

CHILD AND ADOLESCENT PSYCHIATRY IN LIGHT OF NATIONAL PROGRAMME OF MENTAL HEALTH IN POLAND

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Introduction: National Programme of Mental Health was established by the government in 28.12.2010. It specifies direction of health care development. The main goals of National Programme of Mental Health are: 1. Promotion mental health and prevention of mental disorders 2. Provision of support and easy access to psychiatric health care and other forms of care necessary for living in families and society. 3. Development of research and information about mental health. Nevertheless there is still lack of the separate, coherent programme on promoting and preventing mental health among children and adolescents.

Objectives: To indicate the main barriers in current development of child and adolescent psychiatry in Poland.

Methods: Quality and quantity assessment of national programmes, analyses of distribution of child and adolescent mental health services.

Results: However a significant improvement in area of child and adolescent psychiatry took place, some barriers are still noticeable: the insufficient number of child and adolescents psychiatrists, low numbers of programmes related to early intervention, low availability of psychotherapy and sociotherapy, insufficient number of centres to help dysfunctional families and families in crises, low number of programmes on mental health promotion implemented as regular activities in schools.

Conclusions: There are needs of coordination in service planning and regular evaluation of child and adolescent mental health services.