Review Articles

Hearing: cracking the code

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Prologue

Otology started as a specialty in France, by branching out from general surgery almost two centuries ago. Great Britain, Austria and Germany rapidly followed this trend. The Frenchman, Jean Marie Gaspard Itard (1774–1838), published his famous textbook Traité des Maladies de l'Orielle et de l'Audition after 20 years of medical practice in Paris.¹ In 1834 Jean Pierre Bonnafont (1805–1891) developed the first otoscope, an instrument for looking into the narrow ear canal.² It was a revolutionary design, because light could enter the instrument from the side. Then, via a combination of mirrors, it coincided with the direction in which the physician was looking and lit up the area under examination. It was not until 1896 that an electric light source was attached to the side of the otoscope.² Very often, progress in medical science is made possible by technical advances.

The origination of the ear, nose and throat specialty

At the turn of the century ear, nose and throat surgery, or otorhinolaryngology, originated from a combination of otology and laryngology, which themselves had very different backgrounds. The first otologists were surgeons, who were used to employing scalpel and drill, whereas the first laryngologists were physicians who combined their knowledge of the larynx with that of the lungs. The connection between laryngology and otology was rhinology, initially also part of the domain of the laryngologists.

In the 19th century otologists and laryngologists were separate specialists: they had their own clinics and, in the latter part of the century, they also had their own scientific journals. It was not until the turn of the century that the two groups joined forces and became otorhinolaryngologists or, as they are more popularly known ear, nose and throat specialists.

Pioneers in ENT surgery and hereditary deafness

The pioneers in the field of otology showed great interest in the deaf and the deaf and dumb, and consequently in the causes of congenital deafness, which would lead to deaf-mutism if the patient did not receive special education. One of them was the Irish otologist Sir William Wilde (1815–1876), the father of Oscar Wilde. In 1841 he accepted the post of medical commissioner because a census was being held in Ireland. He added a question to the census about the prevalence of deafness in families and, in the course of his duties, managed to make the acquaintance of several families with deafness. In 1853 he drew up their pedigrees and indicated the family members who were deaf. In this way he was the first to describe the direct or dominant pattern of inheritance.³ In 1858, the famous Berlin ophthalmologist Albrecht von Graefe (1828-1870)⁴ published the first description of a syndrome characterized by a combination of congenital deafness and pigmentation of the retina, known at that time as retinitis pigmentosa. In adulthood this disorder leads to blindness. Another Berlin ophthalmologist, Richard Liebreich (1830–1917), continued von Graefe's work and performed a systematic study on this syndrome. He examined 341 deaf people from Berlin, and he was very surprised to find that this syndrome was very common among deaf people with a Jewish background. Congenital deafness was four times more common among Jews (1:368) than among the remaining population (1:1477). He understood that the higher percentage of consanguinity among Jews must be associated with the cause.

In the first half of the 19th century reports had appeared in France on the strikingly high percentage of consanguinity among the parents of deaf children at the schools for the deaf in Poiters and Paris. Owing to the fact that consanguinity between spouses was not unusual at that time, and moreover did not always lead to congenital anomalies, the

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meaning of these observations was not properly understood. The Berlin otologist Arthur Hartmann (1849–1931) published the first description of indirect inheritance, besides the direct inheritance pattern.⁶ He based his description of direct inheritance on the autosomal dominant inheritance pattern and his description of indirect inheritance on the autosomal recessive inheritance pattern, as they were defined at the beginning of this century according to the laws formulated by Gregor Johann Mendel (1822–1884) in 1865. The Viennese otologist Adam Politzer (1835–1920) is considered to be the founder of modern scientific otology. He organized and gave courses to 7000 foreign doctors. His Lehrbuch der Ohrenheilkunde was first published in 1876.⁷ There were five editions and it was translated into English, Italian and Spanish. In the second German edition, published in 1887,⁷ Politzer emphasized that heredity was a major cause of deafness. He adopted every detail of the conclusions drawn by Hartmann about the existence of a direct and an indirect pattern of inheritance for deafness.

Animal models for human hereditary deafness and eugenetic tendencies

In 1942, three Dutch physicians, Van Gilse, Hinnen and Nieuwenhuijse,⁸ published a book in English about the heredity of ENT diseases. The book gives a good impression of how research was performed into the heredity of deafness during the first half of the 20th century. The authors also made a mathematically based stand against the detrimental aspects of the eugenetic movement that had taken root, particularly in the USA and Germany.⁹ There were also extensive descriptions of in-depth histological studies on deaf animals, especially on deaf species of mice known at that time. Very few people realized how important this and later data on these deaf mice would be in the future. One exception was Deol from London. 10-21,49 It is partly through their insight and efforts that the present-day study of candidate genes for hereditary deafness is so successful, but more about that later.

Incidence of hearing loss

Depending on how it is defined, about 10–20 per cent of the Dutch population suffer from hearing impairment. It is an invisible and highly invalidating problem. Hearing impairment is an epidemic disease.^{22,23} It does not display itself, but literally withdraws itself, so that others often do not know that it is there.

Sensorineural hearing loss affects half of the population of 80-year-olds and one-third of the population of 70-year-olds.²⁴⁻²⁶ One in 750 children is deaf, or becomes deaf in very early childhood.²⁷⁻³² This handicap generally has a hereditary cause. In adulthood we do not know how often heredity is responsible for the development of hearing loss.

Thanks to the invention of the ophthalmoscope by Hermann von Helmholtz (1821–1894) at the University of Köningsberg in the middle of last century, it became possible to examine the retina of a patient's eye with one's own eye.² In contrast, it has never been possible to examine the inner ear in a similar way, which strongly hinders the development of our knowledge about diseases of the inner ear. However, it was possible for physicians to recognize a systematic pattern when inner-ear disease occurred simultaneously with other physical characteristics. This was particularly valid for the previously mentioned example of deafness with a form of blindness that developed in later life. At present this condition is called Usher's syndrome.

Besides studying the causes of hereditary and acquired deafness at schools for the deaf and in regions with an increased incidence of hereditary hearing impairment and deafness, research into hereditary deafness has concentrated chiefly on elucidating the many hereditary deafness syndromes. At present about 450 different, usually rare, hereditary syndromic forms with hearing impairment and deafness have been described.33 About a dozen of these forms were first observed and described at the University Hospital Nijmegen.^{34–51} These syndromes make up only a small minority of the hearing impairment and deafness that have a hereditary cause. In terms of the number of affected adults and children, the non-syndromic hereditary forms constitute by far the largest group.

In the 1960 and 1970s researchers started to distinguish between some forms of generally autosomal dominant hereditary non-syndromic forms of hearing impairment. They could do this only on the basis of the shape of the tone audiogram, combined with familial examination. Besides recognizing the pattern of inheritance, it was important to establish whether the hearing loss was most pronounced in the low tone, mid-tone or high-tone region.⁵²

Gene linkage, gene isolation and mutation research

To gain more understanding of the inner ear it is necessary to detect genes which, in a mutated form, cause hereditary deafness. For this purpose we can employ gene-linkage studies and gene isolation. Mutated genes which were responsible for the development of hereditary hearing loss in species of deaf mice also appeared to lead to hereditary forms of deafness in humans.⁵³ Many of these genes form the building blocks of the inner ear. By means of analogous studies on animal models, we will be able to find out more about the inner ear on a cellbiological level. The title of this address refers to this.

In the 1960 and 1970s gene-linkage studies were sometimes performed on syndromic forms of hearing impairment.^{54–56} In the 1980s gene linkage was accomplished for several dozen syndromic forms of hereditary deafness. In the 1990s gene-linkage

studies and gene isolation were also applied to nonsyndromic forms of hereditary hearing impairment.⁵²

For gene-linkage studies about 200 polymorphic DNA markers are used, spread over chromosomes 1–22. By means of systematic analysis we look for one or two of these 200 DNA markers that are inherited with the genetic defect. At present 50 locations in the genome are known to be related to a hereditary form of hearing loss. These 50 locations are always the first to be investigated with genelinkage studies in a new family with hereditary deafness. If there is no linkage to any of these locations, then the whole set of DNA markers is tested. The availability of far-reaching automation means that an unknown genetic defect can be localized in a period of five to eight weeks. Finding the affected gene takes at least several months.

I would like to discuss a number of examples of such studies, in order to demonstrate how much the outcomes have increased our clinical knowledge of hereditary deafness.

X-recessive progressive mixed hearing loss with stapes ankylosis and perilymphatic gusher during stapes replacement surgery

Conductive hearing loss can be caused by fixation of one or more of the ossicles, including the stapes. The transmission of sound vibrations from the air via the tympanic membrane to the inner ear will be impeded by fixation of the stapes. Otosclerosis is a bone disease of the temporal bone which can cause fixation of the stapes by bone ingrowth. This leads to conductive hearing loss, which can be treated with stapes replacement surgery.⁵⁷ With every operation there is a risk of complications, in this case persistent dizziness and exacerbation of the hearing impairment, sometimes even to total deafness and persistent tinnitus.

Perilymph in the cochlea has the same composition as cerebrospinal fluid (CSF). CSF can enter the cranial cavity via two channels, the internal auditory canal and the cochlear aqueduct The latter sometimes becomes blocked as people grow older, but this does not seem to have any detrimental effect. However, when the footplate of the stapes is opened during stapes replacement surgery, CSF can leak via the perilymph from the middle ear and flow outwards through the auditory canal if the connection with the inner ear is too wide. This complication is called a stapes gusher. Fortunately, it is vary rare.

In 1971 the first report appeared on a large pedigree with progressive, mixed hearing loss which chiefly affected the men and was transmitted solely by mothers to their sons.⁵⁸ This pattern of heredity is linked with the sex chromosome and is called X-recessive. In three male members of this family who underwent stapes replacement surgery the above-described stapes gusher occurred, and was accompanied by loss of hearing in the operated ear.⁵⁹ In the Netherlands we detected three similar cases. Ultimately we were able to identify a large family with these symptoms. At two hospitals a stapes gusher occurred in two second cousins

younger than 20 years as a complication of stapes replacement surgery. With the assistance of the family and the records from the Institute for the Deaf in St Michielsgestel, we were able to trace the pedigree of this family, which had many hearingimpaired and deaf males. The pattern of inheritance agreed with the previously mentioned X-recessive pattern. Clinical examination showed that in the internal auditory canal of the sufferers there was bony widening laterally. This abnormality can be detected before surgery by polytomography or, better still, by CT scanning of the internal auditory canal (Figure 1), so that the operation can be cancelled and complications avoided.⁶² Audiometry revealed other common characteristics, but they were less specific.^{60–63}

Gene-linkage studies were started on this family in the mid-1980s. It was clear that, in view of the Xrecessive pattern of inheritance, we only needed to investigate the relatively small X chromosome. At that time a great many DNA markers for the X chromosome were known, in contrast with the nonsex-linked chromosomes. The Institute for Anthropogenetics in Nijmegen is famous for its expertise with the X chromosome. After successful gene linkage,⁶⁴ affected families from all over the world agreed to participate. In this way it was possible to indicate *POU3F4* as the gene responsible.^{65–68,174}

With the aid of preoperative CT scanning and supplementary genetic studies we were able to prevent several persons with this form of hearing impairment from undergoing surgery. They all appeared to belong to the next generation of our existing pedigree. Scientifically, the identification of the POU3F4 gene was an important step forwards. For the first time, a gene had been recognized that leads to a progressive form of deafness which has no syndromic characteristics outside the ear.

Usher's syndrome

In 1919 De Wilde from Amsterdam obtained his PhD with a thesis on *Kinship and Heredity in Deaf–Mutism and Retinitis Pigmentosa*.⁶⁹ About

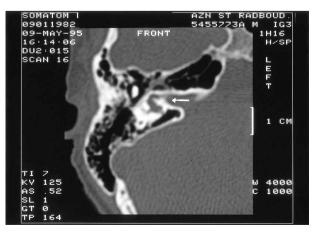


Fig. 1

A too-wide communication between the internal auditory canal and the inner ear is shown by an arrow.

half a century earlier similar studies had been performed, chiefly in German.^{5,6,70,71} After the discovery of this syndrome in 1858 by the ophthalmologist Albrecht von Graefe 4 and the meticulous study by Liebreich in 1861,⁵ several other German teams performed systematic research and recognized this syndrome in other deaf populations, in whom the frequency was lower.⁶ In his book *Deaf-Mutism* and Education for the Deaf and Dumb, published in 1880, Arthur Hartmann, an otologist from Berlin, spent a whole chapter describing deaf-blindness. His clinical description of the syndrome, which was characterized by congenital deafness and retinitis pigmentosa, is strikingly accurate. Nevertheless, the subject received little attention in the international literature.

The syndrome was not given the name Usher's syndrome until part-way through the 20th century, after the Scottish ophthalmologist Charles Usher from Aberdeen had described it in his Bowman lecture in $1935.^{72}$ Other German and English contributions were made by Adler⁷⁰ and Lee.⁷¹ Usher's syndrome is a strongly invalidating condition with an autosomal recessive pattern of inheritance, which leads to deaf-blindness. The first ophthalmological symptoms in a deaf or hearing-impaired child often do not appear until the age of ten years. By that time the family is usually complete and there is more than one deaf child that will ultimately become deaf and blind. In their PhD theses, Annelies van Aarem^{31,73} and Mariette Wagenaar^{74,75} have redescribed the clinical symptoms (phenotype) of Usher's syndrome type IIA on the basis of the genotype. They have shown that the hearing loss is progressive, in contrast to the notion that is generally accepted in the literature.^{31,73-75} Early diagnosis is only possible by gene-linkage studies with flanking markers or by mutation analysis on the affected gene. In 1922, on the basis of the severity of the hearing loss and on whether or not the patient's sense of balance was functional, Julia Bell concluded that there were two clinical types.⁷⁶ At the end of the 1980s international collaboration was achieved, with a genetic laboratory at Boys Town Hospital in Omaha, USA (head: Professor W. Kimberling), to perform gene-linkage studies and later gene isolation with subsequent mutation analysis. This resulted in the two previously mentioned PhD theses on Usher's syndrome from Nijmegen.^{31,74} Blood samples were obtained for gene-linkage studies. On the basis of these and other gene-linkage studies it appeared that there were three clinically distinguishable types of Usher's syndrome, namely I^{A-F}, II^{A-B} and III.⁷¹ Types I^{A-F} and II^{A-B} have six and two genetically distinguishable subtypes, respectively.^{74,77-83} For types IIA and $IB^{84,85}$ – the most common types – the gene has been identified. The mutations vary fairly widely from one part of the world to another, but also sometimes between neighbouring countries.⁸⁶ This finding emphasizes the importance of identifying the mutations present in this country. In this way, early diagnosis of this devastatingly invalidating syndrome will soon be within our reach.

Pendred's syndrome

More than 100 years ago, in 1896, the Englishman Vaughan Pendred⁸⁷ described an Irish family with five sons and five daughters. Two of the girls had profound childhood deafness. In addition, at the beginning of puberty they developed a visibly enlarged thyroid gland (Figure 2). In 1927 four further families were described.⁸⁸ It had been known for many years that a lack of iodine in the diet could lead to thyroid enlargement and deafness. At the end of the 1950s it became clear that Pendred's syndrome had an autosomal recessive pattern inheritance.⁸⁹ In the same period it was found that a metabolic disturbance in the thyroid gland formed the basis of the thyroid abnormality.⁹⁰ Free iodine did not bind directly and fully with the thyroid protein thyroglobulin. A new diagnostic test, the perchlorate test, was developed based on this deficient iodine (iodide),-binding capacity. An avalanche of publications with many hundreds of descriptions of Pendred's syndrome followed.^{51,91}

The full description of Pendred's syndrome is based on this. Making a diagnosis of Pendred's syndrome is not usually possible until puberty or even later, because hypothyroidism is only occasionally recognized at a younger age.^{92,93} By the

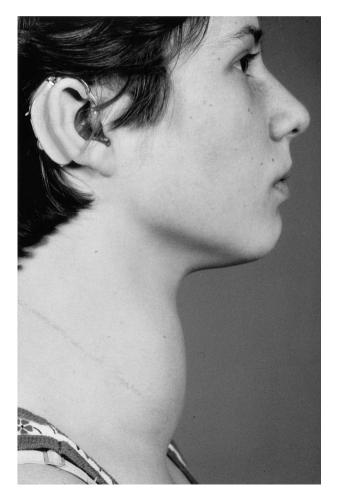


FIG. 2 Girl with an enlarged thyroid gland and impaired hearing having Pendred's syndrome.

beginning of the 1990s the gene-linkage techniques had become so powerful that it was believed possible to achieve gene linkage and subsequent isolation. In collaboration with the Department of Medical Genetics of Antwerp University, we started genelinkage studies on Pendred's syndrome.94,95 Blood samples were obtained from about 20 families with Pendred's syndrome, chiefly in the Netherlands. However, in Europe we lack large families, each with different blood relationships, and we also lack large families with several affected children. With the aid of families from Islamic populations, other centres successfully accomplished gene linkage. Then various genetic centres were soon able to shorten the portion of chromosome with the affected gene.^{94,96-98}

In December 1997 the *PDS* gene was recognized in Bethesda.⁹⁹ In view of the existing collaboration, we were able to perform mutation analysis on our Pendred patients^{95,100,101} and make a start on rewriting the clinical symptoms.^{100,101} With the certainty of mutation analysis, we were able to demonstrate that the hearing loss in nearly all of our patients was strongly progressive in very early childhood, with a deterioration of 7 dB per year and a subsequent slow decline. New computed tomography techniques and magnetic resonance imaging showed that the vestibular aqueduct was widened in the temporal bones of about 30 cases¹⁰⁰⁻¹⁰² (Figures 3, 4).

The vestibular aqueduct is not an open canal but a closed one that connects the inner ear to the subarachnoid cavity. In this aqueduct there is a thin membrane that separates the perilymph in the cochlea from the CSF. During the past 20 years the widened vestibular aqueduct has been recognized. This is characterized by progressive hearing loss,

particularly in early childhood. Previously the cause of this syndrome was totally unknown. In these usually isolated cases, mutation analysis of the Pendred gene and the perchlorate test should be able to demonstrate whether the patient has Pendred's syndrome. In the meantime, we have found that children with a widened vestibular aqueduct and Pendred's syndrome do indeed become deaf in the short or long term.^{100,101} If they are too deaf for rehabilitation with a powerful hearing aid, it has proved possible to treat them successfully with a cochlear implant. This seems to be the result of their good language acquisition in early childhood before they became hearing impaired. After it has become possible to make an early diagnosis by means of mutation analysis and imaging techniques of the temporal bones, we hope that an effective and reliable surgical technique can be developed to narrow down the widened vestibular aqueduct and consequently prevent the progression in hearing loss. Once again this is an example of how, on the basis of mutation analysis on the affected gene, the clinical picture of a syndrome can be rewritten, with new insights into effective treatment methods.

Non-syndromic autosomal dominant and autosomal recessive hereditary hearing impairment

As gene-linkage techniques became more powerful at the beginning of the 1990s, it also became possible to perform gene-linkage studies on non-syndromic forms of hereditary hearing loss in a worthwhile manner.^{52,103-109} These forms of hearing loss could not be recognized as forming part of a syndrome because there were no other accompanying features. This group of non-syndromic forms of hearing loss

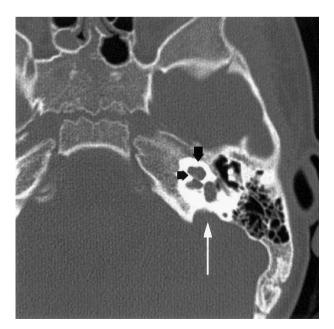


Fig. 3

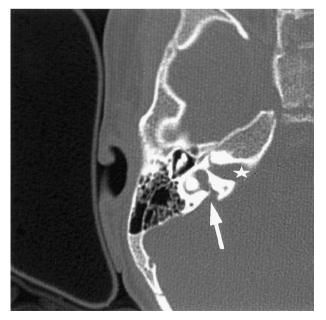


Fig. 4

TABLE I	
NON-SYNDROMIC AUTOSOMAL DOMINANT HEREDITARY HEARING LOSS	

Locus	Chromosomal localization	Year	Gene cloned	Year
DFNA1	5q31	1992 ¹¹⁷	HDIA1	1997 ¹¹⁸
DFNA2	1p34	1994^{119}	$GJB3(C \times 31), KCNQ4$	$1999^{120,121}$
DFNA3	13q12	1994^{122}	$GBJ2(C\times 26)$	1998 ¹²³
DFNA4	19 q 13	1995^{124}		_
DFNA5	7p15	1995 ¹²⁵	DFNA5	1998 ¹²⁶
DFNA6	4p16.3	1995^{127}	_	_
DFNA7	1q21-q23	1995 ¹²⁸	_	_
DFNA8/DFNA12	11q22-24	1995 ^{129,130}	TECTA	1998^{131}
DFNA9	14g12-g13	1996^{132}	СОСН	1998 ¹³³
DFNA10	6q22-q23	1996^{134}	_	_
DFNA11	11q12.3-q21	1996^{135}	MYO7A	1997^{136}
DFNA13	6p21-p22	1997 ¹³⁷	COL11A2	1999 ¹³⁸
DFNA14	4p16	1997^{139}	_	_
DFNA15	5q31	1998^{140}	POU4F3	1998^{140}
DFNA16	2 q 24	1998^{141}	_	_
DFNA17	22q	1998^{142}	_	_
DFNA18	3q22	1998^{143}	_	_
DFNA19	10	1998^{144}	_	_
DFNA20	reserved	_	_	_
DFNA21	6p21	1999 ¹⁴⁵	_	_
DFNA22	reserved	_	_	_
DFNA23	reserved	_	_	_
DFNA24	reserved	_	_	_
DFNA25	reserved	-	_	_
DFNA26 ^a	5p11	_	_	_
DFNA27	reserved	-	_	_
DFNA28	reserved	-	_	_

^aUnpublished (Smith *et al.*)

and deafness affect far more people with hearing impairment than the group with a syndromic form. The forms of hereditary deafness that were distinguished on the basis of gene linkage received a letter/number code in chronological order. DFNA stands for autosomal dominant (Table I), DFNB stands for autosomal recessive (Table II) and DFN stands for X- or Y-linked hereditary forms (Table III) of non-syndromic hearing loss. About one dozen hereditary mitochondrial syndromic and non-syndromic forms of hereditary hearing loss have been identified.^{52,163} Over a period of five years we have discovered about 50 new and different non-syndromic forms of hearing loss. Owing to the rapidity of

 TABLE II

 NON-SYNDROMIC AUTOSOMAL RECESSIVE HEREDITARY HEARING LOSS DFNB1-26

Locus	Chromosomal localization	Year	Gene cloned	Year
DFNB1	13q12	1994 ¹⁴⁶	$GJB2 (C \times 26)$	1997 ¹⁴⁷
DFNB2	11q13.5	1994^{148}	MYO7A	$1997^{149,150}$
DFNB3	17p11.2-q12	1995 ¹⁵¹	MYO15A	1998^{152}
DFNB4	7q31	1995^{153}	PDS	1998 ¹⁵⁴
DFNB5	14q12	1995^{155}	_	_
DFNB6	3p14-p21	1995^{156}	_	_
DFNB7	9q13-q21	1995^{157}	_	_
DFNB8	21q22	1996^{158}	_	_
DFNB9	2p22-p23	1996 ¹⁵⁹	OTOF	1999^{160}
DFNB10	21q22.3	1996^{161}	_	_
DFNB11	9q13-q21	1996^{162}	_	_
DFNB12	10q21-q22	1996 ¹⁶³	_	_
DFNB13	7q34-36	1998^{164}	_	_
DFNB14	7q31	1998^{165}	_	_
DFNB15	3q21-q25 and 19p13	1997^{166}	_	_
DFNB16	15q21-q22	1997^{167}	_	_
DFNB17	7q31	1998^{168}	_	_
DFNB18	11p14-15.1	1998^{169}	_	_
DFNB19	18p11	1998	_	_
DFNB20	11q25	1998^{170}	_	_
DFNB21	11g	1999 ¹⁷¹	TECTA	1999 ¹⁷¹
DFNB22	reserved	-	_	-
DFNB23 ^a	10p11.2-q21	-	_	-
DFNB24 ^a	11q23 ¹	-	_	-
DFNB25 ^a	4p15.3-q12	-	_	
DFNB26	reserved	-	_	-

^aUnpublished (R. Smith *et al.*)

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 TABLE III

 NON-SYNDROMIC X-LINKED HEREDITARY HEARING LOSS

Locus	Chromosomal localization	Year	Gene cloned	Year
DFN1 ^a	Xq22	1995 ¹⁷²	DDp	_
DFN2	Xq22	1996^{173}	_ 1	_
DFN3 ^b	Xq21.1	1995^{174}	POU3F4	1995^{174}
DFN4	Xp21.2	1994^{175}	_	_
DFN5	Withdrawn	_	_	_
DFN6	Xp22	1996^{176}	_	_
DFN7	Withdrawn	_	_	_
DFN8	Reserved	_	_	_

^aLater recognized as syndromic.

^bMixed hearing impairment.

these developments and the fact that new gene linkage is often found in a new family, it can be expected that in the next few years several dozen more new hereditary forms of hearing loss will be recognized. This explosion of new knowledge will lead to our finding out more about the genes responsible. In this way we will learn about the building blocks of the inner ear, and we will gain more insight into their position and the role they play in the total functioning of the inner ear.¹¹⁰ At present it is believed that about 1000 genes are involved in the build-up and function of the inner ear.

At the same time the first genes have been identified that, in a mutated form, are responsible for non-syndromic forms of early childhood deafness. In the Mediterranean countries one of these genes, connexin-26, appears to be responsible for half of the cases of early childhood deafness.^{111,112}

Connexin-26 is a fairly small protein, which means that research into mutated forms will be simple and reasonably cheap. As a consequence, the early diagnosis of hereditary deafness in a young hearing-impaired or deaf child has become reality. In view of the speed of recent developments, it can be expected that important new discoveries will be made very soon. We can conclude that the secret code which determines how the inner ear functions will indeed be cracked in the near future.^{110,113,114}

The meaning of diagnosing the often unsuspected hereditary cause of deafness at an early stage is of great importance for the child and the parents.

It is now a question of making this new knowledge accessible on a sufficiently large scale for clinical practice.

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