

Selection of *Rattus norvegicus* oocytes for *in vitro* maturation by brilliant cresyl blue staining

Diego Duarte Alcoba², Bianca Letícia da Rosa Braga², Nathallie Louise Sandi-Monroy²,
Letícia Auler Proença², Rui Fernando Felix Lopes³ and Alexandre Tavares Duarte de Oliveira¹

Laboratório de Biologia Celular–Universidade Federal de Ciências da Saúde de Porto Alegre (UFCSPA)–Porto Alegre, Brazil

Date submitted: 21.02.2011. Date accepted: 05.06.2011.

Summary

The objective of this work was to evaluate the rate of meiosis resumption and nuclear maturation of rat (*Rattus norvegicus*) oocytes selected for *in vitro* maturation (IVM) after staining of cumulus–oocyte complexes (COCs) with blue cresyl brilliant (BCB) using different protocols: exposure for 30, 60 or 90 min at 26 μM BCB (Experiment 1), and exposure for 60 min at 13, 20 or 26 μM BCB (Experiment 2). In Experiment 1, the selection of oocytes exposed to BCB for 60 min was found to be the most suitable, as meiosis resumption rates in the BCB⁺ group ($n = 35/61$; 57.37%) were the closest to the observed in the control (not exposed) group ($n = 70/90$; 77.77%) and statistically higher than the values observed for the BCB⁻ group ($n = 3/41$; 7.32%). Additionally, the more effective evaluation of diagnostic tests (sensitivity and negative predictive value 100%) was observed in COCs exposed for 60 min. In Experiment 2, the 13 μM BCB⁺ group presented rates of meiosis resumption ($n = 57/72$; 72.22%) similar to the control group ($n = 87/105$; 82.86%) and higher than other concentration groups. However, this results of the analysis between BCB⁻ oocytes was also higher in the 13 μM BCB group ($n = 28/91$; 30.78%) when compared with BCB⁻ COCs exposed to 20 μM ($n = 3/62$; 4.84%) or 26 μM ($n = 3/61$; 4.92%) BCB. The nuclear maturation rate in the 13 μM BCB group was similar between BCB⁺ or BCB⁻ oocytes. The 20 μM BCB group had a lower rate of nuclear maturation of BCB⁻ oocytes than other groups. Thus, our best results in the selection of *Rattus norvegicus* oocytes by staining with BCB were obtained using the concentration of 13 μM and 20 μM , and an incubation period of 60 min.

Keywords: Brilliant cresyl blue, *In vitro* maturation, Oocytes, *Rattus norvegicus*

Introduction

In vivo oocyte maturation comprises the period just after the luteinizing hormone (LH) surge, when the oocyte resumes meiosis and undergoes the final modifications that make it capable of being fertilized by a sperm, a mechanism that includes nuclear

maturation (linked to changes observed during the meiotic division) and cytoplasmatic maturation (Adona *et al.*, 2008). Meiosis resumption is observed as the germinal vesicle breakdown (GVBD) stage, followed by the first metaphase plate (MP) formation, indicating that the oocyte reached metaphase I (MI). Then, the oocyte completes its first meiotic division and starts the second, which again will stop the process at divisional metaphase II (MII), until fertilization occurs. The sequence of events that starts with GVBD and ends with the first polar body (PB) extrusion enables the production of suitable oocyte fertilization, and is called oocyte maturation (Dekel, 1995).

Prior to the maturation process, the oocyte must undergo numerous changes during oogenesis and folliculogenesis, which together comprise the so-called growth phase. At the end of this phase the oocyte will be developmentally competent to undergo maturation, both *in vivo* or *in vitro* (Hyttel *et al.*, 1997).

¹All correspondence to: Alexandre Tavares Duarte de Oliveira. Universidade Federal de Ciências da Saúde de Porto Alegre – UFCSPA, Rua Sarmento Leite, 245 – sala 06, Porto Alegre – Rio Grande do Sul, 90050-170, Brazil. Tel: +55 51 33 03 8823. Fax: +55 51 33 03 8810. e-mail: atdo@ufcspa.edu.br

²Laboratório de Biologia Celular–Universidade Federal de Ciências da Saúde de Porto Alegre (UFCSPA)–Porto Alegre, Brazil.

³Laboratório de Biotecnologia Animal Aplicada–Universidade Federal de Rio Grande do Sul (UFRGS)–Porto Alegre, Brazil.

Oocyte maturation can be mimicked *in vitro* by the technique of *in vitro* maturation (IVM) of oocytes—a very promising technology whose use is becoming more prominent (Grøndahl, 2008). Although promising, this technique still presents some difficulties surrounding its implementation. The main obstacle is the heterogeneity of oocytes recovered from the gonad, resulting in levels of competency development that are higher in the oocytes matured *in vivo*, when compared with their counterparts matured *in vitro* (Wu *et al.*, 2007). For this reason, the election of competent oocytes for IVM use is recommended, as there are oocytes that are ready to mature and therefore will bring better results. The search for a more appropriate technique selection of oocytes depends on the fact that the developmental capacity of oocytes is the major determinant in establishing success rates of pregnancy (Jiang *et al.*, 2010).

The use of the dye blue cresyl brilliant (BCB) is being proposed as a method to select competent oocytes. BCB is able to interact with the enzyme glucose-6-phosphate dehydrogenase (G6PDH), which presents increased activity before the oocyte growing phase, being characteristic of oocytes that did not undergo such a process. G6PDH activity decreases during the growth phase. Consequently, the oocytes that finished this phase and, therefore, are ready to tolerate the maturation, have low G6PDH activity (Mangia and Epstein, 1975; Tsutsumi *et al.*, 1992). G6PDH has the ability to metabolize the dye BCB, neutralizing its bluish colour, resulting in colourless oocytes. Thus, the staining of oocyte after exposure to dye will determine the enzymatic activity of G6PDH and the oocyte competence level to undergo IVM (Alm *et al.*, 2005; Bhojwani *et al.*, 2007). Oocytes that have finished their growth phase and that, accordingly, have decreased G6PDH activity will be stained with BCB (cytoplasm will appear blue, being classified as BCB positive; BCB +), whereas oocytes that are still in a growth phase have high levels of G6PDH activity and therefore will not be stained (cytoplasm will appear colourless because the enzyme metabolizes the dye and the oocyte will be classified as BCB negative; BCB⁻) (Torner *et al.*, 2008).

BCB staining has been used as a non-invasive selection method to detect competent oocytes in various species, with such application described for cattle (Alm *et al.*, 2005), pigs (Wongsrikeao *et al.*, 2006), buffalo (Manjunatha *et al.*, 2007), mice (Wu *et al.*, 2007), dogs (Rodrigues *et al.*, 2009), among other animal species. Despite the widespread use of this dye, the literature reports some divergent results, pointing not only to the need to develop new techniques for oocyte selection, but also—and most importantly—indicating the need to improve the techniques that have already been described for that purpose (Opiela *et al.*, 2010).

The aim of this study was to evaluate the use of BCB as a selection method of immature rat oocytes to IVM, comparing the rate of meiosis resumption and nuclear maturation *in vitro* of oocytes selected using this dye. It should be pointed out that—as far as we know—this is the first report on the use of BCB staining in rat oocytes.

Materials and methods

Unless otherwise indicated, all chemicals were obtained from Sigma-Aldrich Chemical Co. Ltd, which will be identified according to their catalog numbers.

Animals

Sexually mature (100 to 150 days old) Wistar female rats ($n = 72$) from the animal research facility of Universidade Federal de Ciências da Saúde de Porto Alegre (UFCSPA) were used in this work. The experiment followed the rules of international animal experiments and was approved by the Ethics Committee of the Institution (968/09). In order to exclude females in estrus from the experiment, vaginal secretion was collected and examined under light microscopy (IX51, Olympus Co.) at $\times 10$ to $\times 40$ magnification, without the use of condenser lenses, according to the classification described by Marcondes *et al.* (2002). Only the females that were not in estrus were included in the subsequent experimental steps.

Experimental design

The study was conducted in two steps. In the first experiment, cumulus–oocyte complexes (COCs) exposed to BCB with a constant concentration of 26 μM for different exposure times (0, 30, 60 or 90 min) were used; thus, this experiment consisted of seven groups: control (without COCs exposure to BCB; 0 min); COCs exposed to BCB for 30 min with stained oocyte cytoplasm (positive; BCB⁺) or colourless (negative; BCB⁻); BCB 60 min BCB⁺ and BCB⁻; and BCB 90 min BCB⁺ and BCB⁻. The second experiment involved staining of COCs with different concentrations of BCB (0, 13, 20 or 26 μM) with an exposure time of 60 min; thus, the second experiment also consisted of seven experimental groups: control (0 μM BCB; COCs not exposed to BCB), 13 μM BCB⁺ and BCB⁻, 20 μM BCB⁺ and BCB⁻, and 26 μM BCB⁺ and BCB⁻.

Oocyte recovery and selection

The ovaries were collected immediately after euthanasia (performed by means of cervical dislocation), kept in modified phosphate-buffered saline (mPBS; Whittingham, 1971), and transferred to plastic dishes containing mPBS supplemented with 1% (v/v) fetal

calf serum (FCS; Nutricell, Campinas, Brazil). The collection of COCs was performed by the method of slicing the ovarian cortex, with the aid of scalpel blades. The COCs morphologically appropriate (uniform ooplasm and compact cumulus cells) were transferred into a manipulation medium M2 (Quinn *et al.*, 1982). After the recovery and morphological selection, the COCs were transferred to a maturation medium (M16 medium; Whittingham, 1971) and immediately submitted to IVM (control group; without the BCB exposure), or were exposed to BCB staining in different protocols for subsequent selection and IVM.

Brilliant cresyl blue staining

For staining, COCs were incubated in M16 medium (without phenol red) containing BCB (Sigma, B-5388), with different exposure times and dye concentrations for each experiment, as mentioned above, at 37 °C in a 100% relative humidity and 5% CO₂ atmosphere. After the exposure time had elapsed, COCs were examined under a stereo zoom microscope (EMZ-13TR, Meiji Techno Co. Ltd) at ×50 magnification and were divided into two groups, according to oocyte cytoplasm coloration: oocytes with coloured blue cytoplasm (BCB⁺ group), and oocytes with colourless cytoplasm (BCB⁻ group). The COCs of different cytoplasm staining groups were washed several times in M16 medium in order to remove any remaining dye and then were submitted to IVM as soon as possible.

In vitro maturation (IVM)

The COCs from different groups were cultured separately in groups (five to 20 COCs/group) for 24–25 h in 100-μl droplets of IVM medium, covered with mineral oil (M-8410) at 37 °C in a 100% relative humidity and 5% CO₂ atmosphere in air. The IVM medium was M16 supplemented with 10% (v/v) FCS, 0.1 IU/ml LH (Chorulon[®], Intervet) and 5 μg/ml FSHb (Follitropin[®], Vetrepharm).

Assessment of the progression of meiosis

After IVM, oocytes were denuded of the *cumulus-oophorus* cells by incubation for five min in M2 medium with 0.1% hyaluronidase (H3506), transferred to a droplet containing M2 supplemented with 5.0 mg/ml Hoechst 33342 (B2261), and incubated in a dark room for three min. After incubation the disposal of the oocytes' genetic material was assessed with an inverted fluorescence microscope (IX-51-I, Olympus Co.), under ×400 magnification. The presence of GVBD, MP or PB was regarded as resumption of meiosis. On the other hand, only oocytes with an extruded PB were considered as presenting nuclear maturation.

Diagnostics tests

The rates of sensitivity (SE), specificity (SP), positive predictive value (PPV), negative predictive value (NPV) and accuracy (A) for each experiment were calculated using 2 × 2 tables, taking into account the parameter measured (resumption of meiosis rate or *in vitro* maturation (IVM) rate) and the variables of each experiment (exposure time and BCB concentration).

Statistical analysis

The influence of different exposure times of COCs to BCB (experiment 1) and different concentrations of BCB (Experiment 2) were evaluated using the chi-squared test, supplemented by adjusted residuals calculation. When necessary, the Fischer's exact test was employed. Statistically significant differences were considered as $p \leq 0.05$.

Results

Influence of exposure time to the BCB in the selection of COCs

The percentage of oocytes classified as positive was similar ($p = 0.1714$) between COCs exposed to BCB for 30 ($n = 66/95$; 69.47%), 60 ($n = 61/102$; 59.88%) or 90 min ($n = 79/137$; 57.66%).

The control group (oocytes not exposed to BCB) showed higher rates of meiosis resumption when compared with BCB⁺ COCs exposed for 30, 60 and 90 min ($p = 0.000$). The BCB⁺ oocytes exposed for 30 and 60 min presented higher rates of meiosis resumption than those exposed for 90 min ($p = 0.000$). When this parameter was assessed in the oocytes classified as negative, the rates of meiosis resumption observed in the 30-min group were statistically higher when compared with the other BCB⁻ groups, while the rates observed in the 90-min BCB⁻ group were higher than in the group BCB⁻ exposed for 60 min ($p = 0.0062$). Only the COCs exposed for 30 min did not show increased levels of meiosis resumption in the BCB⁺ group, when compared with their BCB⁻ counterparts ($p = 0.07$). Table 1 summarizes the results of the resumption of meiosis rate among the different experimental groups.

To assess the rates of nuclear maturation, considering only the presence of PB, no differences were found between the BCB⁺ oocytes of three experimental groups and of the control group ($p = 0.2173$). Similarly, no differences were observed between the oocytes classified as BCB⁻ ($p = 0.0611$). Considering the treated groups, only the oocytes exposed for 30 min to BCB did not show higher results of nuclear maturation in the BCB⁺ group, when compared with their BCB⁻

Table 1 Evaluation of meiosis resumption (presence of GVBD, MP or PB) in rat oocytes exposed to 26 μM BCB for 0, 30, 60 or 90 min before IVM

Group	Oocytes <i>n</i>	BCB + <i>n</i> (%)	BCB - <i>n</i> (%)
30 min	95	38/66 ^{B,a} (57.58)	11/29 ^{A,a} (37.93)
60 min	102	35/61 ^{B,a} (57.37)	3/41 ^{C,b} (7.32)
90 min	137	33/79 ^{C,a} (41.77)	11/58 ^{B,b} (18.96)
No exposure	90	70/90 ^A (77.77)	—/—

^{A,B,C}Different letters differ statistically in the column ($p \leq 0.05$).

^{a,b}Different superscripts indicate statistical difference in the line ($p \leq 0.05$).

Table 2 Evaluation of the rate of nuclear maturation (PB presence only) in rat oocytes exposed to 26 μM BCB for 0, 30, 60 or 90 min before IVM

Group	Oocytes <i>n</i>	BCB + <i>n</i> (%)	BCB - <i>n</i> (%)
30 min	95	16/66 ^a (24.24)	4/29 ^a (13.79)
60 min	102	14/61 ^a (22.95)	0/41 ^b (0.00)
90 min	137	22/79 ^a (27.84)	4/58 ^b (6.89)
No exposure	90	33/90 (36.66)	—/—

^{a,b}Different superscripts indicate statistical difference in the line ($p \leq 0.05$).

counterparts ($p = 0.2500$). Table 2 shows the results concerning the nuclear maturation rates found for these groups.

Taking into account the meiosis resumption, the most satisfactory results of diagnostic tests were found in the group exposed to BCB for 60 min, when compared with the other experimental groups (Table 3).

Similar to what was observed in the diagnostic tests to assess the rate of meiosis resumption, the results concerning the rates of nuclear maturation were more suitable in the group exposed to BCB for 60 min, as shown in Table 3.

Influence of the BCB concentration in the selection of COCs

The COCs exposed to 20 μM ($n = 126/188$; 67.02%) and 26 μM ($n = 124/185$; 67.03%) BCB presented higher rates of oocytes classified as positive ($p = 0.000$) when compared with the COCs exposed to 13 μM ($n = 72/163$; 44.17%). The BCB⁺ oocytes exposed to 13 μM, similarly to the oocytes not exposed to BCB (control group), showed higher rates of meiosis resumption when compared with other groups classified as positive ($p = 0.000$). In assessing this parameter between the COCs classified as BCB⁻, higher results were observed in the COCs exposed to 13 μM BCB as compared with the other BCB concentration groups ($p = 0.000$). All BCB⁺ COCs showed rates of meiosis resumption higher than their BCB⁻ counterparts ($p = 0.000$). Table 4 summarizes the results concerning the meiosis resumption rate in these groups.

To assess the rates of nuclear maturation, considering only the presence of PB, the control group showed better results than all other experimental groups stained with BCB ($p = 0.014$), which did not differ from one another. The rates of nuclear maturation among the oocytes classified as BCB⁻ were higher in the COCs exposed to 13 μM BCB and lower in those exposed to 20 μM BCB ($p = 0.017$). The oocytes classified as BCB⁺ had better outcomes of nuclear maturation rate when compared with their BCB⁻ counterparts in the 20 μM BCB ($p = 0.001$) and 26 μM BCB ($p = 0.004$) groups. On the other hand, the COCs exposed to 13 μM BCB did not show difference between the oocytes classified as BCB⁺ or BCB⁻ ($p = 0.084$). Table 5 summarizes the results of the rates of nuclear maturation.

The values for diagnostic tests, independently from the parameter considered (rate of meiosis resumption or of nuclear maturation) were similar among the COCs exposed to 20 μM and 26 μM BCB (high sensitivity and NPV) and divergent from those found in the COCs exposed to 13 μM BCB (high specificity

Table 3 Sensitivity (SE), specificity (SP), positive predictive value (PPV), negative predictive value (NPV) and accuracy (A), according to meiosis resumption and nuclear maturation in rat oocytes exposed to 26 μM BCB for 30, 60 or 90 min before IVM

	Exposure time (min)	SE (%)	SP (%)	PPV (%)	NPV (%)	A (%)
Meiosis resumption	30	78	39	57	62	59
	60	92	59	57	93	72
	90	75	51	42	81	58
Nuclear maturation	30	80	33	24	86	43
	60	100	47	23	100	54
	90	85	49	28	93	55

Table 4 Evaluation of meiosis resumption (presence of GVBD, MP or PB) in rat oocytes exposed to 13, 20 or 26 μM BCB for 60 min before IVM

Group	Oocytes <i>n</i>	BCB + <i>n</i> (%)	BCB - <i>n</i> (%)
13 μM	163	52/72 ^{A,a} (72.22)	28/91 ^{A,b} (30.78)
20 μM	188	55/126 ^{B,a} (43.65)	3/62 ^{B,b} (4.84)
26 μM	185	51/124 ^{B,a} (41.13)	3/61 ^{B,b} (4.92)
No exposure	105	87/105 ^A (82.86)	—/—

^{A,B,C}Different letters differ statistically in the column ($p \leq 0.05$).

^{a,b}Different superscripts indicate statistical difference in the line ($p \leq 0.05$).

Table 5 Evaluation of the rate of nuclear maturation (PB presence only) in rat oocytes exposed to 13, 20 or 26 μM BCB for 60 min before IVM

Group	Oocytes <i>n</i>	BCB + <i>n</i> (%)	BCB - <i>n</i> (%)
13 μM	163	16/72 ^{B,a} (22.22)	11/91 ^{A,a} (12.09)
20 μM	188	25/126 ^{B,a} (19.84)	1/62 ^{C,b} (1.61)
26 μM	185	23/124 ^{B,a} (18.55)	2/61 ^{B,b} (3.28)
No exposure	105	37/105 ^A (35.24)	—/—

^{A,B,C}Different letters differ statistically in the column ($p \leq 0.05$).

^{a,b}Different superscripts indicate statistical difference in the line ($p \leq 0.05$).

and PPV). The best accuracy results were observed in oocytes exposed to 13 μM BCB, as shown in Table 6.

No statistically significant differences were observed in the rates of meiosis resumption ($p = 0.3720$) and nuclear maturation ($p = 0.8358$), when compared with the control groups of both experiments.

Discussion

Even if there are major differences in the literature regarding the use and the applicability of BCB, although its use in several species has already been described,

there is no reference about a gold standard protocol for its implementation. Likewise, to the best of our knowledge, there were no records, before our experiment, about the use of BCB staining in order to select oocytes of *Rattus norvegicus*, which is widely used in laboratory experiments. Our study was the first to demonstrate the applicability of BCB in the selection of this species' oocytes intended for IVM. The results show that the staining protocol for rat cannot be the same as that is applied for most species [BCB staining for 90 min with 26 μM concentration, used in buffalo oocytes (Manjunatha *et al.*, 2007), bovine (Alm *et al.*, 2005; Bhojwani *et al.*, 2007), mice (Wu *et al.*, 2007), pigs (Wongsrikeao *et al.*, 2006) and goats (Rodriguez-González *et al.*, 2002)], as in the present study the best results were obtained after COCs exposure to BCB for 60 min. In accordance with our findings, recent experiments using oocytes staining with BCB studied a 60-min exposure protocol for dog (Rodrigues *et al.*, 2009) and bovine (Mota *et al.*, 2010) oocytes.

The exposure time to the dye has been the object of previous investigation, since this factor may affect the development of the oocytes selected using this technique (Goovaerts *et al.*, 2010). Our experiment showed that exposure of COCs to BCB for 60 min (concentration of 26 μM) is sufficient to identify viable oocytes (sensitivity of 100%). The present results also indicate that the oocyte that remains colourless after exposure to BCB is not suitable for IVM (NPV of 100%), according to data presented in Table 3. The exposure of oocytes for 60 min produced the best rates of diagnostic tests, in contrast with the other exposure times (Table 3). Furthermore, exposure of oocytes for that period of time proved to be the most appropriate, as the rate of meiosis resumption in oocytes BCB⁺ in this group was the closest to that found in the control group. Simultaneously, the rate of meiosis resumption between the oocytes classified as BCB⁻ was lower in this group. The exposure of the oocytes for 30 min is inappropriate, since there was no difference in both rates (meiosis resumption and nuclear maturation) when BCB⁺ and BCB⁻ oocytes

Table 6 Sensitivity (SE), specificity (SP), positive predictive value (PPV), negative predictive value (NPV) and accuracy (A), according to meiosis resumption and nuclear maturation in rat oocytes exposed to 13, 20 or 26 μM BCB for 60 min before IVM

	BCB concentration (μM)	SE (%)	SP (%)	PPV (%)	NPV (%)	A (%)
Meiosis resumption	13	65	76	72	69	70
	20	95	45	44	95	60
	26	94	44	41	95	59
Nuclear maturation	13	59	59	22	88	59
	20	96	38	20	98	46
	26	92	37	18	97	44

are compared. This result was confirmed by the observation of low specificity (33%) found in this group. Similarly, exposure of oocytes for 90 min is not appropriate, because BCB⁺ COCs in this group had the lowest meiosis resumption rates, when compared with other oocytes stained.

Our study suggests that the oocytes exposed to 13 and 20 μM BCB produced more satisfactory results than the values observed with 26 μM BCB used for a period of 60 min (standard time defined from Experiment 1). This is due to the fact that the best accuracy was observed in the 13 μM BCB group, besides the fact that meiosis resumption rates in BCB⁺ oocytes in this group were similar to the control group and higher than those observed in other experimental groups. Nevertheless, we observed lower rates of oocytes classified as BCB⁺ in this group (when compared with those exposed to 20 or 26 μM BCB) and meiosis resumption rates and nuclear maturation rates in 13 μM BCB oocytes classified as BCB⁻ higher among the other BCB⁻ oocytes. However, the main factor that makes the use of BCB more difficult at this concentration (13 μM) is the observation that the rates of nuclear maturation are similar between these oocytes classified as BCB⁺ or BCB⁻.

Oocytes exposed to 20 or 26 μM BCB showed similar meiosis resumption rates, nuclear maturation rates, as well as similar results in diagnosis tests. However, the use of 20 μM BCB afforded advantages: the lowest rate of nuclear maturation among the oocytes classified as negative, and diagnostic tests results slightly higher when compared with the group exposed to 26 μM BCB. Taking into consideration the advantages of BCB used in low concentrations, we suggest that an intermediate concentration (between 13 and 20 μM) could be tested, as the use of 13 μM BCB was not sufficient to afford deselection of oocytes (confirmed by the low sensitivity). Likewise, higher concentrations of the dye presented many false positives (confirmed by the low PPV), perhaps due to the fact that G6PDH is unable to metabolize BCB when used in high concentrations.

The percentage of oocytes classified as positive was similar for different exposure times to BCB, although differences among the groups using different concentrations of the dye were observed (higher rates of positive oocytes in COCs exposed to 20 and 26 μM BCB). The observation of higher percentage of oocytes classified as BCB⁺, when compared with the percentage of oocytes found BCB⁻, was also observed in other experiments (Wongsrikeao *et al.*, 2006; Bhojwani *et al.*, 2007; Wu *et al.*, 2007; Rodrigues *et al.*, 2009).

In our experiment, oocyte degeneration rates observed in the control group (22.22% in the first experiment and 14.30% in the second) are consistent

with the findings published in the literature, which range from approximately 10% (Wongsrikeao *et al.*, 2006), to approximately 20% (Alm *et al.*, 2005; Rodrigues *et al.*, 2009). Likewise, the number of oocytes retrieved from the gonads of animals (approximately 20 COCs per rat) was similar to results previously reported in the literature (Dekel & Beers, 1978).

Our experiment did not show higher meiosis resumption rates and nuclear maturation rates of oocytes classified as BCB⁺, when compared with the control group. Similarly, even other authors (Alm *et al.*, 2005; Bhojwani *et al.*, 2007; Manjunatha *et al.*, 2007) have observed a significant difference in the rate of formation and hatching of blastocyst between the BCB⁺ group and the control group (the group stained had better results). The majority of papers shows no significant difference with regard to nuclear maturation rates, when these populations are compared (Alm *et al.*, 2005; Manjunatha *et al.*, 2007; Wu *et al.*, 2007), although these values are higher than those found in the BCB⁻ group—a result confirmed in our experiment. This observation leads us to the fact that oocyte quality may be linked mainly to the oocytes' ability to give rise to an embryo able to develop at blastocyst stage, i.e. the quality of the oocyte will present long-term repercussions (Goovaerts *et al.*, 2010). In agreement with this hypothesis, Bhojwani *et al.* (2007) found no statistically significant difference in other parameters measured early in the maturation process (the cleavage rate on day 2), when comparing the BCB group with the control group. Likewise, Alm *et al.* (2005) & Manjunatha *et al.* (2007) found no difference between such groups when they compared rates of pronucleus formation and/or embryo cleavage on day 2, despite the significantly difference observed when the rates of blastocyst formation are compared, supporting the hypothesis that oocyte quality will produce important effects especially in the later measurements related to embryonic development. Thus, our results are consistent with those found in the literature.

On the other hand, Wongsrikeao *et al.* (2006) observed differences in the meiosis resumption rates and in the number of cleaved embryos between the control group and the BCB⁺ group, although the blastocyst formation rates were similar between these groups. The difference found not only among the BCB⁺ and BCB⁻ oocytes, but mainly between the BCB⁺ group and the control group have been emphasized in recent studies. Although some studies suggest the hypothesis that the selection of oocytes with BCB will bring about benefits in latter assessments, such as the formation and hatching of blastocysts, it is noted that some experiments have found no difference with respect to these parameters between the group of bovine oocytes BCB⁺ and the control group (Opieła

et al., 2008; Mota et al., 2010), or between the rates of cleavage (Mota et al., 2010; Opiela et al., 2010). Additionally, Opiela et al. (2010) found no statistically significant difference among the three groups, when the authors evaluated the rate of cleavage or blastocyst formation.

The reason why some experiments find the difference between blastocyst formation between the BCB⁺ group and the control group (and even in other comparisons) may be due to the criteria used in selecting the oocytes, as the morphological evaluation is very subjective. Another possible cause for the difference in these findings is the fact that factors other than G6PDH activity may be involved in the selection of the competence of oocytes (Mota et al., 2010), as demonstrated in mice, an animal system for which oocyte diameter is a very important variable (Wu et al., 2007). Moreover, we cannot rule out the idea that the lack of standardization of the staining protocol with BCB—side by side with the subjectivity of the evaluation—may be factors that contribute to the divergence in the results. For this reason, it is necessary to standardize the use of BCB, as our study endeavored to do.

It should be pointed out that, in most cases, the fact that the performance of BCB⁺ oocytes is not better than performance figures observed in the control group not exposed to the dye (evaluating early parameters such as nuclear maturation, even though both groups have such a measurement above the BCB⁻ group), has advocated the need not only to develop new techniques for oocyte selection, but also, and more importantly, to improve the techniques that have already been described (Opiela et al., 2010).

Our experiment showed results in agreement with those observed in the literature, with respect to higher rates of nuclear maturation and meiosis resumption in the BCB⁺ and control groups, when compared with the BCB⁻ group. Additionally, we demonstrated that the staining protocols using BCB can drastically alter the results, confirming the idea that the standardization of the use of BCB is essentially important not only for the improvement of the technique, but mainly to obtain better results.

References

- Adona, P.R., Pires, P.R., Quetglas, M.D., Schwarz, K.R. & Leal, C.L. (2008). Prematuration of bovine oocytes with butyrolactone I: effects on meiosis progression, cytoskeleton, organelle distribution and embryo development. *Anim. Reprod. Sci.* **108**, 49–65.
- Alm, H., Torner, H., Lohrke, B., Viergutz, T., Ghoneim, I.M. & Kanitz, W. (2005). Bovine blastocyst development rate *in vitro* is influenced by selection of oocytes by brilliant cresyl blue staining before IVM as indicator for glucose-6-phosphate dehydrogenase activity. *Theriogenology* **63**, 2194–205.
- Bhojwani, S., Alm, H., Torner, H., Kanitz, W. & Poehland, R. (2007). Selection of developmentally competent oocytes through brilliant cresyl blue stain enhances blastocyst development rate after bovine nuclear transfer. *Theriogenology* **67**, 341–5.
- Dekel, N. (1995). Molecular control of meiosis. *Trends Endocrinol. Metab.* **6**, 165–9.
- Dekel, N. & Beers, W.H. (1978). Rat oocyte maturation *in vitro*: relief of cyclic AMP inhibition by gonadotropins. *Proc. Natl. Acad. Sci. USA* **75**, 4369–73.
- Goovaerts, I.G., Leroy, J.L., Jorssen, E.P. & Bols, P.E. (2010). Noninvasive bovine oocyte quality assessment: possibilities of a single oocyte culture. *Theriogenology* **74**, 1509–20.
- Grøndahl, C. (2008). Oocyte maturation. Basic and clinical aspects of *in vitro* maturation (IVM) with special emphasis of the role of FF-MAS. *Dan. Med. Bull.* **55**, 1–16.
- Hyttel, P., Fair, T., Callesen, H. & Greve, T. (1997). Oocyte growth, capacitation and final maturation in cattle. *Theriogenology* **47**, 23–32.
- Jiang, J.Y., Xiong, H., Cao, M., Xia, X., Sirard, M.A. & Tsang, B.K. (2010). Mural granulosa cell gene expression associated with oocyte developmental competence (abstract). *J. Ovarian Res.* **3**, 6.
- Mangia, F. & Epstein, C.J. (1975). Biochemical studies of growing mouse oocytes – preparation of oocytes and analysis of glucose-6-phosphate-dehydrogenase and lactate-dehydrogenase activities. *Dev. Biol.* **45**, 211–20.
- Manjunatha, B.M., Gupta, P.S., Devaraj, M., Ravindra, J.P. & Nandi, S. (2007). Selection of developmentally competent buffalo oocytes by brilliant cresyl blue staining before IVM. *Theriogenology* **68**, 1299–1304.
- Marcondes, F.K., Bianchi, F.J. & Tanno, A.P. (2002). Determination of the estrous cycle phases of rats: some helpful considerations. *Braz. J. Biol.* **62**, 609–14.
- Mota, G.B., Batista, R.I., Serapião, R.V., Boité, M.C., Viana, J.H., Torres, C.A. & de Almeida Camargo, L.S. (2010). Developmental competence and expression of the MATER and ZAR1 genes in immature bovine oocytes selected by brilliant cresyl blue. *Zygote* **18**, 209–16.
- Opiela, J., Katska-Ksiazkiewicz, L., Lipiński, D., Słomski, R., Bzowska, M. & Ryńska, B. (2008). Interactions among activity of glucose-6-phosphate dehydrogenase in immature oocytes, expression of apoptosis-related genes Bcl-2 and Bax, and developmental competence following IVP in cattle. *Theriogenology* **69**, 546–55.
- Opiela, J., Lipiński, D., Słomski, R. & Katska-Ksiazkiewicz, L. (2010). Transcript expression of mitochondria related genes is correlated with bovine oocyte selection by BCB test. *Anim. Reprod. Sci.* **118**, 188–93.
- Quinn, P., Barros, C. & Whittingham, D.G. (1982). Preservation of hamster oocytes to assay the fertilizing capacity of human spermatozoa. *J. Reprod. Fertil.* **66**, 161–8.
- Rodrigues, B.A., Rodriguez, P., Silva, A.E., Cavalcante, L.F., Feltrin, C. & Rodrigues, J.L. (2009). Preliminary study in immature canine oocytes stained with brilliant cresyl blue and obtained from bitches with low and high progesterone serum profiles. *Reprod. Domest. Anim.* **44**, 255–8.
- Rodriguez-González, E., Lóopez-Béjar, M., Velilla, E. & Paramio, M.T. (2002). Selection of prepubertal goat oocytes

- using the brilliant cresyl blue test. *Theriogenology* **57**, 1397–1409.
- Torner, H., Ghanem, N., Ambros, C., Holker, M., Tomek, W., Phatsara, C., Alm, H., Sirard, M.A., Kanitz, W., Schellander, K. & Tesfaye, D. (2008). Molecular and subcellular characterisation of oocytes screened for their developmental competence based on glucose-6-phosphate dehydrogenase activity. *Reproduction* **135**, 197–212.
- Tsutsumi, O., Satoh, K., Taketani, Y. & Kato, T. (1992). Determination of enzyme activities of energy metabolism in the maturing rat oocyte. *Mol. Reprod. Dev.* **33**, 333–7.
- Whittingham, D.G. (1971). Culture of mouse ova. *J. Reprod. Fertil. Suppl.* **14**, 7–21.
- Wongsrikeao, P., Otoi, T., Yamasaki, H., Agung, B., Taniguchi, M., Naoi, H., Shimu, R. & Nagai, T. (2006). Effects of single and double exposure to brilliant cresyl blue on the selection of porcine oocytes for in vitro production of embryos. *Theriogenology* **66**, 366–72.
- Wu, Y.G., Liu, Y., Zhou, P., Lan, G.C., Han, D., Miao, D.Q. & Tan, J.H. (2007). Selection of oocytes for in vitro maturation by brilliant cresyl blue staining: a study using the mouse model. *Cell Res.* **17**, 722–31.