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Relationship Between Self-esteem and Psychological Well-being and Mental Health of Parents of Children with Normal and Border Line IQ Children

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Introduction

Mentally retarded children in each family structure affects family and mental health of the affected families, especially parents.

Object

The aim of this study was to examine the relationship between self-esteem and psychological well-being and mental health of parents of children with normal and border line iq children.

Method

The fleece is in the form of cluster sampling. Overall, 317 patients were selected for this project borderline were educate parents and parents of normal children, 154 of 164 patients were. This tool consists of three types of questionnaires that included questionnaires assessing self-esteem and mental health and psychological well-being questionnaire.spss software was used to analyze the data, and the t-test and Pearson's correlation and regression, one way anova was used.

Result

Based on the results of the study found that the mental health of parents, students boundary normal This means that parents border line iq children have more mental health

and self-esteem are also common between parents and the boundary was observed it was clear that the psychological well-being among parents, students, parents of students border line is more common.

Conculation

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Key words: self-esteem, mental health, psychological well-being.