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The **title** should be brief and to the point. If necessary, a subtitle may be used to amplify the main title. The names of the authors should appear on the title-page, and **their names, degrees, affiliations and full addresses at the end of the paper.**

A **summary** should be given at the beginning of the article. It should be brief and factual and not normally more than 150 words.

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- PAUL, A. A. & SOUTHGATE, D. A. T. (1978) *McCance and Widdowson's The Composition of Foods* (4th edn). London: HMSO.
- ROYAL COLLEGE OF PHYSICIANS (1983) Obesity. *Journal of the Royal College of Physicians of London*, 17, 6–65.
- SILVERSTONE, T. & GOODALL, E. (1984) The clinical pharmacology of appetite suppressant drugs. *International Journal of Obesity*, 8 (suppl. 1), 23–33.
- , SMITH, G. & RICHARDS, R. (1987) A comparative evaluation of dextrofenfluramine and di-fenfluramine on hunger, food intake, psychomotor function and side effects in normal human subjects. In *Body Weight Control: the Physiology, Clinical Treatment and Prevention of Obesity* (eds A. E. Bender & L. J. Brookes), pp. 240–246. Edinburgh: Churchill Livingstone.
- , — & GOODALL, E. (1988) The prevalence of obesity in patients receiving depot antipsychotics. *British Journal of Psychiatry*, 153, 214–217.
- SMITH, J., JONES, S., BROWN, T., *et al* (1988) Appetite suppressant drugs. *Lancet*, ii, 91.

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Terms or abbreviations which might not be understood by the average reader should be explained at first occurrence.

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Letters should not exceed two double-spaced typed pages. They will be edited for clarity and conformity with *Journal* style and may be shortened. There should be no more than five references; tables and figures cannot be used. Proofs will not be sent to authors.

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