA, usually in the 3' untranslated region.<sup>16,137</sup> miRNAs can cross the placental barrier, being part of the maternal–fetal communication.<sup>139</sup>

Huo *et al.* showed an altered miRNA lung profile in newborn rats gestated in hypoxia. Of the analyzed miRNAs, these authors found 55 overexpressed and 14 downregulated, which was related to a decrease in lung weight and alveolar count. The two most upregulated miRNAs were miR-465 and miR-377, while the most downregulated were miR-327 and miR-338.<sup>140</sup> Nothing is known about these miRNAs in lung development; however, miR-338 has been found to be downregulated in pulmonary fibrosis.<sup>141</sup> Xu *et al.* reported a model of hypoxia-induced PPHN in rats with an increase in miR-126a-5p levels, which is involved in endothelial-to-mesenchymal transition and is likely acting through the p85-β/p-AKT (Protein kinase B) pathway. In this process, an EC undergoes a series of molecular events that lead to a change in phenotype toward a mesenchymal cell (e.g., myofibroblast or SMC), shifting the pulmonary vascular bed to a proliferative and vasocontractile phenotype. This result was also found in plasma from human neonates with PPHN and was correlated with a poor oxygenation index.<sup>142</sup> Xu *et al.* reported an overexpression of miR-34c-5p which repressed sGCB1 expression during hypoxia in mouse SMC primary cultures, decreasing both cGMP bioavailability and smooth muscle-dependent vasodilation.<sup>142</sup> Until now, no miRNA studies have been performed on developmental chronic hypoxia in sheep. Few studies have been done in sheep and miRNA-target interactions in this species are still scarce.<sup>143</sup>

In summary, it has been shown that epigenetic mechanisms are associated with fetal and neonatal pulmonary vascular dysfunction. However, although some of them have shown important

associations with pulmonary arterial hypertension in neonatal lambs, we are still missing clues to understand the long-lasting programming of pulmonary vascular function by hypoxia (Fig. 2).

### Perspectives

Chronic antenatal and neonatal hypoxia can cause pulmonary arterial hypertension. Most of our current knowledge comes from studies on a sheep model as a translational model (Table 1). Chronic hypoxia during pregnancy and the perinatal period may induce a maladaptive response that triggers sustained increases in PVR by prolonged vasoconstriction and vascular remodeling, leading to the establishment of PAHN. The endothelial dysfunction and the remodeling of SMCs are key factors in triggering vasoconstriction and subsequent vascular remodeling. The chronic and long-lasting effects include vascular dysfunction and eventual cardiac insufficiency. Finally, epigenetic regulation such as the reduction in global DNA methylation, histone modifications, and regulation by miRNAs seem to be key determinants of the pulmonary arterial dysfunction, but there is still much to discover about these mechanisms.

With the current knowledge and lack of efficient treatments, there is a need to evaluate potential therapeutic strategies such as vasoactive, antioxidant, and antiproliferative agents. This will be clearly facilitated by the use of animal models such as the perinatal sheep preparation. Researchers have had the privilege of using animal models and obtained the information to accomplish outstanding discoveries. All in all, sheep studies have improved our knowledge about the basic mechanisms underlying PAHN pathophysiology and treatment (Tables 1 and 2). The valuable data given by animal studies augur a complete understanding of PAHN determinants and future development of treatments.

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