

Correspondence

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Psychiatric morbidity and compulsory admission

SIR: One interesting but undiscussed finding of Thomas *et al* (*BJP*, July 1993, 163, 91–99) is of the low rate of admissions from ethnic minorities for non-psychotic disorders (see Table below). Further research on this topic would undoubtedly be valuable, although may be difficult to achieve in an area which grant-giving bodies are likely to perceive as unproblematic (Littlewood & Lipsedge, 1989).

Table to show rates of first admission and readmission for different ethnic groups

	Europeans	Asians	Afro-Caribbeans
Non-psychotic admissions	192	15	8
Non-psychotic readmissions	351	10	13
Populations at risk	48 624	4289	4679
Rate per 1000 non-psychotic admissions	3.95	3.44	1.71
Rate per 1000 non-psychotic readmissions	7.22	2.33	2.78

LITTLEWOOD, R. & LIPSEGE, M. (1989) *Aliens and Alienists: Ethnic Minorities and Psychiatry* (2nd edn), p. 257. London: Unwin Hyman.

BERNARD INEICHEN

Charing Cross and Westminster Medical School
6th Floor, Laboratory Block
Charing Cross Hospital
London W6 8RE

AUTHORS' REPLY: Dr Ineichen's observation that the rate of admission for non-psychotic disorders among ethnic minority groups in Central Manchester (*BJP*, July 1993, 163, 91–99) is reduced in comparison to Europeans is correct. The table he has produced is

of collapsed data (abstracted from Table 3 of our paper, p 95), for all age groups by ethnic group. The 95% confidence intervals (Diem & Lentner, 1970) for each rate per year per 100 000 population for first admissions are: European 98.7 (84.3–112.6); Asian 87.4 (48.9–144.2); and Afro-Caribbean 42.7 (18.4–84.1)*. For readmissions the 95% confidence intervals are: European 180.5 (161.6–199.9); Asian 58.3 (28.0–107.2)*; and Afro-Caribbean 69.5 (37.0–118.9)*. (*indicates that the 95% confidence intervals are non-overlapping.)

Compared with Europeans, the rates of first admission for Afro-Caribbeans and readmission for Afro-Caribbeans and Asians are significantly reduced. Some caution must be exercised when interpreting these results because the number of subjects within each ethnic grouping was small and there were difficulties in estimating the various population denominators.

If these findings are not due to methodological error then it suggests that, in comparison with Europeans, ethnic minorities are either less prone to minor psychiatric morbidity or underuse or access psychiatric services differently (Brewin, 1980). We agree with Dr Ineichen that further research is necessary to establish the level of psychiatric morbidity among ethnic minorities and also that services may have to adapt to meet the needs of these different groups.

BREWIN, C. (1980) Explaining the lower rates of psychiatric treatment among Asian immigrants in the United Kingdom: a preliminary study. *Social Psychiatry*, 15, 17–19.

DIEM, K. & LENTNER, C. (1970) Scientific tables. In *Documenta Geigy* (7th edn) (eds K. Diem & C. Lentner). Basle: Geigy.

CHRISTOPHER S. THOMAS

University Hospital of South Manchester
Manchester M20 8LR

KIT STONE

Hope Hospital, Manchester

MADELINE OSBORN

Manchester Royal Infirmary, Manchester

PHIL THOMAS

Ysbyty Gwynedd, Bangor

The safety and efficacy of clozapine?

SIR: Since the Clozapine Study Group's paper showed that clozapine is both unsafe and ineffective, why is their report (*BJP*, August 1993, 163, 150–154)