# Ergodic averages with prime divisor weights in $L^1$

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Abstract. We show that  $\omega(n)$  and  $\Omega(n)$ , the number of distinct prime factors of n and the number of distinct prime factors of n counted according to multiplicity, are good weighting functions for the pointwise ergodic theorem in  $L^1$ . That is, if g denotes one of these functions and  $S_{g,K} = \sum_{n \le K} g(n)$ , then for every ergodic dynamical system  $(X, \mathcal{A}, \mu, \tau)$  and every  $f \in L^1(X)$ ,

$$\lim_{K \to \infty} \frac{1}{S_{g,K}} \sum_{n=1}^{K} g(n) f(\tau^n x) = \int_X f \, d\mu \quad \text{for } \mu \text{ almost every } x \in X.$$

This answers a question raised by Cuny and Weber, who showed this result for  $L^p$ , p > 1.

### 1. Introduction

In [1] Cuny and Weber investigated whether some arithmetic weights are good weights for the pointwise ergodic theorem in  $L^p$ . In this paper we show that the prime divisor functions  $\omega$  and  $\Omega$  are both good weights for the  $L^1$  pointwise ergodic theorem. The same fact for the spaces  $L^p$ , p > 1 was proved in [1] and our paper answers a question raised in that paper. Recall that if  $n = p_1^{\alpha_1} \cdots p_k^{\alpha_k}$ , then  $\omega(n) = k$  and  $\Omega(n) = \alpha_1 + \cdots + \alpha_k$ . We denote by g one of these functions. Given K, we put

$$S_{g,K} = \sum_{n \le K} g(n).$$

We suppose that  $(X, \mathcal{A}, \mu)$  is a measure space and  $\tau : X \to X$  is a measure-preserving ergodic transformation. Given  $f \in L^1(X)$ , we consider the *g*-weighted ergodic averages

$$\mathcal{M}_{g,K}f(x) = \frac{1}{S_{g,K}} \sum_{n=1}^{K} g(n)f(\tau^{n}x).$$
 (1)

We show that for  $g = \omega$  or  $\Omega$  these averages  $\mu$  almost everywhere converge to  $\int_X f d\mu$ , that is, g is a good universal weight for the pointwise ergodic theorem in  $L^1$ . See Theorem 6. In proving this theorem we use maximal inequalities. Readers of our paper pointed out that the novel idea in our proof is that in our estimates instead of using a fixed moment of the appropriate averages (which is usually the first or the second moment) we use increasing averages. See Lemma 5 and the proof of Claim 9, especially (24) and (25). This approach of using different moment estimates might turn out to be useful in other situations as well.

For some similar ergodic theorems with other weights like the Möbius function, its absolute value or the Liouville function, we refer to the papers of El Abdalaoui *et al* [3] and of Rosenblatt and Wierdl [8].

#### 2. Preliminary results

We recall [5, Theorem 430 on p. 72]

$$\sum_{n \le K} \omega(n) = K \log \log K + B_1 K + o(K) \quad \text{and} \tag{2}$$

$$\sum_{n \le K} \Omega(n) = K \log \log K + B_2 K + o(K).$$
(3)

Hence, for both cases we can assume that there exists a constant B (which depends on whether  $g = \omega$  or  $g = \Omega$ ) such that

$$\sum_{n \le K} g(n) = K \log \log K \left( 1 + \frac{B}{\log \log K} + \frac{o(K)}{K \log \log K} \right).$$
(4)

From this it follows that there exists  $C_S > 0$  such that, for all  $K \in \mathbb{N}$ ,

$$\left(\sum_{n \le K} g(n)\right)^{\lfloor \log \log K \rfloor} = (S_{g,K})^{\lfloor \log \log K \rfloor} > C_S(K \lfloor \log \log K \rfloor)^{\lfloor \log \log K \rfloor}.$$
(5)

We need some information about the distribution of the functions  $\omega$  and  $\Omega$ . We use [6, (3.9) on p. 689] by Norton, which is based on a result of Halász [4], which is cited as [6, (3.8) Lemma]. Next we state [6, (3.9)] with  $\delta = 0.1$  and  $z = 2 - \delta = 1.9$ .

**PROPOSITION 1.** There exists a constant  $\widetilde{C}$  such that, for every  $K \ge 1$ ,

$$\sum_{n \le K} 1.9^{\omega(n)} \le \sum_{n \le K} 1.9^{\Omega(n)} \le \widetilde{C}K \exp(0.9 \cdot E(K))$$
(6)

where  $E(K) = \sum_{p \le K} (1/p)$ .

Recall that by [5, Theorem 427],

$$E(K) = \sum_{p \le K} \frac{1}{p} = \log \log K + B_1 + o(1).$$
(7)

The constant  $B_1$  is the same one which appears in (2). The way we will use this is the following: there exists a constant  $C_P$  such that for K > 3,

$$E(K) = \sum_{p \le K} \frac{1}{p} < C_P \log \log K.$$
(8)

Combining this with (6), we obtain that for  $g = \omega$  or  $\Omega$  we have for K > 3,

$$\sum_{n \le K} 1.9^{g(n)} < \widetilde{C} \cdot K \cdot \exp(0.9 \cdot C_P \log \log K) \le C_H \cdot K \exp(0.9 \cdot C_P \lfloor \log \log K \rfloor),$$
(9)

with a suitable constant  $C_H$  not depending on K.

In [1] a result of Delange [2] was used to deduce [1, Theorem 2.7]. The result of Delange is the following theorem.

THEOREM 2. For every  $m \ge 1$ , we have

$$\sum_{n \le K} g(n)^m = K (\log \log K)^m + O(K (\log \log K)^{m-1}).$$

We were unable to use this result since the constant in  $O(K(\log \log K)^{m-1})$  cannot be chosen not depending on  $m \ge 1$ .

Hence, we use (9) in the proof of the following lemma.

LEMMA 3. There exists a constant  $C_{\Omega}$  such that, for all  $K \ge 16$ ,

$$\sum_{n \le K} \omega(n)^{\lfloor \log \log K \rfloor} \le \sum_{n \le K} \Omega(n)^{\lfloor \log \log K \rfloor} < K(C_{\Omega} \lfloor \log \log K \rfloor)^{\lfloor \log \log K \rfloor}.$$
(10)

We remark that the assumption  $K \ge 16$  implies that  $\log \log K > 1.01 > 1$ .

*Proof.* Since  $\omega(n) \leq \Omega(n)$ , the first inequality is obvious in (10).

We assume that  $K \ge 16$  is fixed and for ease of notation we put  $\nu = \lfloor \log \log K \rfloor$ . Set

$$N_{l,K} = \{ n \le K : 2^{l} \nu \le \Omega(n) < 2^{l+1} \nu \}.$$
(11)

By (9),  $N_{l,K} \cdot 1.9^{2^{l_{\nu}}} < C_H K \exp(0.9 \cdot C_P \nu)$ . This implies that

$$N_{l,K} < C_H K \cdot \exp((0.9 \cdot C_P - 2^l \log 1.9)\nu).$$
(12)

Since log 1.9 > 0.6, we can choose  $l_0$  such that, for  $l \ge l_0$ ,

$$0.9 \cdot C_P - 2^l \log 1.9 + (l+1) \log 2 < -0.5 \cdot 2^l = -2^{l-1}.$$
 (13)

From (12) and (13), we infer that

$$\sum_{n \le K} \Omega(n)^{\nu} < K \cdot (2\nu)^{\nu} + \sum_{l=1}^{\infty} N_{l,K} (2^{l+1}\nu)^{\nu}$$
  
$$\leq K \cdot (2\nu)^{\nu} \sum_{l=1}^{l_0-1} K (2^{l+1}\nu)^{\nu} + \sum_{l=l_0}^{\infty} C_H K \nu^{\nu} \exp(((\log 2^{l+1}) + 0.9C_P - 2^l \log 1.9)\nu)$$
  
(using (12) with a switchla constant  $C \ge 2$ )

(using (13) with a suitable constant  $C_1 > 2$ )

$$< C_1^{\nu} K v^{\nu} + \sum_{l=l_0}^{\infty} C_H K v^{\nu} \exp(-2^{l-1} v)$$
(14)

(recalling that  $\nu = \lfloor \log \log K \rfloor \ge \lfloor \log \log 16 \rfloor = 1$ , with a suitable constant  $C_{\Omega}$ )

$$< K\nu^{\nu} \left( C_1^{\nu} + C_H \sum_{l=l_0}^{\infty} \exp(-2^{l-1}) \right) < C_{\Omega}^{\nu} K\nu^{\nu} = K (C_{\Omega} \lfloor \log \log K \rfloor)^{\lfloor \log \log K \rfloor}.$$

We need an elementary inequality stated in Lemma 4, which, as Pavel Zorin-Kranich pointed out to me, is a consequence of the generalized Hölder's inequality: if  $v_j > 0$ , j = 1, ..., v and  $\sum_{j=1}^{v} (1/v_j) = 1$ , then

$$\sum_{i=1}^{K} \prod_{j=1}^{\nu} |a_{i,j}| \le \prod_{j=1}^{\nu} \sqrt[\nu_j]{\sum_{i=1}^{K} |a_{i,j}|^{\nu_j}}.$$
(15)

LEMMA 4. Suppose that  $K, v \in \mathbb{N}, b_1, \ldots, b_K$  are non-negative numbers and we have permutations  $\pi_j : \{1, \ldots, K\} \rightarrow \{1, \ldots, K\}, j = 1, \ldots, v$ . Then

$$b_{\pi_1(1)}\cdots b_{\pi_\nu(1)} + \cdots + b_{\pi_1(K)}\cdots b_{\pi_\nu(K)} \le b_1^\nu + \cdots + b_K^\nu.$$
 (16)

*Proof.* Indeed, setting  $v_j = v$  for all j, by using (15), we obtain

$$\sum_{i=1}^{K} \prod_{j=1}^{\nu} |b_{\pi_{j}(i)}| \leq \prod_{j=1}^{\nu} \sqrt{\sum_{i=1}^{K} |b_{\pi_{j}(i)}|^{\nu}} = b_{1}^{\nu} + \dots + b_{K}^{\nu}.$$

According to some of my colleagues, it is more natural to give an elementary proof of Lemma 4 based on mathematical induction and on the simple fact that if  $A > B \ge 0$  and  $C > D \ge 0$  then from  $(A - B)(C - D) \ge 0$  it follows that  $AC + BD \ge AD + BC$ . An earlier version of our paper contained such an argument, but for this final version we preferred the above shorter proof.

We will use the transference principle and hence we need to consider functions on the integers. Suppose that  $\varphi : \mathbb{Z} \to [0, +\infty)$  is a function on the integers with compact/bounded support. Again g will denote  $\omega$  or  $\Omega$ . Put

$$M_{g,K}\varphi(j) = \frac{1}{S_{g,K}} \sum_{n=1}^{K} g(n)\varphi(j+n) \quad \text{for } j \in \mathbb{Z}.$$

First we prove a 'localized' maximal inequality.

LEMMA 5. There exists a constant  $C_g > 0$  such that, for any  $\varphi : \mathbb{Z} \to [0, +\infty)$ ,  $K \ge 16$ and  $k \in \mathbb{Z}$ ,

$$\sum_{j=1}^{K} (M_{g,K}\varphi(k+j))^{\lfloor \log \log K \rfloor} \le \left(\sum_{j=2}^{2K}\varphi(k+j)\right) \left(\frac{C_g}{K}\sum_{j=2}^{2K}\varphi(k+j)\right)^{\lfloor \log \log K \rfloor - 1}.$$
(17)

*Proof.* Without limiting generality, we can suppose that k = 0 and  $K \ge 16$  is fixed. We use again the notation  $v = v_K = \lfloor \log \log K \rfloor$ . We put

$$\widetilde{g}(n) = \widetilde{g}_K(n) = \begin{cases} g(n) & \text{if } 1 \le n \le K, \\ 0 & \text{otherwise.} \end{cases}$$
(18)

We need to estimate

$$\begin{split} \sum_{i=1}^{K} & \left(\frac{1}{S_{g,K}} \sum_{n=1}^{K} g(n)\varphi(j+n)\right)^{\nu} \\ &= \frac{1}{S_{g,K}^{\nu}} \sum_{j=1}^{K} \sum_{n_{1}=1}^{K} \cdots \sum_{n_{\nu}=1}^{K} g(n_{1}) \cdots g(n_{\nu}) \cdot \varphi(j+n_{1}) \cdots \varphi(j+n_{\nu}) \\ &= \frac{1}{S_{g,K}^{\nu}} \sum_{n'=1}^{K} \sum_{j_{1}=2}^{2K} \cdots \sum_{j_{\nu}=2}^{2K} \varphi(j_{1}) \cdots \varphi(j_{\nu}) \cdot \widetilde{g}(n') \widetilde{g}(n'+j_{2}-j_{1}) \cdots \widetilde{g}(n'+j_{\nu}-j_{1}) \\ &= \frac{1}{S_{g,K}^{\nu}} \sum_{j_{1}=2}^{2K} \cdots \sum_{j_{\nu}=2}^{2K} \varphi(j_{1}) \cdots \varphi(j_{\nu}) \cdot \sum_{n'=1}^{K} \widetilde{g}(n') \widetilde{g}(n'+j_{2}-j_{1}) \cdots \widetilde{g}(n'+j_{\nu}-j_{1}) \\ &\leq \frac{1}{S_{g,K}^{\nu}} \sum_{j_{1}=2}^{2K} \cdots \sum_{j_{\nu}=2}^{2K} \varphi(j_{1}) \cdots \varphi(j_{\nu}) \cdot \sum_{n'=1}^{K} \widetilde{g}(n') \widetilde{g}(n')^{\nu} \quad \text{(using Lemma 4 and (18))} \\ &= \frac{1}{S_{g,K}^{\nu}} \sum_{j_{1}=2}^{2K} \cdots \sum_{j_{\nu}=2}^{2K} \varphi(j_{1}) \cdots \varphi(j_{\nu}) \cdot \sum_{n'=1}^{K} (g(n'))^{\nu} \\ &\leq K \cdot C_{\Omega}^{\nu} \nu^{\nu} \frac{1}{S_{g,K}^{\nu}} \left(\sum_{j=2}^{2K} \varphi(j)\right)^{\nu} \quad \text{(by using Lemma 3)} \\ &< K \cdot C_{\Omega}^{\nu} \nu^{\nu} \frac{1}{C_{S}(K\nu)^{\nu}} \left(\sum_{j=2}^{2K} \varphi(j)\right)^{\nu-1} \quad \text{(with a suitable constant } C_{g} > 0). \end{split}$$

## 3. Main result

THEOREM 6. For every ergodic dynamical system  $(X, \mathcal{A}, \mu, \tau)$  and every  $f \in L^1(X)$ ,

$$\lim_{K \to \infty} \mathcal{M}_{g,K} f(x) = \int_X f \, d\mu \quad \text{for } \mu \text{ almost every } x \in X.$$
(19)

*Proof.* By [1, Theorem 2.5 and Remark 2.6] we know that  $\omega$  and  $\Omega$  are good weights for the pointwise ergodic theorem in  $L^p$  for p > 1. This means that we have a dense set of functions in  $L^1$  for which the pointwise ergodic theorem holds. In [1, Theorem 2.5] it is not stated explicitly that the limit function of the averages  $\mathcal{M}_{g,K} f$  is  $\int_X f d\mu$ , but from the proof of this theorem it is clear that  $\mathcal{M}_{g,K} f$  not only converges almost everywhere, but its limit is indeed  $\int_X f d\mu$  (at least for  $f \in L^{\infty}(\mu)$ ). Indeed, from [1, (2.2)] it follows that  $\mathcal{M}_{g,K} f$  can be written as the sum of an ordinary Birkhoff average of f and an error term which tends to zero as  $K \to \infty$ .

Hence, by a standard application of Banach's principle (see, for example, [7, p. 91]), the following weak  $L^1$ -maximal inequality proves Theorem 6.

PROPOSITION 7. There exists a constant  $C_m$  such that, for every ergodic dynamical system  $(X, \mathcal{A}, \mu, \tau)$  and for every  $f \in L^1(\mu)$  and  $\lambda \ge 0$ ,

$$\mu\left\{x:\sup_{K\geq 1}\mathcal{M}_{g,K}f(x)>\lambda\right\}\leq C_m\frac{\|f\|_1}{\lambda}.$$
(20)

*Proof of Proposition 7.* By standard transference arguments, see, for example, [8, Ch. III], it is sufficient to establish a corresponding weak maximal inequality on the integers with  $\lambda = 1$  for non-negative functions with compact support. Hence, this proof will be completed by Proposition 8 below.

Thus, we need to state and prove the following maximal inequality.

**PROPOSITION 8.** There exists a constant  $C_m$  such that, for every  $\varphi : \mathbb{Z} \to [0, \infty)$  with compact support,

$$#\left\{j: \sup_{K\in\mathbb{N}} M_{g,K}\varphi(j) > 1\right\} \le C_m \|\varphi\|_{\ell_1}.$$

It is enough to prove Proposition 8 along the subsequence  $K = 2^l$ , l = 1, 2, ... This will be done in the following Claim 9. Set  $M_l = M_{g,2^l}$ .

CLAIM 9. There exists a constant  $C'_m$  such that, for every  $\varphi : \mathbb{Z} \to [0, +\infty)$  with compact support,

$$#\left\{j: \sup_{l\in\mathbb{N}} M_l\varphi(j) > 1\right\} \le C'_m \|\varphi\|_{\ell_1}.$$
(21)

Proof of Proposition 8 based on Claim 9. Given  $K \in \mathbb{N}$ , choose  $l_K \in \mathbb{N}$  such that  $2^{l_K-1} < K \le 2^{l_K}$ . By (2) or (3), there exists a constant  $C_R > 0$  not depending on K such that  $S_{g,2^{l_K}} \le C_R S_{g,K}$ . We have

$$1 < M_{g,K}\varphi(j) = \frac{1}{S_{g,K}} \sum_{n=1}^{K} g(n)\varphi(j+n)$$
  
$$\leq \frac{S_{g,2^{l_{K}}}}{S_{g,K}} \cdot \frac{1}{S_{g,2^{l_{K}}}} \sum_{n=1}^{2^{l_{K}}} g(n)\varphi(j+n) \leq C_{R}M_{g,2^{l_{K}}}\varphi(j).$$

Hence,  $1 < M_{g,K}\varphi(j)$  implies that  $1/C_R < M_{g,2^{l_K}}\varphi(j) = M_{l_K}\varphi(j)$ .

For any  $\widetilde{\varphi} : \mathbb{Z} \to [0, +\infty)$  with compact support taking  $\varphi = C_R \widetilde{\varphi}$ , by Claim 9, we obtain

$$\# \left\{ j : \sup_{K \in \mathbb{N}} M_{g,K} \widetilde{\varphi}(j) > 1 \right\} \leq \# \left\{ j : \sup_{l \in \mathbb{N}} M_l \varphi(j) > 1 \right\}$$
$$\leq C'_m \|\varphi\|_{\ell_1} = C'_m C_R \|\widetilde{\varphi}\|_{\ell_1}.$$

*Proof of Claim 9.* For ease of notation in this proof, when we speak about intervals we will speak about subintervals of the integers; for example, when we speak about a dyadic interval  $(r2^l, (r+1)2^l]$  then in fact we mean the interval  $(r2^l, (r+1)2^l] \cap \mathbb{Z}$ .

For small l, say for  $1 \le l \le 4$ , it is easy to obtain an estimate needed for (20). Since  $\varphi \ge 0$  is of compact support,

$$\|M_{l}\varphi\|_{\ell_{1}} = \sum_{j=-\infty}^{\infty} \frac{1}{S_{g,2^{l}}} \sum_{n=1}^{2^{l}} g(n)\varphi(j+n)$$
$$= \frac{1}{S_{g,2^{l}}} \sum_{n=1}^{2^{l}} g(n) \sum_{j=-\infty}^{\infty} \varphi(j+n) = \|\varphi\|_{\ell_{1}}$$

and hence  $\#\{j: M_l\varphi(j) > 1\} \le \|M_l\varphi\|_{\ell_1} = \|\varphi\|_{\ell_1}$ , which implies that

$$\#\left\{j: \sup_{1 \le l \le 4} M_l \varphi(j) > 1\right\} \le 4 \|\varphi\|_{\ell_1}.$$
(22)

Next suppose that l > 4. We consider the dyadic intervals  $(r2^l, (r + 1)2^l], r \in \mathbb{Z}$ . Recall that the constant  $C_g$  appeared in Lemma 5. We say that  $r \in R_{l,+}$  if

$$\frac{1}{2^l} \sum_{j=r2^l+1}^{r2^l+2\cdot 2^l} \varphi(j) > \frac{1}{100 \cdot C_g}.$$
(23)

Otherwise, if  $r \notin R_{l,+}$ , we say that  $r \in R_{l,-}$ .

For  $r \in R_{l,-}$ , we use Lemma 5 and the negation of (23) to deduce that for l > 4,

$$\sum_{j=1}^{2^{l}} (M_{l}\varphi(r2^{l}+j))^{\lfloor \log \log 2^{l} \rfloor} < \left(\sum_{j=2}^{2 \cdot 2^{l}} \varphi(r2^{l}+j)\right) \cdot \left(\frac{1}{100}\right)^{\lfloor \log \log 2^{l} \rfloor - 1}$$

$$\leq 100^{2} \left(\sum_{j=2}^{2 \cdot 2^{l}} \varphi(r2^{l}+j)\right) \cdot \left(\frac{1}{100}\right)^{\log \log 2^{l}}$$

$$\leq 100^{2} \left(\sum_{j=2}^{2 \cdot 2^{l}} \varphi(r2^{l}+j)\right) \cdot \exp(-(\log 100) \cdot \log \log 2^{l})$$

$$\leq 100^{2} \left(\sum_{j=2}^{2 \cdot 2^{l}} \varphi(r2^{l}+j)\right) \cdot \frac{6}{l^{2}}, \qquad (24)$$

where we used that  $4.61 \ge \log 100 \ge 4.60517$  and  $\log \log 2 > -0.37$  implies that

$$\exp(-(\log 100) \cdot \log \log 2^{l}) = \exp(-(\log 100)((\log l) + \log \log 2))$$
$$= \exp(-(\log 100) \log \log 2) \cdot \exp(-(\log 100) \log l) < \frac{6}{l^{2}}.$$

Set  $\mathcal{M}_l^* = \{j : M_l \varphi(j) > 1\}$  and  $\mathcal{M}^* = \bigcup_l \mathcal{M}_l^*$ . If  $r \in R_{l,-}$ , then by (24),

$$\begin{aligned} &\#(\mathcal{M}_{l}^{*} \cap (r2^{l}, (r+1)2^{l}]) \leq \sum_{j=1}^{2^{l}} (\mathcal{M}_{l}\varphi(r2^{l}+j))^{\lfloor \log \log 2^{l} \rfloor} \\ &\leq 6 \cdot 100^{2} \cdot \frac{1}{l^{2}} \left( \sum_{j=2}^{2 \cdot 2^{l}} \varphi(r2^{l}+j) \right) \end{aligned}$$

Hence,

$$\#\left(\mathcal{M}_{l}^{*} \cap \bigcup_{r \in R_{l,-}} (r2^{l}, (r+1)2^{l}]\right) \le 12 \cdot 100^{2} \frac{1}{l^{2}} \|\varphi\|_{\ell_{1}}$$

and

$$\#\left(\bigcup_{l} \left(\mathcal{M}_{l}^{*} \cap \bigcup_{r \in R_{l,-}} (r2^{l}, (r+1)2^{l}]\right)\right) \le 12 \cdot 100^{2} \frac{\pi^{2}}{6} \|\varphi\|_{\ell_{1}}.$$
(25)

On the other hand,

$$\bigcup_{l>4} \bigcup_{r\in R_{l,+}} (r2^l, (r+1)2^l] \subset \bigcup_{l>4} \bigcup_{r\in R_{l,+}} [r2^l, (r+2)2^l].$$
(26)

By the well-known property of coverings by subintervals, we can select a subsystem  $\mathcal{I}_+^*$  of the intervals  $\mathcal{I}_+ = \{ [r2^l, (r+2)2^l] : l > 4, r \in R_{l,+} \}$  such that the subsystem  $\mathcal{I}_+^*$  covers the same set as  $\mathcal{I}_+$  and a point is covered by no more than two elements of  $\mathcal{I}_+^*$ , that is,

$$\sum_{I \in \mathcal{I}_{+}^{*}} \chi_{I}(j) \leq 2 \quad \text{for all } j \in \mathbb{Z} \quad \text{and} \quad \bigcup_{I \in \mathcal{I}_{+}} I = \bigcup_{I \in \mathcal{I}_{+}^{*}} I.$$
(27)

From (23), it follows that if  $[r2^l, (r+2)2^l] = I \in \mathcal{I}^*_+$ , then, recalling that in this proof intervals denote subintervals of integers,

$$C_g \cdot 400 \sum_{j \in I} \varphi(j) > 4 \cdot 2^l > \#I.$$

Thus, by (27),

$$\#\left(\bigcup_{I\in\mathcal{I}_+}I\right) = \#\left(\bigcup_{I\in\mathcal{I}_+^*}I\right) < C_g\cdot 800\|\varphi\|_{\ell_1}.$$

Hence, by (26),

$$\#\left(\bigcup_{l>4}\bigcup_{r\in R_{l,+}} (r2^l, (r+1)2^l]\right) \le C_g \cdot 800 \|\varphi\|_{\ell_1}.$$

From this, (22) and (25), it follows that

$$\#\mathcal{M}^* \le \left(4 + 12 \cdot 100^2 \frac{\pi^2}{6} + 800C_g\right) \|\varphi\|_{\ell_1} = C'_m \|\varphi\|_{\ell_1}.$$

896

897

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