## Immune activation and induction of memory: lessons learned from controlled human malaria infection with *Plasmodium falciparum*

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#### SUMMARY

Controlled human malaria infections (CHMIs) are a powerful tool to assess the efficacy of drugs and/or vaccine candidates, but also to study anti-malarial immune responses at well-defined time points after infection. In this review, we discuss the insights that CHMI trials have provided into early immune activation and regulation during acute infection, and the capacity to induce and maintain immunological memory. Importantly, these studies show that a single infection is sufficient to induce long-lasting parasite-specific T- and B-cell memory responses, and suggest that blood-stage induced regulatory responses can limit inflammation both in ongoing and potentially future infections. As future perspective of investigation in CHMIs, we discuss the role of innate cell subsets, the interplay between innate and adaptive immune activation and the potential modulation of these responses after natural pre-exposure.

Key words: Malaria, *Plasmodium falciparum*, controlled human infection, sporozoite, blood stage, immune memory, activation, regulation, innate immunity, adaptive immune response.

### INTRODUCTION

Malaria remains one of the most widespread and mortality-causing human infectious diseases worldwide (WHO, 2013), despite major and partially successful control efforts (Feachem *et al.* 2010). A vaccine effectively preventing infection, disease and/or transmission would be an important tool in control and eradication of the mosquito-transmitted parasite, but to date remains elusive (Riley and Stewart, 2013). One major hurdle remains our incomplete understanding of the development, regulation and maintenance of immunity to malaria (Struik and Riley, 2004; Erdman *et al.* 2008; Langhorne *et al.* 2008).

The vast majority of research into anti-malarial immune responses has been conducted using either murine models of malaria infection (Stephens *et al.* 2012) or samples derived from naturally exposed individuals. Murine models allow a careful dissection of immune responses in all organs, at well-defined stages of infection, and in the context of different disease manifestations depending on the combination of parasite strain and murine host (Lovegrove *et al.* 2006; Nduati *et al.* 2010; Nganou-Makamdop *et al.* 2012; Frevert *et al.* 2014; Gun *et al.* 2014). At the

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same time, however, these murine models present non-natural pathogen-host combinations (Druilhe *et al.* 2002), and conclusions from murine models are often not transferable to the human situation (Mestas and Hughes, 2004). One major limitation of field-based studies is the unknown timing of exposure, which precludes analysis of immune responses at defined time points after infection. Other potential confounders, especially for people residing in rather than just travelling into malaria endemic areas, are the influence of unknown previous exposure as well as the multitude of potential co-infections or morbidities.

A third approach to complement investigations of anti-malarial immune responses in humans is the deliberate exposure of human subjects to Plasmodium parasites. Infection with Plasmodium parasites was used in the 1920s-1960s as a tool to treat syphilis, prior to the availability of antibiotics (Snounou and Perignon, 2013). Retrospective analysis of those patients has provided first evidence for the fact that anti-parasite and anti-disease immunity (tolerance) develop within a single infection (Collins and Jeffery, 1999c). This acquired immunity reduced parasitaemia and clinical symptoms in a repeated exposure to both homologous and heterologous parasite strains, but less so to different Plasmodium species (Collins and Jeffery, 1999a, b; Molineaux et al. 2002; Collins et al. 2004). In recent decades, deliberate exposure of volunteers in so-called controlled human malaria infections (CHMIs) (Fig. 1) has become an indispensable tool in clinical malaria

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Fig. 1. CHMI is initiated by inoculation of *Plasmodium* sporozoites via the mosquito vector, injection of cryopreserved sporozoites via different routes of inoculation, or by intravenous injection of blood-stage parasites. Following a week of clinically silent replication in the liver, blood-stage parasites are monitored at least daily by quantitative polymerase chain reaction (qPCR) or microscopy. When a certain threshold of parasitaemia is reached, volunteers are drug-treated to eliminate parasites. CHMI, controlled human malaria infection.

research. CHMI can be initiated by inoculation of *Plasmodium* sporozoites via the mosquito vector; this system has been set up for *Plasmodium falciparum* in multiple centres in Europe and the USA (Chulay et al. 1986; Herrington et al. 1988; Verhage et al. 2005; Epstein et al. 2007; Talley et al. 2014) and recently also for Plasmodium vivax in Columbia (Herrera et al. 2009, 2011). More recently, cryopreserved P. falciparum sporozoites have become available for parenteral injection into dermis, muscle (Roestenberg et al. 2013; Sheehy et al. 2013) or directly into the circulation (Clinicaltrials.gov identified NCT01624961). Alternatively, asexual blood-stage parasites can be inoculated by intravenous injection (Rzepczyk et al. 1996; McCarthy et al. 2011). The primary outcome of most CHMI trials is success of blood-stage infection and, following on from this, assessment of drug or vaccine efficacy (Sauerwein et al. 2011; Duncan and Draper, 2012; Engwerda et al. 2012). Additionally, those studies provide unique opportunities to gain insights into primary immune responses, with distinct advantages over similar investigations in natural infections (Box 1). CHMI enables longitudinal analysis of samples at defined time points before, during and after infection in a well characterized, small cohort. This allows a detailed dissection of early immune activation, regulation and priming. In this review, these findings

are discussed in view of both (i) the contribution of different cell types to immune activation and regulation during and beyond acute infection and (ii) the induction and capacity to maintain parasite-specific immune memory.

## EARLY IMMUNE ACTIVATION AND REGULATION AFTER PRIMARY INFECTION

Clinically silent, liver-stage infection in mice has thus far only been shown to initiate local innate type I interferon-driven responses (Liehl *et al.* 2014; Miller *et al.* 2014). In contrast, circulating blood-stage parasites produce ligands such as glycosylphosphatidylinositol anchors, DNA or hemozoin, bound to host fibrinogen or parasite DNA, that activate a multitude of toll-like receptors (TLRs) and other pattern recognition receptors and initiate a systemic type II interferon-directed pro-inflammatory response (Gun *et al.* 2014). This initial reaction to the parasite has a dual function: it mediates the immediate response to the parasite to control infection, and directs the subsequent adaptive response.

## Early innate cytokine production

Serum cytokine profiling and transcriptional analysis at defined time points during primary CHMI has

## Box 1. Immunological evaluation after CHMIs compared with natural infections

## Advantages

- Host population are healthy individuals who undergo pre-infection screening, which allows detailed knowledge of potential pre-exposure (e.g. based on travel history, but also serology) and co-morbidities during CHMI.
- Fit-for-purpose model to focus investigation on particular life-cycle stages by inoculation via the natural route or with defined doses of sporozoites or blood-stage parasites.
- Single infection with well characterized parasite clone/strain over fixed period of time; no multiplicity of infection.
- Polymerase chain reaction (PCR) monitoring allows correlation of immunological outcomes with parasite load.
- Availability of baseline/pre-infection samples and ability to sample blood at defined time points during and postinfection, including liver-stage.

## Limitations

- Restricted to adults, while in endemic countries malaria is first encountered during childhood.
- Limited blood-stage exposure due to obligatory early drug treatment at relatively low parasitaemia compared with endemic situation.
- Current inoculation protocols result in different dynamics of infection than during a natural exposure (once off exposure to multiple infectious mosquito bites vs continuous or infrequent exposure to less bites).

consistently shown increased levels of the type II interferon IFN $\gamma$  shortly after the onset blood-stage infection and prior to development of symptoms (Fig. 2a) (Harpaz *et al.* 1992; Hermsen *et al.* 2003; Walther *et al.* 2005; Ockenhouse *et al.* 2006; Bijker *et al.* 2013; Elias *et al.* 2014; Scholzen *et al.* 2014). The IFN $\gamma$ -induced chemokine CXCL9 has been detected in the vast majority of volunteers examined, and correlated with IFN $\gamma$  production (Bijker *et al.* 2013; Elias *et al.* 2014). In contrast, secretion or transcription of other cytokines including IL-1 $\alpha$ , IL-1 $\beta$ , TNF $\alpha$ , IL-6, IL-8, IL-12p40, IL-12p70, TGF $\beta$ 

and IL-10 have been detected only in a fraction of volunteers (Harpaz et al. 1992; Hermsen et al. 2003; Walther et al. 2005; Ockenhouse et al. 2006; De Mast et al. 2008; de Mast et al. 2009b; Elias et al. 2014). This suggests heterogeneity in the innate responses to the malaria parasite, in line with interindividual differences in the ability of naïve individuals to control Plasmodium blood-stage infections, as evidenced in malariotherapy studies conducted in the 1940-1960s (Molineaux et al. 2002). Walther et al. showed that malaria-naïve volunteers can respond to CHMI in two different manners: (i) rapid pro-inflammatory cytokine production in association with more rapid parasite control but linked with more severe clinical symptoms or (ii) early immunesuppressive TGF<sup>β</sup> production associated with weaker parasite control but fewer clinical symptoms (Fig. 2b) (Walther et al. 2005, 2006). In addition, acute blood-stage during primary CHMI has been shown to modulate responsiveness to TLR ligands and increase inflammatory responsiveness to the parasite itself (McCall et al. 2007). In this study, TLR priming during CHMI correlated with fever and levels of the inflammation-induced, liver-derived C-reactive protein (CRP) (McCall et al. 2007). These combined findings suggest that some volunteers appear to be more susceptible in exacerbating their inflammatory response to the parasite.

### Innate immune cell activation during CHMI

The cellular basis of these differences in innate responses might relate to heterogeneity in distribution of innate immune cell subsets such as monocytes, natural killer (NK)- and yoT-cells. Rapid production of IFNy during CHMI (Harpaz et al. 1992; Hermsen et al. 2003; Walther et al. 2005; Ockenhouse et al. 2006; Bijker et al. 2013; Elias et al. 2014; Scholzen et al. 2014) is likely linked to NK- and γδT-cells, which are also the prime producers of IFNy in response to P. falciparum-infected red blood cells (PfRBCs) in vitro (Fig. 2c) (Korbel et al. 2005; D'Ombrain et al. 2007; Teirlinck et al. 2011, 2013; Obiero et al. 2015). Another feature of in vitro PfRBC-stimulated NK cells is de-granulation and granzyme production (Korbel et al. 2005). And while a sequential increase in plasma granyzmes A and B has also been shown during CHMI (Hermsen et al. 2003), the source of these cytotoxic mediatos in vivo remains to be determined.

 $\gamma \delta T$ -cells are activated during blood-stage infection after CHMI, as shown by their sequential up-regulation of the activation markers CD69 and human leukocyte antigen (HLA)-DR, as well as CD45RO, which marks transition to a memory phenotype (Rzepczyk *et al.* 1996). At least *in vitro*, NK- and  $\gamma \delta T$ -cells are not activated uniformly; instead activation appears to be linked to individual subsets and is influenced by differences in



Fig. 2. Early immune activation during a primary acute blood-stage infection. In the days after emergence from the liver, blood-stage parasite exposure during CHMI results in a sequence of events of immune activation. Pro-inflammatory cytokines are released (a); likely by innate cells including NK-cells,  $\gamma\delta$ T-cells (c) and monocytes. Pro-inflammatory cytokine release can be preceded by release of TGF $\beta$  (b), which limits the ensuing pro-inflammatory response. Cytokines such as IFN $\gamma$  activate monocytes, which release BAFF (e). Elevated BAFF levels are associated with B-cell re-distribution (h). While absolute lymphocyte numbers decrease during acute infection (g), individual B-cell subsets such as plasma blasts, classical and atypical MBC (h),  $\gamma\delta$ T-cells (d) and Tregs (i) proliferate and expand. Treg activity appears to contribute to the reduced proliferative capacity of T-cells during acute infection (j). DCs show transiently enhanced apoptosis and reduced endocytic capacity (f).BAFF, B-cell activating factor; CHMI, controlled human malaria infection; DCs, dendritic cells; MBC, memory B-cells, Tregs, regulatory T-cells

NK receptor expression or polymorphisms of killer Ig-like receptors (Artavanis-Tsakonas *et al.* 2003; Korbel *et al.* 2005; D'Ombrain *et al.* 2007; McCall *et al.* 2010; Obiero *et al.* 2015). Differential activation of individual NK- or  $\gamma\delta$ T-cells subsets *in vivo* during CHMI, however, has not been examined to date. Equally unexplored is the contribution of so-called innate lymphoid cells, which can direct innate and adaptive responses, to the early inflammatory response during CHMI (Artis and Spits, 2015).

Of note, activation of the innate compartment not only occurs during acute infection, but also appears to extend beyond a primary CHMI, illustrated by sustained expansion of the  $\gamma\delta$ T-cell compartment several weeks after drug cure (Rzepczyk *et al.* 1996; Teirlinck *et al.* 2011; Obiero *et al.* 2015), and even up to over a year after a single infection (Fig. 2d) (Teirlinck *et al.* 2011). Such as expansion of the  $\gamma\delta$ T-cell compartment has also been shown after recovery from a single naturally acquired infection in travellers to malaria endemic areas (Martini *et al.* 2003). It remains unclear whether this expansion is polyclonal or restricted to specific  $\gamma\delta$ T-cell subsets. That expansion is not only observed after bloodstage infection induced by inoculation with asexual parasite (Rzepczyk *et al.* 1996) or fully infectious sporozoites (Teirlinck *et al.* 2011; Obiero *et al.* 2015), but also after (repeated) injection of irradiated sporozoites (Seder *et al.* 2013) suggests that both life-cycle stages contribute to  $\gamma\delta$ T-cell expansion. Moreover, both  $\gamma\delta$ T- and NK-cells show memory-like enhanced IFN $\gamma$  responses upon re-stimulation with PfRBC *in vitro* at several weeks after parasite clearance (Fig. 3a) (McCall *et al.* 2010; Teirlinck *et al.* 2011; Obiero *et al.* 2015) At least in NK-cells, this seems to depend on enhanced secretion of T-cell derived cytokines such as IL-2 (Horowitz *et al.* 2010; McCall *et al.* 2010).

Monocytes come in different 'flavours' (Mitchell et al. 2014), and all the three main monocytes subsets become activated after CHMI, as evidenced by enhanced BAFF production. (Fig. 2e) (Scholzen et al. 2014). Monocyte activation could be mediated directly by the parasite via pattern recognition receptors, induced cytokines such as IFNy, but also by anaphylotoxins such as C5a resulting from complement activation (Conroy et al. 2009), as observed in CHMI (Roestenberg et al. 2007). Monocytes are the main  $TGF\beta$ -producing PBMC subset during CHMI and TGFβ-positive monocytes are particularly increased in those individuals with a more balanced, less inflammatory response (Walther et al. 2005). It remains to be determined which monocyte subset is responsible for this regulatory response, and which subset mediates pro-inflammatory priming as proposed previously (McCall et al. 2007).

Monocytes as well as dendritic cells (DCs) are important mediators for both innate and adaptive immune responses. All monocytes subsets as well as blood dendritic cell antigen (BDCA)-1+ DCs increase B-cell activating factor (BAFF) expression during CHMI (Fig. 2e), suggesting that they contribute to directing B-cell activation or homeostasis during P. falciparum infection (Scholzen et al. 2014). On the other hand, circulating DCs showed increased apoptosis and decreased endocytic activity during early blood-stage infection (Fig. 2f) (Woodberry et al. 2012). This could indicate impaired DC function as suggested from murine and in vitro models and field work (Wykes and Good, 2008). Of note, reduced endocytic activity, at least when determined in vitro, is a typical consequence of DC maturation (Liu and Roche, 2015), and as an important mechanism to prevent immunopathology, DCs increase their susceptible to major histocompatibility complex (MHC) class II and type I interferon-driven apoptosis upon activation and maturation (Bertho et al. 2002; Kushwah and Hu, 2010; Fuertes Marraco et al. 2011). Therefore, apoptosis and reduced endocytosis during CHMI might also simply be a consequence of parasiteinduced DC maturation. Successful parasiteinduced DC activation would also be in line with



Fig. 3. Maintenance of parasite-specific memory responses after a resolved, primary CHMI. Following a single controlled *P. falciparum* infection, immune memory is induced and maintained in multiple compartments. This includes memory-like enhanced IFN $\gamma$  production by innate lymphocytes such as NK- and  $\gamma\delta$ T-cells (a). Singleand pluripotent EM T-cells are induced at a greater magnitude and maintained more stable than CM T-cell responses (b). Parasite-specific antibodies and MBC are also readily induced, and IgG responses are more stable than IgM responses (c).CM, central memory; CHMI, controlled human malaria infection; EM, effector memory; IFN, interferon; MBC, memory B-cells.

the successful priming of parasite-specific T-cell responses, as outlined below (Walther et al. 2005; Todryk et al. 2009; Teirlinck et al. 2011, 2013; Orlov et al. 2012; Elias et al. 2013; Walker et al. 2014). The basically unaltered expression of HLA-DR on circulating myeloid DCs as well as the slight reduction on plasmacytoid DCs (Woodberry et al. 2012) is puzzling in this context. A possible explanation could be that parasite activated DCs might preferentially migrate out of the circulation, as suggested previously based on field and in vitro data (Pichyangkul et al. 2004). Taken together, whether Plasmodium infection in humans induces or impairs DC activation and functionality and how this affects T-cell priming remains an important question for future investigations.

#### Infection-induced lymphocyte sequestration

In parallel with emerging parasitaemia and immune activation, transient lymphopenia has been consistently observed in the early phases of a blood-stage infection (Fig. 2g) (Rzepczyk et al. 1996; Church et al. 1997; De Mast et al. 2008; Woodberry et al. 2012; Scholzen et al. 2014). A likely explanation is sequestration (Rzepczyk et al. 1996), since lymphocyte subset numbers recover shortly after treatment (Woodberry et al. 2012). Increased secretion of the chemokine CXCL9 (Ockenhouse et al. 2006; Bijker et al. 2013; Elias et al. 2014) and a selective reduction in circulating B-cell populations expressing the CXCL9 receptor CXCR3 during acute bloodstage (Elias et al. 2014) corroborate this explanation. Within the B-cell compartment, changes in proportions of different B-cell subsets could further be linked to their degree of expression of the receptor for BAFF (Fig. 2h) (Scholzen et al. 2014), a cytokine that has previously been shown to alter the responsiveness of B-cells for chemotactic stimuli (Badr et al. 2008). Whether in other lymphocyte populations, subsets with specific chemokine receptor signatures are equally transiently decreased has not yet been investigated.

## CHMI-induced T-cell regulation

Induction of regulatory T-cells (Tregs) is a wellreported consequence of blood-stage infection in field settings and model systems (Scholzen et al. 2010) and also evident during CHMI. Ten days after sporozoite inoculation, when blood-stage parasites are usually detected by microscopy and volunteers treated, expression of the Treg transcription factor Foxp3 was increased, correlating with an increase in circulating bioactive TGFB (Walther et al. 2005). CD4 + CD25hiCD69-Tregs were expanded (Fig. 2i) and mediated suppression of parasite-specific responses during infection (Fig. 2j) (Walther et al. 2005). That loss of lymphocyte proliferative capacity could be restored by addition of IL-2 (Rzepczyk et al. 1996) suggests that parasite-induced Tregs might function by competition with effector T-cells for IL-2 (Hofer et al. 2012). Further data indicate that this parasitespecific regulatory response can extend beyond acute infection; while 4 weeks after CHMI, in vitro CD4 and CD8 T-cell responses to unrelated antigens were unaffected as such, they were reduced when PfRBC were added to the assay (Todryk et al. 2009), indicating a suppressive function of parasite antigen re-called Tregs. The longevity of this regulatory response and life-cycle stage specificity of these Tregs, and therefore their potential impact on subsequent liver- and/or blood-stage infections, remain elusive.

#### Link between immune activation and parasitaemia

Immune activation and regulation during the early stage of blood-stage infection appear to be dependent directly on duration of exposure and parasite load: after CHMI, peak inflammatory cytokine production correlated with the length of time until a defined level of parasitaemia was reached (Walther et al. 2006), and expansion of CD4 + CD25hiCD69-Tregs was the more prominent the earlier parasites reached the threshold of detection (Walther et al. 2005). Moreover, peak parasitaemia correlated with subsequent maximum plasma levels of IFNy and BAFF as well as proliferation of various B-cell subsets including plasma blast, classical and atypical memory B-cells (MBCs) (Fig. 2h) (Scholzen et al. 2014). While no causal relationships can be directly inferred from such correlations, parasite-driven induction and expansion of Tregs, IFNγ and BAFF production, and B-cell proliferation is consistent with findings from in vitro studies using PfRBC stimulated peripheral blood mononuclear cells (PBMCs) (Donati et al. 2004; Scholzen et al. 2009; Kumsiri et al. 2010).

Already at the time of first diagnosis, CHMI volunteers show similar pattern recognition receptor and pro-inflammatory cytokine gene transcription as naturally exposed individuals at more advanced stages of infection (Ockenhouse et al. 2006), while transcription of stress-related heat-shock proteins and other markers of inflammation as well as the induction of (counter)-regulatory pathways are much less pronounced (Ockenhouse et al. 2006). Markers and signs of inflammation and innate activation then substantially increase in the days after treatment. This includes the frequency of symptoms, fever (Church et al. 1997) and changes in haematological parameters (Church et al. 1997; de Mast et al. 2007, 2008, 2009a, b; Roestenberg et al. 2007) as well as production of the acute-phase protein CRP (Harpaz et al. 1992; Hermsen et al. 2003), complement activation (Roestenberg et al. 2007), cytokine secretion (Hermsen et al. 2003), Bcell, monocyte and DC activation (Scholzen et al. 2014). Since this is found across different treatment regimes, the most likely explanation is that the abrupt release of material from drug-killed and otherwise sequestered mature blood-stage parasites into the circulation leads to an initial exacerbation of immune activation, before all parasite material is finally removed.

## INDUCTION AND MAINTENANCE OF ANTI-MALARIAL IMMUNE MEMORY

#### Priming of parasite-specific T-cell memory

Transcriptional analysis of PBMCs from CHMI volunteers provides circumstantial evidence for the initiation of adaptive immune responses already during the pre-patent period (Ockenhouse *et al.*)

2006). This includes (i) increased transcription of Fc receptors such as CD16, which can enhance antigen capture (Dobel et al. 2013), (ii) genes involved in antigen processing and presentation such as subunits of the immune proteasome, chaperones involved in MHC class I peptide loading and MHC class II molecules and (iii) glycolytic enzymes, which mark the metabolic switch from naive/resting to effector responses (Yang and Chi, 2012). Consistently, parasite-specific T-cell responses are induced after a single, primary CHMI (Fig. 2k) (Walther et al. 2005; Todryk et al. 2009; Teirlinck et al. 2011, 2013; Orlov et al. 2012; Elias et al. 2013; Walker et al. 2014). Parasite-specific responses are consistently detectable using intact and lysed blood-stage schizonts (Walther et al. 2005; Todryk et al. 2009; Teirlinck et al. 2011, 2013; Orlov et al. 2012; Elias et al. 2013; Walker et al. 2014) or sporozoites as a stimulus (Teirlinck et al. 2011). Responses to individual parasite antigens appear to be variable between CHMI studies: some detect peptidespecific responses to apical membrane protein (AMA)-1 and merozoite surface protein (MSP)-1 (Elias et al. 2013; Walker et al. 2014), while others fail to do for entire panels of sporozoite, liver- and blood-stage antigens (Todryk et al. 2009; Teirlinck et al. 2011). Relatively low frequency of T-cells specific for individual antigens may explain this discrepancy. Antigen-specific T-cell responses appear largely allele-specific for the challenge strain (Elias et al. 2013), but also show potential for cross-reactivity (Elias et al. 2013; Teirlinck et al. 2013).

## Memory phenotype and cytokine profile of parasite-specific T-cells

Circulating memory T-cells can broadly be divided into central memory (CM) T-cells that can home to secondary lymphoid organs and largely lack immediate effector function, and effector memory (EM) T-cells with an altered chemokine receptor profile that preferentially home to non-lymphoid tissues (Sallusto et al. 2004). The more recently described tissue resident memory cells do not recirculate (Schenkel and Masopust, 2014) and can thus not easily be examined in human subjects. Parasite-specific T-cell responses measured in peripheral blood after a single CHMI are dominated by EM T-cells (Todryk et al. 2009; Teirlinck et al. 2011) and surprisingly stable for over at least a year (Teirlinck et al. 2011). These T-cell responses are largely of Th1 type origin, including secretion of IFNγ, TNFα, IL-2 and MIP-1α (Walther *et al*. 2005; Teirlinck et al. 2011, 2013; Orlov et al. 2012), while only few studies were able to detect parasite-specific IL-4 production (Todryk et al. 2009; Walker et al. 2014). In contrast to EM T-cells, CM responses are considerably weaker (Todryk et al. 2009; Teirlinck et al. 2011), do not

correlate in magnitude with EM responses and appear to decline much faster than EM responses (Fig. 3b) (Todryk et al. 2009). This weak CM response might simply be due to preferential re-location of CM cells to lymphoid tissues (Brinkman et al. 2013). Alternatively, parasite-induced regulatory mechanisms may contribute since high parasite densities associated with lower CM, but not EM, responses at 4 and 12 weeks post-CHMI (Todryk et al. 2009). Moreover, the degree of Foxp3 expression during CHMI negatively correlated with IFN<sub>γ</sub> EM responses as late as 5 months post-CHMI (Todryk et al. 2009). Therefore, not just activation and priming, but also counter-regulation of effector T-cell responses is a consequence of a single P. falciparum infection.

The effect of repeated parasitaemia on T-cell memory is less well examined. Cohorts of Dutch and Tanzanian volunteers subjected to CHMI under very similar conditions (Obiero et al. 2015) showed a peculiar lack of parasite-specific IFNy re-call responses in pre-exposed individuals, that failed to increase after CHMI (Obiero et al. 2015). Additionally, innate IFNy responses in pre-exposed Tanzanians were also lower (Obiero et al. 2015). Since IFN<sub>γ</sub> production by innate lymphocytes such as NK-cells is at least partially dependent on T-cell derived cytokines such as IL-2 (Horowitz et al. 2010; McCall et al. 2010), the reduced responsiveness of adaptive T-cells may be one underlying reason of this lower innate response to the parasite. While no differences in regulatory T-cell levels were found that might also explain these findings, functionality and potential parasite antigen-specific enrichment of Tregs was not examined. Clearly, future studies are needed to investigate whether this difference in both innate and adaptive compartments may be due for instance to skewing to immune signatures other than Th1-type responses. Rather than being a sign of impairment, a more balanced, less Th1 driven cytokine profile may even be beneficial for the human host, since elevated anti-parasite IFNy responses due to priming in earlier encounters associate with earlier clinical symptoms during blood-stage infection (Bijker et al. 2013). This would especially be true when in parallel with a less pronounced Th1 cytokine response - as in the above described Tanzanian CHMI cohort (Obiero et al. 2015) other effector mechanisms, such as parasite-specific antibodies that might help to control parasitaemia, are also present.

## Generation of antibody and MBC responses

A single CHMI clearly induces production of parasite-specific antibodies, directed against sporozoite and liver-stage antigens as well as the cross-stage antigen MSP-1 (Biswas *et al.* 2014; Elias *et al.* 2014; Nahrendorf *et al.* 2014; Walker *et al.* 

2014; Obiero et al. 2015). That a single infection is sufficient to induce parasite-specific antibody responses in a life-cycle exposure dependent manner is consistent with studies of travellers to malaria endemic countries: while recognition of blood-stage antigens or PfRBCs is usually limited to those travellers who experienced a symptomatic or asymptomatic malaria episode (Jelinek et al. 1995; Cobelens et al. 1998; Seed et al. 2006), seroconversion to circumsporozoite protein (CSP) can also be found in a fraction of those that were protected from blood-stage infection by chemoprophylaxis (Cobelens et al. 1998; Jelinek et al. 1998; Molle et al. 1999; Nothdurft et al. 1999; Knappik et al. 2002; Belderok et al. 2013). Also similar to a first naturally acquired infection in previously naive travellers (Elliott et al. 2007), CHMI generates antibody responses to multiple P. falciparum erythrocyte membrane protein-1 alleles (Turner et al. 2011), likely because multiple var genes can be transcribed simultaneously (Peters et al. 2002; Lavstsen et al. 2005; Wang et al. 2009). In addition, antibody maturation occurs: initially, both MSP-1<sub>19</sub>-specific IgM and IgG titers increase, followed by a quick decline in IgM levels, while IgG titres are maintained with increasing avidity (Fig. 3c) (Walker et al. 2014). B-cell isotype switching is directed by follicular helper T-cells (McHeyzer-Williams et al. 2012), which although mainly confined to lymphoid tissue follicles, can also appear in the circulation (Locci et al. 2013; Boswell et al. 2014). The first attempt to associate CHMI-induced T- and B-cell responses showed an inverse correlation of MSP-1 IgG responses with parasite-specific T-cell re-call proliferation and IFNy production, but the exact phenotype of these cells and typical follicular helper T-cell cytokine production was not investigated (Walker et al. 2014). Clearly, the induction and role of T-cell help for humoral responses in malaria requires further investigation. Next to antibodies, specific MBC responses to CSP and MSP-1 can be directly measured in PBMCs (Fig. 3c) (Elias et al. 2014; Nahrendorf et al. 2014). The magnitude of MSP-1<sub>19</sub> specific antibody and MBC responses after a primary CHMI correlates with the degree of parasite exposure, determined by both duration and magnitude of blood-stage infection (Biswas et al. 2014; Elias et al. 2014; Walker et al. 2014). This exposure-dependency of humoral responses is also consistent with similar findings after repeated CHMI (Nahrendorf et al. 2014).

# Effect of blood-stage exposure on maintenance of humoral immune responses

There is a general notion that blood-stage parasites deregulate B-cell function, with negative effects on the maintenance of B-cell memory and antibody responses (Portugal *et al.* 2013; Scholzen and Sauerwein, 2013). However, CHMI data indicate that blood-stage parasite exposure has per se no negative impact on B-cell memory: despite transient loss of B-cells from the circulation during CHMIinduced acute blood-stage infection (Rzepczyk et al. 1996; Elias et al. 2014; Scholzen et al. 2014), previously vaccine- or whole sporozoite-induced antibody and MBC responses to liver- and crossstage antigens were maintained rather than reduced after CHMI (Biswas et al. 2014; Elias et al. 2014; Nahrendorf et al. 2014). Blood-stage exposure during CHMI has further no negative impact on specific antibody avidity or functionality (Biswas et al. 2014), and can even boost previous experimentally or naturally induced responses by 2-10-fold (Biswas et al. 2014; Nahrendorf et al. 2014; Obiero et al. 2015). Of course, due to rapid treatment upon diagnosis, maximum densities of parasitaemia after CHMI range from only 1 to 100 parasites/ $\mu$ L<sup>-1</sup> (Roestenberg et al. 2012), i.e. much lower than in natural infections. Nevertheless, even a history of naturally acquired infections does not impair B-cell memory re-called by CHMI; pre-existing antibody responses in Tanzanian volunteers were readily detectable in a large proportion of volunteers and, compared with malaria-naïve Dutch individuals, increased more strongly upon CHMI. This occurred even in sero-negative Tanzanians, providing evidence for a robust MBC response that was stably maintained even in those individuals in which plasma blast-produced antibody levels dropped below detection (Obiero et al. 2015). Similarly, antibody responses were also boosted in P. vivaxchallenged Colombian individuals (Arevalo-Herrera et al. 2014). Together, these CHMI data support that the notion that slow development of clinically protective B-cell responses to malaria might not relate to induction or maintenance of memory itself but rather the polymorphic nature of malarial antigens in the wide variety of genetically distinct field strains (Struik and Riley, 2004).

#### Concluding remarks

Taken together, CHMI trials have revealed that the early phase of a primary *P. falciparum* infection is characterized by immune cell activation, re-distribution and inflammatory cytokine production, which coincide with blood-stage infection and are related to the degree of parasitaemia. Heterogeneity in the early inflammatory response appears to relate to differential presentation of clinical symptoms. Moreover, parasite-specific T- and B-cell memory responses are readily induced by a single infection and maintained for prolonged periods of time in the absence of re-exposure. B-cell responses are not perturbed by low dose blood-stage re-exposure, while parasitaemia does show some regulatory influence on Th1 type T-cell memory, which might contribute to limiting inflammation in ongoing and future encounters. Based on these findings, questions arise regarding the role of individual cell subsets in the early inflammatory/regulatory response to the parasite, the induction of adaptive responses and the quality of the immune response in future infections (Box 2). An exciting new development in CHMI is the controlled re-exposure of individuals with a history of natural pre-exposure. Comparative analysis of malaria-naive and naturally exposed individuals has already provided some insights into the effect of pre-exposure on parasitespecific re-call responses. It is further a promising approach to dissect differences in innate and adaptive immune cell activation during acute infection, and may provide novel insights into malariaassociated immune modulation leading to altered disease susceptibility.

## Box 2. Outstanding questions

- Which roles do individual NK, γδT-cell or monocyte subsets, and potentially innate lymphoid cells, play in the early inflammatory and regulatory response to the parasite?
- (How) does the inter-individual heterogeneity of these innate responses influence the induction of adaptive immune activation?
- Does expansion during malaria alter the composition of the γδT-cell compartment, which parasite life-cycle stage mediates this expansion and which consequences does this have in subsequent infections?
- How efficiently are parasite-specific follicular helper T-cell responses generated and how do they contribute to humoral immune responses?
- How long-lived are parasite-induced Treg responses and by which life-cycle stage are they re-called in future infections?
- Does apparently reduced functionality of DCs during CHMI reflect impairment or simply activation of these cells, and how does this relate to antigen-specific T-cell priming?
- Does cellular immune activation during a primary infection differ from that in naturally exposed individuals?
- (How) does repeated blood-stage exposure during natural (or experimental) infection skew innate and adaptive responses away from Th1 type cytokine secretion, and does this contribute to disease tolerance?

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