

Original Article

Post-transplant lymphoproliferative disease is associated with early sternotomy and left ventricular hypoplasia during infancy: a population-based retrospective review

Britt-Marie Ekman-Joelsson,¹ Håkan Wåhlander,¹ Mats Synnergren,¹ Madeleine Sager,² Karin Mellgren¹

¹*Department of Pediatrics, Institution for Clinical Sciences, Sahlgrenska Academy, University of Gothenburg, Gothenburg;*
²*Södra Älvsborg Hospital, Borås, Sweden*

Abstract *Background:* Heart transplantation has been an option for children in Sweden since 1989. As our unit faced an increased rate of post-transplant lymphoproliferative disorder, the objective of the study was to identify possible risk factors. *Methods:* This is a retrospective study of all children aged 0–18 years who underwent heart transplantation in Gothenburg from 1989 to 2014. *Results:* A total of 71 children underwent heart transplantation. The overall incidence of post-transplant lymphoproliferative disorder was 14% (10/71); however, 17% (6/36) of those undergoing transplantation after 2007 developed lymphoma, compared with only 10% (4/35) of transplantation cases before 2007 ($p = 0.85$). The mean age at transplantation was 9 years (0–17). The mean post-transplant follow-up time was 5.5 years (0.5–21.9) in the group that developed post-transplant lymphoproliferative disorder, compared with 10.2 years (0.02–25.2) in those who did not. In our study group, risk factors for post-transplant lymphoproliferative disorder were surgically palliated CHD ($p = 0.0005$), sternotomy during infancy ($p \leq 0.0001$), hypoplastic left ventricle ($p = 0.0001$), number of surgical events ($p = 0.0022$), mismatch concerning Epstein–Barr virus infection – that is, a positive donor–negative recipient ($p \leq 0.0001$) – and immunosuppressive treatment with tacrolimus compared with ciclosporine ($p = 0.028$). *Discussion:* This study has three major findings. First, post-transplant lymphoproliferative disorder only developed in subjects born with CHD. Second, the vast majority (9/10) of the subjects developing the disorder had undergone sternotomy as infants. Third, the number of surgical events correlated with a higher risk for developing post-transplant lymphoproliferative disorder.

Keywords: Heart transplantation; child; post-transplant lymphoproliferative disease; sternotomy; CHD

Received: 14 February 2017; Accepted: 22 June 2017; First published online: 7 August 2017

HEART TRANSPLANTATION HAS BEEN AN OPTION for end-stage heart disease in children since the 1980s, and has become possible thanks to the development of immunosuppressive treatment; however, the treatment itself increases the risk for developing malignancies, predominantly post-transplant lymphoproliferative disorders.^{1–5} This is frequently of B-cell origin, in which viruses such as Epstein–Barr virus typically drive malignant transformation. Approximately 95% of adults in the

community are infected with Epstein–Barr virus. Upon infection, the virus incorporates itself in the B-cells, where it establishes by transforming the lymphocytes to perpetual lymphoblasts. If the natural protection of T-cell origin is hampered, Epstein–Barr virus infection induces a change in the growth pattern in the B-cells and neoplasms such as B-cell lymphoma, Burkitt’s lymphoma, nasopharyngeal carcinoma, or Hodgkin’s disease can develop. The thymus is of crucial importance for the development and maintenance of T-cell function. Most children who undergo heart surgery including sternotomy during infancy have their thymus partly or totally removed. There has been a tremendous

Correspondence to: B.-M. Ekman-Joelsson, The Queen Silvia Children’s Hospital, Gothenburg 416 50, Sweden. Tel: +46 31 343 8377; Fax: +46 3 184 5029; E-mail: britt-mari.ekman-joelsson@vgregion.se

development in surgical methods, anaesthesia, medication, and immunosuppressive treatment, and the overall morbidity and mortality for children undergoing transplantation has decreased.⁶ In spite of this development, our unit witnessed an increase in post-transplant lymphoproliferative disorder cases during recent years. The objective of this study was to analyse the prevalence of post-transplant lymphoproliferative disorder among children undergoing heart transplantation in Gothenburg, in order to identify possible risk factors in this population.

Material and methods

Paediatric heart transplantation has been available in Sweden since 1989 and the coordination of listing, transplantation, and organ procurement is carried out within the framework of the ScandiTransplant organisation (Aarhus, Denmark). It is centralised to two centres, Gothenburg and Lund.⁷ The protocol for immunosuppression has undergone development over time; in 2007, our unit switched antithymocyte globulin preparation from Thymoglobulin (Sanofi Genzyme, Cambridge, United Kingdom) to ATG-Fresenius (Fresenius Kabi, Uppsala, Sweden). There has been a gradual shift in triple immunosuppression therapy, from ciclosporine, azathioprine, and prednisone towards a tacrolimus-based regimen, including mycophenolate mofetil. Steroids were regularly weaned after 6 months. In children undergoing transplantation as toddlers with a benign rejection history, mycophenolate was usually weaned after 2 years. In older children, mycophenolate dosage was not increased with growth, leading to an effective reduction in dosage. The target level for tacrolimus was reduced over time to reach 6 µg/L by 2 years or earlier in younger children. Prophylactic treatment with antivirals such as valganciclovir is used when there is a mismatch concerning cytomegalovirus.

The protocol for follow-up has undergone minor changes during this 25-year period, including fewer endomyocardial biopsies and the possibility to obtain real-time viral load with polymerase chain reaction, which is especially useful for obtaining viraemia of Epstein–Barr virus infection and cytomegalovirus.

Serostatus and degree of viraemia of Epstein–Barr virus and cytomegalovirus is obtained at every biopsy, which is carried out eight times during the 1st year after transplantation, and once yearly thereafter. Surveillance includes physical examination at check-up every 3 months. When viraemia levels are rising or above log 4–5 copies/ml, the immunosuppression is lowered and a CT scan of the chest and stomach is performed. Treatment with Rituximab is considered.

As the exact radiation exposure was impossible to obtain, the number of X-ray scans, angiographies

and CT scans were counted, comparing patients developing lymphoma with those not developing lymphoma, exposed during the same time period.

Data collection procedures and variables

This report is based on a retrospective analysis of all subjects below 18 years of age who underwent heart transplantation in Gothenburg between January, 1989 and December, 2014.

Medical reports were reviewed, focussing on gender, age at transplantation, listing diagnosis, recipient's Epstein–Barr virus serostatus at the time of transplantation, induction treatment, immunosuppressive treatment, development of malignancy, and mortality. Heart defects were classified according to the systemic ventricle in biventricular defects and according to the hypoplastic ventricle in defects palliated with univentricular palliation. Type of surgery was classified as sternotomy or no sternotomy, focussing on the subject's 1st year of life. Sternotomy includes total or partial thymectomy. Lymphoma was defined as post-transplant lymphoproliferative disorder, verified by histologic examination in a biopsy.

Statistical methods

Continuous data are presented as mean, SD, median, minimum, and maximum, and categorical data are presented as counts and percentage of total. To describe time-to-event rates the Kaplan–Meier plot was used. For comparison of time-to-event among groups the log-rank test was used for dichotomous variables and log-rank test for ordered categorical variables. As the numbers of events described as post-transplant lymphoproliferative disease were only 11, only univariable Cox proportional hazards regression analyses was performed. Hazard ratios with 95% confidence intervals were calculated using Cox models. The proportional hazard assumption was verified by review of log (– log survival) versus log (time). All statistical analyses were two-sided and conducted at the 5% significance level. All statistical analyses were performed with SAS Software Version 9.3; SAS Institute Inc., Cary, North Carolina, United States of America.

Results

A total of 71 children between 3 weeks and 18 years of age underwent heart transplantation in Gothenburg between 1 January, 1989 and 31 December, 2014. The overall incidence of post-transplant lymphoproliferative disorder was 14% (10/71). See Figure 1; however, this varied over time: 11% (4/35) of those who had undergone heart transplantation before 2007 developed malignancy, compared with 17% (6/36) of those who had undergone heart transplantation in the later period ($p = 0.85$).

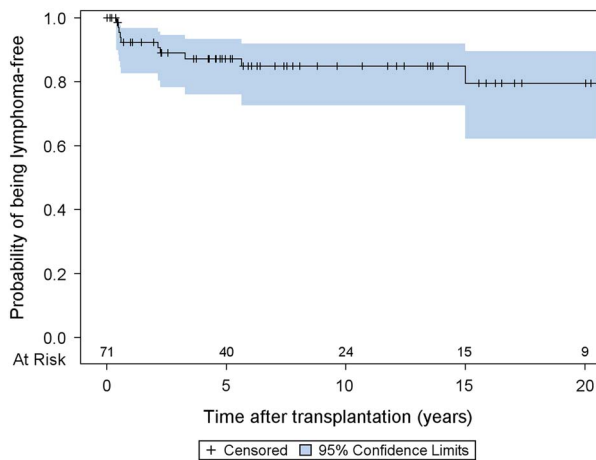


Figure 1.
Kaplan-Meier graph for time to lymphoma.

Descriptive data of children with and without lymphoma are summarised in Table 1. Univariable Cox proportional hazards regression analyses of time to lymphoma are presented in Table 2. Age at transplantation did not turn out to be a risk factor for lymphoma. There was a difference in listing diagnosis, as not a single case with post-transplant lymphoproliferative disorder was found among those with cardiomyopathy ($p = 0.0003$).

Among the patients developing lymphoma, nine had left ventricular hypoplasia ($p \leq 0.0001$), Table 1. One child with biventricular defect and aortic stenosis, developed post-transplant lymphoproliferative disorder. For a detailed report on the type of CHD as an indication for transplantation, see Table 3. There was a trend for CHD to become more common during the observed time period, 42% in 1989–2006 compared with 56% in 2007–2014 ($p = 0.55$), and there was a shift in heart defects as listing diagnosis; biventricular circulation constituted 22% of listing diagnoses before 2007 compared with 8% after this date, whereas univentricular palliation tripled from 14% (5/35) in the earlier period to 47% (17/36) in the later period.

The majority of the children who developed post-transplant lymphoproliferative disorder had undergone at least one sternotomy during the 1st year of life, before heart transplantation, most commonly during the first 2 weeks after birth. About one-third – that is, 9 of 30 – who underwent sternotomy as infants developed lymphoma ($p \leq 0.0001$; Fig 2).

Number of surgical events turned out to be a risk factor for development of post-transplant lymphoproliferative disorder ($p = 0.0001$), Figure 3. Overall, 35 of 71 children with heart transplants had undergone surgery before transplantation, 91% (32/35) for CHD and 8% (3/36) for cardiomyopathies. Among the three children with cardiomyopathies and surgery, two had undergone surgery in infancy, one for aortic coarctation

and one for an atrial septal defect, and the third one had undergone surgery in childhood for aortic coarctation. Of the children, three with CHD had not undergone surgery before transplantation: one had Ebstein anomaly, one had hypoplastic left heart syndrome and received the allograft in the United States of America, and one was born with a hypoplastic right ventricle, pulmonary stenosis, and a ventricular septal defect; she received a heart transplant at 3 years of age.

Extracorporeal membrane oxygenation was used in 14 subjects, seven with cardiomyopathies and seven with CHD, at a median time of 6.5 days (1–58) before transplantation. At the time of transplantation, 12 children were on ventricular assist device support as bridge therapy.

A mismatch concerning Epstein–Barr virus, with a seropositive donor and a seronegative recipient, turned out to be a significant risk factor for development of post-transplant lymphoproliferative disorder ($p = 0.0001$).

Thymoglobulin was consistently used as induction treatment during the first 18 years, and then gradually changed to ATG-Fresenius, without statistical connection to lymphoma ($p = 0.061$).

Immunosuppressive treatment with tacrolimus was a risk factor for lymphoma compared with ciclosporine ($p = 0.028$); however, the shift in treatment from ciclosporine in the first time period to tacrolimus in the later period coincides with other changes: for example, the shift to univentricular circulation as listing diagnosis.

Overall, 20 subjects succumbed and the causes of death were lymphoma in four, rejection in five, graft dysfunction in three patients, and Kaposi's sarcoma, renal failure, aplastic anaemia, pulmonary hypertension, myocarditis, hypertrophic cardiomyopathy in the donor, immune deficiency, and an accident in one patient each. Standardised mortality ratio was 97.8 for the whole group of children with heart transplants.

Post-transplant lymphoproliferative disorder

Patient characteristics for children diagnosed with post-transplant lymphoproliferative disorder are summarised in Table 4. The mean duration between transplantation and diagnosis was 2.6 years (range 5 months to 15 years). The majority developed lymphoma within 2 years of transplantation. The majority had diffuse large B-cell lymphoma with a survival rate of 5/8; one survivor had Burkitt's lymphoma, whereas the child with polymorphic lymphoma has succumbed. All subjects with post-transplant lymphoproliferative disorder had CHD, all receiving sternotomy as the surgical intervention up to seven times before heart transplantation; all but one had left ventricular hypoplasia and none was

Table 1. Descriptive data for all patients, including a comparison between patients with and without lymphoma.

Variables	Total (n = 71)	No (n = 61)	Yes (n = 10)
Sex			
Male	42 (59.2%)	35 (57.4%)	7 (70.0%)
Female	29 (40.8%)	26 (42.6%)	3 (30.0%)
Age at transplantation (years)	9.67 (6.16) 10.59 (0.07; 26.11) n = 71	9.64 (6.18) 10.59 (0.07; 26.11) n = 61	9.83 (6.37) 12.20 (0.23; 16.69) n = 10
Age at transplantation (cat.)			
0 to <7 years of age	24 (33.8%)	21 (34.4%)	3 (30.0%)
7 to <14 years of age	24 (33.8%)	22 (36.1%)	2 (20.0%)
≥14 years of age	23 (32.4%)	18 (29.5%)	5 (50.0%)
CHD			
No	36 (50.7%)	36 (59.0%)	0 (0.0%)
Yes	35 (49.3%)	25 (41.0%)	10 (100.0%)
Left ventricular hypoplasia			
No	47 (66.2%)	46 (75.4%)	1 (10.0%)
Yes	24 (33.8%)	15 (24.6%)	9 (90.0%)
Sternotomy before 1 year of age			
No	47 (66.2%)	46 (75.4%)	1 (10.0%)
Yes	24 (33.8%)	15 (24.6%)	9 (90.0%)
Number of heart surgeries before transplantation (cat.)			
0 surgeries	36 (50.7%)	36 (59.0%)	0 (0.0%)
1–2 surgeries	17 (23.9%)	13 (21.3%)	4 (40.0%)
>2 surgeries	18 (25.4%)	12 (19.7%)	6 (60.0%)
Extracorporeal membrane oxygenation before transplantation			
No	56 (78.9%)	49 (80.3%)	7 (70.0%)
Yes	15 (21.1%)	12 (19.7%)	3 (30.0%)
Left ventricular assist device before transplantation			
No	62 (87.3%)	52 (85.2%)	10 (100.0%)
Yes	9 (12.7%)	9 (14.8%)	0 (0.0%)
EBV d/r pos/neg			
No	39 (70.9%)	38 (80.9%)	1 (12.5%)
Yes	16 (29.1%)	9 (19.1%)	7 (87.5%)
Missing	16	14	2
EBV d/r neg/pos			
EBV = 0 d/r neg/pos	47 (87.0%)	38 (84.4%)	9 (100.0%)
EBV = 1 d/r neg/pos	7 (13.0%)	7 (15.6%)	0 (0.0%)
Missing	17	16	1
Treatment and immunosuppression			
Ciclosporine	16 (25.0%)	16 (29.1%)	0 (0.0%)
Tacrolimus	48 (75.0%)	39 (70.9%)	9 (100.0%)
Missing	7	6	1
Treatment thymoglobulin or ATG-Fresenius			
Thymoglobulin	39 (54.9%)	35 (57.4%)	4 (40.0%)
ATG-Fresenius	32 (45.1%)	26 (42.6%)	6 (60.0%)

EBV d/r neg/pos = Epstein–Barr virus donor/recipient positive/negative.

For categorical variables n (%) is presented.

For continuous variables mean (SD)/median (min; max)/n is presented.

4 June, 2017 analysis (SAS).

known to be positive for Epstein–Barr virus infection at the time of transplantation.

Radiation exposure

In nine of 10 children diagnosed with post-transplant lymphoproliferative disorder the number of X-ray scans, CT scans, and angiographies could be compared with 13 patients without development of malignancy: the number of X-rays were 117/person compared with

109/person ($p = 0.083$), CT scans were 3.8/person compared with 5/person ($p = 0.97$), and angiographies were 17/person compared with 23 ($p = 0.76$).

Syndromes and genetic abnormalities

Among the children with CHD, three were diagnosed with genetic syndromes: one girl had Turner syndrome and unbalanced atrioventricular septal defect with aortic atresia, one girl had left ventricular hypoplasia, and one boy had Noonan syndrome and aortic atresia with a

Table 2. Univariable Cox proportional hazards regression analyses of time to lymphoma

Value	Lymphoma events (n) % of total number	Event rate (95% CI)	HR (95% CI) p-value
Sex			
Male	7/42 (16.7%)	2.05 (0.83–4.23)	0.64 (0.17–2.48) p = 0.52
Female	3/29 (10.3%)	1.24 (0.26–3.61)	
Age at transplantation (cat.)			
0 to <7 years of age	3/24 (12.5%)	1.40 (0.29–4.10)	1.66 (0.74–3.71) p = 0.22
7 to <14 years of age	2/24 (8.3%)	0.94 (0.11–3.38)	
≥14 years of age	5/33 (21.7%)	3.21 (1.04–7.49)	
CHD			
No	0 (0.0%)	0.00 (0.00–1.07)	Non-est p = 0.0005
Yes	10/35 (28.6%)	4.20 (2.02–7.73)	
Left ventricle hypoplasia			
No	1/47 (2.1%)	0.24 (0.01–1.34)	18.55 (2.34–146.75) p = 0.0001
Yes	9/24 (37.5%)	5.35 (2.45–10.16)	
Sternotomy before one years of age			
No	1/47 (2.1%)	0.22 (0.01–1.25)	26.82 (3.10–231.90) p ≤ 0.0001
Yes	9/24 (37.5%)	6.57 (3.00–12.47)	
Number of heart surgeries before transplantation (cat.)			
0 surgeries	0 (0.0%)	0.00 (0.00–0.97)	5.75 (1.87–17.64) p = 0.0022
1–2 surgeries	4/17 (23.5%)	3.13 (0.85–8.02)	
>2 surgeries	6/18 (33.3%)	7.87 (2.89–17.13)	
Extracorporeal membrane oxygenation before transplantation			
No	7/56 (12.5%)	1.38 (0.55–2.84)	1.90 (0.47–7.63) p = 0.36
Yes	3/15 (20.0%)	3.97 (0.82–11.59)	
Left ventricular assist device before transplantation			
No	10/62 (16.1%)	1.82 (0.87–3.36)	Non-est p = 0.27
Yes	0 (0.0%)	0.00 (0.00–10.46)	
EBV mismatch (positive donor, negative recipient)			
No	1/39 (2.6%)	0.29 (0.01–1.61)	25.62 (3.03–216.58) p ≤ 0.0001
Yes	7/16 (43.8%)	8.95 (3.60–18.44)	
Immunosuppressive treatment			
Ciclosporine	0 (0.0%)	0.00 (0.00–1.47)	Non-est p = 0.028
Tacrolimus	9/48 (18.8%)	2.81 (1.29–5.34)	
Induction treatment			
Thymoglobulin	4/39 (10.3%)	0.84 (0.23–2.15)	3.53 (0.87–14.33) p = 0.061
ATG-Fresenius	6/32 (18.8%)	5.65 (2.07–12.30)	

CI = confidence intervals; HR = hazard ratios; Non-est = non-estimable.

For dichotomous variables p-values are obtained from the log-rank test. For the continuous and ordered categorical variables p-values are obtained from the Cox regression analysis.

4 June, 2017 analysis (SAS).

ventricular septal defect. One boy with dilated cardiomyopathy had Becker's disease and two girls with hypertrophic cardiomyopathy had Danon's disease.

Comorbidity

In all, four children with CHD had protein-losing enteropathy before transplantation; two of them developed lymphoma. One girl had undergone liver

transplantation 2 years before heart transplantation. Among children with cardiomyopathy, three had undergone previous treatment for malignancies, including anthracyclines for all three and radiation to the thoracic region including the heart for one. Another child was born with a severe congenital immune deficiency, treated twice with bone marrow transplantation as an infant. A single boy developed a rare form of cancer, Kaposi's sarcoma, leading to death at 14 months post-transplantation.

Table 3. Type of heart defects among children who had undergone transplantation because of structural heart defects: comparison of development or absence of post-transplant lymphoproliferative disorder.

	No post-transplant lymphoproliferative disease (n = 25)	Post-transplant lymphoproliferative disease (n = 10)
Left ventricular hypoplasia		
Hypoplastic left heart syndrome	7	4
Mitral atresia and double-outlet right ventricle	1	2
Unbalanced atrioventricular septal defect	2	1
Congenitally corrected transposition, ventricular septal defect and pulmonary stenosis	1	1
Double-outlet right ventricle and pulmonary stenosis	1	
Congenitally corrected transposition, mitral hypoplasia, coarctation		1
Right ventricular hypoplasia		
Tricuspid atresia	2	
Pulmonary atresia with intact ventricular septum	1	
Unbalanced atrioventricular septal defect	1	
Hypoplastic right heart syndrome	1	
Biventricular system		
Systemic left ventricle		
Ebstein's anomaly	1	
Aortic stenosis with or without coarctation of the aorta	3	1
Pulmonary atresia with ventricular septal defect	1	
Systemic right ventricle		
Transposition of the great arteries (Mustard surgery)	3	

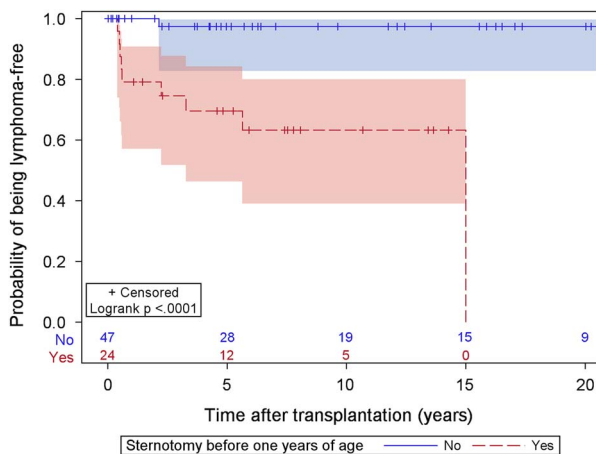


Figure 2. Kaplan-Meier graph for time to lymphoma by Sternotomy before one year of age.

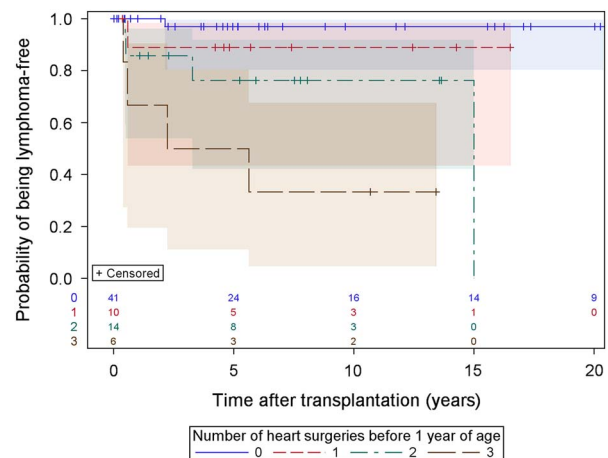


Figure 3. Kaplan-Meier graph for time to lymphoma by Number of heart surgeries before 1 year of age.

Discussion

This study has three major findings. First, post-transplant lymphoproliferative disorder only developed in subjects born with CHD. Second, all subjects developing lymphoma had undergone sternotomy as infants. Third, the number of surgical events carried a higher risk for development of lymphoma.

CHD

In the present study, CHD was a risk factor for development of post-transplant lymphoproliferative

disorder, as no subject with cardiomyopathy developed the malignancy. To our knowledge, this has not been reported before; however, the data concerning malignancy in the largest international registry are limited.¹ Large international studies indicate that palliated CHD is a significant risk factor for death.^{1,8} In contrast, in several studies, including those based on large multicentre registries, the long-term outcome is reported to be similar for subjects with transplants for CHD and for those with cardiomyopathy.^{5,8,9} In our cohort, children with different forms of left ventricular hypoplasia constituted an especially

Table 4. Patient characteristics of the children who developed post-transplant lymphoproliferative disorder after heart transplantation

Patient no.	Sex	Age at HTX	Induction treatment	Time HTX lymphoma (year)	Type of lymphoma	Listing diagnosis	Dominating ventricle	Sternotomy before HTX (n)	EBV negative at HTX	Alive
1	M	14	Thg	2.2	DLBL	CTGA/VSD/PS	Right	1	Unknown	Yes
2	M	10.13	Thg	3.2	PL	CTGA/CoA/DILV	Right	5	Unknown	No
3	F	14	ATG-F	0.5	DLBL	AVSD/DORV	Right	7	Yes	Yes
4	M	15	ATG-F	0.5	DLBL	HLHS	Right	3	Yes	Yes
5	M	16	ATG-F	0.4	DLBL	HLHS	Right	4	Yes	Yes
6	F	0.25	Thg	15	DLBL	HLHS	Right	2	Yes	No
7	M	15	ATG-F	0.5	DLBL	AS	Left	2	Yes	Yes
8	M	8	ATG-F	5.6	BL	MA/DORV	Right	4	Yes	Yes
9	F	0.7	Thg	2.3	DLBL	HLHS	Right	3	Yes	No
10	M	3	ATG-F	0.6	DLBL	MA/DORV	Right	2	Yes	No

EBV = Epstein–Barr virus; F = female; HTX = heart transplantation; M = male.

vulnerable group, as 9/10 children with post-transplant lymphoproliferative disorder belonged to this group. Nearly half of the children transplanted for left ventricular hypoplasia developed lymphoma (9/21). Newborns with hypoplastic left heart syndrome have been reported to have a high mortality during surgery, with the exception of heart transplantation as an alternative to palliative surgery.^{1,8,10,11} An associated congenital immune defect could be an explanation for this increased risk for post-transplant lymphoproliferative disorder. Children born with CHD sometimes have an impaired immune system, as in Down syndrome and DiGeorge syndrome; however, there were no children with these syndromes in our cohort. Hypoplastic left heart syndrome is associated with Turner syndrome and Noonan syndrome, without associated immune deficiency.

Surgery

All subjects developing post-transplant lymphoproliferative disorder had undergone heart surgery, including sternotomy and cardiopulmonary bypass one to seven times before transplantation (median 3 times). Extracorporeal circulation activates the acute inflammatory response with raised serum levels of cytokines such as interleukin 6, 8, and 10.^{12–14} An activated inflammatory response might theoretically increase the risk for lymphoma and in the present study the risk was significantly increased with the number of surgical events. In our cohort, three of 14 treated with extracorporeal membrane oxygenation developed post-transplant lymphoproliferative disorder; in spite of the fact that seven of the subjects had cardiomyopathies, none of them developed lymphoma. In contrast, all those who developed lymphoma had undergone extracorporeal circulation interventions during infancy.

As the large size of the thymus hampers surgical access to the heart, some form of thymectomy is necessary in most surgeries performed for CHD

during infancy. The consequences of thymectomy in infants are controversial, but the procedure does result in some degree of immunodeficiency.^{15–17}

Long-term studies report persistent lymphopaenia and low signal joint T-cell receptor circle levels during the first 5 to 10 years after surgery, but 20–30 years later there is a trend toward a normalised immune system.¹⁸ This cohort of subjects, subjected to thymectomy as infants, immunosuppression at heart transplantation, and an iatrogenic lifelong suppression of the T-cell system might be vulnerable, especially during the first 10 years after transplantation. The incidence of post-transplant lymphoproliferative disorder was 32% (10/31) among those who had undergone sternotomy before transplantation in our cohort of patients.

The overall incidence of lymphoma during the observed period, 10% during the first time period and 17% during the later period, was within the reported rate of 1–28%.^{2,5,10,19–21} We found an increased incidence of early-onset post-transplant lymphoproliferative disorder, in contrast to other reports.²² The fact that the listing diagnosis shifted from a dominance of cardiomyopathy during the early years in favour of CHD with univentricular palliation could at least partly explain this increased incidence of lymphoma.

Epstein–Barr virus infection

The strongest risk factor for the development of post-transplant lymphoproliferative disorder is considered to be primary infection with Epstein–Barr virus after transplantation, especially when the donor is seropositive.^{2,4,21,23–26} Not unexpectedly, the vast majority of subjects in the present study who developed post-transplant lymphoproliferative disorder were seronegative before transplantation, and seven of them received a seropositive heart. There is an increasing interest in trying to prevent Epstein–Barr

virus disease, by developing a vaccine and conducting trials with the infusion of intravenous immunoglobulin, but, so far, there are no such options for effective treatment of the disease.²⁴ The group of infants with hypoplastic left heart syndrome, a severe CHD, might not be exposed to community infections to the same extent as healthy children, further increasing the risk for being seronegative at the time of transplantation.

Induction therapy and immunosuppressive treatment

The protocol for immunosuppression changed during this study, as described above; nonetheless, it is unlikely that the protocol was a risk factor for developing lymphoma, as no individual with cardiomyopathy developed lymphoma. Even if there was an increased incidence of lymphoma after the change from Thymoglobulin to ATG-Fresenius, we did not find a statistical connection to lymphoma. This is consistent with the report from the Pediatric Heart Transplant Study, in which the incidence of post-transplant lymphoproliferative disorder was comparable for children treated with ATG-Fresenius and those treated with Thymoglobulin.² Although there might have been some small individual deviations, all subjects were treated according to the same protocol; moreover, large studies have not reported an increased incidence of lymphoma related to choice of induction therapy.^{2,20,21,26,27} Mortality rate and causes of death are similar to those reported in other studies.^{1,8,10}

Radiation exposure

In the present study, there was no evidence supporting increased radiation exposure in the cohort that developed post-transplant lymphoproliferative disorder, as reported in a study from Canada.²⁸ It is generally accepted that there is a dose-response relation between radiation and lymphoma; however, large studies show a protracted induction and a latency period for decades.²⁹

In the cohort of children undergoing heart transplantation in Gothenburg during a period of 25 years, all 10 of the 71 subjects developing post-transplant lymphoproliferative disorder had CHD, the majority had a hypoplastic left ventricle, all had undergone sternotomy, and the majority had undergone repeated surgery before transplantation. Thus, these can be seen as potential risk factors for post-transplant lymphoproliferative disease.

Limitations of the study

Our cohort remains small, nonetheless, we have the advantage of Sweden's a comprehensive health care

system, allowing access to reliable data and with few patients lost to follow-up.

Acknowledgements

The authors thank Aldina Pivodic and Statistiska Konsultgruppen.

Financial Support

Financial support was provided through the regional agreement on medical training and clinical research (ALF) between Gothenburg County Council and Gothenburg University and the Queen Silvia Children's Hospital Foundation and from the Mary Beve's foundation.

Conflicts of Interest

None.

Ethical Standards

The study was approved by the Central Ethical Review Board at Gothenburg University, Gothenburg.

References

1. Dipchand AI, Edwards LB, Kucheryavaya AY, et al. The registry of the International Society for Heart and Lung Transplantation: seventeenth official pediatric heart transplantation report-2014. *J Heart Lung Transpl* 2014; 33: 985–995.
2. Gajarski RJ, Blume ED, Urschel S, et al. Infection and malignancy after pediatric heart transplantation: the role of induction therapy. *J Heart Lung Transpl* 2011; 30: 299–308.
3. Paya CV, Fung JJ, Nalesnik MA, et al. Epstein-Barr virus-induced posttransplant lymphoproliferative disorders. *Transplantation* 1999; 68: 1517–1525.
4. Webber SA, Naftel DC, Fricker FJ, et al. Lymphoproliferative disorders after paediatric heart transplantation: a multi-institutional study. *Lancet* 2006; 367: 233–239.
5. Manlhiot C, Pollock-Barziv SM, Holmes C, et al. Post-transplant lymphoproliferative disorder in pediatric heart transplant recipients. *J Heart Lung Transpl* 2010; 29: 648–720.
6. Vanderlaan RD, Manlhiot C, Edwards LB, Conway J, McCrindle BW, Dipchand AI. Risk factors for specific causes of death following pediatric heart transplant: an analysis of the registry of the International Society of Heart and Lung Transplantation. *Pediatr Transplant* 2015; 19: 896–905.
7. Gilljam T, Higgins T, Bennhagen R, Wähländer H. First two decades of paediatric heart transplantation in Sweden – outcome of listing and post-transplant results. *Acta Paediatrica* 2011; 100: 1442–1447.
8. Hetzer R, Weng Y, Walter EMD. State of the art in paediatric heart transplantation: the Berlin experience. *Eur J Cardio-Thorac Surg* 2013; 43: 258–267.
9. Greutmann M, Pretre R, Furrer L, et al. Heart transplantation in adolescent and adult patients with congenital heart disease: a case-control study. *Transpl Proc* 2009; 41: 3821–3826.
10. Chinnock RE, Bailey LL. Heart transplantation for congenital heart disease in the first year of life. *Curr Cardiol Rev* 2011; 7: 72–84.
11. Voeller RK, Epstein DJ, Guthrie TJ, Gandhi SK, Canter CE, Huddleston CB. Trends in the indications and survival in pediatric

- heart transplants: a 24-year single-center experience in 307 patients. *Ann Thorac Surg* 2012; 94: 807–816.
12. Finn A, Naik S, Klein N, Levinsky RJ, Strobel S, Elliott M. Interleukin-8 release and neutrophil degranulation after pediatric cardiopulmonary bypass. *J Thorac Cardiovasc Surg* 1993; 105: 234–241.
 13. Brix-Christensen V. The systemic inflammatory response after cardiac surgery with cardiopulmonary bypass in children. *Acta Anaesthesiol Scand* 2001; 45: 671–679.
 14. Adrian K, Skogby M, Gatzinsky V, Friberg LG, Mellgren K. Procedure-induced inflammation and endothelial cell activation in an artificially ventilated and circulated porcine double-lung model. *Artif Organs* 2006; 12: 922–928.
 15. Halnon NJ, Jamieson B, Plunkett M, Kitchen MR, Pham T, Krogstad P. Thymic function and impaired maintenance of peripheral T cell populations in children with congenital heart disease and surgical thymectomy. *Pediatr Res* 2005; 57: 42–48.
 16. Afifi A, Raja SG, Pennington DJ, Tsang VT. For neonates undergoing cardiac surgery does thymectomy as opposed to thymic preservation have any adverse immunological consequences? *Interact Cardiovasc Thorac Surg* 2010; 11: 287–291.
 17. Gudmundsdottir J, Oskarsdottir S, Skogberg G, et al. Early thymectomy leads to premature immunologic ageing: an 18-year follow-up. *J Allergy Clin Immunol* 2016; 138: 1439–1443.
 18. Ferrnado-Martinez S, Munoz-Fernandes MA, Leal M. Perioperative Considerations in Cardiac Surgery. InTech, Shanghai, 2012, 339pp.
 19. Benden C, Aurora P, Burch M, et al. Monitoring of Epstein–Barr viral load in pediatric heart and lung transplant recipients by real-time polymerase chain reaction. *J Heart Lung Transpl* 2005; 24: 2103–2108.
 20. Hayes D Jr, Breuer CK, Horwitz EM, Yates AR, Tobias JD, Shinoka T. Influence of posttransplant lymphoproliferative disorder on survival in children after heart transplantation. *Pediatr Cardiol* 2015; 36: 1748–1753.
 21. Kumarasinghe G, Lavee O, Parker A, et al. Post-transplant lymphoproliferative disease in heart and lung transplantation: defining risk and prognostic factors. *J Heart Lung Transplant* 2015; 34: 1406–1414.
 22. Chinnock R, Webber SA, Dipchand AI, Brown RN, George JF, and the Pediatric Heart Transplant Study. A 16-year multi-institutional study of the role of age and EBV status on PTLTD incidence among pediatric heart transplant recipients. *Am J Transplant* 2012; 12: 3061–3068.
 23. Allen UD, Preiksaitis JK, and the AST Infectious Diseases Community of Practice. Epstein-Barr virus and posttransplant lymphoproliferative disorder in solid organ transplantation. *Am J Transplant* 2013; 13: 107–120.
 24. Green M, Michaels MG. Epstein-Barr virus infection and post-transplant lymphoproliferative disorder. *Am J Transplant* 2013; 13: 41–54.
 25. Carpentier L, Tapiero B, Alvarez F, Viau C, Alfieri C. Epstein-Barr virus (EBV) early-antigen serologic testing in conjunction with peripheral blood EBV DNA load as a marker for risk of post-transplantation lymphoproliferative disease. *J Infect Dis* 2003; 188: 1853–1864.
 26. Schubert S, Abdul-Khaliq H, Lehmkuhl HB, et al. Diagnosis and treatment of post-transplantation lymphoproliferative disorder in pediatric heart transplant patients. *Pediatr Transplant* 2009; 13: 54–62.
 27. Gao SZ, Chaparro SV, Perlroth M, et al. Post-transplantation lymphoproliferative disease in heart and heart-lung transplant recipients: 30-year experience at Stanford University. *J Heart Lung Transplant* 2003; 22: 505–514.
 28. Seal A, Hawkes M, Bhargava R, et al. Radiation exposure from diagnostic imaging in a cohort of pediatric transplant recipients. *PLoS One*. 2017; 12: 1–10.
 29. Richardson DB, Sugiyama H, Wing S, et al. Positive associations between ionizing radiation and lymphoma mortality among men. *Am J Epidemiol* 2009; 169: 969–976.