

P-353 - THE PROBLEM OF INTERACTION BETWEEN PSYCHIATRISTS AND PARENTS OF CHILDREN WITH MENTAL ILLNESS

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Introduction: The problem of interaction between physicians and parents of children with mental diseases is very urgent.

Objectives: 80 parents of mental disease's children were examined.

Aims: To identify the reasons for resorting to a psychiatrist, the degree of confidence in the doctor, agreement with the diagnosis and methods of treatment.

Methods: A special questionnaire was developed in the department of Adolescent Psychiatry of St. Petersburg Bekhterev Research Psychoneurological Institute.

Results: We found that the 28 parents (35%) took their children to psychiatrist by their own initiative, some other professionals (pediatrician, neurologist or psychologist) encouraged applying to a psychiatrist in 44 cases (55%), 8 parents (10%) asked for advice after strong recommendations from teachers. In fact, that the child really has a mental disorder 56 parents (70%) seen after the examination with EEG and MRI. Examination of the child by psychiatrist and an explanation of symptoms persuaded 20 parents (25%) only. 53 parents (66,3%) were convinced that a doctor for a diagnosis of mental disorder had to examine the child several times, 21 (26,2%) agreed with the diagnosis after several evaluations of different mental health professionals, 6 (7,5%) found that difficult to answer the question. 72 parents (90%) were not satisfied with the medical information about the child's illness that was provided and were needed to supplement that.

Conclusions: All of those factors hamper the effective interaction between the doctor and the parents of patients, which leads to delays in providing necessary assistance and negatively affects the health of children.