

## Conclusions

As outlined by the Department of Health in the United Kingdom,<sup>23</sup> family members should be involved in making decisions in conjunction with medical staff involving their intellectually disabled relatives. We propose that psycho-education of family members should be a routine component of care for intellectually disabled individuals with a psychiatric disorder.

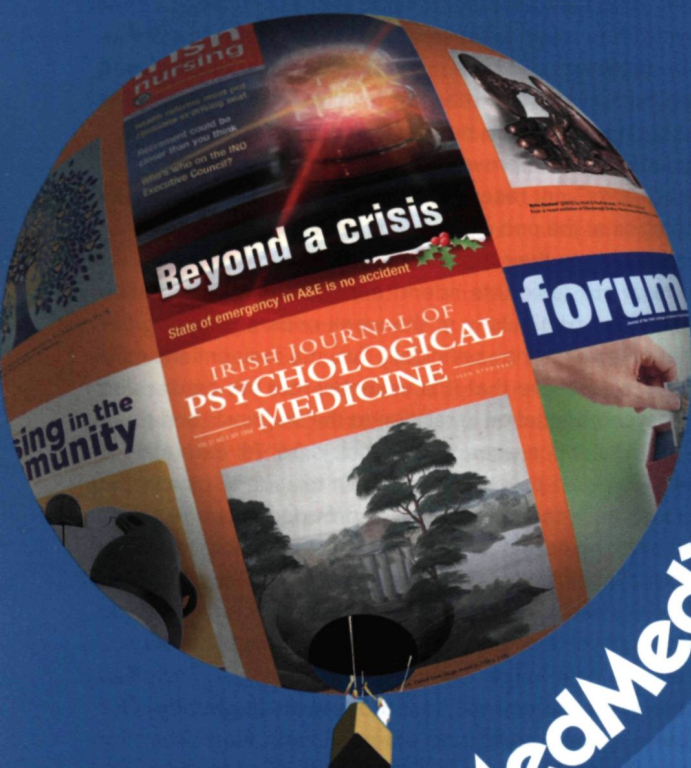
Declaration of interest: None.

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