

Behavioural and Cognitive Psychotherapy

Instructions to Authors

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A Word document of the manuscript must be submitted electronically and original figures can be supplied as attachments.

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Roskies, E. and Lazarus, R. S. (1980). Coping theory and the teaching of coping skills. In P. O. Davidson and S. M. Davidson (Eds), *Behavioural Medicine: changing health lifestyles*. New York: Brunner/Mazel.

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Behavioural and Cognitive Psychotherapy

Contents

EMPIRICALLY GROUNDED CLINICAL INTERVENTIONS

**Cognitive-Behavioral Group Therapy for Youths
with Anxiety Disorders in the Community:
Effectiveness in Low and Middle Income
Countries** 255

Mansur de Souza, M. A., Salum, G. A., Jarros, R. B.,
Isolan, L., Davis, R., Knijnik, D., Manfro, G. G. & Heldt, E.

MAIN ARTICLES

**Youth Work Service Providers' Attitudes Towards
Computerized CBT for Adolescents** 265

Fleming, T. & Merry, S.

**Therapist Behaviours in Internet-Delivered
Cognitive Behaviour Therapy: Analyses of E-Mail
Correspondence in the Treatment of Generalized
Anxiety Disorder** 280

Paxling, B., Lundgren, S., Norman A., Almlöv, J.,
Carlbring, P., Cuijpers, P. & Andersson, G.

**What is the Role of Eye Movements in Eye
Movement Desensitization and Reprocessing
(EMDR) for Post-Traumatic Stress Disorder
(PTSD)? A Review** 290

Jeffries, F. W. & Davis, P.

Worry and Rumination in Anorexia Nervosa 301

Startup, H., Lavender, A., Oldershaw, A., Stott, R.,
Tchanturia, K., Treasure, J. & Schmidt, U.

**Decentering as a Common Link among
Mindfulness, Cognitive Reappraisal,
and Social Anxiety** 317

Hayes-Skelton, S. & Graham, J.

**An Evaluation of Training in Motivational
Interviewing for Nurses in Child Health Services** 329

Bohman, B., Forsberg, L., Ghaderi, A. & Rasmussen, F.

**Cognitive Behavioural Therapy for Unusual
Experiences in Children: A Case Series** 344

Maddox, L., Jolley, S., Laurens, K. R., Hirsch, C.,
Hodgins, S., Browning, S., Bravery, L., Bracegirdle, K.,
Smith, P. & Kuipers, E.

BRIEF CLINICAL REPORTS

**Agoraphobia: An Outreach Treatment
Programme** 359

Croft, A. & Hackmann, A.

**What Predicts Outcome, Response, and
Drop-out in CBT of Depressive Adults?
A Naturalistic Study** 365

Schindler, A., Hiller, W. & Witthöft, M.

**Treating the Psychological Sequelae of Proactive
Drug-Facilitated Sexual Assault: Knowledge
Building Through Systematic Case Based
Research** 371

Padmanabhanunni, A. & Edwards, D.

Book Reviews 376

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