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of psychoanalysis, met briefly with Freud in 1912, Moreno said, "I start where you leave off. . . . You analyze their dreams, I give them the courage to dream again" (Marineau, 1989).

Psychodrama is an action method of psychotherapy, working in groups. The unique quality of training is that trainees participate in psychodrama using their own experience. Experimental work of 730 hours must be completed. This is challenging, so personal psychotherapy is mandatory.

Managing the pain of the human psyche, recognising trauma that presents as mental illness, acknowledging that the pain of living can be less bearable than the pain of dying – this is fundamental to psychiatry. Psychiatrists need and have empathy, perhaps too much. We need to be able to bear the most terrifying stories. Everyone has their own. We need resilience as well as empathy for this. If personal therapy can facilitate this it should be considered a recommended part of training and continuing professional development at all stages of our careers.

KIPPER, D. A. (1992) Psychodrama: Group psychotherapy through role playing. *International Journal of Group Psychotherapy*, **42**, 495–521.

MARINEAU, R. F. (1989) Jacob Levy Moreno, 1889–1974. London: Routledge.

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Group psychotherapy training

Sir: The article by Hull and colleagues, 'Group psychotherapy: trainee's perspective' (*Psychiatric Bulletin*, September 2000, **24**, 342–344) gives an interesting and informative account of their experience of group psychotherapy and its place in psychiatric training.

Trainees should also be aware of more formal training opportunities available to them. A number of introductory group courses are run in different centres around the UK under the auspices of the Institute of Group Analysis. They consist

of both theoretical seminars and participation in small and large experimental groups. They provide at least three of Yalom's four components of a comprehensive group therapy training cited in the article: a personal group experience, observing an experienced conductor at work and an element of personal therapy (Yalom, 1995). The fourth, supervision of group work, can also often be arranged.

In addition, these courses provide a multi-disciplinary peer group. I would suggest that this greatly increases their value for training. It also highlights the comparative absence of multi-disciplinary learning in much of psychiatric training.

In addition to the route taken by Hull and colleagues, or perhaps in conjunction with it, trainees seeking experience of group psychotherapy should be aware of other avenues available to them.

YALOM, L. D. (1995) *The Theory and Practice of Group Psychotherapy* (4th edn). New York: Basic Books.

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the college

2001: A Mind Odyssey

Sculpture, Bhangra dance, film, play-writing, drama, literature, music and visual arts. These are just a few of the events at the Annual Meeting in July, which will launch 2001: A Mind Odyssey, the College's year-long celebration of the arts, the mind and psychiatry.

Highlights will include the inaugural concert by the College Music Society, conducted by a member of the College, Dr David Kingsley. The orchestra and choir will also perform *Paeon*, a piece commissioned especially for the opening ceremony from composer Guy Woolfenden, Head of Music at the Royal Shakespeare Company for 37 years.

During the Annual Meeting there will be an opportunity to view some of the Bethlem Hospital's important art collection at a special exhibition in Central London. For those interested in 20th Century 'icons', the Director of the National Portrait Gallery will introduce the collections at a special reception in the galleries.

The College is working with a number of partners in the arts – the internationally renowned Courtauld Gallery and Royal Court Theatre – to create innovative programmes and new theatre. Films relating to psychiatry will be explored through a festival of films that will

premier at the Riverside Studios in West London. It is hoped to replicate this event around the country. Service users will have an opportunity to enter a College art competition. The winning entries will be shown at exhibitions in London and Cardiff. For all events by the College, see the calendar of events below.

2001: A Mind Odyssey is about participation. We hope the celebration's momentum will come from members around the country. Many ideas are currently being explored. Some of the innovative initiatives planned by members are listed below. We hope these will inspire you to organise an event in your area!

- Patients' art exhibition
- The history of psychiatry – an enactment
- Exhibition of psychiatrists' art
- Art exhibitions on mental health
- Music evenings
- Dance workshops and performance
- Arts and the mind – an event at the Birmingham Midlands Art Centre
- An evening of storytelling and ballads
- Poets and pints – poetry by psychiatrists
- Dramatherapy – a one woman show
- Contribution to the Hay Literary Festival
- Culinary treats for school children

Calendar of College managed events

July 2001

Events during the Annual Meeting, in London:

- Strathcona Theatre, a performance by actors with learning disabilities
- Music theatre production by College members
- Exhibition of works from the Bethlem Hospital Art Collection
- Reception at National Portrait Gallery
- College Music Society concert
- Indian music and dance
- Sculpture exhibition
- Arts workshops, talks and sessions

September

- Festival of Film at Riverside Studios, West London
- Courtauld Gallery art workshops: patients and staff from the Child & Family Psychiatric Unit, Brent, Kensington, Chelsea & Westminster Mental Health Trust
- Pottery Residency at Brent, Kensington, Chelsea and Westminster Mental Health Trust

October

- Opening of art competition for service users



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- Evening of Urdu poetry for and by members of the College
- Courtauld Gallery art workshops with patients and staff at South Birmingham Mental Health Trust

November

- Film evening at Chelsea & Westminster Hospital for hospital staff
- Evening of music and Blake's poetry and prose for members at the College

December

- Christmas cabaret – an evening for, and by, members of the College

January 2002

- 2-month long exhibition at Courtauld Gallery of work produced on a workshop programme

- Evening of music for, and by, members at the College

February

- Film evening at College for members

March

- Evening of music at College for members

April

- Film evening at College for members

May

- Judging and exhibition of award-winning art competition entries, London

June

- 2001: Mind Odyssey events at Annual Meeting in Cardiff

For further information contact Alexi Weddenburn or Deborah Hart, tel: 020 7235 2351 exts 149/127.

The Royal College of Psychiatrists Winter Business Meeting 2001

The Winter Business Meeting of Council was held at the Royal College of Psychiatrists on 6 February 2001. Twenty-six Members of the College were present.

Minutes

The Minutes of the Winter Business Meeting held at the Royal College of Psychiatrists on 31 January 2001 were approved as a correct record.

Election of Honorary Fellows

The following were elected to the Honorary Fellowship:

The Lord John Thomas Alderdice
 Professor Tom Arie CBE
 Dr Gro Harlem Brundtland
 Professor Eugene Paykel
 Professor Roy Porter

obituary



Terrence Eric Lear

Formerly Consultant Psychiatrist at St Crispin Hospital, Northampton

Terry Lear, group analyst and former consultant psychiatrist and psycho-

therapist, St Crispin and General Hospitals, Northampton, was born in Ilford and died suddenly in Southern Ireland on 24 August 2000. Prior to his appointment in Northampton, his post-graduate education with eminent tutors culminated at University College Hospital London with appointments in neurology and psychiatry. He studied medicine at the Royal College of Surgeons, Dublin, where he graduated in 1955. In 1974 he became a Fellow of both the Royal College of Physicians in Ireland and the Royal College of Psychiatrists of England and also qualified as a member of the Institute of Group Analysis, having been trained under S. H. Foulkes.

Early in his career as a general psychiatrist, he brought in new ideas long before they were adopted nationally, so helping to form multi-disciplinary consulting groups in the hospital and in the community, such as phase care for the elderly, general practitioner seminars by telephone link with the 'Balints' and a

therapeutic home for disturbed families. He went on to develop a dedicated psychotherapy service for Northamptonshire. Terry was psychiatric tutor from 1965 to 1975 and was chairman of the Medical Advisory Committee from 1965 to 1970. His work on groups flourished: he taught and lectured widely and served as president of the Group-Analytical Society from 1988 to 1991. His numerous publications included papers in neurology, psychiatry, psychotherapy and group analysis, as well as contributions to books and as editor of a book on group-analysis. Latterly, he became interested in, and wrote on, the psychological aspects of 'shame'.

He was President of the Northampton Medical Society at the time of his death. He will be so deeply missed by all who knew him for his kindness and compassion. He leaves behind his beloved wife, Kathleen, two sons, and three grandchildren.

Lawrence Lear & Amit Bhattacharyya

reviews

Will they do it again? Risk Assessment & Management in Criminal Justice and Psychiatry

By Herschel Prins. London: Routledge. 1999. 171 pp. £15.99 (pb). ISBN: 0-415-16018-9

There might be a temptation, given what Professor Soothill describes in his foreword to Professor Prin's book as the 'risk industry', and the way that it continues to grow, to dismiss yet another publication in this area as possibly having little to add to what we already know. That would be to miss the point, not least because the concepts of risk assessment

and management in psychiatry are here to stay. In addition, there is almost always something to learn in reading about them and equally, almost always something to reflect upon and even worry about in relation to one's own practice. This book is no exception. Although it covers a wide range of different areas, much of its content will be familiar to many