

Psychiatrists who have more than enough work to do are well aware that the large majority of mentally handicapped people, as with the general population, happily do not need their attention, but a small minority do. Their interests are best served by a broad eclectic approach which can offer mentally handicapped people a range of residential options to meet their needs through, for example, the parental home, fostering, staffed and unstaffed flats and houses, group homes, hostels and hospital, of occupational options such as training centres, special care units, sheltered workshops and continuing education centres, and advice from a range of specialists, psychiatrists, psychologists, nurses, physiotherapists and dietitians.

Community orientated services for mental handicap are the avowed objective in future NHS planning, which if fulfilled will see the dissolution of large mental handicap hospitals by the end of the century. Now mentally handicapped people can look forward to the promised land of community care. Mental handicap should be striving to reach beyond the obsolete prejudices of yesterday.

DOUGLAS A. SPENCER

*Meanwood Park Hospital  
Leeds*

### *Medical aspects of fitness to drive*

DEAR SIR

I wonder if the College is aware of the facts of the document which is published by the 'Medical Commission on Accident Prevention' which is supported by the Royal College of Psychiatrists.

I had a man aged 46 in my out-patient clinic with depression whose Heavy Goods Vehicle Licence had been removed from him because he was on medication for his depression. Because he had lost the HGV licence he was sacked by the bus company for whom he had worked for 13 years. His Union finally advised him that he could not fight this dismissal but he should go for a pension. Working with the Senior Medical Adviser to the Transport Executive I discovered that he was not eligible for a pension unless he was going to be continuously ill for the rest of his life.

Because this man has had a depressive illness, which is now under treatment, he is now unemployable, although in the normal course of events one would expect him to recover quite easily. The worry of all this and the financial strain have upset him even more which is making his depression harder to treat, naturally.

It seems to me quite wrong that somebody should lose their job for ever because of a treatable psychiatric condition. Would it be possible for some recommendations to be made for patients like this, that they are only temporarily prevented from driving and their HGV held in abeyance until they have recovered.

PATRICIA A. J. GOODYEAR

*John Connolly Hospital  
Birmingham*

### *'Psychoanalysis—Science or Nonscience?'*

DEAR SIR

I am delighted that my article 'Psychoanalysis: Science or Nonscience?'<sup>1</sup> has stimulated such lively debate in the correspondence columns of the *Bulletin* and the *British Journal of Psychiatry*. My critics Thompson, Wright and Anderson unanimously assert that nonscience is not the same as nonsense, and confirm that Popper in fact did not imply this; my point was that some colleagues use their own notions of what constitutes science (often drawn from Popper) to dismiss any body of knowledge that does not conform thereto, designating it as not worth considering, and therefore as nonsense.

My intention was to widen the debate as to what constitutes knowledge, and therefore science, and to encourage new formulations. I was disappointed that the above-mentioned gentlemen appeared not to have read further than my critique of Popper, which did not form the main bulk of the article. Nevertheless, I would like to comment on some of their points.

I agree with Wright when he says that falsifiability and testability 'are the same in the sense in which they are used by Popper'; my point is that they are not of necessity the same—a theory can be tested by showing it to be true or false. An example of testing by verification (which Thompson requests) is the prediction of future events by a theory, such as the prediction of the existence of planets which were later discovered. Even when theories are falsified they are not rejected but remain true and are used at different levels of explanation (Wright uses my example of classical versus relativity theory). This is why transcendental realist theory with its emphasis on different levels of explanation is a more interesting and practically useful model.

My basic point is that there is nothing magical about falsifiability as a criterion of scientificity. It seems a neat and useful tool at face value, but on deeper examination it is subject to the same logical problems as verifiability: both require an external or *a priori* criterion which is separate from the theory to be tested. To use a Popperian example: the conjecture that 'all swans are white' can only be refuted if one has some prior knowledge, namely that 'swan-ness' is not the same as 'whiteness'; otherwise the existence of a black creature that looks like a swan could not refute the conjecture. Indeed Popper's theory has been called 'a version of inductivism' (Harre),<sup>2</sup> retaining as it does one of the inductivist principles, namely the principle of accumulation; that science is the accumulation of well-attested facts (attested by the use of falsifiability criteria). Harre further says that experimental evidence alone is insufficient to confirm or refute a theory; other rational procedures of decision are necessary; science is a complex activity and cannot be described as simplistically as Popper does.

Psychoanalysis constitutes a body of theory which seeks to explain intrapsychic phenomena; the theory of resistance to therapy is not an 'ad hoc theory' (Wright) but is part of the general theory, which operates at different levels of