## REVIEW – STANDARD Blood parasites of penguins: a critical review

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#### SUMMARY

Blood parasites are considered some of the most significant pathogens for the conservation of penguins, due to the considerable morbidity and mortality they have been shown to produce in captive and wild populations of these birds. Parasites known to occur in the blood of penguins include haemosporidian protozoans (*Plasmodium*, *Leucocytozoon*, *Haemoproteus*), piroplamid protozoans (*Babesia*), kinetoplastid protozoans (*Trypanosoma*), spirochete bacteria (*Borrelia*) and nematode microfilariae. This review provides a critical and comprehensive assessment of the current knowledge on these parasites, providing an overview of their biology, host and geographic distribution, epidemiology, pathology and implications for public health and conservation.

Key words: blood parasite, bird, conservation, pathogen, seabird, vector-borne diseases.

## INTRODUCTION

Diseases and parasites may adversely affect breeding success and lead to the mortality of penguins, potentially hampering the viability of their populations (Woods *et al.* 2009). Blood parasites are considered some of the most significant pathogens for the conservation of penguins (Brossy *et al.* 1999; Jones and Shellam, 1999*b*; Levin and Parker, 2011).

Since 1926, when Sir Henry Harold Scott first diagnosed avian malaria as the cause of death of a king penguin captive at the Zoological Society of London (Scott, 1927), a considerable body of literature has gradually accumulated on the blood parasites of penguins, with nearly a hundred publications. The concern that blood parasites could be a conservation threat emerges from the observation of the dramatic impacts of avian malaria outbreaks in captive penguins (e.g. Rodhain, 1939; Griner and Sheridan, 1967; Fix et al. 1988; Bueno et al. 2010), along with the existence of Plasmodium sp. infections in wild penguins (Fantham and Porter, 1944; Laird, 1950; Levin et al. 2009) as well as other potentially pathogenic blood parasites (Fallis et al. 1976; Jones and Woehler, 1989; Earlé et al. 1992; Argilla et al. 2013). There are a few documented cases of

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mortality of wild penguins due to blood parasite infections (Fantham and Porter, 1944; Hill *et al.* 2010; Argilla *et al.* 2013; Cannell *et al.* 2013) and, because there are a number of mass mortality events of wild penguins for which the causes of death cannot be established (Gill and Darby, 1993; Kerry *et al.* 2009; Woods *et al.* 2009), the possibility that blood parasites play a role in some of these events cannot be dismissed.

In this review, we will provide a critical and comprehensive assessment of the state-of-the-art of blood parasites known to infect penguins, providing an overview of their biology, host and geographic distribution, epidemiology, pathology and implications for public health and conservation.

#### MATERIALS AND METHODS

This review addresses organisms that parasitize blood cells (haemosporidians and piroplasmids), as well as other organisms that can be detected in blood smears (kinetoplastids, spirochetes and nematode microfilariae). All records published in peer-reviewed journals until 01 January 2016 were considered; institutional reports, conference presentations and Ph.D. theses were included when they presented relevant data that could not be found in other peer-reviewed publications. A comprehensive list of the known records of blood parasites of penguins is provided in Appendix 1, and these data are summarized in Table 1. In light of novel evidence and critical consideration of the existing record, a

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| Penguin species                      | Plasmodium | Leucocytozoon | Haemoproteus | Babesia | Trypanosoma | Borrelia | Microfilariae |
|--------------------------------------|------------|---------------|--------------|---------|-------------|----------|---------------|
| Aptenodytes forsteri                 |            |               |              |         |             |          |               |
| (Emperor)                            |            |               |              |         |             |          |               |
| Aptenodytes patagonicus              | С          |               |              |         |             | W        |               |
| (King)                               |            |               |              |         |             |          |               |
| Eudyptes chrysocome                  | С          |               |              |         |             |          |               |
| (Southern rockhopper)                |            |               |              |         |             |          |               |
| Eudyptes chrysolophus<br>(Macaroni)  | С          | С             |              |         |             |          |               |
| Eudyptes moseleyi                    | W          |               |              |         |             |          |               |
| (Northern rockhopper)                |            |               |              |         |             |          |               |
| Eudyptes pachyrhynchus               |            | W, R          |              |         |             |          |               |
| (Fiordland)                          | W          |               |              |         |             |          |               |
| Eudyptes robustus<br>(Snares)        | vv         |               |              |         |             |          |               |
| Eudyptes schlegeli                   |            |               |              |         |             |          |               |
| (Royal)                              |            |               |              |         |             |          |               |
| Eudyptes sclateri                    |            |               |              |         |             |          |               |
| (Erect-crested)                      |            |               |              |         |             |          |               |
| Eudyptula minor                      | W, C       | С, Е          |              | W       | W           |          |               |
| (Little)                             | и, с       | С, Е          |              | ••      | ••          |          |               |
| Megadyptes antipodes                 | W          | W             |              |         |             |          |               |
| (Yellow-eyed)                        |            |               |              |         |             |          |               |
| Pygoscelis adeliae                   |            |               |              |         |             |          |               |
| (Adélie)                             |            |               |              |         |             |          |               |
| Pygoscelis antarcticus               | С          |               |              |         |             |          |               |
| (Chinstrap)                          |            |               |              |         |             |          |               |
| Pygoscelis papua                     | С          |               |              |         |             |          |               |
| (Gentoo)                             |            |               |              |         |             |          |               |
| Spheniscus demersus                  | W, R, C    | R             |              | W, R    |             | W, R     |               |
| (African)                            |            |               |              |         |             |          |               |
| Spheniscus humboldti                 | С          |               | W            |         |             |          |               |
| (Humboldt)                           |            |               |              |         |             |          |               |
| Spheniscus magellanicus              | R, C       |               |              |         |             |          |               |
| (Magellanic)                         |            |               |              |         |             |          |               |
| Spheniscus mendiculus<br>(Galapagos) | W          |               | W            |         |             |          | W             |

Table 1. Summary of blood parasites recorded in each penguin species

Records were classified according to the context in which the diagnosis was established: W, penguins sampled in the wild; R, penguins undergoing rehabilitation; C, penguins captive in zoos; E, penguins infected under experimental conditions.

number of records were revised or were considered inconclusive or questionable; detailed remarks on these cases are provided in Appendix 2. It is worth noting that *Aegyptianella* sp. was considered within the scope of this review, but was not included because it has not yet been conclusively demonstrated to infect penguins (see Appendix 2).

Figure 1 presents a hand-drawn summary of the parasites that can be found in the blood of penguins; these drawings were based on the descriptions and illustrations provided by Fallis *et al.* (1976), Jones and Woehler (1989), Earlé *et al.* (1993), Merkel *et al.* (2007), Yabsley *et al.* (2012), Silveira *et al.* (2013) and Vanstreels *et al.* (2014*a*, 2015*a*, *b*). This figure is not meant as an identification plate, but an illustration of the variations in size and shape of each parasite group. *Haemoproteus* sp. was not included in Fig. 1, because it has not yet been observed in blood smears of penguins. It is possible that *Leucocytozoon* spp. form elongated gametocytes when infecting penguin leukocytes, as occurs in

other hosts (Valkiūnas, 2005); however, these parasite forms were never documented in penguins and therefore were not represented in Fig. 1.

To evaluate if there are regions where blood parasites could infect penguins but have yet to be recorded, we juxtaposed the distribution of penguin breeding colonies (IUCN, 2015) with that of records of blood parasites in penguins and of their confirmed or suspected invertebrate hosts/ vectors (Figs 2 and 3). The distribution of the following invertebrate hosts/vectors is represented: seabird soft ticks (Argas spp., Carios spp.) (Dietrich et al. 2011), seabird hard ticks (Amblyomma loculosum, Ixodes spp.) (Barbosa et al. 2011; Dietrich et al. 2011; Muñoz-Leal and González-Acuña, 2015), biting midges (Culicoides spp.) (Murray, 1975; Spinelli and Martinez, 1991; Tabachnick, 2004; Aybar et al. 2010; Guichard et al. 2014), black flies (Austrosimulium spp., Cnephia spp., Prosimulium spp., Simulium spp.) (Dumbleton, 1963; Hill et al. 2010; Argilla et al.

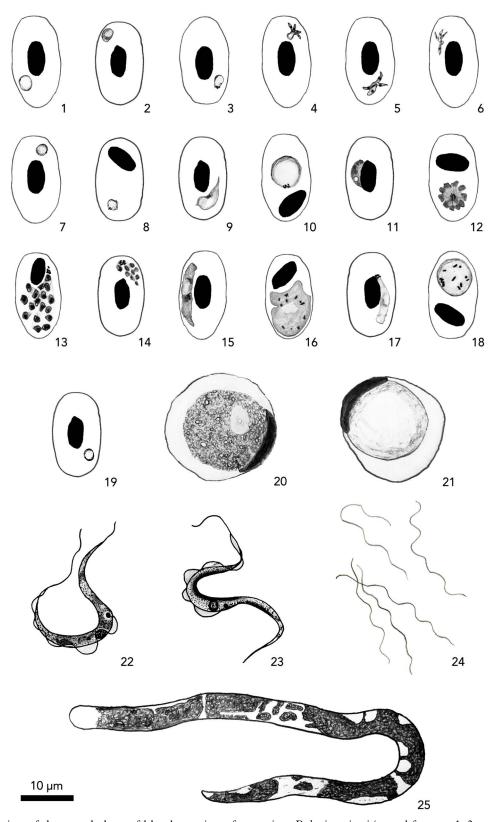


Fig. 1. Overview of the morphology of blood parasites of penguins: *Babesia peircei* (round forms = 1–3, tetrameric forms = 4–6), *Plasmodium* spp. (trophozoites = 7–8, young gametocytes = 9–10, meronts = 11–14, macrogametocytes = 15–16, microgametocytes = 17–18), *Leucocytozoon tawaki* (young gametocyte = 19, round macrogametocyte = 20, round microgametocyte = 21), *Trypanosoma eudyptulae* (trypomastigotes = 22–23), Relapsing Fever *Borrelia* (24), nematode microfilaria (25).

2013), Culex mosquitoes (Culex pipiens, Culex quinquefasciatus, Culex pervigilans) (White, 1989; WRBU, 2014), saltwater mosquito (Ochlerotatus *australis*) (Holder, 1999; Snell, 2005; Landcare Research, 2015) and black salt marsh mosquito (*Aedes taeniorhynchus*) (WRBU, 2014).

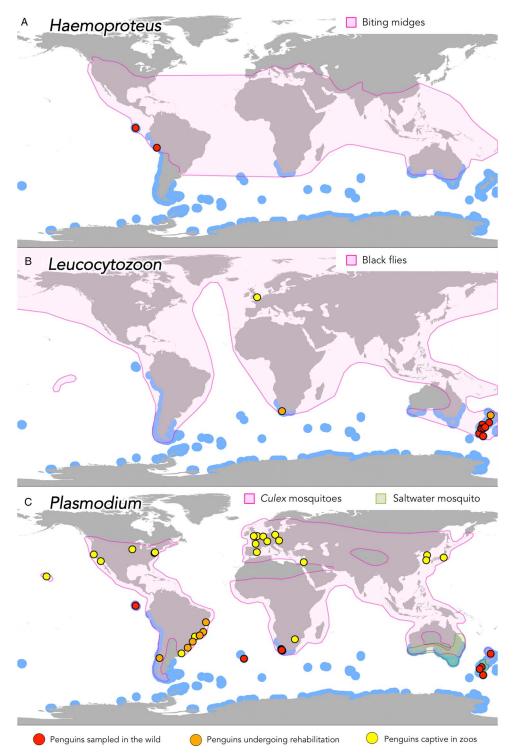


Fig. 2. Geographic distribution of records of haemosporidian blood parasites in penguins in relation to their invertebrate hosts. Blue areas represent the breeding distribution of penguins.

## PLASMODIUM (AVIAN MALARIA)

*Plasmodium* spp. (Haemosporida: Plasmodiidae) are parasites of all tetrapod classes. More than 60 avian-infecting species have been described in five subgenera: *Bennettinia*, *Giovannolaia*, *Haemamoeba*, *Huffia* and *Novyella* (Valkiūnas, 2005; Martinsen and Perkins, 2013). In the avian blood, these parasites can be found in the cytoplasm of erythroblasts and erythrocytes (and occasionally thrombocytes, see Silveira *et al.* 2009) in the form of trophozoites, erythrocytic meronts or gametocytes (Fig. 1); haemozoin granules are present. In the avian tissues, these parasites will invade endothelial cells and macrophages; megalomeronts are absent (Valkiūnas, 2005).

### Species recorded in penguins

Five species of *Plasmodium* have been demonstrated to infect penguins through both morphological and

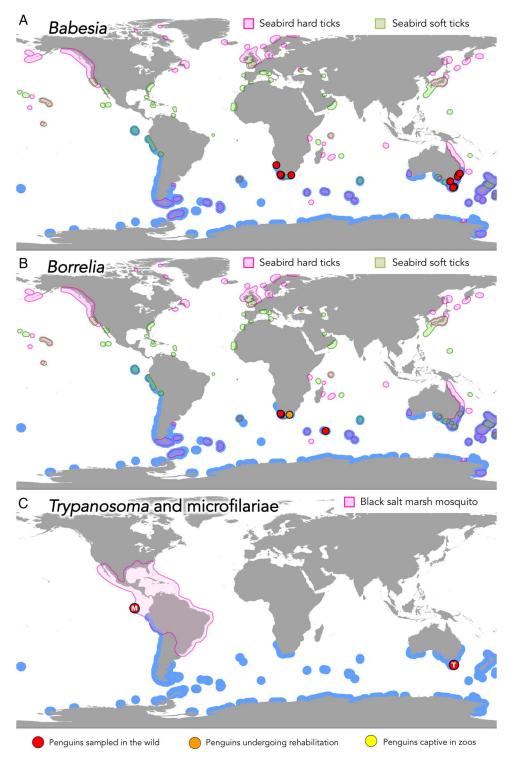


Fig. 3. Geographic distribution of records of non-hemosporidian blood parasites in penguins in relation to their confirmed or presumed vectors. Blue areas represent the breeding distribution of penguins.

genetic evidence: Plasmodium (Haemamoeba) relictum (Fantham and Porter, 1944), Plasmodium (Huffia) elongatum (Huff and Shiroishi, 1962), Plasmodium (Haemamoeba) tejerai (Silveira et al. 2013), Plasmodium (Haemamoeba) cathemerium and Plasmodium (Novyella) nucleophilum (Vanstreels et al. 2015a). Additionally, Plasmodium (Novyella) unalis was identified through genetic evidence (Vanstreels *et al.* 2015*a*). There is a record of *Plasmodium* (*Bennettinia*) *juxtanucleare* infecting penguins (Grim *et al.* 2003), however that report is problematic (see Appendix 2).

Because a number of studies have not conclusively identified all *Plasmodium* lineages that were detected (see Appendix 1), it is probable that many other species of *Plasmodium* have yet to be recorded in penguins. Additionally, concomitant infection by two or more *Plasmodium* lineages is not uncommon (Huff and Shiroishi, 1962; Fleischman *et al.* 1968*a*, *b*; Herman *et al.* 1974; Sladen *et al.* 1979; Stoskopf and Beier, 1979; Beier and Stoskopf, 1980; Beier and Trpis, 1981; Vanstreels *et al.* 2014*a*, 2015*a*, in press).

## Distribution among penguin hosts

Thirteen species have been shown to be susceptible to Plasmodium in the wild or in captivity: king (Scott, 1927), Humboldt (Rodhain, 1939), African, northern rockhopper, yellow-eyed (Fantham and Porter, 1944), Snares (Laird, 1950) (see Appendix 2), chinstrap (Rodhain and Andrianne, 1952), little, gentoo (Griner and Sheridan, 1967), Macaroni (Herman et al. 1974), Magellanic (Fix et al. 1988), Galapagos (Levin et al. 2009) and Southern rockhopper penguins (Dinhopl et al. 2011). There are only five penguin species in which *Plasmodium* infection was never documented: Adélie, emperor, erect-crested, Fiordland and Royal penguins. These species are inhabitants of remote sub-Antarctic and Antarctic environments, were seldom examined for blood parasites in the wild and were either never maintained in captivity or are generally maintained in vector-free acclimatized enclosures. It is therefore probable that the lack of records in these species is not due to a particular resilience to these parasites, but instead reflects a lack of studies in the wild and/or lack of exposure to environmental conditions that might allow their infection ex situ.

#### Invertebrate hosts

It is well established that avian plasmodia are transmitted exclusively by mosquitoes (Culicidae), particularly *Culex* spp., *Mansonia* spp., *Culiseta* spp. and *Aedeomyia* spp. Additionally, *Aedes* spp., *Anopheles* spp. and *Armigeres* spp. can also be competent hosts in laboratory experiments (Valkiūnas, 2005; Atkinson, 2008b).

Studies in zoos indicate that *Culex* spp. play a key role in the transmission of *Plasmodium* sp. to captive penguins, particularly *C. pipiens* (Rodhain, 1939; Raethel, 1960; Grünberg and Kutzer, 1963; Beier and Trpis, 1981), *Culex quinquefasciatus* (=*Culex fatigans*) (Laird and Van Riper, 1981), *Culex tarsalis* (Huff and Shiroishi, 1962), *Culex restuans* (Beier and Trpis, 1981) and *C. (Culex*) sp. (Bueno *et al.* 2010). Fantham and Porter (1944) found *Plasmodium* sp. in *C. quinquefasciatus* collected at Saldanha Bay, South Africa, where a wild penguin was found dead with a *P. relictum* infection. The invasive *C. quinquefasciatus* is likely involved in the transmission of *Plasmodium* in New Zealand and in the Galapagos Archipelago (Tompkins and Gleeson, 2006; Levin et al. 2009; Levin and Parker, 2011). In the Galapagos Archipelago, however, Aedes taeniorhynchus still has to be investigated as a potential host since this species has been recorded in Mexico carrying Plasmodium lineages closely related to those identified in Galapagos penguins (Levin et al. 2013). In New Zealand, C. quinquefasciatus is restricted to the North Island (White, 1989; Holder, 1999) and *Culex pervigilans* is suspected to be responsible for the transmission of Plasmodium sp. at South Island and other islands (Holder, 1999; Sturrock and Tompkins, 2008). Ochlerotatus australis (=Aedes australis) is an invasive species in New Zealand (Holder, 1999; Snell, 2005) that could also play a role in the transmission of avian malarial parasites.

#### Geographic distribution

Plasmodium relictum was documented in wild penguins in South Africa (Saldanha Bay), New Zealand (Campbell Island, Fouveaux Strait, Tiritiri Matangi Island, Snares Island) and Gough Island (Fantham and Porter, 1944; Laird, 1950), and in captive penguins in Europe (Rodhain, 1939; Fantham and Porter, 1944), North America (Griner and Sheridan, 1967; Stoskopf and Beier, 1979), Hawaii (Laird and Van Riper, 1981), Eastern Asia (Bak et al. 1984), South Africa (Penrith et al. 1994) and at rehabilitation centres in South Africa (Brossy et al. 1999) and Chile (Carvajal and Alvarado, 2009). Plasmodium elongatum was documented infecting penguins at zoos in North America (Huff and Shiroishi, 1962; Beier and Stoskopf, 1980), Europe (Dinhopl et al. 2011) and rehabilitation centres in Brazil (Vanstreels et al. 2014a, 2015a). Plasmodium tejerai was identified in penguins undergoing rehabilitation in Brazil (Silveira et al. 2013; Vanstreels et al. 2014a, 2015a) and Argentina (Vanstreels et al. in press). Plasmodium cathemerium, P. nucleophilum and P. unalis were reported only in penguins undergoing rehabilitation in Brazil (Vanstreels et al. 2015a). Additionally, unidentified lineages of *Plasmodium* have been detected in wild penguins at the Galapagos Archipelago (Isabela, Fernandina, Las Marielas and Bartolomé Islands) (Levin et al. 2009, 2013), as well as at zoos in North and South America, Europe and Asia, and at rehabilitation centres in South Africa, Argentina and Brazil (see Appendix 1).

All *ex situ* and most *in situ* records of *Plasmodium* spp. infecting penguins are within the distribution range of *C. pipiens*, *C. quinquefasciatus* and *C. pervigilans* or, in Southern New Zealand, *O. australis* (Fig. 2C). The record of *P. relictum* in a Northern rockhopper penguin at Gough Island (Fantham and Porter, 1944) is a surprising exception, considering this is an extremely remote island where mosquitoes are absent (Gaston *et al.* 2003); the only

neighbouring archipelago, Tristan da Cunha, is also mosquito-free (Medlock *et al.* 2010). A possible explanation is that this penguin was exposed to *P. relictum* while being vagrant in South Africa (see Rollinson *et al.* 2013).

The geographic distribution of Culex mosquitoes overlaps with the breeding habitat of penguins in Peru, Chile, Namibia and Australia (Fig. 2C), and it is therefore plausible that wild penguins in these countries may be infected by Plasmodium sp. Most sub-Antarctic islands probably do not provide environmental conditions compatible with the transmission of Plasmodium spp. Gough, South Georgia, Marion, Macquarie and Tristan da Cunha Islands are reportedly free from mosquitoes (Laird, 1952; Hänel et al. 1998; Medlock et al. 2010) and the climate of South Georgia, South Sandwich, Bouvet, Amsterdam, Saint Paul, Crozet, Kerguelen and Peter I Islands is likely too adverse for mosquitoes (Medlock et al. 2010). It is therefore reasonable to assume that there is no Plasmodium sp. transmission in those locations, even if there have been little to no studies on blood parasites of penguins. The Falkland Islands are reportedly free from mosquitoes (Medlock et al. 2010), however DNA from P. relictum was detected in the blood of a thin-billed prion (Pachyptila belcheri) at New Island; because this a pelagic seabird that only comes to land in the breeding season, it is reasonable to suspect that infection occurred on the island (Quillfeldt et al. 2010). The harsh climate of Antarctica and the South Shetland Islands probably also precludes the occurrence of *Plasmodium* sp., as corroborated by blood parasite studies in the region (e.g. Laird, 1961; Becker and Holloway, 1968; Jones and Shellam, 1999a; González-Acuña et al. 2013; Vanstreels et al. 2014b).

## Epidemiology and pathology

In wild penguins, the prevalence of *Plasmodium* sp. varies considerably. *Plasmodium* sp. was detected in the blood smears of 0.7% of African penguins at Dyer Island, 3% at Saldanha Bay, 9% at Stony Point, 11% at Robben Island, and 34% at Dassen Island (Fantham and Porter, 1944; Brossy, 1992; Thiart, 2005). In New Zealand, blood smears revealed P. relictum infection in 10% of yelloweved penguins at Fouveaux Strait, 10.7% of Snares penguins at Snares Island, and one of two yelloweyed penguins at Campbell Island (Fantham and Porter, 1944; Laird, 1950). Furthermore, one of five Northern rockhopper penguins from Gough Island was blood smear-positive to P. relictum (Laird, 1950). Using molecular methods, Levin et al. (2009, 2013) detected Plasmodium sp. in the blood of 5.4% of Galapagos penguins, with prevalence varying between 2.1 and 42.9% among islands. None of the wild penguins in which

*Plasmodium* sp. was detected had external signs of disease, and parasitaemia was generally low or undetectable in blood smears (Fantham and Porter, 1944; Laird, 1950; Brossy, 1992; Levin *et al.* 2009). Fantham and Porter (1944) detected *P. relictum* in a deceased wild African penguin; however, because the penguin had multiple traumatic lesions it was not clear to what extent avian malaria may have contributed to its death.

It is well established that avian malaria outbreaks in zoos result from local mosquitoes inoculating penguins with *Plasmodium* sp. acquired from the native birds in the surroundings of the penguin exhibit (Beier and Trpis, 1981; Ejiri et al. 2009; Bueno et al. 2010; Leclerc et al. 2014; Dinhopl et al. 2015). Because mosquito abundance is markedly seasonal, cases of avian malaria in captive penguins tend to concentrate in spring-summer, particularly late summer (Grünberg and Kutzer, 1963; Griner and Sheridan, 1967; Sladen et al. 1979; Beier and Stoskopf, 1980; Vanstreels et al. 2015a). Mosquitoes are most active in penguin enclosures at night (Beier and Trpis, 1981). At zoos that recorded avian malaria outbreaks, the prevalence of *Plasmodium* sp. in mosquitoes near penguin exhibits is generally low (<5%) (Beier and Trpis, 1981; Bueno et al. 2010; Ejiri et al. 2009, 2011), and similar results were obtained in studies at locations where Plasmodium sp. was reported in wild penguins (Fantham and Porter, 1944).

Outbreaks of avian malaria in permanently captive penguins usually occur suddenly and/or in successive waves. Mortality might depend on the Plasmodium species/lineage involved, whether there was prior exposure to Plasmodium sp., and on the administration of drug treatment, with between 10 and 83% penguins dying within a few weeks or months (Fleischman et al. 1968a; Stoskopf and Beier, 1979; Fix et al. 1988; Cranfield et al. 1994; Graczyk et al. 1994a; Bueno et al. 2010). A similar pattern is observed for penguins kept in temporary captivity while receiving rehabilitation care in South America (Carvajal and Alvarado, 2009; Vanstreels et al. 2014a, 2015a). On the other hand, avian malaria is enzootic to African penguins undergoing rehabilitation, with 30-35% of penguins being positive (blood smears) upon admission (Parsons and Underhill, 2005).

Most penguins with avian malaria in captivity are in good body condition and do not present clinical signs, dying suddenly. When clinical signs are present, they are not specific and may include: anorexia, depression, lethargy, weakness, regurgitation, green faeces, hyperthermia, pale mucosae, and dyspnoea (Rodhain, 1939; Griner and Sheridan, 1967; Sladen *et al.* 1979; Stoskopf and Beier, 1979; Bak *et al.* 1984; Fix *et al.* 1988; Bueno *et al.* 2010; Vanstreels *et al.* 2014*a*). Haematology may reveal leucocytosis with lymphocytosis and/or monocytosis (Stoskopf and Beier, 1979; Fix *et al.* 1988; Graczyk *et al.* 1994*a*). Infected penguins often have low parasitaemia (<2%) (Stoskopf and Beier, 1979; Graczyk *et al.* 1994*a*); however, occasionally much higher parasitaemia may be observed, with up to 80% of erythrocytes parasitized and multiple parasites per erythrocyte (Fantham and Porter, 1944; Bueno *et al.* 2010; Vanstreels *et al.* 2014*a*).

Captive penguins deceased due to avian malaria typically present hepatomegaly, splenomegaly, lung congestion and hydropericardium (Rodhain, 1939; Bak et al. 1984; Fix et al. 1988; Graczyk et al. 1994*a*; Grim *et al.* 2003; Ko *et al.* 2008; Carvajal and Alvarado, 2009). Tissue meronts are present in multiple tissues and concentrate especially in the lungs, kidneys, brain, heart, liver and spleen (Rodhain, 1939; Fleischman et al. 1968b; Bak et al. 1984; Fix et al. 1988; Graczyk et al. 1994a; Grim et al. 2003; Ko et al. 2008; Silveira et al. 2013; Vanstreels et al. 2014a, 2015a). Concurrent diseases are not uncommon, and aspergillosis is frequently reported in captive penguins that died from avian malaria (Scott, 1927; Rodhain, 1939; Rewell, 1948; Grünberg and Kutzer, 1963; Griner and Sheridan, 1967; Sladen et al. 1979; Fix et al. 1988; Carvajal and Alvarado, 2009; Grilo, 2014; Vanstreels et al. 2015a). Septicaemia (Grünberg and Kutzer, 1963), enteritis/diarrhoea (Scott, 1927; Fix et al. 1988), infestation with gastrointestinal helminthes (Rodhain and Andrianne, 1952; Fix et al. 1988; Vanstreels et al. 2015a), clostridiosis (Penrith et al. 1994), babesiosis (Yabsley et al. 2012), poxvirosis and infestation with lung or liver helminthes (Vanstreels et al. 2014a, 2015a) have also been documented concurrently with avian malaria.

#### Serological studies

Graczyk *et al.* (1993, 1994*b*) developed an indirect enzyme-linked immunosorbent assay (ELISA) that was extensively used to test penguins for antibodies against *Plasmodium* spp. (Graczyk *et al.* 1994*a*, *b*, *c*, *d*, 1995*a*, *b*, *c*; Botes, 2004; Thiart, 2005; McDonald, 2012; Palmer *et al.* 2013). Seroprevalence for *Plasmodium* sp. was 29–52% in wild African penguin in South Africa (Graczyk *et al.* 1995*a*, *b*), 33% in Gentoo and 58% in king penguins at Kerguelen and Crozet Islands (Graczyk *et al.* 1995*c*), 23–100% in yellow-eyed penguins in New Zealand (Graczyk *et al.* 1995*b*, *c*; McDonald, 2012) and 91–100% in Galapagos penguins at the Galapagos Archipelago (Palmer *et al.* 2013). No Adélie penguins were seropositive at Ross Island, Antarctica (Graczyk *et al.* 1995*c*).

Penguins in captivity or undergoing rehabilitation have also been tested for antibodies against *Plasmodium* sp. using this assay. At a rehabilitation centre in Cape Town, South Africa, oiled African penguins had higher seroprevalence to *Plasmodium* sp. upon admission (62%) than those that had been in rehabilitation for at least two weeks (38%) or those permanently captive (20%) (Graczyk *et al.* 1995*a*). Seroprevalence to *Plasmodium* sp. was 92% in little penguins captive at Napier, New Zealand, and 43% in Magellanic penguins captive at San Diego, USA. Furthermore, a few studies have applied this ELISA to study the epidemiology of avian malaria in African penguins in captivity (Graczyk *et al.* 1994*a*, *b*, *c*) and undergoing rehabilitation (Botes, 2004; Thiart, 2005).

However, several authors have noted that there is a considerable discrepancy between the high seroprevalence to *Plasmodium* sp. detected by this assay and the rarity of individuals with detectable Plasmodium sp. parasitaemia in blood smears and PCR tests in the same populations (Sturrock and Tompkins, 2007; Hill, 2008; McDonald, 2012; Palmer et al. 2013). Some have interpreted this discrepancy as an indication of inaccuracy of the serological test (Sturrock and Tompkins, 2007; McDonald, 2012), whereas others considered it an indication of poor sensitivity of PCR tests (Palmer et al. 2013) or to be due to parasite latency in tissues (Hill, 2008; Palmer et al. 2013). It remains to be tested whether or not this assay cross-reacts with Leucocytozoon spp., which is plausible considering their shared phylogenetic history and genetic similarities (Cosgrove et al. 2006; Martinsen et al. 2008). Cross-reactivity with viruses (Greenberg et al. 1986) and helminths (Naus et al. 2003) have also been shown to occur in serological tests targeting *Plasmodium* sp. in humans. The results of these serological tests should therefore be interpreted cautiously until detailed studies explain the discrepancies in the results of serological and direct diagnosis tests and to determine if cross-reactivity may have influenced the serological results.

#### Implications for public health and conservation

There is no evidence to indicate that avian-infecting Plasmodium spp. can infect humans (Valkiūnas, 2005). Plasmodium spp. are recognized as conservation-threatening pathogens due to their welldocumented impacts to the Hawaiian avifauna (Van Riper III et al. 1986; Atkinson and Lapointe, 2009). The high susceptibility of Hawaiian native birds and penguins is thought to result from a lack of physiological/immune adaptations to deal with the infection, as they did not co-evolve with these parasites (Valkiūnas, 2005). The high morbidity and mortality observed in penguins when they are exposed to avian plasmodia in captivity has led to concern that the introduction of mosquitoes to penguin breeding habitats where they had historically been absent could ensue in substantial morbidity and mortality (Jones and Shellam, 1999b; Miller et al. 2001; Meile et al. 2013). This is acutely concerning as climate change increases the pressure imposed by Plasmodium sp. on birds (Garamszegi, 2011).

In particular, Plasmodium sp. may constitute a significant conservation threat to the African, Galapagos and yellow-eyed penguins, three endangered species with relatively narrow geographic distribution (IUCN, 2015) in which infection has already been documented in the wild (Fantham and Porter, 1944; Levin et al. 2009). Fortunately the *Plasmodium* sp. lineages detected at the Galapagos Archipelago so far have failed to become established and produce significant disease in Galapagos penguins (Levin et al. 2009, 2013); however, this could change if more pathogenic lineages are introduced to the archipelago in the future. Plasmodium sp. appears to be enzootic in African and yellow-eyed penguins; however, these species' populations are already declining due to a variety of environmental impacts and pathogens (Crawford et al. 2011; King et al. 2012), and avian malaria could synergize with these existing threats. Furthermore, penguin populations at other areas with relatively warm climate such as Peru, Chile and Tristan da Cunha and Gough Islands could also become at risk if mosquitoes become successfully established near penguin breeding habitat, particularly near freshwater deposits associated with human communities. Other populations of penguins that have relatively narrow geographic distributions, such as Fiordland and Snares penguins could also be at risk, since mosquitoes are already present in their breeding habitat (Fantham and Porter, 1944; Laird, 1950).

## LEUCOCYTOZOON (LEUCOCYTOZOONOSIS)

Leucocytozoon spp. (Haemosporida: Leucocytozooidae) parasitize exclusively birds. There are approximately 40 recognized species, one in the subgenus Akiba and the remaining in the subgenus Leucocytozoon. In the avian blood, young gametocytes and gametocytes of these parasites can be found in the cytoplasm of erythrocytes and mononuclear leucocytes (Fig. 1); there are neither erythrocytic meronts nor haemozoin granules. In the avian tissues, these parasites will invade endothelial cells, macrophages and hepatocytes; megalomeronts may be developed, which are very large and thick-walled (Huff, 1942; Valkiūnas, 2005).

#### Species recorded in penguins

Leucocytozoon (Leucocytozoon) tawaki was described from Fiordland penguins (Fallis et al. 1976; Allison et al. 1978). When Earlé et al. (1992) and Peirce et al. (2005) observed similar parasites in other species of penguins in Europe and South Africa they did not hesitate to attribute these records to L. tawaki. On the other hand, other authors have documented leucocytozooids in yellow-eyed penguins at locations in New Zealand but preferred not to comment on the species involved (Hill, 2008; Hill et al. 2010; Argilla *et al.* 2013). Phylogenetic analyses indicated these lineages from yellow-eyed penguins belonged to the subgenus *Leucocytozoon*, and that there might be at least two distinct phylogenetic groups: cluster A is limited to Enderby Island and might be more pathogenic than cluster B, which was detected at Enderby, Campbell, South and Stewart Islands (Argilla *et al.* 2013). It is unclear whether these phylogenetic clusters are variations within the same morphospecies or correspond to different species, and their relationship to the *L. tawaki* originally described in Fiordland penguins is also not clear.

#### Distribution among penguin hosts

Leucocytozoon spp. have been detected in wild Fiordland (Fallis et al. 1976; Allison et al. 1978) and yellow-eyed penguins (Hill et al. 2010; Argilla et al. 2013), as well as in African (Earlé et al. 1992) and Fiordland penguins undergoing rehabilitation (Hill, 2008). Additionally, the infection was documented in Macaroni penguins in captivity (Peirce et al. 2005). Allison et al. (1978) demonstrated that little penguins can develop the infection when forcibly exposed to black flies near L. tawaki-infected Fiordland penguins. There is also evidence to suggest that Leucocytozoon sp. could infect wild and captive little penguins (see Appendix 2). It is worth noting that Snares, erect-crested and little penguins live in close proximity to populations of Fiordland and yellow-eyed penguins that were found to be infected with Leucocytozoon sp., and it is reasonable to presume they are exposed to these parasites in the wild.

#### Invertebrate hosts

L. (Leucocytozoon) spp. are transmitted by black flies (Simuliidae), particularly Simulium spp. and Prosimulium spp., but also Cnephia spp. and Austrosimulium spp. (Valkiūnas, 2005; Forrester and Greiner, 2008). Cnephia spp., Simulium spp. and Prosimulium spp. are not present in New Zealand (Dumbleton, 1963), whereas Austrosimulium australense, Austrosimulium dumbletoni and Austrosimulium ungulatum are abundant and were shown to be competent in the transmission of L. tawaki at South Island (Fallis et al. 1976; Allison et al. 1978; Desser and Allison, 1979). Austrosimulium ungulatum is also very abundant in Stewart and South Islands, New Zealand, and could be involved in the transmission of Leucocytozoon sp. to yelloweyed penguins (Hill et al. 2010; Argilla et al. 2013). On the other hand, Austrosimulium campbellense and Austrosimulium vexans are thought to be respectively responsible for the transmission at Campbell and Auckland Islands, New Zealand (Argilla et al. 2013). Austrosimilium spp. do not occur in South

Africa (Dumbleton, 1963) and thus other simulid flies must be involved in the transmission of this parasite to African penguins (Earlé *et al.* 1992); *Cnephia* spp. and *Simulium* spp. are present in the region (Dumbleton, 1963).

#### Geographic distribution

Leucocytozoon tawaki is known from South Island, New Zealand (Kaikoura, Jackson Head) (Fallis et al. 1976; Allison et al. 1978). Leucocytozoon sp. has been documented at South Island, New Zealand (Otago Peninsula and Catlins) (Argilla et al. 2013) and at Campbell, Enderby and Stewart Islands (Hill et al. 2010; Argilla et al. 2013). Additionally, Leucocytozoon sp. has been documented in penguins undergoing rehabilitation in South Africa (Cape Town) (Earlé et al. 1992) and North Island, New Zealand (Auckland) (Hill, 2008), and captive in England (Peirce et al. 2005). Because the blood smears examined by Earlé et al. (1992) were prepared between 5 and 24 days after admission to the rehabilitation centre in South Africa, it is possible that infection occurred in the wild. The geographic distribution of black flies overlaps with that of penguin breeding colonies in several regions where Leucocytozoon sp. has not yet been reported in penguins, such as Peru, Chile, Argentina, Namibia, Australia and New Zealand (Fig. 2B).

## Epidemiology and pathology

L. tawaki prevalence is very high in Fiordland penguins at South Island, New Zealand (Jackson Head) (blood smears: 77-94%) (Fallis et al. 1976; Allison et al. 1978). Leucocytozoon sp. prevalence is more variable in yellow-eyed penguins in New Zealand, being lower at South Island (Otago Peninsula and Catlins) (PCR: 11%) and Campbell Island (PCR: 21%), and higher at Enderby (PCR: 66%) and Stewart Islands (PCR: 83%) (Hill et al. 2010; Argilla et al. 2013). Both Fiordland and yelloweyed penguins are infected only when they are 3weeks-old or older, with the infection being acute and disseminated in older chicks then progressing to a subclinical chronic infection in adulthood (Allison et al. 1978; Hill et al. 2010; Argilla et al. 2013). Although prevalence is similar in older chicks and adults (and possibly highest in moulting adults), parasitaemia tends to be lower in adults (Fallis et al. 1976; Allison et al. 1978). In fact, parasitaemia in adults may be so low as to be undiagnosed or substantially underestimated by blood smears in comparison with molecular methods (Hill et al. 2010; Argilla et al. 2013). Leucocytozoon sp. occurs at low prevalence amongst African penguins undergoing rehabilitation (blood smears: 0.75%) (Earlé et al. 1992). Because it is generally accepted that leucocytozooids are not transmitted

among birds of different taxonomic orders (Valkiūnas, 2005), it is unlikely that birds other than penguins can serve as reservoirs of infection.

Leucocytozoon sp. can be occasionally pathogenic for penguin chicks. One yellow-eyed penguin chick found dead at Enderby Island (n = 19) and two at Stewart Island, New Zealand (n = 14), were considered to have died from leucocytozoonosis. Necropsy findings included disseminated petechial and ecchymotic haemorrhage, hepatomegaly, splenomegaly and hydropericardium; megalomeronts were abundant in the liver, spleen, kidneys, lungs and other tissues (Hill et al. 2010; Argilla et al. 2013). The tissues of an additional seven yellow-eyed penguins were PCR-positive for Leucocytozoon sp. at Stewart Island; however, it was not determined whether leucocytozoonosis was the cause of death or not (Hill et al. 2010). Furthermore, a juvenile Fiordland penguin found at North Island, New Zealand (Muriwai beach), died during rehabilitation after having been positive to Leucocytozoon sp. on blood smears, but it was not possible to determine if leucocytozoonosis was the cause of death (Hill, 2008). The health effects of the infection in African and Macaroni penguins are not known (Earlé et al. 1992; Peirce et al. 2005).

## Implications for public health and conservation

There is no evidence to indicate that *Leucocytozoon* spp. could infect humans (Valkiūnas, 2005). Although Leucocytozoon sp. appears to have limited impacts to the health of adult penguins, this can be a considerably pathogenic parasite to penguin chicks and juveniles (Fallis et al. 1976; Allison et al. 1978; Hill, 2008; Hill et al. 2010; Argilla et al. 2013). This is particularly troublesome for vellow-eved penguins, an endangered species that has faced substantial population decrease in the past decades (IUCN, 2015). Yellow-eyed penguin chicks already face a variety of stressors and diseases (Alley et al. 2004; Hocken, 2005; Browne et al. 2011; Buckle et al. 2014), and Leucocytozoon sp. might be an additional factor contributing to decrease the species' chick survival (King et al. 2012). In the case of African penguins, which are also endangered (IUCN, 2015), additional studies are urgent to bring better understanding on the epidemiology and pathology of this parasite. There is also evidence to suspect that wild little penguin chicks might also die as a result from leucocytozoonosis (see Appendix 2), and therefore an investigation on the occurrence of *Leucocytozoon* sp. in this species, particularly in Western Australia, would be valuable.

## HAEMOPROTEUS (HAEMOPROTEOSIS)

*Haemoproteus* spp. (Haemosporida: Haemoproteidae) parasitize exclusively birds. There are approximately

150 recognized species, 10 in the subgenus *Haemoproteus* and the remaining in the subgenus *Parahaemoproteus* (Valkiūnas, 2005; Levin *et al.* 2011, 2012; Valkiūnas *et al.* 2010, 2013). These parasites can be found in the cytoplasm of avian erythrocytes, as trophozoites and gametocytes; haemozoin granules (dark-brown staining pigment) are present, but not erythrocytic meronts. In the avian tissues, these parasites invade endothelial cells and macrophages to form exoerythrocytic meronts; megalomeronts may be developed, which are very large and thick-walled (Huff, 1942; Paperna and Gill, 2003; Valkiūnas, 2005).

## Species recorded in penguins

*Haemoproteus* sp. detected in penguins have not been morphologically characterized, hence their identity has not been conclusively established. Phylogenetic analyses indicate however that the lineages identified in Galapagos and Humboldt penguins belong to the subgenus *Parahaemoproteus* and are closely related to lineages found in passerines (Levin *et al.* 2009; Sallaberry-Pincheira *et al.* 2015) (see Appendix 2).

#### Distribution among penguin hosts

DNA from *Haemoproteus* sp. has been detected in the blood of wild Galapagos (Levin *et al.* 2009) and Humboldt penguins (Sallaberry-Pincheira *et al.* 2015). There is a report of *Haemoproteus* sp. infection in wild little penguins (Cannell *et al.* 2013), however that record is problematic (see Appendix 2).

## Invertebrate hosts

Haemoproteus (Parahaemoproteus) spp. are transmitted by biting midges *Culicoides* spp. (Ceratopogonidae) (Valkiūnas, 2005; Atkinson, 2008*a*). Eleven species of *Culicoides* spp. have been associated with the transmission of these parasites (Valkiūnas, 2005).

Culicoides pusillus is the only species of its genus that occurs at the Galapagos Archipelago (Sinclair, 2014), whereas a broad variety of species occurs in Peru (Wirth and Felippe-Bauer, 1989; Borkent, 2013). It is worth noting that the Haemoproteus-positive penguin identified at the Galapagos Archipelago was sampled at western Isabela Island (I. I. Levin, personal communication), whereas C. pusillus has been recorded only at Santa Cruz Island (Sinclair, 2014). Even though DNA from Haemoproteus sp. was identified in the blood meals of mosquitoes Aedes taeniorhynchus at the Galapagos Archipelago, this was most likely an incidental finding and probably did not correspond to actual infections (Bataille et al. 2012). It is not clear which species of biting midges were involved in the transmission of Haemoproteus sp. to Humboldt penguins at Punta San Juan (Sallaberry-Pincheira et al. 2015), however

*Culicoides* spp. are not uncommon in Peru (Tabachnick, 2004; Felippe-Bauer *et al.* 2008) and the coastal range of Peru provides suitable climatic conditions to these insects (Guichard *et al.* 2014).

#### Geographic distribution

Haemoproteus (Parahaemoproteus) spp. were detected in penguins in the Galapagos Archipelago (Isabela Island) (Levin *et al.* 2009) and Peru (Punta San Juan) (Sallaberry-Pincheira *et al.* 2015). The distribution of biting midges overlaps that of penguins breeding in Namibia, South Africa and Australia, possibly providing opportunities for *H.* (*Parahaemoproteus*) sp. inoculation. Similarly, captive penguins in areas of North and South America, southern Europe, Africa, Asia and Oceania could also be exposed (Fig. 2A).

#### Epidemiology and pathology

The *Haemoproteus*-positive penguins studied by Levin *et al.* (2009) and Sallaberry-Pincheira *et al.* (2015) had no external signs of illness. Considering that no parasites were seen in blood smears and that molecular tests may produce false-positive results if DNA of recently inoculated sporozoites is present in the blood even when infection was not developed (Levin *et al.* 2013; Valkiūnas *et al.* 2014), it is possible that these *Haemoproteus* spp. were not truly capable of infecting penguins and instead represent incidental findings (i.e. abortive infections). The report of lethal haemoproteosis in wild little penguins (Cannell *et al.* 2013) is problematic, and is addressed in detail in Appendix 2.

## Implications for public health and conservation

There is no evidence to indicate that *Haemoproteus* spp. could infect humans (Valkiūnas, 2005). *Haemoproteus* spp. are generally considered the least pathogenic of avian haemosporidians; however, there are exceptional cases of lethal haemoproteosis (Atkinson and Van Riper III, 1991; Donovan *et al.* 2008). In the case of penguins, however, it is still unclear whether *Haemoproteus* sp. sporozoites are able to infect and develop in penguin cells (see Levin *et al.* 2013; Valkiūnas *et al.* 2014) and, until this has been conclusively demonstrated, it seems unlikely that these parasites pose a significant threat for their conservation.

## BABESIA (BABESIOSIS)

*Babesia* spp. (Piroplasmida: Babesiidae) parasitize birds and mammals, with 13 avian-infecting species (Peirce, 2000, 2005; Schnittger *et al.* 2012). In the avian blood, these parasites can be found in the

cytoplasm of erythrocytes either as round forms (trophozoites and pre-gametocytes) or tetrameric elongated forms (meronts) (Fig. 1); there are no haemozoin granules. There is no invasion of tissue cells; however, infected erythrocytes can occasionally be seen in the margin of blood vessels (Peirce, 2000; Chauvin *et al.* 2009; Schnittger *et al.* 2012).

## Species recorded in penguins

Babesia peircei was described from African penguins (Earlé et al. 1993). It is not clear whether the Babesia sp. reported in little penguins in Australia corresponds to *B. peircei* or to a different species (Cunningham et al. 1993; Vanstreels et al. 2015b). The remarkable morphological and/or genetic similarities between *B. peircei*, Babesia sp. of little penguins, Babesia poelea (parasite of boobies Sula spp.) and Babesia uriae (parasite of common murres Uria aalge) has led to speculation that these taxa could in fact correspond to a single seabird-infecting species (Peirce, 2000; Vanstreels et al. 2015b).

#### Distribution among penguin hosts

Babesia peircei is known from African penguins in the wild and in rehabilitation (Coles, 1941; Earlé *et al.* 1993; Brossy *et al.* 1999; Yabsley *et al.* 2012) and Babesia sp. was documented in wild little penguins (Cunningham *et al.* 1993; Vanstreels *et al.* 2015b).

#### Invertebrate hosts

It is generally accepted that hard ticks (Ixodidae) are the most relevant invertebrate hosts of avian *Babesia* spp., but soft ticks (Argasidae) are thought to play a significant role for colonial ground-nesting birds (Peirce, 2000). Hard ticks, particularly *Ixodes uriae*, are the most probable vectors of *B. peircei* to African penguins (Earlé *et al.* 1993; Peirce, 2000), but the soft tick *Carios capensis* has also been speculated to play a role in the transmission (Brossy *et al.* 1999). The hard tick *Ixodes kohlsi* may play a key role in the transmission to little penguins at New South Wales, Australia (Cunningham *et al.* 1993), and both soft and hard ticks were observed on *Babesia*infected little penguins in Tasmania, Australia (Vanstreels *et al.* 2015*b*).

#### Geographic distribution

Babesia peircei was documented infecting penguins in Namibia (Ichaboe Island), South Africa (Western Cape and Eastern Cape) and Babesia sp. infects penguins in Australia (New South Wales, Victoria and Tasmania) (Cunningham *et al.* 1993; Earlé *et al.* 1993; Vanstreels *et al.* 2015*b*; Parsons *et al.* in preparation). Seabird ticks, both soft and hard, are broadly distributed around the world, overlapping with the distribution of penguins in numerous sub-Antarctic islands, Peru, Chile, Argentina, New Zealand, Antarctic Peninsula and at some locations in the Antarctic mainland (Fig. 3A); the occurrence of *Babesia* sp. in penguins at these locations is therefore plausible.

## Epidemiology and pathology

Babesia sp. infects 1.6 to 4.8% (blood smears; Cunningham et al. 1993) and 2.7% (blood smears; Vanstreels et al. 2015b) of wild little penguins in southeastern Australia. B. peircei is endemic at low prevalence in wild African penguins in Namibia and South Africa (blood smears: 1–4%) (Brossy, 1992; Parsons et al. in preparation), whereas a higher prevalence (blood smears: 11–15%) was observed in African penguins undergoing rehabilitation (Brossy, 1992). Because it is not known whether penguin-infecting Babesia sp. and B. poelea are the same species or not, it is not clear if other seabirds can serve as reservoirs of infections for penguins and vice-versa.

The clinical and pathological effects of *Babesia* spp. infections are not clear. Infected little penguins can present mild regenerative anemia, but did not show any evident signs of illness (Cunningham *et al.* 1993; Sergent *et al.* 2004). Brossy *et al.* (1999) considered that *B. peircei* 'does not cause overt clinical symptoms except under stress or in association with other debilitating diseases'. On the other hand, Parsons *et al.* (in preparation) found that *B. peircei*-infected wild African penguins had signs of regenerative response of the erythrocytic lineage and haematological indications of active inflammatory response and hepatic function impairment.

Furthermore, approximately 50% of *Borrelia*infected African penguins undergoing rehabilitation in South Africa are also co-infected with *B. peircei* (Yabsley *et al.* 2012), which could reflect: (a) transmission by a shared invertebrate host; (b) *Babesia* sp. infections predispose penguins or ticks to *Borrelia* sp. infections or vice versa; or (c) the poor health and immune status of penguins in rehabilitation predispose them to both of these pathogens.

## Serological studies

The indirect ELISA designed for *Plasmodium* by Graczyk *et al.* (1993, 1994*b*) was adapted to test penguins for antibodies against *Babesia* sp., and showed that 18–22% of wild African penguins in South Africa were seropositive (47% in oiled birds) (Graczyk *et al.* 1996). However, the limitations and concerns raised regarding the use of this assay to test for *Plasmodium* sp. may also apply to its application for *Babesia* sp.

### Implications for public health and conservation

There is no evidence to indicate that avian-infecting *Babesia* spp. can infect humans (Peirce, 2000). There

is evidence that *Babesia* sp. infections significantly affect the health of penguins (Cunningham *et al.* 1993; Parsons *et al.* in preparation), which is concerning because this pathogen is not uncommon in African penguins, an endangered species whose population has been steadily decreasing (Crawford *et al.* 2011; IUCN, 2015). Epidemiological and pathological studies of *Babesia* sp., particularly in African penguins, will therefore be important to clarify its potential conservation impacts.

## TRYPANOSOMA (TRYPANOSOMIASIS)

Trypanosoma spp. (Kinetoplastida: Trypanosomatidae) parasitize all tetrapod classes. Avian-infecting trypanosomatids are considered part of the 'Trypanosoma avium complex', for which more than 100 species have been described with arguable validity (Molyneux, 1977; Haag et al. 1998; Sehgal et al. 2001; Votypka et al. 2002; Hamilton et al. 2004; Zídková et al. 2012). These parasites remain free in the avian blood in the form of trypomastigotes, which have a characteristic elongated shape with flagella, a kinetoplasm and an undulating membrane. Trypomastigotes can concentrate in blood vessels of lymphoid tissues and in the bone marrow, however in birds the asexual multiplication probably does not occur in those tissues nor in the myocardium (Diamond and Herman, 1954; Baker, 1956; Baker and Bird, 1968).

## Species recorded in penguins

Only one species, *Trypanosoma eudyptulae*, has been reported in penguins (Jones and Woehler, 1989). This parasite has not been reported in other avian hosts.

#### Distribution among penguin hosts

*Trypanosoma* sp. has only been reported in wild little penguins (Jones and Woehler, 1989).

## Invertebrate hosts

There is no information regarding which invertebrates are involved in the transmission of *T. eudyptulae*. Black flies (*Metacnephia lyra*, *Simulium* spp. and *Prosimulium decemarticulatum*), mosquitoes (*Aedes aegypti*), louse flies (*Ornithomya avicularia*) and mites (*Dermanyssus gallinae*) have been found to be competent hosts of other avian trypanosomes (Molyneux, 1977; Reeves *et al.* 2007). Of those, *A. aegypti* is absent in Tasmania (Kearney *et al.* 2009), whereas *Dermanyssus* spp. (including *D. gallinae*) and *Ornithomya* spp. (including *O. avicularia*) are present (Domrow, 1979; ALA, 2014). Furthermore, other species of black flies (*Austrosimulium* spp. and *Cnephia* spp.) also occur in Tasmania (Dumbleton, 1963) and could be plausible hosts.

#### Geographic distribution

*Trypanosoma eudyptulae* was originally described at a little penguin colony on Marion Bay in Tasmania, Australia (Fig. 3C) (Jones and Woehler, 1989). However, that colony was destroyed during a fire in 1994 and has not been recolonized since (Stevenson and Woehler, 2007; E. J. Woehler, personal communication). Recent efforts to detect this parasite in breeding colonies near Marion Bay have failed (Vanstreels *et al.* 2015*b*). Because this parasite's invertebrate hosts remain unknown, it is difficult to speculate on its potential distribution.

## Epidemiology and pathology

Despite having been observed with a relatively high prevalence (blood smears: 15.8%), *T. eudyptulae* was present only with low parasitaemia (often only one parasite per blood smear) (Jones and Woehler, 1989), which suggests chronic infection. Infected penguins presented no external signs of illness.

It is worth noting that Jones and Woehler (1989) obtained blood samples by superficially scraping the skin near the brachial vein on the flipper with razorblades then collecting a drop of blood with a capillary tube or glass slide (E. J. Woehler, personal communication). This method would result in the collection of blood from capillary vessels, as opposed to blood from larger vessels as is obtained through venipuncture. This may be relevant because it has been shown that mammal-infecting trypanosomes tend to concentrate in capillaries rather than larger blood vessels (Hornby and Bailey, 1931; Banks, 1978). It is unclear whether or not avian trypanosomes behave similarly (Holmstad et al. 2003), but there is evidence to suggest that these parasites concentrate in the bone marrow of birds rather than in their circulating blood (Diamond and Herman, 1954). For these reasons, it is possible that studies using blood smears from samples collected by venipuncture may have systematically underestimated the occurrence of trypanosomatids in penguins. Molecular methods could also enhance the detection of these parasites in the future (see Sehgal *et al.* 2001).

## Implications for public health and conservation

There is no evidence to indicate that avian-infecting *Trypanosoma* spp. can infect humans (Molyneux, 1977). Avian trypanosome infections are not usually regarded as pathogenic, but in some circumstances these parasites may have mild health impacts (Molyneux *et al.* 1983; Merino *et al.* 1996; Sehgal *et al.* 2001). Because of how little is known about *T. eudyptulae*, it is difficult to evaluate the impacts it could have on the conservation of little penguins, if any.

## BORRELIA (LYME DISEASE, RELAPSING FEVER, ANIMAL SPIROCHETOSIS)

The bacteria of the genus Borrelia (Spirochaetales: Spirochaetaceae) are classified in three groups: Lyme disease Borrelia (LDB), relapsing fever Borrelia (RFB) and animal spirochetosis Borrelia (ASB) (Olsén, 2007). LDB are often referred to as 'Borrelia burgdorferi sensu lato', a group that comprises 10 species and numerous unidentified strains, of which Borrelia garinii is particularly relevant for seabirds (Olsén et al. 1995a, b; Olsén, 2007). There are 18 species in the RFB group, of which Borrelia hermsii, Borrelia parkeri, Borrelia recurrentis and Borrelia turicatae are considered most relevant (McDowell et al. 2003; Cutler, 2006). Three species are associated with ASB, of which only Borrelia anserina infects birds (Barbour and Hayes, 1986; McDowell et al. 2003; Olsén, 2007). Borrelia spp. are present in the blood in the form of small extracellular helical filiform structures, typically 9-30 µm long and  $0.2-0.5 \,\mu\text{m}$  wide (Fig. 1); there is no invasion of cells of the blood or other tissues (Barbour and Hayes, 1986; Olsén, 2007).

## Species recorded in penguins

Borrelia sp. strains detected in king penguins had a restriction fragment length polymorphism profile identical to that of *B. garinii*, and are therefore thought to belong to the LDB group (Schramm *et al.* 2014). On the other hand, the strains identified in African penguins are phylogenetically most related to *B. parkeri* and *B. turicatae*, both of which are classified as RFB (Yabsley *et al.* 2012). Coles (1941) observed spirochetes in the blood smear of a wild African penguin chick at Dassen Island, and discarded them from being *B. anserina*; considering that RFB were later found to infect African penguins at that region (Yabsley *et al.* 2012), it is reasonable to assume these corresponded to similar strains.

## Distribution among penguin hosts

RFB has been documented in African penguins in the wild (Coles, 1941; Parsons *et al.* in preparation) and undergoing rehabilitation (Yabsley *et al.* 2012; Parsons *et al.* in preparation). LDB was recorded in wild king penguins (Schramm *et al.* 2014); it is reasonable to presume that Gentoo, Macaroni and Southern rockhopper penguins breeding near king penguins at Crozet Archipelago (IUCN, 2015) are also exposed to LDB.

## Vectors

With the exception of *B. recurrentis*, which is transmitted to humans by lice, all *Borrelia* spp. are transmitted by ticks. LDB are transmitted by hard ticks *Ixodes* spp., RFB are transmitted by soft ticks *Carios* (=*Ornithodoros*) spp., and *B. anserina* is transmitted by soft ticks *Argas* spp. (Barbour and Hayes, 1986; Olsén, 2007; Elbir *et al.* 2013). Additionally, *B. anserina* can be transmitted through the ingestion or inoculation of faeces, fluids, and tissues (Olsén, 2007).

Soft ticks, particularly *C. capensis*, are commonly found on wild African penguins (Clarke and Kerry, 1993), and are likely responsible for the transmission of RFB to those birds (Yabsley *et al.* 2012). On the other hand, the hard ticks *Ixodes kerguelensis* and *I. uriae* are abundant in sub-Antarctic islands and are through to play a key role in the transmission of LDB to king penguins (Olsén *et al.* 1995b; Gauthier-Clerc *et al.* 1999; Schramm *et al.* 2014).

## Geographic distribution

RFB infects penguins in South Africa (Cape Town, Dassen Island) (Coles, 1941; Yabsley et al. 2012; Parsons *et al.* in preparation), and LDB is present in king penguins at Crozet Archipelago (Possession Island) (Olsén et al. 1995b; Schramm et al. 2014). The distribution of *Ixodes* spp. overlaps with penguin breeding habitat in Southern South America, Antarctic Peninsula, South Africa, Australia, New Zealand and at a number of sub-Antarctic islands (Fig. 3B), and LDB strains are broadly distributed in seabirds at a number of these locations (Olsén et al. 1995b; Olsén, 2007). Similarly, the distribution of *Carios* spp. overlaps with breeding colonies of penguins in the Galapagos Archipelago, Peru, Tristan da Cunha Archipelago, South Africa, Amsterdam and Saint-Paul Islands, Southeastern Australia, New Zealand and Chatham Islands (Fig. 3B).

## Epidemiology and pathology

RFB occurs at low prevalence (blood smears: 0.9-1.1%) in African penguins undergoing rehabilitation (Yabsley *et al.* 2012; Parsons *et al.* in preparation); infection is more frequent in chicks (3.6%) than in juveniles (0.83%) and adults (0.14%). As previously discussed, approximately 50% of RFB-infected African penguins undergoing rehabilitation in South Africa are co-infected by *B. peircei* (Yabsley *et al.* 2012).

In only one RFB-infected African penguin studied by Yabsley *et al.* (2012) death was considered to result from *Borrelia* infection; that penguin presented signs of neurological disease (unsteady gait, circling, torticollis) and died after four days. On post-mortem examination, splenomegaly and hepatomegaly were noted and histological findings were consistent with relapsing fever: splenic reticuloendothelial hyperplasia with haemosiderosis, lung congestion, and lymphocytic meningoencephalitis. On the other hand, LDB are generally considered non-pathogenic to seabirds (Olsén *et al.* 1995*a*, *b*; Olsén, 2007), and no external signs of illness were observed in LDB-infected king penguins (Schramm *et al.* 2014).

## Serological studies

Gauthier-Clerc *et al.* (1999) tested king penguins with a passive haemagglutination commercial kit developed to detect human antibodies against LDB. No additional studies have employed this serological assay to test other penguin species, and it is unknown whether the assay cross-reacts with other *Borrelia* spp. or other spirochetes (see Magnarelli *et al.* 1987).

#### Implications for public health and conservation

Relapsing fever is a relevant disease for humans worldwide, including in South Africa, but it is presently unknown whether the RFB strains that infect African penguins could be the same involved in any of the few human cases recorded in South Africa (Yabsley et al. 2012; Elbir et al. 2013). Similarly, Lyme disease is relevant for humans, and seabirds are thought to play a role in the maintenance and transmission of LDB to humans and other mammals, especially at high latitudes (Olsén et al. 1995b). It seems probable that domestic and synanthropic animals play a much more significant role than penguins in transmitting this infection to humans (Gauthier-Clerc et al. 1999; Yabsley et al. 2012), however it is plausible that humans entering penguin colonies for research, tourism or guano/egg exploitation, or handling these birds in rehabilitation centers could be at risk of exposure to RFB or LDB.

LDB are generally non-pathogenic to seabirds (Olsén, 2007) and therefore are unlikely to be a conservation threat to penguins. On the other hand, RFB have been reported to cause mortality of an African penguin (Yabsley *et al.* 2012), an endangered species (IUCN, 2015); studies on the epidemiology and pathology of this pathogen in African penguins could therefore help clarifying its conservation significance.

## NEMATODE MICROFILARIAE (FILARIASIS)

Microfilariae are early life stages of onchocercid nematodes (Filarioidea: Onchocercidae) that may occasionally be present in the blood. There are 17 genera of Onchocercidae known to infect birds, totaling over 160 species, of which only *Dirofilaria immitis* and *Pelecitus* spp. can also infect non-avian hosts (Sano *et al.* 2005; Bartlett, 2008). In the avian blood, microfilariae are extracellular densely stained linear structures, typically 100–250 µm long and 5–10 µm wide (Fig. 1). Adult worms can be present at a broad variety of organs and tissues such as the skin, subcutaneous connective tissue, air sacs, heart and coelomic cavity (Friend and Franson, 1999; Anderson, 2000; Bartlett, 2008).

## Species recorded in penguins

Phylogenetic analysis of microfilariae from the blood of Galapagos penguins revealed this is the same species as the one present in the blood of flightless cormorants (*Phalacrocorax harrisi*) at the Galapagos Archipelago. This parasite was closely related to mammalian-infecting Onchocercidae, but could not be conclusively identified (Merkel *et al.* 2007).

There are other instances in which Onchocercidae have been reported infecting penguins: adult *Paronchocerca straeleni* in the heart of a captive Galapagos penguin in the USA (Chabaud and Ball, 1964; Bartlett and Anderson, 1986), adult *D. immitis* in the heart of a captive Humboldt penguin in Japan (Sano *et al.* 2005), and multiple unidentified microfilariae in the eyelid skin of a Magellanic penguin undergoing rehabilitation in Brazil (Vanstreels *et al.* 2015*a*). In these cases, even though microfilariae were not observed in blood smears, they could have been present in the blood stream at some stage of the infection.

## Distribution among penguin hosts

Microfilariae have only been observed in wild Galapagos penguins (Harmon *et al.* 1985; Merkel *et al.* 2007). However, other life stages of onchocercid worms have been documented in captive Galapagos and Humboldt penguins (Chabaud and Ball, 1964; Sano *et al.* 2005) and in a Magellanic penguin undergoing rehabilitation (Vanstreels *et al.* 2015*a*).

#### Vectors

The following insects have been incriminated in the transmission of avian-infecting onchocercids: biting midges (*Culicoides* spp.), chewing lice (*Austromenopon* spp., *Pseudomenopon pilosum*, *Trinoton anserinum*), mosquitoes (*Aedes taeniorhynchus*, *Armigeres subalbatus*, *Culex* spp., *Mansonia crassipes*), and black flies (*Simulium* spp.) (Anderson, 2000; Bartlett, 2008; Manrique-Saide *et al.* 2008). Ecological modelling suggests that *Aedes taeniorhynchus* is the most probable vector of microfilariae to Galapagos penguins (Siers *et al.* 2010; Bataille *et al.* 2012); this is corroborated by the detection of DNA from nematodes in blood meals of *Aedes taeniorhynchus* (Bataille *et al.* 2012).

## Geographic distribution

Microfilariae were documented in the blood of penguins at the Galapagos Archipelago (Fernandina and Isabela Islands) (Harmon *et al.* 1985; Merkel *et al.* 2007). However *Aedes taeniorhynchus*, its most probable vector, is distributed in salt marshes along the tropical and temperate coast of the Americas, including Peru, and could transmit onchocercid worms to wild and captive penguins in the region (Fig. 3C). Adult Onchocercidae have been reported infecting captive penguins in the USA (Chabaud and Ball, 1964) and Japan (Sano *et al.* 2005), and microfilariae were reported in the skin of penguins undergoing rehabilitation in southern Brazil (Vanstreels *et al.* 2015*a*).

## Epidemiology and pathology

Local prevalence of microfilariae in Galapagos penguins ranges from 5.3 to 50% among locations (blood smears) (Merkel *et al.* 2007; Siers *et al.* 2010). Infection rate was higher in males than in females and was positively correlated to ambient temperature, precipitation and dry-season vegetation, whilst being negatively correlated to elevation and slope (Siers *et al.* 2010). The parasite often occurred with higher prevalence in sympatric flightless cormorants, suggesting this species might act as a reservoir of infection for penguins (Merkel *et al.* 2007). Infection rate of *Aedes taeniorhynchus* at these sites was relatively low (0.15%) (Manrique-Saide *et al.* 2008; Bataille *et al.* 2012).

Parasitaemia varied greatly among individuals, ranging from 0.04 to 12 parasites per low magnification microscope field ( $10 \times$  objective lens) (Merkel *et al.* 2007). With few exceptions in which they cause vasculitis, microfilariae are seldom pathogenic *per se*, and the most significant health implications tend to derive from the adult parasites (Bartlett, 2008). Because the infection site of the adult onchocercids recorded in Galapagos penguins is unknown, it is not currently possible to evaluate the health implications of these infections.

## Implications for public health and conservation

The microfilariae detected in Galapagos penguins remain unidentified, but it seems unlikely that it could infect humans since the only onchocercid worm to infect both birds and humans is *D*. *immitis* (Bartlett, 2008), which produces pulmonary disease in the latter (Simón *et al.* 2005). However, it seems unlikely that penguins play a significant role as reservoirs of infection to humans, considering there is only one documented case of this parasite in a penguin, which is also the only known case of *D*. *immitis* in a bird (Sano *et al.* 2005). Considering the high prevalence and parasitaemia with which microfilariae were observed in Galapagos penguins, an endangered species (IUCN, 2015), studies to determine the identity, adult infection site and health effects of these worms are urgent to determine their relevance as a conservation threat.

#### CONCLUDING REMARKS

Blood parasites are frequently studied through the examination of blood smears, which does not require an *a priori* decision on the parasites to be searched for. As a result, the fact that there is a much greater number of studies reporting some parasites but not others - for example, there are more than 50 studies reporting *Plasmodium* sp. but only one report of Trypanosoma sp. - suggests an actual difference in how common or widely distributed these parasites are. However, it is also possible that blood smears or blood collection methods perform differently for the detection of different parasite taxa, especially if some parasites tend to produce more acute infections than others or are distributed unevenly in the host's blood vessels (Holmstad et al. 2003; Valkiūnas, 2005; Garamszegi, 2010). Furthermore, sampling effort is not evenly distributed worldwide, and this review identifies a number of geographic areas in which future studies could identify blood parasites in wild and captive penguins (see Figs 2 and 3).

Among the blood parasites of penguins, Plasmodium sp. and Leucocytozoon sp. stand out as the most relevant for conservation, as both have been documented to cause the death of penguins in captivity and/or in the wild. However, other parasites such as Babesia sp., RFB and nematode microfilariae could also produce more subtle yet still significant impacts on the health and fitness of wild penguins. It is concerning that these parasites are known to infect wild populations of the three most endangered penguin species: Galapagos, vellow-eyed and African penguins. Considering that climate change is already changing the distribution and epidemiology of avian blood parasites (Garamszegi, 2011), the perspective of increased morbidity and mortality of these endangered penguins is troubling.

It is therefore clear that studies on the diagnosis, ecology, epidemiology and pathology of blood parasites of penguins will be valuable not only in furthering the advancement of parasitological science, but will also be important components of efforts for the conservation of these birds and their environments, especially in tropical and temperate regions.

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## APPENDIX 1

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|-----------|-----------|---------|-----|-------|-----------|-----|-----------|
| Table A1. | I UDHSHEU | TECOTUS | UI. | DIOOU | Dalasites |     | DELIVITIN |
|           |           |         |     |       |           |     |           |

| Host, context, location and period of sample collection   | Parasite   | References  |
|---|--|---|
| King penguin (Aptenodytes patagonicus)  |  |   |
| C – London, England (1926)  | P. relictum  | Scott (1927), Fantham and Porter (1944)                   |
| C – London, England (1947)  | P. relictum  | Rewell (1948)   |
| C – San Diego, California, USA (1965)   | P. relictum  | Griner and Sheridan (1967)                                |
| C – Praetoria, South Africa (1992)  | P. relictum  | Penrith et al. (1994)                                     |
| C – Bristol, England (year unknown)   | Plasmodium sp.   | Redrobe (2000)  |
| W - Possession Is., Crozet (year unknown)   | Borrelia sp. (LDB)                                     | Schramm et al. (2014)                                     |
| Southern rockhopper penguin (Eudyptes chrysocome)   |  |   |
| C – Baltimore, Maryland, USA (1972–1976)  | Plasmodium sp.   | Sladen et al. (1979)                                      |
| C – Vienna, Austria (2000–2008)   | Plasmodium sp.   | Dinhopl et al. (2011)                                     |
| Northern rockhopper penguin ( <i>Eudyptes moseleyi</i> )  |  |   |
| W – Gough Island, South Atlantic (year unknown)   | P. relictum  | Fantham and Porter (1944)                                 |
| Rockhopper penguin (E. chrysocome or E. moseleyi)   |  | $\mathbf{D} = (1, 1, (10, 0))$                            |
| C – Berlin, Germany (1957–1958)   | Plasmodium sp.   | Raethel $(1960)$  |
| C – Honolulu, Hawaii (year unknown)   | P. relictum  | Laird and Van Riper (1981)                                |
| Macaroni penguin ( <i>Eudyptes chrysolophus</i> )   |  |   |
| C – Washington, DC, USA (1969)  | P. elongatum   | Herman <i>et al.</i> $(1974)$                             |
| C – Bristol, England (year unknown)   | Plasmodium sp.   | Redrobe (2000)  |
| C – Unknown location, England (1999)  | Plasmodium sp.   | Gough <i>et al.</i> $(2002)$                              |
| C – Unknown location, England (2005)  | Plasmodium sp.   | Peirce et al. $(2005)$                                    |
| C – Unknown location, England (2005)  | L. tawaki  | Peirce <i>et al</i> . (2005)                              |
| Fiordland penguin ( <i>Eudyptes pachyrhynchus</i> )   | I town-bi  | $\mathbf{E}_{\mathbf{I}}$                                 |
| W – Kaikoura, South Is., New Zealand (1975)   | L. tawaki  | Fallis et al. $(1976)$                                    |
| W – Jackson Head, South Is., New Zealand (1975–1977)  | L. tawaki  | Fallis et al. $(1976)$                                    |
| W – Jackson Head, South Is., New Zealand (1976–1977)  | L. tawaki<br>Leucocytozoon sp.,                        | Allison <i>et al.</i> $(1978)$                            |
| R – Auckland, North Is., New Zealand (2007)   | Undetermined <sup>a</sup>                              | Harvey and Alley (2008), Hill (2008)                      |
| Snares penguin (Eudyptes robustus)  |  |   |
| W - Snares Is., New Zealand (1947)  | P. relictum  | Laird (1950)  |
| Little penguin (Eudyptula minor)  |  |   |
| C – San Diego, California, USA (1965)   | P. relictum  | Griner and Sheridan (1967)                                |
| E – Jackson Head, South Is., New Zealand (1977)   | L. tawaki  | Allison <i>et al.</i> (1978)                              |
| W – Marion Bay and Little Spectacle Is., Australia (1986)                                       | T. eudyptulae  | Jones and Woehler (1989)                                  |
| W – Unknown location, New South Wales,<br>Australia (1990)                                      | Babesia sp.  | Cunningham et al. (1993)                                  |
| W – Lion and Bowen Is., Australia (1991–1992)   | Babesia sp.  | Cunningham et al. (1993), Sergent                         |
|   | * b  | <i>et al.</i> (2004)                                      |
| C – Auckland, North Is., New Zealand (2005)   | Leucocytozoon sp. <sup>b</sup>                         | Varney (2006), Harvey and Alley (2008)                    |
| W - Tiritiri Matangi Is., New Zealand (2006-2007)   | P. relictum  | van Rensburg (2010)                                       |
| W – Tiritiri Matangi Is., New Zealand (2006–2007)<br>W – Multiple locations, Western Australia, | Undetermined <sup>a</sup><br>Undetermined <sup>c</sup> | van Rensburg (2010)<br>Cannell <i>et al.</i> (2013, 2014) |
| Australia (2006–2012)   |  | Cannen <i>et al.</i> (2013, 2014)                         |
| W – Althorpe, Granite, Kangaroo and Troubridge,<br>Australia (2013)                             | Undetermined <sup>d</sup>                              | Colombelli-Negrél and Kleindorfer (2014)                  |
| W – Cabbage Tree Is., Australia (2012–2013)   | <i>Babesia</i> sp.                                     | Vanstreels <i>et al.</i> $(2015b)$                        |
| W – Phillip Is., Australia (2012–2013)  | Babesia sp.  | Vanstreels <i>et al.</i> $(2015b)$                        |
| W – Maria and Bruny Is., Australia (2012–2013)  | Babesia sp.  | Vanstreels <i>et al.</i> (2015 <i>b</i> )                 |
| Yellow-eyed penguin (Megadyptes antipodes)  |  |   |
| W – Fouveaux Strait, New Zealand (1929)   | P. relictum  | Fantham and Porter (1944)                                 |
| W – Campbell Is., New Zealand (1948)  | P. relictum  | Laird (1950)  |
| W – Otago Peninsula, South Is., New Zealand   | Undetermined <sup>e</sup>                              | McDonald (2012)   |
| (1997–1999)<br>W – Codfish and Stewart Is., New Zealand (2005–2008)                             | L (Leucocytozoon) sp.                                  | Alley et al. (2004), Harvey and Alley (2008).             |
| m – Coursi and Stewart 18., New Zealand (2005–2008)   | ь ( <i>Leucocycozoon</i> ) sp.                         | Hill (2008), King <i>et al.</i> (2012)                    |
| W - Stewart Is., New Zealand (2006-2007)  | L (Leucocytozoon) sp.                                  | Hill et al. (2010)  |
| W – Multiple locations, South Is., New Zealand (2008)   | L (Leucocytozoon) sp.                                  | Argilla et al. (2013)                                     |
| W - Campbell Is., New Zealand (2006-2009)   | L (Leucocytozoon) sp.                                  | Argilla et al. (2013)                                     |
| W-Enderby Is., New Zealand (2006-2009)  | L (Leucocytozoon) sp.                                  | Argilla et al. (2013)                                     |
| Chinstrap penguin (Pygoscelis antarcticus)  |  |   |
| C – Antwerp, Belgium (1952)   | P. relictum  | Rodhain and Andrianne (1952)                              |
|   |  |   |

## Table A1. (Cont.)

| Host, context, location and period of sample collection                                      | Parasite   | References   |
|--|--|--|
| Gentoo penguin (Pygoscelis papua)  |  |  |
| C – San Diego, California, USA (1965)  | P. relictum  | Griner and Sheridan (1967)   |
| C - Bristol, England (year unknown)  | Plasmodium sp.   | Redrobe (2000)   |
| frican penguin (Spheniscus demersus)   |  |  |
| C – Antwerp, Belgium (1936)  | P. relictum  | Rodhain (1939), Rodhain and<br>Andrianne (1952)  |
| W – Saldanha Bay, South Africa (1927–1929)   | P. relictum  | Fantham and Porter (1944)  |
| W – Dassen Is., South Africa (1938)  | Babesia sp., Borrelia sp. <sup>b</sup>                                 | Coles (1941), Bennett <i>et al.</i> (1992)   |
| C – Vienna, Austria (1958–1962)  | P. relictum  | Grünberg and Kutzer (1963)   |
| C – San Diego, California, USA (1965)  | P. relictum  | Griner and Sheridan (1967)   |
| C – Baltimore, Maryland, USA (1967–1996)   | P. relictum, P. elongatum  | Fleischman <i>et al.</i> (1968 <i>a</i> , <i>b</i> ), Herman <i>et a</i> . (1968), Sladen <i>et al.</i> (1979), Stoskopf an Beier (1979), Beier and Stoskopf (1980), Beier and Trpis (1981), Cranfield <i>et al.</i> (1994), Graczyk <i>et al.</i> (1994 <i>a</i> , <i>b</i> , 1995 <i>a</i> ), McConkey <i>et al.</i> (1996), Grim <i>et al.</i> (200 |
| C - Yongin, South Korea (1983)   | P. relictum  | Bak et al. (1984)  |
| R – Cape Town, South Africa (1990)   | B. peircei   | Brossy (1992), Earlé et al. (1993)   |
| R - Cape Town, South Africa (1991)   | L. tawaki  | Earlé et al. (1992)  |
| W – Multiple locations, South Africa (1992–1999)   | Babesia sp.  | Brossy (1993), Brossy et al. (1999)  |
| R – Cape Town, South Africa (1992–1999)  | P. relictum  | Brossy et al. (1999)   |
| R – Cape Town, South Africa (unknown year)   | Plasmodium sp.   | Grim <i>et al.</i> $(2003)$  |
| C – Unknown location, England (1999)   | Plasmodium sp.   | Gough <i>et al.</i> $(2002)$   |
| R – Dassen and Robben Is., South Africa (2004)<br>R – Stony Point, South Africa (2004)       | Plasmodium sp.<br>Plasmodium sp.                                       | Thiart (2005)<br>Thiart (2005)   |
| R – Cape Town, South Africa (2004)   | Plasmodium sp.   | Botes (2004), Thiart (2005), Parsons an<br>Underhill (2005)  |
| R - Cape Town, South Africa (2006-2007)  | Plasmodium sp.   | Sherley et al. $(2014)$  |
| C – Baltimore, Maryland, USA (unknown year)  | P. elongatum <sup>b</sup>  | Beadell and Fleischer (2005)   |
| U – Unknown location, South Africa (unknown year)<br>R – Cape Town, South Africa (2002–2013) | Plasmodium sp. <sup>b</sup><br>Babesia sp., Borrelia sp. (RFB)         | Beadell <i>et al.</i> (2006)<br>Yabsley <i>et al.</i> (2012), Parsons <i>et al.</i>  |
| W – Ichaboe Is., Namibia (2009)  | Babesia sp.  | (in preparation)<br>Parsons <i>et al</i> . (in preparation)  |
| W – Dassen, Robben and Dyer Is., South Africa<br>(2010–2012)                                 | Babesia sp.<br>Babesia sp.   | Parsons <i>et al.</i> (in preparation)   |
| W – Bird Is., South Africa (2012)  | <i>Babesia</i> sp.   | Parsons et al. (in preparation)  |
| C – La Palmyre, France (2013–2014)   | Plasmodium sp.   | LeClerc et al. (2014), Grilo (2014)  |
| C – Hilvarenbeek, Netherlands (2013–2014)  | Plasmodium sp.   | Grilo (2014)   |
| C – Basel, Switzerland (2013–2014)<br>C – West Jerusalem (2013–2014)                         | P. relictum<br>Plasmodium sp.  | Cereghetti <i>et al.</i> (2012), Grilo (2014)<br>Grilo (2014)  |
| •  | 1 tasmoatum sp.  | 01110 (2014)   |
| Humboldt penguin ( <i>Spheniscus humboldti</i> )<br>C – Antwerp, Belgium (1938)              | P. relictum  | Rodhain (1939), Rodhain and  |
| C – Antwerp, Beigium (1956)  | 1. renctum   | Andrianne (1952)   |
| C - Washington, DC, USA (1956)   | P. elongatum, P. (Haemamoeba)  |  |
| C – Vienna, Austria (1958–1962)  | sp.<br>Plasmodium sp.  | Grünberg and Kutzer (1963)   |
| C = Vienna, Austria (1938–1962)<br>C = San Diego, California, USA (1965)                     | P. relictum  | Griner and Sheridan (1967)   |
| C – Kanagawa, Japan (year unknown)   | Plasmodium sp.   | Yoshio <i>et al.</i> (2006), Ejiri <i>et al.</i> (2009)  |
| C - Vienna, Austria (2000–2008)  | Plasmodium sp.   | Dinhopl <i>et al.</i> (2011)   |
| W – Punta San Juan, Chile (2010–2013)  | Haemoproteus   | Sallaberry-Pincheira et al. (2015)   |
| • , 、 , ,  | (Parahaemoproteus) sp. <sup>b</sup>                                    | •  |
| C – Valencia, Spain (2013–2014)  | Plasmodium sp.   | Grilo (2014)   |
| Magellanic penguin (Spheniscus magellanicus)   |  |  |
| C - Des Moines, Iowa, USA (1986)   | P. relictum  | Fix et al. (1988)  |
| C – San Francisco, California, USA (1997–2000)   | Plasmodium sp.   | Tollini et al. (2000)  |
| R – Salvador, Brazil (1999–2012)   | P. cathemerium, P. nucleophilum,<br>Plasmodium sp.                     | Vanstreels <i>et al.</i> $(2015a)$   |
| R – Rio de Janeiro, Brazil (1999–2012)<br>R – Rio Grande, Brazil (1999–2012)                 | Plasmodium sp.<br>P. nucleophilum, P. unalis,<br>Plasmodium sp.        | Vanstreels <i>et al.</i> (2015 <i>a</i> )<br>Cabana <i>et al.</i> (2014), Vanstreels <i>et al.</i><br>(2015 <i>a</i> )   |
| R – Cariacica, Brazil (1999–2013)  | P. cathemerium, P. elongatum   | Vanstreels <i>et al.</i> $(2015a)$   |
| C – Jeju Is., South Korea (2005)   | Plasmodium sp.   | Ko et al. (2008)   |
| C – São Paulo, Brazil (2007)   | P. elongatum, Plasmodium sp. <sup>b</sup>                              | Bueno et al. (2010)  |
| R – Valdívia, Chile (2009)   | P. relictum  | Carvajal and Alvarado (2009)   |
| R – Florianópolis, Brazil (2009–2013)  | P. cathemerium, P. elongatum,<br>Plasmodium tejerai,<br>Plasmodium sp. | Silveira <i>et al.</i> (2013), Vanstreels <i>et al.</i> (2014 <i>a</i> , 2015 <i>a</i> )   |
| R – Niterói, Brazil (2010)   | Plasmodium sp.   | Campos <i>et al.</i> (2014)  |
| R – Rio de Janeiro, Brazil (2010)  | Plasmodium sp.   | Campos <i>et al.</i> $(2014)$  |
| C – San Clemente del Tuyú, Argentina (2010)  | P. tejerai, P. (Novyella) sp.,   | Vanstreels et al. (in press)   |

Table A1. (Cont.)

| Host, context, location and period of sample collection                           | Parasite                  | References   |  |  |
|---|---------------------------|--|--|--|
| Galapagos penguin (Spheniscus mendiculus)   |                           |  |  |  |
| W – Unknown location, Galapagos (unknown year)                                    | Microfilariae             | Harmon et al. $(1985)$   |  |  |
| W – Fernandina and Isabela Is., Galapagos (2003–2005)                             | Microfilariae             | Parker et al. (2006), Merkel et al. (2007),<br>Siers et al. (2010) |  |  |
| W – Isabela Is., Galapagos (2003–2005)  | H. (Parahaemoproteus) sp. | Parker et al. (2006), Levin et al. (2009)                          |  |  |
| W – Isabela, Fernandina, Las Marielas and Bartolomé<br>Is., Galapagos (2003–2009) | Plasmodium sp.            | Parker <i>et al.</i> (2006), Levin <i>et al.</i> (2009, 2013)      |  |  |

Records were classified according to the context in which the diagnosis was established: W, penguins sampled in the wild; R, penguins undergoing rehabilitation; C, penguins captive in zoos; E, penguins infected under experimental conditions; U, samples obtained from penguins in unknown context.

*Notes* (see Appendix 2): <sup>a</sup> Small round intraerythrocytic inclusions were observed, which could be compatible with early life stages of *Babesia* sp., *Haemoproteus* sp., *Leucocytozoon* sp. or *Plasmodium* sp.

<sup>b</sup> Revised records, which had originally attributed to a different parasite species.

<sup>c</sup> Molecular and morphological evidence produced conflicting results.

<sup>d</sup> Morphological evidence inconclusive, not clear if structures observed were parasites or artefacts.

<sup>e</sup> Molecular testing for *Haemoproteus/Plasmodium* produced conflicting and inconclusive results.

### APPENDIX 2

Remarks On Revised, Inconclusive Or Questionable Records Of Blood Parasites In Penguins

#### Plasmodium

Laird (1950) reported to have examined 'E. pachyrhynchus (drooping-crested penguin) collected at the Snares Islands'; however this taxon was later revised and specimens breeding in the Snares Archipelago are currently considered a separate species, Eudyptes robustus (Oliver, 1953). Additionally, some records refer to rockhopper penguins as Eudyptes crestatus (Raethel, 1960; Sladen et al. 1979; Laird and Van Riper III, 1981), but because this taxon was later split into two species, Eudyptes chrysocome and Eudyptes moselevi (Jouventin et al. 2006), it is not always possible to determine to which species these records correspond. In the case of the Baltimore Zoo (Sladen et al. 1979), records indicate the penguins had been captured at the Falkland Islands (E. Brown, personal communication) and therefore were E. chrysocome. It should be noted that although Grilo (2014) did not list which penguin species had been positive at each zoo, this information was obtained through personal communication.

Early reports refer to *P. praecox* or *P. praecox relic*tum (Rodhain, 1939; Rodhain and Andrianne, 1952; Grünberg and Kutzer, 1963), which were later revised as synonyms of *P. relictum* (Valkiūnas, 2005). It is worth considering that in some reports the identification of *P. relictum* was based solely on the presence of large round gametocytes and absence of rod-shaped pigment granules and/or no photomicrographs or detailed morphological descriptions were provided (e.g. Rodhain, 1939; Raethel, 1960; Stoskopf and Beier, 1979; Fix *et al.* 1988). Because *P. relictum* is remarkably pleomorphic and many other species of the subgenus *Haemamoeba* share these general morphological characteristics (Laird and Van Riper, 1981; Valkiūnas, 2005), such records should be considered with caution. Records of *P. elongatum* are probably more reliable as this species has a number of unique morphological characteristics (see Valkiūnas, 2005).

Grim et al. (2003) reported P. (Bennettinia) juxtanucleare while examining African penguins undergoing rehabilitation at Cape Town, South Africa. However, the photomicrographs and morphological description of the parasites are not consistent, since the fully grown gametocytes of P. juxtanucleare should not exceed the size of the nuclei of infected erythrocytes (Valkiūnas, 2005). Genetically, the parasite was identified as P. juxtanucleare solely on the basis of highest sequence identity in BLAST search, a method that can be inadequate to identify avian haemosporidians (Valkiūnas et al. 2008; Vanstreels et al. 2014a). Because the gene sequences were not deposited in public databases, it is impossible to conduct further phylogenetic analyses that might contribute in establishing the identity of the parasite. It is therefore more judicious to attribute this record to Plasmodium sp. until further information is obtained.

The identity of some *Plasmodium* sp. lineages for which mitochondrial *cytochrome b* gene sequences are publicly available were later revised and found to correspond to different species. The lineage obtained by Beadell and Fleischer (2005) was revised as *P. elongatum* (Valkiūnas *et al.* 2008). The lineage obtained by Beadell *et al.* (2006) was revised as *Plasmodium* sp. (Vanstreels *et al.* 2015*a*). The lineages obtained by Bueno *et al.* (2010) were revised as *P. elongatum* and a lineage of *Plasmodium* sp. closely related to *P. lutzi* (Vanstreels *et al.* 2014*a*).

It is well established that *Leucocytozoon* spp. invade hepatocytes to form tissue meronts, whereas

*Plasmodium* spp. does not (Atkinson and Van Riper III, 1991; Valkiūnas, 2005). The preliminary records provided by Alley *et al.* (2004) and Varney (2006) regarding wild yellow-eyed penguins at Otago Peninsula (South Island, New Zealand) and captive little penguins at Auckland Zoo (North Island, New Zealand) are therefore more consistent with *Leucocytozoon* sp. than with *Plasmodium* sp. as originally attributed. There are unconfirmed reports of wild little penguin chicks suspected to have died from avian malaria at Tiritiri Matangi Island (van Rensburg, 2010).

Thiart (2005) found an unusually high PCR prevalence to *Plasmodium* sp. (88–94%) in wild African penguins that was not consistent with blood smear and serological results and with previous studies in the region (see Fantham and Porter, 1944; Brossy *et al.* 1999; Parsons and Underhill, 2005). Because the electrophoresis of amplification products showed multiple bands with inconsistent patterns that often did not match that of the positive control, non-specific annealing of PCR primers is likely to have occurred.

## Leucocytozoon

As previously discussed (see '*Plasmodium*'), the preliminary records provided by Alley *et al.* (2004) and Varney (2006) are more consistent with *Leucocytozoon* sp. than with *Plasmodium* sp. as originally attributed. Similarly, the wild little penguins studied by Cannell *et al.* (2013, 2014) at Western Australia may have been infected by *Leucocytozoon* sp. (see '*Haemoproteus*').

## Haemoproteus

Vanstreels et al. (2014a) reported Haemoproteus sp. infection in a Magellanic penguin, however later found this to have been a false-positive result due to a laboratory contamination (Vanstreels et al. 2014b). Sallaberry-Pincheira et al. (2015) found two different Haemoproteus sp. lineages in Humboldt penguins and considered that one belonged to the subgenus Haemoproteus and the other to the subgenus Parahaemoproteus. Closer inspection of the phylogenetic tree therein presented, however, reveals that both lineages cluster consistently with lineages of the subgenus Parahaemoproteus.

Cannell et al. (2013, 2014) reported Haemoproteus sp. as the cause of death of ten little penguins found dead on Penguin Island, Western Australia. However, they report that the parasites were present intracellularly in hepatocytes, which does not occur in Haemoproteus spp. infections (Valkiūnas, 2005); their histopathological findings are therefore most compatible with Leucocytozoon sp. The intraerythrocytic inclusion photographed in that study is compatible with either Babesia sp., Haemoproteus sp., Leucocytozoon sp. or Plasmodium sp., and therefore does not allow for conclusive morphological identification. Although the authors were able to obtain DNA sequences from Haemoproteus sp., several aspects of the molecular analyses of that study are concerning: (a) the nested PCR test had a high false negative rate (60%) and poor repeatability; (b) 35 thermal cycles were employed in the HaemNFI/HaemNR3 reaction instead of the 20 recommended in the original protocol (Hellgren et al. 2004), which could result in co-amplification of other parasites (see Cosgrove et al. 2006; Szöllősi et al. 2008); (c) no information was provided on the identity/sequence of the positive control, hence the possibility laboratory contamination, which is not uncommon (see van Rensburg, 2010; Vanstreels et al. 2014b), cannot be dismissed. As a result, the results reported by Cannell et al. (2013) should be interpreted judiciously, requiring further investigation to verify the identity of the parasite and the possibility of infection by Leucocytozoon sp.

## Babesia

The intracellular parasites observed by Coles (1941) were revised by Bennett *et al.* (1992) as corresponding to *Babesia* sp.

## Nematode microfilariae

The record of an unidentified filarioid worm in the heart of a little penguin at Kangaroo Island, Australia (Mawson *et al.* 1986), was later revised as belonging to the superfamily Ascaridoidea (Merkel *et al.* 2007), and therefore would not have produced circulating microfilariae.

#### Aegyptianella

Coles (1941) observed intraerythrocytic inclusions in the blood smear of a wild African penguin and speculated it to be Aegyptianella sp.; however, this record was later revised as Babesia sp. (Bennett et al. 1992). Gough et al. (2002) briefly mention Aegyptianella sp. infection in a captive penguin in England. However, the fact that avian malaria was confirmed through histopathology in the same bird suggests that the intraervthrocytic inclusions most likely corresponded to early life stages of *Plasmodium* sp., especially when it is considered that chloroquine treatment can lead Plasmodium sp. to develop abnormal shapes that may resemble Aegyptianella sp. (see Vanstreels et al. 2014a). We therefore consider there is not sufficient evidence to demonstrate that Aegyptianella sp. infects penguins.

## Undetermined or inconclusive records

It is possible that the cases of toxoplasmosis reported by Ratcliffe and Worth (1951) in captive Humboldt penguins actually corresponded to avian malaria, considering the unusual epidemiological and pathological characteristics of those cases and the morphological similarity between *Toxoplasma gondii* tachyzoites and *Plasmodium* spp. tissue meronts (see Fleischman *et al.* 1968*b*; Ploeg *et al.* 2011).

Round intraerythrocytic inclusions were reported in the blood smears of wild little penguins at Tiritiri Matangi Island (Cook Strait, New Zealand) (van Rensburg, 2010) and of a Fiordland penguin rescued at Muriwai beach and treated in Auckland (North Island, New Zealand) (Hill, 2008), and could be compatible with early life stages of *Babesia* sp., *Haemoproteus* sp., *Leucocytozoon* sp. or *Plasmodium* sp. McDonald (2012) did not observe parasites in blood smears of yellow-eyed penguins in South Island (New Zealand) however obtained conflicting results when employing different PCR and serological tests targeting *Plasmodium* sp., and it was ultimately not possible to determine whether these or other parasites were present or not. Colombelli-Negrél and Kleindorfer (2014) examined the blood smears of little penguins in South Australia and found structures they considered could correspond to *Plasmodium*, *Shellakia*, *Trypanosoma*, *Hepatozoon* or *Leucocytozoon*; upon closer inspection, however, the photomicrographs provided in that report are most compatible with staining artefacts (pseudoparasites).