CrossMar

# Effects of sodium benzoate on pre-pulse inhibition deficits and hyperlocomotion in mice after administration of phencyclidine

Matsuura A, Fujita Y, Iyo M, Hashimoto K. Effects of sodium benzoate on pre-pulse inhibition deficits and hyperlocomotion in mice after administration of phencyclidine.

**Objective:** A recent clinical study demonstrated that sodium benzoate (SB), a prototype competitive D-amino acid oxidase inhibitor, was effective in the treatment of several symptoms, such as positive and negative symptoms, and cognitive impairment in medicated patients with schizophrenia. The objective of the study was to examine the effects of SB on behavioural abnormalities such as pre-pulse inhibition (PPI) deficits and hyperlocomotion in mice after a single administration of the *N*-methyl-D-aspartate (NMDA) receptor antagonist, phencyclidine (PCP). **Methods:** The effects of SB on behavioural abnormalities (PPI deficits and hyperlocomotion) in mice after PCP administration were examined. Furthermore, effects of SB on tissue levels of amino acids were also examined.

**Results:** A single oral dose of SB (100, 300, or 1000 mg/kg) attenuated PPI deficits in mice after administration of PCP (3.0 mg/kg, s.c.) in a dose-dependent manner. In contrast, L-701,324 (10 mg/kg), an antagonist at the glycine site of the NMDA receptor, did not affect the effect of SB (1000 mg/kg) on PCP-induced PPI deficits. Furthermore, a single oral dose of SB (1000 mg/kg) significantly attenuated the hyperlocomotion in mice after administration of PCP (3.0 mg/kg, s.c.). However, a single oral dose of SB (1000 mg/kg) caused no changes to D-serine levels in plasma or in the frontal cortex, hippocampus, and striatum of these animals. **Conclusion:** This study suggests that SB induced antipsychotic effects in the PCP model of schizophrenia, although it did not increase D-serine levels in the brain.

## Akiko Matsuura<sup>1,2</sup>, Yuko Fujita<sup>1</sup>, Masaomi Iyo<sup>2</sup>, Kenji Hashimoto<sup>1</sup>

<sup>1</sup>Division of Clinical Neuroscience, Chiba University Center for Forensic Mental Health, Chiba, Japan; and <sup>2</sup>Department of Psychiatry, Chiba University Graduate School of Medicine, Chiba, Japan

Keywords: D-amino acid oxidase; D-serine; phencyclidine; sodium benzoate

Dr. Kenji Hashimoto, Division of Clinical Neuroscience, Chiba University Center for Forensic Mental Health, 1-8-1 Inohana, Chiba 260-8670, Japan. Tel: + 81-43-226-2517; Fax: + 81-43-226-2561;

E-mail: hashimoto@faculty.chiba-u.jp

Accepted for publication January 2, 2015

First published online February 4, 2015

#### **Significance outcomes**

- Pre-treatment with sodium benzoate (SB), a prototype D-amino acid oxidase inhibitor, attenuated pre-pulse inhibition deficits and hyperlocomotion in mice after a single administration of phencyclidine.
- However, a single administration of SB did not affect D-serine levels in the blood and brain.

#### Limitations of the study

- In this study, we did not measure D-serine levels in the cerebellum where D-amino acid oxidase is rich.
- The effects of SB in other models of schizophrenia should be examined.
- The effects of chronic administration of SB on levels of amino acids in the brain should be examined.

## Matsuura et al.

#### Introduction

Multiple lines of evidence suggest that dysfunctional glutamatergic neurotransmission via *N*-methyl-D-aspartate (NMDA) receptors is involved in the pathophysiology of schizophrenia (1–9). The NMDA receptor antagonists, phencyclidine (PCP), and ketamine induce schizophrenia-like symptoms, including positive and negative symptoms, and cognitive impairment in healthy individuals (1,10–12). This resulted in the frequent use of PCP to generate animal models of schizophrenia (13–22).

Accumulating evidence suggests that disturbed NMDA receptor neurotransmission, due to decreased D-serine levels, may be a causative factor in the pathophysiology of schizophrenia (6,7,23–25). These findings include, first, lower levels of D-serine in the blood, cerebrospinal fluid, and post-mortem brain tissue from patients with schizophrenia relative to normal controls (26-30). Second, treatment with D-serine reduces positive, negative, and cognitive symptoms in patients with schizophrenia (31–35). In addition, a recent meta-analysis supports the finding that D-serine is effective in the treatment of schizophrenia (36). Third, mRNA expression and the activity of *D*-amino acid oxidase (DAAO), the enzyme that metabolises *D*-serine, is increased in post-mortem brain samples from patients with schizophrenia (37,38). Fourth, the G72 gene, located at chromosome 13q, shows significant association with schizophrenia (39,40). This gene has been designated to code a DAAO activator, as the G72 protein interacts physically with DAAO (39). Subsequent meta-analysis found highly significant association between nucleotide variations in the G72/G30 region and schizophrenia (41).

Klein and Kamin (42) first reported on sodium benzoate (SB) as a prototype competitive DAAO inhibitor (Ki≈16 µM), as early as in the 1940s (43). More recently, Lane et al. (44) performed a randomised, double-blind, placebo-controlled study using SB in stabilised patients with schizophrenia. Given at a dose of 1 g/day for 6 weeks, SB produced a 21% improvement in Positive and Negative Syndrome Scale (PANSS) total scores and large effect sizes in the PANSS total and subscales, Scales for the Assessment of Negative Symptoms (SANSS)-20 items, Global Assessment of Function, Quality of Life Scale, and Clinical Global Impression, as well as improved neurocognition (44). In addition, SB was well tolerated without significant adverse effects. However, there are no reports demonstrating the antipsychotic effects of SB in animal models of schizophrenia, although SB could be a potential therapeutic drug for this disorder.

In the present study, we examined whether SB attenuated pre-pulse inhibition (PPI) deficits and

hyperlocomotion in mice after the administration of PCP. In addition, we measured levels of D-serine in the blood and in brain regions after oral administration of SB. We also measured levels of other the amino acids, L-serine, glycine, glutamate, glutamine, and  $\gamma$ -aminobutyric acid (GABA), as they are involved in the glutamine–glutamate–GABA cycle (9,45,46).

#### Materials and methods

#### Animals

Male ddY mice (8 weeks old) weighing 25–30 g were purchased from SLC Japan (Hamamatsu, Shizuoka, Japan). The mice were housed in clear polycarbonate cages ( $22.5 \times 33.8 \times 14.0$  cm) in groups of five or six per cage under a controlled 12/12 h light–dark cycle (lights on from 07:00 a.m. to 07:00 p.m.), with room temperature at  $23 \pm 1^{\circ}$ C and humidity at  $55 \pm 5\%$ . The mice were given free access to water and food pellets. The experimental procedure was approved by the Animal Care and Use Committee of Chiba University.

#### Drugs

Sodium benzoate (SB; Wako Pure Chemical Co., Tokyo, Japan) was dissolved in 0.5% carboxymethy cellulose (CMC) (Wako Pure Chemical Co.). PCP hydrochloride was synthesised in our laboratory, and the dose (3.0 mg/kg) of PCP was expressed as a hydrochloride salt (22). L-701,324 (Sigma-Aldrich Co., Ltd., St Louis, MO, USA) was dissolved in 20% polyethylene glycol (PEG300; Wako Pure Chemical Co.) with pH adjusted to 10 with 1 M NaOH. Other drugs were purchased from commercial sources.

Effect of SB on PPI deficits after a single administration of PCP

The mice were tested for their acoustic startle reactivity in a startle chamber (SR-LAB; San Diego Instruments, San Diego, CA, USA) using the standard methods described previously (22,47-50). The test sessions were started after an initial 10-min acclimation period in the chamber. The mice were subjected to one of the following six trials: (1) pulse alone, as a 40 ms broadband burst; a pulse (40 ms broadband burst) preceded by 100 ms with a 20 ms pre-pulse that was (2) 4 dB, (3) 8 dB, (4) 12 dB, or (5) 16 dB over background (65 dB); and (6) background only (no stimulus). The amount of pre-pulse inhibition (PPI) was expressed as the percentage decrease in the amplitude of the startle reactivity caused by presentation of the pre-pulse (% PPI). SB (30, 100, or 1000 mg/kg) or vehicle (0.5% CMC) (10 ml/kg) was administered orally 60 min (including the 10 min acclimation period) before the machine

160

records, and PCP (3.0 mg/kg) or saline (10 ml/kg) was administered subcutaneously (s.c.) 10 min (including the 10 min acclimation period) before. The PPI test lasted 20 min in total.

Effect of SB and L-701,324 on PPI deficits after a single administration of PCP

In order to study the role of the glycine site of the NMDA receptor, we examined the effects of L-701,324, an antagonist of the glycine site of the NMDA receptor, on the effect of SB on PCP-induced PPI deficits in mice. Thirty minutes after oral administration of SB (1000 mg/kg) or vehicle (0.5% CMC) (10 ml/kg), L-701,324 (10 mg/kg) or vehicle (20% PEG) was administered intraperitoneally (i.p.) 30 min later. Thirty minutes after the injection of L-701,324 (or vehicle), PCP (3.0 mg/kg) or saline (10 ml/kg) was administered s.c. The PPI test was performed as described above.

# Effect of SB on hyperlocomotion after a single administration of $\ensuremath{\mathsf{PCP}}$

After habituation (30 min) in the cage, SB or vehicle was injected into the mice (each group n = 8-12). One hour after a single oral administration of SB (1000 mg/kg) or vehicle (10 ml/kg, 0.5% CMC), PCP (3.0 mg/kg) or vehicle (physiological saline; 10 ml/kg) was administered s.c. into the mice. Locomotor activity was measured using an animal movement analysis system (SCANET MV-40; Melquest, Toyama, Japan). The system consisted of a rectangular enclosure  $(560 \times 560 \text{ mm})$ . The side walls (height, 60 mm) of the enclosure were equipped with 144 pairs of photosensors located at 6-mm intervals at a height of 30 mm from the bottom edge. An animal was placed in the observation cage 30 min (habituation) before injection of vehicle or SB. Vehicle or PCP was injected 60 min after oral injection of vehicle or SB, and the locomotion activity was measured for 60 min after injection of vehicle or PCP. A pair of photosensors was scanned every 0.1 s to detect the animal's movements. The intersection of paired photosensors (10 mm apart) in the enclosure was counted as one unit of locomotor activity. Data collected for total 150 min were used in this study. The sum of locomotion in mice for 60 min after the PCP administration was used for data analysis.

Measurement of amino acids by high-performance liquid chromatography (HPLC)

One hour after the single oral administration of SB (1000 mg/kg), mice were killed by decapitation after

collecting blood samples. The brain was removed and the frontal cortex, hippocampus, and striatum were dissected on ice. Plasma and brain tissues were frozen on dry ice and stored at  $-80^{\circ}$ C until analysis.

In brief, plasma (20 µl) was homogenised in 180 µl of methanol (HPLC grade) on ice. The homogenates were centrifuged at  $3000 \times g$  for 6 min at 4°C, and 20 µl of the supernatant was evaporated to dryness at 40°C. To the residue, 20 µl of H<sub>2</sub>O (HPLC grade), 20 µl of 0.1 M borate buffer (pH 8.0), and 60 µl of 50 mM 4-fluoro-7-nitro-2,1,3-benzoxadiazole (NBD-F; Tokyo Kasei Kogyo Co., Ltd., Tokyo, Japan) in CH<sub>3</sub>CN (HPLC grade) were added. The reaction mixture was then heated at 60°C for 2 min, and was immediately supplemented with  $100 \,\mu$ l of H<sub>2</sub>O/ CH<sub>3</sub>CN (90/10) containing 0.1% trifluoroacetic acid to stop the reaction. Brain tissues were homogenised in 1.5 ml of methanol (HPLC grade) on ice. The homogenates were centrifuged at  $3000 \times g$  for 6 min at 4°C, and 20 µl of the supernatant was evaporated to dryness at 40°C. To the residue, 20 µl of H<sub>2</sub>O (HPLC grade), 20 µl of 0.1 M borate buffer (pH 8.0), and 60 µl of 50 mM NBD-F in CH<sub>3</sub>CN (HPLC grade) were added. The reaction mixture was then heated to 60°C for 2 min, and was immediately supplemented with 100  $\mu$ l of H<sub>2</sub>O/acetonitrile (90/10) containing 0.1% trifluoroacetic acid (TFA) to stop the reaction. Levels of amino acids (D-serine, L-serine, glycine, glutamine, glutamate, and GABA) were measured using high-performance liquid chromatography (HPLC) system (Shimadzu Corporation, Kyoto, Japan), as previously reported (51-53). Fluorescence detection was performed at 530 nm with an excitation wavelength of 470 nm.

#### Statistical analysis

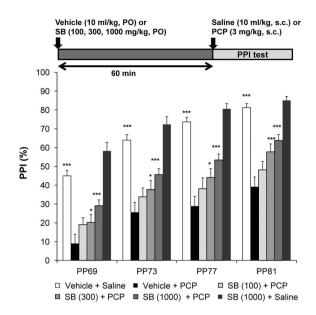
The data are presented as the mean  $\pm$  standard error of the mean (SEM). The PPI data were analysed by multivariate analysis of variance (MANOVA), followed by *post-hoc* Fisher's Least Significance Difference (LSD) test. The data of hyperlocomotion were analysed by one-way analysis of variance (ANOVA), followed by *post-hoc* Fisher LSD test. The data of amino acids were analysed using the Student *t*-test. Significance for the results was set at p < 0.05.

#### Results

Figure 1 shows the effects of SB (100, 300, or 1000 mg/kg) on PCP (3.0 mg/kg)-induced PPI deficits in mice. The MANOVA analysis of all PPI data revealed that there was a significant effect (Wilks lambda = 0.346, p < 0.001). Subsequent ANOVA analysis revealed the significant differences (p < 0.001)

#### Matsuura et al.

at all dB groups (69, 73, 77, and 81 dB). A *post-hoc* analysis indicated a significant (p < 0.001) difference in PPI deficits between the vehicle + vehicle group and vehicle + PCP (3.0 mg/kg) group at all dB groups

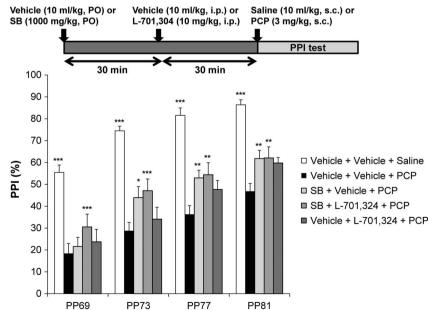


*Fig. 1.* Effect of sodium benzoate (SB) on phencyclidine (PCP)induced pre-pulse inhibition (PPI) deficits in mice. One hour after the single oral administration of vehicle (10 ml/kg) or SB (100, 300, or 1000 mg/kg), PCP (3 mg/kg) or saline (10 ml/kg) was administered subcutaneously (s.c.) to the mice. Each value is the mean  $\pm$  SEM (n = 17-21 per group). \*p < 0.05, \*\*\*p < 0.001 as compared with the vehicle + PCP-treated group.

(Fig. 1). Pre-treatment with SB (100, 300, or 1000 mg/kg) attenuated PCP-induced PPI deficits in a dose-dependent manner. High dose (1000 mg/kg) of SB significantly (p < 0.001) attenuated PCP-induced PPI deficits at all dB groups (Fig. 1). Moderate dose (300 mg/kg) of SB significantly (p < 0.05 at 69–77 dB groups, p < 0.001 at 81 dB group) attenuated PCP-induced PPI deficits at all dB groups (Fig. 1). In contrast, PPI in mice after administration of SB (1000 mg/kg) alone was similar to control mice (Fig. 1).

In order to study the role of the glycine site of the NMDA receptor, we examined the effect of L-701,324, an antagonist at the glycine site of the NMDA receptor, on the effect of SB on PCP-induced PPI deficits. Figure 2 shows the effects of SB (1000 mg/kg) and L-701,324 (10 mg/kg) on PCP (3.0 mg/kg)-induced PPI deficits in mice. The MANOVA analysis of all PPI data revealed that there was a significant effect (Wilks lambda = 0.193, p < 0.001). A post-hoc analysis indicated a significant (p < 0.001) difference in PPI deficits between the vehicle + vehicle group and vehicle+PCP (3.0 mg/kg) group at all dB groups (Fig. 2). Pre-treatment with SB (1000 mg/kg) significantly attenuated PCP-induced PPI deficits. However, L-701,324 (10 mg/kg) did not affect the effect of SB on PCP-induced PPI deficits (Fig. 2). Furthermore, L-701,324 (10 mg/kg) did not affect PCP-induced PPI deficits in mice (Fig. 2).

A single administration of PCP (3.0 mg/kg, s.c.) markedly increased locomotion in mice. One-way



*Fig.* 2. Effects of sodium benzoate (SB) and L-701,324 on phencyclidine (PCP)-induced pre-pulse inhibition (PPI) deficits in mice. Thirty minutes after the single oral administration of vehicle (10 ml/kg) or SB (1000 mg/kg), L-701,304 (10 mg/kg) or vehicle (10 ml/kg) was administered intraperitoneally (i.p.) to the mice. Thirty minutes after i.p. injection of L-701,304 (or vehicle), PCP (3 mg/kg) or saline (10 ml/kg) was administered subcutaneously (s.c.) to the mice. Each value is the mean  $\pm$  SEM (n = 8-11 per group). \*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.001 as compared with the vehicle + PCP-treated group.

#### Sodium benzoate in the phencyclidine model

	D-Serine	∟-Serine	Glycine	Glutamine	Glutamate	GABA
Plasma (nM)						
Vehicle	$4.42 \pm 0.76$	127.95 ± 6.20	263.52 ± 11.38	529.09 ± 22.53	62.53 ± 6.20	nd
SB	$3.99 \pm 0.52$	106.47 ± 10.43	146.66 ± 7.65	387.06 ± 23.33**	76.90 ± 4.13***	nd
Frontal cortex (nmol/mg tissue)						
Vehicle	$0.33 \pm 0.12$	0.71 ± 0.03	0.74 ± 0.05	4.45 ± 0.15	8.90 ± 0.29	3.17 ± 0.36
SB	$0.32 \pm 0.14$	$0.63 \pm 0.02$	0.70 ± 0.02	4.90 ± 0.15	9.65 ± 0.19	2.50 ± 0.14
Hippocampus (nmol/mg tissue)						
Vehicle	$0.28 \pm 0.01$	0.71 ± 0.02	0.83 ± 0.04	$4.66 \pm 0.20$	9.10 ± 0.38	2.61 ± 0.05
SB	$0.29 \pm 0.01$	0.71 ± 0.04	0.88 ± 0.03	4.76 ± 0.12	9.34 ± 0.28	2.87 ± 0.10
Striatum (nmol/mg tissue)						
Vehicle	0.27 ± 0.09	0.71 ± 0.16	0.88 ± 0.03	$7.41 \pm 0.43$	7.41 ± 0.43	3.24 ± 0.09
SB	$0.28 \pm 0.12$	0.61 ± 0.27**	$0.79 \pm 0.05$	8.40 ± 0.24	$8.40 \pm 0.24$	3.27 ± 0.17

Table 1. Levels of amino acids in the plasma, frontal cortex, hippocampus, and striatum 1 h after a single oral administration of vehicle and sodium benzoate (SB: 1000 mg/kg)

ND, not determined.

Data are expressed as the mean  $\pm$  SEM (vehicle: n = 8, SB: n = 8).

\*\*p < 0.01, \*\*\*p < 0.001 compared with vehicle-treated group (Student's *t*-test).

Table 2. Ratios of amino acid levels in the plasma, frontal cortex, hippocampus, and striatum 1 h after a single oral administration of vehicle and sodium benzoate (SB: 1000 mg/kg)

	D-Serine/L-serine	L-Serine/glycine	Glutamine/glutamate	GABA/glutamate
Plasma				
Vehicle	$0.035 \pm 0.006$	0.489 ± 0.027	$8.984 \pm 0.860$	nd
SB	$0.040 \pm 0.006$	0.720 ± 0.049**	5.095 ± 0.316**	nd
Frontal cortex				
Vehicle	0.466 ± 0.008	0.979 ± 0.055	$0.503 \pm 0.023$	0.363 ± 0.054
SB	0.519 ± 0.024	0.912 ± 0.065	$0.510 \pm 0.025$	0.262 ± 0.022
Hippocampus				
Vehicle	0.388 ± 0.011	0.872 ± 0.050	0.513 ± 0.012	0.290 ± 0.014
SB	$0.421 \pm 0.020$	$0.808 \pm 0.053$	0.511 ± 0.008	0.307 ± 0.008
Striatum				
Vehicle	0.387 ± 0.006	0.818 ± 0.035	$0.699 \pm 0.027$	$0.450 \pm 0.033$
SB	0.465 ± 0.011***	$0.788 \pm 0.054$	0.583 ± 0.020**	0.391 ± 0.021

ND, not determined.

Data are expressed as the mean  $\pm$  SEM (Control: n = 8, SB: n = 8).

\*\*p < 0.01, \*\*\*p < 0.001 compared with vehicle-treated group (Student's *t*-test).

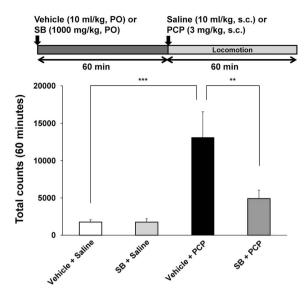
ANOVA revealed significant differences among the four groups [F(3, 35) = 6.17, p = 0.002]. Pretreatment with SB (1000 mg/kg) significantly (p < 0.01) attenuated PCP-induced hyperlocomotion in mice (Fig. 2). In contrast, administration of SB (1000 mg/kg) alone did not affect spontaneous locomotion in mice.

A single oral administration of SB (1000 mg/kg) did not alter plasma levels of D-serine, L-serine, and glycine. In contrast, SB significantly decreased plasma levels of glutamine, whereas SB significantly increased plasma levels of glutamate (Table 1). Furthermore, SB significantly increased the ratio of L-serine to glycine in plasma, suggesting that SB may affect the L-serine–glycine cycle (Table 2). Moreover, SB significantly decreased the ratio of glutamate in plasma, suggesting that SB may affect the glutamate in plasma, suggesting that SB may affect the glutamate cycle (Table 2).

A single oral administration of SB (1000 mg/kg) did not alter tissue levels of D-serine and other amino acids except L-serine levels in the striatum (Table 1). However, SB significantly increased the ratio of D-serine to L-serine in the striatum, but not in the frontal cortex and hippocampus. Furthermore, SB significantly decreased the ratio of glutamine to glutamate in the striatum, but not in the frontal cortex and hippocampus. These findings suggest that SB may affect D-serine–L-serine cycle and glutamine–glutamate cycle in the striatum (Table 2).

#### Discussion

In this study, we found that SB attenuated PPI deficits and hyperlocomotion in mice after the administration of PCP. Furthermore, L-701,324 did not affect the effect of SB on PCP-induced PPI



*Fig. 3.* Effect of sodium benzoate (SB) on phencyclidine (PCP)induced hyperlocomotion in mice. One hour after the single oral administration of vehicle (10 ml/kg) or SB (1000 mg/kg), PCP (3.0 mg/kg) or saline (10 ml/kg) was administered subcutaneously (s.c.) into the mice. Behaviour (locomotion) in the mice was evaluated for 1 h after administration of PCP. Each value is the mean  $\pm$  SEM (n = 8-12 per group). \*\*p < 0.01, \*\*\*p < 0.001 as compared with the vehicle + PCP group.

deficits, suggesting that activation at the glycine site of the NMDA receptor may not be involved in the mechanism of action of SB. This is the first report to demonstrate that SB is effective in the PCP model of schizophrenia. However, SB (1000 mg/kg) did not increase the tissue levels of D-serine in the mouse brain, indicating that D-serine in the brain may not be involved in the acute therapeutic action of SB in this model. In contrast, a single dose of SB significantly increased the ratio of D-serine to L-serine in the striatum, suggesting that SB may affect the D-serine– L-serine cycle. Therefore, it is likely that repeated administration of SB increases D-serine levels in the brain, although a further study is needed to confirm this.

Although DAAO inhibitors were proposed as new therapeutic drugs for schizophrenia, their clinical use has been largely unsuccessful (54,55). Ferraris et al. (43) reported 5-chloro-benzo[d]isoxazol-3-ol (CBIO;  $IC_{50} = 1680 \text{ nM}$ ) as being a more potent DAAO inhibitor than SB (Ki≈16 µM). In a subsequent report, we found that a single oral dose of CBIO (30 mg/kg) did not increase levels of D-serine in the plasma or in the frontal cortex, and that CBIO alone did not improve the NMDA receptor antagonist dizocilpine-induced PPI deficits in mice (48). In addition, we found that a low dose of D-serine (30 mg/kg) did not improve dizocilpine-induced PPI deficits in mice, although this dose significantly

increased plasma levels of *D*-serine (48). Taken together, it is likely that the extensive inhibition of DAAO in the periphery and brain has a limited effect on brain or extracellular levels of D-serine, and that the behavioural effects of DAAO inhibitors may be very weak. In contrast, we found that co-administration of CBIO with D-serine (or D-alanine) increased levels of D-serine in the brain compared with D-serine (or D-alanine) alone, and that CBIO potentiated the effects of D-serine (or D-alanine) on dizocilpine-induced PPI deficits in mice (43,48,49). Therefore, we proposed that combination therapy of D-serine (or D-alanine) with a DAAO inhibitor could reduce doses of D-serine (or D-alanine) in humans, particularly because the clinical doses of D-serine (or D-alanine) are quite high (30-60 mg/ kg) (43,48,49).

DAAO exhibits very low activity in adult forebrains, with high activity in the adult cerebellum. Therefore, it is possible that this increase in cerebellar D-serine levels by DAAO inhibition may, in part, confer antipsychotic effects by augmenting D-serinemediated regulation of NMDA receptors in the cerebellum (9,56), although we did not measure these levels in the present study. Recent reports show that SB upregulated brain-derived neurotrophic factor (BDNF) in mice (9.57). This implies that the therapeutic effect of SB may be mediated through increased BDNF levels, as the TrkB agonist, 7.8-dihydroxyflavone, attenuated the behavioural abnormalities of hyperlocomotion and PPI deficits in mice after administration of the stimulant methamphetamine (50,58).

The glutamine–glutamate cycle in the glia–neuron communication is involved in the glutamatergic neurotransmission in the brain (6,45,46). In this study, we found that SB significantly increased the ratio of glutamine to glutamate, a marker for the glutamine–glutamate cycle, in the plasma and striatum. These findings suggest that SB can affect the glutamine–glutamate cycle in the striatum and plasma, resulting in the regulation of the NMDA receptor.

Accumulating evidence suggests a role for inflammation and oxidative stress in the pathophysiology of schizophrenia (59-63). SB is thought to have a potent anti-inflammatory effect via modulation of the mevalonate pathway and p21<sup>ras</sup> (64). In addition, SB upregulates the neuroprotective protein, DJ-1, a Parkinson disease protein, also via the modulation of the mevalonate pathway (65). Previously, we reported that potent anti-inflammatory molecules and antioxidants, including minocycline and sulphoraphane, attenuate behavioural abnormalities in mice after administration of PCP or methamphetamine (21,22,47,66,67). Taken together, it is possible that SB mediates its therapeutic action through antiinflammatory and antioxidant pathways. Further detailed studies on molecular targets of SB are needed.

#### Conclusions

Our study suggests that SB shows potential antipsychotic activity in animal models of schizophrenia. It is possible that SB could be used for the effective and safe treatment of schizophrenia, particularly because SB is generally recognised as a safe food preservative. In addition, the use of amino acids including D-serine as biomarkers for treatment efficacy will be an interesting future development.

#### Acknowledgements

A.M for substantial contributions to conception and design, acquisition of data, analysis and interpretation of the data, drafting the article, final approval of the version to be published; Y.F. for substantial contributions to conception and design, final approval of the version to be published; M. I. for substantial contributions to conception and design, final approval of the version to be published; K.H. for substantial contributions to conception and design, acquisition of data, analysis and interpretation of the data, drafting the article, final approval of the version to be published.

#### **Financial Support**

This study was supported by a Grant-in-Aid for Scientific Research on Innovative Areas of the Ministry of Education, Culture, Sports, Science and Technology, Japan (to K.H.).

#### **Ethical Standards**

The experimental procedure was approved by the Animal Care and Use Committee of Chiba University. The authors assert that all procedures contributing to this work comply with the ethical standards of the relevant national and institutional guides on the care and use of laboratory animals.

#### References

- JAVITT DC, ZUKIN SR. Recent advances in the phencyclidine model of schizophrenia. Am J Psychiatry 1991;148: 1301–1308.
- OLNEY JW, FARBER NB. NMDA antagonists as neurotherapeutic drugs, psychotogens, neurotoxins, and research tools for studying schizophrenia. Neuropsychopharmacology 1995;13: 335–345.

- 3. COYLE JT. The glutamatergic dysfunction hypothesis for schizophrenia. Harv Rev Psychiatry 1996;**3**:241–253.
- KRYSTAL JH, D'SOUZA DC, PETRAKIS IL et al. NMDA agonists and antagonists as probes of glutamatergic dysfunction and pharmacotherapies in neuropsychiatric disorders. Harv Rev Psychiatry 1999;7:125–143.
- HASHIMOTO K, OKAMURA N, SHIMIZU E, IYO M. Glutamate hypothesis of schizophrenia and approach for possible therapeutic drugs. Cent Nerv Syst Agents Med Chem 2004;4:147–154.
- HASHIMOTO K, SHIMIZU E, IYO M. Dysfunction of glia-neuron communication in pathophysiology of schizophrenia. Curr Psychiatry Rev 2005;1:151–163.
- HASHIMOTO K. The NMDA receptor hypofunction hypothesis for schizophrenia and glycine modulatory sites on the NMDA receptors as potential therapeutic drugs. Clin Psychopharmacol Neurosci 2006;4:3–10.
- HASHIMOTO K, MALCHOW B, FALKAI P, SCHMITT A. Glutamate modulators as potential therapeutic drugs in schizophrenia and affective disorders. Eur Arch Psychiatry Clin Neurosci 2013;263:367–377.
- HASHIMOTO K. Targeting of NMDA receptors in new treatments for schizophrenia. Expert Opin Ther Targets 2014;18:1049–1063.
- KRYSTAL JH, KARPER LP, SEIBYL JP et al. Subanesthetic effects of the noncompetitive NMDA antagonist, ketamine, in humans. Psychotomimetic, perceptual, cognitive, and neuroendocrine responses. Arch Gen Psychiatry 1994;51:199–214.
- KRYSTAL JH, PERRY EB JR, GUEORGUIEVA R et al. Comparative and interactive human psychopharmacologic effects of ketamine and amphetamine: implications for glutamatergic and dopaminergic model psychoses and cognitive function. Arch Gen Psychiatry 2005;62:985–994.
- ANAND A, CHARNEY DS, OREN DA et al. Attenuation of the neuropsychiatric effects of ketamine with lamotrigine: support for hyperglutamatergic effects of *N*-methyl- D-aspartate receptor antagonists. Arch Gen Psychiatry 2000;57:270–276.
- JENTSCH JD, ROTH RH. The neuropsychopharmacology of phencyclidine: from NMDA receptor hypofunction to the dopamine hypothesis of schizophrenia. Neuropsychopharmacology 1999;20:201–225.
- HASHIMOTO K, FUJITA Y, SHIMIZU E, IYO M. Phencyclidineinduced cognitive deficits in mice are improved by subsequent subchronic administration of clozapine, but not haloperidol. Eur J Pharmacol 2005;**519**:114–117.
- HASHIMOTO K, FUJITA Y, ISHIMA T, HAGIWARA H, IYO M. Phencyclidine-induced cognitive deficits in mice are improved by subsequent subchronic administration of tropisetron: role of α7 nicotinic receptors. Eur J Pharmacol 2006;553:191–195.
- HASHIMOTO K, FUJITA Y, IYO M. Phencyclidine-induced cognitive deficits in mice are improved by subsequent subchronic administration of fluvoxamine: role of sigma-1 receptors. Neuropsychopharmacology 2007;32:514–521.
- HASHIMOTO K, FUJITA Y, ISHIMA T, CHAKI S, IYO M. Phencyclidine-induced cognitive deficits in mice are improved by subsequent subchronic administration of the glycine transporter-1 inhibitor NFPS and D-serine. Eur Neuropsychopharmacol 2008;18:414–421.
- 18. HASHIMOTO K, ISHIMA T, FUJITA Y et al. Phencyclidineinduced cognitive deficits in mice are improved by subsequent subchronic administration of the novel selective  $\alpha$ 7 nicotinic receptor agonist SSR180711. Biol Psychiatry 2008;63:92–97.

#### Matsuura et al.

- HAGIWARA H, FUJITA Y, ISHIMA T et al. Phencyclidineinduced cognitive deficits in mice are improved by subsequent subchronic administration of the antipsychotic drug perospirone: role of serotonin 5-HT1A receptors. Eur Neuropsychopharmacol 2008;18:448–454.
- TANIBUCHI Y, FUJITA Y, KOHNO M et al. Effects of quetiapine on phencyclidine-induced cognitive deficits in mice: a possible role of α1-adrenoceptors. Eur Neuropsychopharmacol 2009;19:861–867.
- FUJITA Y, ISHIMA T, KUNITACHI S et al. Phencyclidine-induced cognitive deficits in mice are improved by subsequent subchronic administration of the antibiotic drug minocycline. Prog Neuropsychopharmacol Biol Psychiatry 2008;32:336–339.
- SHIRAI Y, FUJITA Y, HASHIMOTO K. Effects of the antioxidant sulforaphane on hyperlocomotion and prepulse inhibition deficits in mice after phencyclidine administration. Clin Psychopharmacol Neurosci 2012;10:94–98.
- COYLE JT, TSAI G. The NMDA receptor glycine modulatory site: a therapeutic target for improving cognition and reducing negative symptoms in schizophrenia. Psychopharmacology (Berl) 2004;174:32–38.
- FERRARIS DV, TSUKAMOTO T. Recent advances in the discovery of D-amino acid oxidase inhibitors and their therapeutic utility in schizophrenia. Curr Pharm Des 2011;17:103–111.
- LABRIE V, WONG AH, RODER JC. Contributions of the D-serine pathway to schizophrenia. Neuropharmacology 2012;62:1484–1503.
- HASHIMOTO K, FUKUSHIMA T, SHIMIZU E et al. Decreased serum levels of D-serine in patients with schizophrenia: evidence in support of the N-methyl- D-aspartate receptor hypofunction hypothesis of schizophrenia. Arch Gen Psychiatry 2003;60:572–576.
- HASHIMOTO K, ENGBERG G, SHIMIZU E, NORDIN C, LINDSTROM LH, IYO M. Reduced D-serine to total serine ratio in the cerebrospinal fluid of drug naive schizophrenic patients. Prog Neuropsychopharmacol Biol Psychiatry 2005;29: 767–769.
- YAMADA K, OHNISHI T, HASHIMOTO K et al. Identification of multiple serine racemase (SRR) mRNA isoforms and genetic analyses of SRR and DAO in schizophrenia and D-serine levels. Biol Psychiatry 2005;57:1493–1503.
- BENDIKOV I, NADRI C, AMAR S et al. A CSF and postmortem brain study of p-serine metabolic parameters in schizophrenia. Schizophr Res 2007;90:41–51.
- CALCIA MA, MADEIRA C, ALHEIRA FV et al. Plasma levels of D-serine in Brazilian individuals with schizophrenia. Schizophr Res 2012;142:83–87.
- TSAI G, YANG P, CHUNG LC, LANGE N, COYLE JT. D-serine added to antipsychotics for the treatment of schizophrenia. Biol Psychiatry 1998;44:1081–1089.
- HERESCO-LEVY U, JAVITT DC, EBSTEIN R et al. D-Serine efficacy as add-on pharmacotherapy to risperidone and olanzapine for treatment-refractory schizophrenia. Biol Psychiatry 2005;57:577–585.
- KANTROWITZ JT, MALHOTRA AK, CORNBLATT B et al.. High dose D-serine in the treatment of schizophrenia. Schizophr Res 2010;121:125–130.
- 34. WEISER M, HERESCO-LEVY U, DAVIDSON M et al. A multicenter, add-on randomized controlled trial of low-dose D-serine for negative and cognitive symptoms of schizophrenia. J Clin Psychiatry 2012;73:e728–e734.
- 35. ERMILOV M, GELFIN E, LEVIN R et al. A pilot double-blind comparison of D-serine and high-dose olanzapine in

treatment-resistant patients with schizophrenia. Schizophr Res 2013;**150**:604–605.

- 36. TSAI GE, LIN PY. Strategies to enhance N-methyl-D-aspartate receptor-mediated neurotransmission in schizophrenia, a critical review and meta-analysis. Curr Pharm Des 2010;**16**:522–537.
- VERRALL L, WALKER M, RAWLINGS N et al. D-Amino acid oxidase and serine racemase in human brain: normal distribution and altered expression in schizophrenia. Eur J Neurosci 2007;26:1657–1669.
- MADEIRA C, FREITAS ME, VARGAS-LOPES C, WOLOSKER H, PANIZZUTTI R. Increased brain D-amino acid oxidase (DAAO) activity in schizophrenia. Schizophr Res 2008;101:76–83.
- CHUMAKOV I, BLUMENFELD M, GUERASSIMENKO O et al. Genetic and physiological data implicating the new human gene G72 and the gene for D-amino acid oxidase in schizophrenia. Proc Natl Acad Sci USA 2002;99: 13675–13680.
- KVAJO M, DHILLA A, SWOR DE, KARAYIORGOU M, GOGOS JA. Evidence implicating the candidate schizophrenia/bipolar disorder susceptibility gene G72 in mitochondrial function. Mol Psychiatry 2008;13:685–696.
- DETERA-WADLEIGH SD, MCMAHON FJ. G72/G30 in schizophrenia and bipolar disorder: review and metaanalysis. Biol Psychiatry 2006;60:106–114.
- 42. KLEIN JR, KAMIN H. Inhibition of the D-amino acid oxidase by benzoic acid. J Biol Chem 1941;**138**:507–512.
- FERRARIS D, DUVALL B, KO YS et al. Synthesis and biological evaluation of D-amino acid oxidase inhibitors. J Med Chem 2008;**51**:3357–3359.
- 44. LANE HY, LIN CH, GREEN MF et al. Add-on treatment of benzoate for schizophrenia: a randomized, double-blind, placebo-controlled trial of p-amino acid oxidase inhibitor. JAMA Psychiatry 2013;70:1267–1275.
- HASHIMOTO K, ENGBERG G, SHIMIZU E, NORDIN C, LINDSTROM LH, IYO M. Elevated glutamine/glutamate ratio in cerebrospinal fluid of first episode and drug naive schizophrenic patients. BMC Psychiatry 2005;5:6.
- HASHIMOTO K. Abnormalities of the glutamine-glutamate-GABA cycle in the schizophrenia brain. Schizophr Res 2014;156:281–282.
- ZHANG L, SHIRAYAMA Y, IYO M, HASHIMOTO K. Minocycline attenuates hyperlocomotion and prepulse inhibition deficits in mice after administration of the NMDA receptor antagonist dizocilpine. Neuropsychopharmacology 2007;32: 2004–2010.
- HASHIMOTO K, FUJITA Y, HORIO M et al. Co-administration of a D-amino acid oxidase inhibitor potentiates the efficacy of D-serine in attenuating prepulse inhibition deficits after administration of dizocilpine. Biol Psychiatry 2009;65: 1103–1106.
- HORIO M, FUJITA Y, ISHIMA T et al. Effects of D-amino acid oxidase inhibitor on the extracellular D-alanine levels and the efficacy of D-alanine on dizocilpine-induced prepulse inhibition deficits in mice. Open Clin Chem J 2009;2:16–21.
- REN Q, ZHANG JC, FUJITA Y, MA M, WU J, HASHIMOTO K. Effects of TrkB agonist 7,8-dihydroxyflavone on sensory gating deficits in mice after administration of methamphetamine. Pharmacol Biochem Behav 2013;106:124–127.
- FUKUSHIMA T, KAWAI J, IMAI K, TOYO'OKA T. Simultaneous determination of D- and L-serine in rat brain microdialysis sample using a column-switching HPLC with fluorimetric detection. Biomed Chromatogr 2004;18:813–819.

#### Sodium benzoate in the phencyclidine model

- AOYAMA C, SANTA T, TSUNODA M, FUKUSHIMA T, KITADA C, IMAI K. A fully automated amino acid analyzer using NBD-F as a fluorescent derivatization reagent. Biomed Chromatogr 2004;18:630–636.
- HORIO M, KOHNO M, FUJITA Y et al. Levels of D-serine in the brain and peripheral organs of serine racemase (*Srr*) knockout mice. Neurochem Int 2011;59:853–859.
- 54. SMITH SM, USLANER JM, HUTSON PH. The therapeutic potential of D-Amino acid oxidase (DAAO) inhibitors. Open Med Chem J 2010;4:3–9.
- SACCHI S, ROSINI E, POLLEGIONI L, MOLLA G. D-Amino acid oxidase inhibitors as a novel class of drugs for schizophrenia therapy. Curr Pharm Des 2013;19:2499–2511.
- HASHIMOTO K. Comments on 'The effect of risperidone on D-amino acid oxidase activity as a hypothesis for a novel mechanism of action in the treatment of schizophrenia'. J Psychopharmacol 2010;24:1133–1134.
- 57. JANA A, MODI KK, ROY A, ANDERSON JA, VAN BREEMEN RB, PAHAN K. Up-regulation of neurotrophic factors by cinnamon and its metabolite sodium benzoate: therapeutic implications for neurodegenerative disorders. J Neuroimmune Pharmacol 2013;8:739–755.
- REN Q, ZHANG JC, MA M, FUJITA Y, WU J, HASHIMOTO K. 7,8-Dihydroxyflavone, a TrkB agonist, attenuates behavioral abnormalities and neurotoxicity in mice after administration of methamphetamine. Psychopharmacology (Berl) 2014;231: 159–166.
- HASHIMOTO K. Microglial activation in schizophrenia and minocycline treatment. Prog Neuropsychopharmacol Biol Psychiatry 2008;32:1758–1759. author reply 1760.

- MATSUZAWA D, HASHIMOTO K. Magnetic resonance spectroscopy study of the antioxidant defense system in schizophrenia. Antioxid Redox Signal 2011;15:2057–2065.
- YAO JK, KESHAVAN MS. Antioxidants, redox signaling, and pathophysiology in schizophrenia: an integrative view. Antioxid Redox Signal 2011;15:2011–2035.
- KIRKPATRICK B, MILLER BJ. Inflammation and schizophrenia. Schizophr Bull 2013;39:1174–1179.
- STEULLET P, CABUNGCAL JH, MONIN A et al. Redox dysregulation, neuroinflammation, and NMDA receptor hypofunction: a "central hub" in schizophrenia pathophysiology? Schizophr Res 2014, doi:10.1016/j.schres.2014. 06.021.
- 64. BRAHMACHARI S, JANA A, PAHAN K. Sodium benzoate, a metabolite of cinnamon and a food additive, reduces microglial and astroglial inflammatory responses. J Immunol 2009;183:5917–5927.
- 65. KHASNAVIS S, PAHAN K. Sodium benzoate, a metabolite of cinnamon and a food additive, upregulates neuroprotective Parkinson disease protein DJ-1 in astrocytes and neurons. J Neuroimmune Pharmacol 2012;7:424–435.
- 66. ZHANG L, KITAICHI K, FUJIMOTO Y et al. Protective effects of minocycline on behavioral changes and neurotoxicity in mice after administration of methamphetamine. Prog Neuropsychopharmacol Biol Psychiatry 2006;**30**:1381–1393.
- CHEN H, WU J, ZHANG J et al. Protective effects of the antioxidant sulforaphane on behavioral changes and neurotoxicity in mice after the administration of methamphetamine. Psychopharmacology (Berl) 2012;222: 37–45.