cambridge.org/cty

# **Original Article**

**Cite this article:** Hofferberth SC, Esch JJ, Zurakowski D, Baird CW, Mayer JE, Emani SM. (2018) Pulmonary atresia with ventricular septal defect and major aortopulmonary collaterals: collateral vessel disease burden and unifocalisation strategies. *Cardiology in the Young* **28**: 1091–1098. doi: 10.1017/ S104795111800080X

Received: 17 January 2018 Revised: 26 March 2018 Accepted: 19 April 2018

#### Key words:

Pulmonary atresia; major aortopulmonary collaterals; unifocalisation; surgery

#### Author for correspondence:

S. M. Emani, MD, Department of Cardiac Surgery, Boston Children's Hospital, Bader 273, 300 Longwood Avenue, Boston, MA 02115, USA. Tel: +617 355 6712; Fax: +1 617 730 0214; E-mail: Sitaram.emani@cardio.chboston.org

© Cambridge University Press 2018.



Pulmonary atresia with ventricular septal defect and major aortopulmonary collaterals: collateral vessel disease burden and unifocalisation strategies

Sophie C. Hofferberth<sup>1</sup>, Jesse J. Esch<sup>2</sup>, David Zurakowski<sup>3</sup>, Christopher W. Baird<sup>1</sup>, John E. Mayer<sup>1</sup> and Sitaram M. Emani<sup>1</sup>

<sup>1</sup>Department of Cardiac Surgery, Boston Children's Hospital, Harvard Medical School, Boston, MA, USA, <sup>2</sup>Department of Cardiology, Boston Children's Hospital, Harvard Medical School, Boston, MA, USA and <sup>3</sup>Departments of Anesthesia and Biostatistics, Boston Children's Hospital, Harvard Medical School, Boston, MA, USA

### Abstract

Introduction: The optimal approach to unifocalisation in pulmonary atresia with ventricular septal defect and major aortopulmonary collateral arteries (pulmonary artery/ventricular septal defect/major aortopulmonary collaterals) remains controversial. Moreover, the impact of collateral vessel disease burden on surgical decision-making and late outcomes remains poorly defined. We investigated our centre's experience in the surgical management of pulmonary artery/ventricular septal defect/major aortopulmonary collaterals. Materials and methods: Between 1996 and 2015, 84 consecutive patients with pulmonary artery/ventricular septal defect/major aortopulmonary collaterals underwent unifocalisation. In all, 41 patients received single-stage unifocalisation (Group 1) and 43 patients underwent multi-stage repair (Group 2). Preoperative collateral vessel anatomy, branch pulmonary artery reinterventions, ventricular septal defect status, and late right ventricle/left ventricle pressure ratio were evaluated. Results: Median follow-up was 4.8 compared with 5.7 years for Groups 1 and 2, respectively, p = 0.65. Median number of major aortopulmonary collaterals/patient was 3, ranging from 1 to 8, in Group 1 compared with 4, ranging from 1 to 8, in Group 2, p = 0.09. Group 2 had a higher number of lobar/segmental stenoses within collateral vessels (p = 0.02). Group 1 had fewer catheter-based branch pulmonary artery reinterventions, with 5 (inter-quartile range from 1 to 7) per patient, compared with 9 (inter-quartile range from 4 to 14) in Group 2, p = 0.009. Among patients who achieved ventricular septal defect closure, median right ventricle/left ventricle pressure was 0.48 in Group 1 compared with 0.78 in Group 2, p = 0.03. Overall mortality was 6 (17%) in Group 1 compared with 9 (21%) in Group 2. Discussion: Single-stage unifocalisation is a promising repair strategy in select patients, achieving low rates of reintervention for branch pulmonary artery restenosis and excellent mid-term haemodynamic outcomes. However, specific anatomic substrates of pulmonary artery/ventricular septal defect/major aortopulmonary collaterals may be better suited to multi-stage repair. Preoperative evaluation of collateral vessel calibre and function may help inform more patient-specific surgical management.

Pulmonary atresia with ventricular septal defect and major aortopulmonary collateral arteries (pulmonary artery/ventricular septal defect/major aortopulmonary collaterals) is a complex congenital malformation characterised by heterogeneous pulmonary artery anatomy.<sup>1,2</sup> Complete repair of this anomaly consists of unifocalisation of all major collateral vessels and partitioning of the circulation by eliminating intracardiac shunts (ventricular septal defect closure) and establishing right ventricle–pulmonary artery continuity.

The ultimate goal of surgical therapy is to achieve a complete repair with a low-resistance pulmonary vascular bed. Adequate unifocalisation of major aortopulmonary collaterals is a key strategy to achieving this goal. Although several unifocalisation techniques have been reported, the two main approaches include single-stage unifocalisation by median sternotomy and staged unifocalisation procedures by bilateral thoracotomies. Although both unifocalisation strategies continue to be practiced widely, some groups strongly advocate the use of one approach over the other,<sup>3–5</sup> whereas some even favour repair without unifocalisation.<sup>6</sup> The major advantage of multi-stage unifocalisation is the ability to perform anastomoses into hilar pulmonary arteries, which may be less prone to restenosis, as compared with anastomosis of the muscularised, arterial-like portion of collateral segments. Furthermore, distal stenosis



within the major aortopulmonary collateral may be difficult to address through a median sternotomy approach.<sup>3,7,8</sup> On the basis of this premise, it has been theorised that performing hilar anastomosis via thoracotomy results in fewer reinterventions on the branch pulmonary arteries. However, proponents of single-stage repair claim that branch pulmonary artery stenosis is not a significant problem,<sup>5</sup> and early complete unifocalisation is necessary to prevent the development of pulmonary microvascular disease and degeneration of unrepaired collateral vessels.<sup>4,9</sup>

The choice of unifocalisation strategy is largely driven by preoperative assessment of the highly heterogeneous pulmonary vascular tree. Conventional assessment tools, such as the Nakata Index<sup>10</sup> and MacGoon Ratio,<sup>11</sup> quantify the degree of mediastinal pulmonary artery hypoplasia. However, a key deficiency of contemporary surgical planning is the inability to accurately characterise the collateral vasculature. The functional status of collateral vessels has important prognostic and therapeutic implications. Accurate and reproducible assessment of major aortopulmonary collateral calibre and function could provide important prognostic information regarding the overall burden of pulmonary vascular disease. This may help inform a more patient-specific approach to surgical decision-making.

The purpose of this study was to review our centre's experience in the surgical management of infants with pulmonary artery/ventricular septal defect/major aortopulmonary collaterals and introduce an imaging-based collateral vessel assessment tool.

# **Materials and methods**

### Clinical and anatomic data

The Institutional Review Board approved this retrospective study. Patients were identified using the cardiac surgery database. Medical records, baseline angiographic studies, operative notes, and catheterisation reports of all patients with a diagnosis of pulmonary artery/ventricular septal defect/major aortopulmonary collaterals who underwent unifocalisation procedure(s) were reviewed. Patients who did not undergo unifocalisation were excluded. All study patients underwent either single-stage (Group 1) or multistage unifocalisation repair (Group 2). Single-stage unifocalisation was defined as one operation that included unifocalisation of all significant collaterals, including bilateral vessels, into a central confluence through median sternotomy. Group 1 patients may or may not have undergone ventricular septal defect closure and/or right ventricle-pulmonary artery conduit insertion during the same procedure. Multi-stage unifocalisation was defined as unifocalisation approached through the left and right lateral thoracotomies, performed in separate procedures.

A single interventional cardiologist blinded to the surgical strategy independently reviewed the available preoperative angiographic studies. Angiographic measurements were recorded by calibration of imaging software to catheters of known size. Nakata Index was calculated for all patients in whom confluent mediastinal pulmonary arteries were visualised.<sup>10</sup> The presence of right and left hilar pulmonary arteries was noted in patients with discontinuous pulmonary arteries. A new scoring system termed a collateral complexity score was devised in an effort to objectively assess baseline functionality of the pulmonary vasculature. The score is the sum of two components. The first component is the minimum number of arterial branches, regardless of vessel origin, requiring unifocalisation in order to provide flow to all lung segments – counted as 1 if confluent mediastinal pulmonary

arteries were present and supplied all perfused segments. All arterial segments counted in the first component provided sole supply to a given lung segment. The second component is the number of angiographically detectable stenoses, defined as distal vessel larger than proximal lesion, at the lobar or segmental level located within arterial segments counted in the first component. Stenoses located at the origin of systemic arteries or the aorta were not counted (Fig 1).

### Surgical approach

Single-stage unifocalisation, whereby all significant collaterals are detached from the aorta and implanted into a central confluence at a single operation through median sternotomy, has been well described.<sup>5,12,13</sup> Similarly, the multi-stage repair technique, consisting of staged unifocalisation procedures performed by bilateral thoracotomies, has been reported previously.<sup>7,14</sup>

# Study end points

The primary study end point was the number of branch pulmonary artery reinterventions – surgical or catheter-based – after initial unifocalisation procedure and after complete unifocalisation. Secondary end points were ventricular septal defect status and right ventricle/left ventricle pressure ratio at latest follow-up, and overall mortality.

### Statistical analysis

Independent binary proportions were compared using Fisher's exact test. Branch pulmonary artery reinterventions were compared using non-parametric Mann–Whitney U-test. Adjusted Poisson regression analysis assessed the association between collateral complexity score and number of branch pulmonary artery reinterventions. Pearson's  $\chi^2$  test was used to compare the percentage of patients in the two groups at each catheterisation. Generalised linear modelling and the likelihood ratio test were used to assess for differences in the number of reinterventions. Survival was determined by the Kaplan–Meier method and logrank test. Analyses were performed with SPSS 23.0 (IBM Corporation, Armonk, New York, United States of America). p < 0.05 was considered statistically significant.

# Results

#### Baseline pulmonary vascular anatomy

Preoperative status of the native pulmonary arteries and aortopulmonary collaterals is described in Table 1. Pulmonary angiography allowed for assignment of a Nakata Index in 15 of 23 Group 1 patients and 16 of 22 Group 2 patients with documented native mediastinal pulmonary arteries. Outcomes of the blinded angiographic analysis are presented in Table 2. Group 2 had a greater number of lobar/segmental stenoses and a higher collateral complexity score compared with Group 1 (p = 0.02, Table 2).

#### Unifocalisation strategy

From January 1996 to July 2015, 84 consecutive pulmonary artery/ ventricular septal defect/major aortopulmonary collaterals patients underwent unifocalisation repair. In all, 41 patients underwent single-stage unifocalisation (Group 1), and 43 were treated by the multi-staged approach (Group 2). In Group 1, six patients had



**Figure 1.** Example angiograms from a cohort patient used to define collateral complexity score (CCS). (*a*) Four collaterals must be unifocalised (white arrows). A large collateral from base of the right innominate artery supplies the right upper lobe; two hypoplastic collaterals from the descending aorta supply the remainder of the right lung. A single hypoplastic collateral from the descending aorta ramifies to supply the entire left lung. (*b*) and (*c*) Distal stenoses involving branches to the left upper lobe (*b*) and superior segment left lower lobe (*c*), indicated by white arrows. (*d*) In the lateral projection of selective injection in the most inferior collateral, two distal stenoses (white arrows) in branches to the right middle and lower lobes are observed. In this case, CCS = 8 (four collaterals + distal stenoses).

initial palliation with a right ventricle–pulmonary artery conduit before unifocalisation and one (2%) underwent aortopulmonary shunt. In Group 2, initial palliative procedures were performed in 15 patients – right ventricle–pulmonary artery conduit in 13, aortopulmonary shunt in 1, and modified Blalock-Taussig shunt in 1.

# Treatment details and early outcomes

In all, seven patients in Group 1 had delayed ventricular septal defect closure by the central approach; median time to complete repair was 1.6 years – ranging from 5 months to 9.3 years. Of the 15 patients in Group 2 who underwent eventual ventricular septal defect closure, median time to complete repair was 1.7 years – ranging from 3 days to 7.8 years.

# Survival outcomes

Overall mortality was 6 (15%) versus 9 (21%) for Groups 1 and 2, respectively. A period of 5-year actuarial survival was similar (Group 1: 85%; Group 2: 79%, p = 0.49 (Fig 2)). In Group 1, two deaths occurred within 30 days, two died within 1 year, and the remaining two deaths occurred at 2.8 and 6.8 years post unifocalisation, respectively. In Group 2, four patients died in-hospital, another four died within 1 year of initial

unifocalisation, and one patient died 2.9 years after initial unifocalisation.

# Reinterventions and follow-up

Median follow-up was 4.8 years, ranging from 6 months to 21 years, in Group 1 compared with 5.7 years, ranging from 5 months to 20 years, in Group 2, p = 0.65. Group 2 underwent a significantly higher number of catheter-based branch pulmonary artery reinterventions (Figs 3 and 4 and Table 3). Among patients who underwent at least one catheterisation after initial unifocalisation (Group 1, n = 34; Group 2, n = 39), the median number of branch pulmonary artery balloon dilations in Group 1 was 5 (inter-quartile range from 2 to 10) per patient compared with 9 (inter-quartile range from 5 to 17) in Group 2, p = 0.009, Figure 3. After complete unifocalisation, the median number of branch pulmonary artery reinterventions was 5 (a range from 1 to 17) versus 6 (a range from 1 to 42) in single-stage and multi-stage patients (p = 0.035). Baseline collateral complexity score correlated positively with the number of late branch pulmonary artery reinterventions (Spearman's correlation = 0.55,  $p \le 0.001$ ; Fig 4). Patients who underwent one to five balloon dilation/stenting procedures had a median collateral complexity score of 3 (a range from 1 to 9), and those with six or more reinterventions had a

### Table 1. Patient characteristics.

Variables	Single-stage	Multi-stage	p-value
Number	41	43	
Gender (M/F)	22/19	25/18	0.7
Age, days	78 (5 days–8.8 years)	95 (4 days–5.4 years)	0.3
Weight, kg	4.3 (2.2–43.4)	4.8 (2.8–21.5)	0.6
Microdeletions of 22q11	6 (15)	15 (34)	0.08
Associated cardiovascular anomalies			
Right-sided aortic arch	14 (34)	26 (59)	0.018
ASD, n (%)	7 (17)	10 (23)	0.58
Baseline pulmonary vasculature			
Presence of mediastinal PAs	23 (58)	22 (51)	0.67
Nakata Index, mm/m <sup>2</sup>	48.9 (26–173)	37.9 (20–143)	0.58
Total number of MAPCAs	144	165	
Median number of MAPCAs/patient	3 (1–8)	4 (1-8)	0.09
Preoperative $O_2$ saturation	83 (71–94)	85 (70–94)	0.67
Preoperative Qp/Qs ratio	1.3 (1.0–3.1)	1.2 (0.6–4)	0.64
Preoperative angioplasty/stenting of pulmonary vasculature	7 (17)	10 (23)	0.59
Preoperative coiling of MAPCA	9 (22)	9 (21)	1

 $\label{eq:ASD} ASD = atrial \mbox{ septal defect; MAPCA} = \mbox{major aortopulmonary collateral; PA} = \mbox{pulmonary artery Data are presented as number (%) or median (range)}$ 

The bold values are all statistically significant with a p value < 0.05

# Table 2. Pre-unifocalisation angiographic analysis of pulmonary vasculature.

Variables	Single-stage $(n = 41)$	Multi-stage $(n = 43)$	p-value
Number of angiograms reviewed	23 (56)	28 (65)	0.50
Subjective evaluation of PA anatomy			
Favourable	14	15	
Unfavourable	9	13	0.78
Mediastinal PAs	13 (57)	19 (68)	0.56
Hilar PAs	12 (52)	19 (68)	0.39
Mediastinal + Hilar PAs	10 (43)	17 (61)	0.27
Collateral complexity score	4 (1-8)	6 (3–9)	0.02
(i) Minimum number of arterial segments requiring unifocalisation*	2 (1–5)	3 (1-6)	0.72
(ii) Number of lobar/segmental stenosis**	2 (0–5)	3 (0–7)	0.01

PAs = pulmonary arteries

Data are presented as number (%) or median (range)

\*Includes only arterial segments that provide sole supply to a given lung segment

 $^{\star\star}Number$  of distal stenoses identified within arterial segments counted in (i)

median collateral complexity score of 6 (a range from 3 to 9), p = 0.004. Poisson regression modelling showed that the number of branch pulmonary artery reinterventions increase by a factor of 1.24 times per 1-unit increase in collateral complexity score, independent of the unifocalisation group. Group 1 patients underwent a median of 2, a range from 1 to 4, surgical procedures compared with 3, a range from 1 to 7, in Group 2 (p = 0.012). Both groups had similar numbers of right ventricle-pulmonary artery conduit revisions (Group 1, n = 25; Group 2, n = 26, p = 1.00), percutaneous PV replacement



Figure 2. Kaplan-Meier actuarial survival analysis of single-versus multi-stage repair.



**Figure 3.** Box–Whisker plot demonstrates median number of branch pulmonary artery (BPA) reinterventions in patients who underwent at least one catheterisation procedure after initial unifocalisation; BPA reinterventions include balloon dilation or stent procedures. PA = pulmonary artery.



**Figure 4.** Scatter-plot displaying the correlation between total number of branch pulmonary artery reinterventions and baseline collateral complexity score. PA = pulmonary artery.

(Group 1, n = 5; Group 2, n = 4, p = 0.74), and late pulmonary arterioplasty procedures (Group 1, n = 16; Group 2, n = 17, p = 1.00). Among patients who achieved complete repair, 1.6 and 1.7 years after initial unifocalisation in Groups 1 and 2, the median right ventricle/left ventricle pressure ratio was 0.48 – a range from 0.38 to 1.01 – in Group 1 compared with 0.78 – a range from 0.39 to 1.15 – in Group 2, p = 0.03, Table 1. Late right ventricle/left ventricle pressure ratio of <0.5 was achieved in 14/22 (63%) single-stage patients, compared with 1/15 (7%) patients in Group 2, p = 0.0006.

# Discussion

In this study, we evaluated all pulmonary artery/ventricular septal defect/major aortopulmonary collaterals patients who underwent unifocalisation by either single- or multi-stage approach at a single institution. Our analysis suggests that patients who received multi-stage unifocalisation had worse baseline pulmonary vascular anatomy. Specifically, the multi-stage cohort had a significantly greater number of lobar/segmental stenoses within collateral vessels compared with patients who underwent repair by the single-stage approach. Furthermore, patients selected for single-stage repair achieved good mid-term outcomes, with significantly fewer late reinterventions for branch pulmonary artery restenosis and lower right ventricle pressures compared with patients who underwent multi-stage repair.

Development of a preoperative imaging-based evaluation tool to accurately characterise the collateral circulation would help identify the optimal unifocalisation strategy for each individual patient. To date, several classification systems have been proposed. The Nakata Index<sup>15,16</sup> and McGoon ratio<sup>17,18</sup> have been used to evaluate the central/intrapericardial pulmonary arteries. The total neopulmonary artery index, a combined index for all major aortopulmonary collaterals and the central pulmonary artery, has been shown to correlate with postoperative right ventricle/left ventricle pressure ratio.9 Moreover, others have attempted to classify pulmonary blood supply based on arbitrarily defined size parameters for native pulmonary vessels and major aortopulmonary collaterals.<sup>19,20</sup> A key limitation of existing evaluation tools is that preoperative anatomic findings do not uniformly correlate with functionality. For example, a whole lung field may be perfused by a single, unobstructed major aortopulmonary collateral; however, resistance within that lung field may vary considerably, depending on factors such as duration of exposure to high pressures and adaptive mechanisms within the lung vasculature.

We sought to overcome these limitations by developing a novel angiography-based scoring system to evaluate the calibre and functionality of the aortopulmonary collateral circulation. The collateral complexity score helped us to characterise the anatomic phenotype of the two surgical cohorts and thereby enabled a more enlightened interpretation of the late clinical outcomes observed in this study. Importantly, we found that a higher baseline collateral complexity score is associated with a greater number of late reinterventions for branch pulmonary artery stenosis, irrespective of unifocalisation strategy. The collateral complexity score may be a useful tool to identify the overall burden of pulmonary vascular disease and inform surgical decision-making regarding the optimal unifocalisation strategy in patients with pulmonary artery/ventricular septal defect/major aortopulmonary collaterals. Prospectively, we **Table 3.** Catheter-based reinterventions on the pulmonary vasculature.

Single-stage (n = 41)	Multi-stage (n = 43)	p-value
5 (1–13)	6 (1–15)	0.04
2 (0–10)	3 (0–13)	0.94
37 (89)	40 (93)	0.48
3 (1–11)	5 (1–20)	0.11
4 (1-8)	9 (4–14)	< 0.001
6 (14)	20 (47)	0.0019
21 (84)	25 (76)	0.516
	Single-stage (n = 41)         5 (1-13)         2 (0-10)         37 (89)         3 (1-11)         4 (1-8)         6 (14)         21 (84)	Single-stage $(n = 41)$ Multi-stage $(n = 43)$ 5 $(1-13)$ 6 $(1-15)$ 2 $(0-10)$ 3 $(0-13)$ 37 $(89)$ 40 $(93)$ 3 $(1-11)$ 5 $(1-20)$ 4 $(1-8)$ 9 $(4-14)$ 6 $(14)$ 20 $(47)$ 21 $(84)$ 25 $(76)$

PA = pulmonary artery; VSD = ventricular septal defect

Data are presented as number (%) or median (range)

The bold values are all statistically significant with a p value < 0.05

Table 4. Ventricular septal defect (VSD) status and right ventricle (RV)/left ventricle (LV) pressure ratio among survivors at latest follow-up.

Haemodynamic data	Single-stage (n = 35)	Multi-stage(n = 34)	p-value
Overall RV/LV pressure, mmHg	0.65 (0.38-1.01)	0.82 (0.38-1.25)	< 0.001
Closed VSD	22 (60)	15 (43)	
RV/LV pressure ratio ≤1/2	14 (64)	1 (7)	0.001
RV/LV pressure ratio = 1/2-3/4	5 (23)	5 (33)	0.71
RV/LV pressure ratio≥3/4	3 (13)	9 (60)	0.01
Fenestrated VSD	12 (34)	16 (47)	
RV/LV pressure ratio ≤1/2	2 (17)	0	0.18
RV/LV pressure ratio = 1/2-3/4	6 (50)	6 (38)	0.7
RV/LV pressure ratio≥3/4	4 (33)	10 (62)	0.25
Open VSD	2 (6)	3 (9)	1

Data are presented as number (%) or median (range)

The bold values are all statistically significant with a p value < 0.05

intend to evaluate the utility of the collateral complexity score as a surgical decision-making tool by including this in the preoperative assessment of patients who present for surgical repair at our institution.

The technical advantage of staged unifocalisation in pulmonary artery/ventricular septal defect/major aortopulmonary collaterals is that lateral thoracotomy facilitates better visualisation of the hilar pulmonary vessels and more readily enables performance of unifocalisation anastomoses to the distal thin-walled segment of AP collaterals.<sup>3,7,14,21</sup> Conversely, single-stage midline unifocalisation often requires the use of the more proximal thickwalled, arterial-like portions of the major aortopulmonary collateral for anastomosis to the true pulmonary arteries. It has been theorised that the ability to perform distal anastomoses is key to reducing the long-term risk of branch pulmonary artery restenosis. Yet, in this study, staged unifocalisation did not reduce the risk of late branch pulmonary artery stenosis. In fact, rates of branch pulmonary artery reinterventions were significantly higher in multi-stage patients. One potential explanation for this finding is that staged unifocalisations prolong the exposure of major

aortopulmonary collaterals to systemic arterial pressures, resulting in the development of obstructive lesions and local stenosis within unprotected collateral vessels.<sup>19,22,23</sup> In contrast, by moving major aortopulmonary collaterals to the low-flow, lowpressure pulmonary circulation at an earlier age, single-stage unifocalisation repair may enable greater long-term stability of collateral vessels. It has also been suggested that single-stage unifocalisation helps minimise the loss of lung segments related to degeneration of stenosed collateral vessels.<sup>4,5</sup>

Nevertheless, it is important to acknowledge that at least part of the observed difference in branch pulmonary artery reinterventions relates to the discordant baseline anatomic substrates of the two surgical cohorts. Our angiographic analysis suggests that both groups had a similar number of functionally significant collaterals – i.e. vessels required to maintain supply to a specific lung segment; however, the number of distal stenoses within each collateral was notably higher in the multi-stage repair group. Furthermore, the presence of more distal stenoses at baseline appears to have been a key factor in surgical decision-making regarding the choice of unifocalisation strategy.

Critical to improving the long-term prognosis of this complex group of patients is achieving ventricular septal defect closure with sustained low right ventricle pressures.<sup>9,19,24</sup> Among patients who achieved complete ventricular septal defect closure, single-stage unifocalisation achieved significantly lower late right ventricle pressures compared with the staged approach. Although our baseline angiographic evaluation warrants a judicious interpretation of these haemodynamic outcomes, the data suggest that patients selected for single-stage unifocalisation can achieve excellent mid-term haemodynamic outcomes. Nonetheless, it remains unclear whether the patients selected for multi-stage repair in this study would have achieved higher rates of ventricular septal defect closure and lower right ventricle pressures at late follow-up if treated by the single-stage approach. In other words, although early, complete unifocalisation of aortopulmonary collaterals appears to facilitate the development of a low-resistance pulmonary vascular bed, and there may be a subset of patients, such as those with prominent distal stenoses, in whom the procedure of choice should be multi-stage unifocalisation. Furthermore, it has also been our institutional approach to treat some pulmonary artery/ventricular septal defect/major aortopulmonary collaterals patients with an initial palliative right ventricle to pulmonary artery conduit, followed by interventional catheterisation balloon dilations to encourage growth of the pulmonary vasculature. It has been our observation that when this approach is undertaken many lung segments are found to have dual arterial supply - i.e. from both the native pulmonary arteries and from a major aortopulmonary collateral. In these situations, occlusion of the major aortopulmonary collateral may be all that is necessary. This patient subset was not included in the current analysis.

This single-institution, retrospective study has several limitations. Angiographic data were unavailable in many patients. More deaths occurred in multi-stage patients – six of nine deaths – who underwent angiographic review compared with the single-stage cohort – one of six deaths. It is possible that we captured a more severe substrate of multi-stage patients and missed those singlestage patients who had worse baseline pulmonary vasculature. Variations in quality of preoperative angiography limit the certainty of the absolute counts of a minimum number of aortopulmonary collaterals needing to be unifocalised, as well as the number of distal stenoses. Furthermore, in many cases it was not possible to elicit the specific indications or rationale for performing single-stage versus staged repair. Surgeon-based preference was probably a major determinant of unifocalisation strategy.

In summary, the present study shows that single-stage unifocalisation is a promising repair strategy in selected patients with pulmonary artery/ventricular septal defect/major aortopulmonary collaterals, achieving lower rates of reintervention for branch pulmonary artery restenosis and superior haemodynamic outcomes compared with multi-stage approach at mid-term. However, it remains unclear whether specific anatomic substrates of pulmonary artery/ventricular septal defect/major aortopulmonary collaterals are better suited to repair by multi-stage unifocalisation. Preoperative evaluation of collateral vessel calibre and function may help inform more patient-specific surgical management and improve long-term outcomes.

Acknowledgements. The authors thank Hua Liu for statistical support.

**Financial Support.** This research received no specific grant from any funding agency or from commercial or not-for-profit sectors.

Conflicts of Interest. None.

### References

- 1. Bull K, Somerville J, Ty E, Spiegelhalter D. Presentation and attrition in complex pulmonary atresia. J Am Coll Cardiol 1995; 25: 491–499.
- 2. Leonard H, Derrick G, O'Sullivan J, Wren C. Natural and unnatural history of pulmonary atresia. Heart 2000; 84: 499–503.
- Duncan BW, Mee RB, Prieto LR, et al. Staged repair of tetralogy of Fallot with pulmonary atresia and major aortopulmonary collateral arteries. J Thorac Cardiovasc Surg 2003; 126: 694–702.
- Malhotra SP, Hanley FL. Surgical management of pulmonary atresia with ventricular septal defect and major aortopulmonary collaterals: a protocol-based approach. Semin Thorac Cardiovasc Surg Pediatr Card Surg Annu 2009; 12: 145–151.
- Reddy VM, Liddicoat JR, Hanley FL. Midline one-stage complete unifocalization and repair of pulmonary atresia with ventricular septal defect and major aortopulmonary collaterals. J Thorac Cardiovasc Surg 1995; 109: 832–844; discussion 44–45.
- d'Udekem Y, Alphonso N, Norgaard MA, et al. Pulmonary atresia with ventricular septal defects and major aortopulmonary collateral arteries: unifocalization brings no long-term benefits. J Thorac Cardiovasc Surg 2005; 130: 1496–1502.
- Gupta A, Odim J, Levi D, Chang RK, Laks H. Staged repair of pulmonary atresia with ventricular septal defect and major aortopulmonary collateral arteries: experience with 104 patients. J Thorac Cardiovasc Surg 2003; 126: 1746–1752.
- Mei J, Ding FB, Zhu JQ, Bao CR, Xie X, Zhang YJ. A novel two-stage complete repair method for pulmonary atresia with ventricular septal defect and major aortopulmonary collateral arteries. Chin Med J (Engl) 2010; 123: 259–264.
- Reddy VM, Petrossian E, McElhinney DB, Moore P, Teitel DF, Hanley FL. One-stage complete unifocalization in infants: when should the ventricular septal defect be closed? J Thorac Cardiovasc Surg 1997; 113: 858–866; discussion 66–68.
- Nakata S, Imai Y, Takanashi Y, et al. A new method for the quantitative standardization of cross-sectional areas of the pulmonary arteries in congenital heart diseases with decreased pulmonary blood flow. J Thorac Cardiovasc Surg 1984; 88: 610–619.
- Piehler JM, Danielson GK, McGoon DC, Wallace RB, Fulton RE, Mair DD. Management of pulmonary atresia with ventricular septal defect and hypoplastic pulmonary arteries by right ventricular outflow construction. J Thorac Cardiovasc Surg 1980; 80: 552–567.
- Carotti A, Di Donato RM, Squitieri C, Guccione P, Catena G. Total repair of pulmonary atresia with ventricular septal defect and major aortopulmonary collaterals: an integrated approach. J Thorac Cardiovasc Surg 1998; 116: 914–923.
- Lofland GK. The management of pulmonary atresia, ventricular septal defect, and multiple aorta pulmonary collateral arteries by definitive single stage repair in early infancy. Eur J Cardiothorac Surg 2000; 18: 480–486.
- Iyer KS, Mee RB. Staged repair of pulmonary atresia with ventricular septal defect and major systemic to pulmonary artery collaterals. Ann Thorac Surg 1991; 51: 65–72.
- Caspi J, Zalstein E, Zucker N, et al. Surgical management of tetralogy of Fallot in the first year of life. Ann Thorac Surg 1999; 68: 1344–1348; discussion 8–9.
- Di Donato RM, Jonas RA, Lang P, Rome JJ, Mayer JE Jr, Castaneda AR. Neonatal repair of tetralogy of Fallot with and without pulmonary atresia. J Thorac Cardiovasc Surg 1991; 101: 126–137.
- Hadjo A, Jimenez M, Baudet E, et al. Review of the long-term course of 52 patients with pulmonary atresia and ventricular septal defect. Anatomical and surgical considerations. Eur Heart J 1995; 16: 1668–1674.
- Li S, Zhang Y, Li S, et al. Risk factors associated with prolonged mechanical ventilation after corrective surgery for tetralogy of fallot. Congenit Heart Dis 2015; 10: 254–262.
- Murthy KS, Krishnanaik S, Coelho R, Punnoose A, Arumugam SB, Cherian KM. Median sternotomy single stage complete unifocalization for pulmonary atresia, major aorto-pulmonary collateral arteries and VSDearly experience. Eur J Cardiothorac Surg 1999; 16: 21–25.

- Griselli M, McGuirk SP, Winlaw DS, et al. The influence of pulmonary artery morphology on the results of operations for major aortopulmonary collateral arteries and complex congenital heart defects. J Thorac Cardiovasc Surg 2004; 127: 251–258.
- 21. Ishibashi N, Shin'oka T, Ishiyama M, Sakamoto T, Kurosawa H. Clinical results of staged repair with complete unifocalization for pulmonary atresia with ventricular septal defect and major aortopulmonary collateral arteries. Eur J Cardiothorac Surg 2007; 32: 202–208.
- 22. Davies B, Mussa S, Davies P, et al. Unifocalization of major aortopulmonary collateral arteries in pulmonary atresia with ventricular septal defect is essential to achieve excellent outcomes irrespective of

native pulmonary artery morphology. J Thorac Cardiovasc Surg 2009; 138: 1269–1275 e1.

- Watanabe N, Mainwaring RD, Reddy VM, Palmon M, Hanley FL. Early complete repair of pulmonary atresia with ventricular septal defect and major aortopulmonary collaterals. Ann Thorac Surg 2014; 97: 909–915; discussion 14–15.
- 24. Carotti A, Albanese SB, Minniti G, Guccione P, Di Donato RM. Increasing experience with integrated approach to pulmonary atresia with ventricular septal defect and major aortopulmonary collateral arteries. Eur J Cardiothorac Surg 2003; 23: 719–726; discussion 26–27.