# Altered activation of the ventral striatum under performance-related observation in social anxiety disorder

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**Background.** Social anxiety disorder (SAD) is characterized by fear of social and performance situations. The consequence of scrutiny by others for the neural processing of performance feedback in SAD is unknown.

**Methods.** We used event-related functional magnetic resonance imaging to investigate brain activation to positive, negative, and uninformative performance feedback in patients diagnosed with SAD and age-, gender-, and education-matched healthy control subjects who performed a time estimation task during a social observation condition and a non-social control condition: while either being monitored or unmonitored by a body camera, subjects received performance feedback after performing a time estimation that they could not fully evaluate without external feedback.

**Results.** We found that brain activation in ventral striatum (VS) and midcingulate cortex was modulated by an interaction of social context and feedback type. SAD patients showed a lack of social-context-dependent variation of feedback processing, while control participants showed an enhancement of brain responses specifically to positive feedback in VS during observation.

**Conclusions.** The present findings emphasize the importance of social-context processing in SAD by showing that scrutiny prevents appropriate reward-processing-related signatures in response to positive performances in SAD.

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## Introduction

Individuals suffering from social anxiety disorder (SAD) are characterized by persistent fear responses in social interactions or performance situations (APA, 2013). SAD patients show considerable aversion toward being exposed to scrutiny by others and tend to interpret their role in ambiguous social situations as more negative than healthy controls (HC) (Jensen & Heimberg, 2015). In particular, the clinical picture of SAD frequently comprises severe apprehensiveness about the overt display of performance inadequacy nervousness, stammering, erythrophobia, tremor, among many others - resulting in public humiliation (Kessler et al. 1998; Heimberg et al. 2014). It has been suggested that maladaptive appraisals of evaluative social information in patients with SAD promote anxiety, excessive post-event processing (Rachman et al.

\* Address for correspondence: M. P. I. Becker, Institute of Medical Psychology and Systems Neuroscience, University Hospital Muenster, Von-Esmarch-Str. 52, D-48149 Muenster, Germany. 2000), and subsequent safety and avoidance behaviors (Stangier & Frydrich, 2002).

In search of neural foundations of this disorder, numerous functional imaging studies have investigated the neural correlates of processing negative social stimuli, including negative feedback, in SAD (Freitas-Ferrari et al. 2010; Miskovic & Schmidt, 2012; Schulz et al. 2013). Research has, for example, pinpointed the role of the amygdala (for an overview see Miskovic & Schmidt, 2012). In accordance with its assumed role as salience detector region, the amygdala might gain its critical role in SAD pathophysiology by a hypersensitivity to evaluative information (Schulz et al. 2013). Furthermore, hyper-activation of the anterior insular cortex (AIC) is associated with SAD and has been taken as an indication of biased allocation of attention to bodily signals (Straube et al. 2004; Miskovic & Schmidt, 2012). Moreover, activation of midcingulate cortex (MCC), a region frequently co-activated with AIC (Shackman et al. 2011; Cieslik et al. 2015), has repeatedly been found to be elevated when processing salient cues in SAD (Amir et al. 2005; Miskovic & Schmidt, 2012) as well as subclinical social anxiety (Heitmann et al. 2014). Investigating

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neural responses to performance feedback in subclinical social anxiety, Heitmann et al. (2014) showed heightened responses of medial prefrontal cortex and anterior insula during receipt of performance feedback independently of its valence. This study also reported decreased medial prefrontal activation (MPFC) during anticipation of negative feedback. However, one widely neglected research field is how social contexts affect the processing of performance-related feedback signals. For example, in healthy individuals, positive performance-feedback is associated with activation of the ventral striatum (VS) (van Veen et al. 2004; Nieuwenhuis et al. 2005; Carlson et al. 2011; Becker et al. 2014). Critically, this activation is strongly modulated by social context with increased activation during an observation condition compared with a nonobservation control condition (Simon et al. 2014). As a central part of the motivational or reward circuit (Haber & Knutson, 2010), VS receives and signals prediction errors (Ruff & Fehr, 2014; Becker et al. 2016) and plays a role in initiation of approach behaviors (O'Doherty et al. 2017), in humans most often investigated in the context of prosocial behavior (Rilling & Sanfey, 2011). Following this line of research, VS has been suggested to signal the social relevance of feedback and integrate the social context in which feedback is provided. Preliminary evidence in SAD shows decreased differential activation to rewards v. punishments in striatal regions during anticipation of social reward (Cremers et al. 2014; Richey et al. 2014, 2017) and during performance situations (Boehme et al. 2014b). Further, reduced dopamine D2-receptor and dopamine-transporter availability have been reported in SAD (Tiihonen et al. 1997; Schneier et al. 2000, 2008), although not unambiguously (Schneier et al. 2009). In the VS, presynaptic dopamine levels are associated with increased BOLD activation (Schlagenhauf et al. 2013) and dopamine release in this brain region has been associated with music-induced pleasure (Salimpoor et al. 2011), as well as signaling of prediction errors (Deserno et al. 2015).

Here we asked whether this phenomenon is also observed in SAD or whether patients show an abnormal pattern of performance feedback processing when observed by others. A task commonly used to administer performance feedback is the time estimation task where feedback is needed to infer the adequacy of one's behavioral response in an otherwise underdetermined response situation. We used this task to present participants with correct, incorrect, and ambiguous performance feedback tailored to their individual response accuracy (Miltner *et al.* 1997). We hypothesized that in patients with SAD reward-related activation is reduced during social observation. Specifically, we expected SAD to be associated with diminished BOLD responses in VS to positive relative to negative performance feedback during social observation. To investigate these potential differences between socially anxious and nonanxious individuals we used functional magnetic resonance imaging (fMRI), while SAD patients and healthy participants performed the time estimation task during an observation condition and a non-observation condition. We show that VS activations in patients are not subject to interactions of reward- and observationcondition as they are in HC. In particular, patients do not exhibit an increase of ventral striatal activation to positive feedback relative to negative feedback while observed by others as controls do.

## Methods

## Participants

A total of 16 patients with a DSM-IV diagnosis of SAD (11 females) were recruited by public announcements and provided written informed consent to participate in the study. 16 age-, gender-, and education-matched HCs were recruited as a control group (nine females); part of the HC group has previously been reported on in (Simon et al. 2014). All participants were righthanded, had normal or corrected-to-normal vision, and were above 18 years of age. The study was approved by the ethics-committee of the University of Jena. Diagnosis was confirmed by the Structured Clinical Interview for DSM-IV Axis I and Axis II disorders (SCID I and II; Wittchen et al. 1996). Comorbidities of the SAD sample included major depressive or dysthymic disorder (n = 5), obsessive-compulsive disorder (n=1), Binge-eating disorder (n=1), and specific phobia (n = 1). Participants had no neurological disorders. HC were free of any psychopathology and reported to not have taken psychotropic medication within the last 3 months. In SAD patients, assessment of medication status is incomplete and precludes the formal categorization of patients according to substance and dosage. Before scanning, all participants completed the LSAS (Liebowitz Social Anxiety Scale, German version; Stangier & Heidenreich, 2005), FNE (Fear of Negative Evaluation, German Version; Vormbrock & Neuser, 1983), and BDI (Beck Depression Inventory, German version; Hautzinger et al. 1995) questionnaires. SAD patients scored significantly higher on both LSAS and BDI than the control subjects (Table 1). After the experiment but before being debriefed, subjects were asked if during the course of the experiment they had noticed anything that they wanted to mention. One patient explicitly reported the suspicion that they were not really observed and was excluded from all analyses. No control subject reported any suspicion that they were not actually being observed.

	SAD ( <i>n</i> = 16)	HC ( <i>n</i> = 16)	<i>t</i> -value
Age, mean years (S.D.)	35.3 (±12.7)	38.4 (±12.5)	t(30) = -0.72
Gender, male : female	5:11	7:9	$\chi^2 = 0.53$
Education <sup>a</sup>	9:7:0	8:7:1	U = 0.50
LSAS, mean (s.D.)	69.4 (±21.2)	28.4 (±14.6)	$t(30) = 6.03^*$
FNE, mean (s.D.)	57.5 (±9.2)	38.9 (±8.1)	$t(30) = 6.38^*$
BDI, mean (s.D.)	16.8 (±11.3)	6.1 (±5.2)	$t(30) = 3.41^*$

Table 1. Characteristics of social anxiety disorder (SAD) patients and healthy control (HC) samples

Mean scores and standard deviations on Liebowitz Social Anxiety Scales (LSAS), Fear of Negative Evaluation (FNE), and Beck's Depression Inventory (BDI), as well as mean age.

\*p < 0.05.

<sup>a</sup> Educational period <12 years: 12 years: >12 years.

#### Experimental procedure

Controls and patients were exposed to two different experimental conditions: in one condition they were informed that they were observed by a video camera mounted inside the scanner bore (observation condition); in the other condition, the camera was not mounted and subjects were informed that no observation was taking place (control condition). Participants were instructed that in the observation condition an observer would focus on visible physiological reactions of the participant's face (e.g. skin perfusion and pupil dilation). Further, participants were informed that blocks with and without a camera were required to optimize recording parameters. The sequence of both conditions was balanced across subjects. Both groups were requested to participate in a time estimation task (Miltner et al. 1997; Simon et al. 2014) that required estimating the duration of one second in response to an auditory cue by pressing a button as soon as they considered the second elapsed. Subsequently, subjects received positive, negative, or uninformative performance-feedback (the letters A, B, and C assigned pseudo-randomly across subjects to these feedback types) about the accuracy of their response (Becker et al. 2014; Simon et al. 2014). An adaptive algorithm ensured that all three feedback-types were presented about equally frequently (i.e. ~33% for each feedback type) to both groups in the observation and control conditions. In order to achieve this, the length of a time window around the target time point of 1 s was decreased by 20 ms if the response lay within the window or increased by 20 ms, if the response lay outside the window. The initial value of the time window's length at the start of each block was determined in a training run.

Behavioral data were analyzed using analysis of variance (ANOVA) and independent sample t tests and *post-hoc* t tests using SPSS software (Version 22,

IBM Corp., Armonk, NY). A  $2 \times 2 \times 3$  level repeated measures ANOVA with group (SAD *v*. HC) as between group factor and observation condition (observation *v*. control) and feedback (positive *v*. negative *v*. uninformative feedback) as within-groups factors were used for reaction times and ratings of valence, arousal, and threat.

We tested for feedback-related accuracy effects in estimation behavior, i.e. whether accuracy on a given trial differed on average for different feedback types presented on the previous trial. We estimated accuracy on a given trial n by calculating the absolute value of the difference between response latency in trial n and 1 s and expressed this as a function of the feedback presented in trial n-1. Then we tested whether accuracy differed on average between the feedback conditions.

## fMRI data acquisition and analysis

Scanning was performed in a 3-Tesla magnetic resonance scanner (Magnetom Trio, Tim System 3T; Siemens Medical Systems, Erlangen, Germany). After acquisition of a T1-weighted anatomical scan, two runs of T2\*-weighted echo planar images consisting of 370 volumes were recorded (TE, 30 ms; TR = 2100 ms, flip angle, 90°; matrix, 64 × 64; field of view, 192 mm<sup>2</sup>). Each volume comprised 35 axial slices (slice thickness 3 mm; interslice gap 0.5 mm; in-plane resolution  $3 \times 3 \text{ mm}^2$ ), which were acquired with a  $30^\circ$ caudally tilted orientation relative to the anteriorposterior commissure line in order to reduce susceptibility artifacts (Deichmann et al. 2003). Prior to that, a shimming procedure was performed. To ensure steady-state tissue magnetization the first four volumes were discarded from the analysis.

Functional MRI-data preprocessing and analysis were performed using Brain Voyager QX software (Version 2.4; Brain Innovation, Maastricht, Netherlands). Data pre-processing comprised correction for slice time errors and temporal (high-pass filter: 10 cycles per run; low-pass filter: 2.8 s; linear trend removal) as well as spatial [8 mm full-width at half-maximum (FWHM) isotropic Gaussian kernel] smoothing. The anatomical and functional images were coregistered and transformed to normalized Talairach-space (Talairach & Tournoux, 1988).

Statistical analyses were performed by multiple linear regression of the signal time course at each voxel. Expected blood oxygenation level-dependent (BOLD) signal change for each predictor was modeled by a 2-gamma hemodynamic response function. On the first level, predictor estimates based on z-standardized time course data were generated for each subject using a random-effects model with adjustment for autocorrelation following a global AR(2) model. On the second level, predictor estimates were analyzed across subjects for the relevant contrasts. We investigated brain responses in regions of interest relevant for feedback processing and/ or SAD symptomatology. Thus, we performed small-volume correction for VS, because the structure plays a major role in reward processing (Haber & Knutson, 2010), as well as insula, anterior cingulate cortex (ACC), MPFC, amygdala, dorsal striatum, and MCC because these regions' have repeatedly been shown to be involved in SAD (Amir et al. 2005; Miskovic & Schmidt, 2012; Schulz et al. 2013). Masks for these regions were extracted from the AAL atlas included in WFU PickAtlas software (Tzourio-Mazoyer et al. 2002; Maldjian et al. 2003) after dilating them by 1 mm. Using in-house MATLAB (Version 7.8; MathWorks, Natick, MA) scripts based on ICBM2tal (Lancaster et al. 2007) all maps were transformed into BrainVoyager-compatible Talairach coordinates. A cluster-size threshold estimation procedure was used (Goebel et al. 2006) to correct for multiple comparisons. Significant clusters of contiguously activated voxels were determined by a Monte Carlo simulation based on 2000 iterations. After setting the voxel-level threshold to p < 0.005 (uncorrected) and specifying the FWHM of the spatial filter, the simulation resulted in a minimum cluster size of 6 contiguously activated functional voxels (162 mm<sup>3</sup>) corresponding to a false positive rate of 5%. We refer to this false positive rate as  $p_{corrected}$ . The watershed-algorithm of Neuroelf (v0.9c; http://neuroelf.net/; i.e. the splitclustercoords function) was used to assess local maxima of clusters.

## Results

### Behavioral data

Immediately after the experiment, subjects separately rated valence, arousal, and threat induced by each feedback category and each observation condition. One patient's rating data had to be excluded from analyses due to a misconception of the scale format.

Across both groups and observation conditions, a 2 (group: SAD, HC) × 2(observation condition: observation, control) × 3(feedback: positive, negative, ambiguous) repeated measures ANOVA showed significant main effects for arousal [F(2,58) = 13.74, p < 0.05] and valence [F(2,58) = 46.46, p < 0.05], both of which resulted from positive feedback being rated as more pleasant than negative [t(30) = 7.13, p < 0.05] and uninformative feedback [t(30) = 3.65, p < 0.05] and uninformative feedback [t(30) = 4.39, p < 0.05]. Furthermore, negative feedback was rated less pleasant than uninformative feedback [t(30) = 2.18, p < 0.05] but not less arousing [t(30) = 1.40, p > 0.05].

Furthermore, the repeated-measures ANOVA yielded an observation × group interaction for ratings of threat [F(1,29) = 4.58, p < 0.05]. Post-hoc comparison revealed that SAD subjects rated feedback as significantly more threatening than HC subjects if it was received during the observation condition [t(29) = 2.23, p < 0.05] but not if it was received during the control condition [t(29) = 1.33, p = 0.20]. While an observation × group interaction of valence ratings was marginally significant [F(1,29) = 3.57; p < 0.07], no further significant main effects or interactions involving the group factor were found for ratings of valence and arousal (all p values  $\ge 0.11$ ).

As revealed by a significant main effect [F(2,60) = 57.96; p < 0.05], reaction time data indicated that subjects' estimations were more accurate in trials after positive feedback than in trials after negative [t(31) = 9.98, p < 0.05] or uninformative feedback [t(31) = 5.39, p < 0.05]. However, no significant group differences were found for any reaction time measure (all p values >0.05).

A robust behavioral finding in the time estimation task is the increased estimation accuracy after presentation of positive feedback. This is indicated by increased accuracy in trials that succeed a positive feedback trial as compared to trials that succeed negative or uninformative feedback trials. We analyzed whether on average accuracy in estimation differed for positive, negative, and ambiguous feedback in these subsequent trials. First, we calculated the absolute deviation of response latencies from the target time point (1 s after auditory cue onset) for every trial n. Then, we averaged the absolute deviation from the target time point across all trials that follow positive feedback in position n-1 and repeated this step for all trials that follow negative feedback and uninformative feedback in position n-1, respectively (Simon *et al.* 2014). Entering this data into the repeated-measures ANOVA, we found that estimations were significantly more accurate in trials after positive feedback [*F*(2,60) = 18.43; p < 0.05; after positive: M = 158 ms (±67 s.D.); after negative: M = 197 ms (±85 s.D.); after uninformative: M = 181 ms (±82 s.D.)]. This effect did not differ significantly between groups [*F*(1,30) = 0.98; p = 0.33], neither did the interaction of observation and group [*F*(1,30) = 3.50; p = 0.07].

## fMRI data

#### Elevated responses in patients

Across both groups and observation conditions, activation in VS [left peak x, y, z: -12, 8, -2, t(31) = 6.63, t(31) = 6.6 $p_{\text{corrected}} < 0.05$ , cluster size 11 988 mm<sup>3</sup>; right peak x, *y*,*z*: 12,11,-2, *t*(31)=5.51, *p*<sub>corrected</sub><0.05, cluster size 1485 mm<sup>3</sup>] and ACC [peak x,y,z: 04,47, t(31) = 4.75,  $p_{\text{corrected}} < 0.05$ , cluster size 13 959 mm<sup>3</sup>] was detected for positive relative to negative feedback. Across both groups, differential processing of positive and negative performance-feedback in VS was elevated in the observation condition relative to the control condition [peak  $x,y,z: -3,11,-2, t(31) = 3.31, p_{corrected} < 0.05, cluster size$ 216 mm<sup>3</sup>], which, however, was mainly driven by healthy participants (Fig. 1). Critically, there was a significant difference between groups for the interaction contrast of observation condition and feedback valence (positive v. negative) in left VS [peak x,y,z:  $-6,14,-5, t(31) = 3.67, p_{corrected} < 0.05, cluster size 324$ mm<sup>3</sup>] (Fig. 1). This effect was due to enhanced responses to positive feedback in the observation v. control condition in HC subjects as compared with SAD subjects [t(30) = 4.06,  $p_{corrected} < 0.05$ ]. There were no differences between groups for negative [t(30) =-0.46,  $p_{\text{corrected}} = 0.65$ ] or uninformative feedback  $[t(30) = 0.57, p_{corrected} = 0.57]$ . Thus, the observation condition only significantly changed processing of positive feedback in SAD subjects compared to HC subjects with diminished enhancement of observation driven VS activation in SAD subjects.

There was also a significant difference between groups for the interaction contrast of observation condition and feedback valence (positive *v*. negative) in MCC [peak *x*,*y*,*z*: -6,23,37, t(31)=3.85,  $p_{corrected} < 0.05$ , cluster size 270 mm<sup>3</sup>] (Fig. 2). Further analyses revealed that SAD and HC subjects showed a significant difference between observation and control conditions for positive feedback [t(30) = 4.69,  $p_{corrected} < 0.05$ ], but not for negative [t(30) = -0.06,  $p_{corrected} > 0.05$ ] or uninformative feedback [t(30) = -0.62,  $p_{corrected} > 0.05$ ]. This significant difference resulted from MCC being more activated by positive feedback during the control condition in SAD than in HC subjects (Fig. 2).

#### Blunted responses in patients

We found a cluster in right ventral AIC to reflect an interaction between observation and group [peak *x*,*y*, *z*: 39,8,-11, t(31) = -3.21,  $p_{corrected} < 0.05$ , cluster size 216 mm<sup>3</sup>]. However, AIC did not show the same pattern of activation differences between SAD and HC subjects that VS and MCC showed (Fig. 3). In HC subjects as compared with SAD subjects AIC was stronger activated by positive relative to negative feedback in the control condition than in the observation condition [t(30) = -2.62,  $p_{corrected} < 0.05]$ . Further, negative feedback did not elicit a differential response between the observation and control conditions in SAD subjects, while in HC subjects it did [t(30) = 1.75,  $p_{corrected} < 0.05]$ .

#### Controlling for BDI scores

As BDI scores differed between groups, we tested whether group differences in beta estimates were maintained after controlling for depression levels. A univariate ANCOVA (analysis of covariance) with BDI scores as covariate revealed that neither in VS [F(1,29) = 0.372; p = 0.547], nor in AIC [F(1,29) = 0.018; p = 0.893] nor in MCC [F(1,29) = 0.003; p = 0.956] depression levels accounted for group differences in beta estimates.

## Discussion

The data presented here demonstrate the importance of considering aberrant processing of positive performance-feedback when addressing the neural correlates of SAD. Compared with healthy age- and gendermatched controls, we found blunted activation in the VS of individuals with a diagnosis of SAD during reward processing under observation. By shifting the focus of research toward the human reward circuit this approach complements longstanding traditions in the clinical investigation of SAD-associated neurobiology.

While heightened sensitivity in amygdala and medial prefrontal cortex to self-referential negative feedback in SAD has been reported (Blair et al. 2008), very few fMRI studies have investigated alterations in the processing of performance-relevant feedback albeit either not in a clinical sample (Heitmann et al. 2014) or by using facial stimuli as feedback (Cremers et al. 2014; Richey et al. 2014). The present study investigated feedback-processing in a clinical sample of SAD subjects using a design that reliably modulated reward-related responses in the VS of HC subjects by manipulating the presence/absence of public observation (Simon et al. 2014). Other studies in healthy subjects have shown that gaining a good reputation activates VS (e.g. Izuma et al. 2008). Further, shared representation of reward value in VS across domains



**Fig. 1.** Group-differences between patients with social anxiety disorder (SAD) and healthy controls (HC) in the camera-enhancement effect in ventral striatum (VS). (*a*) In HC, VS shows higher activation to the camera-enhancement effect than in SAD (contrast reflects higher difference between positive > negative feedback in the observation condition than in the control condition). (*b*) Differences in parameter estimates between observation and control conditions in left VS (peak *x*,*y*,*z*: -6,14, -5) shown separately for HC and SAD. In HC, valence-coding (positive > negative feedback) in VS is stronger in the observation condition than in the control condition, while in SAD this difference is absent. (*c*, *d*) Parameter estimates from the cluster in (*a*) and (*b*) shown condition-wise for the HC (*c*) and SAD (*d*) groups (observation condition in blue, control condition in red) reveal that the differences in (*a*) and (*b*) are due to enhanced responses to positive feedback in the observation *v*. control condition in HC subjects as compared with SAD subjects.

(money, social reward, and cognitive feedback) has been established (Lin *et al.* 2012; Daniel & Pollmann, 2014) and VS can be assumed to be a key region for processing social motivation (Le Bouc & Pessiglione, 2013; Ruff & Fehr, 2014).

In healthy participants, the mere presence of an observer is sufficient to increase VS activation to positive feedback. Accordingly, if HC subjects master a task successfully while being observed by others, VS seems to encode positive performance-feedback more strongly in comparison to being successful while acting alone. For SAD patients, performance situations that include observation by others induce or amplify apprehensiveness and often result in avoidance behavior. Presence of a social performance context appears to counteract the enhancing effect of observation on VS activation in SAD subjects. Specifically, processing of positive performance-feedback was *reduced* during observation in the SAD group. Thus, our findings strongly suggest defective use of social context information in reward processing in SAD subjects.

It has been demonstrated that SAD subjects tend to overemphasize the emotional impact of negative social outcomes relative to positive social outcomes (Gilboa-Schechtman *et al.* 2000). Further, individuals diagnosed with SAD even show negative affective reactions to successful social interactions (Wallace & Alden, 1997), possibly because they anticipate a positive social outcome to subsequently result in heightened standards for what is considered adequate, which might blunt the experience of positive emotions. Most importantly, a reduced bias to interpret ambiguous social information as benign and positive has been demonstrated in individuals with SAD (Amir *et al.* 2012).

Our results further support the assumption that SAD pathophysiology is also characterized by alterations of



**Fig. 2.** Group-differences between patients with social anxiety disorder (SAD) and healthy controls (HC) in the camera-enhancement effect in midcingulate cortex (MCC). (*a*) In HC, MCC shows higher activation to the camera-enhancement effect than in SAD (contrast reflects higher difference between positive > negative feedback in the observation condition than in the control condition). (*b*) Differences in parameter estimates between observation and control conditions in MCC (peak *x*,*y*,*z*: -6,23,37) shown separately for HC and SAD. In HC, valence-coding (positive > negative feedback) in MCC is stronger in the observation condition than in the control condition, while in SAD this pattern reverses: valence-coding is stronger in control condition than in the observation condition. (*c*, *d*) Parameter estimates from the cluster in (*a*) and (*b*) shown condition-wise for the HC (*c*) and SAD (*d*) groups (observation condition in blue, control condition in red).

the system that generates positive social motivational signals. While biases for threatening and negative social information rightfully play an important role in current models of the disorder (Clark & Wells, 1995; Rachman *et al.* 2000), the cognitive dynamics of SAD might not be fully characterized without considering alterations in processing of positive social feedback. It is therefore necessary that future studies further investigate the alteration of this network in individuals diagnosed with SAD.

It has been proposed that in patients with SAD diminished activity of the behavioral approach system might contribute to genesis and maintenance of the disorder (Kimbrel, 2008). Classically, behavioral approach and the experience of positive emotions have been associated with the mesolimbic dopamine pathway connecting midbrain regions with the VS. Previously, changed striatal function in social anxiety has been suggested by [<sup>11</sup>C]-PET and SPECT studies and decreased VS activity was shown to be linked to avoidance behaviors and reduced motivation (Schneier *et al.* 2009; Boehme *et al.* 2014*b*). Yet, these studies reported inconsistent findings regarding

dopamine availability and utilization in striatal regions in SAD patients (Tiihonen et al. 1997; van der Wee et al. 2008; Schneier et al. 2009). Furthermore, differential VS activation to cooperative v. uncooperative partners during social decision making is absent in patients with SAD (Sripada et al. 2013). Recently, reduced activation of VS in SAD patients during anticipation of a public speech has been reported (Boehme et al. 2014b), suggesting that, in SAD patients, alterations of the brain system for positive motivational signals contribute to anticipatory anxiety in performancerelated situations. As these situations are important for many social activities and in particular occupational and academic functioning, it is necessary to gain a deeper understanding of this phenomenon's behavioral and neural mechanisms.

Another region crucial for social motivation is the ACC, which often shows co-activation with VS. We found ACC to reliably code the difference between positive and negative feedback. However, in the paradigm we used, ACC activation does not distinguish between the observation and control conditions (see also Simon *et al.* 2014). Analogously, we did not find differences



**Fig. 3.** Group-differences between patients with social anxiety disorder (SAD) and healthy controls (HC) in the camera-enhancement effect in anterior insula (AIC). (*a*) In HC, AIC shows higher activation to the camera-enhancement effect than in SAD (contrast reflects higher difference between positive > negative feedback in the observation condition than in the control condition). (*b*) Differences in parameter estimates between observation and control conditions in AIC (peak *x*,*y*,*z*: 39,8, -11) shown separately for HC and SAD. In HC, valence-coding (positive > negative feedback) in AIC is stronger in the control condition than in the observation condition, while in SAD this difference is absent. (*c*, *d*) Parameter estimates from the cluster in (*a*) and (*b*) shown condition-wise for the HC (*c*) and SAD (*d*) groups (observation condition in blue, control condition in red). See 'Results' for details.

between the SAD and HC groups in ACC activation. Evidence indicates that ACC activation is central for the computation of value in the human brain (Clithero & Rangel, 2014). Accordingly, we interpret the lack of a group difference in ACC activation to indicate that value computations in individuals with SAD are intact to a degree similar to HC subjects.

We also investigated the functional responses of MCC and AIC - two regions that are often co-activated within a network that tracks salient cues during tasks requiring context-based action-policy selection (Menon, 2011). Functional alterations in both regions have also been implicated in SAD (e.g. Straube et al. 2004; Amir et al. 2005; Boehme et al. 2014a). We found that MCC activation tracks differences in the processing of positive feedback between the groups, with SAD patients showing higher MCC responses to positive feedback than HC in the control condition. In past studies, MCC activation has most often been reported in the context of threatening stimuli (e.g. Straube et al. 2004; Amir et al. 2005; Boehme et al. 2014a). However, as positive performance feedback is unlikely to be perceived as

threatening, the response pattern found here implies that MCC activation in SAD patients does not indicate the processing of threatening information per se. In healthy individuals, it has been repeatedly demonstrated that MCC encodes positive as well as negative feedback if both signal the same value of internally generated response selection processes (Walton et al. 2004; Jessup et al. 2010; Becker et al. 2014). The present findings suggest that positive feedback in the control condition has particular relevance for SAD patients compared to HC subjects. In the latter, MCC is significantly less active during positive feedback in the control condition; while in SAD there is no significant difference between MCC activation in any condition. Therefore, we would like to speculate that the group difference in MCC activation reflects differences in attribution of feedback relevance.

Interestingly, AIC activation does not precisely follow MCC activation. Both regions are often co-activated. But our results indicate that AIC of HC subjects also tracks differences in negative feedback between observation and control. In contrast, AIC of SAD patients does not show any significant differences in processing negative feedback between observation and control. In accordance with the literature, it is to assume that AIC activation reflects differences in attention to bodily states between the groups with SAD patients exhibiting generally elevated activation across all observation and feedback conditions. This finding concurs with the frequently reported observation of insular hyperactivation in SAD subjects.

Taken together, there is evidence that the neural pathophysiology of SAD should be investigated beyond the fear-related circuits traditionally implicated in the disorder. Blunted processing of positive feedback during observation is likely to prevent positive reinforcement of social approval and might even promote avoidance behaviors in the long run.

## Limitations

We would like to report some important limitations of our study. An important limitation of the present results is the lack of concordance between neural and behavioral results, i.e. feedback ratings did not reflect the observation × feedback interaction found in VS. The neural effects not being accompanied by overt behavioral changes in ratings could imply that the interactions on the neural level are not primarily associated with evaluative behavioral responses such as valence, arousal, and threat ratings. Alternatively, this association might exist during the experiment but is not conserved in post-experimental ratings. Data from trial-by-trial ratings acquiring during the experiment proper might help solving this issue.

Another important limitation of the present results is the lack of detailed information regarding the medication status in patients. While there is evidence to suggest that the neural correlates of performance monitoring are not affected by Selective Serotonin Reuptake Inhibitors (SSRIs) at least in healthy volunteers (Fischer *et al.* 2015), it is not possible to statistically control for the influence of SSRIs or other psychotropic medication in this patient sample.

Another caveat of the present study is the lack of a formal measure for potential differences in intelligence between the groups, which might have interfered with processing of performance feedback. It must also be noted that the sample size of the present study is relatively small and cluster significance has been assessed by a cluster-size threshold procedure. Potentially owing to both limitations the dimensions of the identified regions were rather small (343 and 270 mm<sup>3</sup>). However, it has been exemplified several times that activation of VS is reduced (Boehme *et al.* 2014*b*; Cremers *et al.* 2014; Richey *et al.* 2014, 2017) and activation of MCC is elevated (Amir *et al.* 2005; Miskovic &

Schmidt, 2012) in SAD and these results were clearly predicted by theory. Further, an omnibus approach would theoretically decrease the potential for type I error. However, our contrasts have been derived from explicit hypotheses as well as prior work and reflect basic tenets of the reward-processing literature. Nonetheless, future studies are needed to replicate the effects.

## Conclusions

SAD patients do not exhibit an increase of VS activation to positive feedback relative to negative feedback under observation as is the case in controls. Hence, this finding might prove fruitful in elucidating the neurocognitive basis of a crucial aspect of social anxiety symptomatology: the abnormal processing of positive reinforcement during social observation might be related to SAD patients' diminished responsiveness of the brain system that generates positive social motivational signals.

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