# Epidemiological review of toxoplasmosis in humans and animals in Romania

# J. P. DUBEY<sup>1</sup>\*, I. HOTEA<sup>2</sup>\*, T. R. OLARIU<sup>3</sup>, J. L. JONES<sup>4</sup> and G. DĂRĂBUŞ<sup>2</sup>

 <sup>1</sup> United States Department of Agriculture, Agricultural Research Service, Beltsville Agricultural Research Center, Animal Parasitic Diseases Laboratory, Building 1001, BARC-East, Beltsville, MD 20705-2350, USA
 <sup>2</sup> Department of Parasitology, Faculty of Veterinary Medicine, Banat's University of Agricultural Sciences

and Veterinary Medicine, 119, Aradului Street, 300645 Timisoara, Timis, Romania

<sup>3</sup> Department of Parasitology, Victor Babes University of Medicine and Pharmacy, P-ta Murgu Eftimie, 2, 300041 Timisoara, Timis, Romania

<sup>4</sup> Parasitic Diseases Branch, Division of Parasitic Diseases and Malaria, Center for Global Health, Centers for Disease Control and Prevention, Building 24, 1600 Clifton Road, NE, Mailstop A-06, Atlanta, GA30333, USA

(Received 26 April 2013; revised 6 June, 18 July and 24 July 2013; accepted 26 July 2013; first published online 29 October 2013)

#### SUMMARY

Infections by the protozoan parasite *Toxoplasma gondii* are widely prevalent in humans and other animals worldwide. However, information from eastern European countries is sketchy. In many eastern European countries, including Romania, it has been assumed that chronic *T. gondii* infection is a common cause of infertility and abortion. For this reason, many women in Romania with these problems were needlessly tested for *T. gondii* infection. Most papers on toxoplasmosis in Romania were published in Romanian in local journals and often not available to scientists in other countries. Currently, the rate of congenital infection in Romania is largely unknown. In addition, there is little information on genetic characteristics of *T. gondii* or prevalence in animals and humans in Romania. In the present paper we review prevalence, clinical spectrum and epidemiology of *T. gondii* in humans and animals in Romania. This knowledge should be useful to biologists, public health workers, veterinarians and physicians.

Key words: Toxoplasma gondii, Romania, toxoplasmosis, humans, animals, clinical, congenital.

## INTRODUCTION AND HISTORY

The parasite *Toxoplasma gondii* and the disease it causes, toxoplasmosis, were first noted in 1908 in the rodent *Ctenodactylus gundi* in Tunisia by Nicolle and Mancaeux (1908, 1909), and in the domestic rabbit (*Oryctolagus cuniculus*) in Brazil by Splendore (1908). Clinical disease was first recognized in Italy in a domestic animal, a dog, by Mello (1910). The first proven case of congenital toxoplasmosis was described in an infant in the USA by Wolf *et al.* (1939).

The discovery of a novel and specific serologic test, the dye test, by Sabin and Feldman (1948) made it possible to conduct population-based surveys for this parasite. Soon it became clear that T. gondii infections are common in humans and animals and clinical disease is relatively uncommon.

The earliest publication on toxoplasmosis in Romania we found is that of Dragomir (1956) who isolated viable T. gondii from a human infant. At about the same time, Radacovici and Atanasiu (1959), Lupaşcu *et al.* (1963), Elias and Porsche (1961),

\* Corresponding authors: USDA, ARS, APDL, BARC-East, Building 1001, Beltsville, MD 20705, USA. E-mail: jitender.dubey@ars.usda.gov; USAMVB Timisoara, 119, Aradului Street, 300645, Timisoara, Romania. E-mail: hotea\_ionela@yahoo.com Elias *et al.* (1963*a*, *b*), Elias (1966) and Elias and Budiu (1973) reported on toxoplasmosis in humans and animals in Romania. Since then, there have been many reports, mostly serological surveys in women with gynaecological problems. In the present paper we review prevalence, clinical spectrum and epidemiology of *T. gondii* in humans and animals in Romania.

# METHODS FOR PRESENT REVIEW

Romania has a human population of >19 million, and joined the European Union in 2007. The country is divided into 8 regions (Fig. 1). We have used abbreviated names of these regions in the following review; full names with human populations are shown in Fig. 1. Our initial search of the PUBMED database indicated references to only 25 papers on toxoplasmosis in humans and animals from Romania. Subsequently, we found numerous papers, mostly in Romanian journals. In the present review we attempted to incorporate all published reports available to us on natural T. gondii infections. We consulted original papers when possible. Papers published as abstracts, at symposia and conferences, and reviews, or papers we could not access are listed as supplementary information (in Appendix online – in

*Parasitology* (2014), **141**, 311–325. © Cambridge University Press 2013. This is a work of the U.S. Government and is not subject to copyright protection in the United States. doi:10.1017/S0031182013001509



Fig. 1. Map of Romania with 8 regions and distribution of human population. Figures in parentheses are millions of people (in 2011) and % of the total population. Total population of Romania – 19 042 936. I Maramures-Crisana (2·49; 13·1%); II Banat (1·73; 9·08%); III Transilvania (2·25; 11·82%); IV Oltenia (1·98; 10·39%); V Muntenia (2·99; 15·75%); VI Moldova-Tulcea (2·4; 12·6%); VII Bucovina-Moldova (3·15; 16·53%); VIII Bucharest – capital of Romania (2·04; 10·72%).

Online version only). The main objectives of the review are to summarize research accomplished on toxoplasmosis in Romania, suggest areas for future research, and to encourage international collaboration.

Detailed historical, serological, parasitological and clinical information on *T. gondii* infections in humans and other animals are summarized in the tables throughout the review. Different serological techniques used in Romanian studies are listed in Table 1. Cut-off values for serological tests are listed wherever the authors provided the information. Details of inhouse tests are not listed in Table 1 or any subsequent tables. Superscripts in the tables and text refer to details of the serological tests provided in Table 1.

The finding of T. gondii antibodies indicates exposure to the parasite. The sensitivity and specificity of different serological tests used to detect T. gondii antibodies varies a lot with the test used, serum dilution and the stage of infection. The skin test (dermal hypersensitivity), one of the first tests used to detect T. gondii exposure, is very insensitive, and is rarely used now. The Sabin–Feldman dye test is the most sensitive and specific test for human toxoplasmosis but it is rarely used now because it requires the use of live parasites and a complementlike factor from human serum; moreover, the test does not work with sera of some animal species. The indirect fluorescent antibody test (IFAT) and the modified agglutination test (MAT) use whole, killed tachyzoites, and the results are comparable with those obtained with the dye test, especially at serum dilution of 1:64 or higher. There are several ELISAs developed to detect *T. gondii* exposure and some of them are commercially available (Table 1). Some serological tests can distinguish class and type of antibodies (IgM, IgA, IgE, avidity); we have listed them where this information was provided. We would like to emphasize that the detection of antibodies only indicates exposure and the definitive evidence of infection requires demonstration of the parasite.

#### TOXOPLASMOSIS IN HUMANS

## Prevalence of T. gondii infection

There is little information concerning *T. gondii* prevalence in the general human population in Romania. Most serological surveys are based on convenience samples, except a recent study by Coroiu *et al.* (2009) who tested 1155 sera based on stratified sampling from the general population in north-west and central Romania with a total population of 4·6 million in 11 counties. Sera were tested for *T. gondii* IgG antibodies by two commercial tests (ELISA<sup>13</sup>, LAT<sup>2</sup>) with similar results. Antibodies to *T. gondii* were found in 686 (59·4%) of 1155 sera; seropositivity varied from 44·9–70·2% depending on the county sampled; prevalence in different counties

| Test abbreviation   | Antigen                              | Cut-off                      | Manufacturer <sup>a</sup>  | Reference/citation<br>in the present<br>review |
|---|--------------------------------------|------------------------------|--|--|
| <b>Latex agglutination, LAT</b> Pastorex Toxo Test (LAT <sup>1</sup> ) Sanofi Pasteur kit (LAT <sup>2</sup> ) | Soluble                              | Not stated                   | Bio-Rad, Marnes-la-Coquette, France www.bio-rad.com<br>Sanofi Diagnostics Pasteur, Marnes-la-Coquette, France<br>(Note, these companies have merged into Biorad) | Tables 2 and 4<br>Table 4                      |
| <b>Modified agglutination, MAT</b> Toxoscreen DA Direct agglutination, DAT                                    | Formalin-treated whole tachyzoites   | 1:40                         | Biomérieux, Craponne, France www.biomerieux.com  | Table 4  |
| ISAGA (Immunosorbent Agglutination Assay test)  | Whole tachyzoites-<br>killed         | Not stated                   | Not stated   | Table 2  |
| Indirect haemagglutination, IHAT  | Soluble                              | 1:64                         | In-house   | Table 5  |
| Sabin Feldman dye test  | Live tachyzoites                     | 1:4                          | In-house   | Tables 2, 3 and 5                              |
| Indirect fluorescent antibody, IFAT   | Whole acetone-fixed<br>tachyzoites   | 1:32                         | Cantacuzino Institute, Bucuresti, Romania www.cantacuzino.ro   | Tables 2 and 4                                 |
| Skin test   | Soluble                              |                              | In-house   | Table 2  |
| Complement fixation (CFT)   |                                      |                              | In-house   | Table 5  |
| Enzyme linked immunosorbent assay<br>(ELISA)  |                                      |                              |  |  |
| 1. ELISA Immuno Comb Toxo   | Solid phase-slide test               | 1:32                         | Biogal Galed Labs, Kibbutz Galed, Israel www.biogal.co.il  | Tables 4 and 5                                 |
| 2. ELISA ID Screen Toxoplasmosis Indirect   | P 30, recombinant                    | 1:32                         | ID.VET Innovative Diagnostics, Montpellier, France www.  | Tables 4 and 5                                 |
| Multi-species)  | ,                                    |                              | id-vet.com   |  |
| 3. ELISA Captia <i>Toxoplasma gondii</i> IgG  | Inactivated                          | Not stated                   | Trinity Biotech P.L.C., Bray, Co Wicklow, Ireland www.<br>trinitybiotech.com   | Table 1  |
| 4. ELISA ETI-TOXO-G   | Solid                                | Not stated                   | DiaSorin S.P.A., Saluggia, Vercelli, Italy www.diasorin.com  | Table 2  |
| 5. ELISA Platelia TOXO IgG  | Whole tachyzoites                    | Not stated                   | Bio-Rad, Marnes-la-Coquette, France www.bio-rad.com  | Table 2  |
| 5. TOXO IgG Detect ELISA Kit  | Inactivated                          | $> 10 \text{ UI mL}^{-1}$    | BioKit, Barcelona, Spain www.biokit.com  | Table 2  |
| 7. ELISA TOXO IgG   |                                      | Not stated                   | Bios Gmbh Labordianstik, München Bayern, Germany www.  | Text   |
| 3. ELISA Eli-Tox-P  | Soluble                              | Not stated                   | Pasteur Institute, Bucuresti, Romania www.pasteur.ro   | Table 5  |
| 9. ELISA TOXO IgG   | Whole tachyzoites-<br>formalin-fixed | 1:50                         | SafePath Laboratories L.L.C., Carlsbad, California, USA www.<br>safepath.com (currently the company bought by Biorad)  | Table 5  |
| 10. ELISA Chekit Toxotest   | Inactivated                          | Not stated                   | Idexx-Bommeli Laboratories, Westbrook, Maine, USA www.<br>idexx.com  | Tables 3 and 5                                 |
| 11. ELISA Pourquier Toxo  | Not stated                           | Not stated                   | Institut Pourquier S.A., Montpellier, France   | Table 3  |
| 12. ELISA Eli-Tox-O   | Soluble                              | Not stated                   | Pasteur Institute, Bucuresti, Romania<br>www.pasteur.ro  | Tables 5 and 6                                 |
| 13. ELISA IgG, IgM Dia Sorin kit  | Solid                                | Not stated                   | DiaSorin S.P.A., Saluggia, Vercelli, Italy www.diasorin.com  | Table 2  |
| 14. MEIA (Microparticle Enzyme Immunoassay,<br>AxSYM Toxo IgG and IgM)  | Soluble                              | $\geq$ 3 UI mL <sup>-1</sup> | Abbott Laboratories, Illinois, USA www.abbott.com  | Text   |

Table 1. Details of serological tests used for the detection of antibodies to T. gondii in animals and humans in Romania

<sup>a</sup> General distributor: SC Aspius SRL, no. 25/21, Aurel Vlaicu street, 310147, Arad, Romania, phone: +40 724574943, E-mail: contact@aspius.ro

were as follows: Alba 59 (70.2%) of 84, Bihor 104 (65.8%) of 158, Bistrita-Năsăud 46 (64.7%) of 71, Cluj 80 (44.9%) of 178, Covasna 34 (53.1%) of 64, Harghita 26 (36.6%) of 71, Maramureş 77 (64.7%) of 119, Mureş 68 (61·8%) of 110, Satu Mare 75 (63·0%) of 119, Sălaj 63 (67.7%) of 93, and Sibiu 55 (62.5%) of 88. The highest (70.2%) seropositivity was in people from Alba, and the lowest (36.6%) in Harghita county. Prevalence in males, 279 (60.3%) of 462, was similar to that in females, 408 (58.8%) of 693, and slightly lower in the urban population, 264 (55.1%) of 479, than the rural population, 363 (63.6%) of 570. Prevalences by age were: 46 ( $24 \cdot 3\%$ ) of 189 <14 years, 26 (43·3%) of 60-15 to 19 years, 59 (49·7%) of 120-20 to 29 years, 68 (55.7%) of 122-30 to 39 years, and 191 (71.5%) of 267 at 40 years or older. In this population, prevalence in women of fertile age (defined in this paper as 16-35 years) was high (51.4%). It is of interest that 6 of 68 children 1-9 years old were seropositive. The authors tabulated results for each category in each of 11 counties. Of the total of 687 seropositives of 1155 persons, only 1 had IgM antibodies. To our knowledge this is the only population-based survey for T. gondii in Romania. Unfortunately, risk assessment data were limited. There were several other studies with <100 people (Antoniu et al. 2005; Teodorescu et al. 2006; Csep, 2010a).

There are other surveys of *T. gondii* infection in humans tested for various reasons. Surveys in women of childbearing age or in those who were tested mainly because of gynaecological problems are given in Table 2. In general, seroprevalence was higher in women with gynaecological problems than women in the general population. Data from other patients or the general population are given in Table 3. In general, seroprevalence was higher in persons from rural than urban areas, but data are limited.

# Clinical toxoplasmosis

Congenital. Although T. gondii can sometimes cause abortion in women, there is no evidence that it causes habitual abortion (Dubey and Beattie, 1988). Unfortunately, in many eastern European countries and Asia it has been assumed that chronic T. gondii infection is a common cause of infertility and abortion. For this reason, many women in Romania with these problems were tested for T. gondii infection (Table 2). In addition to those listed in Table 2, there are other reports of T. gondii testing of women with pregnancy problems (Neagoe et al. 2007). However, the relationship between T. gondii infection and pregnancy problems cannot be established by serological testing alone.

Little is known of congenital toxoplasmosis in Romania. An estimate of the incidence of clinically manifest prenatal toxoplasmosis may be obtained in

two ways (Dubey and Beattie, 1988). First from reports of observed cases, and second from calculations based on the infection rates during pregnancy and follow-up of live born infants. Stroia and Ungureanu (2007) reported a 4-month-old child with hydrocephalus, cerebral calcification, and IgG and IgM seropositivity to T. gondii but details are scanty. The authors rightly recognized that these symptoms also occur in other diseases. Csep (2010c) diagnosed 9 cases of congenital toxoplasmosis, but again details are sketchy. Panaitescu et al. (1995b) reported a very high rate of seroconversion in 96 (19.7%) of 485 women in Bucharest. The seroconverted women were followed clinically until delivery but it is not clear from the results how many of these mothers delivered congenitally infected children.

Crucerescu and Lovin (2001) tested cord blood of 1226 newborns for *T. gondii* antibodies. Antibodies to *T. gondii* were detected in 546 (44.5%) children. Out of these, 9 children were considered at risk based on differential serology and followed for 1 year. One of these 9 children had persistent *T. gondii* antibodies after 1 year; whether this child became symptomatic is unknown. Thus, in this select population from eastern Romania, the congenital transmission rate was 1 for 1226 live-born children.

Antibodies to T. gondii were sought by several investigators in children suspected to have congenital toxoplasmosis and their mothers, but the results were not conclusive to establish definitive diagnosis (Elias et al. 1963b; Elias, 1966; Georgescu, 1976; Proca-Cioban et al. 1981; Junie and Coroiu, 1995; Panaitescu et al. 1995a; Junie et al. 2002; Costache et al. 2004, 2008a, b, 2010; Teodorescu et al. 2006; Barabás-Hajdu et al. 2007; Lazăr and Barbu, 2007; Neagoe et al. 2007; Oprea et al. 2007; Rugină et al. 2007; Stroia and Ungureanu, 2007; Mării et al. 2008; Csep, 2010a, b, c). Three studies from Cluj reported T. gondii antibodies in about one third of malformed children (116 [29·4%] of 394, Junie and Coroiu, 1995; 73 [28·9%] of 253, Junie et al. 2000, 2002; 9 [32·1%] of 28). Overall, from the evidence presented in these studies it is difficult to estimate the rate of congenital toxoplasmosis.

*Ocular*. There are several reports of serological and clinical examinations of patients suspected of ocular toxoplasmosis in Romania (Panaitescu *et al.* 1978; Proca-Cioban *et al.* 1981; Junie and Coroiu, 1995; Crucerescu, 1998; Creţu *et al.* 2000, 2007; Lazăr *et al.* 2002; Costache *et al.* 2004; Dogan and Farah, 2004; Radbea *et al.* 2006; Siloşi *et al.* 2006; Jurja, 2007; Teodorescu *et al.* 2008). Most of these studies are retrospective. Proca-Cioban *et al.* (1981) determined IFAT antibodies in 1712 children (3–19 years old) with neurological manifestations and 338 children with ocular diseases; 144 (8·4%) of 1712 with neurological signs and 36 (10·6%) of 338 with ocular disease were seropositive. The authors did not

| Year              | Population  | Area on<br>the map | No.<br>tested | Test                             | No. positive<br>(%) | Additional serological tests | Reference                          |
|-------------------|---|--------------------|---------------|----------------------------------|---------------------|------------------------------|------------------------------------|
| Not given         | Pregnant or post-partum                                 | II-8               | 552           | Dye test, skin test              | 200 (36.3)          | None                         | Elias (1966)                       |
|                   | Women with gynaecological problems                      |                    | 142           |                                  | 107 (75.4)          |                              |                                    |
| 1976-1977         | Pregnant women  | VII-37             | 1050          | IFAT, 1:40                       | 425 (40.4)          | None                         | Mihai et al. (1978)                |
| Not given         | Women with abnormal pregnancies                         | VIII-41            | 2663          | IFAT, 1:40                       | 948 (35.6)          | None                         | Panaitescu et al. (1978)           |
|                   | Women in the first quarter of pregnancy, 29 abortions   |                    | 421           |                                  | 82 (19.4)           |                              |                                    |
|                   | Post-partum women                                       |                    | 1688          |                                  | 64 (3.7)            |                              |                                    |
| 2002              | General population                                      | II-8               | 580           | $MEIA IgG^{14}$                  | 300 (51.7)          | IgM                          | Boer <i>et al.</i> (2002)          |
| 1996-1999         | Healthy women of child bearing age                      | VII-37             | 810           | IFAT IgG,                        | 335 (41.3)          | IgM, ISAGA, IgA              | Crucerescu and Lovin (2001)        |
|                   | Women with abortions                                    |                    | 378           | titre not given                  | 155 (41.0)          |                              |                                    |
| 2003              | Pregnant women  | I-6                | 165           | ELISA IgG,<br>kit used not given | 60 (36.3)           | IgM                          | Costache et al. (2004)             |
|                   | Women with gynaecological disorders of childbearing age |                    | 462           | ELISA IgG                        | 185 (40.0)          |                              |                                    |
| Not given         | Pregnant women  | IV-20              | 50            | $ELISA^2$ IgM                    | 12 (24.0)           | IgM                          | Silosi et al. (2006)               |
| 2000-2005         | Pregnant women  | III-12             | 277           | ELISA <sup>13</sup> IgG          | 102 (36.8)          | IgM                          | Barabás-Hajdu <i>et al.</i> (2007) |
|                   | Others  |                    | 1982          | 0                                | 509 (25.7)          | 0                            | 5                                  |
|                   | Mothers of newborn                                      |                    | 53            |                                  | 28 (52.8)           |                              |                                    |
| 2001-2006         | Abnormal pregnancy women                                | VIII-41            | 148           | ELISA <sup>5</sup> IgG           | 80 (54.0)           | IgM                          | Teodorescu et al. (2007)           |
|                   | Normal pregnancy women                                  |                    | 100           | ELISA <sup>5</sup> IgG           | 12(12.0)            | 0                            | ( )                                |
| 2006 <sup>a</sup> | Women of childbearing age                               | II-8               | 184           | $LAT^2$                          | 106 (57.6)          | IgM                          | Olariu et al. (2008)               |
| 2007-2008         | Pregnant women  | II-8               | 139           | ELISA <sup>13</sup> IgG          | 22 (15.8)           | IgM,                         | Mederle et al. $(2008)$            |
| 2005-2007         | Pregnant women  | I-6                | 510           | $\mathrm{ELISA}^4$ IgG           | 199 (39.0)          | IgM, IgA, avidity            | Costache et al. (2008)             |
| 2007              | Retrospective study of mothers with live newborns       | I-6                | 90            | ELISA IgG,<br>kit not given      | 37 (41.1)           | IgM                          | Mării et al. (2008)                |
| 2007-2009         | Pregnant women and childbearing age, 30% abortion       | I-3                | 107           | ELISA $IgG^6$                    | 35 (32.7)           | IgM, IgA                     | Csep (2010 <i>b</i> , <i>c</i> )   |
| 2006–2009         | Mothers of neonates with congenital abnormalities       | I-6                | 280           | ELISA <sup>4</sup>               | 148 (52.8)          | IgM,IgA                      | Costache <i>et al.</i> $(2010)$    |
| Not given         | Pregnant women  | II-8               | 660           | ELISA IgG <sup>7</sup>           | 308 (46.6)          | None                         | Navolan <i>et al.</i> $(2012)$     |

| Table 2 Reports of T  | ' <i>condii</i> antihodies in | nregnant and | childbearing age women   | tested in hospital    | s or private clinics in Romania |
|-----------------------|-------------------------------|--------------|--------------------------|-----------------------|---------------------------------|
| Table 2. Reports of T | . gonun antiboules in         | pregnam and  | i chinabearing age women | i testeu ili nospitai | s of private entites in Romania |

<sup>a</sup> Personal communication to J. P. Dubey, April 2013.

https://doi.org/10.1017/S0031182013001509 Published online by Cambridge University Press

| No. of<br>persons | Area/region      | Test, titre                        | Sources/groups                                 | Main findings/comments   | Reference  |
|-------------------|------------------|------------------------------------|--|--|--|
| 326               | VIII-41          | Dye test, titre<br>not given       | Clinical status,<br>age                        | Overall, 60 (18·4%) of 326 persons seropositive; 25 (16·3%) of 153 children, 16 (20·5%) of 78 mothers, 10 (24·4%) of 41 with ocular diseases. Viable <i>T. gondii</i> isolated from 3 congenitally infected children.  | Radacovici and<br>Atanasia (1959)  |
| 869               | VIII-41,<br>II-8 | Skin test                          | Occupation,<br>clinical status                 | 149 (17·1%) of 869 people positive. Slaughterhouse workers 40 (18·1%) of 221, 82 (22·8%) of 359 persons with mental disorders, 13 (32·5%) of 40 mothers with gynaecological problems, 11 (55%) of 20 patients with ocular diseases, 3 (1·4%) of 210 students, and 0 of 19 healthy adults.  | Lupașcu <i>et al.</i> (1963)   |
| 969               | II-8             | Dye test 1:4,<br>skin test         | Occupation,<br>clinical status                 | 193 (31.8%) of 607 persons positive, 109 (76.8%) of 142 women with premature birth,<br>228 (41.2%) of 553 children with neuropsychiatric disorders, 15 (12.6%) of 118 normal<br>children, Seropositivity higher in slaughterhouse workers and other occupational groups.<br>These papers are confusing because the sources of samples and persons in each category<br>tested are not stated. Elias and Porsche (1961) stated that out of 507 healthy people the<br>dye test positivity rates were: 7.4% in 0–10 year olds, 9.0% in 11–20 year olds, 15.2% in<br>21–30 year olds, 20.6% in 31–40 year olds, 16.0% in 41–50 year olds, and 33.6% in 51–60 year<br>olds but the number of persons in each age group was not given | (Elias and Porsche,<br>1961;<br>Elias <i>et al.</i> 1963 <i>a, b</i> ;<br>Elias, 1966;<br>Elias and Pucă,<br>1967) |
| 304               | VIII-42          | Dye test                           | Age  | 41 (13·4%) of 304 seropositive; 0 of 39 <4 years old, 8 (7·3%) of 109 5–9 years old, 20 (16·6%) of 120 10–15 years old, 10 (27·7%) of 36 >15 years old   | Georgescu (1976)   |
| 280               | VIII-41          | Skin test                          | Clinical status, occupation                    | 123 (44·1%) of 280 person suspected of congenital and acute toxoplasmosis positive, 42 (41·2) of 102 deaf-mute, 7 (33·3%) of 21 with ocular disease, 43 (84·6%) of 57 livestock workers. Data on control group tested not clear  | Toma <i>et al</i> . (1967)   |
| 231               | VII-37           | IFAT                               | From 3 localities, general population          | 131 (56.7%) of 231 from 3 localities positive: 51 (100%) of 51, 27 (71%) of 38 and 53 (37%) of 142. Seropositivity followed for 5 years; remained stable in 92, 85 and 29% in the 3 localities   | Mihai <i>et al.</i> (1976, 1978)   |
| 7184              | VIII-41          | IFAT, 1:40                         | Clinical status, occupation                    | 948 (35.6%) of 2663 women with abnormal pregnancies, <b>64 (3.7%) of 1688 women from</b><br><b>the general population</b> , 171 (16.8%) of 1012 livestock workers, 136 (27.5%) of 493 ocular<br>patients, and 101 (11.1%) of 907 miscellaneous persons   | Panaitescu <i>et al.</i><br>(1978)   |
| 500               | VIII-41          | ELISA,<br>in-house                 | Ocular patients                                | Retrospective study of 1/3rd cases of toxoplasmosis in one teaching hospital.<br>Patients 0–76 years old. Urban 322 (64·4%), rural 178 (34·6%), males 256 (51·4%),<br>females 243 (48·6%), 98 (19·6%) contact with cats, 221 (44·2%) eating<br>undercooked meat.   | Crețu <i>et al</i> . (2007)  |
| 63                | VIII-41          | ELISA,                             | Lymphadentis                                   | Retrospective study of patients in one hospital 1999-2005. 45 (72%) cases in 10-35 years old,  | Codreanu and   |
| 148               | VIII-41          | in-house<br>ELISA <sup>5</sup> IgG | patients.<br>Pregnant                          | 44 (71%) urban, no gender difference<br>Higher seroprevalence in mothers that ate undercooked meat and had greater contact<br>with soil, but details not given.  | Radulescu (2007)<br>Teodorescu <i>et al.</i><br>(2007)   |
| 184               | II-8             | $LAT^1$                            | Consecutive<br>women tested<br>at one hospital | Retrospective study. 106 (57.6%) of 184 positive: 6 ( $33.3\%$ ) of 18 14–19 years old, 36 ( $53.7\%$ ) of 67 20–29 years old, 39 ( $60.9\%$ ) of 64 30–39 years old, and 25 ( $71.4\%$ ) of 35 40–45 years old. 50 ( $48.1\%$ ) of 104 women from urban and 56 ( $70.0\%$ ) of 80 rural area. <b>Higher prevalence in rural and older women</b> .   | Olariu <i>et al.</i> (2008)  |

| Costache <i>et al.</i> (2008 <i>b</i> )  | Costache <i>et al.</i> (2010)                 |
|--|---|
| Seroprevalence increase with age (39.7% in 78 of 196 in 20–26 year, 42.9% in 121 of 282 in Costache <i>et al.</i> (2008 <i>b</i> ) 27–33 year), acute toxoplasmosis leading to abortion decrease with trimester (66.6% in 12 of 18 in 2nd 5.5% in 1 of 18 in 3nd trimester). | SO IN INC.                                    |
| <b>Prospective study</b><br>of pregnant women  | <b>Prospective study</b><br>of pregnant women |
| ELISA <sup>5</sup>   | ELISA <sup>5</sup>                            |
| 510 I – 6  | I-6   |
| 510  | 280ª I-6                                      |

Selected from 15896 births between 2006–2009 because of clinical suspicion of toxoplasmosis in newborn (personal communication to J. P. D March, 2013). Personal communication J.P.D - March 2013. д

In bold = noteworthy data

provide any data but stated that seroprevalence in the normal population (presumably children) was 3.7% (Proca-Cioban et al. 1981). Dogan and Farah (2004) diagnosed ocular toxoplasmosis in 21 (21.9%) of 96 cases of uveitis in children in a hospital in Bucharest from 1993-2002. Similarly, Teodorescu et al. (2008) reported 90 (66.7%) cases of ocular toxoplasmosis among all 135 hospitalized cases of toxoplasmosis (acquired or congenital) in other hospitals in Bucharest from 2000-2005. Creţu et al. (2007) retrospectively examined records of 500 patients diagnosed with ocular toxoplasmosis during 1995-2005 in Colentina Teaching Hospital in Bucharest. Concurrent infections (250 toxocariasis, 129 other infections including tuberculosis and syphilis) were associated in two thirds of cases. The diagnosis was based on serology and clinical findings. Patients were 0-76 years old (median 44 months), 20 case-patients (4%) of them were considered to have postnatally acquired toxoplasmosis, based on onset of clinical symptoms and differential serologic (avidity, IgM) testing. Chorioretinitis, present in 410 cases (82%), was the main finding and was unilateral in 298 cases (59.6%), affected both eyes in 112 cases (22.4%), and cataracts were seen in 74 cases (14.8%) of 500 persons. They described onset and progression of lesions, and attempted to determine risk factors. The authors stated that these cases analysed were one-third of cases seen in this hospital. It is not known if more eye patients sought diagnosis at this facility. Overall, toxoplasmic ophthalmitis is considered common in the Romanian population (Lazăr et al. 2002) but there is no information on prevalence of ocular disease in the general population. Therefore, we are unable to compare these findings with those from other countries in Europe or America.

Lymphadenitis. Cervical lymphadenopathy is the most common sign of acquired toxoplasmosis. Demonstration of T. gondii DNA or live parasites in biopsy is one way to confirm diagnosis. Presumptive diagnosis may be made based on symptoms and serological tests for acute toxoplasmosis. There have been several reports of serological examination of patients with lympadenopathy (Ștefănoiu et al. 1983; Crucerescu and Lovin, 2002; Costache et al. 2004; Codreanu and Rădulescu, 2007; Dumitru et al. 2007; Ghinea et al. 2007; Siloși et al. 2007). Crucerescu and Lovin (2001) reported that 117 (34.1%) of 343 lymphadenitis patients were seropositive of which 44 (12.8%) had acute acquired infection based on IgG avidity. Stefănoiu et al. (1983) reported IFAT antibodies in 297 (28.6%) of 1038 patients with lymphadenopathy; histological examination of biopsy of lymph nodes in 19 cases revealed reactive adenopathy but T. gondii was not found.

Human immunodeficiency virus (HIV). The HIV epidemic in the 1980s brought recognition of cerebral

toxoplasmosis in adults but these cases were not reported until 2000 in Romania. Encephalitis is the predominant presentation of clinical toxoplasmosis in HIV-infected patients. Although computer tomography (CT) and serological examination are useful, definitive diagnosis can only be made postmortem or by biopsy examination. Other conditions including lymphomas can mimic toxoplasmosis, and the determination of type of immunoglobulin and the magnitude of *T. gondii* titre are not helpful in differential diagnosis. In most HIV-infected patients clinical toxoplasmosis is a reactivation of a chronic infection, and most of these patients have *T. gondii* antibodies.

There are several reports of toxoplasmosis in HIV-infected patients in Romania (Coltan et al. 2000; Codarcea et al. 2000; Cambrea et al. 2007). Crucerescu and Lovin (2001) found T. gondii antibodies in 35 (34.3%) of 102 HIV-infected patients; 11 (2 adults, 9 children) had encephalitis, and 2 patients died despite therapy. A series of cases were reported in 2007 (Cambrea et al. 2007; Codarcea et al. 2007; Erscoiu et al. 2007; Marcaş et al. 2007; Oprea et al. 2007). A striking observation is that most of these cases were in young persons. Out of 34 teenage patients with cerebral toxoplasmosis, 16 died despite therapy (Cambrea et al. 2007). To our knowledge, none of the cases mentioned above were confirmed by biopsy or postmortem examination.

# Toxoplasma gondii isolation from human samples

Dragomir (1956) attempted isolation of T. gondii from 3 cases of toxoplasmosis (details of patients not given) by bioassay in mice. For this, the ventricular fluid was centrifuged; the sediment was suspended in 2 mL of saline and inoculated intraperitoneally (i.p.) into 2 white mice. The first mouse was killed 4 days post-inoculation (p.i.) and tachyzoites were found in the peritoneal fluid. The parasite was maintained by serial passage in mice, and the strain became virulent for mice after 4 passages. The photographs provided in this paper leave no doubt about the first isolation of T. gondii in Romania.

Rodacovici and Atanasiu (1959) attempted isolation of T. gondii from 57 congenitally infected children and 6 adults by bioassays in mice. They isolated viable T. gondii from 3 cases of fatal toxoplasmosis in children. They found T. gondii in tissues of another 11 congenitally infected children and 1 adult with acquired toxoplasmosis but were unable to isolate viable T. gondii.

Elias *et al.* (1963b) attempted to isolate *T. gondii* from tissues of 7 infants with malformations by bioassays in mice. Viable *T. gondii* was isolated from 1 infant but details are sketchy.

Recently, Costache et al. (2013) isolated viable T. gondii from the cerebrospinal fluid (CSF) of a 32-week gestational age girl born prematurely but naturally to a mother who had serological evidence of recently acquired T. gondii infection during pregnancy (the mother seroconverted between 2 and 6 months of gestation). The girl had gross evidence of hydrocephalus and microphthalmia of the left eye. Ophthalomoscopic examination revealed acute central chorioretinitis of the right eye, retinal detachment and anterior and posterior uveitis of the left eye. The CSF was collected from the girl 4 days after birth, and examined for T. gondii infection. Toxoplasma gondii DNA was demonstrated directly in the CSF, and viable parasite isolated by bioassay in outbred mice. For bioassay, the CSF was centrifuged, the sediment suspended in isotonic saline, and inoculated i.p. into 3 outbred white mice. The inoculated mice remained asymptomatic; T. gondii tissue cysts were demonstrated in the brains of mice killed 4 weeks p.i. This T. gondii strain was designated as ROU-H-001 and cryopreserved. Genotyping with 15 microsatellite markers revealed that it is a Type II strain (Costache et al. 2013). These findings are noteworthy because it is the first genotyping of a viable isolate of T. gondii from Romania from any host.

## Epidemiology of human toxoplasmosis

To our knowledge there are no statistically wellcontrolled epidemiological studies in Romania. Epidemiological data were collected mostly retrospectively, without calculation of statistical significance; we have summarized them in Table 3. Most studies revealed an increase of seroprevalence with age and rural living.

#### TOXOPLASMOSIS IN ANIMALS

# Cats

Serological prevalence and risk factors. Toxoplasma gondii antibodies were detected in 30–80% of cats in small surveys involving 20–62 cats (Table 4). Györke et al. (2011) made an extensive investigation using serum samples from 236 house cats from three regions (Center-III, Southwest-IV and Northwest-I). Several aspects of this study are noteworthy. The sample size was adequate to study risk factors, prevalence was determined using 6 serological tests (MAT, IFAT, 4 ELISAs) and results could be compared directly with a previously published study from the Netherlands (Opsteegh et al. 2012); the MAT and ELISA-RIVM were performed in the Netherlands by Opsteegh et al. (2012).

In the Györke *et al.* (2011) study, using a commercial ELISA<sup>2</sup>, 111 (47%) of 236 cats were seropositive. Of these 236 sera, 203 sera were

| $\mathbf{v}_{222} \circ \mathbf{f}_{222}$ | Area, region | C                  | M. trated   | T               | No. positive | Correlates of       | Deferment                              |
|---|--------------|--------------------|-------------|-----------------|--------------|---------------------|--|
| rear or survey                            | on map       | Source of sera     | INO. TESTED | l est, titre    | (0/_)        | intection available | Kelerence                              |
| No data                                   | 11-8         | Pets               | 13          | Dye test, 4     | 4 (30.7)     | No data             | Elias (1966)                           |
| 2002-2004                                 | VIII-41      | Pets, VC           | 20          | $ELISA^{1}$     | 11(55.0)     | No data             | Antoniu et al. (2005)                  |
| 2006-2007                                 | VIII-41      | Pets               | 94          | $ELISA^{1}$     | 42(44.6)     | No data             | Petriceanu et al. (2007)               |
| 2007                                      | I-6          | Pets               | 50          | $ELISA^{1}$     | 31(62.0)     | a, b, c, d          | Titilincu $et al. (2008b)$             |
|   |              |                    |             | $LAT^2$ , 32    | 21(42.0)     |                     |  |
| 2008                                      | VIII-41      | No data            | 42          | IFAT            | 20(47.6)     | a, b, c, d          | Antoniu et al. (2007, 2008)            |
|   |              |                    |             | $ELISA^{1}$     | 23 (54.7)    |                     |  |
| 2007-2010                                 | I-6          | Pets               | 236         | Several methods | 111(47.0)    | a, b, c, d          | Györke <i>et al</i> . (2011)           |
|   |              |                    |             | (see text)      |              |                     |  |
| 2008-2009                                 | 11-7         | Pets, urban, rural | 36          | $ELISA^{2}$     | 29(80.5)     | a, b, c, d          | Hotea et al. $(2009c)$ ;               |
|   |              |                    |             |                 |              |                     | Dărăbuş <i>et al.</i> (2011 <i>b</i> ) |
| 2008-2009                                 | 11-9         | Pets, urban, rural | 42          | $ELISA^{2}$     | 25 (59-5)    | a, b, c, d          | Hotea et al. $(2009a)$                 |
| 2008 - 2010                               | II-10        | Pets               | 62          | $ELISA^{2}$     | 48 (77-4)    | a, b, c, d          | Hotea <i>et al.</i> (2012)             |

https://doi.org/10.1017/S0031182013001509 Published online by Cambridge University Press

a = age, b = sex, c = diet, d = habitat.

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comparatively tested by 6 tests. Seropositivity varied from 46.7% to 60.5%, depending on the test. It is of interest that results for 147 tests (87 positive, 60 negative) of the 203 sera were the same in all 6 tests. Overall, the IDVet ELISA<sup>2</sup> gave most concordant results. Based on the IDVet test age, breed, diet, outdoor access, location and the source of sera affected the T. gondii seropositivity. Seroprevalence increased with age and indoor/outdoor living: outdoors (85 [59%] of 144) vs indoors (19 [26.8%] of 71). Somewhat similar conclusions were obtained in other references listed in Table 4 although the number of cats were too small for a valid comparison. These results were expected because most cats acquire T. gondii infection post-natally, soon after weaning when cats begin to hunt for food (Dubey and Beattie, 1988). Most purebred cats are kept indoors and fed processed diets by their economically advantaged owners.

Prevalence of T. gondii-like oocysts in cat feces. Toxoplasma gondii-like oocysts were found in feces of 18 of 300 cats from Bucharest by Pop et al. (1986), 5 of 414 cats from Transylvania by Mircean et al. (2010) and 1 of 62 cats from Caraş-Severin by Hotea et al. (2012). Additionally, oocysts were not found in feces of 63 cats from Cluj and Dolj (Titilincu et al. 2008b) and 36 cats from Arad county (Hotea et al. 2009c; Dărăbus et al. 2011b – both papers refer to the same data). These results are based on microscopical examination, and not definitive. Toxoplasma gondiilike oocysts in cat feces include T. gondii, Hammondia spp., Neospora caninum and Besnoitia spp., and these oocysts cannot be diagnosed without bioassays or DNA identification (Dubey, 2010).

Clinical toxoplasmosis. Diagnosis of clinical toxoplasmosis in cats is difficult without postmortem examination. At present there is no confirmed report of clinical toxoplasmosis in cats in Romania. Georgescu *et al.* (2009) reported clinical signs of encephalitis and ophthalmitis in a cat (age or type of cat not stated) in Bucharest. The diagnosis was based on finding positive IgM and IgG antibodies to T. gondii (titre or the test performed were not given), and positive response to clindamycin therapy. The diagnosis is at best presumptive because IgM antibodies can persist in asymptomatic cats for months (Dubey, 2010).

*Isolation of viable* T. gondii. *Toxoplasma gondii* was isolated from 12 (4%) of 300 tissues of cats from Bucharest by bioassay in mice. The data are only indicative because tissues from 3 cats were pooled and 100 pools were bioassayed (Pop *et al.* 1986).

| Year      | Area    | Source of sera                    | No. tested   | Test                     | No. positive<br>(%) | Reference   |
|-----------|---------|-----------------------------------|--------------|--------------------------|---------------------|---|
| No data   | II-8    | No data                           | 635          | Dye test                 | 340 (53.5)          | Elias (1966)  |
| No data   | III-16  | Farms, sheep age                  | 192          | IFAT                     | 88 (45.8)           | Sharma (1980)   |
|           |         | $3 \cdot 5 - 6$ year              |              | IHAT                     | 75 (39.0)           |   |
|           | V-25    |                                   | 249          | IFAT                     | 77(30.9)            |   |
|           |         |                                   |              | IHAT                     | 69 (27.7)           |   |
|           | VIII-41 |                                   | 61           | IFAT                     | 20 (32.7)           |   |
|           |         |                                   |              | IHAT                     | 12 (19.7)           |   |
| No data   | VIII-41 | No data                           | 222          | CFT                      | 38 (17.0)           | Medrea and  |
|           |         |                                   | 106          | IHAT                     | 9 (8.5)             | Constantinescu (1991)                                     |
| 2005-2006 | VII-37  | Farms, rams and ewes, all ages    | 572          | ELISA <sup>3</sup>       | 394 (68.8)          | Bondoc et al. (2007)                                      |
| 2008      | VIII-41 | Abattoir, sheep all ages          | 140          | $ELISA^4$                | 39 (27.8)           | Militaru <i>et al.</i> (2008)                             |
| 2006-2007 | VIII-41 | Not given                         | 148          | $ELISA^{1}$              | 105 (70.9%)         | Petriceanu et al. (2007)                                  |
| 2008      | I-2     | Abattoir, sheep age               | 51, 2–3 year | $ELISA^{1}$              | 23 (45.0)           | Iovu <i>et al.</i> (2008 <i>a</i> , <i>b</i> , <i>c</i> ) |
|           | I-3     | 2–8 year                          | 54, 7–8 year |                          | 25 (46.3)           |   |
| 2008      | II-7    | 5 farms, ewes age 3–4 year        | 250          | $ELISA^{1}$              | 106 (42.4)          | Hotea et al. (2009b)                                      |
| 2009      | II-8    | Abattoir, lambs age<br>35–55 davs | 200          | $ELISA^1$                | 13 (6.5)            | Hotea et al. (2011a)                                      |
| 2008-2009 | II-8    | 5 farms, sheep age<br>2–5 year    | 600          | $ELISA^1$                | 218 (36.3)          | Dărăbuş et al. (2011b)                                    |
| 2008-2010 | II-8    | 15 farms, sheep age<br>3–5 year   | 750          | $ELISA^1$                | 493 (65.7)          | Hotea et al. (2011b)                                      |
| 2011      | VIII-41 | Farms, ewes all ages              | 200          | IFAT, titre<br>not given | 44 (22.0)           | Chițimia et al. (2011)                                    |
| 2008-2010 | II-10   | Farms, sheep age<br>3–5 vear      | 450          | ELISA <sup>1</sup>       | 276 (61.3)          | Hotea et al. (2012)                                       |
| 2008-2010 | I-6     | Backyards, all ages               | 239          | $ELISA^1$                | 138 (57.7)          | Balea et al. (2012)                                       |

Table 5. Surveys for T. gondii antibodies in sheep in Romania

## Sheep

A significant ovine population in Romania has been exposed to T. gondii infection (Table 5). Seroprevalence varied with the region, age and the serological methods. Elias (1966) found 53% (340 of 635) seropositivity in sheep tested by the dye test, however, most (192) of the sera had only low titres of 4 and 16; significance of these low dye test titres is unknown. Also, sheep sera should be inactivated at 60 °C to inactivate the ovine complement (Dubey and Beattie, 1988). Sharma (1980) found more variability with the IHAT vs IFAT; he found excellent correlation between IFAT and the dye test in 100 sera. Hotea et al. (2011a) found that only 13 (6.5%) of 200, 35-55-day-old lambs slaughtered for Easter were seropositive; it is likely that some of these lambs had colostrally acquired antibodies. Several surveys listed in Table 5 used different ELISAs and there are no data on their specificity and sensitivity based on isolation of T. gondii from asymptomatic sheep. Știrbu-Teofănescu et al. (2005) found good correlation between an in-house ELISA and IFAT, and Titilincu et al. (2008a, 2009) found good correlation between MAT and 2 commercial ELISAs and an inhouse ELISA.

*Toxoplasma gondii* is an important cause of ovine abortion worldwide (Dubey, 2010), but there is no definitive information on this subject in Romania. Elias *et al.* (1963*a*) and Elias (1966) found higher seropositivity in 80 (51.9%) of 154 ewes that aborted vs 61 (44.5%) of 137 healthy sheep from a flock that experienced a storm of abortions (Elias *et al.* 1963*a, b*); it is not clear to us if both papers relate to the same farms or different farms. They were unable to isolate viable *T. gondii* from aborted fetuses but details are sketchy. Pyrimethamine treatment of 20 ewes with high antibody titres prevented abortion but again details are sketchy. Medrea and Constantinescu (1991) also reported higher *T. gondii* seropositivity in sheep with neonatal losses but exact figures are not clearly stated.

#### Goats

Iovu *et al.* (2012) studied in-depth epidemiology of toxoplasmosis in dairy goats from Romania. They tested 735 goats from 4 areas of Romania. Goat sera were tested for *T. gondii* IgG antibodies by ELISA<sup>12</sup>. Seroprevalence varied from 20–84%, depending on the sampling; antibodies were found in 8 (20·0%) of 40 goats from Muntenia, 144 (39·2%) of 367 goats from Transylvania, 194 (69·8%) of 278 goats from Crişana and 42 (84·0%) of 50 goats from Maramureş (for regions see Fig. 1). As expected, seroprevalence was higher in backyard-raised goats, 58 (79·5%) of 73, than in goats raised on farms, 330 (49·8%) of 662; and in adults, 386 (55·8%) of 692, *vs* kids, 2 (4·7%) of 43. The goat-kids tested were 2 months old and might

still have colostrally acquired antibodies. This paper included results reported by Titilincu *et al.* (2008*c*) and Balea *et al.* (2012) (personal communication to J.P. Dubey, February 2013). Results indicated that most goats acquire infection postnatally by ingesting food or water contaminated with oocysts. This research is significant because the survey was made on dairy goats; *T. gondii* can be transmitted to humans via goat milk (Dubey, 2010).

# Pigs

Seroprevalence varied with the type of pigs surveyed; <3% of fattening pigs (<8 months) were seropositive compared with higher seropositivity in older pigs (Table 6). An extremely high rate of seropositivity, 49 (94%) of 52, was found in wild pigs (Hotea et al. 2010c). As expected, pigs housed indoors under intensive management were not exposed to T. gondii infection, compared with those housed outdoors, except in the survey reported by Iovu et al. (2008b) (Table 6). Iovu et al. (2008b) found good correlation between 2 commercial ELISAs<sup>2,9</sup>. Paştiu et al. (2013) using IFAT cut-off of 1:32 found antibodies in 24 (16%) of 150 wild boars, 0 of 660 fattening pigs, and 783 (30.5%) of 2564 backyard pigs. The prevalence in backyard pigs varied from 13.3 to 60%. It was remarkable that none of the 200 sows from one establishment were seropositive compared with 46 (26.9%) of 171 sows from another establishment, although both farms used intensive management. The data on pigs reported by Balea et al. (2012) were included in Paştiu et al. (2013) (personal communication to J. P. D.).

Little is known of clinical toxoplasmosis in pigs in Romania. Iovu *et al.* (2010) examined fetal tissues and fluids from 32 sow abortions and did not find *T. gondii* DNA in abortus.

## Miscellaneous animals

Little is known of *T. gondii* infection in cattle in Romania. Elias (1966) found dye test antibodies in 31 (18.9%) of 164 cattle. Medrea and Constantinescu (1991) reported seropositivity in 84 (12.6%) of 667 cattle by the complement fixation test.

Antibodies to *T. gondii* were found in 104 (51·4%) of 202 domestic dogs by Elias (1966), and in 14 (25·0%) of 56 of stray dogs from Cluj-Napoca by Cozma *et al.* (2007) using 1:100 serum dilution in the IFAT.

Elias (1966) found dye test antibodies in 834 (45·3%) of 1840 rabbits, 21 (26·2%) of 80 hamsters and 3 (10·3%) of 29 rats. Dãrãbuş *et al.* (2011*b*) detected *T. gondii* antibodies by ELISA<sup>4</sup> in 19 (73·1%) of 26 animals in a zoo, including 1 of 1 *Felis catus*, 2 of 2 *Felis sylvestris*, 3 of 3 *Panthera leo*, 2 of 5 *Capra aegagrus*, 2 of 3 *Capreolus capreolus*, 1 of 1

Lama guanicoe, 2 of 2 Rangifer tarandus, 1 of 3 Equus caballus, 4 of 4 Procyon lotor and 1 of 1 Ursus arctos.

Păstârnac (2009) discussed a large outbreak of toxoplasmosis in minks – these results need confirmation using verifiable methods.

Gheoca *et al.* (2009) reported unusual findings that need verification. They found *T. gondii*-like oocysts in feces of 4 of 6 rodents and cysts in tissues of 3 rodents. They discuss possible spread of *T. gondii* by rodent feces. In our opinion the cysts illustrated appear to be pollen grains and there is no evidence that *T. gondii* is transmitted via rodents other than by carnivorism.

# Isolation of viable T. gondii from food animals

Pop et al. (1989) bioassayed diaphragms of 740 pigs, 910 cattle and 1340 sheep from slaughterhouses. Five grams of muscle from each of 10 animals were pooled by species, digested in acidic pepsin, and inoculated intraperitoneally into 6 mice. Viable T. gondii was isolated from 7 (9.5%) of 74 swine pools, 9 (9.9%) of 91 beef pools, and 11 (8.2%) of 134 mutton pools. In 19 (70.4%) of 27 positive samples tachyzoites were found in the peritoneal exudates, and tissue cysts were found in 24 groups of positive mice. One isolate from beef and 1 isolate from pork were virulent for mice. The isolation of T. gondii from approximately 10% of beef samples is unusual. Whether beef samples were contaminated with pork or lamb will never be known. It is also unfortunate that the samples were pooled, and there is no archived material for verification. Toxoplasma gondii has been rarely isolated from beef in other attempts worldwide and the role of beef in the epidemiology of toxoplasmosis needs investigation (Dubey and Beattie, 1988; Dubey, 2010).

Sharma (1980) isolated viable *T. gondii* tissues from 2 (15·4%) of 13 serologically positive sheep and 1 sheep not serologically examined. All 3 isolates were non-pathogenic for mice; these isolates were not cryopreserved. Recently, Turcitu *et al.* (2012) detected *T. gondii* genomic DNA in 17 (18·4%) of brain homogenate samples from 92 sheep as part of an investigation on scrapie.

#### PERSPECTIVE

During the preparation of this review it became clear that most of the research on toxoplasmosis conducted in Romania was probably not read/known to scientists in other countries. As stated earlier our initial search of the PUBMED database indicated references to only 25 papers on toxoplasmosis in humans and animals from Romania. Here, we have listed all >150 papers that we could find and summarized the current status of research on toxoplasmosis. There is a great need to establish a central facility for

| Year      | Area, region map | Source of sera       | Type             | No. tested | Test, titre                           | No. positive (%) | Reference                           |
|-----------|------------------|----------------------|------------------|------------|---------------------------------------|------------------|-------------------------------------|
| No data   | II-8             | Not given            | Not given        | 395        | Dye test                              | 99 (25.0)        | Elias (1966)                        |
| 2005      | VII-37           | Backyard             | All ages         | 190        | ELISA <sup>3</sup>                    | 63 (33.2)        | Bondoc et al. (2007)                |
| 2006      |                  | -                    | -                | 190        |                                       | 167 (87.9)       |                                     |
| 2006-2007 | VIII-41          | Intensive            | Sows             | 74         | $ELISA^{1}$                           | 72 (97.2)        | Petriceanu et al. (2007)            |
| No data   | I-6              | Intensive            | Sows             | 86         | ELISA <sup>3</sup>                    | 34 (39.5)        | Iovu <i>et al.</i> (2008 <i>b</i> ) |
|           |                  |                      |                  | 94         | $ELISA^{4}$                           | 31 (33.0)        |                                     |
| 2008      | VIII-41          | Abattoir             | All ages         | 265        | $ELISA^{1}$                           | 165 (62.2)       | Ştirbu-Teofănescu et al. (2008)     |
| 2007-2009 | I-1              | Intensive farms      | Fattening pigs   | 47         | $ELISA^{4}$                           | 0                | Iovu et al. (2009)                  |
|           | II-7             |                      | Fattening pigs   | 47         |                                       | 1 (2.1)          |                                     |
|           | III-14           |                      | Fattening pigs   | 94         |                                       | 0                |                                     |
|           | I-2              |                      | Fattening pigs   | 94         |                                       | 0                |                                     |
|           | I-1              |                      | Sows             | 200        |                                       | 1 (0.5)          |                                     |
|           | I-6              |                      | Sows             | 85         |                                       | 42 (49.4)        |                                     |
| 2008-2009 | II-8             | Extensive farms      | 4 months-2 years | 1600       | $ELISA^{4}$                           | 351 (21.9)       | Hotea et al. (2010b)                |
| 2008-2009 | II-8             | Intensive farms      | All ages         | 1700       | $ELISA^{4}$                           | 15 (0.8)         | Hotea et al. (2010a)                |
|           |                  |                      | Boars            | 100        |                                       | 3(3.0)           |                                     |
|           |                  |                      | Sows             | 200        |                                       | 12(6.0)          |                                     |
|           |                  | Semi-intensive farms | All ages         | 400        |                                       | 6(1.5)           |                                     |
| 2008-2009 | II-8             | Hunted               | Wild boars       | 52         | $ELISA^4$                             | 49 (94.2)        | Hotea et al. (2010c)                |
| 2009-2010 | II-7             | Extensive farms      | All ages         | 700        | $ELISA^4$                             | 113 (16.2)       | Hotea et al. $(2011c)$              |
| 2008-2010 |                  | Back yard            | 0                |            | IFAT (in house), 32                   |                  | Paștiu et al. (2013)                |
|           | III-15           | 5                    |                  | 348        | · · · · · · · · · · · · · · · · · · · | 47 (13.5)        | ,                                   |
|           | III-13           |                      |                  | 384        |                                       | 53 (13.8)        |                                     |
|           | III-12           |                      |                  | 457        |                                       | 138 (30.2)       |                                     |
|           | II-6             |                      |                  | 434        |                                       | 204 (47.0)       |                                     |
|           | I-4              |                      |                  | 141        |                                       | 42 (29.8)        |                                     |
|           | I-1              |                      |                  | 276        |                                       | 15 (5.4)         |                                     |
|           | I-2              |                      |                  | 432        |                                       | 262 (60.6)       |                                     |
|           | II-6             |                      | Fattening        | 660        |                                       | 0                |                                     |
|           | II-6             | Intensive            | Sows             | 171        |                                       | 46 (26.9)        |                                     |
|           | I-1              |                      |                  | 200        |                                       | 0                |                                     |
|           | Central region   | Hunting              | Wild boars       | 150        |                                       | 24 (16.0)        |                                     |

Table 6. Surveys of Toxoplasma gondii antibodies in pigs in Romania

toxoplasmosis research and to conduct a national surveillance study using a statistically valid survey for prevalence. There are adequately trained scientists in Romania to conduct this research but there is a need for financial support from European funding agency/ agencies. The present research was conducted mostly using commercial kits, which are quite expensive for survey research. Little is known regarding the mortality and morbidity of toxoplasmosis in humans and animals in Romania. Until now, nothing was known of the genetic diversity of T. gondii in Romania, although some progress has been made recently in this direction and the first viable isolate of T. gondii from a congenitally infected child has been genotyped (Type II, as in children in France) and deposited in an international reference centre in France (Costache et al. 2013). Toxoplasmosis is an important cause of abortion in sheep and goats in many countries but nothing is known of this in Romania. Romania is a major country exporting mutton and other sheep products to Europe and Arab countries. Until the 1990s Romania was a socialist country with little contact with non-Sovietblock countries. International research collaborations are needed for total assimilation of Romania in the western world. There is little information concerning the presence of viable T. gondii in food animals in Romania. For this, bioassays for viable T. gondii are needed because determination of parasite DNA and antibodies only indicate exposure and not the live parasite presence.

#### SUPPLEMENTARY MATERIAL

To view supplementary material for this article, please visit http://dx.doi.org/S0031182013001509.

#### ACKNOWLEDGEMENTS

We would like to thank Drs Adriana Györke (Titilincu), University of Agricultural Science and Veterinary Medicine, and Carmen Costache, University of Medicine and Pharmacy Cluj-Napoca, Romania, the personnel of Banat's University of Agricultural Sciences and Veterinary Medicine Timisoara Library and of Carol Davila University of Medicine and Pharmacy Bucharest Library and all researchers (not mentioned) for providing assistance with the literature. The findings and conclusions in this report are those of the authors and do not necessarily represent the views of the Department of Health and Human Services, the Centers for Disease Control and Prevention or the US Department of Agriculture.

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