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Review Article

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Author for correspondence: Pollyanna V. G. Silva, Email: pollyannavgomes@yahoo.com.br

Systematic review and meta-analysis on the role of mitochondrial cytochrome c oxidase in Alzheimer's disease

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Flavio M. Morais¹, Angela M. Ribeiro^{1,2}, Fabricio A. Moreira^{1,3} and Pollyanna V. G. Silva⁴

¹Graduate Program in Neurosciences, Institute of Biological Sciences, Universidade Federal de Minas Gerais, Belo Horizonte, Brazil; ²Department of Biochemistry and Immunology, Institute of Biological Sciences, Universidade Federal de Minas Gerais, Belo Horizonte, Brazil; ³Department of Pharmacology, Institute of Biological Sciences, Universidade Federal de Minas Gerais, Belo Horizonte, Brazil and ⁴Ministerio Público do Estado de Minas Gerais, Belo Horizonte, Brazil

Abstract

Objective: The present study was designed to test the hypothesis that there is a reduction in the activity of the enzyme cytochrome c oxidase (Cox) in Alzheimer's disease (AD). *Methods:* Systematic review of literature and meta-analysis were used with data obtained from the PubMed, Scopus, MEDLINE, Lilacs, Eric and Cochrane. The keywords were Alzheimer's AND Cox AND mitochondria; Alzheimer's AND Cox AND mitochondria; Alzheimer's AND complex IV AND mitochondria. A total of 1372 articles were found, 23 of them fitting the inclusion criteria. The data were assembled in an Excel spreadsheet and analysed using the RevMan software. A random effects model was adopted to the estimative of the effect. *Results:* The data shows a significant decrease in the activity of the Cox AD patients and animal models. *Conclusion:* Cox enzyme may be an important molecular component involved in the mechanisms underlying AD. Therefore, this enzyme may represent a possible new biomarker for the disease as a complementary diagnosis and a new treatment target for AD.

Summations

- There is a decrease in the activity of cytochrome c oxidase enzyme in the group affected by AD in all Cox quantification methods in the Alzheimer's animal model.
- In humans, Cox decreased with the pooled methods and this decrease was not statistically significant in the meta-analysis of the isolated spectrophotometry method.
- Cox enzyme should be investigated as a possible new biomarker for the disease, a possible treatment target or as another complementary diagnostic method.

Considerations

- Some of the main limitations are the lack of data of some articles, the authors did not answer the doubts of the e-mails referring to the missing data of the articles. Therefore, these studies had to be excluded.
- The diversity of the articles, units of measurement, methods of quantification of Cox activity as well as the outcomes observed resulted in high heterogeneity amongst studies.
- Thus, in this study, the priority is concentrated in the direction of the difference between the affected and unaffected groups, that is, in the decrease or not of Cox activity and not exactly in the size of this decrease.

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Introduction

Alzheimer's disease (AD) is the most common cause of dementia (Oms, 2017). It can be of two types: sporadic and familial. The first is the clinically predominant form, which tends to have a late onset and is not hereditary (Avetisyan *et al.*, 2016). The familial form is hereditary, has an early onset and is caused mainly by mutations in specific genes, namely the beta-amyloid precursor protein (APP) gene, the presenilin 1 (PS-1) and presenilin 2 (PS-2). These mutations alter the metabolism of APP, increasing the production and deposition of peptides, such as the beta-amyloid peptide (Aß-42) (Freitas *et al.*, 2013).

In AD patients, there is an accumulation of A β peptide in the mitochondria even before its extracellular deposition, resulting in increased oxidative stress by the production of reactive oxygen species (ROS) and inhibition of mitochondrial enzymes. As a result, there is a loss of organelle function and an impaired production of adenosine triphosphate (ATP) as well as damage to mitochondrial DNA (Gibson *et al.*, 1998; Readnower *et al.*, 2011). The impairment of mitochondrial functions such as cellular respiration and ATP production may contribute to damage in synaptic transmission and neuronal death, which are observed in AD and other neurodegenerative diseases (Cavallucci *et al.*, 2013).

The complex IV of the respiratory chain, also called cytochrome c oxidase (Cox), is a key enzyme mitochondrial enzyme involved in the processes of neuron energy production (Malmström, 1990). Cox consists of various subunits (Warburg & Negelein, 1929), which are encoded in mitochondrial DNA or as nuclear gene products (Pierron *et al.*, 2012; Kadenbach & Hüttemann, 2015). The Cox subunits catalyses the electron transfer reaction from cytochrome C to oxygen in the last step of the respiratory chain (Rak *et al.*, 2016). In mammals, the largest and evolutionarily conserved subunits are 1, 2 and 3. They form the catalytic nucleus of the enzyme and contain the heme and copper-oxide-reduction centres. The ADP/ATP-binding site is important for the allosteric regulation of enzyme activity, which modulates the bioenergetic state of the cell (Srinivasan & Avadhani, 2012).

Considering the major importance of Cox for proper cell functioning, reduction in the activity enzyme may lead to several pathological processes (Rak *et al.*, 2016), including low ATP production, increased formation of ROS in mitochondria and lactic acidosis (Srinivasan & Avadhani, 2012). Accordingly, several pathological conditions, including AD have been linked to Cox, with possible loss of enzyme subunits, defects in their assembly, inhibition enzyme activity and disassembly of the supercomplex (Paradies *et al.*, 1993; Sohal, 1993). A primary loss of the Cox may have effects on the organisation of the respiratory chain, causing the biochemical changes associated with AD (Diaz *et al.*, 2006; Saada *et al.*, 2012).

Aims of the study

The aim of the present study was to test the hypothesis that Cox activity reduction is associated with AD, applying the concepts and tools of systematic review and meta-analysis. The articles were separated into two categories according to the experimental subjects, namely in studies using humans and studies using experimental animals. We considered this distinction important since they use different approaches to investigate the biology of AD, as human studies are based on the natural progression of the disease, whereas studies with experimental animals employ specific interventions to model AD.

Materials and methods

Search strategy

The searching and exclusion criteria as well as the analytical protocols were established *a priori*, as presented in the specific session below. Next, we performed literature searches on the databases PubMed, Scopus, MEDLINE, Lilacs, Eric and Cochrane with the following combinations: Alzheimer's AND Cox AND mitochondria; Alzheimer's AND Cox AND mitochondria; Alzheimer's AND complex IV AND mitochondria. Original articles published up to 2016 were included if they address Cox activity in AD in humans or animals. Thus, in this study, the priority is concentrated in the direction of the difference between groups, that is, in the decrease or not of Cox activity, and not in the size of this decrease. When the necessary information in any article was missing, we contact the senior authors. In absence of responses, the articles were excluded. The software EndNoteTM Basic Virtual Version (http://endnote.com/product-details/basic) from Thomson Reuters was used for allocating abstracts and articles.

Inclusion criteria

Studies were included in our analyses if they were (i) original studies since we aimed to extract data from primary sources; (ii) written in English since we aimed at selecting only articles that could have extensively reach the scientific community; (iii) involving an evaluation of the activity of the mitochondrial Cox enzyme since this was the focus of our working hypothesis; and (iv) using biological samples (brain, blood and heart tissues) from AD individuals or animal models of AD since we wanted to collect data from both clinical and experimental studies.

Exclusion criteria

Studies were excluded from the analysis if (i) the Cox data were not expressed as enzymatic activity; (ii) they were not related to AD; (iii) they reported any treatment or experimental intervention that could interfere with Cox activity; (iv) the reference was retrieved duplicated in the database; (v) no animal models or biological samples obtained from humans were used; (vi) they were review articles, letters to the editor, book chapters, case report (i.e. sample size equal to one); and (vii) the data were not properly reported, without a clear description of sample size and standard deviation.

Data extraction

The data extracted from each experimental group were the sample sizes, means and standard deviation of the mean. In case the study reported the standard error of the mean, this was used to calculate the standard deviation. In some studies, these values were obtained directly from the text. In case they were not explicit, numerical values were calculated from graphs. The sizes of the bars representing the means and the standard deviations (or standard errors) of the control and affected groups were measured through a ruler. The data extracted were organised in ExcelTM spreadsheets and organised based on two criteria, namely the subjects studied (humans with AD or animal models) and the method used for the dosages of Cox enzyme activity (spectrophotometry, colorimetry and polarography). Statistical analysis was performed and forest plots were elaborated for each of these subgroups. The data flowchart is shown in Fig. 1 and the attributes of each study included in the analysis are presented in Table 1.

Statistical analysis

The studies included were evaluated through a meta-analysis using the RevManTM sofware version 5.3 (http://tech.cochrane.org/ revman/). In each case, effect size was calculated by the differences in means of Cox activity in groups of AD-affected individuals and unaffected (control). Since the selected studies used different methods to measure Cox's activity, with various scales and units of measurements, the effect size was expressed by the standardised mean difference (SMD), that is, the difference in mean between the groups divided by the variability (Rodrigues & Ziegelmann,



Fig. 1. Data search flowchart.

2010). The overall difference measured was calculated using a random effects model, whose assumption is that the effect of interest is not the same for all studies (Whitehead, 2002). After the calculation of the overall effect, a hypothesis test was performed, in which the null hypothesis is the absence of difference between groups. The estimate of the overall difference between the AD-affected and non-affected groups is a weighted average of the individual studies, in which the weights are the inverse of the variability of each study.

The forest plots were obtained, in which (1), (2), _1, _2, indicate different comparisons between the control group and the respective AD-affected group. The term 'experimental' refers to the AD-affected group, whereas the term 'control' the non-affected. In addition, the expression 'favours experimental' means lower Cox activity in AD-affected individuals and 'favours control' means that Cox activity is lower in controls. The global difference between the groups is represented by a diamond in which the location (midpoint of the horizontal line) and the size of the horizontal direction represent, respectively, the point estimate of that difference and the precision of the estimate. The vertical line, also called the null line, represents the absence of difference between the groups. Z-test was used to measure whether or not this global difference is significant (Borenstein *et al.*, 2009). χ^2 test was used to measure the homogeneity of the effect size between studies. The I^2 test quantified the heterogeneity between the studies, regardless of the scale on which the measurements were taken, and measures the proportion of the observed variation that is due to heterogeneity (ranging from 0% to 100%).

Results

Search retrieval and data exclusion

A total of 1372 studies were retrieved, from which 707 were from PubMed, 646 from Scopus, 19 from MEDLINE and 0 from Eric, Lilacs and Cochrane. A total of 6 studies were excluded from the analysis due to the lack of relevant information and 1 was excluded due to lack of sample size. The raw data obtained from these studies are available upon request.

Evaluation of the cox activity considering only data from animal models

The meta-analysis was performed with data obtained from 35 studies. There were 35 comparisons between the activity of the Cox

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enzyme in the affected and unaffected (control) group. Fig. 2, upper panel, refers to the graph that included the articles in the meta-analysis that met the inclusion criteria and that used the methods of spectrophotometry, colorimetry and polarography, in which only the animal model was used. The overall difference between the groups was negative, indicating a decrease in the activity of the enzyme in the group affected by AD. There were 29 studies with a decrease in enzyme activity in the affected group, 4 studies with increased enzyme activity in the affected group and there was no difference in enzyme activity between the groups in 2 studies. The overall difference between the groups was negative, with an SMD of -0.96 (95% CI: -1.34 to -0.57), indicating a decrease in the activity of the enzyme in the group affected by AD. This difference is statistically significant (Z = 4.88, p-value < 0.00001). The hypothesis of homogeneity between studies was rejected ($\chi^2 = 120.40$, *p*-value < 0.00001). The $I^2 = 68\%$ value indicates that 68% of the variation observed is due to the heterogeneity amongst the studies (Fig. 2).

Evaluation of the Cox activity considering only data from human studies

The meta-analysis was performed with data obtained from 16 studies. There were 16 comparisons between the activity of the Cox enzyme in the affected and unaffected (control) group. Fig. 2, lower panel, shows data obtained using spectrophotometry, colorimetry and polarography for measuring Cox activity in samples from AD individuals. There were 12 studies with a decrease in enzyme activity in the affected group, there were 2 studies with increased enzyme activity in the affected group and there was no difference in enzyme activity between the groups in 2 studies. The overall difference between the groups was negative, with an SMD of -0.72 (95% CI: -1.40 to -0.05), indicating a decrease in the activity of the enzyme in the group affected by AD. This difference is statistically significant (Z = 2.11, *p*-value =0.04). The hypothesis of homogeneity between studies was rejected ($\chi^2 = 108.58$; *p*-value < 0.00001). The $I^2 = 86\%$ value indicates that 86% of the variation observed is due to the heterogeneity between the studies (Fig. 2).

In both cases, human and animal model, the heterogeneity found can be considered substantial (68% and 86%). In order to verify possible sources of heterogeneity, the analyses were repeated subdividing the animal group according to the methods of quantification of Cox activity (polarography, spectrophotometry and colorimetry). In the human group, the meta-analysis was repeated withdrawing the study Kaur *et al.* (2015), because it was the only

Study identifier	Study design	Characteristic of the model	Characteristic of the intervention	Measured results
Aleardi et al. (2005)	3 control and 3 experimental	Rat	Spectrophotometry	Reduction in Cox activity in the affected group except (1) and (5), which was an increase in the affected group
Avetysian et al. (2016)	18 control and 18 experimental	Mice	Spectrophotometry	Reduction in Cox activity in the affected group
Cardoso et al. (2004)	5 control and 10 experimental	Human	Spectrophotometry	Reduction in Cox activity in the affected group
Cassano et al. (2012)	4 control and 4 experimental	Mice	Spectrophotometry	Reduction in Cox activity in the affected group
Delbarba <i>et al.</i> (2016)	30 control and 20 experimental	Human	Spectrophotometry	Increased Cox activity in the affected group
Fang <i>et al.</i> (2016)	10 control and 10 experimental	Mice	Spectrophotometry	Reduction in Cox activity in the affected group
Guo <i>et al.</i> (2011)	4 control and 4 experimental	Mice	Spectrophotometry	Reduction in Cox activity in the affected group
Hou <i>et al.</i> (2008)	15 control and 15 experimental	Rat	Spectrophotometry	Reduction in Cox activity in the affected group $(_1)$, and there was no difference between groups $(_2)$
Hu <i>et al.</i> (2016)	10 control and 10 experimental	Rat	Spectrophotometry	Reduction in Cox activity in the affected group
Kalra <i>et al.</i> (2016)	8 control and 8 experimental	Rat	Polarography	Reduction in Cox activity in the affected group
Kanamori <i>et al</i> . (2003)	3 control and 3 experimental	Human	Spectrophotometry	Reduction in Cox activity in the affected group $(_1)$, and there was no difference between groups $(_2)$
Kaur <i>et al</i> . (2015)	3 control and 3 experimental	Human	Polarography	Reduction in Cox activity in the affected group
Keil <i>et al</i> . (2004)	8 control and 8 experimental	Mice	Colorimetry	Reduction in Cox activity in the affected group
Lahmy <i>et al</i> . (2015_1)	9 control and 9 experimental	Mice	Spectrophotometry	Reduction in Cox activity in the affected group
Lahmy <i>et al</i> . (2015_2)	13 control and 13 experimental	Mice	Spectrophotometry	Increased Cox activity in the affected group
Lahmy <i>et al</i> . (2015_3)	11 control and 11 experimental	Mice	Spectrophotometry	Increased Cox activity in the affected group
Mancuso <i>et al</i> . (2003)	20 control and 22 experimental	Human	Spectrophotometry	Reduction in Cox activity in the affected group
Maurer <i>et al.</i> (2000)	13 control and 23 experimental	Human	Spectrophotometry	Reduction in Cox activity in the affected group, and there was no difference between groups (_6)
Rhein <i>et al</i> . (2009)	5 control and 5 experimental	Human	Colorimetry	Reduction in Cox activity in the affected group
Rhein <i>et al</i> . (2009) difer- ente- 8 meses e 12 meses	9 control and 9 experimental	Mice	Colorimetry	Reduction in Cox activity in the affected group
Rhein <i>et al</i> . (2010)	5 control and 5 experimental	Human	Colorimetry	Reduction in Cox activity in the affected group
Seo et al. (2011)	4 control and 4 experimental	Mice	Spectrophotometry	Reduction in Cox activity in the affected group
Walls et al. (2012)	15 control and 15 experimental	Mice	Spectrophotometry	Reduction in Cox activity in the affected group
Yang et al. (2009) segundo	3 control and 3 experimental	Rat	Colorimetry	Reduction in Cox activity in the affected group $(_2)$, and there was no difference between groups $(_1)$
Zhao <i>et al</i> (2016)	6 control and 6 experimental	Mice	Spectrophotometry	Reduction in Cox activity in the affected group

	Experimental Control Std. Mean Dif						Std. Mean Difference	Std. Mean Difference	
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	IV, Random, 95% Cl
Aleardi et al.2005 (1)	251.7	6	3	240	6	3	1.9%	1.56 [-0.64, 3.76]	
Aleardi et al.2005 (2)	156.7	4.5	3	240	6	3	0.1%	-12.57 [-24.80, -0.33]	·
Aleardi et al.2005 (3)	53.3	2.5	3	240	6	3	0.0%	-32.50 [-63.92,-1.08]	·
Aleardi et al.2005 (4)	43.1	7.5	3	255	7	3	0.0%	-23.37 [-45.99,-0.75]	·
Aleardi et al.2005 (5)	324.4	2.5	3	320	5.5	3	2.3%	0.82 [-0.96, 2.61]	
Aleardi et al.2005 (6)	161.1	5	3	320	5.5	3	0.0%	-24.19 [-47.59,-0.78]	·
Aleardi et al.2005 (7)	121.4	3.5	3	320	5.5	3	0.0%	-34.47 [-67.78,-1.15]	·
Aleardi et al.2005 (8)	199.1	5.5	3	323	2	3	0.0%	-23.95 [-47.14,-0.77]	•
Aleardi et al.2005 1	1.9	4	3	3.2	0.2	3	2.5%	-0.37 [-2.01, 1.27]	
Aleardi et al.2005 2	1.6	2	3	3.2	0.2	3	2.3%	-0.90 [-2.72, 0.92]	
Aleardi et al.2005_1	0.7	2	3	1.9	0.1	3	2.4%	-0.68 [-2.41, 1.05]	
Aleardi et al.2005 2	0.7	1.5	3	1.9	0.1	3	2.3%	-0.90[-2.73, 0.92]	
Avetysian et al. 2016_1	174.2	96.9	18	260	140.6	18	4.1%	-0.69[-1.37,-0.02]	
Avetysian et al. 2016 2	156.9	73.9	18	250	123.3	18	4.1%	-0.90[-1.58,-0.21]	
Cassano et al. 2012_1	57.5	19.2	4	100	11	4	1.9%	-2.36 [-4.50,-0.23]	
Cassano et al. 2012 2	68.5	13.7	4	100	13.7	4	2.1%	-2.00[-3.95,-0.05]	
Cassano et al. 2012 3	72.6	5.5	4	100	27.4	4	2.6%	-1.21 [-2.82, 0.41]	
Cassano et al. 2012 4	79.5	11	4	100	8.2	4	2.2%	-1.84 (-3.71, 0.04)	
Fang et al. 2016	0.04	0.007	10	0.057	0.009	10	3.4%	-2.02[-3.14-0.90]	
Guo et al 2011	53.1	12.2	4	86.5	14.4	4	2.0%	-2181-422-0141	
Hou et al. 2008 1	0.2	0.1	15	0.3	0.1	15	4.0%	-0.97 [-1.74 -0.21]	
Hou et al. 2008 2	0.3	0.02266	15	0.3	0.1	15	4.1%	0.001-0.72.0.721	
Hu et al. 2016	0.8	0.2	10	1	0.3	10	3.7%	-0.751-1.67.0.161	
Kalra et al. 2016	62.8	20.9	8	170	26.1	8	2.1%	-4 29 1-6 26 -2 321	•
Keil et al. 2004 1	1.7	0.6	8	2.2	0.8	8	3.5%	-0.67 [-1.68, 0.35]	
Keil et al. 2004 2	1.2	0.8	8	2.2	0.8	8	3.4%	-1.181-2.270.091	
Lahmy et al 2015 1	88.317	7.253	9	102	10.879	9	3.5%	-1.41 [-2.470.35]	
Lahmy et al 2015 2	0.257	0.113	13	0.145	0.079	13	3.9%	1.11 (0.28, 1.95)	
Lahmy et al 2015 3	0.069	0.029	11	0.035	0.025	11	3.7%	1.21 (0.28, 2.13)	
Rhein et al. 2009 diferente- 12 meses 1	53.4	4.7	9	55	9.4	9	3.7%	-0.21 [-1.13, 0.72]	
Rhein et al. 2009 diferente- 12 meses 2	44	4.7	9	55	9.4	9	3.5%	-1.41 [-2.470.35]	
Rhein et al. 2009 diferente- 12 meses 3	45.6	4.7	9	55	9.4	9	3.5%	-1.201-2.23-0.181	
Rhein et al. 2009 diferente- 8 meses 1	45.3	4	9	52	4	9	3.4%	-1.60[-2.69-0.50]	
Rhein et al. 2009 diferente- 8 meses 2	42.7	12	9	52	4	9	3.6%	-0.991-1.98.0.001	
Rhein et al 2009 diferente- 8 meses 3	41.3	16	9	52	4	9	3.6%	-0.871-1.85.0.101	
Seo et al 2011	49	8.2	4	100	28.6	4	2.1%	-2.11 (-4.11 -0.10)	
Walls et al 2012	0.9	0.1	15	1	0.3	15	4.0%	-0.441-1.16.0.291	
Yang et al 2009 (segundo) 1	400	17.3	3	400	17.3	3	2.6%	0.001-1.60 1.601	
Yang et al 2009 (segundo) 2	300	173	3	400	173	3	0.6%	-4 62 (-9 37 0 12)	•
Zhao et al.2016	0.4	0.1	6	1	0.1	6	1.3%	-5.54 [-8.472.61]	←
		2.1							
Total (95% CI)			284			284	100.0%	-0.96 [-1.34,-0.57]	•
Heterogeneity: $\tau^2 = 0.81$; $\chi^2 = 120.40$, a	f=39 (p	< 0.0000	1); / ² =	68%					-4 -2 0 2 4
Test for overall effect: $Z = 4.88$ ($p < 0.0$	0001)								Favours (experimental) Favours (control)

	Expe	erimenta	al	Control				Std. Mean Difference	Std. Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	IV, Random, 95% CI
Cardoso et al. 2004 (1)	1	0.2	10	1.2	0.1	5	6.6%	-1.07 [-2.24, 0.09]	
Cardoso et al. 2004 (2)	0.9	0.3	10	1.2	0.1	5	6.6%	-1.10 [-2.27, 0.06]	
Cardoso et al. 2004_1	257.61	58.3	10	302.3	36.6	5	6.7%	-0.80 [-1.92, 0.32]	
Cardoso et al. 2004_2	239.9	63.6	10	302.3	36.6	5	6.6%	-1.04 [-2.19, 0.12]	
Delbarba et al. 2016_1	0.15	0.062	20	0.04	0.01	30	7.4%	2.72 [1.93, 3.52]	
Delbarba et al. 2016_2	0.36	0.268	20	0.28	0.11	30	7.8%	0.42 [-0.16, 0.99]	
Kanamori <i>et al</i> .2003_1	94.1	2.5	3	100	2	3	3.7%	-2.08 [-4.66, 0.49]	·
Kanamori <i>et al</i> .2003_2	100	1.5	3	100	2	3	5.6%	0.00 [-1.60, 1.60]	
Kaur <i>et al</i> .2015	40.5	8.1	3	100	5.4	3	0.9%	-6.91 [-13.78,-0.05]	·
Mancuso <i>et al.</i> 2003	35.7	11.4	22	48.4	1.4	20	7.6%	-1.50 [-2.19,-0.81]	
Maurer et al. 2000_3	2.5	1.4	23	2.7	1.3	13	7.6%	-0.14 [-0.82, 0.54]	
Maurer <i>et al.</i> 2000_4	1.6	1	23	3	1.3	13	7.5%	-1.23 [-1.97,-0.48]	
Maurer et al. 2000_5	0.8	0.5	23	1.8	0.9	13	7.4%	-1.46 [-2.23,-0.69]	
Maurer <i>et al.</i> 2000_6	1.3	1.1	23	1.3	0.8	13	7.6%	0.00 [-0.68, 0.68]	
Rhein et al. 2009	1.1	0.4	5	1.8	0.1	5	5.3%	-2.17 [-3.91,-0.43]	← → ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓
Rhein <i>et al.</i> 2010	1.1	0.4	5	1.8	0.1	5	5.3%	-2.17 [-3.91,-0.43]	· · · · · · · · · · · · · · · · · · ·
Total (95% CI)			213			171	100.0%	-0.72 [-1.40,-0.05]	•
Heterogeneity: $\tau^2 = 0.14$	$4; \chi^2 = 10$	08.58, 0	<i>if</i> = 15	(p < 0.0	0001)	; 12 = 86	5%		
Test for overall effect: 2	2=2.11 (p=0.04)						Eavours (experimental) Eavours (control)
									r arouro texperimental, i avouro teorinol

Fig. 2. Upper panel: Data of Cox activity in experimental and control groups. Meta-analysis was performed with 35 studies. Global chart including the articles in the meta-analysis that used the method of spectrophotometry, colorimetry and polarography, considering only data from samples of animal models. Lower panel: Data of Cox activity in experimental and control groups. Meta-analysis was performed with 16 studies. Global chart including the articles in the meta-analysis that used the method of spectrophotometry, colorimetry and polarography, considering only data from samples of humans.

one using polarography. The two studies in this group that used colorimetry showed identical results (Rhein *et al.*, 2009 and Rhein *et al.*, 2010). The results with the subdivisions are presented in the next session and in the respective forest plots.

Evaluation of the Cox activity considering articles that use the polarography method from samples of animal models

The meta-analysis was performed with nine studies. There were nine comparisons between the activity of the Cox enzyme in the affected and unaffected (control) group. Fig. 3 refers to the graph that included the articles in the meta-analysis that met the inclusion criteria and that used the polarography method, considering only the animal model. There were seven studies with a decrease in enzyme activity in the affected group and there were two studies with increased enzyme activity in the affected group. The overall difference between the groups was negative, with an SMD of -4.83 (95% CI: -9.09 to -0.57), indicating a decrease in the activity of the enzyme in the group affected by AD. This difference is statistically significant (Z = 2.22, *p*-value = 0.03). The hypothesis of homogeneity between studies was rejected ($\chi^2 = 42.34$, *p*-value < 0.00001). The $I^2 = 81\%$ indicates that 81% of the variation observed is due to the heterogeneity between the studies (Fig. 3).

Evaluation of the Cox activity considering articles that use the spectrophotometric method from samples of animal models

The meta-analysis was performed with 20 studies. There were 20 comparisons between the activity of the Cox enzyme in the affected and unaffected (control) group. Fig. 4 refers to the graph that included the articles in the meta-analysis that met the inclusion criteria and that used the spectrophotometry method, considering only the animal model. There were 18 studies with a decrease in enzyme activity in the affected group and there were 2 studies with increased enzyme activity in the affected group. The overall difference between the groups was negative, with an SMD of -0.96 (95% CI: -1.45 to -0.47), indicating a decrease in the activity of the enzyme in the group affected by AD. This difference is statistically significant (Z = 3.82, *p*-value = 0.0001). The hypothesis of homogeneity amongst the studies was rejected $(\chi^2 = 63.25, p$ -value < 0.00001). The $I^2 = 70\%$ value indicates that 70% of the variation observed is due to the heterogeneity between the studies (Fig. 4).

Evaluation of the Cox activity considering articles that use the colorimetry method from samples of animal models

The meta-analysis was performed with 10 studies. There were 10 comparisons between the activity of the Cox enzyme in the affected and unaffected (control) group. Fig. 5 refers to the graph that included the articles in the meta-analysis that met the inclusion criteria and that used the colorimetric method, considering only the animal model. There were nine studies with a decrease in enzyme activity in the affected group and there was no difference in enzyme activity between the groups in one study. The overall difference between the groups was negative, with an SMD of -0.95 (95% CI: -1.30 to -0.60), indicating a decrease in the activity of the enzyme in the group affected by AD. This difference is statistically significant (Z = 5.31, *p*-value < 0.00001). In this group, homogeneity amongst studies was confirmed ($\chi^2 = 8.93$, *p*-value = 0.44). In this case, the use of a fixed effects model would be equivalent to that used (random effects) (Fig. 5).

Evaluation of the cox activity considering articles that use the spectrophotometric method from human studies

The meta-analysis was performed with 13 studies. There were 13 comparisons between the activity of the Cox enzyme in the affected and unaffected (control) group. Fig. 6 refers to the graph that included the articles in the meta-analysis that met the inclusion criteria and that used the spectrophotometric method, considering only the human. There were nine studies with a decrease in enzyme activity in the affected group, there were two studies with increased enzyme activity in the affected group and there was no difference in enzyme activity between the groups in two studies. The overall difference between the groups was negative, with an SMD of -0.49 (95% CI: -1.19 to 0.21), indicating a decrease in the activity of the enzyme in the group affected by AD. However, this difference is not statistically significant (Z = 1.37, *p*-value = 0.17). That is, it is not possible to reject the null hypothesis that the difference between groups is non-existent. The hypothesis of homogeneity amongst the studies was rejected ($\chi^2 = 96.77$, *p*-value < 0.00001). The $I^2 = 88\%$ value indicates that 88% of the variation observed is due to the heterogeneity between the studies (Fig. 6).

Discussion

In the present study, we performed a meta-analysis to test the hypothesis that there is a decrease in Cox activity in AD. We analysed studies with data obtained from experimental animals and human beings, using different methods to quantify enzyme activity (spectrophotometry, colorimetry and polarography). Overall, there was a decrease in Cox activity in studies with AD patients, suggesting the importance of this enzyme as a possible new biomarker, diagnostic method or potential treatment target for this disease. Moreover, a similar result was found in data obtained from studies in experimental animals. Notwithstanding the important progress in elucidating AD pathogenesis, treatment options are still limited (Fang *et al.*, 2016). Thus, experiments with laboratory animals are of major importance for understanding the pathological bases of AD (Du *et al.*, 2008).

Regarding results from human studies, results show that Cox activity and mitochondrial function can be impaired along the ageing process (Beal, 1995). Post-mortem analysis observed that Cox enzyme activity decreased by 25-30%, in several regions of the cerebral cortex of AD patients and in the platelets of these individuals (Mutisya et al., 1994). In patients with sporadic AD, there is a low expression and/or an insufficient number of subunits in Cox (Parker et al., 1994; Maurer et al., 2000). In the study by Delbarba et al. (2016), the decrease in enzyme expression was correlated with the cognitive decline, characteristic of AD patients, measured by the MMSE test. In addition, a decrease in Cox activity was linked to a reduction in cellular energy, deposition of $A\beta$ and phosphorylation of the tau protein. Other authors have shown, using histochemical methods, a decrease in enzyme activity in the dentate gyrus, CA1, CA3 and CA4 regions of the hippocampus in AD (Simonian & Hyman, 1993).

Considering studies from experimental animals, a reduction in Cox activity and mitochondria dysfunction has also been linked to ageing (Bowling *et al.*, 1993) and to cognitive decline (Greilberger *et al.*, 2008). In the rat hippocampus, region affected by AD disease, there was a marked increase in oxidative stress (Meunier *et al.*, 2006). Moreover, Avetisyan *et al.* (2016) demonstrated that AD-type neurodegeneration in mice is accompanied by mitochondrial impairment in the neocortex and hippocampus, which occurred

	Expe	rimen	tal	С	ontrol			Std. Mean Difference	Std. Mean Difference		
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	tal Weight IV, Random, 95% Cl		IV, Random, 95% Cl		
Aleardi et al. 2005 (1)	324.4	2.5	3	320	5.5	3	26.7%	0.82 [-0.96, 2.61]	•		
Aleardi et al. 2005 (2)	161.1	5	3	320	5.5	3	3.0%	-24.19 [-47.59,-0.78]			
Aleardi et al. 2005 (3)	121.4	3.5	3	320	5.5	3	1.5%	-34.47 [-67.78,-1.15]			
Aleardi et al. 2005 (6)	199.1	5.5	3	323	2	3	3.0%	-23.95 [-47.14,-0.77]			
Aleardi et al. 2005_1	251.7	6	3	240	6	3	26.1%	1.56 [-0.64, 3.76]	•		
Aleardi et al. 2005_2	156.7	4.5	3	240	6	3	8.5%	-12.57 [-24.80,-0.33]			
Aleardi et al. 2005_3	53.3	2.5	3	240	6	3	1.7%	-32.50 [-63.92,-1.08]			
Aleardi et al. 2005_4	43.1	7.5	3	255	7	3	3.1%	-23.37 [-45.99,-0.75]			
Kalra <i>et al.</i> 2016	62.8	20.9	8	170	26.1	8	26.4%	-4.29 [-6.26,-2.32]	•		
Total (95% CI)			32			32	100.0%	-4.83 [-9.09,-0.57]	•		
Heterogeneity: $\tau^2 = 16$	5.87; χ^2	= 42.3	34, df=								
Test for overall effect	t: Z = 2.2	22 (p =	0.03)	Favours [experimental] Favours [control]							

Fig. 3. Data of Cox activity in experimental and control groups. Meta-analysis was performed with nine studies. Graph including the articles in the meta-analysis that used th
method of polarography, considering only data from samples of animal models.

	Expe	rimenta	al	Control			1	Std. Mean Difference	Std. Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	IV, Random, 95% CI
Aleardi et al. 2005 (1)	1.9	4	3	3.2	0.2	3	4.3%	-0.37 [-2.01, 1.27]	
Aleardi et al. 2005 (2)	1.6	2	3	3.2	0.2	3	3.9%	-0.90 [-2.72, 0.92]	
Aleardi et al. 2005_1	0.7	2	3	1.9	0.1	3	4.1%	-0.68 [-2.41, 1.05]	
Aleardi et al. 2005_2	0.7	1.5	3	1.9	0.1	3	3.9%	-0.90 [-2.73, 0.92]	
Avetysian et al. 2016_1	174.2	96.9	18	260	140.6	18	7.2%	-0.69 [-1.37,-0.02]	
Avetysian et al. 2016_2	156.9	73.9	18	250	123.3	18	7.1%	-0.90 [-1.58,-0.21]	
Cassano et al. 2012_1	57.5	19.2	4	100	11	4	3.3%	-2.36 [-4.50,-0.23]	
Cassano et al. 2012_2	68.5	13.7	4	100	13.7	4	3.6%	-2.00 [-3.95,-0.05]	
Cassano et al. 2012_3	72.6	5.5	4	100	27.4	4	4.4%	-1.21 [-2.82, 0.41]	
Cassano et al. 2012_4	79.5	11	4	100	8.2	4	3.8%	-1.84 [-3.71, 0.04]	77 7.8 4
Fang et al. 2016	0.04	0.007	10	0.057	0.009	10	5.8%	-2.02 [-3.14,-0.90]	<u> </u>
Guo et al. 2011	53.1	12.2	4	86.5	14.4	4	3.4%	-2.18 [-4.22,-0.14]	
Hou et al. 2008_1	0.2	0.1	15	0.3	0.1	15	6.9%	-0.97 [-1.74,-0.21]	
Hu et al. 2016	0.8	0.2	10	1	0.3	10	6.5%	-0.75 [-1.67, 0.16]	
Lahmy et al. 2015_1	88.317	7.253	9	102	10.879	9	6.0%	-1.41 [-2.47,-0.35]	
Lahmy et al. 2015_2	0.257	0.113	13	0.145	0.079	13	6.7%	1.11 [0.28, 1.95]	
Lahmy et al. 2015_3	0.069	0.029	11	0.035	0.025	11	6.4%	1.21 [0.28, 2.13]	
Seo et al. 2011	49	8.2	4	100	28.6	4	3.5%	-2.11 [-4.11,-0.10]	· · · · · · · · · · · · · · · · · · ·
Walls et al. 2012	0.9	0.1	15	1	0.3	15	7.0%	-0.44 [-1.16, 0.29]	
Zhao et al. 2016	0.4	0.1	6	1	0.1	6	2.1%	-5.54 [-8.47,-2.61]	•
Total (95% CI)			161			161	100.0%	-0.96 [-1.45,-0.47]	◆
Heterogeneity: $\tau^2 = 0.7$	6; $\chi^2 = 6$	3.25, di	f=19 (p < 0.00	001); /2	= 70%			
Test for overall effect:	Z=3.82 (p = 0.0	Favours [experimental] Favours [control]						

Fig. 4. Data of Cox activity in experimental and control groups. Meta-analysis was performed with 20 studies. Graph including the articles in the meta-analysis that used the method of spectrophotometry, considering only data from samples of animal models.

	Expe	C	ontrol		3	Std. Mean Difference	Std. Mean Difference			
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	IV, Random, 95% CI	
Keil et al. 2004_1	1.7	0.6	8	2.2	0.8	8	11.9%	-0.67 [-1.68, 0.35]	-+	
Keil et al. 2004_2	1.2	0.8	8	2.2	0.8	8	10.4%	1.18 [-2.27, -0.09]		
Rhein et al. 2009 diferente- 12 meses_1	53.4	4.7	9	55	9.4	9	14.3%	-0.21 [-1.13, 0.72]	+	
Rhein et al. 2009 diferente- 12 meses_2	44	4.7	9	55	9.4	9	10.9%	-1.41 [-2.47, -0.35]		
Rhein et al. 2009 diferente- 12 meses_3	45.6	4.7	9	55	9.4	9	11.7%	-1.20 [-2.23, -0.18]		
Rhein et al. 2009 diferente- 8 meses_1	45.3	4	9	52	4	9	10.2%	-1.60 [-2.69, -0.50]		
Rhein et al. 2009 diferente- 8 meses_2	42.7	12	9	52	4	9	12.4%	-0.99 [-1.98, 0.00]		
Rhein et al. 2009 diferente- 8 meses_3	41.3	16	9	52	4	9	12.8%	-0.87 [-1.85, 0.10]		
Yang et al. 2009 segundo_1	400	17.3	3	400	17.3	3	4.8%	0.00 [-1.60, 1.60]		
Yang et al. 2009 segundo_2	300	17.3	3	400	17.3	3	0.5%	-4.62 [-9.37, 0.12]		
Total (95% CI)			76			76	100.0%	-0.95 [-1.30, -0.60]	•	
Heterogeneity: $\tau^2 = 0.00$; $\chi^2 = 8.93$, $df = 9$ ($p = 0.44$); $l^2 = 0\%$										
Test for overall effect: $Z = 5.31 (p < 0.00)$		Favours (experimental) Favours (control)								



along with decreased activity Cox activity and inhibition of the respiratory chain, which are typical in brain tissues of patients with the disease. The possible mechanisms entail increased ROS and mitochondrial dysfunctions. The overproduction of ROS induces membrane lipid peroxidation, which may alter Cox subunits and impair enzyme activity (Paradies *et al.*, 1998; Bobba *et al.*, 2013), triggering the production of $A\beta$ and further mitochondrial impairment, resulting in a vicious cycle that leads to neurodegeneration

	Expe	rimenta	al	C	ontrol Std. Mean Difference			Std. Mean Difference	Std. Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	IV, Random, 95% CI
Cardoso et al. 2004 (1)	1	0.2	10	1.2	0.1	5	7.4%	-1.07 [-2.24, 0.09]	
Cardoso et al. 2004 (2)	0.9	0.3	10	1.2	0.1	5	7.4%	-1.10 [-2.27, 0.06]	
Cardoso et al. 2004_1	257.61	58.3	10	302.3	36.6	5	7.5%	-0.80 [-1.92, 0.32]	
Cardoso et al. 2004_2	239.9	63.6	10	302.3	36.6	5	7.4%	-1.04 [-2.19, 0.12]	
Delbarba et al.2016_1	0.15	0.062	20	0.04	0.01	30	8.3%	2.72 [1.93, 3.52]	
Delbarba et al.2016_2	0.36	0.268	20	0.28	0.11	30	8.8%	0.42 [-0.16, 0.99]	+
Kanamori et al. 2003_1	94.1	2.5	3	100	2	3	4.1%	-2.08 [-4.66, 0.49]	
Kanamori et al. 2003_2	100	1.5	3	100	2	3	6.3%	0.00 [-1.60, 1.60]	
Mancuso et al. 2003	35.7	11.4	22	48.4	1.4	20	8.6%	-1.50 [-2.19,-0.81]	
Maurer et al. 2000_3	2.5	1.4	23	2.7	1.3	13	8.6%	-0.14 [-0.82, 0.54]	
Maurer et al. 2000_4	1.6	1	23	3	1.3	13	8.5%	-1.23 [-1.97,-0.48]	
Maurer et al. 2000_5	0.8	0.5	23	1.8	0.9	13	8.4%	-1.46 [-2.23,-0.69]	
Maurer <i>et al.</i> 2000_6	1.3	1.1	23	1.3	0.8	13	8.6%	0.00 [-0.68, 0.68]	+
Total (95% CI)			200			158	100.0%	-0.49 [-1.19, 0.21]	•
Heterogeneity: $\tau^2 = 1.3$	6; $\chi^2 = 96$	5.77, df							
Test for overall effect:	Z=1.37 (p = 0.17	-4 -2 U 2 4						
Cardoso et al. 2004_1 Cardoso et al. 2004_2 Delbarba et al.2016_1 Delbarba et al.2016_2 Kanamori et al.2003_1 Kanamori et al.2003_2 Marcurso et al.2003_3 Maurer et al.2000_3 Maurer et al.2000_5 Maurer et al.2000_6 Total (95% CI) Heterogeneity: τ^2 =1.3 Test for overall effect: .	257.61 239.9 0.15 0.36 94.1 100 35.7 2.5 1.6 0.8 1.3 $6; \chi^2 = 96$ Z = 1.37 (58.3 58.3 63.6 0.062 0.268 2.5 1.5 11.4 1.4 1.4 0.5 1.1 5.77, df p = 0.17	10 10 20 20 3 22 23 23 23 23 23 23 20 () ()	302.3 302.3 0.04 0.28 100 100 48.4 2.7 3 1.8 1.3	36.6 36.6 0.01 0.11 2 1.4 1.3 1.3 0.9 0.8	5 5 30 30 30 30 13 13 13 13 13 13 158 <i>I</i> ² = 88 ⁹	7.5% 7.4% 8.3% 8.8% 4.1% 6.3% 8.6% 8.6% 8.6% 8.6% 8.6% 8.6%	-0.80 [-1.92, 0.32] -0.80 [-1.92, 0.32] -1.04 [-2.19, 0.12] 2.72 [1.93, 3.52] 0.42 [-0.16, 0.99] -2.08 [-4.66, 0.49] 0.00 [-1.60, 1.60] -1.50 [-2.19, -0.81] -0.14 [-0.82, 0.54] -1.23 [-1.97, -0.48] -1.46 [-2.23, -0.69] 0.00 [-0.68, 0.68] -0.49 [-1.19, 0.21]	Favours [experimental] Favours [control]

Fig. 6. Data of Cox activity in experimental and control groups. Meta-analysis was performed with 13 studies. Graph including the articles in the meta-analysis that used the method of spectrophotometry, considering only data from samples of humans.

(Rettberg *et al.*, 2014; Swerdlow *et al.*, 2010; Yao *et al.*, 2011). One plausible hypothesis is that Cox inhibition can be caused by mitochondrially accumulated A β peptide (Crouch *et al.*, 2005; Pedrós *et al.*, 2014), resulting in electron transport chain dysfunction, activating amyloidogenesis and lipid peroxidation (Hernández-Zimbrón & Rivas-Arancibia, 2015; Jiao *et al.*, 2012). Indeed, the A β 1-42 oligomer impaired Cox activity (Kalra *et al.*, 2016), possibly due to a direct interaction between specific subunits of this enzyme (Crouch *et al.*, 2006).

For the accomplishment of the systematic review and metaanalysis, we had some limitations, such as lack of data of some articles and an absence of any response for e-mails referring to the missing data of the articles. Therefore, these studies had to be excluded. Moreover, the diversity of the articles, units of measurement, methods of quantification of Cox activity as well as the outcomes observed in the studies resulted in a high heterogeneity amongst them. Thus, in this study, the priority is concentrated in the direction of the difference between the affected and unaffected groups, that is, in the decrease or not of Cox activity and not exactly in the size of this decrease. Additional limitations include the lack of previous protocol registration and quality assessment of primary studies and the fact that data search, screening and extraction was performed by only one reviewer.

To verify the publication bias, the Egger regression test was used. For studies involving humans, Egger's test null hypothesis of no bias was not rejected (*p*-value = 0.1484). For studies using an animal model, the test indicated the presence of publication bias (*p*-value = 0.007). In order to quantify the impact of this bias on the analysis performed, an iterative procedure was used to estimate the value of the global effect size without publication bias, known as the trim-and-fill method (Shi & Lin, 2019; Duval & Tweedie, 2000). There was little oscillation in the estimate of the global effect [-0.569 (-0.951; -0.186)], without however altering the conclusion of reduction in Cox activity in affected individuals (Z = 2.91, *p*-value = 0.004).

Despite some limitations, the present study can serve as a guide for future work, both in clinical studies and basic science, aimed at the treatment and/or diagnosis of AD. Indeed, Cox appears to be a key enzyme related to mitochondrial dysfunction, neurodegenerative processes and neural loss in the brain.

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Authors contributions. FMM performed the literature search and the statistical analysis; AMR and FAM supervised the literature search; PVGS supervised the statistical analysis. All authors participated in the writing of the paper and agreed with the final version.

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