

(Glassman et al. 1998), and remains surprisingly consistent even across different time scales of presentation and recall of material (Glassman 1999). Our transcendence of the severe WM restriction must depend on our finding of continuities and unities in each moment's cognitive array, and on doing so expeditiously and largely unconsciously – that is, intuitively. The entire literature on chunking and the literature on schemas and scripts speak to this point, for example, concerning findings on WM development in children (Case 1995, pp. 33–36).

Although there is an increase in WM capacity as children develop, that increase is remarkably small, as the limit of seven (or of three or four items by some measures; Cowan 2001; Glassman 1999) holds into adulthood. Our WM capacity limit constitutes a problem-solving situation that each of us faces in every moment of life. We cope with that problem by using practiced long-term memory associations to organize things into familiar patterns. We are always grasping for meanings. The literature on expertise, and its improvement of individuals' WM capacity within circumscribed areas, provides further illustrations (Ericsson 1996).

The psychological issue of intuitiveness is related to the neurophysiological question of *binding*. How does our brain, for every object perception, mobilize the respective aptnesses of a large set of feature-sensitivities, to yield coherence (Singer 1994)? This matter becomes more poignant in considering the stingy multiplicity of WM. I have tried to extend others' hypotheses about neural synchrony by suggesting that harmonic properties of brain waves and topological oppositional relations of the cortical sheet may be relevant to cognitive coherence (Glassman 2000; 2003). The "binding" issue provides an additional reason to pause before emphasizing organizational effects of cognitive disruptions.

The severe limit of WM capacity may contribute to cognitive limitations of religious beliefs, because here we struggle with life's biggest issues, generalizing from what we know to reach at full arm's length toward dimly perceived adaptive problems. Consistent with many of the points that A&N make, I hypothesize that religious beliefs comprise a set of *heuristics* for summarizing cultural accumulations of experience. By extirpating particularistic details, the rational ifs and buts of contextual qualification (e.g., ruminations about weights and measures of apples and oranges in one's reciprocal relationships), religious heuristics aid our narrow conscious capacity, albeit imperfectly. This hypothesis about heuristics is related to a possible similarity of the motivational aspect of religious mythologies to the employment of so-called body English in developing an athletic skill (Glassman 1996, p. 186).

Toward the end of section 6, A&N felicitously cite Durkheim's view that "commitment to the supernatural underpins the 'organic solidarity' that makes social life more than simply a contract among calculating individuals." I would join this point with their nice section 8 metaphor of the landscape and mountain ridges of human evolutionary history. By means of supernaturalistic concepts, we sometimes succeed in building real bridges across our respective mountain ridges "out of wind," although these mountainous distances and altitudes could never yield to bridging with concrete. Yet, such constructions can work only if our human creativity in building them and human tenacity in maintaining them fit with some until-then hidden potentials of the real world.

The superstitions of everyday life

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Abstract: In this commentary I attempt to extend the argument made by Atran and Norenzayan in two ways. First, I distinguish between the causes and the consequences of religious belief and speculate on the positive and negative consequences of religion. Second, I raise some questions about individual differences in religiosity and suggest that the origins of nonbelief are worth investigating.

Religion is the most powerful force in human affairs, as exemplified by the wars of religion, both past and present. Because the effects of religion are so consequential, one might imagine that it would be a subject of considerable importance to psychology, but with a few exceptions – William James most obviously – this has not been the case. The present target article by Atran & Norenzayan (A&N) is, therefore, an important and welcome development. I accept the general terms of their argument and suggest that it can be usefully extended by considering two further points: (1) a distinction between the causes and the consequences of religion; and (2) individual differences in the susceptibility to religious belief.

The causes of religion. It is important to distinguish between the causes and the consequences of religion because religion starts at the individual level but functions at the social level. Religion begins with an individual conversion experience, which then results in a personal dedication to a set of beliefs and practices. However, the consequences of religion are seen in the aggregate, at the social level, in group practices. The first question concerns how it is that individuals acquire religious beliefs. The second question concerns the consequences of shared religious belief for human communities.

Freud analyzed religious belief in terms of primary process thinking, which he characterized as vivid, impulsive, emotional, and in the service of the most basic instincts. He also argued that: (a) religious belief is an illusion and something that intellectually honest people should strive to overcome; and (b) secondary process thinking provides the means to dispel the illusion. A&N suggest that people worldwide spontaneously attribute natural phenomena to the influences of supernatural entities both benevolent and malevolent. Over time, these individual superstitious beliefs become shared in local communities and thus become folk religions. Of course, the spontaneous causal attributions at the beginning of this process are counterfactual – or wrong.

Stanovich and West (2000) distinguish between what they call System 1 and System 2 thinking. System 1 thinking is closely tied to the perceptual system. Both perception and System 1 thinking are spontaneously drawn to motivationally relevant and emotionally arousing stimuli and they function by generating impressions of stimuli. Kahneman (2003) describes System 1 thinking as intuitive, as "typically fast, automatic, effortless, associative, implicit . . . and often emotionally charged" (p. 698), and its conclusions are difficult to control or modify. System 2 thinking (or reasoning) is characterized as slow, controlled, effortful, rule-governed, and flexible. System 2 thinking serves to monitor the quality of the impressions generated by System 1 thinking. But people find careful thinking or reasoning to be effortful, they tire easily, and then rely on whatever plausible impression comes quickly to mind. My not very surprising point is that the spontaneous magical thinking that is the foundation for religious beliefs is a special (but very consequential) case of System 1 thinking. The cause of religion is the often fallible but inherently corrigible result of System 1 thinking.

The consequences of religion. Socioanalytic theory (e.g., Hogan & Smither 2001) argues that people, by virtue of their evolutionary history, are group-living, culture-using animals. At the most general level, they are motivated by needs for social acceptance, the control of resources, and predictability. Life is about trying to get along, get ahead, and find meaning. Organized religion nicely serves all three purposes. Active participation in a religious community affords opportunities for companionship and the acquisition of wealth and power – as a visit to St. Paul's Church in Rome will quickly reveal. In addition, religious beliefs assign a meaning to otherwise pointless human suffering and provide answers to questions about life's meaning – questions that the human capacity for metacognition inevitably raises.

Religion also promotes the cohesion of social groups by creating shared values, meaning systems, and rituals and lifestyles. Our values reflect our identities, and we like people who share our values because, in so doing, they affirm our identities.

But there is an even more significant consequence of religion. Religions justify and legitimize morality. The social rules of conduct must be obeyed because a vastly superior being said they should. Moreover, all moralities have approximately the same content (e.g., the Ten Commandments), and groups with settled codes of conduct outperform groups that do not value duty and respect for law and authority (e.g., Sparta vs. Athens, Rome vs. the world). Morality is a slight but nontrivial factor promoting the viability of groups. Imagine two tribes in human prehistory, one of which ignores lying, stealing, and traitorous conduct, and a second that prohibits these behaviors. Now imagine these two groups in competition. One will be able to coordinate its activities, the second will exist in a state of anarchy and be easily defeated in an armed struggle. The history of the world is a history of armed struggles; the winners write history, while the losers risk disappearing from the gene pool.

The role of religion in enhancing the fighting capability of groups leads to the last important consequence of religion. Religion, and shared values, define an in-group. Persons who do not share these values belong to the out-group. The morality of the in-group by definition does not extend to the out-group. Hence the wars of religion and, more often than it is comfortable to acknowledge, genocide. That is, religions promote the well-being of the adherents, but often sanction brutality toward nonbelievers.

Individual differences. The intuitive and emotional thought processes (System 1 thinking) that cause us to see supernatural beings and forces in the world are hard-wired, species-typical characteristics. Moreover, the conclusions of System 1 thinking must be correct more of the time than they are mistaken, or this form of thinking would no longer exist. Nonetheless, System 1 thinking inevitably leads to errors, and religious systems describe phenomena that literally do not exist and justify practices that, to nonbelievers, are indistinguishable from superstition.

System 2 thinking functions to correct the errors of System 1 thought. Individual differences in the use of System 2 thinking are correlated with intelligence, the need to understand the world, and exposure to statistical thinking (Kahneman 2003). Nonetheless, belief is vastly more common than non-belief (even among academic psychologists). This is consistent with the observation that System 2 thinking is effortful, and that it takes some courage willingly to suspend belief and face the prospect of living in a world without divine purpose. We now know a good deal about the psychological causes and consequences of religious belief. Perhaps it is time to examine the causes and consequences of non-belief, a position that is inherently harder to attain and maintain.

Counterintuition, existential anxiety, and religion as a by-product of the designing mind

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Abstract: In arguing for religion as a side effect of everyday cognition, Atran & Norenzayan (A&N) provide useful analyses of the strengths of the “naturalness-of-religion” position over others; however, experimental shortcomings limit the contributions of their empirical work. A relevant addendum involves considering research on children’s orientation to teleological explanations of natural phenomena, which suggests that relatively rich cognitive proclivities might underlie religious thought.

Consistent with the thrust of much recent and substantive scholarship on religious thought (e.g., Barrett 2000, 2004; Boyer 1994, 2001; Guthrie 1993; Lawson & McCauley 1993; Pyysiäinen 2001; Slone 2004), Atran & Norenzayan (A&N) argue for viewing religion as a by-product of systems evolved for everyday cognition. Beyond a helpful analysis of the benefits of this position over oth-

ers, chief among their contributions to the “naturalness-of-religious cognition” thesis are new attempts to put aspects of the theory to empirical test. Unfortunately, however, shortcomings in experimental approach render many of these results less than compelling, and it is therefore unclear how much further forward the empirical work propels the position.

The findings on counterintuitive agents are a case in point. Following Boyer (1994; 2001), A&N argue that counterintuitive concepts are particularly viable for cultural transmission because they violate innate, modularized expectations about domain-specific categories (i.e., plant, animal, person, substance) by adopting properties of entities outside of their conceptual domain. Putting aside concerns that universals among adults do not indicate innateness and accrued infancy research provides strong evidence of, arguably, only a couple of the concepts the authors assert to be part of our innate ontology (i.e., *mentalist agent*, *physical object*), the empirical test conducted to show that, under certain contextual conditions, predictable violations of these concepts have some kind of mnemonic advantage does not seem quite fair. Specifically, the study fails to include items that truly outlaw the possibility that all a concept needs to do in order to be memorable, and thus viable for religion, is have an uncharacteristic rather than domain-violating feature. The bizarre items in their study such as “blinking newspaper” are not adequate controls because ambiguity renders many of them almost un-interpretable (does a “nauseating cat” vomit or just make everybody else queasy?), and this factor would account for the ease with which they are forgotten. By contrast, it seems perfectly feasible that different kinds of examples such as “flying crocodile” or “venomous horse” might both be good candidates for mnemonic advantage, although neither concept involves violating a domain-level, folk-biological, boundary – they are simply cases of animals with properties characteristic of other animals. The issue of whether religious concepts are distinguished by domain violations rather than just atypical features is not minor, for, if the aim is to try and interpret recurrent properties of religious concepts by reference to systematic violations of putatively innate categories of thought, the alternative – that any non-normative concept suffices – must be excluded to maintain explanatory power.

The finding suggesting that existential anxiety motivates religiosity is interesting but also fails to include the appropriate control to rule out the possibility that any kind of potent emotional content induces religious feeling. Specifically, A&N’s particular evolutionary argument would be strengthened if it were found that a condition describing a positively valenced incident (e.g., someone finding \$500 on the street) fails to increase feelings of religious belief.

Finally, given its centrality to the theory, experimental evidence further establishing the existence of the agency detection system would have been a welcome supplement to the current work. In addition to originally proposing the bias, Guthrie (1993; 2002) has documented the numerous ways in which art and advertising seem to capitalize on tendencies to perceive human or animal characteristics in visual arrays. However, aside from studies which find that adults and infants often construe the clearly observable movements of nonhuman entities (e.g., computerized blobs) as goal-directed (e.g., Csibra et al. 1999), A&N do not discuss empirical research addressing the more relevant question of whether children and adults are prone to intentional or agency-based interpretations of events that are not readily perceptible and are without any obvious agentive involvement.

Evidence suggestive of this tendency is, however, provided by contemporary research on teleological thought – the bias to view entities and events in terms of a purpose. In addition to a body of findings indicating that preschool and elementary school children (and scientifically uneducated adults) have a promiscuous bias to explain the properties, behavior, and origins of living and nonliving natural entities in teleological terms (e.g., Casler & Kelemen 2003; Kelemen 1999, 2003; Kelemen & DiYanni 2005), Donovan and Kelemen (2003) have recently found that, when asked to re-