

Will antimicrobial resistance of BRD pathogens impact BRD management in the future?

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Received 20 May 2014; Accepted 17 September 2014; First published online
20 November 2014

Abstract

Resistance is a qualitative interpretation of antimicrobial activity *in vitro*. Critical to management of bovine respiratory disease (BRD) is the clinical response *in vivo*. Attempts to connect activity *in vitro* to response *in vivo* have been complicated by the complexity of BRD, interpretation of antimicrobial activity *in vitro*, and inconsistent measures of clinical success or failure. During recent history, the discovery, development, and commercialization of antimicrobials have decreased. In response to resistance, voluntary and imposed restrictions on use of antimicrobials have been implemented. Resistance can be reversed using technology and knowledge of mechanisms of resistance. Perhaps approaches that reverse resistance will be used in clinical management of BRD in the future. The short answer to the question posed in the title is, ‘yes.’ Since antimicrobial drugs were discovered, resistance has been a consideration for selection of treatment of any infectious disease and BRD is not unique. In the opinion of the author, the more important question is, ‘How will antimicrobial resistance of BRD pathogens impact BRD management in the future?’

Keywords: bovine respiratory disease, antimicrobial resistance, pathogens, clinical management

Resistance is one of three qualitative interpretative categories (‘susceptible’, ‘intermediate’ or ‘resistant’) based on measures of antimicrobial activity *in vitro*, and is defined in the USA by the Clinical and Laboratory Standard Institute (CLSI) as follows: ‘This category implies that there will not be a favorable clinical outcome, because the achievable systemic concentrations of the agent will be lower than the minimum inhibitory concentration (MIC) of the causative organism with normal dosage schedules and/or fall in the range where specific microbial resistance mechanisms are likely (e.g. beta-lactamase), and clinical efficacy has not been reliable in treatment studies’ (CLSI, 2002a, b; Silley, 2012). Break-points are semi-quantitative (arguably) measures (usually MIC, or diameter of the zone of inhibition) that distinguish among the three qualitative categories. There are no details about how data from ‘treatment studies’ are considered during the establishment of breakpoints (CLSI, 2002a, b).

Standard procedures described by the CLSI are designed to be optimal for the pathogen, and are used for identification of the pathogen as well as for assessment of antimicrobial activity *in vitro*.

Confusion about how to interpret results *in vitro* is multifactorial, as is the nature of bovine respiratory disease (BRD) (Taylor *et al.*, 2010a, b). Many of the simple questions have not been answered. If more than one pathogen is isolated, what is the fractional contribution of each? What is the influence of resistance with one pathogen but not the other(s)? Are resistant organisms found in animals that do not have clinical signs? Do they remain in treated and recovered animals?

‘Concerns’ about antimicrobial resistance are not new. Before penicillin was commercially available, Dr Fleming raised awareness that bacteria could change after exposure to penicillin (Rosenblatt-Farrell, 2009). Surveillance/monitoring of *in vitro* activity of antimicrobials began in 1951 (Giles and Shuttleworth, 1958). Focus on antimicrobial activity *in vitro* has been intense, perhaps because it is the easiest to identify of the factors that contribute to clinical failure. However, clinical correlation of those data has not been evaluated effectively. Using non-standardized procedures for studies *in vivo* further confuses attempts to correlate *in vitro* activity and response *in vivo* (O’Connor *et al.*, 2010).

Resistance is not to blame for all clinical failures. Clinical response is the net effect of all factors that contribute to BRD – including antimicrobial resistance. Factors other than antimicrobial resistance play a role in the death of feedlot cattle with BRD (Lamm *et al.*, 2012). Is there a point (percent

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resistance) at which medications should not be selected for clinical use? Should selection only include compounds for which susceptibility (what percent?) is identified? Patterns of practice for human patients with community acquired pneumonia (CAP) were 'shifting in response to the perception that current levels of drug resistance necessitate changes in treatment patterns. This is unfortunate because it severely limits one's ability to continue to monitor the effectiveness of available therapies in light of changing patterns of antibacterial drug resistance' (Metlay, 2004). Dr Metlay summarized, '...antibacterial drug resistance has not reduced substantially the effectiveness of first-line treatments for CAP. Whether levels of drug resistance will continue to increase or decline is unknown. Therefore, carefully designed outcomes studies likely will continue to be essential to help define optimal therapy for patients who have CAP.' Could those statements apply to BRD?

Antimicrobial resistance and clinical failure are not directly, quantitatively correlated (Lamm *et al.*, 2012; McPherson *et al.*, 2012). Likewise, clinical success is not inseparable from antimicrobial susceptibility. Basic definitions distinguish them; and, the labeling of antimicrobial products contains statements similar to the following: 'The correlation between *in vitro* susceptibility data and clinical effectiveness is unknown.' Treatment failures occurred when susceptible organisms were isolated; and, treatment successes occurred when resistant organisms were isolated (Apley, 2003; McClary *et al.*, 2011). Clinical failure, when BRD is associated with susceptible organisms, cannot be due to antimicrobial failure! The association of clinical response with antimicrobial activity *in vitro* is not the same for all BRD pathogens (McClary *et al.*, 2011). Virulence of the organism, the host's resistance to infection, and the host's tolerance to presence of pathogens are also distinct considerations deserving of greater attention (Beceiro *et al.*, 2013; Jamieson *et al.*, 2013). Antimicrobial medications are important; but, the entirety of clinical response is not the responsibility of the medication.

The strongest evidence for clinical decisions is derived from head-to-head, randomized, controlled clinical studies (Karriker, 2007). Techniques such as risk assessment and survival analysis could contribute greatly to evaluating clinical response and the relationship of antimicrobial activity *in vitro* with clinical response. Appropriate economic evaluation of treatments is also warranted (Simoens, 2010).

Driven by fear of resistance, pharmaceutical companies in the USA have re-labeled products to clarify indicated therapeutic uses and decreased research of new antimicrobial agents (Spellberg *et al.*, 2004; Silley, 2012; FDA GFI #213, 2013; Wright, 2013). Regulatory activities are directed toward reclassifying products so that they will be available only with 'veterinary oversight' and have the stated purpose of reducing resistance (FDA GFI #213, 2013).

Realistic considerations for the future should be to include management of fears of resistance, to utilize understanding of mechanisms of virulence and mechanisms of antimicrobial resistance, to improve designs of clinical studies, and to develop technologies or products that could reverse resistance (Spellberg *et al.*, 2004; Tillotson and Echols, 2008; Wright, 2013). Clinical

studies with appropriate designs will require many animals and considerable financial investment.

Non-traditional methods of treating infectious diseases have included technologies that reverse resistance. The dogma that mutations only progress toward resistance is wrong. Genetic mutations can be induced to reverse resistance (Cirz and Romesberg, 2006; Ricci *et al.*, 2006; Katsuda *et al.*, 2009). Bacteriophages have been used to reduce bacterial contamination of food, change virulence of bacterial pathogens, alter damage created by bacterial pathogens or enhance the host's tolerance of the pathogen, or reverse antimicrobial resistance (Abuladze *et al.*, 2008; Rasko and Sperandio, 2010; Abedon *et al.*, 2011; Beceiro *et al.*, 2013; Wright, 2013; Hong *et al.*, 2014; Vale *et al.*, 2014). Might it be possible to administer a vaccine that targets BRD pathogens in the upper respiratory tract of cattle and cause those bacteria to become susceptible to treatment, or concurrently administer medications that reverse/prevent resistance while others inhibit or kill the pathogen? 'Concerns' and 'perceptions' are driving regulations, corporate decisions, public response, and therapeutic decisions. Are results of a scientifically based future of treatment of BRD worth the risks of taking that 'bull by the horns'?

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