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9

Clinical Snapshots: A Look at the Anxiety and Autism Spectra

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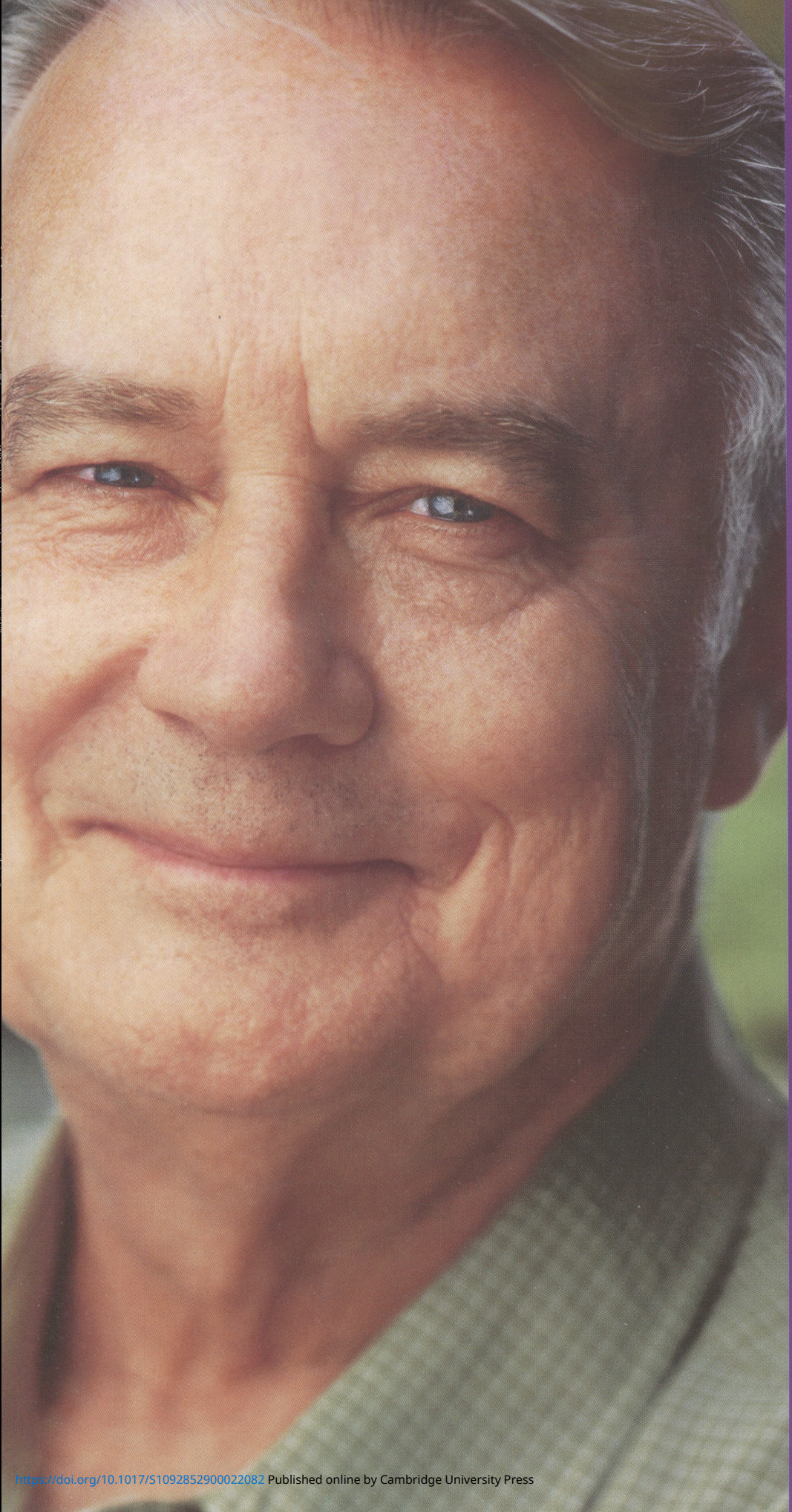

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NEURONTIN® (gabapentin) capsules
NEURONTIN® (gabapentin) tablets
NEURONTIN® (gabapentin) oral solution

Before prescribing, please see full prescribing information. A Brief Summary follows.

INDICATIONS AND USAGE

Neurontin® (gabapentin) is indicated as adjunctive therapy in the treatment of partial seizures with and without secondary generalization in patients over 12 years of age with epilepsy. Neurontin is also indicated as adjunctive therapy in the treatment of partial seizures in pediatric patients age 3–12 years.

CONTRAINDICATIONS

Neurontin® is contraindicated in patients who have demonstrated hypersensitivity to the drug or its ingredients.

WARNINGS

Neuropsychiatric Adverse Events—Pediatric Patients 3-12 Years of Age Gabapentin use in pediatric patients with epilepsy 3–12 years of age is associated with the occurrence of central nervous system related adverse events. The most significant of these can be classified into the following categories: 1) emotional lability (primarily behavioral problems), 2) hostility, including aggressive behaviors, 3) thought disorder, including concentration problems and change in school performance, and 4) hyperkinesia (primarily restlessness and hyperactivity). Among the gabapentin-treated patients, most of the events were mild to moderate in intensity. In controlled trials in pediatric patients 3–12 years of age the incidence of these adverse events was: emotional lability 6% (gabapentin-treated patients) vs 1.3% (placebo-treated patients); hostility 5.2% vs 1.3%; hyperkinesia 4.7% vs 2.9%; and thought disorder 1.7% vs 0%. One of these events, a report of hostility, was considered serious. Discontinuation of gabapentin treatment occurred in 1.3% of patients reporting emotional lability and hyperkinesia and 0.9% of gabapentin-treated patients reporting hostility and thought disorder. One placebo-treated patient (0.4%) withdrew due to emotional lability. **Withdrawal Precipitated Seizure, Status Epilepticus** Antiepileptic drugs should not be abruptly discontinued because of the possibility of increasing seizure frequency. In the placebo-controlled studies in patients >12 years of age, the incidence of status epilepticus in patients receiving Neurontin® was 0.6% (3 of 543) versus 0.5% in patients receiving placebo (2 of 378). Among the 2074 patients treated with Neurontin® across all studies (controlled and uncontrolled) 31(1.5%) had status epilepticus. Of these, 14 patients had no prior history of status epilepticus either before treatment or while on other medications. Because adequate historical data are not available, it is impossible to say whether or not treatment with Neurontin® is associated with a higher or lower rate of status epilepticus than would be expected to occur in a similar population not treated with Neurontin®. **Tumorigenic Potential** In standard preclinical *in vivo* lifetime carcinogenicity studies, an unexpectedly high incidence of pancreatic acinar adenocarcinomas was identified in male, but not female, rats. (See PRECAUTIONS: Carcinogenesis, Mutagenesis, Impairment of Fertility.) The clinical significance of this finding is unknown. Clinical experience during gabapentin's premarketing development provides no direct means to assess its potential for inducing tumors in humans. In clinical studies comprising 2085 patient-years of exposure, new tumors were reported in 10 patients (2 breast, 3 brain, 2 lung, 1 adrenal, 1 non-Hodgkin's lymphoma, 1 endometrial carcinoma *in situ*), and preexisting tumors worsened in 11 patients (9 brain, 1 breast, 1 prostate) during or up to 2 years following discontinuation of Neurontin®. Without knowledge of the background incidence and recurrence in a similar population not treated with Neurontin®, it is impossible to know whether the incidence seen in this cohort is or is not affected by treatment. **Sudden and Unexplained Deaths** During the course of premarketing development of Neurontin®, 8 sudden and unexplained deaths were recorded among a cohort of 2203 patients treated (2103 patient-years of exposure). Some of these could represent seizure-related deaths in which the seizure was not observed, e.g., at night. This represents an incidence of 0.0038 deaths per patient-year. Although this rate exceeds that expected in a healthy population matched for age and sex, it is within the range of estimates for the incidence of sudden unexplained deaths in patients with epilepsy not receiving Neurontin® (ranging from 0.0005 for the general population of epileptics, to 0.003 for a clinical trial population similar to that in the Neurontin® program, to 0.005 for patients with refractory epilepsy). Consequently, whether these figures are reassuring or raise further concern depends on comparability of the populations reported upon to the Neurontin® cohort and the accuracy of the estimates provided.

PRECAUTIONS

Information for Patients Patients should be instructed to take Neurontin® only as prescribed. Patients should be advised that Neurontin® may cause dizziness, somnolence and other symptoms and signs of CNS depression. Accordingly, they should be advised neither to drive a car nor to operate other complex machinery until they have gained sufficient experience on Neurontin® to gauge whether or not it affects their mental and/or motor performance adversely. **Laboratory Tests** Clinical trials data do not indicate that routine monitoring of clinical laboratory parameters is necessary for the safe use of Neurontin®. The value of monitoring Neurontin® blood concentrations has not been established. Neurontin® may be used in combination with other antiepileptic drugs without concern for alteration of the blood concentrations of gabapentin or of other antiepileptic drugs. **Drug Interactions** Gabapentin is not appreciably metabolized nor does it interfere with the metabolism of commonly coadministered antiepileptic drugs. The drug interaction data described in this section were obtained from studies involving healthy adults and adult patients with epilepsy. **Phenytoin:** In a single and multiple dose study of Neurontin® (400 mg T.I.D.) in epileptic patients (N = 8) maintained on phenytoin monotherapy for at least 2 months, gabapentin had no effect on the steady-state trough plasma concentrations of phenytoin and phenytoin had no effect on gabapentin pharmacokinetics. **Carbamazepine:** Steady-state trough plasma carbamazepine and carbamazepine 10, 11 epoxide concentrations were not affected by concomitant gabapentin (400 mg T.I.D.; N=12) administration. Likewise, gabapentin pharmacokinetics were unaltered by carbamazepine administration. **Valproic Acid:** The mean steady-state trough serum valproic acid concentrations prior to and during concomitant gabapentin administration (400 mg T.I.D.; N=17) were not different and neither were gabapentin pharmacokinetic parameters affected by valproic acid. **Phenobarbital:** Estimates of steady-state pharmacokinetic parameters for phenobarbital or gabapentin (300 mg T.I.D.; N=12) are identical whether the drugs are administered alone or together. **Cimetidine:** In the presence of cimetidine at 300 mg Q.I.D. (N=12) the mean apparent oral clearance of gabapentin fell by 14% and creatinine clearance fell by 10%. Thus cimetidine appeared to alter the renal excretion of both gabapentin and creatinine, an endogenous marker of renal function. This small decrease in excretion of gabapentin by cimetidine is not expected to be of clinical importance. The effect of gabapentin on cimetidine was not evaluated. **Oral Contraceptive:** Based on AUC and half-life, multiple-dose pharmacokinetic profiles of norethindrone and ethinyl estradiol following administration of tablets containing 2.5 mg of norethindrone acetate and 50 mcg of ethinyl estradiol were similar with and without coadministration of gabapentin (400 mg T.I.D.; N=13). The Cmax of norethindrone was 13% higher when it was coadministered with gabapentin; this interaction is not expected to be of clinical importance. **Antacid (Maalox®):** Maalox reduced the bioavailability of gabapentin (N=16) by about 20%. This decrease in bioavailability was about 5% when gabapentin was administered 2 hours after Maalox. It is recommended that gabapentin be taken at least 2 hours following Maalox administration. **Effect of Probenecid:** Probenecid is a blocker of renal tubular secretion. Gabapentin pharmacokinetic parameters without and with probenecid were comparable. This indicates that gabapentin does not undergo renal tubular secretion by the pathway that is blocked by probenecid. **Drug/Laboratory Tests Interactions** Because false positive readings were reported with the Ames N-Multistix SG® dipstick test for urinary protein when gabapentin was added to other antiepileptic drugs, the more specific sulfosalicylic acid precipitation procedure is recommended to determine the presence of urine protein. **Carcinogenesis, Mutagenesis, Impairment of Fertility** Gabapentin was given in the diet to mice at 200, 600, and 2000 mg/kg/day and to rats at 250, 1000, and 2000 mg/kg/day for 2 years. A statistically significant increase in the incidence of pancreatic acinar cell adenomas and carcinomas was found in male rats receiving the high dose; the no-effect dose for the occurrence of carcinomas was 1000 mg/kg/day. Peak plasma concentrations of gabapentin in rats receiving the high dose of 2000 mg/kg were 10 times higher than plasma concentrations in humans receiving 3600 mg per day, and in rats receiving 1000 mg/kg/day peak plasma concentrations were 6.5 times higher than in humans receiving 3600 mg/day. The pancreatic acinar cell carcinomas did not affect survival, did not metastasize and were not locally invasive. The relevance of this finding to carcinogenic risk in humans is unclear. Studies designed to investigate the mechanism of gabapentin-induced pancreatic carcinogenesis in rats indicate that gabapentin stimulates DNA synthesis in rat pancreatic acinar cells *in vitro* and, thus, may be acting as a tumor promoter by enhancing mitogenic activity. It is not known whether gabapentin has the ability to increase cell proliferation in other cell types or in other species, including humans. Gabapentin did not demonstrate mutagenic or genotoxic potential in three *in vitro* and four *in vivo* assays. It was negative in the Ames test and the *in vitro* HGPRT forward mutation assay in Chinese hamster lung cells; it did not produce significant increases in chromosomal aberrations in the *in vitro* Chinese hamster lung cell assay; it was negative in the *in vivo* chromosomal aberration assay and in the *in vivo* micronucleus test in Chinese hamster bone marrow; it was negative in the *in vivo* mouse micronucleus assay; and it did not induce unscheduled DNA synthesis in hepatocytes from rats given gabapentin. No adverse effects on fertility or reproduction were observed in rats at doses up to 2000 mg/kg (approximately 5 times the maximum recommended human dose on an mg/m² basis). **Pregnancy** Pregnancy Category C: Gabapentin has been shown to be fetotoxic in rodents, causing delayed ossification of several bones in the skull, vertebrae, forelimbs, and hindlimbs. These effects occurred when pregnant mice received oral doses of 1000 or 3000 mg/kg/day during the period of organogenesis, or approximately 1 to 4 times the maximum dose of 3600 mg/day given to epileptic patients on a mg/m² basis. The no-effect level was 500 mg/kg/day or approximately ½ of the human dose on a mg/m² basis. When rats were dosed prior to and during mating, and throughout gestation, pups from all dose groups (500, 1000 and 2000 mg/kg/day) were affected. These doses are equivalent to less than approximately 1 to 5 times the maximum human dose on a mg/m² basis. There was an increased incidence of hydroureter and/or hydronephrosis in rats in a study of fertility and general reproductive performance at 2000 mg/kg/day with no effect at 1000 mg/kg/day, in a teratology study at 1500 mg/kg/day with no effect at 300 mg/kg/day, and in a perinatal and postnatal study at all doses studied (500, 1000 and 2000 mg/kg/day). The doses at which the effects occurred are approximately 1 to 5 times the maximum human dose of 3600 mg/day on a mg/m² basis; the no-effect doses were approximately 3 times (Fertility and General Reproductive Performance study) and approximately equal to (Teratogenicity study) the maximum human dose on a mg/m² basis. Other than hydroureter and hydronephrosis, the etiologies of which are unclear, the incidence of malformations was not increased compared to controls in offspring of mice, rats, or rabbits given doses up to 50 times (mice), 30 times (rats), and 25 times (rabbits) the human daily dose on a mg/kg basis, or 4 times (mice), 5 times (rats), or 8 times (rabbits) the human daily dose on a mg/m² basis.

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In a teratology study in rabbits, an increased incidence of postimplantation fetal loss occurred in dams exposed to 60, 300 and 1500 mg/kg/day, or less than approximately ¼ to 8 times the maximum human dose on a mg/m² basis. There are no adequate and well-controlled studies in pregnant women. Because animal reproduction studies are not always predictive of human response, this drug should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. **Use in Nursing Mothers** Gabapentin is secreted into human milk following oral administration. A nursed infant could be exposed to a maximum dose of approximately 1 mg/kg/day of gabapentin. Because the effect on the nursing infant is unknown, Neurontin® should be used in women who are nursing only if the benefits clearly outweigh the risks. **Pediatric Use** Effectiveness in pediatric patients below the age of 3 years has not been established (see CLINICAL PHARMACOLOGY, Clinical Studies). **Geriatric Use** Clinical studies of Neurontin did not include sufficient numbers of subjects aged 65 and over to determine whether they responded differently from younger subjects. Other reported clinical experience has not identified differences in responses between the elderly and younger patients. In general, dose selection for an elderly patient should be cautious, usually starting at the low end of the dosing range, reflecting the greater frequency of decreased hepatic, renal, or cardiac function, and of concomitant disease or other drug therapy. This drug is known to be substantially excreted by the kidney, and the risk of toxic reactions to this drug may be greater in patients with impaired renal function. Because elderly patients are more likely to have decreased renal function, care should be taken in dose selection, and it may be useful to monitor renal function (see CLINICAL PHARMACOLOGY, ADVERSE REACTIONS, and DOSAGE AND ADMINISTRATION sections).

ADVERSE REACTIONS

The most commonly observed adverse events associated with the use of Neurontin® in combination with other antiepileptic drugs in patients >12 years of age, not seen at an equivalent frequency among placebo-treated patients, were somnolence, dizziness, ataxia, fatigue, and nystagmus. The most commonly observed adverse events reported with the use of Neurontin *in combination with other antiepileptic drugs in pediatric patients 3 to 12 years of age, not seen at an equal frequency among* placebo-treated patients, were viral infection, fever, nausea and/or vomiting, somnolence, and hostility (see WARNINGS, Neuropsychiatric Adverse Events). Approximately 7% of the 2074 patients >12 years of age and approximately 7% of the 449 pediatric patients 3 to 12 years of age who received Neurontin® in premarketing clinical trials discontinued treatment because of an adverse event. The adverse events most commonly associated with withdrawal in patients >12 years of age were somnolence (1.2%), ataxia (0.8%), fatigue (0.6%), nausea and/or vomiting (0.6%), and dizziness (0.6%). The adverse events most commonly associated with withdrawal in pediatric patients were emotional lability (1.6%), hostility (1.3%), and hyperkinesia (1.1%). **Incidence in Controlled Clinical Trials** Table 1 lists treatment-emergent signs and symptoms that occurred in at least 1% of Neurontin®-treated patients >12 years of age with epilepsy participating in placebo-controlled trials and were numerically more common in the Neurontin® group. In these studies, either Neurontin® or placebo was added to the patient's current antiepileptic drug therapy. Adverse events were usually mild to moderate in intensity. The prescriber should be aware that these figures, obtained when Neurontin® was added to concurrent antiepileptic drug therapy, cannot be used to predict the frequency of adverse events in the course of usual medical practice where patient characteristics and other factors may differ from those prevailing during clinical studies. Similarly, the cited frequencies cannot be directly compared with figures obtained from other clinical investigations involving different treatments, uses, or investigators. An inspection of these frequencies, however, does provide the prescribing physician with one basis to estimate the relative contribution of drug and nondrug factors to the adverse event incidences in the population studied.

TABLE 1. Treatment-Emergent Adverse Event Incidence in Controlled Add-On Trials in Patients >12 Years of Age
(Events in at least 1% of Neurontin patients and numerically more frequent than in the placebo group)

Body System/ Adverse Event	Neurontin[a&b] N=543 %	Placebo[a] N=378 %	Body System/ Adverse Event	Neurontin[a&b] N=543 %	Placebo[a] N=378 %
Body As A Whole			Nervous System (cont'd)		
Fatigue	11.0	5.0	Tremor	6.8	3.2
Weight Increase	2.9	1.6	Nervousness	2.4	1.9
Back Pain	1.8	0.5	Dysarthria	2.4	0.5
Peripheral Edema	1.7	0.5	Amnesia	2.2	0.0
Cardiovascular			Depression	1.8	1.1
Vasodilatation	1.1	0.3	Thinking Abnormal	1.7	1.3
Digestive System			Twitching	1.3	0.5
Dyspepsia	2.2	0.5	Coordination Abnormal	1.1	0.3
Mouth or Throat Dry	1.7	0.5	Respiratory System		
Constipation	1.5	0.8	Rhinitis	4.1	3.7
Dental Abnormalities	1.5	0.3	Pharyngitis	2.8	1.6
Increased Appetite	1.1	0.8	Coughing	1.8	1.3
Hematologic and Lymphatic Systems			Skin and Appendages		
Leukopenia	1.1	0.5	Abrasion	1.3	0.0
Musculoskeletal System			Pruritus	1.3	0.5
Myalgia	2.0	1.9	Urogenital System		
Fracture	1.1	0.8	Impotence	1.5	1.1
Nervous System			Special Senses		
Somnolence	19.3	8.7	Diplopia	5.9	1.9
Dizziness	17.1	6.9	Amblyopia[b]	4.2	1.1
Ataxia	12.5	5.6	Laboratory Deviations		
Nystagmus	8.3	4.0	WBC Decreased	1.1	0.5

[a] Plus background antiepileptic drug therapy. [b] Amblyopia was often described as blurred vision.

Other events in more than 1% of patients >12 years of age but equally or more frequent in the placebo group included: headache, viral infection, fever, nausea and/or vomiting, abdominal pain, diarrhea, convulsions, confusion, insomnia, emotional lability, rash, acne. Among the treatment-emergent adverse events occurring at an incidence of at least 10% of Neurontin-treated patients, somnolence and ataxia appeared to exhibit a positive dose-response relationship. The overall *incidence of adverse events and the types of adverse events seen were similar among men and women treated with* Neurontin®. The incidence of adverse events increased slightly with increasing age in patients treated with either Neurontin® or placebo. Because only 3% of patients (28/921) in placebo-controlled studies were identified as nonwhite (black or other), there are insufficient data to support a statement regarding the distribution of adverse events by race. Table 2 lists treatment-emergent signs and symptoms that occurred in at least 2% of Neurontin-treated patients 3 to 12 years of age *with epilepsy participating in placebo-controlled trials and were numerically more common in the Neurontin group. Adverse* events were usually mild to moderate in intensity.

TABLE 2. Treatment-Emergent Adverse Event Incidence in Pediatric Patients Age 3 to 12 Years in a Controlled Add-On Trial
(Events in at least 2% of Neurontin patients and numerically more frequent than in the placebo group)

Body System/ Adverse Event	Neurontin[a] N=119 %	Placebo[a] N=128 %	Body System/ Adverse Event	Neurontin[a] N=119 %	Placebo[a] N=128 %
Body As A Whole			Nervous System		
Viral Infection	10.9	3.1	Somnolence	8.4	4.7
Fever	10.1	3.1	Hostility	7.6	2.3
Weight Increase	3.4	0.8	Emotional Lability	4.2	1.6
Fatigue	3.4	1.6	Dizziness	2.5	1.6
Digestive System			Hyperkinesia	2.5	0.8
Nausea and/or Vomiting	8.4	7.0	Respiratory System		
			Bronchitis	3.4	0.8
			Respiratory Infection	2.5	0.8

[a] Plus background antiepileptic drug therapy.

Other events in more than 2% of pediatric patients 3 to 12 years of age but equally or more frequent in the placebo group included: pharyngitis, upper respiratory infection, headache, rhinitis, convulsions, diarrhea, anorexia, coughing, and otitis media.

Other Adverse Events Observed During All Clinical Trials Neurontin® has been administered to 2074 patients >12 years of age during all clinical trials, only some of which were placebo-controlled. During these trials, all adverse events were recorded by the clinical investigators using terminology of their own choosing. To provide a meaningful estimate of the proportion of individuals having adverse events, similar types of events were grouped into a smaller number of standardized categories using modified COSTART dictionary terminology. These categories are used in the listing below. The frequencies presented represent the proportion of the 2074 patients >12 years of age exposed to Neurontin® who experienced an event of the type cited on at least one occasion while receiving Neurontin®. All reported events are included except those already listed in the previous table, those too general to be informative, and those not reasonably associated with the use of the drug. Events are further classified within body system categories and enumerated in order of decreasing frequency using the following definitions: frequent adverse events are defined as those occurring in at least 1/100 patients; infrequent adverse events are those occurring in 1/100 to 1/1000 patients; rare events are those occurring in fewer than 1/1000 patients. **Body As A Whole:** *Frequent:* asthenia, malaise, face edema; *Infrequent:* allergy, generalized edema, weight decrease, chill; *Rare:* strange feelings, lassitude, alcohol intolerance, hangover effect. **Cardiovascular System:** *Frequent:* hypertension; *Infrequent:* hypotension, angina pectoris, peripheral vascular disorder, palpitation, tachycardia, migraine, murmur; *Rare:* atrial fibrillation, heart failure, thrombophlebitis, deep thrombophlebitis, myocardial infarction, cerebrovascular accident, pulmonary thrombosis, ventricular extrasystoles, bradycardia, premature atrial contraction, pericardial rub, heart block, pulmonary embolus, hyperlipidemia, hypercholesterolemia, pericardial effusion, pericarditis. **Digestive System:** *Frequent:* anorexia, flatulence, gingivitis; *Infrequent:* glossitis, gum hemorrhage, thirst, stomatitis, *increased salivation, gastroenteritis, hemorrhoids, bloody stools, fecal incontinence, hepatomegaly; Rare:* dysphagia, eructation, pancreatitis, peptic ulcer, colitis, blisters in mouth, tooth discolor, perleche, salivary gland enlarged, lip hemorrhage, esophagitis, hiatal hernia, hematemesis, proctitis, irritable bowel syndrome, rectal hemorrhage, esophageal spasm. **Endocrine System:** *Rare:* hyperthyroid, hypothyroid, goiter, hypoestrogen, ovarian failure, epididymitis, swollen testicle, cushingoid appearance. **Hematologic and Lymphatic System:** *Frequent:* purpura most often described as bruises resulting from *physical trauma; Infrequent: anemia, thrombocytopenia, lymphadenopathy; Rare: WBC count increased,* lymphocytosis, non-Hodgkin's lymphoma, bleeding time increased. **Musculoskeletal System:** *Frequent:* arthralgia; Infrequent: tendinitis, arthritis, joint stiffness, joint swelling, positive Romberg test; *Rare:* costochondritis, osteoporosis, bursitis, contracture. **Nervous System:** *Frequent:* vertigo, hyperkinesia, paresthesia, decreased or absent reflexes, increased reflexes, anxiety, hostility; *Infrequent:* CNS tumors, syncope, dreaming abnormal, aphasia, hypesthesia, intracranial hemorrhage, hypotonia, *dysesthesia, paresis, dystonia, hemiplegia, facial paralysis, stupor, cerebellar dysfunction, positive Babinski sign, decreased* position sense, subdural hematoma, apathy, hallucination, decrease or loss of libido, agitation, paranoia, depersonalization, euphoria, feeling high, doped-up sensation, suicidal, psychosis; *Rare:* choreoathetosis, orofacial dyskinesia, encephalopathy, nerve palsy, personality disorder, increased libido, subdued temperament, apraxia, fine motor control disorder, meningismus, local myoclonus, hyperesthesia, hypokinesia, mania, neurosis, hysteria, antisocial reaction, suicide gesture. **Respiratory System:** *Frequent: pneumonia; Infrequent: epistaxis, dyspnea, apnea; Rare: mucositis, aspiration pneumonia, hyperventilation,* hiccup, laryngitis, nasal obstruction, snoring, bronchospasm, hypoventilation, lung edema. **Dermatological:** *Infrequent:* alopecia, eczema, dry skin, increased sweating, urticaria, hirsutism, seborrhea, cyst, herpes Simplex; *Rare:* herpes zoster, skin discolor, skin papules, photosensitive reaction, leg ulcer, scalp seborrhea, psoriasis, desquamation, maceration, skin nodules, subcutaneous nodule, melanosis, skin necrosis, focal swelling. **Urogenital System:** *Infrequent:* hematuria, dysuria, urination *frequency, cystitis, urinary retention, urinary incontinence, vaginal hemorrhage, amenorrhea, dysmenorrhea, menorrhagia,* breast cancer, unable to climax, ejaculation abnormal; *Rare:* kidney pain, leukorrhea, pruritus genital, renal stone, acute renal failure, anuria, glycosuria, nephrosis, nocturia, pyuria, urination urgency, vaginal pain, breast pain, testicle pain. **Special Senses:** *Frequent:* abnormal vision; *Infrequent:* cataract, conjunctivitis, eyes dry, eye pain, visual field defect, photophobia, bilateral or unilateral ptosis, eye hemorrhage, hordeolum, hearing loss, earache, tinnitus, inner ear infection, otitis, taste loss, *unusual taste, eye twitching, ear fullness; Rare: eye itching, abnormal accommodation, perforated ear drum, sensitivity to noise,* eye focusing problem, watery eyes, retinopathy, glaucoma, iritis, corneal disorders, lacrimal dysfunction, degenerative eye changes, blindness, retinal degeneration, miosis, chorioretinitis, strabismus, eustachian tube dysfunction, labyrinthitis, otitis externa, odd smell. Adverse events occurring during clinical trials in 449 pediatric patients 3 to 12 years of age treated with gabapentin that were not reported in adjunctive trials in adults are: **Body As A Whole:** dehydration, infectious mononucleosis. **Digestive System:** hepatitis. **Hemic and Lymphatic System:** coagulation defect. **Nervous System:** aura disappeared, occipital neuralgia. **Psychobiologic Function:** sleepwalking. **Respiratory System:** pseudocroup, hoarseness. **Postmarketing and Other Experience** In addition to the adverse experiences reported during clinical testing of Neurontin®, the following adverse experiences have been reported in patients receiving marketed Neurontin®. These adverse experiences have not been listed above and data are insufficient to support an estimate of their incidence or to establish causation. The listing is alphabetized: angioedema, blood glucose fluctuation, erythema multiforme, elevated liver function tests, fever, hyponatremia, jaundice, Stevens-Johnson syndrome.

DRUG ABUSE AND DEPENDENCE

The abuse and dependence potential of Neurontin® has not been evaluated in human studies.

OVERDOSAGE

A lethal dose of gabapentin was not identified in mice and rats receiving single oral doses as high as 8000 mg/kg. Signs of acute toxicity in animals included ataxia, labored breathing, ptosis, sedation, hypoactivity, or excitation. Acute oral overdoses of Neurontin® up to 49 grams have been reported. In these cases, double vision, slurred speech, drowsiness, lethargy and diarrhea were observed. All patients recovered with supportive care. Gabapentin can be removed by hemodialysis. Although hemodialysis has not been performed in the few overdose cases reported, it may be indicated by the patient's clinical state or in patients with significant renal impairment.

DOSAGE AND ADMINISTRATION

Neurontin® is recommended for add-on therapy in patients 3 years of age and older. Effectiveness in pediatric patients *below the age of 3 years has not been established. Neurontin® is given orally with or without food.* **Patients >12 Years of Age:** The effective dose of Neurontin® is 900 to 1800 mg/day and given in divided doses (three times a day) using 300- or 400-mg capsules or 600- or 800-mg tablets. The starting dose is 300 mg three times a day. If necessary, the dose may be increased using 300- or 400-mg capsules or 600- or 800-mg tablets three times a day up to 1800 mg/day. Dosages up to 2400 mg/day have been well tolerated in long-term clinical studies. Doses of 3600 mg/day have also been *administered to a small number of patients for a relatively short duration, and have been well tolerated. The maximum* time between doses in the T.I.D. schedule should not exceed 12 hours. **Pediatric Patients Age 3-12 Years:** The starting dose should range from 10-15 mg/kg/day in 3 divided doses, and the effective dose reached by upward titration over a period of approximately 3 days. The effective dose of Neurontin in patients 5 years of age and older is 25–35 mg/kg/day and given in divided doses (three times a day). The effective dose in pediatric patients ages 3 and 4 years is 40 mg/kg/day *and given in divided doses (three times a day). (See CLINICAL PHARMACOLOGY, Pediatrics.) Neurontin® may be* administered as the oral solution, capsule, or tablet, or using combinations of these formulations. Dosages up to 50 mg/kg/day have been well tolerated in a long-term clinical study. The maximum time interval between doses should not exceed 12 hours. It is not necessary to monitor gabapentin plasma concentrations to optimize Neurontin® therapy. Further, because there are no significant pharmacokinetic interactions among Neurontin® and other commonly used *antiepileptic drugs, the addition of Neurontin® does not alter the plasma levels of these drugs appreciably. If Neurontin® is* discontinued and/or an alternate anticonvulsant medication is added to the therapy, this should be done gradually over a minimum of 1 week. Creatinine clearance is difficult to measure in outpatients. In patients with stable renal function, creatinine clearance (C_{Cr}) can be reasonably well estimated using the equation of Cockcroft and Gault:

for females $C_{Cr} = (0.85)(140 - \text{age})(\text{weight})/[(72)(S_{Cr})]$

for males $C_{Cr} = (140 - \text{age})(\text{weight})/[(72)(S_{Cr})]$

where age is in years, weight is in kilograms and S_{Cr} is serum creatinine in mg/dL. Dosage adjustment in patients ≥12 years of age with compromised renal function or undergoing hemodialysis is recommended as follows:

TABLE 3. Neurontin® Dosage Based on Renal Function

Renal Function Creatinine Clearance (mL/min)	Total Daily Dose (mg/day)	Dose Regimen (mg)
>60	1200	400 T.I.D.
30–60	600	300 B.I.D.
15–30	300	300 Q.D.
<15	150	300 Q.O.D.
Hemodialysis	—	200-300

[a] Every other day. [b] Loading dose of 300 to 400 mg in patients who have never received Neurontin®, then 200 to 300 mg Neurontin® following each 4 hours of hemodialysis.

The use of Neurontin® in patients <12 years of age with compromised renal function has not been studied.

℞ only

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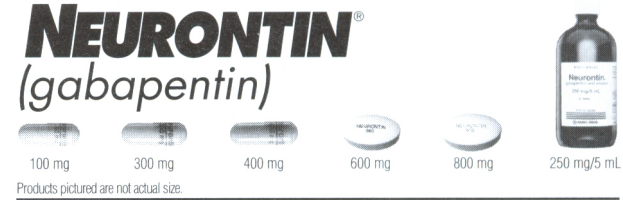

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60-Day Planner

MEETINGS DEADLINES REMINDERS

October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6 10th International Congress on Neuro-muscular Diseases Vancouver, Canada *contact:* Tel: 604-681-5226 Fax: 604-681-2503 congress@ venuewest.com	7	8	9	10	11	12
13 7th European Congress of Neuropathology Helsinki, Finland *contact:* Tel: 358-9-5607-500 Fax: 358-9-5607-5020 neuropathology2002@ congrex.fi	14	15	16	17	18	19 8th International Congress on Alzheimer's Disease and Related Disorders Stockholm, Sweden *contact:* Tel: 312-335-5813 internationalconference @alz.org
20 University of California School of Medicine-San Francisco Neuro MR Update in Aspen 2002 Aspen, CO *contact:* Tel: 415-476-5808 cme@ radiology.ucsf.edu	21 6th International Symposium on Neurobiology and Neuroendocrinology of Aging Bregenz, Austria **(June 21–26)** *contact:* abartke@siumed.edu	22 37th Meeting of the Canadian Congress of Neurological Sciences Vancouver, Canada *contact:* Tel: 604-681-5226 Fax: 604-681-2503 congress@ venuewest.com	23 24th European Conference on Psychosomatic Research Lisbon, Portugal *contact:* Tel: 351-1-364-40-97 Fax: 351-1-364-35-25 memotur@ mail.telepac.pt	24	25	26 12th Meeting of the European Neurological Society Berlin *contact:* Tel: 41-616-867-711 Fax: 41-616-867-788 info@akm.ch
27	28 Boston University Neurology Update 2002 Cape Cod, MA *contact:* Tel: 617-638-4905 cme@bu.edu	29	30	31 *Halloween*		

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60-Day Planner

MEETINGS DEADLINES REMINDERS

November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 32nd Annual Meeting of the Society for Neuroscience Orlando, FL **(Nov 2–7)** *Contact:* Tel: 202-462-6688 www.sfn.org	*2*
3	*4*	*5* Schizophrenia Clinical Update 2002 Toronto, Canada **(Nov 6–9)** *Contact:* Tel: 905-513-1171 Fax: 905-513-1174 info@scimedcan.com	*6* Southern Illinois University School of Medicine Cerebral Palsy Symposium Springfield, IL *Contact::* kkochman@wpsmtp.siumed.edu	*7*	*8*	*9* 12th International Symposium on Brain Edema and Brain Tissue Injury Hakone, Japan **(Nov 10–13)** *Contact:* edema2002-office @umin.ac.jp
10 Aesculap Akademie Basic Neuroendoscopy Course Tuttlingen, Germany **(Nov 11–14)** *Contact:* Tel: 49-7-461-951-015 Fax: 49-7-461-952-050 tanja.bauer@aesculap.de	*11* International Day for Creutzfeldt-Jakob Disease London, England *Contact::* Tel: 41-1-630-673-993 cjdnet@alzheimers.org.uk	*12* Congreso Regional del Colegio Internacional de Neuropsicofarmacologia Beunos Aires, Argentina **(Nov 13–17)** *Contact::* inscrioconcra@cuidad.com.ar	*13* Annual Meeting of the Epilepsy Society of Australia Brisbane, Australia **(Nov 14–16)** *Contact::* Tel: 02-94-379-333 Fax: 02-99-014-586	*14*	*15*	*16*
17	*18*	*19*	*20*	*21*	*22*	*23*
24/31	*25*	*26*	*27*	*28* *Thanksgiving Day*	*29*	*30*

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CNS SPECTRUMS

The International Journal of Neuropsychiatric Medicine

HINDSIGHT, SURVEY STUDIES, AND DOMESTIC TERRORISM

page 645

"Based on field research on crime and disaster, we expected at least three major categories of increased need for therapeutic intervention: (1) Relapse of preexisting psychiatric disorder (eg, MDD, panic disorder, substance abuse, PTSD); (2) new-onset psychiatric disorder due to exposure to the attacks, including but not limited to PTSD; (3) relapse/new-onset psychiatric disorders related to secondary consequences of the attack (eg, protracted unemployment, relocation, and ongoing stressors related to living and/or working in lower Manhattan). However, there was little available data that could inform estimates of exposure and of anticipated rates of PTSD and other psychiatric symptoms. Since criterion A trauma from the *Diagnostic and Statistical Manual of Mental Disorders*–Fouth Edition, are highly heterogeneous, rates of PTSD after severe trauma can vary between 5% and 70%. Although, this range is generally interpreted as evidence that traumatic events can vary considerably in severity, other characteristics of a trauma have been identified, with some consistency, that also appear to contribute to severity (eg, multiple assailants, serious physical injury, witnessing of graphic or gruesome sights). Given the large number of people exposed on September 11th, whether such exposure would produce PTSD in 5% or 50% of eyewitnesses had immediate public health consequences."

ARE EARLY INTERVENTIONS EFFECTIVE IN TREATING TRAUMATIZES INDIVIDUALS?

page 650

"One of the problems concerning debriefing is that it may lead to poorer functioning. Last December, *The Cochrane Library* released its third issue. In it were the results from 11 studies that assessed debriefing as a therapeutic intervention. The outcomes suggested that debriefing was not a beneficial treatment tool, and that at 1-year follow-up, it put those who received it at a greater risk for PTSD. Three studies have reported that people who have received debriefing exhibit more PTSD symptoms at follow-up than those who did not receive debriefing. For example, in a 3-year follow-up of road-accident survivors, those who initially received debriefing had worse PTSD symptoms than those who did not receive debriefing.

There are several possible explanations for the toxic effects of debriefing. First, requiring people to emotionally process their memories and the associated affect in the immediate aftermath of the event may compound stress reactions and contribute to overconsolidation of trauma memories. Second, focusing on trauma memories for brief and single sessions may activate anxiety about the experience without permitting habituation to occur. Third, many people may feel distressed by being required to disclose their emotional reactions immediately after a trauma, and this may contribute to further stress reactions."

CITALOPRAM AS A VIABLE TREATMENT STRATEGY FOR SOCIAL ANXIETY DISORDER

page 655

"The mean age of the sample was 38 years (SD±11.3). The average duration of illness was 25 years (SD±16.4). One patient met criteria for comorbid dysthymia, two patients for attention-deficit/hyperactivity disorder, and one for a history of major depression in remission. Only one patient was concomitantly receiving a benzodiazepine (diazepam 15 mg/day). Six of 10 patients met our definition of lack of efficacy or intolerance of a prior psychopharmacological treatment trial directed toward SAD. Table 1 shows the study sample characteristics.

Accrued patients were relatively ill with a mean baseline LSAS score of 89 (SD±26), a mean CGI-S rating of 6, 'severely ill,' and a mean duration of illness of 25 (±16.4) years. Citalopram, at a mean dose of 55mg (SD±12.7 mg), was well tolerated, with only one patient discontinuing because of side effects (ie, insomnia) at week 4. Side effects were generally mild and transient and included sexual dysfunction, sedation, fatigue, insomnia, dry mouth, nausea, jitteriness, and myalgias.

Patients improved significantly on all outcome measures (LSAS: $t(9)=3.55$, df=9, $P<.01$; CGI-S: $t(8)=4.26$, $P<.005$; HAM-A: $t(8)=4.87$, $P<.005$; HAM-D: $t(8)=2.56$, $P<.05$; SDS: $t(8)=2.7$, $P<.05$), with a mean decrease in LSAS of 37 (±32.9) points (Table 2 and Figure 1). Seven of 10 patients met responder criteria at endpoint, including 67% of patients refractory to previous treatment."

PHARMACOLOGICAL TREATMENT OPTIONS FOR AUTISTIC SPECTRUM DISORDERS

page 663

"The idea of using target symptoms in making pharmacological decisions in ASD reflects that there are no specific pharmacological treatments for the social and communicative core symptoms of the disorders. It is more appropriate to conceptualize pharmacological intervention in terms of treating specific symptoms rather than characterize the medications as being given for diagnoses. We are not 'treating autistic disorder,' rather we are 'treating a constellation of symptoms that are interfering with social, academic, or vocational functioning.' All those involved with the child and assessing the response to the medication (physicians, therapists, parents, caretakers, teachers) need to understand exactly what symptoms are being focused upon as targets of the medication. This will greatly simplify the decision-making process regarding medication and aid the understanding of all involved in precisely what is trying to be accomplished."

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