ORIGINAL RESEARCH Public Expectations for Nonemergency Hospital

Resources and Services During Disasters

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ABSTRACT

- **Objective:** The public's expectations of hospital services during disasters may not reflect current hospital disaster plans. The objective of this study was to determine the public's expected hospital service utilization during a pandemic, earthquake, and terrorist bombing.
- **Methods:** A survey was distributed to adult patients or family members at 3 emergency departments (EDs). Participants identified resources and services they expect to need during 3 disaster scenarios. Linear regression was used to describe factors associated with higher expected utilization scores for each scenario.
- **Results:** Of the 961 people who participated in the study, 66.9% were women, 47.5% were white, and 44.6% were black. Determinants of higher pandemic resource utilization included persons who were younger (P<.01); non-white (P<.001); had higher ED visits (P<.01), hospitalization (P=.001), or fewer primary care provider visits (P=.001) in the past year; and did not having a reunification plan (P<.001). Determinants of higher earthquake resource utilization included persons who were non-white (P<.001); who were a patient or spouse (vs parent) participating in the study (P<.05 and P=.001); and had higher ED visits in the past year (P=.001). Determinants of higher ED visits in the past year (P=.001). Determinants of higher ED visits in the past year (P=.001); non-white (P<.001); had higher ED visits in the past year (P=.001). Determinants of higher ED (P=.001); non-white (P<.001); had higher ED visits in the past year; and experienced the loss of home or property during a past disaster (P<.05).
- **Conclusions:** Public expectations of hospitals during disasters are high, and some expectations are inappropriate. Better community disaster planning and public risk communication are needed. (*Disaster Med Public Health Preparedness*. 2013;7:167-174)

Key Words: pandemic, earthquake, public expectations

In the United States, hospitals are perceived as stable sources of support and assistance, especially during disasters, when the usual lines of communication are disrupted. Community members assume the hospital is one of a handful of facilities equipped with the supplies, personnel, and protocols necessary to provide health and auxiliary care during an emergency.¹⁻⁴

Previous studies have confirmed the central role of hospitals in the context of large-scale disasters, using the attacks on the World Trade Center and Hurricane Katrina as real-life examples.⁵ In New Orleans, Louisiana, inadequate planning, specifically regarding evacuation protocols and the delivery of supplies, resulted in serious consequences and unnecessary fatalities.⁶ These high-profile events drew welldeserved attention to disaster preparedness in the health care setting and stimulated discussion on how to improve hospital preparedness before the next disaster. In spite of a movement to update emergency management protocols, research indicates that hospitals are still not prepared to handle a surge in demand driven by a large-scale disaster.⁷⁻⁹

Multiple organizations and researchers, including the Joint Commission on Accreditation of Healthcare Organizations and the Department of Homeland Security, have identified essential components of hospital emergency management plans.^{7,10-12} These planning elements are designed to ensure that hospitals have the capability and capacity to remain open during and after the disaster. In addition, it has been suggested that hospitals have a responsibility to provide nonmedical support to community members during a disaster.¹ Examples of such nonmedical support include food, water, family reunification, and news. To date, the full scope of nonmedical resources and services that hospitals may be expected to provide during a disaster has not been delineated nor has

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research assessed the public's expectations regarding which of these resources and services they anticipate needing.

The purposes of this study were to identify the extent to which the general public expects hospitals to provide nonmedical resources and services during 3 hypothetical catastrophic events (influenza pandemic, earthquake, and terrorist bombing), the extent to which individuals anticipate they will need or want nonmedical resources and services from hospitals during disasters, and to delineate factors that influence these anticipated needs. Because these issues have been largely unexplored, it is unlikely that hospitals are currently in a position to meet these expectations in the event of a disaster. We hypothesized that the public's anticipated needs and expectations would vary depending on the nature of the disaster, and that they would be influenced by demographic characteristics, including age, race, socioeconomic status, and pattern of health care utilization.

METHODS

A 35-item paper survey was offered to all adults either presenting for emergency care or accompanying a patient to the emergency department (ED) of 3 hospitals in St Louis, Missouri from March to December 2011. Two of the hospitals were academic urban hospitals; 1 exclusively served pediatrics patients (annual ED census of 44 000), and the other was an adult facility (annual ED census of 36000). The third hospital was located in a suburban area and served all ages (annual ED census of 55 000). All ED visitors or patients were approached during recruiting hours (recruiting hours consisted of day and night shifts on all days of the week) by research assistants. Exclusion criteria included persons younger than age 18 years, those presenting with an Emergency Severity Index (ESI) of 1 (ie, having a very high medical acuity), and those who were incapable of reading or speaking English, had an altered mental status, or were suicidal/homicidal. Only 1 person per group (patient or accompanying family member or friend) could take the survey. All surveys were anonymous.

Survey Questionnaire

Research related to anticipated public expectations and needs of hospital services during a disaster was used as the basis for this questionnaire.¹⁻⁴ Participants were asked to identify which resources and services that they anticipate they would need from a hospital during 3 disaster scenarios: influenza pandemic, earthquake, or terrorist bombing. The 3 scenarios are presented in the Appendix. These scenarios were chosen to represent a variety of disaster types (biologic, natural, and man-made), as based on the highest risks on the researchers' hospital hazard vulnerability analysis to create the most realistic scenarios for the participants.

Questions related to the person's experiences during past disasters (such as loss of home or property, injury), whether

the individual had a personal or family disaster plan related to reunification of family during a disaster, and the anticipated need for ongoing electricity for the medical support of self or a family member during a disaster (such as a home ventilator) were included in the questionnaire. Last, demographic questions assessed the participant's age, race, gender, relationship to the patient, zip code (used as a proxy for income based on median income for zip code), and the number of ED visits, primary care visits, and hospitalizations the patient experienced in the past 12 months. A group of 10 US disaster preparedness researchers provided feedback on content validity. The content validity index (CVI) was computed for each item.¹³ No items had a CVI below 0.80, so none was deleted. Items were revised based on feedback from the CVI panel. The final survey contained 27 questions plus demographic items. The questionnaire then underwent a pilot study using a 10-person panel of representative subjects. The final survey was considered exempt by the Saint Louis University Institutional Review Board.

Data Analysis

The Statistical Package for the Social Sciences (SPSS®) 19.0 was used for all analyses. Data from the paper surveys were entered into the database. Five percent of surveys were secondarily checked for data entry accuracy by one of us (R.L.C.). Surveys with extensive incomplete data (70% or more) were excluded from analyses. Descriptive statistics were computed for each question and used to describe resources and services participants anticipate they would need from a hospital during a disaster. Utilization scores were calculated for each of the 3 scenarios (pandemic, earthquake, and bombing) by assigning 1 point for each resource or service an individual reported anticipating would be needed (ie, they "strongly agreed" or "agreed somewhat" that they would need an item or service from a hospital during a disaster). Each scenario had a varying number of possible resources or services; therefore, the utilization scores for the 3 scenarios varied. Except for a single item in the earthquake and pandemic scenarios (ie, treatment for difficulty breathing during a pandemic, and treatment of serious injuries during an earthquake), all utilization score items consisted of inappropriate or suboptimal usage of ED resources or services. The highest possible utilization scores for each scenario were pandemic, 7 points; earthquake, 8 points; and bombing, 4 points. Linear regression was used to describe factors associated with higher resource utilization scores for the scenarios. Nonsignificant variables, such as income, hospital location, and hospital type (adult vs pediatric) were not included in the final models; only the final models are reported. Chi-square tests were used to compare agreement rates (agree vs not agree) for each hospital resource or service when comparing response by race (white vs non-white).

RESULTS

In all, 961 individuals participated in the survey, although denominators for individual questions may vary due to

Demographics of Respondents

	All Respondents $N = 961^a$				
Survey Item	%	n			
Female gender Age, y	66.9	643			
18-25 26-35	22.0 27.4	211 263			
36-45 46-55	19.6 14.7	188 141			
≥56 Race	14.4	138			
White Black Other	47.5 44.6	456 429			
Relationship to patient	2.8	210			
Parent or guardian		421			
Other	13.0	125			
Urban adult hospital Urban pediatric hospital Suburban adult hospital	47.1 29.3 23.5	453 282 226			
ED visits in past 12 mo for self or patient 1 2 3 ≥4	37.4 24.1 15.8 21.1	359 232 152 203			

Abbreviation: ED, emergency department.

^a Denominators varied due to missing or incomplete data.

missing or incomplete data. Most participants were female (66.9%, n = 643), and white (47.5%, n = 456) or black (44.6%, n = 429). Participants represented all age groups. A full list of participant demographics is provided in Table 1.

Many participants (63.4%, n = 609) anticipated needing medication refills for themselves or family members during a disaster; whites were more likely than non-whites ($\chi^2 = 10.3$, P = .001) to indicate that medication refills will be needed (Table 2). A small percentage of respondents (20%, n = 189) reported that they had a family member or were themselves dependent on electricity to support a medical condition; nonwhites were more likely than whites ($\chi^2 = 13.3$, P < .001) to report a medically-related dependency on electricity (Table 2). Approximately one-third (30.1%, n = 289) reported having a designated meeting place for separated family members. Few reported experiencing a personal or family injury (6.5%, n = 62), separation from family (8.1%, n = 78), or loss of property (7.8%, n = 75) during a previous disaster. Nonwhites were more likely than whites ($\chi^2 = 4.7$, P < .05) to report a history of personal or family injury during a past disaster (Table 2). No differences were found between race and having a family-designated meeting place, history of family separation during a past disaster, or loss of property during a previous event (Table 2).

Anticipated Hospital Resources and Services Needed During Influenza Pandemic

Participants were asked to identify which resources and services they would expect to need from a hospital during an influenza pandemic; the survey listed 8 possibilities: (1) food; (2) news and information about the pandemic; (3) treatment for self or child experiencing cough, fever, and congestion, but without difficulty breathing; (4) treatment for self or child experiencing cough, fever, congestion, and difficulty breathing; (5) support or counseling if a friend or family member died and the death did not occur in the hospital; (6) personal protective equipment to help prevent exposure from illness (ie, mask and gloves); (7) medication refill(s); and (8) eventrelated vaccine (such as pandemic influenza vaccine).

The most commonly reported anticipated needs during a pandemic included treatment for a serious illness (cough, fever, congestion, and difficulty breathing; 78.2%, n = 741), medication refills (61.3%, n = 561), and treatment for minor illness (cough, fever, and congestion without difficulty breathing; 55.7%, n = 530) (Table 3). The least commonly reported anticipated needs included counseling (32.4%, n = 309) and food (30.1%, n = 286) (Table 3).

A pandemic utilization score was calculated by assigning 1 point for each resource or service that individuals reported that they would want to receive from a hospital during a disaster except for the item about treatment for severe illness. Difficulty breathing is life-threatening; therefore, it was not included in the pandemic utilization score, which aimed to measure suboptimal use of hospital resources or services during the event. The highest possible score was 7 (ie, 1 point for each of the 7 items). Participants' scores ranged from 0 to 7 points, with an average of 3.2 points. Determinants of pandemic utilization were age, race, number of ED visits during the past 12 months, number of hospitalizations during the past 12 months, number of visits to a primary care provider in the past 12 months, and having a personal or family disaster plan that includes a designated meeting place for the family in case of separation during an event (see Table 4).

Anticipated Hospital Resources and Services Needed After an Earthquake

Participants were asked to identify which resources and services they would expect to need from a hospital following an earthquake; the survey listed 9 possibilities: (1) food and water; (2) news and information about the earthquake; (3) short-term shelter (lasing 1-2 days); (4) long-term shelter (3 or more days); (5) support or counseling if a friend or family member died and the death did not occur in the hospital; (6) reunification with family if they become separated during the earthquake; (7) medication refill(s); (8) treatment for minor injuries; and (9) treatment for serious

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				Ÿ	sponse by Rac	Ð	
	All Respo N = 9	indents 161	Whi N = 4	te 156	Non-W N = 4	hite 85	White vs. Non-White
	Yes, %	Na	Yes, %	=	Yes, %	=	đ
titicipated need for medication refill for self or family member during a disaster	63.4	609	70.4	318	60.3	284	.00
ersonal/family plan includes designated meeting place if family gets separated during a disaster	30.1	289	29.7	135	31.6	150	NS
eed for continuous electricity for self or family member's medical condition (such as a home ventilator)	19.7	189	14.8	67	24.4	116	<. 001
story of separation from family during a past disaster	8.1	78	9.5	43	7.4	35	NS
story of loss of home or property damage during a past disaster	7.8	75	7.7	35	8.3	39	NS
story of physical injury to self or family member that occurred during a past disaster	6.5	62	4.9	22	8.4	42	< .05

injuries. The most commonly reported anticipated needs following an earthquake included treatment for a serious illness (91.3%, n = 858), medication refills (71.4%, n = 675), and family reunification (54.1%, n = 514) (Table 3). The least commonly reported anticipated needs included long-term shelter (37.2%, n = 352) and news regarding the earthquake (37.3%, n = 352) (Table 3).

An earthquake utilization score was calculated by assigning 1 point for each resource or service that individuals reported that they would want from a hospital following an earthquake except for seeking treatment for a severe injury. Utilization of ED services for serious injuries during an earthquake is appropriate; therefore, it was not included in the score, which aimed to measure suboptimal use of hospital resources or services during an earthquake. The highest possible score was 8 (ie, 1 point for each of the 8 items). Participants' scores ranged from 0 to 8 points, with an average of 3.8 points. Determinants of earthquake utilization were gender, race, number of ER visits during the past 12 months, and number of visits to a primary care provider during the past 12 months (see Table 4).

Anticipated Hospital Resources and Services Needed After a Bombing

Participants were asked to identify which resources and services they would want to obtain from a hospital after a bombing; the survey listed 4 possibilities: (1) news and information about the bombing; (2) reunification with family if they become separated during the bombing; (3) support or counseling if a friend or family member died and the death did not occur in the hospital; and (4) protection from further terrorist acts. A bombing utilization score was calculated by assigning 1 point for each resource or service that individuals reported that they would obtain from a hospital following a bombing. The highest possible score was 4 (ie, 1 point for each of the 4 items). Participants' scores ranged from 0 to 4 points, with an average of 1.7 points.

The most commonly reported anticipated need following a bombing included family reunification (53.6%, n = 507) (Table 3). The least commonly reported anticipated need included counseling (36.1%, n = 334) (Table 3). Determinants of bombing utilization were gender, race, relationship to the patient, number of ER visits during the past 12 months, number of visits to a primary care provider in the past 12 months, and having experienced a loss of home or property during a past disaster (Table 4).

DISCUSSION

Our findings showed that the public has high expectations of using hospitals for nonmedical resources during biological, natural, and man-made disasters. At least one-third of the participants reported that they planned to use the hospital for every resource listed in the survey, including a large number

^b Determined by the χ^2 test

TABLE 3

Anticipated Utilization of Hospital Nonmedical Resources or Services During Disasters By Race

				Re	sponse by Race			
	All Respondents ^a $N = 961$		White N = 456		Non-White $\mathbf{N}=485$		White vs Non-White	
Anticipated Resource or Service	Strongly Agreed or Agreed, %	n	Strongly Agreed or Agreed, %	n	Strongly Agreed or Agreed, %	n	P ^b	
Influenza pandemic scenario								
Treatment for self or child for a cough, fever, and congestion with difficulty breathing	78.2	741	75.1	337	81.8	392	<.01	
Medication refill(s)	61.3	561	54.7	239	67.8	312	<.001	
Treatment for self or child for a cough, fever, and congestion with no difficulty breathing	55.7	530	42.5	192	68.5	328	<.001	
Personal protective equipment (mask and gloves)	53.3	507	41.3	187	64.5	309	<.001	
Event-related vaccine (eg, pandemic influenza vaccine)	48.7	453	37.6	168	59.4	277	<.001	
News or information on the pandemic	42.4	403	30.6	138	53.4	256	<.001	
Support or counseling if a loved one died (death did not occur in the hospital)	32.4	309	18.3	83	45.3	217	<.001	
Food	30.1	286	18.5	84	40.3	192	<.001	
Earthquake scenario								
Treatment of major injuries	91.3	858	92.2	415	90.1	428	NS	
Medication refill(s) or replacement	71.4	675	63.8	287	78.3	375	<.001	
Family reunification if separated during earthquake	54.1	514	46.1	209	61.1	294	<.001	
Treatment of minor injuries	51.6	487	35.0	158	67.1	320	<.001	
Short-term shelter (1-2d)	45.4	430	33.4	151	55.7	267	<.001	
Food and water	44.2	419	29.6	134	57.9	278	<.001	
Support or counseling if a loved one died	38.7	363	25.1	113	51.7	244	<.001	
News or information on the earthquake	37.3	352	22.6	102	51.3	244	<.001	
Long-term shelter (≥3d)	37.2	352	23.2	105	49.6	237	<.001	
Bombing scenario								
Family reunification if separated during bombing	53.6	507	40.7	184	65.2	313	<.001	
News or information on the bombing	44.6	423	30.9	140	57.0	274	<.001	
Protection from further terrorist acts	38.4	354	24.2	108	51.5	239	<.001	
Support or counseling if a loved one died	36.1	334	23.0	103	48.0	224	<.001	

Abbreviation: NS, nonsignificant.

 a Denominators varied due to missing or incomplete data. b Determined by the χ^2 test.

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TABLE 4

Determinants of Anticipated Utilization of Hospital Nonmedical Resources or Services During Disaster Scenarios

	Perceived Expectations of Hospital ^a								
	Pandemic			Earthquake			Bombing		
Factor ^b	β	SE	Р	β	SE	Р	β	SE	Р
Male gender				42	.19	<.05	36	.11	.001
Age, y									
18-25	.66	.25	<.01						
26-35	.23	.24	NS						
36-45	09	.25	NS						
46-55	.16	.27	NS						
Race (non-white)	1.3	.15	<.001	1.7	.18	<.001	.83	.10	<.001
No. of ED visits in past year									
1	27	.24	NS	-1.1	.26	<.001	55	.14	<.001
2	.03	.23	NS	47	.27	NS	27	.15	NS
3	.58	.24	<.05	.04	.29	NS	.02	.16	NS
Hospitalizations in past year									
None	75	.22	.001						
1	39	.24	NS						
Primary care provider visits in past year									
None	.71	.23	<.01	.81	.28	<.01	.48	.15	<.01
1	.92	.24	<.001	.91	.29	<.01	.58	.16	<.001
2	.41	.22	.06	.43	.27	NS	.47	.15	<.01
3	.38	.24	NS	.46	.29	NS	.42	.16	<.01
Designated reunification place for family	.54	.16	.001						
Relationship to patient									
Self/patient							12	.16	NS
Parent or guardian							19	.16	NS
Spouse							45	.22	<.05
Loss of home or property during past disaster							.43	.18	<.05

Abbreviation: NS, nonsignificant.

^a Ranges of utilization scores: pandemic, 0-7; earthquake, 0-8; and bombing, 0-4. Blank cell indicates variable was not included in model because it was nonsignificant.

^b Age referent, \geq 56 years; ER visits referent, \geq 4 per year; hospitalizations referent, \geq 2 in past year; primary care provider visits referent, \geq 4 visits per year; relationship referent, other.

of people planning to seek hospital care for minor medical issues, in spite of the scenarios explicitly identifying alternative locations for services and needs that were not immediately life-threatening. This latter finding indicated a strong need either to educate the general public about appropriate sources to obtain nonurgent medical care during disasters (such as directing them to community-based alternate care sites) or to establish plans to meet these needs somewhere on hospital grounds.

These plans would need to be coordinated locally and regionally and communicated clearly to the public to avoid overcrowding or chaos at hospitals, which could delay providing treatment to the critically ill or injured. Community emergency managers must consider the needs and expectations of their population. If community members cannot be swayed from seeking resources at local hospitals, emergency managers need to allocate resources aimed at redirecting the public to more appropriate sites or develop plans for providing these services through the hospital. The most frequently reported anticipated need for nonurgent resources or services included family reunification, access to personal protective equipment (gloves, masks), and medication refills. An important aspect of community resiliency, family reunification has been shown to be an emotionally charged issue during past disasters.¹⁴⁻¹⁶ Development of systems to reunite families during disasters should be a high priority for community disaster planners that is coordinated between hospitals and community agencies. In Israel, family reunification centers have been set up in hospitals, but the system is only for reuniting family members who are receiving medical care; the coordination site is located away from the ED to avoid interfering with medical care provision.¹⁷

Other nonurgent or nonmedical services would be best administered or provided off hospital grounds. Our findings demonstrated that large segments of the general public anticipate getting these services from hospitals. However, that would not be the best use of hospital or community resources, particularly in biological disasters such as pandemics, which are potentially hazardous to the public. Public education needs to be increased regarding better sources for these types of services, such as alternate care sites (ACS), medical clinics, and community-based pharmacies.

Providing off-site medical care (ie, nonhospital-based) is critically important during influenza pandemics. During pandemics, public congregation is discouraged, especially if it means that ill and well individuals would be in the same area to obtain services such as medication refills. Planning documents for alternate care sites and points of dispensing have been published regarding safe provision of medication and vaccine during pandemics to minimize the risk of exposure and spread of disease during pandemics.^{18,19} Medication refills and pandemic vaccine administration should be provided only to hospital patients who have legitimate need for urgent hospital care; all others should be directed to community-based alternate care sites and points of dispensing. Younger individuals, those with a recent history of higher medical service usage (more ED visits, primary care provider visits, and hospitalizations), and those who identified themselves as non-white were more likely to report anticipated need for nonmedical services or resources from hospitals. Public education regarding the risks of congregating at hospitals during pandemics and better sources to obtain nonmedical services should be targeted to these groups.

Similar to the pandemic scenario, differences in the public's anticipated expectations of hospital services during an earthquake or bombing were found to vary by demographics. Women were more likely than men and non-whites were more likely than whites to report anticipated need for nonurgent or nonmedical services from hospitals during an earthquake or bombing, while those with a recent history of lower medical service usage (fewer ED visits or primary care provider visits) were less likely to report anticipated need. Those who reported having lost their home or property during a past disaster were also more likely to report anticipated need for nonurgent or nonmedical services from hospitals following a terrorist bombing. Previous research has indicated that women perceive higher threats and a lower sense of personal resources during experimental violent disaster experiences compared to men. This finding may have contributed to our findings, in which women also anticipated increased needs for services during disasters.²⁰

The increased anticipated utilization of resources reported among non-white (mainly black) participants in this study appeared to be due to some unidentified factor. The racial differences noted did not correspond with income in this study. Additional research in this area would be needed to examine these issues more closely to better identify the factors influencing these anticipated needs.

Strengths and Limitations

This study has some notable strengths. To our knowledge, it is the first to measure the general public's anticipated needs and expectations related to obtaining nonurgent and/or nonmedical services from hospitals during disasters. The large sample size and data collection in pediatric, adult, urban, and suburban hospital settings also allow for robust statistical analysis and the ability to assess the impact the various hospital types may have on expected hospital utilization. These study findings have major implications for hospital disaster planners and administrators and community disaster planners.

However, some study limitations must also be noted. The generalizability of this survey is limited by its geographic distribution. Respondents in other cities and states, or those outside the United States, might have responded differently to the survey. The potential impact of race and past experiences with disasters, in particular, may vary significantly by region. Replication of this study in additional geographic sites would be very useful in helping to identify factors influencing individuals' anticipated needs from hospitals during disasters. Although socioeconomic status was not found to be a significant factor for expected hospital utilization in this survey, this finding may have been due to the manner in which income was measured (using zip code data vs actual direct assessment of annual income). Future studies should aim to assess income more directly to evaluate what impact it may have on the individual's expected hospital utilization during disasters.

In addition, other factors may have contributed to the differences noted that were not identified in the survey, suggesting that further work in this area is necessary. This survey was distributed only to those already seeking care at a hospital, possibly introducing a bias toward hospital utilization. Moreover, public expectations may be quite different from actual behavior in an event. Measurement of community usage of the hospital for these resources during an actual event would provide more specific and additional information for disaster planners.

CONCLUSIONS

Hospitals and communities must be prepared to address the resource needs of a community during all types of disasters. Findings from this study indicate that the public has strong intentions of going to the hospital during disasters to obtain nonurgent and/or nonmedical services and resources—even when alternative options for obtaining these services are offered. Inappropriate hospital usage during disasters overwhelms hospital resources rapidly. Community planners need to determine the best ways to distribute these resources and inform the public of disaster plans so that they are prepared to seek resources at more appropriate locations.

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